MDR Tracking Number: M5-03-0002-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective June 17, 2001 and Commission Rule 133.305 titled <u>Medical Dispute</u> <u>Resolution - General</u> and 133.308 titled <u>Medical Dispute Resolution by Independent Review</u> <u>Organizations</u>, the Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent. The dispute was received on 8-21-02.

The Medical Review Division has reviewed the IRO decision and determined that **the requestor prevailed** on the issues of medical necessity. For the purposes of determining compliance with the order, the Commission will add 20 days to the date the order was deemed received as outlined on page one of this order.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

Based on review of the disputed issues within the request, the Medical Review Division has determined that **medical necessity was the only issue** to be resolved. The prescription medications were found to be medically necessary. The respondent raised no other reasons for denying reimbursement for the above listed services.

The above Findings and Decision are hereby issued this 12th day of December 2003.

Dee Z. Torres Medical Dispute Resolution Officer Medical Review Division

On this basis, and pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20 days of receipt of this order. This Order is applicable to dates of service 9-3-01 through 8-12-02 in this dispute.

The respondent is prohibited from asserting additional denial reasons relative to this Decision upon issuing payment to the requestor in accordance with this Order (Rule 133.307(j)(2)).

This Order is hereby issued this 12th day of December 2003.

Roy Lewis, Supervisor Medical Dispute Resolution Medical Review Division RL/dzt

IRO Certificate #4599

NOTICE OF INDEPENDENT REVIEW DECISION

November 4, 2003

Re: IRO Case # M5-03-0002-01

Texas Worker's Compensation Commission:

has been certified as an independent review organization (IRO) and has been authorized to perform independent reviews of medical necessity for the Texas Worker's Compensation Commission (TWCC). Texas HB. 2600, Rule133.308 effective January 1, 2002, allows a claimant or provider who has received an adverse medical necessity determination from a carrier's internal process, to request an independent review by an IRO.

In accordance with the requirement that TWCC assign cases to certified IROs, TWCC assigned this case to _____ for an independent review. _____ has performed an independent review of the proposed care to determine if the adverse determination was appropriate. For that purpose, _____ received relevant medical records, any documents obtained from parties in making the adverse determination, and any other documents and/or written information submitted in support of the appeal.

The case was reviewed by a physician who is Board Certified in Neurological Surgery, and who has met the requirements for TWCC Approved Doctor List or has been approved as an exception to the Approved Doctor List. He or she has signed a certification statement attesting that no known conflicts of interest exist between him or her and any of the treating physicians or providers, or any of the physicians or providers who reviewed the case for a determination prior to referral to _____ for independent review. In addition, the certification statement further attests that the review was performed without bias for or against the carrier, medical provider, or any other party to this case.

The determination of the _____ reviewer who reviewed this case, based on the medical records provided, is as follows:

History

The patient is a 53-year-old female who injured her back in _____ and in _____. Chiropractic treatment was not helpful. In 1998 a lumbar laminectomy and fusion was performed, with fusion extending from L4 through the sacrum. The patient did poorly post operatively, with a post-operative wound infection, and she developed considerable scarring. Re-operation was performed on 7/28/00 because of persistent pain, and an L3-4 diskectomy was carried out along with a re-do of the fusion. On 5/31/01 the patient underwent removal of the inferior hardware that had been previously placed, with the superior hardware being left in place. The patient has been treated with multiple medications since that time.

Requested Service(s) Prescriptions 9/3/01-8/12/02

Decision

I disagree with the carrier's decision to deny the requested medication.

Rational

The medications are justified because of the extensive difficulty that the patient has had. Medication is required to try to deal with it. Muscle relaxant, and long and short-acting sleep medication is appropriate, as were multi-vitamins with minerals to try to improve the healing process.

This medical necessity decision by an Independent Review Organization is deemed to be a Commission decision and order.

Sincerely,