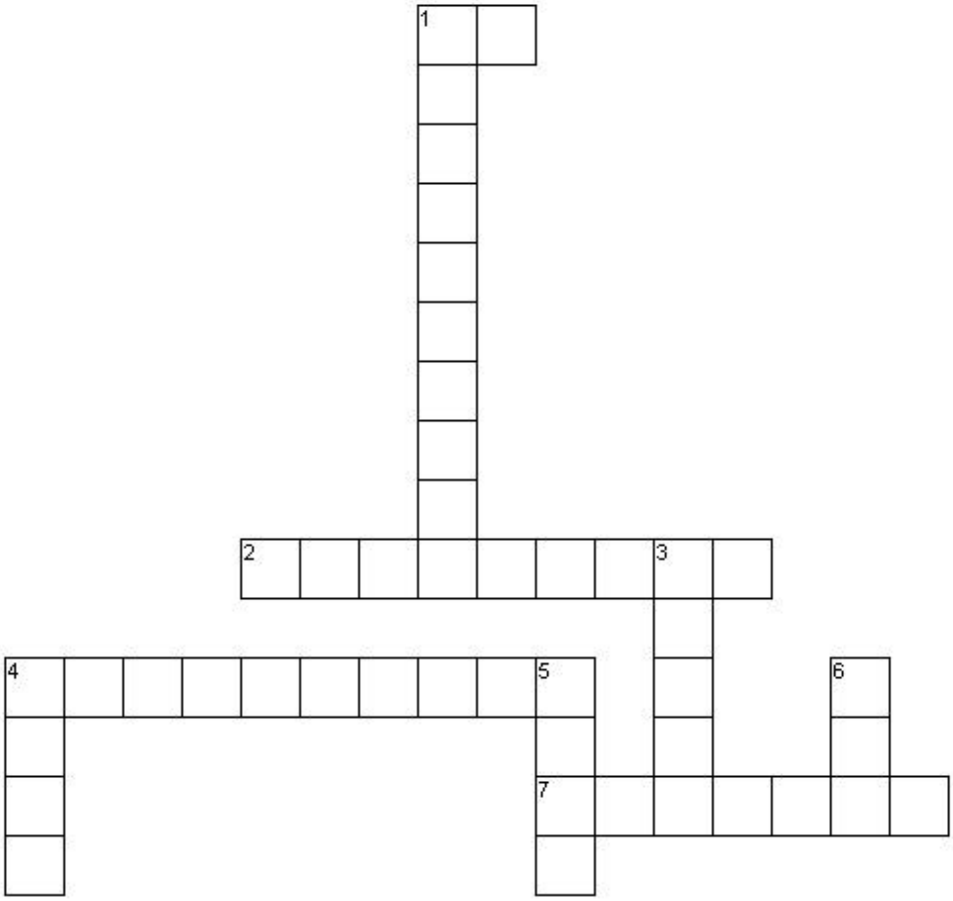
Staying Safe

Across
1. What you should say if a stranger offers you a ride
2. Someone who helps us stay safe while swimming
4. Safety gear you wear in the water
7. What we take to learn to swim

Down
1. The number to call in case of an emergency
3. What you should follow
4. What you do to the door after you go inside your house
5. What we should do if a bully bothers us
6. What we should never do around a pool



ANSWERS

Across
1. No
2. Lifeguard
4. Lifejacket
7. Lessons

Down
1. Nine One One
3. Rules
4. Lock
5. Tell
6. Run

Be Bully Free

Unscramble each of the clue words.
Copy letters in the numbered cells to read the hidden message.

LELT
5 ___ ___ ___ ___

SAEF
___ ___ ___ ___
4

GENROI
___ ___ ___ ___ ___ ___
14 10 8 3

TORPER
___ ___ ___ ___ ___ ___
7 19 16 1

CEESRPT
___ ___ ___ ___ ___ ___ ___
6 18 12 21 15

KAWL YAWA
___ ___ ___ ___ ___ ___ ___ ___
13 9

EB A RIDFEN
___ ___ ___ ___ ___ ___ ___ ___ ___
17 2 20 11

Hidden Message:

___ ___ ___ ___ ___ ___ _V ___ ___ ___ ___ ___ ___ ___ ___ ___ _H
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15

___ ___ ___ ___ ___ ___ ___
16 17 18 19 20 21 5

Answers: Tell, Safe, Ignore, Report, Respect, Walk Away, Be a Friend

Hidden Message: Treat Everyone with Respect

Bully Free Zone

A 1	B 2	C 3	D 4	E 5	F 6	G 7	H 8	I 9	J 10
K 11	L 12	M 13	N 14	O 15	P 16	Q 17	R 18	S 19	T 20
U 21	V 22	W 23	X 24	Y 25	Z 26				

__ __ __ __ __ __ __ __ __ __ __ __ __ __ __
20 1 12 11 1 14 4 20 8 9 14 11 9 14 1

__ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __
16 15 19 9 20 9 22 5 13 1 14 14 5 18 1 2 15 21 20

__ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __.
25 15 21 18 19 5 12 6 1 14 4 15 20 8 5 18 19

__ __ __ __ __ __ __ __ __ __, __ __ __ __, __ __
4 15 14 15 20 12 1 21 7 8 8 5 12 16 15 18

__ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __
5 14 3 15 2 18 1 7 5 19 15 13 5 15 14 5

__ __ __ __ __ __ __ __ __ __ __ __ __
23 8 15 9 19 2 21 12 12 25 9 14 7

Answer: Talk and think in a positive manner about yourself and others. Do not laugh, help, or encourage someone who is bullying.

Bully-Free Zone for Kids

Bullying is when someone keeps doing things to have power over another person. Some people bully others by:

- Saying mean things
- Calling them names
- Threatening them
- Kicking or hitting them
- Taking their things or money
- Leaving them out of activities and games
- Making them do things they do not want to do

What can you do if you are being bullied?

- Walk away
- Ignore them
- Tell them to stop
- Always tell a teacher or adult you can trust
- Spend time with your friends because bullies hardly ever pick on people if they are in a group

Be Bully Free (Fill in the blank)

I need to _ _ _ _ _ _ _ the rights of others.

Bullying hurts _ _ _ _ _ _ and outside.

It is okay for people to think, _ _ _ _ and act differently.

I know that both actions and _ _ _ _ _ can hurt.

It is okay to _ _ _ _ when someone bullies.

It is not ok to _ _ _ _ _.

I am responsible for my own _ _ _ _ _ _ _.

Words: Actions, Tell, Look, Respect, Bully, Inside, Words