

**Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Sep-09**

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Date the change was published in the on-line version of the ODG	Affected chapter in the ODG Treatment Procedure Summary	Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information within an existing chapter	Lists the type of change or update cited in the affected chapter.

NEW CHAPTERS, ENTRIES AND TOPICS

09/29/09	Ankle	Scandinavian total ankle replacement system (STAR®)	New entry: (Saltzman, 2009) (AOFAS, 2009) also move (FDA, 2009) from Arthroplasty
09/22/09	Forearm	Collagenase clostridium histolyticum (Xiaflex)	New entry (Hurst, 2009) (FDA, 2009)
09/28/09	Formulary	Flector patch	New entry
09/28/09	Formulary	Zipsor (diclofenac potassium)	New entry
09/28/09	Knee	Collagen meniscus implant (CMI)	New entry (FDA, 2008) (Rodkey, 2008) (FDA, 2009)

09/28/09	Pain	Zipsor (diclofenac potassium liquid-filled capsules)	New entry (FDA, 2009) (Kowalski, 2009)
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NEW OR UPDATED REFERENCES

09/22/09	Ankle	Extracorporeal shock wave therapy (ESWT)	(Moretti, 2009)
09/09/09	Back	Herbal medicines	(Cao, 2008)
09/09/09	Back	Causality (determination)	(Wai, 2009)
09/28/09	Back	Exercise	(Ewert, 2009)
09/29/09	Back	Epidural steroid injections (ESIs), therapeutic	(Buenaventura, 2009)
09/29/09	Back	Facet joint diagnostic blocks (injections)	(Datta, 2009)
09/29/09	Back	Adhesiolysis, percutaneous	(Epter, 2009)
09/29/09	Back	Facet joint diagnostic blocks (injections)	(Franklin, 2008)
09/29/09	Back	Adhesiolysis, spinal endoscopic	(Hayek, 2009)
09/29/09	Back	IDET (intradiscal electrothermal anuloplasty)	(Helm, 2009)
09/29/09	Back	Discography	(Manchikanti, 2009)
09/29/09	Back	Percutaneous discectomy (PCD)	(Singh, 2009)
09/22/09	Head	Botulinum toxin	(Dodick, 2009) Under study for prevention of headache in patients with chronic migraine
Date	Chapter	Section	Change
09/11/09	Hip	Arthroplasty	(Lombardi, 2006) & modify criteria: 3. Objective Clinical Findings: Over 50 years of age (but younger OK in cases of shattered hip when reconstruction is not an option)
09/09/09	Knee	Exercise	(Segal, 2009)
09/28/09	Knee	Physical medicine treatment	(Risberg, 2009)
09/30/09	Knee	Osteotomy	(van Raaij, 2009)
09/28/09	Mental	Return to work	(Bush, 2009)
09/28/09	Mental	St. John's wort (for depression)	(NIH, 2009) Add especially for minor depression

09/29/09	Neck	Epidural steroid injection (ESI)	(Benyamin, 2009)
09/29/09	Neck	Facet joint diagnostic blocks	(Falco, 2009)
09/29/09	Neck	Facet joint therapeutic steroid injections	(Falco, 2009)
09/29/09	Neck	Discography	(Manchikanti, 2009)
09/09/09	Pain	Exercise	(Busch-Cochrane, 2007)
09/09/09	Pain	Fibromyalgia syndrome (FMS)	(Busch-Cochrane, 2007)
09/09/09	Pain	Behavioral interventions	(Kröner-Herwig, 2009)
09/09/09	Pain	Psychological treatment	(Kröner-Herwig, 2009)
09/28/09	Pain	Embeda (morphine sulfate & naltrexone hydrochloride)	(Trevino, 2009) Change to: Recommended as an option to discourage tampering and drug abuse.
09/29/09	Pain	Spinal cord stimulators (SCS)	(Frey, 2009)
09/29/09	Pain	Implantable drug-delivery systems (IDDSs)	(Patel, 2009)
09/22/09	Shoulder	Exercises	(Engebretsen, 2009)
09/22/09	Shoulder	Extracorporeal shock wave therapy (ESWT)	(Engebretsen, 2009)

REVISED INFORMATION

09/09/09	Ankle	Thompson test	Clarification: supine to prone
09/29/09	Ankle	Arthroplasty (total ankle replacement)	Add xref to STAR
09/29/09	Ankle	STAR® device	New Xref
09/09/09	Back	Exercise	Post-surgical (discectomy) rehab: (Ostelo, 2009)
09/09/09	Back	Physical therapy (PT)	Post-surgical (discectomy) rehab: (Ostelo, 2009)
09/28/09	Back	Tubular discectomy	Change to Under study: (Kim, 2009) (Parikh, 2008)

09/09/09	Carpal Tunnel	Electrodiagnostic studies (EDS)	Typo: usefulness of EDS
09/22/09	Forearm	Dupuytren's release (fasciectomy or fasciotomy)	Add xref: Collagenase clostridium histolyticum (Xiaflex)
09/22/09	Forearm	Medications	Add xref: Collagenase clostridium histolyticum (Xiaflex)
09/22/09	Forearm	Xiaflex	New xref
09/28/09	Formulary	Embeda (morphine sulfate & naltrexone hydrochloride)	Change to Y
09/09/09	Hip	Acetaminophen (paracetamol)	Typo: acetaminophen
09/09/09	Knee	Compression garments	Typo: known
09/28/09	Knee	Surgery	Add new xrefs
Date	Chapter	Section	Change
09/28/09	Knee	Menaflex®	New xref
09/30/09	Knee	Autologous cartilage implantation (ACI)	Change to Recommended as a second-line therapy after failure of initial arthroscopic or surgical repair. Recent studies have confirmed the success of this technically demanding technique when done by experienced practitioners. (Zaslav, 2009) (Schindler, 2009) (Saris, 2009)

09/09/09	Mental	Kava extract (for anxiety)	Clarification: Recommend the aqueous extract (Sarris, 2009)
09/09/09	Mental	Piper methysticum	New xref
09/09/09	Neck	Traction	Correct typo: theses devices
09/09/09	Neck	Manipulation	Typo: less to fewer
09/09/09	Pain	Acupuncture	Clarification: Shoulder: Recommended as an option for rotator cuff tendinitis. (to be consistent with updates already made to Shoulder Chapter)
09/09/09	Pain	Propoxyphene (Darvon®)	Not recommended as a first-line (FDA2, 2009)
09/09/09	Pain	Opioids for chronic pain	Typo: as there is a lack of evidence
09/09/09	Pain	Opioids, specific drug list	Typo: Do not prescribe to patients at risk
09/09/09	Pain	Ziconotide (Prialt®)	Typo: expert consensus panel
09/09/09	Pain	Opioids, specific drug list	Typo: It is recommended that doses be
09/09/09	Pain	Pregabalin (Lyrica®)	Typo: Recommended in in neuropathic pain
09/09/09	Pain	Opioids	Typo: referred to as
09/09/09	Pain	Chronic pain programs (functional restoration programs)	Typo: trail to trial
09/09/09	Pain	CRPS, medications	Typo: trails to trials

09/09/09	Pain	Opioids, indicators for addiction	Typo: Using prescription drugs in ways
09/09/09	Pain	Opioids, specific drug list	Typo: who are in need
09/28/09	Pain	Implantable drug-delivery systems (IDDSs)	Add Safety Precautions & Warnings: (Coffey, 2009) (Medtronic, 2009) (Phillips, 2008)
09/28/09	Pain	Opana®	New xref: See Oxymorphone
09/28/09	Pain	Flector® patch (diclofenac epolamine)	Repeat text already in Topical analgesics entry
09/09/09	Pulmonary	Fluorescence bronchoscopy	Clarification: autofluorescence bronchoscopy (AFB); conventional white light bronchoscopy (WLB)
09/09/09	Shoulder	Scapula fracture surgery	Typo: Clavicle (shoulder blade) fractures
09/09/09	Shoulder	Surgery for Thoracic Outlet Syndrome (TOS)	Typo: neurologic disfunction

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Aug-09**

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NEW CHAPTERS, ENTRIES AND TOPICS			
08/20/09	Ankle	Microprocessor-controlled foot prostheses	New entry (Alimusaj, 2009)
08/20/09	Ankle	Prostheses (artificial limb)	New entry See the Knee Chapter
08/05/09	Back	Oxygen-ozone therapy (injection)	New topic (Paoloni, 2009)
08/24/09	Elbow	Manipulation under anesthesia (MUA)	New topic (Duke, 1991)
08/20/09	Formulary	Embeda (morphine sulfate & naltrexone hydrochloride)	New entry
08/20/09	Hip	Hemiarthroplasty	New entry (Butler, 2009)
08/20/09	Hip	Hip fracture surgery	New entry (Butler, 2009)
08/20/09	Pain	Embeda (morphine sulfate & naltrexone hydrochloride)	New entry
Date	Chapter	Section	Change
NEW OR UPDATED REFERENCES			
08/20/09	Ankle	Exercise	(Hupperets, 2009)
08/05/09	Back	Fusion, endoscopic	(Aryan, 2009)
08/05/09	Back	Discography	(Ohtori, 2009)
08/21/09	Back	Botulinum toxin (Botox®)	(FDA, 2009)

08/21/09	Back	Delayed treatment	(Sinnott, 2009)
08/24/09	Elbow	Surgery for olecranon bursitis	(Ogilvie, 2000)
08/20/09	Hip	Arthroplasty	(Butler, 2009)
08/21/09	Hip	Internal fixation	(Butler, 2009)
08/20/09	Knee	Knee joint replacement	(Núñez, 2009)
08/21/09	Knee	BioniCare® knee device	(Zizic, 1995) (Mont, 2006) (Farr, 2006) (Garland, 2007) Was an Xref to TENS, include overall TENS rec here
08/24/09	Pain	CRPS, diagnostic criteria	(Barth, 2009)
08/25/09	Shoulder	Acupuncture	(Szczurko, 2009) Recommended as an option
Date	Chapter	Section	Change
REVISED INFORMATION			
08/20/09	Hip	Surgical management	Add xref Hip fracture surgery
08/05/09	Back	Injections	Add xref Oxygen-ozone therapy (injection)
08/25/09	Ankle	Prostheses (artificial limb)	Add xref: Microprocessor- controlled foot prostheses; Proprio-Foot (Ossur); Tensegrity prosthetic foot
08/25/09	Ankle	Orthotic devices	Add xref: Prostheses (artificial limb)
08/24/09	Elbow	Manipulation	Add xref: See also Manipulation under anesthesia (MUA), a different procedure.
08/13/09	Back	Vertebroplasty	Change to Not recommended based on recent higher quality studies. (Kallmes, 2009) (Buchbinder, 2009)

08/13/09	Back	Kyphoplasty	Change to Under study based on recent higher quality studies of a similar procedure. (Kallmes, 2009) (Buchbinder, 2009)
08/24/09	Forearm	Triangular fibrocartilage complex (TFCC) reconstruction	Clarification: as an option
08/24/09	Ankle	Bone scan (imaging)	Clarification: discontinued nomenclature
08/25/09	Preface	Physical Therapy Guidelines	Clarification: For example, in unusual cases where co-morbidities involve completely separate body domains...
08/24/09	Forearm	Arthrodesis (fusion)	Clarification: or digit
08/24/09	Ankle	Lateral ligament ankle reconstruction (surgery)	Clarification: performed by a physician
08/05/09	Back	Endoscopic fusion	New xref
08/05/09	Back	Percutaneous fusion	New xref
08/05/09	Back	XLIF® (eXtreme Lateral Interbody Fusion)	New Xref
08/20/09	Ankle	Proprio-Foot (Ossur)	New xref
08/20/09	Ankle	Tensegrity prosthetic foot	New xref
08/21/09	Back	AbobotulinumtoxinA (Dysport)	New xref see Botulinum toxin
08/21/09	Back	OnabotulinumtoxinA (Botox)	New xref see Botulinum toxin
08/21/09	Back	RimabotulinumtoxinB (Myobloc)	New xref see Botulinum toxin

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Jul-09**

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07/14/09	Back	Tubular discectomy	New topic (Arts-JAMA, 2009)
07/28/09	Back	Godelive Denys-Struyf (GDS) method	New entry
07/10/09	Forearm	Manipulation under anesthesia (MUA)	New entry
07/22/09	Forearm	Arteriography/Angiography/CTA	New topic
07/07/09	Formulary	Tapentadol (Nucynta™)	New entry
07/22/09	Formulary	Onsolis™ (fentanyl buccal film)	New entry
07/22/09	Pain	Onsolis™ (fentanyl buccal film)	New entry
07/22/09	Pain	Internal qigong	New entry (Lee, 2009)
Date	Chapter	Section	Change
NEW OR UPDATED REFERENCES			
07/21/09	Ankle	Venous thrombosis	(Felcher, 2009)
07/21/09	Ankle	Extracorporeal shock wave therapy (ESWT)	(Rasmussen, 2008) Clarification: concluded that there is no convincing evidence for recommendation of ESWT.

07/16/09	Back	IDD therapy (intervertebral disc decompression)	(Schimmel, 2009)
07/16/09	Back	Powered traction devices	(Schimmel, 2009)
07/22/09	Back	Aquatic therapy	(Dundar, 2009)
07/28/09	Back	Exercise	(Arribas, 2009)
07/28/09	Back	Physical therapy (PT)	(Arribas, 2009)
07/21/09	Elbow	Exercise	(Tyler, 2009)
07/13/09	Eye	Patching	(Turner-Cochrane, 2006)
07/10/09	Forearm	Injection	(Peters-Veluthamaningal, 2009)
07/13/09	Hernia	Laparoscopic repair (surgery)	(Forbes, 2009)
07/07/09	Knee	Knee joint replacement	(Losina, 2009)
07/21/09	Knee	Insoles	(Hinman, 2009)
07/07/09	Neck	Fusion, anterior cervical	(Cahill-JAMA, 2009)
07/07/09	Pain	Acetaminophen (APAP)	(FDA, 2009)
07/07/09	Pain	Tapentadol (Nucynta™)	(FDA, 2009)
07/07/09	Pain	Medical food	(Shell, 2009)
07/10/09	Pain	Salicylate topicals	(Matthews-Cochrane, 2009)
07/10/09	Pain	Pregabalin (Lyrica®)	(Moore-Cochrane, 2009)
07/13/09	Pain	Modafinil (Provigil®)	(Kumar, 2008) (Volkow-JAMA, 2009)
07/13/09	Pulmonary	Positron emission tomography (PET scanning)	(Maziak, 2009)
07/14/09	Shoulder	Physical therapy	(Byram, 2009)
07/14/09	Shoulder	Ultrasound, therapeutic	(Serafini, 2009)
Date	Chapter	Section	Change
REVISED INFORMATION			
07/21/09	Ankle	PE (pulmonary embolism)	New xref
07/21/09	Ankle	VTE (venous thromboembolism)	New xref
07/14/09	Back	Surgery	Add xref
07/16/09	Back	Traction	(Cai, 2009)
07/16/09	Back	Traction	Add xref
07/22/09	Back	Exercise	Add xref
07/22/09	Back	Physical therapy (PT)	Add xref
07/22/09	Back	Disc prosthesis	Clarification: Current US treatment coverage recommendations: Washington State Department of Labor and Industries: just describe lumbar
07/22/09	Back	Water-based exercises	New xref

07/10/09	Forearm	Manipulation	Add xref
07/13/09	Formulary	Modafinil (Provigil®)	Change to N based on new studies in Pain Chapter
07/07/09	Knee	Manipulation	Add xref to Manipulation under anesthesia (MUA)
07/21/09	Knee	Shoes	New xref
07/07/09	Neck	Bone-morphogenetic protein (BMP)	New xref
07/22/09	Neck	Disc prosthesis	Clarification: Current US treatment coverage recommendations: Washington State Department of Labor and Industries: just describe cervical
07/07/09	Pain	Nucynta™ (tapentadol)	New xref
07/10/09	Pain	Topical analgesics	Add xref: Salicylate topicals
07/10/09	Pain	Chronic pain programs (functional restoration programs)	Clarification: (4) a trial of 10 visits (80 hours)
07/22/09	Pain	Fentanyl	Add xref
07/22/09	Pain	Qigong	New xref

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06/03/09	Burns	Debridement	New entry - Clarification, already recommended in CAA (Grunwald, 2008)
06/25/09	Back	Dehydroepiandrosterone (DHEA)	New topic (Weiss, 2009)
06/23/09	Forearm	Electrodiagnostic studies (EDS)	New topic (Biemek, 2006)
06/19/09	Shoulder	Neuromuscular electrical stimulation (NMES devices)	New entry (Reinold, 2008)
Date	Chapter	Section	Change
NEW OR UPDATED REFERENCES			
06/03/09	Ankle	Arthroplasty (total ankle replacement)	(FDA, 2009)
06/19/09	Ankle	Wound dressings	(Lee, 2009)
06/25/09	Back	Fusion (spinal)	(Dai, 2009)
06/25/09	Back	Epidural steroid injections (ESIs), therapeutic	(Koc, 2009)
06/25/09	Back	Shoe insoles/shoe lifts	(Sahar, 2009)
06/19/09	Hip	Exercise	(Maddalozzo, 2009)
06/03/09	Knee	Exercise	(Van Linschoten, 2009)
06/03/09	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	(Van Linschoten, 2009) Recommend specific exercises aimed at realignment of the patella rather than interventions just addressing short-term relief of symptoms.

06/25/09	Knee	Venous thrombosis	(Slobogean, 2009)
06/25/09	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	(Song, 2009)
06/03/09	Neck	Disc prosthesis	(FDA, 2009)
06/03/09	Pain	Opioids, specific drug list	(Nicholson, 2009) Tramadol (Ultram®; Ultram ER®)
06/23/09	Pain	Muscle relaxants (for pain)	(Zanaflex-FDA, 2008)

Date	Chapter	Section	Change
REVISED INFORMATION			
06/03/09	Ankle	Scandinavian total ankle replacement system (STAR)	New xref
06/25/09	Back	Medications	Add to xref
06/23/09	Forearm	Electromyography (EMG)	New xref
06/23/09	Forearm	Nerve conduction studies (NCS)	New xref
06/03/09	Formulary	Ultram ER®	Change to Y based on new study (Nicholson, 2009)
06/25/09	Knee	Patellofemoral pain syndrome (PFPS)	New xref
06/23/09	Pain	Tizanidine (Zanaflex®)	Add xref
06/23/09	Pain	A-delta fiber electrodiagnostic testing	New xref
06/23/09	Pain	Axon-II neural scan	New xref
06/23/09	Pain	Nucynta™ (tapentadol)	New xref
06/23/09	Pain	Quantitative sensory threshold (QST) testing	New xref
06/23/09	Pain	Zanaflex® (tizanidine)	New xref
06/19/09	Shoulder	Electrical stimulation	Add xrefs

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NEW CHAPTERS, ENTRIES AND TOPICS

05/15/09	Ankle	Adult aquired flatfoot	New entry (Deland, 2008) (Lee, 2005) (Kelly, 2001)
05/20/09	Formulary	Ryzolt	New entry
05/20/09	Formulary	Ambien CR	New entry: No (was under Ambien® and said "not CR")
05/20/09	Formulary	Cyclobenzaprine ER (Amrix®)	New entry: No (was under Cyclobenzaprine)
05/12/09	Knee	Compression garments	New entry (Partsch, 2008) (Nelson-Cochrane, 2008)
05/12/09	Knee	Rivaroxaban (Xarelto, Johnson & Johnson/Bayer)	New entry (Turpie, 2009)

Date	Chapter	Section	Change
NEW OR UPDATED REFERENCES			
05/11/09	Back	Adhesiolysis, percutaneous	(Boswell, 2007)
05/11/09	Back	Adhesiolysis, spinal endoscopic	(Boswell, 2007)
05/11/09	Back	Disc prosthesis	(Chou, 2009)
05/11/09	Back	Discectomy/laminectomy	(Chou, 2009)

05/11/09	Back	Fusion (spinal)	(Chou, 2009)
05/11/09	Back	Interspinous decompression device (X-Stop®)	(Chou, 2009)
05/11/09	Back	Discography	(Chou2, 2009)
05/11/09	Back	Facet joint diagnostic blocks (injections)	(Chou2, 2009)
05/11/09	Back	Epidural steroid injections (ESIs), therapeutic	(Chou3, 2009)
05/11/09	Back	IDET (intradiscal electrothermal anuloplasty)	(Chou3, 2009)
05/11/09	Back	Intradiscal steroid injection	(Chou3, 2009)
05/11/09	Back	Percutaneous intradiscal radiofrequency (thermocoagulation)	(Chou3, 2009)
05/11/09	Back	Prolotherapy (sclerotherapy)	(Chou3, 2009)
05/11/09	Back	Spinal cord stimulation (SCS)	(Chou3, 2009)
05/11/09	Back	Dynamic neutralization system (Dynesys®)	(FDA, 2008) (Schaeren, 2008)
05/20/09	Back	Education	(Bigos, 2009)
05/20/09	Back	Ergonomics interventions	(Bigos, 2009)
05/20/09	Back	Exercise	(Bigos, 2009)
05/20/09	Back	Lumbar supports	(Bigos, 2009)
05/20/09	Back	Shoe insoles/shoe lifts	(Bigos, 2009)
05/20/09	Back	Fear-avoidance beliefs questionnaire (FABQ)	(Hanney, 2009)
05/20/09	Back	Physical therapy (PT)	(Hanney, 2009)
05/20/09	Back	Return to work	(Hanney, 2009)
05/20/09	Back	Work	(Van Nieuwenhuysse, 2009)
05/22/09	Back	Acupuncture	(Cherkin, 2009)
05/28/09	Back	Herbal medicines	(Giannetti, 2009)
05/12/09	Carpal Tunnel	Electrodiagnostic studies (EDS)	(Graham, 2008)
05/12/09	Knee	Hyaluronic acid injections	(Karlsson, 2002)
05/11/09	Pain	NSAIDs (non-steroidal anti-inflammatory drugs)	(AGS, 2009)
05/20/09	Pain	Tramadol (Ultram®)	(Turturro, 1998)
05/28/09	Pain	Insomnia	(Morin, 2009)
05/12/09	Shoulder	SLAP lesion diagnosis	(Munro, 2009)
05/12/09	Shoulder	Manipulation under anesthesia (MUA)	(Ng, 2009)
05/15/09	Shoulder	Surgery for impingement syndrome	(Henkus, 2009)

Date	Chapter	Section	Change
REVISED INFORMATION			
05/12/09	Ankle	Supartz (Artzal, Durolane)	New xref
05/15/09	Ankle	Flatfoot	New xref
05/15/09	Ankle	Posterior tibial tendon dysfunction (PTTD)	New xref

05/11/09	Back	Interspinous spacer device	New xref
05/22/09	Back	Disc prosthesis	(Washington, 2009) official Coverage Determination, take out Draft
05/28/09	Back	Facet joint medial branch blocks (therapeutic injections)	(Wasan, 2009)
05/28/09	Back	Medial branch blocks (MBBs)	New xref
05/20/09	Formulary	Stimulants	Clarification - add: adjunctive pain medication
05/20/09	Formulary	Brand Name (description of the table columns)	Clarification - Note: The brand name is provided for illustration, but if the indicator below shows that FDA approved generic equivalents are available, then generic substitution would be recommended depending on availability and cost.
05/12/09	Knee	Lymphedema pumps	Add xref Compression garments
05/12/09	Knee	Medications	Add xref Compression garments; Rivaroxaban
05/12/09	Knee	Medications	Add xref Rivaroxaban
05/12/09	Knee	Supartz (Artzal, Durolane)	Modified heading
05/12/09	Knee	DVT (Deep vein thrombosis)	New xref
05/12/09	Knee	PE (Pulmonary embolism)	New xref
05/12/09	Knee	Stockings (compression)	New xref
05/12/09	Knee	VTE (Venous thromboembolism)	New xref
05/22/09	Neck	Disc prosthesis	(Washington, 2009) official Coverage Determination, take out Draft
05/20/09	Pain	Ryzolt (tramadol ER)	New xref

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**Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Apr-09**

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Date the change was published in the on-line version of the ODG	Affected chapter in the ODG Treatment Procedure Summary	Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information within an existing chapter	Lists the type of change or update cited in the affected chapter.
NEW CHAPTERS, ENTRIES AND TOPICS			
04/07/09	Formulary	Arthrotec® (diclofenac/ misoprostol)	New listing
04/07/09	Formulary	Diclofenac Potassium (Cataflam®)	New listing
04/07/09	Formulary	Diclofenac Sodium (Voltaren®, Voltaren-XR®)	New listing
04/07/09	Formulary	Diflunisal (Dolobid®)	New listing
04/07/09	Formulary	Etodolac (Lodine®, Lodine XL®)	New listing
04/07/09	Formulary	Fenoprofen (Nalfon®)	New listing
04/07/09	Formulary	Fentora® (fentanyl buccal tablet)	New listing
04/07/09	Formulary	Flurbiprofen (Ansaid®)	New listing
04/07/09	Formulary	Hydrocodone/Ibuprofen (Vicoprofen®)	New listing
04/07/09	Formulary	Indomethacin (Indocin®, Indocin SR®)	New listing
04/07/09	Formulary	Ketoprofen, Ketoprofen ER	New listing
04/07/09	Formulary	Levorphanol (Levo-Dromoran®)	New listing
04/07/09	Formulary	Mefenamic Acid (Ponstel®)	New listing
04/07/09	Formulary	Motrin®	New listing
04/07/09	Formulary	Nabumetone (Relafen®)	New listing
04/07/09	Formulary	Oxaprozin (Daypro®)	New listing

04/07/09	Formulary	Oxycodone (OxyIR®)	New listing
04/07/09	Formulary	Oxymorphone (Opana®)	New listing
04/07/09	Formulary	Sulindac (Clinoril®)	New listing
04/07/09	Formulary	Tolmetin (Tolectin®, Tolectin DS)	New listing
04/07/09	Formulary	Tramadol (Ultram ER®)	New listing
04/07/09	Formulary	Tramadol/Acetaminophen (Ultracet®)	New listing
04/07/09	Formulary	Naprosyn®, EC-Naprosyn®, Anaprox®, Anaprox DS®, Napre	New listings
04/21/09	Knee	Anakinra (Kineret)	New topic (Chevalier, 2009)
04/21/09	Knee	Neuromuscular electrical stimulation (NMES devices)	New topic (Wright, 2008) (Paillard, 2008) (Delitto, 1988) (Stevens, 2004) (Gaines, 2004) (Talbot, 2003) (Petterson, 2009)
04/30/09	Pain	Delayed recovery	New topic
Date	Chapter	Section	Change
NEW OR UPDATED REFERENCES			
04/21/09	Back	Fusion (spinal)	(Juratli, 2009) (Vaidya, 2009)
04/24/09	Back	Discectomy/ laminectomy	(DeBerard, 2008)
04/24/09	Back	MRI's (magnetic resonance imaging)	(Scholz, 2009)
04/24/09	Back	Opioids	(Volinn, 2009)
04/29/09	Pain	Spinal cord stimulators (SCS)	(Deer, 2001)
04/29/09	Pain	Opioids, pain treatment agreement	(Sundwall-Utah, 2009)
04/29/09	Pain	Opioids, screening for risk of addiction (tests)	(Sundwall-Utah, 2009)
04/27/09	Shoulder	Causality (determination)	(Bernard, 1997) (Frost, 1999) (Rolf, 2006) (Derebery, 1998) (Epstein, 1993) (Lo, 1990) (D'Alessandro, 2000)
Date	Chapter	Section	Change
REVISED INFORMATION			
04/07/09	Formulary	Piroxicam (Feldene®)	Change to N (based on Pain Chapter NSAID listing "Pain: Not recommended.")
04/07/09	Formulary	Ketorolac (Toradol®)	Change to N (based on Pain Chapter NSAID listing "short-term" only)
04/07/09	Formulary	Propoxyphene	Change to N (based on Pain Chapter: "FDA panel voted to recommend that propoxyphene should be pulled from the market")
04/07/09	Formulary	Herbal medicines	Delete (these are not pharmaceuticals & do not belong on Formulary)

04/07/09	Formulary	OTC (Over The Counter)	New xref
04/21/09	Knee	Electrical stimulators (E-stim)	New xref
04/21/09	Knee	Injections	Add xref to Anakinra (Kineret)
04/07/09	Pain	Arthrotec® (diclofenac/ misoprostol)	New xref
04/07/09	Pain	Celecoxib (Celebrex®)	New xref
04/07/09	Pain	Diclofenac Potassium (Cataflam®)	New xref
04/07/09	Pain	Diclofenac Sodium (Voltaren®, Voltaren-XR®)	New xref
04/07/09	Pain	Diflunisal (Dolobid®)	New xref
04/07/09	Pain	Etodolac (Lodine®, Lodine XL®)	New xref
04/07/09	Pain	Fenoprofen (Nalfon®)	New xref
04/07/09	Pain	Flurbiprofen (Ansaid®)	New xref
04/07/09	Pain	Hydrocodone/Acetaminophen (Vicodin®)	New xref
04/07/09	Pain	Hydrocodone/Ibuprofen (Vicoprofen®)	New xref
04/07/09	Pain	Indomethacin (Indocin®, Indocin SR®)	New xref
04/07/09	Pain	Levorphanol (Levo-Dromoran®)	New xref
04/07/09	Pain	Mefenamic Acid (Ponstel®)	New xref
04/07/09	Pain	Nabumetone (Relafen®)	New xref
04/07/09	Pain	Oxaprozin (Daypro®)	New xref
04/07/09	Pain	Oxycodone/acetaminophen (Percocet®)	New xref
04/07/09	Pain	Oxymorphone (Opana®)	New xref
04/07/09	Pain	Piroxicam (Feldene®)	New xref
04/07/09	Pain	Sulindac (Clinoril®)	New xref
04/07/09	Pain	Tolmetin (Tolectin®, Tolectin DS)	New xref
04/07/09	Pain	Tramadol/Acetaminophen (Ultracet®)	New xref
04/29/09	Pain	Opioids for chronic pain	Clarification: - Chronic back pain: and there is also limited evidence for the use of opioids for chronic low back pain. (Martell-Annals, 2007)
04/29/09	Pain	Biopsychosocial model of chronic pain	Complete medical evidence evaluation review and update (MEERU)
04/29/09	Pain	Chronic pain programs (functional restoration programs)	Complete medical evidence evaluation review and update (MEERU)
04/29/09	Pain	Chronic pain programs, early intervention	Complete medical evidence evaluation review and update (MEERU)
04/29/09	Pain	Chronic pain programs, opioids	Complete medical evidence evaluation review and update (MEERU)

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**Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Mar-09**

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NEW CHAPTERS, ENTRIES AND TOPICS

03/17/09	Ankle	Arthroplasty (total ankle replacement)	Under study for first metatarsophalangeal joint implant arthroplasty. (Cook, 2009)
03/17/09	Elbow	Viscosupplementation	New topic (van Brakel, 2006)
03/17/09	Hip	Viscosupplementation	Under study [from Recommended] (Richette, 2009) (Abate, 2008)
03/31/09	Pain	Vitamin D	New entry (Turner, 2008)

Date	Chapter	Section	Change
NEW OR UPDATED REFERENCES			
03/17/09	Back	Epidural steroid injections (ESIs), therapeutic	(Deyo, 2009)
03/17/09	Back	Fusion (spinal)	(Deyo, 2009)
03/17/09	Back	MRI's (magnetic resonance imaging)	(Deyo, 2009)
03/17/09	Back	Opioids	(Deyo, 2009)
03/17/09	Back	Discectomy/ laminectomy	(Hansson, 2008)
03/17/09	Back	Fusion (spinal)	(Hansson, 2008)

03/17/09	Back	Laminectomy/ laminotomy	(Hansson, 2008)
03/17/09	Back	Kyphoplasty	(Wardlaw, 2009)
03/17/09	Hip	Arthroplasty	(Hansson, 2008)
03/17/09	Hip	Hip-spine syndrome	(Sembrano, 2009)
03/17/09	Knee	Hyaluronic acid injections	(FDA, 2009)
03/17/09	Knee	Knee joint replacement	(Hansson, 2008)
03/17/09	Knee	Skilled nursing facility (SNF) care	Typo cae-care
03/31/09	Knee	Meniscectomy	(Englund, 2009)
03/31/09	Knee	Exercise	(Petterson, 2009)
03/31/09	Knee	Knee joint replacement	(Petterson, 2009)
03/31/09	Knee	TENS (transcutaneous electrical nerve stimulation)	(Petterson, 2009)
03/19/09	Neck	Exercise	(Griffiths, 2009)
03/31/09	Pain	Propoxyphene (Darvon®)	(FDA, 2009)

Date	Chapter	Section	Change
REVISED INFORMATION			
03/17/09	Elbow	Hyaluronic acid injections	New xref
03/17/09	Hip	Back pain from hip	New xref
03/17/09	Hip	Hyaluronic acid injections	New xref
03/31/09	Pain	Cholecalciferol	New xref

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**Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Feb-09**

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NEW CHAPTERS, ENTRIES AND TOPICS			
02/10/09	Forearm	I-Limb® (bionic hand)	New entry
02/10/09	Forearm	Prostheses (artificial limbs)	New entry
02/16/09	Forearm	Home health services	New topic
02/16/09	Forearm	Targeted muscle reinnervation	New topic (Kuiken-JAMA, 2009)
02/17/09	Neck	Cervical collar, post operative (fusion)	New topic
02/16/09	Pain	Ryzolt	New entry
02/05/09	Stress	Exposure therapy (ET)	New topic
02/05/09	Stress	PTSD pharmacotherapy	New topic
02/05/09	Stress	PTSD psychotherapy interventions	New topic
02/06/09	Stress	Dialectical behavior therapy	New topic
02/06/09	Stress	Imagery rehearsal therapy (IRT)	New topic
02/06/09	Stress	Psychodynamic psychotherapy	New topic
02/11/09	Stress	Psychosocial adjunctive methods (for PTSD)	New topic

02/11/09	Stress	Spiritual support	New topic
02/13/09	Stress	Antidepressants for treatment of PTSD (post-traumatic stress disorder)	New topic
02/13/09	Stress	Group therapy	New topic
02/13/09	Stress	Selective serotonin reuptake inhibitors (SSRIs)	New topic

Date	Chapter	Section	Change
NEW OR UPDATED REFERENCES			
02/18/09	Ankle	Semi-rigid ankle support	(Lamb, 2009)
02/18/09	Ankle	Cast (immobilization)	(Lamb, 2009) "severe ankle sprain"
02/16/09	Back	Prolotherapy (sclerotherapy)	(Dagenais-Cochrane, 2007) (Dagenais, 2008)
02/16/09	Back	Behavioral treatment	See also Psychosocial adjunctive methods in the Mental Illness & Stress Chapter
02/16/09	Back	Disc prosthesis	Washington State Department of Labor and Industries: (Washington, 2009)
02/17/09	Back	CT & CT Myelography (computed tomography)	(Chou-Lancet, 2009)
02/17/09	Back	MRI's (magnetic resonance imaging)	(Chou-Lancet, 2009)
02/17/09	Back	Radiography (x-rays)	(Chou-Lancet, 2009)
02/17/09	Back	Return to work	(Mills, 2008)
02/17/09	Back	Epidural steroid injections (ESIs), therapeutic	(Staal-Cochrane, 2009)
02/17/09	Back	Facet joint intra-articular injections (therapeutic blocks)	(Staal-Cochrane, 2009)
02/17/09	Back	Trigger point injections (TPIs)	(Staal-Cochrane, 2009)
02/18/09	Back	Exercise	(Kell, 2009)
02/18/09	Back	Acupuncture	(Santaguida, 2009)
02/18/09	Back	Return to work	Return to work predictors (Turner, 2008)
02/19/09	Back	Discectomy/ laminectomy	(Madigan, 2009)
02/10/09	Forearm	Physical/ Occupational therapy	Fracture of radius/ulna Medical treatment
02/16/09	Forearm	Open reduction internal fixation (ORIF)	(Gehrmann, 2008)
02/16/09	Forearm	Prostheses (artificial limbs)	Clarification: See also I-Limb® (bionic hand); & Targeted muscle reinnervation
02/18/09	Forearm	Causality (determination)	(Wolf, 2009)
02/18/09	Forearm	Work	(Wolf, 2009)

02/16/09	Head	Acupuncture for headaches	(Linde-Cochrane, 2009) (Linde2-Cochrane, 2009)
02/17/09	Head	Botulinum toxin	Not recommended for headache. (Naumann, 2008)
02/16/09	Knee	Non-surgical intervention for PFPS (patellofemoral pain syndrome)	(Collins, 2008)
02/16/09	Knee	Physical medicine treatment	(Collins, 2008)
02/16/09	Knee	Walking aids (canes, crutches, braces, orthoses, & walkers)	(Collins, 2008)
02/16/09	Knee	Topical NSAIDs (for knee arthritis)	(Underwood, 2008)
02/18/09	Knee	Glucosamine/ Chondroitin (for knee arthritis)	(Hungerford, 2009)
02/16/09	Neck	Disc prosthesis	Washington State Department of Labor and Industries: (Washington, 2009)
02/17/09	Neck	Discography	Clarification: Discography is Not Recommended in ODG. See also Low Back Chapter, source of abnormal MRI and caution with prior surgery criteria
02/17/09	Neck	Back brace, post operative (fusion)	Xref
02/18/09	Neck	Education (patient)	(Derebery, 2009)
02/19/09	Neck	Disc prosthesis	(Riew, 2008)
02/16/09	Pain	Prolotherapy	(Dagenais-Cochrane, 2007) (Dagenais, 2008)
02/16/09	Pain	Tramadol (Ultram®)	(FDA, 2008)
02/16/09	Pain	Milnacipran (Ixel®)	(FDA, 2009)
02/16/09	Pain	Topical analgesics	Clarification: See also the Knee Chapter
02/16/09	Pain	Biopsychosocial model of chronic pain	See also Psychosocial adjunctive methods in the Mental Illness & Stress Chapter
02/16/09	Pain	Psychological treatment	See also Psychosocial adjunctive methods in the Mental Illness & Stress Chapter
02/17/09	Pain	Implantable drug-delivery systems (IDDSs)	(Deer, 2009)
02/19/09	Pain	Acupuncture	(Madsen, 2009)
02/19/09	Shoulder	Steroid injections	(Ekeberg, 2009)

02/05/09	Stress	Cognitive therapy for PTSD	(Bisson, 2007) (Devilly, 1999) (Foa, 1997) (Foa, 2006)
02/05/09	Stress	Zoloft	(Brady, 2000) (Davidson, 2001)
02/05/09	Stress	Eye movement desensitization and reprocessing (EMDR)	(Macklin, 2000)
02/05/09	Stress	Post-traumatic stress disorder (PTSD), definition	(Nemeroff, 2006)
02/05/09	Stress	Cognitive therapy for PTSD	(VA/DoD, 2004) (Lovell, 2001) (Marks, 1998) (Resick, 2002)
02/05/09	Stress	Cognitive therapy for PTSD	ODG Psychotherapy Guidelines (Leichsenring, 2008)
02/06/09	Stress	Stress inoculation training	(Foa, 1991) (Foa, 1999) (Kilpatrick, 1982) (Rothbaum, 2000) (VA/DoD, 2004)
02/06/09	Stress	Education (to reduce stress related to illness)	(VA/DoD, 2004)
02/06/09	Stress	Hypnosis	(VA/DoD, 2004) (Brom, 1989) (Sherman, 1998)
02/06/09	Stress	Eye movement desensitization & reprocessing (EMDR)	now Recommended as an option. (Chemtob, 2000) (Davidson, 2001) (Foa, 1997) (Maxfield, 2002) (Shepherd, 2000) (VA/DoD, 2004) (Cahill, 2000) (Ironson, 2002) (Lee, 2002) (Power, 2002) (Taylor, 2002) (Van Etten, 1998)
02/09/09	Stress	Treatment Planning	Re-Write, replace "claimant" with "patient"
02/11/09	Stress	Major depressive disorder, initial treatment (MDD)	Correction of typo: replace Recommnd with Recommend
02/11/09	Stress	Hypnosis	Recommended as an option: (Brom, 1989) (Sherman, 1998)
02/13/09	Stress	Psychological debriefing (for preventing post-traumatic stress disorder)	(VA/DoD, 2004)
02/13/09	Stress	Antidepressants - SSRI's versus tricyclics (class)	(VA/DoD, 2004)
02/13/09	Stress	Post-traumatic stress disorder (PTSD), definition	Clarification: replace label/claimant with diagnosis/patient
02/13/09	Stress	Antidepressants	Clarification: See also more specific entries
02/13/09	Stress	Zoloft	Clarification: See Sertraline

02/13/09	Stress	Treatment planning	Post-traumatic stress disorder (PTSD) discussion added
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Date	Chapter	Section	Change
REVISED INFORMATION			
02/18/09	Ankle	Aircast	New xref
02/18/09	Knee	Supartz	New xref
02/17/09	Neck	Cervical collar	New xref
02/19/09	Neck	Bryan® cervical disc	New xref
02/19/09	Neck	Prestige® ST	New xref
02/19/09	Neck	ProDisc™-C	New xref
02/16/09	Pain	Savella	New xref
02/05/09	Stress	Post-traumatic stress disorder	New xref
02/09/09	Stress	Patient education	New xref
02/09/09	Stress	Psychotherapy for PTSD	New xref
02/13/09	Stress	Sertraline	New xref
02/13/09	Stress	SSRIs	New xref

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The Work Loss Data Institute temporarily suspended publication of updates to the Official Disability Guidelines (ODG) for January 2009 in conjunction with the publication of the 15th edition of the ODG.

Publication of the ODG updates will resume in March 2009 with the publishing of updates from February 2009.

**Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Dec-08**

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NEW CHAPTERS, ENTRIES AND TOPICS

12/20/08	Ankle	Bone growth stimulators, electrical	New topic
12/20/08	Ankle	Bone growth stimulators, ultrasound	New topic
12/29/08	Back	Reflexology	New topic
12/21/08	Burns	Causality (determination)	New entry
12/21/08	Burns	Office visits	New topic
12/21/08	Burns	Return to work	New topic
12/17/08	Carpal tunnel	Causality (determination)	New entry
12/19/08	Elbow	Elbow extension test	New topic (Appelboam, 2008)
12/20/08	Elbow	Bone growth stimulators, electrical	New topic
12/20/08	Elbow	Bone growth stimulators, ultrasound	New topic
12/08/08	Forearm	Causality (determination)	New entry

12/20/08	Forearm	Bone growth stimulators, electrical	New topic
Date	Chapter	Section	Change
12/20/08	Forearm	Bone growth stimulators, ultrasound	New topic
12/02/08	Head	Causality (determination)	New topic
12/02/08	Head	Office visits	New topic
12/08/08	Hip	Causality (determination)	New entry
12/20/08	Hip	Bone growth stimulators, electrical	New topic
12/20/08	Hip	Bone growth stimulators, ultrasound	New topic
12/17/08	Pain	Chronic pain programs (functional restoration programs)	New heading - Timing of use (Jordan,
12/19/08	Pain	Tapentadol	New topic
12/29/08	Pain	Vitamin B	New topic: (Ang-Cochrane, 2008)
12/31/09	Pulmonary	New Chapter	New Chapter
12/02/08	Shoulder	Causality (determination)	New topic
12/02/08	Shoulder	Hyaluronic acid injections	New topic (Blaine, 2008)
12/02/08	Shoulder	Office visits	New topic
12/20/08	Shoulder	Bone growth stimulators, electrical	New topic
12/20/08	Shoulder	Bone growth stimulators, ultrasound	New topic
12/30/08	Stress	Causality (determination)	New entry
12/30/08	Stress	Office visits	New topic

NEW OR UPDATED REFERENCES

12/22/08	Ankle	Orthotic devices	Clarification: Outcomes from using a custom orthosis are highly variable and dependent on the skill of the fabricator and the material used. A trial of a prefabricated orthosis is recommended in the acute phase, but due to diverse anatomical differences many patients will require a custom orthosis for long-term pain control. A pre-fab orthosis may be made of softer material more appropriate in the acute phase, but it may break down with use whereas a custom semi-rigid orthosis may work
12/03/08	Back	Education	(Abásolo, 2005)
Date	Chapter	Section	Change
12/03/08	Back	Trigger point injections (TPIs)	Clarification: (9) & (10) - (Peloso, 2007) (Scott, 2005) (Scott, 2008) (Ho, 2007)
12/04/08	Back	Return to work	(TDI, 2007)
12/16/08	Back	IDET (intradiscal electrothermal anuloplasty)	Complete update & re-write (Andersson, 2006) (Boswell, 2007) (Derby, 2008) (Kapural, 2004) (Kloth, 2008) (Mekhail, 2004) (Nunley, 2008) (Stanos, 2007)
12/20/08	Back	Acupuncture	(Yuan, 2008)
12/29/08	Back	Botulinum toxin (Botox®)	Clarification: (Chou, 2008)
12/29/08	Back	Chemoneurolysis (chymopapain)	Clarification: (Chymopapain is not available in the U.S.)
12/29/08	Back	Conservative care	Clarification: and recommended drug therapies
12/29/08	Back	Decompression	Clarification: del xref Percutaneous epidural neuroplasty
12/29/08	Back	Massage	(Furlan-Cochrane, 2008)
12/29/08	Back	TENS (transcutaneous electrical nerve stimulation)	(Khadijkar-Cochrane, 2008) Recent research
12/29/08	Back	Treatment Planning	Clarification: (or rarely other specialists, including pain specialists)
12/31/09	Back	Causality (determination)	(Hill, 1965) Bradford-Hill criteria

12/31/09	Back	Discectomy/ laminectomy	(Weinstein2, 2008)
12/21/08	Burns	References	Formatting: PMID links
12/17/08	Carpal tunnel	References	Formatting: PMID links
12/20/08	Carpal Tunnel	Causality (determination)	(Thomsen, 2008)
12/20/08	Carpal Tunnel	Mouse use	(Thomsen, 2008)
12/19/08	Elbow	Radiography (x-rays)	(Appelboam, 2008)
12/23/08	Elbow	References	Formatting: PMID links
12/23/08	Eye	References	Formatting: PMID links
12/19/08	Forearm	Splints	(Veehof, 2008)
12/02/08	Head	Cognitive therapy	(deGuise, 2008) (Leichsenring, 2008)
12/31/08	Head	References	Formatting: PMID links
12/31/08	Hernia	Causality (determination)	New entry (Hill, 1965)
Date	Chapter	Section	Change
12/08/08	Hip	Total hip resurfacing	New entry (Della Valle, 2008) (Nunley, 2008)
12/22/08	Hip	Sacroiliac joint blocks	(Hansen, 2003)
12/29/08	Hip	References	Formatting: PMID links
12/08/08	Knee	Causality (determination)	(Grotle, 2008)
12/08/08	Knee	Causality (determination)	(Maly, 2008)
12/08/08	Knee	Education for knee replacement	(Mitchell, 2008)
12/08/08	Knee	Physical medicine treatment	(Mitchell, 2008)
12/08/08	Knee	Radiography (x-rays)	(Bedson, 2008)
12/20/08	Knee	Anterior cruciate ligament (ACL) reconstruction	(Ageberg, 2008)
12/20/08	Knee	Bone growth stimulators, electrical	Clarification: (except in cases where the bone is infected, and the 90-day waiting period would not be required)
12/20/08	Knee	Bone growth stimulators, ultrasound	Clarification: Nonunions: del (5) & (6)
12/20/08	Knee	Bone growth stimulators, ultrasound	Clarification: or Grade I open

12/20/08	Knee	Bone growth stimulators, ultrasound	Clarification: Other factors that may indicate use of ultrasound bone healing depending on their severity may include: Obesity, nutritional or hormonal deficiency, age, low activity level, anemia, infection, or communitied or other especially complicated fractures.
12/20/08	Knee	Causality (determination)	(Messier, 2008)
12/20/08	Knee	Knee joint replacement	(George, 2008)
12/31/09	Knee	Exercise	(Fransen-Cochrane, 2008)
12/03/08	Neck	Botulinum toxin (injection)	(Peloso, 2007) (Scott, 2005) (Scott, 2008) (Ho, 2007)
12/03/08	Neck	Education (patient)	(Abásolo, 2005)
12/31/09	Neck	Causality (determination)	(Hill, 1965) Bradford-Hill criteria
12/31/09	Neck	Disc prosthesis	(Auerbach, 2008) (Peolsson, 2008) (Heller, 2008)
12/31/09	Neck	Fusion, anterior cervical	(Peolsson, 2008)
12/31/09	Neck	Traction	Clarification: using an over-the-door mechanism
Date	Chapter	Section	Change
12/03/08	Pain	Epidural steroid injections (ESIs)	Clarification: Sedation (Hodges 1999) (Trentman 2008) (Kim 2007) (Cuccuzzella 2006)
12/03/08	Pain	Trigger point injections (TPIs)	Clarification: (9) & (10) - (Scott, 2005) (Cummings, 2001) (Scott, 2008) (Staal, 2008) (Yentur, 2003) (Ho, 2007) (Peloso, 2007) (Borg-Stein, 2002) (Esenyel, 2000) (Nifosi, 2007) (Altindag,
12/04/08	Pain	Opioids, criteria for use	(Webster, 2008) (Sullivan, 2006) (Sullivan, 2005) (Wilsey, 2008) (Savage, 2008) (Ballyantyne, 2007) in 1)(c); 1)(d); 2)(g); 4)(e); 4)(h)

12/16/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: Move (8) "The worker must be no more than 2 years past date of injury. Workers that have not returned to work by two years post injury may not benefit." from blue text to white, "Workers that have not returned to work by two years continuously post injury (without intermittent RTW and/or modified duty) may not benefit, so these cases should be reviewed carefully, and earlier intervention is recommended. The probability of returning to work for those out over two years may be less than 1%, when looking at all of workers' comp, no matter what treatment is used.
12/16/08	Pain	Topical analgesics	Clarification: Any compounded product that contains at least one drug (or drug class) that is not recommended is not recommended.
12/16/08	Pain	Topical analgesics	Clarification: Other antiepilepsy drugs: There is no evidence for use of any other antiepilepsy drug as a topical

Date	Chapter	Section	Change
12/16/08	Pain	Topical analgesics	Clarification: Other muscle relaxants: There is no evidence for use of any other muscle relaxant as a topical
12/19/08	Pain	Anti-epilepsy drugs (AEDs) for pain	(FDA MedWatch, 2008)
12/19/08	Pain	Cannabinoids	(McCarberg, 2007)
12/19/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (4) remove parens around 10-visit trial
12/19/08	Pain	Ketamine	(Chu, 2008)
12/19/08	Pain	TENS, chronic pain (transcutaneous electrical nerve stimulation)	Clarification: including reductions in medication use.

12/19/08	Pain	TENS, chronic pain (transcutaneous electrical nerve stimulation)	Clarification: TENS should be differentiated from other types of electrical stimulators. See Electrical stimulators (E-stim) for a list of
12/29/08	Pain	Massage therapy	(Furlan-Cochrane, 2008)
12/29/08	Pain	TENS, chronic pain (transcutaneous electrical nerve stimulation)	(Khadilkar-Cochrane, 2008)
12/31/09	Pain	References	Formatting: PMID links
12/30/08	Stress	References	Formatting: PMID links

REVISED INFORMATION

12/20/08	Ankle	Bone growth stimulators	Make xref, move to 2 new topics
12/20/08	Ankle	Ultrasound fracture healing (bone-growth stimulators)	Make xref
12/22/08	Ankle	Causality (determination)	Add ODG Causality Likelihood, link to
12/20/08	Back	DRX® (traction)	Pull in xref (not recommended)
12/20/08	Back	Lordex® (traction)	Pull in xref (not recommended)
12/29/08	Back	Causality (determination)	Add ODG Causality Likelihood, link to RTW guides
12/30/08	Back	Massage	Xref to Manipulation visits copied
12/31/09	Back	Disc prosthesis	Add xref: See the Neck & Upper Back
12/21/08	Burns	Drug therapy	New xref
12/21/08	Burns	Medications	New xrefs
12/21/08	Burns	Pharmaceuticals	New xref
Date	Chapter	Section	Change
12/21/08	Burns	Treatment Planning	Update disclaimer
12/17/08	Carpal tunnel	Drug therapy	New xref
12/17/08	Carpal tunnel	Medications	New xrefs
12/17/08	Carpal tunnel	Pharmaceuticals	New xref
12/17/08	Carpal tunnel	Treatment Planning	Update disclaimer
12/23/08	Carpal tunnel	Causality (determination)	Add ODG Causality Likelihood, link to RTW guides
12/20/08	Elbow	Bone growth stimulators	Make xref, move to 2 new topics
12/20/08	Elbow	Ultrasound fracture healing (bone-growth stimulators)	Make xref

12/23/08	Elbow	Causality (determination)	Add ODG Causality Likelihood, link to RTW guides
12/08/08	Forearm	Drug therapy	New xref
12/08/08	Forearm	Medications	New xrefs
12/08/08	Forearm	Pharmaceuticals	New xref
12/08/08	Forearm	Treatment Planning	Update disclaimer
12/20/08	Forearm	Bone growth stimulators	Make xref, move to 2 new topics
12/20/08	Forearm	Ultrasound fracture healing (bone-growth stimulators)	Make xref
12/16/08	Formulary	Front	Remove DRAFT
12/02/08	Head	Drug therapy	New xref
12/02/08	Head	Medications	New xrefs
12/02/08	Head	Pharmaceuticals	New xref
12/02/08	Head	Treatment Planning	Update disclaimer
12/31/08	Hernia	Drug therapy	New xref
12/31/08	Hernia	Medications	New xrefs
12/31/08	Hernia	Pharmaceuticals	New xref
12/31/08	Hernia	Treatment Planning	Update disclaimer
12/08/08	Hip	Drug therapy	New xref
12/08/08	Hip	Hip resurfacing	New xref
12/08/08	Hip	Medications	New xrefs
12/08/08	Hip	Pharmaceuticals	New xref
12/08/08	Hip	Treatment Planning	Update disclaimer
12/20/08	Hip	Bone growth stimulators	Make xref, move to 2 new topics
12/20/08	Hip	Ultrasound fracture healing (bone-growth stimulators)	Make xref
Date	Chapter	Section	Change
12/08/08	Knee	X-rays	New xref
12/31/09	Neck	Disc prosthesis	Add xref: See the Low Back Chapter for information on use in the lumbar spine; take out lumbar data
12/04/08	Pain	Actiq® (oral transmucosal fentanyl lollipop)	Rewrite: (Webster 2008) (Marsch 2001) (Savage 2008) (Ballyantyne 2007) (Naliboff, 2006) (Busto 1986) (Carr 1993) (McColl 2006) (Balster 2003) (Sullivan 2006) (Sullivan 2005) (Wilsey

12/04/08	Pain	Fentora® (fentanyl effervescent buccal tablet)	Rewrite: (Webster 2008) (Marsch 2001) (Savage 2008) (Ballyantyne 2007) (Naliboff, 2006) (Busto 1986) (Carr 1993) (McColl 2006) (Balster 2003) (Sullivan 2006) (Sullivan 2005) (Wilsey
12/16/08	Pain	Compounded topical analgesics	New xref
12/16/08	Pain	Topical analgesics, compounded	Made xref, now covered in Topical
12/29/08	Pain	Thiamine (vitamin B1)	New xref
12/02/08	Shoulder	Drug therapy	New xref
12/02/08	Shoulder	Medications	New xrefs
12/02/08	Shoulder	Pharmaceuticals	New xref
12/02/08	Shoulder	Treatment Planning	Update disclaimer
12/20/08	Shoulder	Bone growth stimulators	Make xref, move to 2 new topics
12/20/08	Shoulder	Ultrasound fracture healing (bone-growth stimulators)	Make xref
12/30/08	Stress	Drug therapy	New xref
12/30/08	Stress	Lustral	New xref
12/30/08	Stress	Medications	New xrefs
12/30/08	Stress	Pharmaceuticals	New xref
12/30/08	Stress	Treatment Planning	Update disclaimer
12/30/08	Stress	Zoloft	New xref

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**Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Nov-08**

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NEW CHAPTERS, ENTRIES AND TOPICS

11/11/08	Ankle	Hyaluronic acid injections	New topic (Cohen, 2008) (Carpenter, 2008) (Karatosun, 2008)
11/11/08	Ankle	Botulinum toxin	New topic (Babcock, 2005) (Jeynes, 2008)
11/13/08	Back	Causality (determination)	New topic
11/13/08	Elbow	Causality (determination)	New topic
11/17/08	Eye	Causality (determination)	New topic
11/17/08	Eye	Office visits	New topic
11/13/08	Knee	Causality (determination)	New topic
11/14/08	Neck	Causality (determination)	New topic
11/03/08	Pain	Polysomnography	New topic
11/17/08	Pain	Causality (determination)	New topic

NEW OR UPDATED REFERENCES			
Date	Chapter	Section	Change
11/11/08	Ankle	Injections	(Ward, 2008)
11/11/08	Ankle	Surgery for plantar fasciitis	(Neufeld, 2008)
11/11/08	Ankle	Work	(Irving, 2007)
11/11/08	Ankle	Orthotic devices	(Hawke, 2008)
11/11/08	Ankle	Extracorporeal shock wave therapy (ESWT)	(Gerdesmeyer, 2008) (Höfling, 2008)
11/28/08	Ankle	References	Formatting: PMID links
11/13/08	Back	Stimulators, electrical	Add xref
11/13/08	Back	Bone growth stimulators (BGS)	(Kucharzyk, 1999) (Rogozinski, 1996) (Hodges, 2003)
11/13/08	Back	Aerobic exercise	(Helmhout, 2008)
11/13/08	Back	Exercise	(Helmhout, 2008)
11/13/08	Back	Lumbar extension exercise equipment	(Helmhout, 2008)
11/17/08	Back	Manipulation under anesthesia (MUA)	Clarification: When intravenous sedation is used...
11/17/08	Back	Spinal cord stimulation (SCS)	(Kumar, 2008)
11/13/08	Elbow	Extracorporeal shockwave therapy (ESWT)	(Staples, 2008)
11/17/08	Eye	Treatment Planning	del. Topical steroids after chemical injury
11/17/08	Eye	Patching	(Peate, 2007)
11/17/08	Eye	Work	(Peate, 2007)
11/12/08	Knee	Bone growth stimulators, electrical	New name, (Petrisor, 2005) (Saxena, 2005)
11/12/08	Knee	Bone growth stimulators, ultrasound	New name, (Leung, 2004)
11/12/08	Knee	TENS (transcutaneous electrical nerve stimulation)	(Mont, 2006) (Garland, 2007)
11/17/08	Knee	Hyaluronic acid injections	Clarification: del. The number of injections should be limited to three
11/14/08	Neck	Manipulation	del (Bakris, 2008) - not in scope of guidelines or practice
11/17/08	Neck	McKenzie method	Correct: Centralization iss
11/17/08	Neck	Work conditioning, work hardening	Clarification: There is no evidence that work hardening for neck pain...
11/22/08	Neck	References	Formatting: PMID links
11/03/08	Pain	Ziconotide (Prialt®)	Clarification: FDA: Indicated for the management of... filling intervals...

Date	Chapter	Section	Change
11/03/08	Pain	Physical therapy (PT)	Clarification: "Physical therapy" to "Physical medicine treatment"
11/03/08	Pain	Methadone	(Peng 2008)
11/04/08	Pain	Hypnosis	New entry: (Grøndahl, 2008)
11/04/08	Pain	Acetaminophen (APAP)	Re-write: (Laine, 2008) (Zhang, 2007) (Zhang, 2008) (Towheed, 2008) (Davies, 2008) (Hunt, 2007) (Dart, 2007) (Kuffner, 2007) (Bartels, 2008) (Mazer, 2008) (Forman, 2007) (Montgomery, 2008) (Chan, 2006) (Laine, 2008)
11/17/08	Pain	Spinal cord stimulators (SCS)	(Kumar, 2008)

REVISED INFORMATION

11/10/08	Ankle	Plantar fasciitis	New xref
11/11/08	Ankle	Medications	New xrefs
11/11/08	Ankle	Drug therapy	New xref
11/11/08	Ankle	Hyalgan®	New xref
11/11/08	Ankle	Hylan	New xref
11/11/08	Ankle	Pharmaceuticals	New xref
11/11/08	Ankle	Synvisc® (hylan)	New xref
11/11/08	Ankle	Viscosupplementa-tion	New xref
11/11/08	Ankle	Treatment Planning	Update disclaimer
11/12/08	Ankle	Botox®	New xref
11/13/08	Back	Treatment Planning	Update disclaimer
11/17/08	Back	Medications	New xrefs
11/17/08	Back	Drug therapy	New xref
11/17/08	Back	Pharmaceuticals	New xref
11/13/08	Elbow	Medications	New xrefs
11/13/08	Elbow	Drug therapy	New xref

Date	Chapter	Section	Change
11/13/08	Elbow	Pharmaceuticals	New xref
11/13/08	Elbow	Treatment Planning	Update disclaimer
11/17/08	Eye	Medications	New xrefs
11/17/08	Eye	Drug therapy	New xref
11/17/08	Eye	Pharmaceuticals	New xref
11/17/08	Eye	Treatment Planning	Update disclaimer
11/13/08	Knee	Medications	New xrefs
11/13/08	Knee	Drug therapy	New xref
11/13/08	Knee	Pharmaceuticals	New xref
11/13/08	Knee	Treatment Planning	Update disclaimer
11/14/08	Neck	Medications	New xrefs
11/14/08	Neck	Drug therapy	New xref
11/14/08	Neck	Pharmaceuticals	New xref
11/14/08	Neck	Treatment Planning	Update disclaimer
11/03/08	Pain	Sleep studies	New xref
11/04/08	Pain	Paracetamol	New xref
11/17/08	Pain	Pharmaceuticals	New xref
11/17/08	Pain	Treatment Planning	Update disclaimer

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Oct-08**

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NEW CHAPTERS, ENTRIES AND TOPICS			
10/27/08	Ankle	Work conditioning, work hardening	New entry
10/16/08	Back	Straight leg raising test	New entry; Clarification: already in Treatment Planning
10/26/08	Carpal tunnel	Office visits	New entry
10/07/08	Elbow	Radiofrequency epicondylitis treatment (Topaz procedure)	New topic
10/26/08	Elbow	Office visits	New entry
10/24/08	Hernia	Office visits	New entry
10/26/08	Hip	Office visits	New entry
10/26/08	Hip	Trochanteric bursitis injections	New entry
10/26/08	Neck	Office visits	New entry
10/08/08	Pain	Honey & cinnamon	New topic
10/27/08	Pain	Office visits	New entry
10/09/08	Shoulder	Interferential current stimulation (ICS)	New topic
10/26/08	Shoulder	Office visits	New entry
NEW OR UPDATED REFERENCES			
10/27/08	Ankle	Office visits	(Dixon, 2008) (Wallace, 2004)

10/31/08	Ankle	Physical therapy (PT)	Ankle/foot Sprain (ICD9 845)
10/06/08	Back	References	Formatting: PMID links
Date			
Chapter			
Section			
Change			
10/07/08	Back	IDET (intradiscal electrothermal anuloplasty)	(CMS, 2008)
10/07/08	Back	Nucleoplasty	(CMS, 2008)
10/07/08	Back	Percutaneous intradiscal radiofrequency (thermococoagulation)	(CMS, 2008)
10/07/08	Back	Epidural steroid injections (ESIs), therapeutic	(Rasmussen, 2008)
10/16/08	Back	Oral corticosteroids	(Gregory, 2008)
10/22/08	Back	Botulinum toxin (Botox®)	(Naumann, 2008)
10/22/08	Back	Percutaneous electrical nerve stimulation (PENS)	(Weiner, 2008)
10/28/08	Back	Flexibility	(Cherniack, 2001)
10/28/08	Back	Discography	(Cohen, 2005)
10/28/08	Back	Vertebral axial decompression (VAX-D®)	(Daniel, 2007)
10/28/08	Back	Office visits	(Dixon, 2008) (Wallace, 2004)
10/28/08	Back	Kyphoplasty	(Ledlie, 2006) Indications for Surgery --
10/28/08	Back	Facet joint radiofrequency neurotomy	Factors associated with failed treatment: opioid dependence
10/22/08	Background	Summaries of Medical Studies	Evaluating the Body of Evidence
10/26/08	Carpal tunnel	Injections	(Stephens, 2008)
10/26/08	Elbow	Injections	(Stephens, 2008)
10/09/08	Forearm	References	Formatting: PMID links
10/26/08	Forearm	Office visits	(Dixon, 2008) (Wallace, 2004)
10/26/08	Forearm	Injection	(Stephens, 2008)
10/31/08	Forearm	Wound dressings	(Forsch, 2008)
10/24/08	Hernia	Surgery	(Neumayer, 2006)
10/24/08	Hernia	References	Formatting: PMID links
10/16/08	Knee	Venous thrombosis	(Bernardi, 2008)
10/16/08	Knee	Exercise	(Lange, 2008)
10/16/08	Knee	Anterior cruciate ligament (ACL) reconstruction	(Neuman, 2008)
10/16/08	Knee	Physical medicine treatment	(Neuman, 2008)
10/21/08	Knee	Glucosamine/ Chondroitin (for knee arthritis)	(Sawitzke, 2008)
10/24/08	Knee	Office visits	(Dixon, 2008) (Wallace, 2004)
10/24/08	Knee	References	Formatting: PMID links
10/26/08	Knee	Hyaluronic acid injections	(Spitzer, 2008)
10/26/08	Knee	Corticosteroid injections	(Stephens, 2008)

10/29/08	Knee	Massage therapy	(Bennell, 2005)
10/29/08	Knee	Physical medicine treatment	(Bennell, 2005) (Deyle, 2000) (Minns Lowe, 2007) (Morrissey, 2006)
10/26/08	Neck	Discography	(Cohen, 2005)
10/26/08	Neck	Traction	(Washington, 2002)
10/26/08	Neck	Facet joint radiofrequency neurotomy	Factors associated with failed treatment
Date	Chapter	Section	Change
10/08/08	Pain	Behavioral interventions	(Leichsenring, 2008)
10/09/08	Pain	Interferential current stimulation (ICS)	(Cheing, 2008)
10/13/08	Pain	Muscle relaxants (for pain)	Carisoprodol listing
10/13/08	Pain	Weaning of medications	Carisoprodol listing
10/21/08	Pain	Glucosamine (and Chondroitin Sulfate)	(Sawitzke, 2008)
10/21/08	Pain	Medical food	5-hydroxytryptophan: (De Benedittis, 1985)
10/21/08	Pain	Botulinum toxin (Botox®; Myobloc®)	Migraine headache (Blumenfeld, 2008) (Saper, 2007) (Naumann, 2008)
10/22/08	Pain	Anti-epilepsy drugs (AEDs) for pain	(P-Codrea Tigarán, 2005) (Lorberg, 2008)
10/22/08	Pain	Percutaneous electrical nerve stimulation (PENS)	(Weiner, 2008)
10/22/08	Pain	Methadone	Methadone should only be prescribed by providers experienced in using it. (Clinical Pharmacology, 2008)
10/28/08	Pain	Massage therapy	(Haraldsson, 2007)
10/28/08	Pain	Psychological evaluations	(Doleys, 2003) based upon a clinical
10/28/08	Pain	Botulinum toxin (Botox®; Myobloc®)	(Marciniak, 2008)
10/09/08	Shoulder	Acupuncture	(Cheing, 2008)
10/09/08	Shoulder	Surgery for rotator cuff repair	(Henn, 2008)
10/20/08	Shoulder	References	Formatting: PMID links
10/26/08	Shoulder	Steroid injections	(Stephens, 2008)
10/31/08	Shoulder	Ultrasound, diagnostic	(Miller, 2008)

REVISED INFORMATION

10/07/08	Back	Thermal intradiscal procedures (TIPs)	New xref
10/07/08	Back	TIPs (Thermal intradiscal procedures)	New xref

10/16/08	Back	Discography	Clarification: (remove blue) Discography is Not Recommended in ODG. Patient selection criteria for Discography if provider & payor agree to perform anyway.
10/16/08	Back	IDET (intradiscal electrothermal anuloplasty)	Clarification: (remove blue) IDET is Not Recommended in ODG. Patient selection criteria for IDET if provider & payor agree to perform anyway.
10/22/08	Back	Botulinum toxin (Botox®)	Recommended for chronic low back pain, if a favorable initial response predicts...
10/22/08	Back	Percutaneous electrical nerve stimulation (PENS)	Clarification: Not recommended as a primary treatment modality...

Date	Chapter	Section	Change
10/28/08	Back	Epidural steroid injection (ESI)	Clarification: (10) or trigger point injections
10/28/08	Back	Epidural steroid injection (ESI)	Clarification: (e.g., dermatomal distribution) but imaging studies are inconclusive.
10/28/08	Back	IDET (intradiscal electrothermal anuloplasty)	Clarification: at a single level
10/28/08	Back	Facet joint diagnostic blocks	Clarification: consistent with facet joint pain
10/28/08	Back	Epidural steroid injection (ESI)	Clarification: del. restoring range of motion
10/28/08	Back	Facet joint intra-articular injections (therapeutic blocks)	Clarification: initial pain relief of 70%
10/28/08	Back	Acupuncture	Clarification: This passive intervention
10/28/08	Back	Gym memberships	Clarification: unless a home exercise program
10/28/08	Back	Manipulation	Clarification: when there is evidence of
10/29/08	Back	Facet joint radiofrequency neurotomy	Clarification: 3 RCT with one suggesting pain benefit without functional gains

10/29/08	Back	Vacuum-assisted closure wound-healing	Clarification: Conflicting evidence (some literature for wounds though complications)
10/29/08	Back	Back brace, post operative (fusion)	Clarification: Conflicting evidence... (few studies though lack of harm and standard)
10/29/08	Back	Bone-growth stimulators (BGS)	Clarification: Conflicting evidence... (Some RCTs with efficacy for high risk cases)
10/29/08	Back	Interspinous decompression device (X-Stop®)	Clarification: Not recommended (absent long term studies, potential risks)
10/29/08	Back	Colchicine	Clarification: Not recommended (limited and conflicting literature)
10/29/08	Back	Electromagnetic pulsed therapy	Clarification: Not recommended (limited literature)
10/29/08	Back	Oral corticosteroids	Clarification: Not recommended (risk vs.
10/29/08	Back	Acupressure	Clarification: Not recommended due to the lack of sufficient literature evidence (1
10/29/08	Back	Adhesiolysis, percutaneous	Clarification: Not recommended... (risk vs. benefit, conflicting literature)
10/29/08	Back	Mattress selection	Clarification: Not recommended to use firmness as sole criteria
10/29/08	Back	Nerve conduction studies (NCS)	Clarification: portable nerve conduction devices
10/29/08	Back	Ergonomics interventions	Clarification: Some literature support in
10/07/08	Elbow	Coblation	New xref
Date	Chapter	Section	Change
10/07/08	Elbow	Microtenotomy	New xref
10/07/08	Elbow	Topaz procedure	New xref
10/31/08	Forearm	Laceration repair	New xref
10/31/08	Forearm	Skin laceration repair	New xref
10/31/08	Forearm	Physical/ Occupational therapy	Clarification: Carpal tunnel syndrome
10/26/08	Hip	Bursitis injections	New xref
10/26/08	Hip	Injections	New xref
10/21/08	Knee	Glucosamine/ Chondroitin (for knee arthritis)	Clarification: Recommendation: moderate
10/27/08	Knee	Work conditioning, work hardening	Clarification: And, as with all physical

10/29/08	Knee	Knee joint replacement	Clarification: 1. AND Visco
10/29/08	Knee	Knee joint replacement	Clarification: 2. AND Nighttime joint pain
10/29/08	Knee	Chondroplasty	Clarification: 4. Imaging Clinical Findings:
10/29/08	Knee	Static progressive stretch (SPS) therapy	Clarification: 4. Used as an adjunct to
10/29/08	Knee	BioniCare® knee device	Clarification: additional claims of tissue
10/29/08	Knee	Manipulation under anesthesia (MUA)	Clarification: by orthopedic surgeons, not
10/29/08	Knee	Meniscectomy	Clarification: Criteria: Suggest 2 symptoms and 2 signs (AT LEAST TWO)
10/29/08	Knee	Ultrasound fracture healing (bone-growth stimulators)	Clarification: Fresh Fractures: of the tibia
10/29/08	Knee	Ultrasound fracture healing (bone-growth stimulators)	Clarification: Nonunions: (4) immobilized;
10/29/08	Knee	Skilled nursing facility (SNF) care	Clarification: or speech therapists,
10/29/08	Knee	Acupuncture	Clarification: This passive intervention should be an adjunct to active rehab efforts.
10/26/08	Neck	Epidural steroid injection (ESI)	Clarification: (10) or trigger point injections
10/26/08	Neck	Facet joint diagnostic blocks	Clarification: 12. It is currently not recommended to perform facet blocks on the same day...
10/26/08	Neck	Facet joint therapeutic steroid injections	Clarification: Clinical presentation consistent with facet joint pain, signs &
10/26/08	Neck	Facet joint diagnostic blocks	Clarification: Clinical presentation consistent with facet joint pain, signs &
10/26/08	Neck	Epidural steroid injection (ESI)	Clarification: Criteria for the use of Epidural steroid injections, diagnostic
10/26/08	Neck	Epidural steroid injection (ESI)	Clarification: del. restoring range of motion
10/26/08	Neck	Facet joint therapeutic steroid injections	Clarification: initial pain relief of 70%
Date	Chapter	Section	Change
10/26/08	Neck	Continuous-flow cryotherapy	Clarification: Not recommended in the
10/26/08	Neck	Facet joint radiofrequency neurotomy	Clarification: Reorder 1 to 6
10/26/08	Neck	Facet joint therapeutic steroid injections	Clarification: Reorder 1 to 6

10/26/08	Neck	Discectomy-laminectomy-laminoplasty	Clarification: Reorder A-E
10/26/08	Neck	Epidural steroid injection (ESI)	Clarification: therapeutic
10/26/08	Neck	Acupuncture	Clarification: This passive intervention
10/29/08	Neck	Nerve conduction studies (NCS)	Clarification: portable nerve conduction devices
10/31/08	Neck	Massage	Clarification: Mechanical massage
10/08/08	Pain	Medical food	See Honey & cinnamon
10/09/08	Pain	Interferential current stimulation (ICS)	Clarification: Not recommended as an
10/13/08	Pain	Carisoprodol (Soma®)	Re-write: (AHFS, 2008) (Reeves, 1999) (Reeves, 2001) (Reeves, 2008) (Schears,
10/14/08	Pain	Buprenorphine	Re-write: (Kress, 2008) (Heit, 2008) (Johnson, 2005) (Helm, 2008) (Koppert, 2005) (Hans, 2007) (Pergolizzi, 2005) (Malinoff, 2005)
10/14/08	Pain	Insomnia treatment	Clarification: Pharmacological agents should only be used after careful evaluation
10/21/08	Pain	Botulinum toxin (Botox®; Myobloc®)	Recommended: chronic low back pain, if a favorable initial response predicts
10/21/08	Pain	Medical food	Clarification: 5-hydroxytryptophan: (AltMedDex, 2008) (Lexi-Comp, 2008)
10/21/08	Pain	Antidepressants for chronic pain	Clarification: Duloxetine: Used off-label for neuropathic pain and radiculopathy.
10/21/08	Pain	Percutaneous electrical nerve stimulation (PENS)	Clarification: long-term efficacy, Not recommended as a primary treatment
10/21/08	Pain	Antidepressants for chronic pain	Clarification: Radiculopathy: Antidepressants are an option, but...
10/21/08	Pain	Glucosamine (and Chondroitin Sulfate)	Clarification: Recommendation: moderate
10/21/08	Pain	Medical food	Clarification: Recommended as indicated
Date	Chapter	Section	Change

10/21/08	Pain	Nabilone	Clarification: Recommended for treatment
10/21/08	Pain	Antidepressants for chronic pain	Clarification: tricyclics may also be used for the treatment of fibromyalgia. (Goldenberg, 2007)
10/21/08	Pain	Anti-epilepsy drugs (AEDs) for pain	Preconception counseling is recommended for anticonvulsants (due to
10/21/08	Pain	Autonomic test battery	Recommended (Sandroni, 1998) (Wasner, 2002)
10/21/08	Pain	Cyclobenzaprine (Flexeril®)	Treatment should be brief. There is also a
10/22/08	Pain	Functional imaging of brain responses to pain	Clarification: Not recommended except in research settings.
10/22/08	Pain	Neuroreflexotherapy	Clarification: Not recommended in the U.S. until specifically trained and experienced
10/22/08	Pain	Milnacipran (Ixel®)	Clarification: shorten
10/22/08	Pain	Opioids, criteria for use	Clarification: 6b lack of significant
10/22/08	Pain	Epidural steroid injection (ESI)	Clarification: 9) not on the same day
10/22/08	Pain	CRPS, sympathetic and epidural blocks	Clarification: and medication use,
10/28/08	Pain	Epidural steroid injection (ESI)	Clarification: del. restoring range of motion
10/28/08	Pain	Spinal cord stimulators (SCS)	Clarification: Failed back syndrome...
10/28/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: for other upper or lower
10/28/08	Pain	Comorbid psychiatric disorders	Clarification: for patients with chronic
10/28/08	Pain	Functional restoration programs (FRPs)	Clarification: for selected patients...
10/28/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: i.e., decreased pain and
10/28/08	Pain	Interferential current stimulation (ICS)	Clarification: medications
10/28/08	Pain	Duragesic® (fentanyl transdermal system)	Clarification: not for use in routine
10/28/08	Pain	Fentanyl	Clarification: not for use in routine

10/28/08	Pain	Provigil® (modafinil)	Clarification: reducing the dose of opiates
Date	Chapter	Section	Change
10/28/08	Pain	Implantable drug-delivery systems (IDDSs)	Clarification: there are no
10/28/08	Pain	Acupuncture	Clarification: This passive intervention should be an adjunct to active rehab
10/28/08	Pain	Myofascial pain	Clarification: up to 33-50% of adults
10/28/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (1) Patient with a chronic
10/28/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (11) At the conclusion and
10/28/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (4) candidate for further diagnostics, injections or other invasive
10/29/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (5) and psychological
10/29/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (6) decrease opiate
10/29/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (8) The worker must be no
10/29/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (9) compliance and significant
10/29/08	Preface	Physical Therapy Guidelines	Clarification: Physical medicine

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Likewise, this update to the ODG is not a substitute for the Official Disability Guidelines.

**Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINES* UPDATES
Sep-08**

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NEW CHAPTERS, ENTRIES AND TOPICS

09/12/08	Ankle	Office visits	New topic
09/12/08	Forearm	Traction, arm (skeletal traction treatment)	New topic
09/12/08	Forearm	Paraffin wax baths	New entry
09/12/08	Forearm	Office visits	New topic
09/16/08	Hip	Venous thrombosis	New entry
09/16/08	Hip	Rivaroxaban	New entry
09/11/08	Knee	Office visits	New topic
09/23/08	Knee	Footwear, knee arthritis	New topic
09/16/08	Pain	Fentora® (fentanyl buccal tablet)	New entry
09/30/08	Pain	Lymph drainage therapy	New topic
09/30/08	Pain	Anxiety medications in chronic pain	New entry

Date	Chapter	Section	Change
NEW OR UPDATED REFERENCES			
09/02/08	Back	Spinal cord stimulation (SCS)	(NICE, 2008)
09/02/08	Back	Exercise	(Little, 2008)
09/02/08	Back	Education	(Little, 2008)
09/16/08	Back	Manipulation	(Jüni, 2008)
09/16/08	Back	Discectomy/ laminectomy	(Tosteson, 2008)
09/21/08	Back	Exercise	(Henchoz, 2008)
09/25/08	Back	Disc prosthesis	Recent research (Dettori, 2008) etc
09/25/08	Back	Disc prosthesis	(Resnick, 2007)
09/06/08	Elbow	Injections	(Lindhovius, 2008)
09/06/08	Forearm	Injection	(Peters-Veluthamaningal, 2008)
09/12/08	Forearm	Ultrasound (therapeutic)	(Robinson-Cochrane, 2002)
09/12/08	Forearm	Heat therapy	(Robinson-Cochrane, 2002)
09/06/08	Hip	Sacroiliac joint radiofrequency neurotomy	(Cohen, 2008)
09/16/08	Hip	Exercise	(Hernández-Molina, 2008)
09/16/08	Hip	Enoxaparin	(Eriksson, 2008)
09/11/08	Knee	Meniscectomy	(Kirkley, 2008)
09/12/08	Knee	Meniscectomy	(Englund, 2008)
09/23/08	Knee	Tai Chi	(Wang, 2008)
09/23/08	Knee	Meniscectomy	(Pujol, 2008)
09/23/08	Knee	Interferential current therapy (IFC)	(Burch, 2008)
09/08/08	Neck	Fusion, anterior cervical	(FDA MedWatch, 2008)
09/25/08	Neck	Disc prosthesis	Recent research (Dettori, 2008) etc now Under study
09/25/08	Neck	Disc prosthesis	(Resnick, 2007)
09/02/08	Pain	Spinal cord stimulators (SCS)	(NICE, 2008)
09/02/08	Pain	Exercise	(Little, 2008)
09/02/08	Pain	Education	(Little, 2008)
09/04/08	Pain	Glucosamine (and Chondroitin Sulfate)	(Reginster, 2001)
09/04/08	Pain	CRPS, sympathetic and epidural blocks	(Hord, 1992)
09/08/08	Pain	OxyContin® (oxycodone)	(FDA, 2008)
09/08/08	Pain	Duloxetine (Cymbalta®)	(FDA, 2008)
09/23/08	Pain	Interferential current stimulation (ICS)	(Burch, 2008)
09/23/08	Pain	Antidepressants for chronic pain	(Perrot, 2008)
09/29/08	Pain	Capsaicin, topical (chili pepper/ cayenne pepper)	(Altman, 1994)
09/29/08	Pain	Anti-epilepsy drugs (AEDs) for pain	(Backonja, 1998)

Date	Chapter	Section	Change
REVISED INFORMATION			
09/12/08	Ankle	Cam walker	New xref
09/02/08	Back	Plasma disc decompression	New Xref
09/02/08	Back	Inversion therapy	New Xref
09/02/08	Back	Gravity boots	New Xref
09/02/08	Back	Alexander technique	New Xref
09/11/08	Back	Office visits	Clarification: The need for a clinical office visit with a health care provider is individualized...
09/12/08	Back	Physical therapy (PT)	Clarification: Manual therapy (97140), and Therapeutic activities/exercises (97530)
09/23/08	Back	Radiography (x-rays)	Clarification: (a serious bodily injury)
09/23/08	Back	Physical therapy (PT)	Clarification: including assessment after a "six-visit clinical trial"
09/23/08	Back	Physical therapy (PT)	Clarification, fusion: after graft maturity
09/23/08	Back	Manipulation	Clarification: Active Treatment versus Passive Modalities
09/25/08	Back	Fear-avoidance beliefs questionnaire (FABQ)	The issue of fear-avoidance is a concept, and not just a measurable entity
09/06/08	Forearm	Corticosteroid injections	New xref
09/26/08	Back	Disc prosthesis	Current US treatment coverage recommendations
09/12/08	Forearm	Electrical stimulators (E-stim)	New xref
09/06/08	Hip	Radiofrequency neurotomy	New xref
09/16/08	Hip	Deep vein thrombosis (DVT)	New xref
09/21/08	Knee	Hylan	Merge 2 sections, add Blue criteria
09/21/08	Knee	Hyaluronic acid injections	Merge 2 sections, add Blue criteria
09/23/08	Knee	RS-4i sequential stimulator	New xref
09/23/08	Knee	Mobility shoe	New xref
09/30/08	Knee	Chondroplasty	Clarification: See Meniscectomy
09/23/08	Neck	Radiography (x-rays)	Clarification: (a serious bodily injury)
09/23/08	Neck	Physical therapy (PT)	visit clinical trial"

Date	Chapter	Section	Change
09/23/08	Neck	Physical therapy (PT)	Clarification, fusion: after graft maturity
09/23/08	Neck	Manipulation	Clarification: Active Treatment versus Passive
09/23/08	Neck	Magnetic resonance imaging (MRI)	Clarification: (sprain)
09/26/08	Neck	Disc prosthesis	Current US treatment coverage recommendations
09/02/08	Pain	Topical NSAIDs	New Xref
09/02/08	Pain	Topical analgesics	Clarification: indomethacin (Mason, 2004)
09/02/08	Pain	Rotta glucosamine sulfate	New Xref
09/02/08	Pain	Glucosamine (and Chondroitin Sulfate)	Clarification: glucosamine sulfate (GH) vs hydrochloride (GH)
09/02/08	Pain	Flector patch	New Xref
09/02/08	Pain	Dona™ glucosamine sulfate	New Xref
09/02/08	Pain	Alexander technique	New Xref
09/08/08	Pain	Tumor necrosis factor (TNF) modifiers	New Xref
09/10/08	Pain	Xanax® (Alprazolam)	New Xref
09/10/08	Pain	Alprazolam (Xanax®)	New Xref
09/21/08	Pain	SSRIs (selective serotonin reuptake inhibitors)	Clarification: remove primary
09/21/08	Pain	Pregabalin (Lyrica®)	Clarification: moved above
09/21/08	Pain	Manual therapy & manipulation	Clarification: Remove Mild (not chronic pain)
09/21/08	Pain	Manual therapy & manipulation	treatment)
09/21/08	Pain	Functional imaging of brain responses to pain	Clarification: delete chronic pain may harm the brain
09/21/08	Pain	Epidural steroid injections (ESIs)	Clarification: removed dupe (8)
09/21/08	Pain	Duloxetine (Cymbalta®)	Clarification: removed allowing
09/21/08	Pain	Duloxetine (Cymbalta®)	pregabalin (Lyrica®; Pfizer, Inc) was
09/21/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: remove MMI
09/21/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (Objective gains may be moving joints that are stiff from lack of use, despite increased subjective pain.)
09/21/08	Pain	Carisoprodol (Soma®)	Clarification: prefer cyclobenzaprine

09/21/08	Pain	Behavioral interventions	Clarification: reference ODG Psychotherapy Guidelines
Date	Chapter	Section	Change
09/21/08	Pain	Avinza® (morphine sulfate)	Clarification: acute or breakthrough pain
09/21/08	Pain	Acetaminophen (APAP)	Clarification: and chronic
09/23/08	Pain	Antidepressants for chronic pain	Duloxetine listing: FDA-approved for
09/24/08	Pain	Medications for acute pain (analgesics)	Clarification: acute exacerbations of chronic pain
09/24/08	Pain	Manual therapy & manipulation	Clarification: More information from the Low Back Chapter
09/24/08	Pain	Glucosamine (and Chondroitin Sulfate)	Clarification: for knee osteoarthritis
09/24/08	Pain	Boswellia Serrata Resin (Frankincense)	Clarification: for knee osteoarthritis
09/24/08	Pain	Boswellia Serrata Resin (Frankincense)	Clarification: a proprietary version
09/24/08	Pain	Acetaminophen (APAP)	Clarification: acute exacerbations of chronic pain
09/30/08	Pain	Medications for subacute & chronic pain	See also Insomnia treatment
09/30/08	Pain	Medications for subacute & chronic pain	See also Anxiety medications in chronic pain
09/30/08	Pain	Benzodiazepines	See also Insomnia treatment
09/30/08	Pain	Benzodiazepines	See also Anxiety medications in chronic pain
09/30/08	Pain	Anti-anxiety drugs	See Anxiety medications in chronic pain
09/25/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: Note: Patients may get worse
09/25/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: (if a goal of treatment is to prevent or avoid controversial or optional
09/09/08	Shoulder	Postoperative pain pump	Adverse: (Hansen, 2007) (Busfield, 2008)
09/25/08	Shoulder	Surgery for impingement syndrome	Clarification: 4. ADD shows positive evidence
09/25/08	Shoulder	Surgery for impingement syndrome	Clarification: 2. DEL (Tenderness over the greater tuberosity is common in acute cases.)

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Aug-08**

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NEW CHAPTERS, ENTRIES AND TOPICS

08/28/08	Back	Office visits	New topic
08/13/08	Formulary	Bisphosphonates - Alendronate (Fosamax®)	New entry
08/13/08	Pain	Bisphosphonates	New entry
08/13/08	Pain	Calcitonin	New entry
08/22/08	Pain	Biopsychosocial model of chronic pain	New topic/xref
08/22/08	Pain	Work conditioning, work hardening	New topic/xref

NEW OR UPDATED REFERENCES

08/26/08	Ankle	Hardware implant removal (fracture fixation)	(Hanson, 2008)
08/22/08	Back	Physical therapy (PT)	(Fritz, 2007)
08/13/08	Knee	Knee joint replacement	(Cushnaghan, 2008)
08/26/08	Knee	Knee joint replacement	(Huang, 2008)

Date	Chapter	Section	Change
08/13/08	Mental	Stress & heart-related interventions	(Boscarino, 2008)
08/28/08	Neck	Traction	(Graham, 2008)
08/13/08	Pain	CRPS, medications	(Manicourt, 2004) (Fosamax®) (Miacalcin®)
08/13/08	Pain	Muscle relaxants (for pain)	(See 2, 2008)
08/13/08	Pain	Boswellia Serrata Resin (Frankincense)	(Sengupta, 2008)
08/22/08	Pain	Physical therapy (PT)	(Fritz, 2007)
08/22/08	Pain	Ketamine	(Kvarnström, 2003-4)
08/22/08	Pain	Medications for subacute & chronic pain	(Not all recommended)
08/26/08	Pain	CRPS, diagnostic criteria	(Perez, 2007)
08/31/08	Pain	H-wave stimulation (HWT)	(Blum, 2008)

REVISED INFORMATION

08/26/08	Ankle	Deep vein thrombosis (DVT)	New xref
08/26/08	Ankle	Implant removal	New xref
08/26/08	Ankle	Pulmonary embolus	New xref
08/26/08	Ankle	Removal of orthopedic fixation devices (after fracture healing)	New xref
08/13/08	Back	Facet joint diagnostic blocks (injections)	Blocking two joints will require blocks of three nerves (clarity)
08/28/08	Back	Ultrasound, therapeutic	Clarification: Not recommended based on the medical evidence.
08/28/08	Back	Standing MRI	Clarification: Not recommended over conventional MRIs
08/28/08	Back	Physical therapy (PT)	Clarification: The most commonly used active treatment modality
08/23/08	Carpal Tunnel	Physical medicine treatment	New name for PT
08/23/08	Head	Physical medicine treatment	New name for PT
08/23/08	Hip	Physical medicine treatment	New name for PT
08/23/08	Knee	Physical medicine treatment	New name for PT
08/26/08	Knee	Deep vein thrombosis (DVT)	New xref
08/26/08	Knee	Pulmonary embolus	New xref
08/13/08	Pain	Alendronate (Fosamax®)	New xref
08/22/08	Pain	Trigger point injections	Del. with or without steroid
08/22/08	Pain	CRPS, treatment	May not meet APA standards
08/23/08	Pain	Chronic pain programs (functional restoration programs)	Add: & occupational
08/23/08	Pain	Interferential current stimulation (ICS)	Del. generally

Date	Chapter	Section	Change
08/23/08	Pain	Epidural steroid injections (ESIs)	Direct to Low back & Neck chapters
08/23/08	Pain	Manual therapy & manipulation	Injured workers with complicating factors
08/23/08	Pain	Psychological evaluations	MBHI has been superceded by the MBMD. Add BHI 2nd Ed.
08/23/08	Pain	Behavioral interventions	ODG cognitive behavioral therapy guidelines
08/23/08	Pain	Return to work	Refer to body part chapters
08/23/08	Pain	Exercise	Unless exercise is contraindicated
08/26/08	Pain	Acetaminophen	Clarification: (APAP)
08/26/08	Pain	Chronic pain programs (functional restoration programs)	Clarification: 2 weeks qualifier
08/26/08	Pain	Actiq® (fentanyl lollipop)	Clarification: Black Box
08/26/08	Pain	Substance abuse	Clarification: Cautionary red
08/26/08	Pain	Functional improvement measures	Clarification: Clarification: or maintenance
08/26/08	Pain	Oral morphine	Clarification: for persistent pain
08/26/08	Pain	Anti-epilepsy drugs (AEDs) for pain	Clarification: nociceptive pain (including somatic pain)
08/26/08	Pain	Education	Clarification: On-going
08/26/08	Pain	CRPS, medications	Clarification: recognized
08/26/08	Pain	Topical analgesics	Clarification: topical not include transdermal
08/26/08	Pain	Serotonin norepinephrine reuptake inhibitors (SNRIs)	New xref topic
08/29/08	Pain	Interferential current stimulation (ICS)	Clarification: as directed or applied by the physician or
08/29/08	Pain	Ziconotide (Prialt®)	Clarification: FDA indications
08/29/08	Pain	H-wave stimulation (HWT)	Clarification: may be a different device than US

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Jul-08**

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NEW CHAPTERS, ENTRIES AND TOPICS

07/31/08	Pain	Insomnia	New topic
07/31/08	Pain	Insomnia treatment	New topic
07/21/08	Pain	Opioids, specific drug list	New topic
07/14/08	Pain	Regional sympathetic blocks (stellate ganglion block, thoracic sympathetic block, & lumbar sympathetic block)	New topic
07/08/08	Pain	Aquatic therapy	New topic
07/07/08	Pain	Medical food	New topic
07/03/08	Pain	Cytokine DNA testing	New topic
07/03/08	Pain	Functional MRI	New topic
07/03/08	Pain	Topical analgesics, compounded	New topic

Date	Chapter	Section	Change
07/31/08	Formulary	Eszopicolone (Lunesta™)	New topic
07/31/08	Formulary	Ramelteon (Rozerem™)	New topic
07/31/08	Formulary	Zaleplon (Sonata®)	New topic
07/07/08	Back	Prostaglandin E1 (PGE1)	New topic (Nakanishi, 2008)

NEW OR UPDATED REFERENCES

07/10/08	Mental	Posttraumatic Stress Disorder (PTSD), definition	(American Psychiatric Association, 1994)
07/07/08	Shoulder	Exercises	(Andersen, 2008)
07/07/08	Neck	Cervical strengthening exercises	(Andersen, 2008)
07/07/08	Neck	Exercises	(Andersen, 2008)
07/21/08	Pain	Opioids	(Baumann, 2002) (Kumar, 2003)
07/29/08	Pain	Intrathecal drug delivery systems, medications	(Deer, 2007)
07/29/08	Pain	Topical analgesics	(Diaz, 2006) (Gammaitoni, 2000) (Gürol, 1996) (Hindsén, 2006) (Krummel, 2000) (Lynch, 2005) (Mason, 2004) (Scudds, 1995)
07/03/08	Pain	Neuromuscular electrical stimulation (NMES devices)	(Gaines, 2004)
07/03/08	Pain	Ketamine	(Goldberg2, 2005)
07/07/08	Back	Adjacent segment disease/degeneration (fusion)	(Ha, 2008)
07/10/08	Head	Concussion severity	(Hoge, 2008)
07/07/08	Pain	Interferential current stimulation (ICS)	(Humana, 2008)
07/14/08	Knee	Knee joint replacement	(Larsen, 2008)
07/14/08	Knee	Physical therapy	(Larsen, 2008)
07/14/08	Hip	Arthroplasty	(Larsen, 2008)
07/14/08	Hip	Physical therapy (PT)	(Larsen, 2008)
07/07/08	Knee	Continuous passive motion (CPM)	(Lenssen, 2008)
07/14/08	Knee	Anterior cruciate ligament (ACL) reconstruction	(Luber, 2008)
07/03/08	Pain	Testosterone replacement for hypogonadism (related to opioids)	(Nakazawa, 2006) (Page, 2005) (Rajagopal, 2004)
07/07/08	Back	Facet joint radiofrequency neurotomy	(Nath, 2008)
07/03/08	Pain	Intravenous regional sympathetic blocks (for RSD, nerve blocks)	(Ramamurthy2, 1995) (Jadad2, 1995)

REVISED INFORMATION			
Date	Chapter	Section	Change
07/03/08	Pain	Clonidine, intrathecal	Additional studies
07/14/08	Pain	CRPS, sympathetic and epidural blocks	Complete update
07/10/08	Formulary	Intro	Formulary is a closed formulary
07/31/08	Pain	Sedative hypnotics	New Xref
07/14/08	Pain	Bier's block	New Xref
07/08/08	Pain	Regional sympathetic blocks	New Xref
07/03/08	Pain	Catapres® (Clonidine)	New Xref
07/03/08	Pain	DNA testing	New Xref
07/03/08	Pain	Nerve blocks	New Xref
07/03/08	Pain	Physical medicine	New Xref
07/03/08	Pain	Transcutaneous electrotherapy	new Xref
07/07/08	Back	Percutaneous radiofrequency neurotomy	New Xref
07/07/08	Back	PGE1	New Xref
07/03/08	Pain	Complex regional pain syndrome (CRPS)	New Xref
07/14/08	Back	Gym memberships	Not medical treatment
07/03/08	Pain	Milnacipran (Ixel®)	Not recommended as it is not FDA approved....
07/03/08	Pain	Chronic pain programs, intensity	Recommend adjustment....
07/03/08	Pain	Chronic pain programs, opioids	Recommend....
07/03/08	Pain	Facet blocks	Recommend....Xref Back/Neck
07/03/08	Pain	Chronic pain programs, early intervention	Recommended depending....
07/14/08	Knee	Aquatic therapy	See Physical Therapy
07/14/08	Hip	Aquatic therapy	See Physical Therapy
07/14/08	Pain	Stellate ganglion block	Xref
07/14/08	Back	Aquatic therapy	See Physical Therapy
07/14/08	Pain	Sympathetically maintained pain (SMP)	Xref
07/03/08	Pain	Injection with anaesthetics and/or steroids	Xref only

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NEW CHAPTERS, ENTRIES AND TOPICS

06/30/08	Elbow	Surgery for ruptured biceps tendon (at the elbow)	New entry
06/17/08	Formulary	Codeine	New entry
06/17/08	Formulary	Meperidine (Demerol®)	New entry
06/17/08	Formulary	Modafinil (Provigil®)	New entry
06/17/08	Formulary	Propoxyphene (Darvon®)	New entry
06/17/08	Pain	Codeine	New entry
06/17/08	Pain	Meperidine (Demerol®)	New entry
06/17/08	Pain	Modafinil (Provigil®)	New entry
06/17/08	Pain	Propoxyphene (Darvon®)	New entry
06/30/08	Pain	NSAIDs, specific drug list & adverse effects	New entry

Date	Chapter	Section	Change
06/30/08	Stress	Posttraumatic Stress Disorder (PTSD), definition	New entry
06/24/08	Ankle	Hardware implant removal (fracture fixation)	New topic
06/24/08	Ankle	Open reduction internal fixation (ORIF)	New topic
06/24/08	Forearm	Hardware implant removal (fracture fixation)	New topic

NEW OR UPDATED REFERENCES

06/24/08	Pain	Stellate ganglion block	(Ackerman, 2006)
06/24/08	Pain	Acetaminophen	(ACOEM, 2008) (Manchikanti, 2008)
06/30/08	Forearm	Work conditioning, work hardening	(Karjalainen, 2003) (Schonstein-Cochrane, 2008) Criteria
06/30/08	Knee	Work conditioning, work hardening	(Karjalainen, 2003) (Schonstein-Cochrane, 2008) Criteria
06/30/08	Neck	Work conditioning, work hardening	(Karjalainen, 2003) (Schonstein-Cochrane, 2008) Criteria
06/30/08	Shoulder	Work conditioning, work hardening	(Karjalainen, 2003) (Schonstein-Cochrane, 2008) Criteria
06/30/08	Shoulder	Surgery for ruptured biceps tendon (at the shoulder)	(Mazzocca, 2008) (Chillemi, 2007)
06/24/08	Ankle	Extracorporeal shock wave therapy (ESWT)	(Rasmussen, 2008)
06/30/08	Back	Shoe insoles/shoe lifts	(Sahar-Cochrane, 2007)
06/30/08	Back	Work conditioning, work hardening	(Schonstein-Cochrane, 2008) Criteria
06/24/08	Pain	Duloxetine (Cymbalta®)	(Waknine, 2008)
06/24/08	Pain	Fibromyalgia syndrome (FMS)	(Waknine, 2008)
06/30/08	Pain	Cannabinoids	(Wilsey, 2008)
06/10/08	Back	Manipulation	Current research: (Lawrence, 2008) (Globe, 2008)
06/17/08	Pain	Intrathecal drug delivery systems, medications	Maximum concentrations (Deer, 2007)

REVISED INFORMATION

06/06/08	Preface	Physical Therapy Guidelines	4 modalities/procedural units per visit
06/24/08	Pain	CRPS, diagnostic criteria	Combination of criteria
06/30/08	Back	Physical therapy	Physical therapy provider
06/30/08	Forearm	Physical therapy	Physical therapy provider
06/30/08	Knee	Physical therapy	Physical therapy provider
06/30/08	Neck	Physical therapy	Physical therapy provider
06/30/08	Shoulder	Physical therapy	Physical therapy provider

Date	Chapter	Section	Change
06/30/08	Pain	H-wave stimulation (HWT)	Provider licensed to provide physical therapy
06/30/08	Pain	Interferential current stimulation (ICS)	Pprovider licensed to provide physical therapy
06/24/08	Ankle	Surgery	Xref
06/30/08	Back	Insoles	Xref
06/24/08	Forearm	Surgery	Xref
06/17/08	Pain	Darvon® (propoxyphene)	Xref
06/17/08	Pain	Demerol® (meperidine)	Xref
06/17/08	Pain	Provigil® (modafinil)	Xref
06/24/08	Pain	Dorsal column stimulators	Xref

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NEW CHAPTERS, ENTRIES AND TOPICS

05/28/08	Back	Mattress selection	New/replacement
05/28/08	Shoulder	Scapula fracture surgery	New, (Zlowodzki, 2006)
05/28/08	Shoulder	Clavicle fracture surgery	New, (Altamimi, 2008)
05/28/08	Shoulder	Surgery	New Xref
05/19/08	Mental	Treatment Planning	New intro
05/07/08	Knee	Aquatic therapy	New entry
05/06/08	Knee	Computerized muscle testing	New entry
05/06/08	Knee	Restless legs syndrome (RLS)	New entry
05/07/08	Hip	Aquatic therapy	New entry

Date	Chapter	Section	Change
05/06/08	Formulary	Dopamine agonists	New entry
05/06/08	Formulary	Mirapex®	New entry
05/06/08	Formulary	Pramipexole	New entry
05/06/08	Formulary	Requip®	New entry
05/06/08	Formulary	Ropinirole	New entry
05/06/08	Forearm	Computerized muscle testing	New entry
05/28/08	Forearm	Radius/ulna fracture surgery	New
05/28/08	Elbow	Humerus fracture surgery	New
05/28/08	Elbow	Open reduction internal fixation (ORIF)	New
05/28/08	Elbow	Surgery	New

NEW OR UPDATED REFERENCES

05/13/08	Pain	Interferential current stimulation (ICS)	(Washington, 2008)
05/13/08	Pain	Interferential current stimulation (ICS)	(United, 2007)
05/30/08	Pain	Chronic pain programs, early intervention	(Schultz, 2008)
05/12/08	Pain	Spinal cord stimulators (SCS)	(North, 2007)
05/07/08	Carpal Tunnel Syndrome	Treatment Planning	(Melhorn, 2008)
05/09/08	Carpal Tunnel Syndrome	Return to work	(Melhorn, 2005)
05/19/08	Carpal Tunnel Syndrome	Injections	(Marshall, 2007)
05/07/08	Carpal Tunnel Syndrome	Treatment Planning	(Lozano-Calderón, 2008)
05/12/08	Pain	CRPS, spinal cord stimulators (SCS)	(Kemler, 2008)
05/12/08	Pain	Spinal cord stimulators (SCS)	(Kemler, 2008)
05/12/08	Pain	CRPS, spinal cord stimulators (SCS)	(Kemler, 2004)
05/12/08	Pain	Spinal cord stimulators (SCS)	(Kemler, 2004)
05/28/08	Forearm	Physical/Occupational therapy	(ICD9 841)
05/13/08	Pain	Interferential current stimulation (ICS)	(Humana, 2007)
05/07/08	Neck	Computed tomography (CT)	(Haldeman, 2008)
05/07/08	Neck	Disc prosthesis	(Haldeman, 2008)
05/07/08	Neck	Discectomy-laminectomy-laminoplasty	(Haldeman, 2008)
05/07/08	Neck	Discography	(Haldeman, 2008)
05/07/08	Neck	Education (patient)	(Haldeman, 2008)
05/07/08	Neck	Epidural steroid injection (ESI)	(Haldeman, 2008)
05/07/08	Neck	Facet joint radiofrequency neurotomy	(Haldeman, 2008)
05/07/08	Neck	Manipulation	(Haldeman, 2008)

Date	Chapter	Section	Change
05/07/08	Neck	Radiography (x-rays)	(Haldeman, 2008)
05/07/08	Neck	Return to work	(Haldeman, 2008)
05/07/08	Neck	Treatment Planning	(Haldeman, 2008)
05/07/08	Neck	Work	(Haldeman, 2008)
05/06/08	Back	Manipulation under anesthesia (MUA)	(Dagenais, 2008)
05/19/08	Back	Botulinum toxin (Botox®)	(Chou, 2008)
05/19/08	Back	Discectomy/laminectomy	(Chou, 2008)
05/19/08	Back	Discography	(Chou, 2008)
05/19/08	Back	Epidural steroid injections (ESIs), therapeutic	(Chou, 2008)
05/19/08	Back	Facet joint radiofrequency neurotomy	(Chou, 2008)
05/19/08	Back	Fusion (spinal)	(Chou, 2008)
05/19/08	Back	IDET (intradiscal electrothermal anuloplasty)	(Chou, 2008)
05/19/08	Back	Prolotherapy (sclerotherapy)	(Chou, 2008)
05/19/08	Back	Spinal cord stimulation (SCS)	(Chou, 2008)
05/28/08	Back	Mattress firmness	(Bergholdt, 2008)
05/13/08	Pain	Interferential current stimulation (ICS)	(BC/BS_TN, 2008)
05/28/08	Back	Radiography (x-rays)	(Ash, 2008)
05/30/08	Back	Epidural steroid injections (ESIs), therapeutic	(11) "dangerous"
REVISED INFORMATION			
05/09/08	Carpal Tunnel Syndrome	Severity definitions	Refine
05/09/08	Carpal Tunnel Syndrome	Work	Refine
05/19/08	Pain	Chronic pain programs	part-day sessions
05/09/08	Carpal Tunnel Syndrome	Breaks (microbreaks)	Optional
05/29/08	Forearm	Codes for Automated Approval	ODG UR Advisor® ICD9 Codes Table
05/19/08	Mental	Treatment Planning	MDD treatment to PS
05/30/08	Mental	Treatment Planning	Major Depressive Disorder, diagnosis
05/06/08	Forearm	Physical/Occupational therapy	ICD9 886
05/28/08	Shoulder	Shoulder repair	Hyperlinks
05/07/08	Carpal Tunnel Syndrome	Treatment Planning	History/exam
05/19/08	Pain	Chronic pain programs	functional restoration programs
05/07/08	Carpal Tunnel Syndrome	Treatment Planning	First visit
05/07/08	Carpal Tunnel Syndrome	Treatment Planning	Electrodiagnostic Testing
05/09/08	Carpal Tunnel Syndrome	Hypalgesia (in the median nerve territory)	Durkan's test
05/06/08	Neck	Epidural steroid injection (ESI)	Criteria #10,#11

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NEW CHAPTERS, ENTRIES AND TOPICS

04/21/08	Head	Medication overuse headache	New
04/24/08	Back	Sequestrectomy	New entry
04/15/08	Formulary	Nabilone	New entry
04/15/08	Formulary	Ziconotide	New entry
04/21/08	Pain	Medication overuse headache	New entry
04/23/08	Pain	NSAIDs, hypertension and renal function	New entry
04/24/08	Shoulder	Iontophoresis	New entry

NEW OR UPDATED REFERENCES			
Date	Chapter	Section	Change
04/24/08	Back	Exercise	(Kraus, 1983)
04/07/08	Carpal	Diabetes (comorbidity)	(Makepeace, 2008)
04/24/08	Shoulder	Extracorporeal shock wave therapy (ESWT)	(Mouzopoulos, 2007)
04/07/08	Back	Topiramate (Topamax®)	(Muehlbacher, 2006)
04/07/08	Pain	Anti-epilepsy drugs (AEDs) for pain	(Muehlbacher, 2006)
04/24/08	Shoulder	Ultrasound, therapeutic	(Perron, 1997)
04/17/08	Back	Nonprescription medications	(Roelofs-Cochrane, 2008)
04/17/08	Pain	Nonprescription medications	(Roelofs-Cochrane, 2008)
04/17/08	Pain	NSAIDs (non-steroidal anti-inflammatory drugs)	(Roelofs-Cochrane, 2008)
04/17/08	Pain	Medications for acute pain (analgesics)	(Roelofs-Cochrane, 2008)
04/11/08	Knee	Knee brace	(Warden, 2008)
04/11/08	Pain	Interferential current stimulation (ICS)	(Zambito, 2006/2007)

REVISED INFORMATION			
04/11/08	Back	Physical therapy (PT)	Arthroplasty
04/23/08	Formulary	Methadone	Change
04/25/08	Formulary	Lidoderm	Change
04/21/08	Back	Epidural steroid injections (ESIs), therapeutic	Diagnostic vs. Therapeutic phase
04/21/08	Back	Facet joint diagnostic blocks (injections)	MBB procedure
04/15/08	Back	Stretching	McKenzie method link
04/15/08	Formulary	Drug class	No anesthesia
04/11/08	Back	Physical therapy (PT)	OK to concurrently work
04/11/08	Back	Work conditioning, work hardening	OK to concurrently work
04/07/08	Pain	H-wave stimulation (HWT)	Re-write
04/15/08	Pain	Medications for subacute & chronic pain	Rec upfront
04/21/08	Pain	Opioids for chronic pain	Reorganization
04/21/08	Pain	Opioids for neuropathic pain	Reorganization
04/21/08	Pain	Opioids for osteoarthritis	Reorganization

Date	Chapter	Section	Change
04/23/08	Pain	Acetaminophen	Reorganization
04/23/08	Pain	NSAIDs (non-steroidal anti-inflammatory drugs)	Reorganization
04/23/08	Pain	Methadone	Rewrite
04/23/08	Pain	NSAIDs, GI symptoms & cardiovascular risk	Rewrite
04/07/08	Back	Gabapentin (Neurontin®)	Synch with Pain
04/15/08	Back	Aerobic exercise	Walking link
04/11/08	Knee	Meniscal repair	Cross Reference
04/11/08	Pain	Horizontal therapy (HT)	Cross Reference
04/15/08	Pain	Implantable drug-delivery systems (IDDSs)	Cross Reference
04/21/08	Pain	Opioids for back pain	Cross Reference

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NEW CHAPTERS, ENTRIES AND TOPICS

03/10/08	Ankle	Venous thrombosis	New topic
03/04/08	Back	Bupivacaine (Marcaine)	New topic
03/04/08	Back	Iliac crest donor-site pain treatment	New topic
03/31/08	Back	Upright MRI	New topic
03/31/08	Back	Weight-bearing MRI	New topic
03/04/08	Hip	Osteotomy	New topic
03/04/08	Hip	TENS (transcutaneous electrical nerve stimulation)	New topic

Date	Chapter	Section	Change
03/04/08	Knee	Fusion (knee)	New topic
03/04/08	Knee	Walking aids	New topic
03/10/08	Knee	Venous thrombosis	New topic
03/04/08	Neck	Iliac crest donor-site pain treatment	New topic

NEW OR UPDATED REFERENCES

03/04/08	Knee	Osteochondral autograft transplant system (OATS)	(Marcacci, 2007)
03/04/08	Knee	Knee joint replacement	(Restrepo, 2007)
03/10/08	Back	Iliac crest donor-site pain treatment	(Singh, 2007)
03/31/08	Back	Standing MRI	(Skelly, 2007)
03/12/08	Knee	Anterior cruciate ligament (ACL) reconstruction	(Wulf, 2008)
03/04/08	Hip	Acetaminophen (paracetamol)	(Zhang, 2008)
03/04/08	Hip	Education	(Zhang, 2008)
03/04/08	Hip	Non-steroidal anti-inflammatory drugs (NSAIDs)	(Zhang, 2008)
03/04/08	Hip	Physical therapy	(Zhang, 2008)
03/04/08	Hip	Walking aids	(Zhang, 2008)
03/04/08	Knee	Acupuncture	(Zhang, 2008)
03/04/08	Knee	Corticosteroid injections	(Zhang, 2008)
03/04/08	Knee	Education	(Zhang, 2008)
03/04/08	Knee	Glucosamine/Chondroitin (for knee arthritis)	(Zhang, 2008)
03/04/08	Knee	Hyaluronic acid injections	(Zhang, 2008)
03/04/08	Knee	Insoles	(Zhang, 2008)
03/04/08	Knee	Knee brace	(Zhang, 2008)
03/04/08	Knee	Knee joint replacement	(Zhang, 2008)
03/04/08	Knee	Medications	(Zhang, 2008)
03/04/08	Knee	Osteotomy	(Zhang, 2008)
03/04/08	Knee	Physical therapy (PT)	(Zhang, 2008)
03/04/08	Knee	TENS (transcutaneous electrical nerve stimulation)	(Zhang, 2008)
03/04/08	Knee	Topical NSAIDs (for knee arthritis)	(Zhang, 2008)
03/04/08	Forearm	Vitamin C	(Zollinger, 2007)

REVISED INFORMATION

03/04/08	Hip	Physical therapy (PT)	ICD-9: 715
03/04/08	Knee	Work conditioning, work hardening	No PT Cross reference
03/04/08	Neck	Work conditioning	No PT Cross reference

Date	Chapter	Section	Change
03/18/08	Pain	Implantable drug-delivery systems (IDDSs)	Refills
03/18/08	Formulary	Muscle relaxants	Re-write
03/18/08	Pain	Muscle relaxants	Re-write
03/19/08	Formulary	Anti-epilepsy drugs (AEDs)	Update
03/19/08	Pain	Anti-epilepsy drugs (AEDs)	Update
03/04/08	Back	Surgery	Cross reference
03/04/08	Knee	Injections	Cross reference
03/04/08	Back	Fusion (spinal)	Cross reference
03/04/08	Neck	Fusion, anterior cervical	Cross reference

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**Texas Department of Insurance
Division of Workers' Compensation
TREATMENT GUIDELINE* UPDATE
February-08**

Changes and additions made to the ODG are arranged by the month and year that they occurred. Each spreadsheet is organized in the same manner to indicate: the date the change was made, the chapter in the treatment procedure summary where a change occurred, the section within the chapter where change occurred, and the type of change that was made.

Date	Chapter	Section	Change
Date the change was published in the on-line version of the ODG	Affected chapter in the ODG Treatment Procedure Summary	Categorized into three (3) areas: 1. New Chapters, new entries within existing chapters, and new topics within existing chapters; 2. New or updated literature references within a chapter; 3. Revisions to existing information with an existing chapter	Lists the type of change or update cited in the affected chapter.

NEW CHAPTERS, ENTRIES AND TOPICS

02/13/08	Formulary		New Chapter
02/22/08	Shoulder	Selected Tests of the Shoulder	New entry
02/22/08	Shoulder	History Findings and Associated Shoulder Disorders	New entry
02/20/08	Stress	Major depressive disorder (MDD)	New topic
02/20/08	Stress	Major depressive disorder, definition	New topic
02/20/08	Stress	Major depressive disorder, diagnosis	New topic
02/20/08	Stress	Major depressive disorder, initial treatment.	New topic
02/20/08	Stress	MDD treatment, mild presentations	New topic
02/20/08	Stress	MDD treatment, moderate presentations	New topic

Date	Chapter	Section	Change
02/20/08	Stress	MDD treatment, psychotic presentations	New topic
02/20/08	Stress	MDD treatment, severe presentations	New topic
02/22/08	Shoulder	Range of motion	New topic
02/28/08	Pain	Cesamet®	New topic
02/28/08	Pain	Dronabinol	New topic
02/28/08	Pain	Nabilone	New topic
02/13/08	Pain	Opioids, dosing	New topic
02/13/08	Pain	Buprenorphine	New topic
02/22/08	Hip	Zoledronic acid	New topic

NEW OR UPDATED REFERENCES

02/15/08	Back	Discectomy	(Dewing, 2008)
02/15/08	Back	Return to work	(Dewing, 2008)
02/15/08	Back	Education	(Engers-Cochrane, 2008)
02/14/08	Back	Colchicine	(FDA, 2008)
02/18/08	Pain	Zolpidem (Ambien®)	(Feinberg, 2008)
02/28/08	Forearm	Wound dressings	(Fernandez, 2008)
02/26/08	Pain	Opioids, dosing	(Fudin, 2008)
02/28/08	Head	Concussion severity	(Hoge, 2008)
02/28/08	Stress	Stress & depression	(Hoge, 2008)
02/26/08	Back	Lumbar extension exercise equipment	(Huntoon, 2008)
02/26/08	Back	Vertebroplasty	(Huntoon, 2008)
02/19/08	Back	DRX® (traction)	(Macario, 2008)
02/19/08	Back	Powered traction devices	(Macario, 2008)
02/28/08	Stress	Music (for relaxation/stress management)	(Maratos, 2008)
02/14/08	Back	Fusion	(Martin, 2008)
02/14/08	Back	Radiography	(Martin, 2008)
02/26/08	Pain	Spinal cord stimulators (SCS)	(North, 2008)
02/21/08	Back	Epidural steroid injections, "series of three"	(Novak, 2008)
02/21/08	Back	TENS (transcutaneous electrical nerve stimulation)	(Poitras, 2008)
02/21/08	Pain	TENS, chronic pain	(Poitras, 2008)
02/15/08	Pain	Acetaminophen	(Roelofs-Cochrane, 2008)
02/15/08	Back	NSAIDs	(Roelofs-Cochrane, 2008)
02/15/08	Pain	NSAIDs	(Roelofs-Cochrane, 2008)
02/22/08	Hip	Glucosamine (and Chondroitin Sulfate)	(Rozendaal, 2008)

Date	Chapter	Section	Change
02/18/08	Neck	Disc prosthesis	(Sasso, 2007)
02/13/08	Back	CT & CT Myelography	(Shekelle, 2008)
02/13/08	Back	MRI's	(Shekelle, 2008)
02/13/08	Back	Psychological screening	(Shekelle, 2008)
02/13/08	Back	Radiography (x-rays)	(Shekelle, 2008)
02/19/08	Ankle	Achilles tendon ruptures (treatment)	(Twaddle, 2007)
02/19/08	Ankle	Immobilization	(Twaddle, 2007)
02/19/08	Ankle	Physical therapy (PT)	(Twaddle, 2007)
02/18/08	Carpal	Ultrasound, diagnostic	(Visser, 2008)
02/26/08	Back	Discectomy/laminectomy	(Weinstein, 2008) (Katz, 2008)
02/26/08	Back	Laminectomy/laminotomy	(Weinstein, 2008) (Katz, 2008)

REVISED INFORMATION

02/14/08	Back	CAA	CPT 64483
02/14/08	Back	Work conditioning	No PT Cross reference
02/19/08	Shoulder	Work conditioning	No PT Cross reference
02/22/08	Hip	Work conditioning, work hardening	No PT Cross reference
02/28/08	Forearm	Work conditioning	No PT Cross reference
02/18/08	Carpal	Sonography	Cross reference
02/19/08	Shoulder	Scalenectomy	Cross reference
02/19/08	States	Wisconsin	Cross reference
02/14/08	Pain	Manipulation	Cross reference

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