

ECI LIBRARY MATTERS

July 2009



 **TEXAS**
Department of Assistive
and Rehabilitative Services
DARS Inquiries: 1-800-628-5115
DARS Website: www.dars.state.tx.us

ECI Library Matters is available electronically at:

<http://www.dars.state.tx.us/ecis/resources/librarymatters/>

Contact Information

Texas Dept. of State Health Services
Audiovisual Library

(512) 458-7260
Toll-free: 1-888-963-7111 ext. 7260
Fax: (512) 458-7474
E-mail: avlibrary@dshs.state.tx.us

Hours: Monday-Friday, 7:30-5:00

Physical Location:
1111 North Loop Blvd.
Austin, TX 78756

Mailing Address:
1100 W. 49th St.
P.O. Box 149347, MC 1975
Austin, TX 78714-9347

Library Web site:
<http://www.dshs.state.tx.us/avlib/default.shtm>

Library Catalog:
<http://www.texashealthlibrary.com>

Child Development and Parenting - Updated

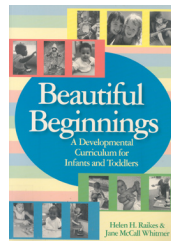
This month we are featuring library resources on child development and parenting.

Check out the new additions to the collection on page 11!

Child Development and Parenting - Books

NEW! **Baby Play: 100 Fun-Filled Activities to Maximize Your Baby's Potential.** 2001. (655.2 B115 2001 ECI).

Sharing play time with infants is one of the best ways to give them a great start in life. This book is full of simple activities that parents and babies can do together. The activities stimulate a baby's physical and social development.



NEW! **Beautiful Beginnings: A Developmental Curriculum for Infants and Toddlers.** Helen H. Raikes and Jane McCall Whitmer, 2006. (525 R151b 2006 ECI).

Developed by two research consultants for Early Head Start, this extensive curriculum takes a joyful activity-based approach to enhancing the development of infants and toddlers. This research-supported curriculum helps children progress in eight key areas: communication, gross motor, fine motor, intellectual, discovery, social, self-help, and pretend.

Becoming the Parent You Want to Be: A Sourcebook of Strategies for the First Five Years. Laura Davis, 1997. (555.5 D294 1997 ECI).

A sourcebook of strategies for the first five years, this book is based on nine principles that deal with issues of time, optimism, struggle, anger, competing needs, and learning. Sections deal with children's feelings, children's bodies, challenging behavior, social learning and play, and family relationships.

Behavior Guidance for Infants and Toddlers. Alice Sterling Honig, 1997. (262.2 H757 1997 ECI).

This book contains 32 short articles on a variety of situations dealing with infant and toddler behavior.

Caring for Your Baby and Young Child: Birth to Age 5. Steven P. Shelov, 2004. (525 Sh44 2004 ECI).

This book, which contains the medical and parenting information parents and caregivers need to know to answer their questions, gives advice on child rearing from preparing for childbirth to nurturing a child's self-esteem. Information on common childhood health concerns, as well as short descriptions of developmental disabilities, is also included.

Child Development and Parenting - Books (continued)

NEW! Child, Family and Community: Family-Centered Early Care and Education. Janet Gonzalez-Mena, 2008. (325 G643c 2009 ECI).

This book is about the socialization and education of young children in child rearing, caring, and educational contexts from birth to eight years of age. It puts working with families in early care and education settings in the spotlight as the central theme and includes practical advice in every chapter.

Como Educar a Tu Niño (Teach Your Child). Miriam Stoppard, 2001. (515 S883 2001 ECI).

This book in Spanish is a practical guide to help parents of babies and young children understand and develop their child's unique abilities.

NEW! The Complete Resource Book for Infants: Over 700 Experiences for Children from Birth to 18 Months. Pam Schiller, 2005. (525.2 S334c 2005 ECI).

This book features hundreds of activities that are perfect for infants from birth through 18 months. They maximize learning and development in the areas of language, physical, social-emotional, and cognitive growth.

NEW! The Developing Brain: Birth to Age Eight. Marilee Sprenger, 2008. (530 S768d 2008 ECI).

This book helps early childhood teachers, administrators and parents translate discoveries on early brain development into strategies that nurture cognitive growth. The author covers the basic structure, vocabulary and current research on the brain from an early childhood educator's point of view. The book contains many illustrations and descriptions. Reproducible developmental checklists and brain-based activities for the classroom or child care setting are also included.

NEW! Developmental Parenting: A Guide for Early Childhood Practitioners. Lori Roggman, 2008. (320.64 R733d 2008 ECI).

This book helps home visitors teach parents/caregivers how to guide their young children's development. Readers will learn supportive attitudes, positive behaviors and program content. Assessments are used to evaluate child progress and parenting behaviors. Home visitors will learn how to share clear, culturally sensitive information on child development with parents.

The Difficult Child. Stanley Turecki, 2000. (515 T934 2000 ECI).

In this book, the author utilizes his experience with thousands of families to offer compassionate, sound, sensible, and practical advice to parents of children with challenging behavior.

Discipline from Birth to Three: How Teen Parents Can Prevent and Deal with Discipline Problems with Babies and Toddlers. Jeanne Warren Lindsay, 2004. (271.7 L748d 2004 ECI).

This book describes for teenage parents how to discipline young children using teaching strategies rather than punishment. It offers the advice and comments of young parents themselves. Although aimed at teen parents, this book can be used by any parent.

¡Escucha, Mamá! Cómo Criar a un Niño sin Violencia: Un Manual para los Padres Adolescentes. Ruth Beaglehole, 1999. (271.5 B365 1999 ECI).

This is the Spanish language version of *Mama, Listen! Raising a Child without Violence: A Handbook for Teen Parents*. This book, written for teen parents, is a conversation between a toddler and mother, expressing what life is like from the toddler's point of view. This book shows loving and supportive ways to teach a child about eating, sharing, using the toilet and all other things toddlers need to learn.

NEW! The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated and Chronically Inflexible Children. Ross W. Greene, 2005. (515 G811e 2005 ECI).

Severe noncompliance, temper outbursts, verbal or physical aggression can leave parents feeling very frustrated and overwhelmed. This book helps parents gain confidence and knowledge to handle these situations. It helps parents understand the factors that contribute to a child's explosions. It helps reduce hostility and antagonism between the child and adults. It helps parents focus less on reward and punishment and more on communication and collaborative problem-solving. It helps the child develop skills to be more flexible and better handle the frustrations in life.

Child Development and Parenting - Books (continued)

Guiding Young Children's Behavior: Helpful Ideas for Parents and Teachers from 28 Early Childhood Experts. Betty Farber, 1999. (515 F219 1999 ECI).

This book provides parents and teachers practical step-by-step recommendations from the works of the nation's top authorities on child development.

The Happiest Baby on the Block. Harvey Karp, 2002. (555.5 K18 2002 ECI). This book by a pediatrician explains the reasons why infants cry and gives practical tips on how to calm your baby. An appendix lists red flags and red alerts - when you should call your doctor.

Heading Home with Your Newborn: From Birth to Reality. Laura A. Jana, 2005. (525.2 J33h 2005).

This comprehensive book includes information on everything a new parent needs to know from a newborn's appearance, health, feeding, and sleeping habits to changing, dressing, traveling, sickness and more.

Helicopters, Drill Sergeants, and Consultants: Parenting Styles and the Messages They Send. Jim Fay, 1994. (515 F282h 1994).

This entertaining book presents some practical and usable tools for parents and teachers that are adapted from formal psychological concepts. The author describes three parenting styles: hovering, the dictator, and allowing children to make mistakes and learn responsibility.

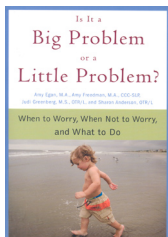
Infant and Toddler Development and Responsive Program Planning: A Relationship-Based Approach.

Donna Sasse Wittmer, 2006. (525 W832i 206 ECI).

This book is an introduction to infant and toddler development. Students will learn practical aspects of the relationship-based approach to child development.

The Irreducible Needs of Children: What Every Child Must Have to Grow, Learn, and Flourish. T. Berry Brazelton and Stanley I. Greenspan, 2000. (525 B827 2000 ECI).

This book defines the seven irreducible needs any child, in any society, must have in the first five years of life. This book, the result of decades of experience and caring by both authors, explains the importance of parents and other adults in the lives of young children.



NEW! Is It a Big Problem or a Little Problem?: When to Worry, When Not to Worry, and What to Do. Amy Egan, 2007. (525 I73 2007 ECI).

This book is a road map through the ups and downs of early childhood. Almost every child will have a hard day; not listening, throwing a tantrum, being mean or aggressive or excessively shy or withdrawn. This book helps parents decide if the hard days are the exception or the rule. It helps parents determine the size of the problem, how to manage problems on their own with practical tips and strategies and when to seek a professional evaluation.

I've Got What It Takes! Jim Fay, 1994. (540 F282i 1994).

This book describes how parents and teachers affect the self-concept and self-confidence of their children and students. It describes ways to parent and to teach that will enhance a child's self-confidence and enable the child to perform up to their natural ability.

Learning and Growing Together: Understanding and Supporting Your Child's Development. Claire Lerner and Amy Laura Dombro, 2000. (525 L616 2000 ECI).

This guide is for parents and others who have primary responsibility for raising a baby or toddler. The book provides information and tools to help build a strong foundation for a child's development.

NEW! Learning Games: The Abecedarian Curriculum. Joseph Sparling and Isabelle Lewis, 2006. (655.2 S736a 2006 ECI).

This curriculum provides instructions for fun activities to support and guide cognitive, social, emotional and physical development.

Child Development and Parenting - Books (continued)

Love and Logic Magic for Early Childhood: Practical Parenting from Birth to Six Years. Jim Fay and Charles Fay, 2000. (515 F282 2000 ECI).

This book uses simple and practical examples to show how to put love and logic principles into practice. Parents will learn how to guide their children into becoming confident, responsible adults.

Mama, Listen! Raising a Child without Violence: A Handbook for Teen Parents. Ruth Beaglehole, 1999. (271.5 B365m 1999 ECI).

This book, written for teen parents, is a conversation between a toddler and mother, expressing what life is like from the toddler's point of view. This book shows loving and supportive ways to teach a child about eating, sharing, using the toilet and all other things toddlers need to learn.

NEW! Mister Rogers' Plan & Play Book: Hundreds of Preschool Activities for Parents and Child Care Providers. Fred Rogers, 2002. (655.2 R725m 2002 ECI).

This book provides activities to go along with the themes presented in the television show, Mister Rogers' Neighborhood. The activities can also be used without watching the show. Song lyrics, an activities index, a topic index, and a theme index are all included.

The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep through the Night. Elizabeth Pantley, 2002. (515 P197n 2002 ECI).

This book explains your baby's sleep patterns and helps parents set realistic goals. It shows how to analyze, assess and improve your baby's sleep patterns and offers a variety of sleep solutions that fit every parenting style.

Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent. Meredith F. Small, 2003. (275 Sm18 ECI).

Scientists are finding that what we are taught about the right way to parent our children is often based on nothing more than cultural tradition, and may even run counter to a baby's biological needs. An anthropologist examines the way various cultures parent and explains what makes us bring up our children the way we do and what is actually best for them.

Parenting for Dummies, 2nd ed. Sandra Hardin Gookin and Dan Gookin, 2002. (555.5 G659 2002 ECI).

The authors give practical, wise parenting advice with helpful hints based on their personal experience raising four sons.

Parenting the Fussy Baby and High-Need Child: Everything You Need to Know from Birth to Age Five.

William Sears and Martha Sears, 1996. (555.5 Se17 1996 ECI).

This book provides guidance and support for parents of children who have high needs from birth for comfort, feeding, and touch. The authors cite both their own family experience and the stories of their patients and others. The authors recommend "attachment parenting", a high-touch, highly responsive way of caring for a baby that helps parents feel close to their babies and babies feel close to their parents.

Parenting to Make a Difference: Your One to Four Year Old Child. Brenda Hussey-Gardner, 2003. (555.5 H972 2003 ECI).

This book presents concise, comprehensive information on twelve key topics and many techniques to help parents and caregivers make a difference in their child's development.

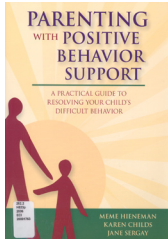
NEW! Parenting the Custodial Grandchild: Implications for Clinical Practice. Bert Hayslip, 2008. (271.53 P228 2008 ECI).

This book targets the essence of what occurs when grandparents parent their grandchildren. It discusses the nature of these interactions, with an emphasis on the clinical and applied aspects of this social issue.

Parenting with Love and Logic: Teaching Children Responsibility. Foster W. Cline, Jim Fay, and Tom Raabe, 1990. (540 C641 1990 ECI).

The love and logic approach to parenting helps parents raise children who are self-confident, motivated and ready for the real world. Children learn responsibility and the logic of life by solving their own problems. Parents win because they no longer have to resort to anger, threats, nagging or exhausting power struggles.

Child Development and Parenting - Books (continued)



NEW! Parenting with Positive Behavior Support: A Practical Guide to Resolving Your Child's Difficult Behavior. Meme Hieneman, 2006. (262.2 H633p 2006 ECI).

This guide brings positive behavior support techniques into the home. This creative problem-solving approach to challenging behavior will help parents identify behaviors of concern, understand the reasons behind the behaviors and effectively intervene. It uses three basic methods: preventing problems, replacing behavior and managing consequences.

Parenting Your Toddler: The Expert's Guide to the Tough and Tender Years. Patricia H. Shimm, 1995. (555.5 S556 1995 ECI).

This book offers help to parents on major issues like limit setting, first-child syndrome, toilet learning, taking a vacation without guilt, what to say when your two-year-old doesn't want you to leave for work, and many more everyday situations faced by families.

Positive Child Guidance. Darla Ferris Miller, 2000. (264.5 M647 ECI).

This book presents developmentally appropriate guidance strategies to assist young children toward becoming responsible, respectful, and productive community members.

Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit in, When to Worry and When Not to Worry. Perri Klass, 2003. (200.8 K63q 2003 ECI).

This book is for parents who are worried that their child is not developing the same as other children. It helps parents understand the various diagnoses that are possible. It also gives advice about the various stages of childhood and how to handle different situations such as school, family gatherings, and other possibly stressful events.

Right from Birth: Building Your Child's Foundation for Life Birth to Eighteen Months. Craig T. Ramey, 1999. (525.2 R172 1999 ECI).

This book explains how infants adapt, learn, and grow. They show parents how to apply the lessons learned from the latest research about early development in practical ways. Parents are provided with seven essential guiding principles to help their babies.

Rules for Parents: Simple Strategies that Help Little Kids Thrive and You Survive. Nan Silver, 2000. (555.5 S587 2000 ECI).

This book, based on research in early childhood, contains common sense strategies for giving children a strong start. The author recommends that parents use a mix of fondness and firmness to help children thrive.

NEW! Socioemotional Development in the Toddler Years: Transitions and Transformations. Celia Brownell and Claire Kopp, 2007. (540 B884s 2007 ECI).

This book examines the key social and emotional transitions that characterize the second and third years of life (toddlers). It illuminates the pathways by which children develop socioemotional competence, how specific abilities emerge, and the nature and significance of individual differences.

Take Good Care of Me: What Kids Think Every Grown-Up Needs to Know about Being a Parent. Kari Cimbalik, 1999. (555.5 C573 1999 ECI).

This book shares, through words and pictures, children's insights into what makes a good Mom or Dad.

Ten Most Common Mistakes Good Parents Make. Kevin Steede, 1998. (271.5 S813 1998 ECI).

This book explains how to develop effective parenting skills and become actively involved in the lives of your children. It teaches the hidden power of consistency, constructive discipline, open communication and a positive attitude.

Tickets to Success: Techniques to Lead Children to Responsible Decision-Making. Jim Fay, 1994. (515 F282t 1994).

This book uses entertaining stories to teach crucial parenting principles - the principles of shared control, shared decision-making, equal shares of consequences and empathy, and building good self-concepts in children. These principles lead to children who grow up to be responsible adults.

Child Development and Parenting - Books (continued)

NEW! Toddler Play: 100 Fun-Filled Activities to Maximize your Toddler's Potential. 2001. (655.2 T636 2001 ECI).

Fun-filled play is one of the most practical ways to ensure toddlers receive the best start in life. This book teaches parents how to teach their child by providing ideas and inspiration to enliven quality playtime. Each of the 100 activities will also provide children with the foundations for many of the skills they need in preschool.

Touchpoints: The Essential Reference: Your Child's Emotional and Behavioral Development. T. Berry Brazelton, 2006. (540 B827t 2006 ECI).

In this book, the author presents a map of behavioral and emotional development designed to help parents navigate the predictable spurts in development and the equally predictable issues they raise in families.

NEW! Twin Sense: A Sanity-Saving Guide to Raising Twins: From Pregnancy through the First Year. Dagmara Scalise, 2009. (515 S282t 2009 ECI).

There are always challenges with the arrival of a new baby but the parents of twins face different joys and frustrations. The author offers real-world advice on dealing with the many issues that arise when caring for newborn twins. It includes sections on baby-proofing, equipment, breast-feeding, getting through the night, bathing, traveling and more.

Usted Hace la Diferencia Para Su Hijo Pueda Aprender. Ayala Manolson, Barb Ward and Nancy Doddington, 1996. (530 M285sp 1996 ECI).

This is the Spanish version of *You Make the Difference in Helping Your Child Learn*. This book helps parents explore ways to help their child learn. With simple text and many illustrations, it shows parents ways to reach and stimulate their child.

What's Best for My Baby and Me?: A 3-Step Guide for Parents. Amy Laura Dombro, 2006. (271.5 L616 2006 ECI).

This concise book helps parents and caregivers find their own solutions to everyday parenting challenges by understanding their own style; understanding what their child is feeling and what his or her behavior means; and making decisions that help their children thrive.

NEW! Why Love Matters: How Affection Shape's a Baby's Brain. Sue Gerhardt, 2004. (540 G368w 2004 ECI).

This book explains why love is essential to brain development in the early years of life and how early interactions between babies and their parents have lasting and serious consequences.

The Wonder Years: Helping Your Baby and Young Child Successfully Negotiate the Major Developmental Milestones. Tanya Remer Altmann, 2006. (525 W872 2006 ECI).

This book describes the typical stages of development of children from birth through five years of age.

You Make the Difference in Helping Your Child Learn. Ayala Manolson, Barb Ward and Nancy Doddington, 1996. (530 M285y 1996 ECI).

This book helps parents explore ways to help their child learn. With simple text and many illustrations, it shows parents ways to reach and stimulate their child.

NEW! The Young Child: Development from Prebirth through Age Eight. Margaret B. Puckett, 2009. (525 Y69 2009 ECI).

The author examines the development of young children including their environment with the family, the school, community, and society. Major child development theories are discussed as they relate to every aspect of the young child's growth. The book covers physical, motor, social and emotional development of the child as he or she grows.

Your Baby's First Year. Steven P. Shelov, 2005. (525.2 S545 2005 ECI).

This book presents a comprehensive and accurate picture of infant care. It is full of advice and sound, reassuring answers to medical questions and parenting concerns.

Child Development and Parenting - Audiovisuals

NEW! Babies and Young Children with Each Other. 28 min. 2000. (DD0103).

This DVD explores the development of social contacts of babies and young children from the ages of four months to two and a half years. Observed in the “naturalistic” setting of the Loczy home residence in Budapest, children go through three overlapping periods of development. In the first period, the child discovers that “others” are not just objects, but are actually living beings. In the second period, the child discovers that “others” are actually people. In the third period, after taking part in common activities, the child begins to experience the first feelings of friendship with other children and finds pleasure in their company.

NEW! Baby’s Attention during Play. 28 min. 1990. (DD0104).

This DVD explores the phenomenon that infants who have had a harmonious relationship with those around them seem more able to find pleasure in autonomous and independent activities. The infants in this program range in ages from 9 to 12 months.



NEW! Child’s Play: How Having Fun Turns Kids into Adults. 23 min. 2003. (DD0105).

Play is how children try out roles and test limits, how they develop basic physical and mental skills. Play is fun and free, yet also a dress rehearsal for adulthood. In this DVD, viewers see that play is the engine that drives child development.

NEW! The Developing Child Infancy: Early Relationships. 19 min. 2003. (DD0102).

In this module, early bonding and the signs of unfolding attachment between parent and child are presented. In the comparison of secure and insecure attachment, the impact of different influences are highlighted. From the perspective of attachment, the DVD examines development of stranger anxiety and separation anxiety. To insure strong relationships are present when child care is needed, three qualities of infant care are stressed. This program explores today’s most current thinking on the impact of attachment relationships.

NEW! The Developing Child Infancy: Emotional and Social World. 15 min. 2003. (DD0101).

In this DVD, the early interactions between parents and children are likened to a dance with carefully orchestrated interactions on both sides. At first the relationship includes parents only, but by six months infants can include siblings and other constant adult caregivers. Differing cultural belief systems have an impact on the family and subsequently on the development of children.

NEW IN DVD! The Developing Child: Observation. 29 min. 2004. (DD0232).

Using the four areas of development: physical, cognitive, language and social-emotional, the viewer is guided through several sequences of naturalistic observation of infants, toddlers, and preschoolers. From the ongoing assessment of children, educators link the planning for student learning to what they know about the child’s accomplishments, interests, strengths and areas to achieve.

Discipline from Birth to Three Volumes 1-4. 58 min. 2001. (DD0008-DD0011).

This series features teen parents sharing techniques for teaching babies and toddlers. These DVDs help teen parents understand that strategies, not punishment, create well-behaved children. Topics covered include how to calm a crying baby, positive discipline strategies, dealing with temper tantrums and strategies for toilet teaching.

Disciplina: Enseñando Límites con Amor. 30 min. 1999. (DD0028).

This DVD is the Spanish language version of *Discipline: Teaching Limits with Love*.

Discipline: Teaching Limits with Love. 27 min. 1999. (DD0027).

In this DVD, Dr. T. Berry Brazelton, pediatrician, shows parents that discipline is teaching and not punishment. It is a loving way to teach a child how to control his or her own behavior. He gives parents tips for creating routines for children at each age level and demonstrates how to set limits for children and what’s appropriate at different ages.

NEW IN DVD! ECI Teleconference: Child Unfolding within the Family. 120 min. 2006. (DD0181).

This presentation made by Sally Hamilton on April 26, 2006 covers how different theories of child development apply to ECI. She also explains the different stages of development for a baby. The first stage is about becoming attentive and interested in the world. The second stage is about the parent and child falling in love.

Child Development and Parenting - Audiovisuals (continued)

NEW IN DVD! ECI Teleconference: Child Unfolding within the Family - Child Development 6-12 Months. 113 min. 2006. (DD0236).

This presentation made by Sally Hamilton on June 28, 2006 covers how a baby typically develops between 6 and 12 months. The third stage of development is about becoming an intentional two way communicator. The fourth stage is about learning to interact to solve problems and discover a sense of self. This title is also available in video as VT0627.

NEW IN DVD! ECI Teleconference: Gross Motor Development and Handling. 120 min. 1999. (DD0240). Pat Ferl discusses gross motor development in infants and its importance in all humans.

NEW! Early Socialization from Age 2 to Age 5. 29 min. 2002. (DD0133).

This DVD follows the social development of two young children, Max and Ellie, from the ages of two to five. Examples of multiple attachment, language development, imitation and identification, cooperative play, self-awareness, gender identification, and social conformity are captured on film and clearly identified with onscreen labels as the children broaden their awareness of the world through interactions with each other, family members, and peers.

Essentials of Discipline Toddler and Preschool Years. 28 min. 2000. (DV0319).

Tantrums, poor manners, whining, and refusing to share are all typical behaviors in young children. These typical behaviors can test the patience of any caregiver or parent. This DVD shows how to use positive techniques and problem-solving to guide youngsters into better behavior.

NEW! First Year Milestones: A Monthly Guide to Your Baby's Growth vol. 1: Birth to 6 Months. 25 min. 2006. (DD0128).

This DVD demonstrates the physical, emotional, and linguistic milestones of the first six months. It includes corresponding brain development and safety information throughout. Viewers will watch the progression of eight babies reaching many milestones. Parent comments, fun activities, and signs of possible developmental delays complete this program.

NEW! First Year Milestones: A Monthly Guide to Your Baby's Growth vol. 2: 7 Months to 12 Months. 25 min. 2006. (DD0129).

This DVD demonstrates the physical, emotional, and linguistic milestones of months seven through twelve. It includes corresponding brain development and safety information throughout. Viewers will watch the progression of eight babies reaching many milestones. Parent comments, fun activities, and signs of possible developmental delays complete this program.

The First Years Last Forever. 30 min. 2000. (DD0026).

This DVD, hosted by Rob Reiner, is designed to help new parents and caregivers understand research regarding brain development and the vital importance of their relationship with the infant during the critical first years of life.

The Five Essentials of Successful Parenting. 69 min. 2003. (DV0072).

This DVD focuses on birth to age 5 with easy to follow techniques that nurture parent-child relationships. Parents are urged to become powerful role models for their children through compassion, consistency and understanding. The chapters are love and stability; time together; inspire and challenge; positive discipline; safety and health.

NEW in DVD! Growing with Love: Creciendo con Amor. 29 min. 2002. (DD0237).

This program, which is presented in English first and then repeated in Spanish, is a parenting guide covering pregnancy, newborns, infants, and toddlers. From eating right when pregnant to teaching their toddlers to use the potty, new moms and dads will learn the basics for raising a happy and healthy child.

NEW! Identifying Developmental Delays. 80 min. 2002. (DD0225).

This DVD illustrates developmental milestones for children ages birth to five. It presents real-life demonstrations of a wide range of developmental delays in young children. It helps child care providers share their findings with parents by explaining the many emotional reactions parents may experience when they hear that their child needs to be further evaluated by a pediatrician.

Child Development and Parenting - Audiovisuals (continued)

NEW! Landmarks of Development. 22 min. 2003. (DD0259).

This DVD addresses the major milestones in locomotion and fine motor skills that are realized in the child's first year. A child's development is influenced by the variables of nutrition, healthcare, opportunities for practice, and cultural patterns. Basic processes of eating and sleeping advance and become regulated in the first year. Babies begin taking in solid food, feeding themselves at times, and making their own choices obvious.

NEW! Mastering the Tasks of Toddlerhood. 24 min. 1990. (DD0118).

Mastery experiences, oral language development and emotional growth are among the topics handled in this DVD that reflects the charm and liveliness of this stage of life.

Newborn Care. 34 min. 2006. (DV0316).

This DVD covers newborn senses and brain development; crying and comfort techniques; information on colic and Shaken Baby Syndrome; eating, hunger cues, breastfeeding, and formula feeding. Viewers will learn about newborn sleeping including new SIDS recommendations; diapering and cleaning, cord and circumcision care. They will also learn about infant health and safety, signs of sickness, dehydration, jaundice, and car seat and home safety. Post partum information for new mothers is also included.

Newborn Care (Spanish). 34 min. 2006. (DV0317).

This DVD is the Spanish language version of *Newborn Care*.

News about Newborns. 22 min. 2000. (DV0120).

This DVD illustrates key aspects of newborn behavior and development. It discusses newborn sleep patterns and infant temperament and provides soothing strategies.

NEW! Parenting Doesn't Have to Be Rocket Science. 110 min. 2001. (DD0140).

Dr. Foster Cline uses humor to explain the basic principles of the Love and Logic parenting philosophy. Dr. Cline provides viewers with tools and techniques to become more helpful, loving and effective while raising children who are respectful, responsible and fun to be around.

Ready to Learn. 30 min. 2005. (DD0031).

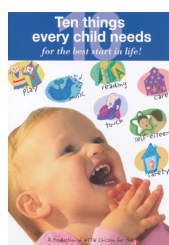
This DVD, hosted by Jamie Lee Curtis and LeVar Burton, provides helpful information about: the importance of communicating with a newborn; establishing reading routines; materials that prepare children for reading and writing; activities to spark a child's interest in learning; the importance of quality child care; and incorporating literacy into everyday activities.

NEW! Safe from the Start. 30 min. 2005. (DD0037).

In this DVD, part of the *I Am Your Child* series, Gloria Estefan show parents and caregivers how to keep children safe from accidental injuries. It includes information on automobile child safety seats, toy and gun safety, and provides practical advice to keep children safe both inside and outside the home.

NEW! Safety Starts at Home. 40 min. 2003. (DV0318).

This DVD has the following chapters: fire safety; burn hazards; choking, suffocation and strangulation hazards; the safe baby; preventing falls; drowning prevention; poison patrol; hazards in the air; and preparing for emergencies.



Ten Things Every Child Needs. 60 min. 1997. (DD0153).

This video explains how our earliest interactions with children influence brain development. It offers a simple, ten-point checklist that parents, teachers, family child care providers and babysitters can follow to give children the best start in life. It explains that ten simple things have been shown to help children's brains develop: interaction, loving touch, stable relationships, safe healthy environments, self-esteem, quality child care, play, communication, music, and reading.

Child Development and Parenting - Audiovisuals (continued)

NEW! Toddlers: Cognitive Development. 26 min. 2009. (DD0261).

Everyday a toddler's mind is filled with new information. Their vocabulary expands as they correctly name people and objects. They try out and learn from cause and effect experiments. This DVD examines how brain cells are structured to connect and retain what a child learns. It explores theories of cognitive development and shows the process toddlers go through as they learn language. Observe toddlers as they engage in activities that foster memory and the retrieval of information.

NEW! Toddlers: Physical Development. 29 min. 2009. (DD0262).

Viewers of this DVD will learn about the physical characteristics of toddlers, and how gross and fine motor skills are developed. They will see the milestones children achieve at this age by observing toddlers learning centers and at home. Hear from the experts about nutrition, sleep, toilet training, and developmental differences among toddlers.

NEW! Toddlers: Social and Emotional Development. 28 min. 2009. (DD0260).

Viewers of this DVD learn about the theory of the mind and how toddlers come to understand how their actions can affect others. This program examines how gender and temperament play a role in development. Viewers observe toddlers interacting with family and peers as they develop attachments and social bonds.

Touchpoints. 123 min. 1991. (DD0154).

According to host Dr. T. Berry Brazelton, touchpoints are times in a child's development that precede a rapid burst in learning for both the parent and the child, critical to future development. Brazelton covers the touchpoints of pregnancy to the toddler years. He explains delivery, newborn assessment, attachment, cognitive and motor development, feeding and sleep. He touches on behavioral challenges such as negativism, tantrums, teasing, sibling rivalry. Discipline and toilet learning are also explored in this DVD.

Your Healthy Baby. 30 min. 2005. (DD0033).

This DVD is hosted by Phylicia Rashad. It focuses on children's health and nutrition with discussions of children's changing health needs as they grow. It provides useful information on prenatal care, breastfeeding, visiting the pediatrician, and exercise. This program is part of the *I am Your Child* series.

Child Development and Parenting - Multimedia

Toddlers and Pre-schoolers: Love and Logic Parenting for Early Childhood. (CA0005).

In this audio book on CD, internationally recognized parenting experts Jim Fay and Foster Cline offer advice on how to beat the "terrible twos" and overcome the frustrations of dealing with "precocious pre-schoolers". They explain the love and logic approach of working effectively with children ages six months to five years.

Child Development and Parenting - Selected Websites

Texas Parent to Parent provides support and information for families of children with disabilities, chronic illness and other special needs: <http://www.txp2p.org/>

MedlinePlus Child Development and Parenting Links:

<http://www.nlm.nih.gov/medlineplus/infantandtoddlerdevelopment.html>

<http://www.nlm.nih.gov/medlineplus/childdevelopment.html>

<http://www.nlm.nih.gov/medlineplus/parenting.html>

MedlinePlus, created by the National Library of Medicine, provides links to extensive full-text information from the National Institutes of Health and other trusted sources.

American Academy of Pediatrics has a corner of their website just for parents.

See <http://www.aap.org/parents.html>

American Academy of Child and Adolescent Psychiatry, Facts for Families: <http://www.aacap.org/> Click on "Resources for Families," then on "Facts for Families" to search for concise and up-to-date information on mental health issues that affect children, teenagers, and their families, such as bullying, depression, anxiety, normal development, etc.

Children's Disabilities Information: Contains articles and resources empowering parents of children with disabilities and special needs. <http://www.childrensdisabilities.info/index.html>

The Federal Interagency Forum on Child and Family Statistics: Offers reports such as *America's Children in Brief: Key National Indicators of Well-Being*. <http://www.childstats.gov/>

General parenting resources from the National Child Care Information and Technical Assistance Center may be found at <http://nccic.acf.hhs.gov/categories/index.cfm?categoryid=6> . For information specifically for parents of children with special needs, go to <http://nccic.acf.hhs.gov/poptopics/specialneeds.html>

NAEYC (National Association for the Education of Young Children): Parents and families are young children's first teachers. Whether you're looking for a quality child care program, preschool, or school for your child, or you're interested in activities you can do at home to encourage your child's development, NAEYC can help! <http://www.naeyc.org/families/>

See also ECI's list of related sites for many more great websites on child development and parenting: <http://www.dars.state.tx.us/ecis/resources/links.shtml>

New Additions - Books

Cerebral Palsy: A Complete Guide for Caregiving, 2nd ed. Freeman Miller and Steven J. Bachrach, 2006. (203.21 M647c 2006 ECI)

This book is aimed at family members and health care professionals and addresses the complexities and uncertainties of cerebral palsy. It provides information about issues that usually reflect the chronological age of the child.



Developing Early Literacy: Report of the National Early Literacy Panel. National Center for Family Literacy, 2008. (659.1 D489 2008 ECI)

The goal of the National Early Literacy Panel was to identify interventions, parenting activities, and instructional practices that promote the development of children's early literacy skills. This report represents a systematic and extensive synthesis of the published research literature concerning children's early literacy skills. It is a scientific synthesis of early literacy development and implications for intervention.

Featured Journal Articles

Creating a healthier future through early interventions for children. Mercy JA, Saul J. *JAMA*. 2009 Jun 3;301(21):2262-4.

The article reflects upon the idea that early childhood experiences have an effect on a person's adult health and that intervention during childhood is more effective than treating health problems in later life. The authors explore the effects of programs and policies that expose children to safe and stable relationships and environments. Early intervention programs such as parent education programs, the Nurse-Family Partnership and the Triple P-Positive Parenting Program are also discussed.

Early childhood health promotion and its life course health consequences. Guyer B, Ma S, Grason H, Frick KD, Perry DF, Sharkey A, McIntosh J. *Acad Pediatr*. 2009 May-Jun;9(3):142-149

OBJECTIVE: To explore whether health promotion efforts targeted at preschool-age children can improve health across the life span and improve future economic returns to society. **METHODS:** We selected 4 health topics to review-tobacco exposure, unintentional injury, obesity, and mental health-because they are clinically and epidemiologically significant, and represent the complex nature of health problems in this early period of life. The peer-reviewed literature was searched to assess the level of evidence for short- and long-term health impacts of health promotion and disease prevention interventions for children from before birth to age 5. This review sought to document the monetary burden of poor child health, the cost implications of preventing and treating child health problems, and the net benefit of the interventions. **RESULTS:** The evidence is compelling that these 4 topics-tobacco exposure, unintentional injury, obesity, and mental health-constitute a significant burden on the health of children and are the early antecedents of significant health problems across the life span. The evidence for the cost consequences of these problems is strong, although more uneven than the epidemiological data. The available evidence for the effectiveness of interventions in this age group was strongest in the case of preventing tobacco exposure and injuries, was limited to smaller-scale clinical interventions in the case of mental health, and was least available for efforts to prevent obesity among preschoolers. **CONCLUSIONS:** Currently available research justifies the implementation of health interventions in the prenatal to preschool period-especially to reduce tobacco exposure and prevent injuries. There is an urgent need for carefully targeted, rigorous research to examine the longitudinal causal relationships and provide stronger economic data to help policy makers make the case that the entire society will benefit from wise investment in improving the health of preschool-age children and their families.

Sustained effect of early physical activity on body fat mass in older children. Janz KF, et al. *Am J Prev Med*. 2009 Jul;37(1):35-40.

BACKGROUND: Physical activity is assumed to reduce excessive fatness in children. This study examined whether the benefits of early childhood moderate-to-vigorous physical activity (MVPA) on fatness are sustained throughout childhood. **METHODS:** MVPA minutes per day (min/d) and fat mass (kilograms; kg) were measured using accelerometry and dual-energy x-ray absorptiometry in 333 children aged 5, 8, and 11 years who were participating in the Iowa Bone Development Study. Mixed regression models were used to test whether MVPA at age 5 years had an effect on fat mass at age 8 years and age 11 years, after adjustment for concurrent height, weight, age, maturity, and MVPA. The analysis was repeated to control for fat mass at age 5 years. Using mixed-model least-squares means, adjusted means of fat mass at age 8 years and age 11 years were compared between the highest and lowest quartiles of MVPA at age 5 years. Data were collected between 1998 and 2006 and analyzed in 2008. **RESULTS:** For boys and girls, MVPA at age 5 years was a predictor of adjusted fat mass at age 8 years and age 11 years ($p < 0.05$). In girls, the effect of MVPA at age 5 years was not significant when fat mass at age 5 years was included. Boys and girls in the highest quartile of MVPA at age 5 years had a lower fat mass at age 8 years and age 11 years than children in the lowest MVPA quartile at age 5 years ($p < 0.05$; mean difference 0.85 kg at age 8 years and 1.55 kg at age 11 years). **CONCLUSIONS:** Some effects of early-childhood MVPA on fatness appear to persist throughout childhood. Results indicate the potential importance of increasing MVPA in young children as a strategy to reduce later fat gains.

Featured Electronic Book

Depression in Parents, Parenting, and Children: Opportunities to Improve Identification, Treatment, and Prevention by Mary Jane England and Leslie J. Sim, Editors; Committee on Depression, Parenting Practices, and the Healthy Development of Children; National Research Council; Institute of Medicine.

Depression is a widespread condition affecting approximately 7.5 million parents in the U.S. each year and may be putting at least 15 million children at risk for adverse health outcomes. Based on evidentiary studies, major depression in either parent can interfere with parenting quality and increase the risk of children developing mental, behavioral and social problems. Depression in Parents, Parenting, and Children highlights disparities in the prevalence, identification, treatment, and prevention of parental depression among different sociodemographic populations. It also outlines strategies for effective intervention and identifies the need for a more interdisciplinary approach that takes biological, psychological, behavioral, interpersonal, and social contexts into consideration.

A major challenge to the effective management of parental depression is developing a treatment and prevention strategy that can be introduced within a two-generation framework, conducive for parents and their children. Thus far, both the federal and state response to the problem has been fragmented, poorly funded, and lacking proper oversight. This study examines options for widespread implementation of best practices as well as strategies that can be effective in diverse service settings for diverse populations of children and their families. The delivery of adequate screening and successful detection and treatment of a depressive illness and prevention of its effects on parenting and the health of children is a formidable challenge to modern health care systems. This study offers seven solid recommendations designed to increase awareness about and remove barriers to care for both the depressed adult and prevention of effects in the child. To read each chapter, go to the following and scroll down:

http://books.nap.edu/catalog.php?record_id=12565&utm_medium=email&utm_source=National%20Academies%20Press&utm_campaign=NAP+mail+new+06.16.09&utm_content=Downloader&utm_term

Early CHILDHOOD Report

Children With Special Needs & Their Families

VOLUME 20, ISSUE 7

JULY 2009

LEGAL SPOTLIGHT

YOU BE THE JUDGE

Does IEP's call for autism program require special placement? **Page 2**

WASHINGTON WATCH

Ten states show improvement on Part C programs for school year 2007-08; nebulizer services covered by Part C if tied to other early intervention. **Page 3**

DECISIONS & GUIDANCE

Read recent judicial rulings and SEA decisions. **Pages 10-12**

Quick Tip

It is critical to explain to parents your district's legal obligations and define what FAPE means during their child's transition from IDEA Part C to Part B services.

Specifically, clarify to families the IDEA's "some" educational benefit standard by discussing how your program aims to provide meaningful and appropriate services.

Get more tips to avoid conflicts with parents in this area. **See page 5.** ■

COVER STORY

OSEP to change how states gather, report your program's Part C compliance data

OSEP is inviting comments on a proposed new annual performance report for the IDEA Part C program for infants and toddlers. APRs are the department's way of monitoring state compliance with the IDEA, and a new APR for the Part B program was issued in February. In general, the department's proposed APR puts a heavy emphasis on reporting efforts to correct noncompliance with the Part C program. It also simplifies the process of collecting data on children's skill acquisition and shows how to account for at-risk children. Take time during the summer months to understand how these changes would impact your program if approved. **Full story, page 4.**

Public comment

Find out how to submit feedback about OSEP's proposed APR and where to find more information about Part C reporting. **Page 4**

HIGHLIGHTS

Define FAPE for parents early in special ed process

Parents may not understand how courts have defined FAPE and how that influences your duty to confer educational benefit on their child. Learn what to discuss. **Page 5**

Use 'basic marketing' to encourage parent involvement

Glean tips from six states for educating parents about the importance of early childhood development, such as orchestrating a public information campaign. **Page 6**

Reach out to early care providers to ease transition

Find out how to begin a collaboration among child care providers to provide a smooth transition for preschoolers to elementary school. **Page 7**

Eye on Autism: States add early intervention initiatives

Consider emulating an Oklahoma model to engage parents more deeply in their toddlers' intervention. **Page 8**

Stress individualized nature of autism services

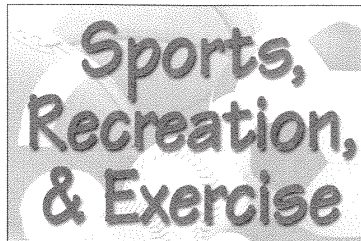
The extent to which you tailor IFSPs and IEPs to children's individual needs may prove more meaningful than your attempts to choose "the best" methodology." See why. **Page 9**

If you would like to receive copies of articles, please contact the library staff at (512) 458-7260, toll-free: 1-888-963-7111 ext. 7260, fax: (512) 458-7474, e-mail: avlibrary@dshs.state.tx.us.

Exceptional Parent - June/July 2009

E P C O N T E N T S

JUNE/JULY 2009 • VOLUME 39, ISSUE 06/07 • ESTABLISHED 1971



26 • MAKING THE LEAPS TO GETTING IN SHAPE: FIVE GUIDELINES FOR FINDING A GYM FOR INDIVIDUALS WITH DISABILITIES

BY MEGAN PURPORA

28 • FAMILY ACTIVITIES FOR FITNESS

BY SUSAN J. GROSSE

30 • A HOCKEY HERO

BY MATT BOLDOC

Travel

42 • UP IN THE AIR - PART 1 AND 2

BY NANCY HENDERSON

49 • SLEEPLESS IN SEATTLE, SALT LAKE CITY, SAN RAFAEL...

BY KRYSTI DEZONIA, EDD

50 • IT'S NOT JUST A VACATION, IT'S AN ADVENTURE

BY KERRI HANLON

32 • SCALING NEW HEIGHTS

BY MALIA FREY

34 • LITTLE ORPHAN ANNIE

BY SARAH HYATT

36 • REFLECTIONS ON BEIJING: MEET THE LAMBACKS

BY TRAVIS MUSHETT

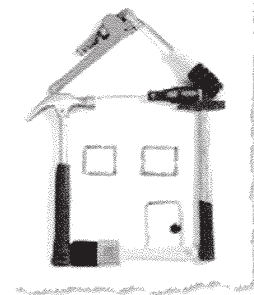
38 • ASCENT FOR AUTISM: CLIMBING KILIMANJARO

INTERVIEW BY JAN CARTER

HOLLINGSWORTH

40 • GOLF: A GAME OF INCLUSION

BY DANA DEMPSEY, BS, MS



HOME IMPROVEMENT

56 • AMERICA'S FIRST UNIVERSAL DESIGN "SMART" HOME

BY CHARLES M. SCHWAB, AIA, LEEDAP, NAHB, AARP WITH TECHNICAL REVIEW BY WALTON DUTCHER

61 • TO REMODEL OR TO BUILD?

BY TODD ROSENBLUM, AIA

62 • LIVING INDEPENDENTLY IN A HOME AND COMMUNITY OF CHOICE: HOW?

BY GAIL BRASWELL, LINDA RITTER, AND MARY JANE SUFFICOL

64 • CREATING AN ENVIRONMENT WHERE YOUR FAMILY WILL THRIVE

BY KERRI HANLON

66 • SIMPLE REMODELING FOR TOMORROW'S NEEDS: COST-EFFECTIVE GREEN SOLUTIONS FOR YOUR HOME

BY MEGAN PURPORA

68 • SAFE, SOUND, AND SOLO: BABY BOOMERS WHO ARE AGING INTO DISABILITIES UPDATE THEIR HOMES TO LIVE ON THEIR OWN

BY BRAD CROZIER

If you would like to receive copies of articles, please contact the library staff at (512) 458-7260, toll-free: 1-888-963-7111 ext. 7260, fax: (512) 458-7474, e-mail: avlibrary@dshs.state.tx.us.

Exchange- July/August 2009

2 | CONTENTS
EXCHANGE JULY/AUGUST 2009

www.ChildCareExchange.com
Exchange
The Early Childhood Leaders' Magazine Since 1978

Feature Articles

- 8 **INVESTING IN EARLY CHILDHOOD:** the dawn of a new era by Joan Lombardi
- 10 **REALLY SEEING CHILDREN:** seeing children's eagerness for relationships
by Deb Curtis
- 14 **LEADERSHIP:** spreading the wealth: leadership at all levels by Debra R. Sullivan
- 20 **CORE CURRICULUM ELEMENTS:** what are the core elements of your curriculum?
- 28 **COVER STORY:** Boulder Journey School, Boulder, Colorado
by Ellen Hall, Alison Maher, and Andrea Sisarro, directors
- 36 **HIGHER EDUCATION:** higher education — a closer look by Gwen Morgan
- 39 **WAGE STANDARDS:** applying the exemptions to the Fair Labor Standards Act
to child care workers by Jason Dalton, Esq.
- 58 **NURTURING VULNERABLE CHILDREN:** kinder-gardeners: the power of nature to nurture by Linda Hutchinson-Harmon
- 66 **TRENDS:** quality rating and improvement systems by Roger Neugebauer
- 70 **ROUGH AND TUMBLE PLAY:** rough and tumble play 101 by Frances Carlson
- 76 **POLICY MATTERS:** state budgets and federal stimulus — a first look by Eric Karolak
- 80 **OUTDOOR ENVIRONMENTS:** water, water everywhere by Rusty Keeler
- 82 **STAFF DEVELOPMENT:** when staff don't do what they're supposed to do
by Mary Gersten

96

exchange @ a glance
Featured content of 3 issues —
all in 1 place!

Beginnings Workshop

- 41 young children and writing
- 42 can babies read and write? by Deb Curtis
- 44 early literacy: do parents matter? by Michael Gramling
- 47 if you want children to become writers, ask them to write their names
by Evelyn Lieberman
- 51 writing as a form of communication: Boulder Journey School's
in-school mail system by Allison Moore and Jessy Taylor
- 54 making digital books with children? you really must try it!
by Jean Anne Clyde and Mark W. F. Condon

If you would like to receive copies of articles, please contact the library staff at (512) 458-7260, toll-free: 1-888-963-7111 ext. 7260, fax: (512) 458-7474, e-mail: avlibrary@dshs.state.tx.us.

Infants and Young Children - July-September 2009

Contents

IYC 22:3, July–September 2009

- 161 **Introduction**
- 164 **Let's Be PALS: An Evidence-Based Approach to Professional Development**
Carl J. Dunst and Carol M. Trivette
- 177 **Mild and Unilateral Hearing Loss: Implications for Early Intervention**
W. June Holstrum, Krista Biernath, Sarah McKay, and Danielle S. Ross
- 188 **Embedding Sensory Preference Into Toys to Enhance Toy Play in Toddlers With Disabilities**
Cynthia F. DiCarlo, Maureen M. Schepis, and Linda Flynn
- 201 **The Home Environments of Young Children With and Without Disabilities**
Ayse Dolunay Kesiktas, Bulbin Sucuoglu, Bahar Keceli-Kaysili, Selma Akalin, Gozde Gul, and Binnur Yildirim
- 211 **The Application of a Transdisciplinary Model for Early Intervention Services**
Gillian King, Deborah Strachan, Michelle Tucker, Betty Duwyn, Sharon Desserud, and Monique Shillington
- 224 **The Routines-Based Interview: A Method for Gathering Information and Assessing Needs**
R. A. McWilliam, Amy M. Casey, and Jessica Sims
- 234 **Information for Authors**



Selected articles published in
collaboration with the International
Society on Early Intervention