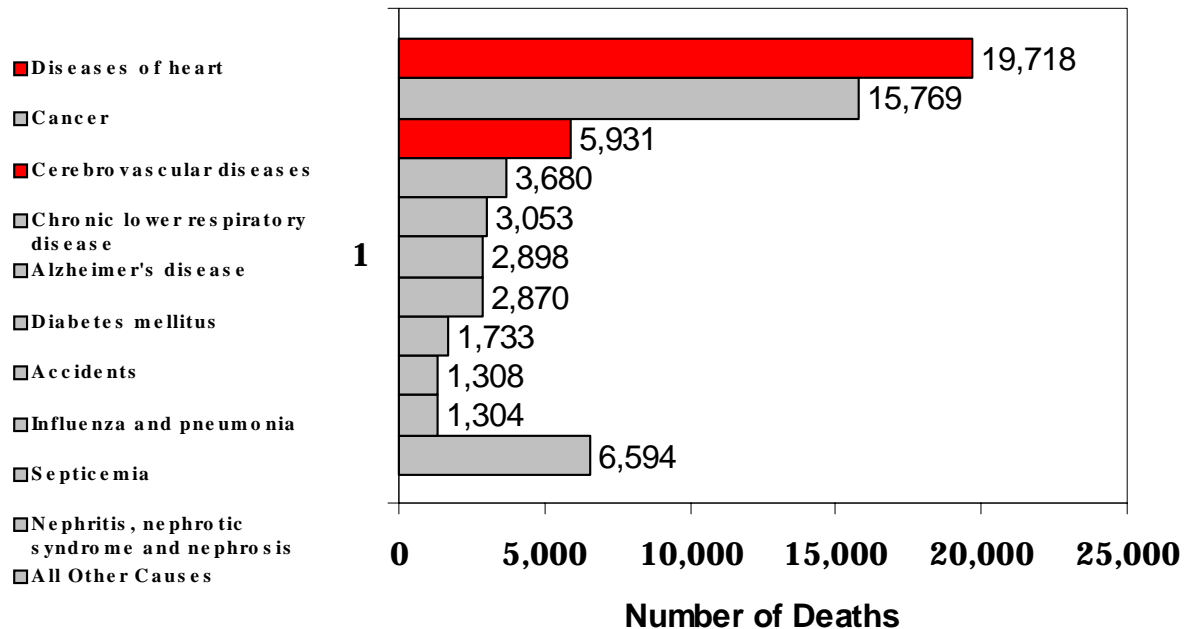


# Cardiovascular Disease in Texas Women

## LEADING CAUSES OF DEATH, TEXAS WOMEN 2004



***In 2004, more women than men died of CVD in Texas (~ 52%).***

***Women age-adjusted death rate in Stroke is significantly higher than Men (57.5 (56.0-59.0) per100, 000 vs. 52.5 (50.9-54.2) per100, 000 populations.***

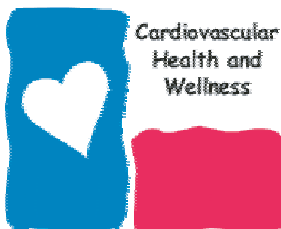
***Of all female CVD deaths, 13% will occur in women under the age of 65 in 2004.***

When you think about heart disease, you probably think about chest pain. Women might not have chest pain. If they do, they might call it an achy, tight or “heavy” feeling instead of pain. The pain might even be in the back between the shoulder blades, instead of the chest.

### Specific Signs of Heart Disease in Women

- Trouble breathing
- Trouble sleeping
- Feeling sick to the stomach
- Feeling scared or nervous
- New or worse headaches
- An ache in the chest
- Feeling “heavy” or “tight” in the chest
- A burning feeling in the chest
- Pain in the back, between the shoulders
- Pain or tightness in the chest that spreads to the jaw, neck, shoulders, ear, or the inside of the arms
- Pain in the belly, above the belly button

Source: FDA, US Food and Drug Administration, 2007



For more information contact:  
Department of State Health Services  
Cardiovascular Health and Wellness Program  
1100 West 49<sup>th</sup> St.  
Austin, TX 78756  
Phone: 1-512-458-7200 Fax: 1-512-458-7254