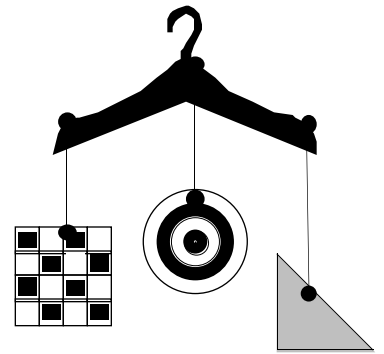


"Hangin' Around"

STUFF YOU'LL NEED:

- You
- Your baby
- A coat hanger, some string, cardboard, glue, scissors
- The patterns on the next page...or some colorful pictures



What does this do?

Babies learn from looking at things. Looking at the mobile will help his brain grow. It will also make him want to explore things with his eyes.

How Do I Make One?

1. Cut out the patterns on the next pages. Glue one set to a sheet of cardboard. Next cut the cardboard to match the patterns. Then glue the second set of patterns on the backs of the cardboard cutouts. Now you have patterns on both sides.
2. Punch holes in the patterns and tie them to a coat hanger with string (like in the picture above). Now you have a "mobile".
3. Hang the mobile over the baby's crib, high enough so that he can see it clearly but can't reach it.
4. Don't put it right over him. When it's there he can only see the edges of the shapes. Move it toward the foot of the crib.
5. Make some other simple things to hang from your mobile, like colorful pictures and shapes. Six or eight should be enough.
6. Change the pictures and patterns every few days so she doesn't get bored from looking at the same thing all the time.



Dad Tip:

Sure, you can go out and buy a mobile, but it won't be the same as the one you made with your own hands. This one is special, made just for your baby, and it doesn't cost as much!

Nice going, Dad! Doing things like this shows that you're a good parent.

The patterns you can cut out to make your mobile are on the next four pages.

