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### Working with Families

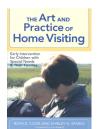
Families are a key part of the early childhood intervention team. This month we are featuring resources about parenting, grandparenting, sibling relationships, working as a team, and DEC recommended practices.

Check out the new additions to the collection on page 11!

### **Working with Families - Books**

**NEW! Alex: The Fathering of a Preemie.** Jeff Stimpson, 2004. (800.1 S859a 2004 ECI).

This is the story of the first years of baby Alex as told by his father. It is the story of doctors, hospitals, conferences, and all the extreme emotions of parenting a preemie.



NEW! The Art and Practice of Home Visiting: Early Intervention for Children with Special Needs and Their Families. Ruth E. Cook, 2008. (320.64 C771a 2008 ECI). This book is a home visitor's key to culturally sensitive, family-centered early intervention for children with special needs. Home visitors learn the essential skills to help parents enjoy a lead role in guiding their child's development. They learn how to communicate, conduct

effective assessments, and implement evidence-based interventions. Specific disorders are also covered such as autism, delayed speech and developmental delays.

NEW! Assessment of Parenting Competency in Mothers with Mental Illness. Teresa Ostler, 2008. (320.4 O85a 2008 ECI).

This book gives mental health professionals sound assessment strategies to fairly evaluate the parenting competency of mothers with a wide range of mental illnesses. This book integrates multiple approaches so that professionals get the full picture of parenting competency.

**Beyond the Autism Diagnosis: A Professional's Guide to Helping Families.** Marion O'Brien and Julie A. Daggett, 2006. (203.6 O13b 2006 ECI).

This book will help professionals improve the assessment and intervention process, communicate accurately and sensitively, avoid misunderstandings, assist families in choosing and evaluating intervention services and help families manage short- and long-term issues.

Brothers and Sisters: A Guide for Families of Children with Epilepsy and Just for You! 1992. (203.11 P371 1992 ECI).

The first half of this book, written for parents concerned about the effect one child with epilepsy may have on other children, discusses this issue and provides tools for understanding and assisting siblings. The second half, Just for You!, is for siblings of individuals with epilepsy, and is divided into three sections which children can progress through as they grow and develop.

**NEW! Brothers and Sisters: A Special Part of Exceptional Families.** Thomas H. Powell, 2006. (271.6 P886b 2006 ECI).

Readers will learn how to give siblings accurate, age-appropriate information about their brother's or sister's disability; facilitate positive interactions between siblings at home and at school; make the most of siblings' natural inclinations to act as teachers; conduct effective sibling workshops; and help adult siblings deal with their concerns and emotions.

Building the Healing Partnership: Parents, Professionals and Children with Chronic Illness. Elaine H. Walizer, 1992. (244.5 L521 ECI).

This book weaves together brief vignettes to help readers experience the essence of caring for a child who is ill. By being explicit and thorough, the authors tell the pediatric patient, family, and caretakers what to expect when caring for a child who is ill.

**NEW! Children with Hearing Loss: A Family Guide.** David Luterman, 2006. (219.2 C536 2006 ECI). This book contains a series of essays on hearing loss in children. It discusses the emotional impact of hearing loss. Hearing aids and cochlear implants are described. The effects of hearing loss on family relationships are mentioned. Essays on learning and what parents should know about the educational system are also included.

NEW! Choices in Deafness: A Parent's Guide to Communication Options. Sue Schwartz, 2007. (219.23 C545 2007 ECI).

This book provides parents of children who are deaf with comprehensive information about assessment, diagnosis, medical and audiological treatments, cochlear implants, education and technology devices, and more. Five major communication options are presented: auditory-verbal; ASL-English bilingual; cued speech, auditory-oral; and total communication. The CD-ROM gives hearing listeners an idea of what speech sounds like to children who have different types of hearing loss.

Circles of Care and Understanding: Support Programs for Fathers of Children with Special Needs. James May, 1992. (271.52 M452 1992 ECI).

This book provides creative avenues for supporting fathers and the children and families they care about.

**Collaboration: Putting the Puzzle Pieces Together.** Mary Beth Bruder, 1996. (560 B888 1996 ECI). The purpose of this manual is to highlight the important aspects of the collaborative process for early intervention.

**Collaboration with Parents and Families of Children and Youth with Exceptionalities.** Marvin Fine and Richard L. Simpson, 2000. (740 F495 2000 ECI).

This book, which contains essays by various experts, expresses the importance of educating and empowering parents and families so they can become active partners with the professional community in meeting the needs of their own children.

DEC Recommended Practices in Early Intervention/Early Childhood Special Education: A Comprehensive Guide for Practical Application. Susan Sandall, 2005. (325 S213d 2005 ECI).

This book contains the DEC Recommended Practices, plus real life examples and practical tips for implementation. It includes strategies for program assessment and improvement, useful checklists for parents and administrators, and an annotated list of relevant resources.

NEW! Developmental Parenting: A Guide for Early Childhood Practitioners. Lori A. Roggman, 2008. (320.64 R733d 2008 ECI).

This book helps home visitors teach parents/caregivers how to guide their young children's development. Readers will learn supportive attitudes, positive behaviors and program content. Assessments are used to evaluate child progress and parenting behaviors. Home visitors will learn how to share clear, culturally sensitive information on child development with parents.

**Down Syndrome: Birth to Adulthood Giving Families an Edge.** John E. Rynders and J. Margaret Horrobin, 1996. (226.11 R995 1996 RHB).

The authors share photographs and real life case studies of families from the EDGE Project at the University of Minnesota to guide parents of children with Down syndrome.



NEW! Elephant in the Playroom: Ordinary Parents Write Intimately and Honestly about the Extraordinary Highs and Heartbreaking Lows of Raising Kids with Special Needs. Denise Brodey, 2007. (271.3 B865e 2007 ECI).

This book is a group of essays written by parents or siblings of children with special needs. It explains the difficulties and the high points of raising a child who is different from other children. It includes essays on how to take care of the caregiver; the search for a good school; whether or not to medicate; going public and other success stories.

**Essential Allies: Families as Advisors.** Elizabeth Jeppson and Josie Thomas, 1995. (230 J54e 1995 ECI). This publication was developed to help bridge the gap between providers' past training and experience and new expectations of collaboration and partnership with families.

The Essential Grandparent: A Guide to Making a Difference. Lillian Carson, 1996. (271.53 C321 1996 ECI). In this book, the author describes the joys and dreams of grandparents while dispelling the myths surrounding grandparenting and addressing serious concerns.

**NEW! Families and Positive Behavior Support: Addressing Problem Behavior in Family Contexts.** Joseph M. Lucyshyn, Glen Dunlap, and Richard W. Albin, 2002. (262.2 F198 2002 ECI).

Children of all ages and disabilities can overcome challenging behaviors with positive behavior support. This book shows how by describing the research and theory, giving practical instructions and presenting real life experiences of parents.

**Families as Advisors: A Training Guide for Collaboration.** Elizabeth Jeppson and Josie Thomas, 1997. (230 J54f 1997 ECI).

This companion volume to *Essential Allies* and *Words of Advice* completes the series by presenting a set of integrated training activities to encourage discussion and promote creative thinking about new partnerships with families.

Families, Physicians, and Children with Special Health Needs: Collaborative Medical Education Models. Rosalyn Darling and Margo I. Peter, 1994. (238.2 D249 1994 ECI).

This book provides models that embody the principles and practices characterizing a family-centered system of community-based health care for families and children.

Families Speak Out: International Perspectives on Families' Experiences of Disability. Helle Mittler, 1995. (271 M537 1995 ECI).

The core of this book is a collection of quotations from the accounts of the experiences of families of persons with an intellectual disability, coming from a variety of cultures, religions and social groups from all the major regions of the world.

**Family-Based Practices.** Eva Horn, Michaelene Ostrosky, and Hazel Jones, 2004. (325 H813 2004 ECI). The articles in this monograph discuss values, beliefs, and practices found in the DEC Recommended Practices by describing specific strategies that will assist practitioners to collaborate with families in achieving the various components of the recommended practices.

Family-Centered Assessment and Intervention in Pediatric Rehabilitation. Mary Law, 1998. (520 L415 1998 ECI).

This book contains several articles written by different specialists all dealing with assessment and intervention in pediatric rehabilitation by a family-centered provider. The articles are written both from the parents' and the providers' point of view.

**Fathers of Children with Special Needs: New Horizons.** James May, 1991. (271.52 M451 1991 ECI). The complex role of the father of a child with disabilities is examined. Many fathers share their experiences in this

The complex role of the father of a child with disabilities is examined. Many fathers share their experiences in this book.

**Fathers: A Common Ground.** Paul Schmitt and Fernanda Armenta-Schmitt, 1999. (271.52 S355 1999 ECI). This book, written for fathers of young children who are blind or visually impaired, emphasizes how important the father is to his family and the impact fathers have on the growth and adaptation of the family.

**Getting Men Involved: Strategies for Early Childhood Programs.** James A. Levine, Dennis T.Murphy, and Sherrill Wilson, 1993. (271.52 L579 1993 ECI).

This book is designed to offer the reader a systematic way of thinking about and approaching male involvement in early childhood programs.

Grandparenting with Love And Logic: Practical Solutions to Today's Grandparenting Challenges. Jim Fay, Foster W. Cline, and Carol Von Klombenburg, 1994. (271.53 F282 1994 ECI).

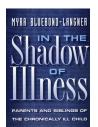
Sensible, practical solutions based on the Love and Logic philosophy are offered in this book to overcome a variety of challenges that grandparents may face with their grandchildren and adult children.

**Grandparents as Parents: A Survival Guide for Raising a Second Family.** Sylvie de Toledo and Deborah Edler Brown, 1995. (271.53 T649 1995 ECI).

This guide for grandparents who are raising their grandchildren can also be utilized by those who serve them, such as social service personnel, family therapists, legal professionals, and other groups who work cross-generationally with families to help them stay whole.

**NEW! Group Parent Education: Promoting Parent Learning and Support.** Deborah Campbell, 2004. (261.1 C187g 2004 ECI).

The author covers the history and evolution of group parent education while providing information on designing curricula for parent groups. Parent group leaders also learn about group dynamics and dealing with difficult situations.



In the Shadow of Illness: Parents and Siblings of the Chronically III Child. Myra Bluebond-Langner, 1996. (271.6 B658i 1996 ECI).

This book illuminates the lives of those who live in the shadow of chronic illness, the parents and well siblings of children who have cystic fibrosis (CF). The author discusses the condition and coping strategies, by redefining normal family life to include CF care and reassessing family priorities.

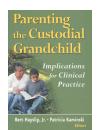
Interdisciplinary Teams. Eva Horn and Hazel Jones, 2005. (325 H813i 2005 ECI).

This book describes specific strategies that will assist practitioners to collaborate with families in achieving the various components of the DEC Recommended Practices for early childhood special education.

It Isn't Fair! Siblings of Children with Disabilities. Stanley D. Klein, 1993. (271.6 K674 1993 ECI). In this book, brothers and sisters who are typically developing share their feelings and experiences of the various stages when they had to deal with caretaking, frustration, powerlessness, jealousy, guilt, and concern about their sibling with special needs.

**NEW! Making Connections: Building Family Support Networks for Families Living with HIV.** Josie Thomas, Linda Horton, Ibby Jeppson, and Jenny Jones, 1996. (220.1 T479 1996 ECI).

This booklet guides parents through the process of developing a network in their own communities. It describes the benefits of family-to-family networks and offers practical information on how to build and maintain them. While the main focus of this book is families caring for children with HIV, the process it describes also applies to networks for young people, fathers, women, and other special groups.



**NEW! Parenting the Custodial Grandchild: Implications for Clinical Practice.** Bert Hayslip and Patricia Kaminski, 2008. (271.53 P228 2008 ECI).

This book targets the essence of what occurs when grandparents parent their grandchildren. It discusses the nature of these interactions, with an emphasis on the clinical and applied aspects of this social issue.

**NEW! Parenting Your Premature Baby and Child: The Emotional Journey.** Deborah L. Davis, 2004. (242.1 D261p 2004 ECI).

This book focuses on experiences, feelings and relationships around the delivery, hospitalization, homecoming and long-term parenting of your premature baby and child. It shows that both mothers and fathers of premature babies are not alone in their hopes, fears, struggles and triumphs.

**NEW! Preemie Parents: Recovering from Baby's Premature Birth.** Lisa McDermott-Perez, 2007. (242.1 M134p 2007 ECI).

This book reveals the world of preemie parents and the emotional stresses they face before and after the birth. The reader will learn how traumatic this time can be for mothers and fathers and what can help.

Raising Our Children's Children. Deborah Doucette-Dudman, 1996. (271.53 D728 1996 ECI).

This book discusses the challenges, hardships, and rewards faced by grandparents parenting their grandchildren with stories from families who have had these experiences.

Redefining Family Support: Innovations in Public-Private Partnerships. George H. S. Singer, Laurie E. Powers, and Ardis L. Olson, 1996. (102 S617 1996 ECI).

This book, written by leading researchers and advocates working with people with disabilities, outlines creative and versatile programs and funding options for addressing the diverse needs of families.

NEW! See Sam Run: A Mother's Story. Peggy Heinkel-Wolfe, 2008. (203.6 H468s 2008 ECI).

This is the story of one mother's encounter with autism and her struggles to get the correct diagnosis and treatments for her son. It is an uplifting story of struggle and acceptance. Parents of children with autism will relate to this story and realize that they are not alone.

**Siblings of Children with Autism: A Guide for Families.** Sandra L. Harris, and Beth A. Glasberg, 2003. (203.6 H316 2003 ECI). This second edition presents an in-depth description of what it's like to grow up as a sibling of a child with autism. This book helps parents see autism through the eyes of their other children, how to explain autism to the siblings and how to help siblings share their feelings.

**NEW! Sibshops: Workshops for Siblings of Children with Special Needs.** Donald J. Meyer, Patricia F. Vadasy, 2008. (271.6 M575 2008 ECI).

This manual details how to set up and hold a "Sibshop" where brothers and sisters of children with special needs are provided an opportunity to meet other siblings in a relaxed, recreational setting to share their feelings and to learn about themselves and others in similar situations.

Sisters, Brothers, and Disability: A Family Album. Lydia Gans, 1997. (271.6 G158 1997 ECI).

This book depicts twenty-six families raising children with special needs with an emphasis on the interactions with other siblings. Many photos are included.

**Special Siblings: Growing Up with Someone with a Disability.** Mary McHugh, 2003. (271.6 M151 2003 ECI). In this book the author, who grew up with a brother who has cerebral palsy and is intellectually disabled, shares her lifetime of memories and reflections, relevant research, and interviews with hundreds of other siblings and experts to help others understand the issues faced by these siblings.

**NEW! Supporting Siblings and their Families during Intensive Baby Care.** Linda Rector, 2007. (271.6 R311s 2007 ECI). This book is a guide to supporting siblings of infants that are in the neonatal intensive care unit (NICU). It helps guide parents as they provide their older children with information during a high-risk pregnancy. It helps parents explain what is happening in the NICU. It helps make sibling and family visits with the baby a success and much more.

**NEW! Teenagers and Their Babies: A Perinatal Home Visitor's Guide.** Ida Cardone, 2007. (320.64 C268t 2007 ECI).

This book provides home visitors with concrete examples of how to skillfully help expectant and new teenage parents build a deep attachment with their baby. It has hands-on advice, activities and strategies that work with teenagers and their relationships. The book is based on Community-Based Family Administered Neonatal Activities methods and strategies.

NEW! Tools for Transition in Early Childhood: A Step-By-Step Guide for Agencies, Teachers and Families. Beth S. Rous, 2006. (556.8 R863t 2006 ECI).

This book assists professionals from different early childhood programs learn to collaborate as they establish a clear vision of what transition should look like; view transition from a general education and special education perspective; set up a formal interagency structure to ensure effective teamwork; make decisions as a group; draw up a work plan; guide children and families as they adapt to new environments and more.

**Uncommon Fathers: Reflections on Raising a Child with a Disability.** Donald J. Meyer, 1995. (271.52 M575 1995 ECI). Fathers of children with disabilities share their personal experiences.

**Understanding Families: Approaches to Diversity, Disability and Risk.** Marci J. Hanson and Eleanor W. Lynch, 2004. (271 H249 2004 ECI).

This book, which is written for early interventionists, service providers, and educators, presents the combined research on families and family-centered services with practical information needed to be able to work respectfully with families of every type, especially those whose young children are at risk or have disabilities.

NEW! Understanding Newborn Behavior and Early Relationships: The Newborn Behavioral Observations (NBO) System Handbook. J. Kevin Nugent, 2007. (271.5 N967u 2007 ECI).

This book helps clinicians help new mothers and fathers get to know their baby, increase their confidence and competence as parents and support their child's growth and development. Chapters are included on family-centered care.

Views from Our Shoes: Growing Up with a Brother or Sister with Special Needs. Donald J. Meyer, 1997. (271.6 M612 1997 ECI).

This book contains essays from 45 children ranging in age from four to eighteen who are the siblings of children with a variety of special needs. It presents their personal stories which introduce young siblings to others like themselves and allow them to compare experiences.

When Snow Turns to Rain: One Family's Struggle to Solve the Riddle of Autism. Craig B. Schulze, 1993. (800.1 Sch85 1993 RHB).

This book is a father's moving account of his family's experience with autism. The author tells his personal struggle to accept and understand the reality of his son's disorder, and his determination to help his son through treatment and educational programs.

**NEW! Who's Watching the Babies?: Improving the Quality of Family, Friend and Neighbor Care.** Douglas R. Powell, 2008. (320.11 P882w 2008 ECI).

The most common source of nonparental care of infants and toddlers is care provided by family, friends, and neighbors in informal arrangements. This book reviews successful initiatives and programs that address barriers trainers face when focusing on the needs of these caregivers. It puts research into practice by offering concrete strategies to improve the quality of such care.

Wonderful Ways to Love a Grandchild. Judy Ford, 1997. (271.53 F699 1997 ECI).

This book presents ways grandparents can actively participate in the lives of their grandchildren.

Words of Advice: A Guidebook for Families Serving as Advisors. Josie Thomas and Elizabeth Jeppson, 1997. (230 J54w 1997 ECI).

This workbook is for the person who has never served in an advisory role. It offers guidance for thinking through the benefits and demands of advisory roles for consumers, presents some fundamental principles for being a successful advisor, and suggests practical tips for dealing with the common challenges that families encounter in these new roles.

NEW! Your Guide to Nurturing Parent-Child Relationships: Positive Parenting Activities for Home Visitors. Nadia Hall, 2008. (555.5 H178y 2008 ECI ).

This practical guide gives home visitors flexible and culturally sensitive tools to help parents strengthen their relationships with their children. There are more than forty exercises in empathy and caring, coping and resilience, problem solving and social competence.

### Working with Families - Children's Books

**The Best Worst Brother.** Stephanie Stuve-Bodeen and Charlotte Fremaux, 2005. (805.1 S937b 2005 ECI). Older sister Emma tries to be patient while teaching three-year-old Isaac, who has Down syndrome, how to communicate using sign language. The book includes questions and answers about sign language.



**NEW! Big Sister Now: A Story about Me and Our New Baby.** Annette Sheldon, 2006. (805.1 S544b 2006 ECI).

A little girl gets used to sharing her parents with her baby brother and realizes there are some benefits to being a big sister now.

**Dad and Me in the Morning.** Patricia Lakin, 1994. (805.1 L192 1994 ECI). A boy who is deaf and his father share a special time as they watch the sunrise at the

beach together.

NEW! Evan Early. Rebecca Hogue Wojahn, 2006. (805.1 W847e 2006 ECI).

When Natalie's baby brother is born too soon, she tries to wait patiently to teach him everything he will need to know, but she misses her parents and begins to resent the time they spend with him at the hospital.

Keisha's Doors / Las Puertas de Keisha. Marvie Ellis, 2005. (805.1 E47k 2005 ECI).

An older sister can't understand why her little sister, Keisha, won't play with her. The family finds out that Keisha has autism and goes to see a therapist to understand what autism means to them.

NEW! My Baby Sister Is a Preemie. Diana M. Amadeo, 2005. (805.1 A481m 2005 ECI).

When her baby sister is born too soon, Sarah does not understand what is going on until a nurse explains the tubes and wires and her mother reminds her that God is with tiny Amy, even in the hospital.

My Sister Annie. Bill Dodds, 1993. (805.2 D661 1993 ECI).

This book presents the story of growing up, trying to be accepted, and having a sister with Down syndrome which makes life a challenge for Charlie.

### Working with Families - Children's Books (continued)

Oh, Brother!: Growing Up with a Special Needs Sibling. Natalie Hale and Kate Sternberg, 2004. (805.1 H163 2004 ECI)

An eleven-year-old girl finds ways to handle the unique challenges presented by her thirteen-year-old brother who has special needs by looking for his good qualities and taking the rest in stride.

Robert Lives with His Grandparents. Martha W. Hickman, 1995. (805.1 H628 1995 ECI).

In this illustrated children's story, Robert is embarrassed to admit to his classmates that he has lived with his grandparents ever since his parents' divorce.

Tacos Anyone?: An Autism Story. Marvie Ellis, 2005. (805.1 E47t 2005 ECI).

Michael is a four year old boy with autism. His older brother, Thomas, doesn't understand why Michael behaves the way he does. The service provider teaches Thomas how to play with Michael, making sibling time fun again.

### **Working with Families - Audiovisuals**



NEW! Art and Science of Home Visits. 15 min. 2004. (DD0222).

This DVD shows early intervention specialists how to establish trusting, caring relationships between themselves and families of infants and toddlers with hearing loss. Best practices in this family-centered approach are demonstrated in actual home visits.

Being a Kid. 6 min. 1999. (VT1836).

This video illustrates the trend toward giving therapies for young children in everyday activities, and places, known as natural environments. The video shows a therapist and family working

collaboratively to integrate functional therapy goals into everyday routines, and includes comments by both the therapist and parent.

### NEW! Communication Options for Deaf Children: A Family Decision. 18 min. 2002. (DD0186).

Experts and parents who have made choices about communication options discuss four alternatives: auditory/verbal, American Sign Language, auditory/oral lip reading and aggressive hearing amplification, total communication combining methods to help a child develop natural language skills. This program helps parents, service providers, and students understand that there is no "one right way" of communicating with children who are deaf that will meet the needs of all families.

## **NEW! ECI Teleconference: Increasing Family Involvement and Follow through in Early Childhood Intervention.** 112 min. 2008. (DD0216).

Ellen Stubbe-Kester explains how to increase family involvement and follow through. She explains why family participation is critical and presents the SMILE solution. SMILE stands for Sign, Model, Imitate, Label, Expand. This teleconference was broadcast on June 26, 2008. This DVD can only be played using Windows Media Player or Real Player software.

### Families of Young Children with Special Needs: Family Crisis. 27 min. 1995. (DD0171).

This program follows two families as each learns that their child has special needs. It illustrates supportive techniques for revealing a diagnosis and discusses possible parental reactions. Three overlapping and concurrent crises; diagnostic crisis, values crisis, and reality crisis are explored in depth. It also discusses the roles of other parents of special needs children as well as professionals in helping families through their crises.

### NEW! Family to Family. 90 min. 2004. (DD083).

This program is designed to assist families in dealing with the daily challenges of autism spectrum disorders. Alyson Beytien is a parent/teacher trainer and a mother of three children with autism. Her knowledge of the latest intervention theories combined with her twelve years of practical experience is shared in front of a live parent audience.

### Working with Families - Audiovisuals (continued)

Good Grief. 40 min. 1990. (DD0174).

This DVD focuses on the grieving process associated with parenting a child with disabilities. Ken Moses, a psychologist and the father of a child with a disability, explores how the process helps parents make changes necessary to live with a child and how real life is guite different from what was anticipated.

### **NEW! Home Team.** 15 min. 2003. (DD0221).

This DVD presents strategies and techniques that can help establish trusting, caring relationships between interventionists and families using the highly successful family-centered approach. Best practices are demonstrated in actual home visits. Parents and professionals share their expertise on how to create true collaboration as a team.

### Nuestros Abuelos Enriquecimiento Familiar. 30 min. 2001. (VT1757).

This video, hosted in Spanish by Don Francisco, provides ideas for making the most out of the grandparent relationship.

**Perilous Passage: New Zealand Fathers Talk about Their Children with Disabilities.** 27 min. 1997. (VT0234). The stories of five New Zealand fathers presented in this program are of very ordinary men, forced by circumstances to view their lives as fathers in new and extraordinary ways. Each wanted to share with others their experiences of new lives centered on fearless advocacy for their children.

### Promoting Family Collaboration. 24 min. 1998. (VT1175).

This program presents how doctors and staff can actively encourage parents' participation in the care of their hospitalized child, recognize the parent as the child's advocate, and answer the parents' concerns about their child's situation.

### Surrounded with Love: Grandparents Raising Grandchildren. 22 min. 1999. (VT1756).

In this video about grandparents raising their own grandchildren, three grandmothers share their personal story of how and why they are raising their grandchildren.

### To Be a Father. 29 min. 2005. (DD0029).

This DVD hosted by Ray Romano presents information about the importance of being a father, and what fathers can do to help promote and participate in their young children's healthy development.

### **Working with Families - Selected Websites**

### Parenting in general:

MedlinePlus - Parenting: This website gathers links to reliable, full-text information about current issues in parenting: <a href="http://www.nlm.nih.gov/medlineplus/parenting.html">http://www.nlm.nih.gov/medlineplus/parenting.html</a>

### Parenting children with special needs:

Children's Disabilities Information: This website by parents of a child with special needs compiles information and advice from other parents and professionals who work with children with special needs: <a href="http://www.childrensdisabilities.info/">http://www.childrensdisabilities.info/</a>

LDOnline has resources on parenting a child with a learning disability: http://www.ldonline.org/indepth/parenting

Texas Parent to Parent: This website was created by parents for families of children with disabilities, chronic illnesses, and other special needs throughout Texas. <a href="http://www.txp2p.org/">http://www.txp2p.org/</a>

### Working with Families - Selected Websites (continued)

### For or about fathers:

Fathers Network: This is a website to celebrate and support fathers who have children with special health care needs or developmental disabilities: <a href="http://www.fathersnetwork.org/">http://www.fathersnetwork.org/</a>

LDOnline: At this website, you will find a short article that describes how to maximize involvement of fathers with their children with disabilities: http://www.ldonline.org/article/5935

### For grandparents:

Grandsplace: This website is for grandparents and "special others" caring for children. They state their mission is hoping to provide a safe and accepting environment where caregivers can join together and give each other the support and comfort they need. <a href="http://www.grandsplace.org/">http://www.grandsplace.org/</a>

AARP Grandparents site: Current advice on parenting, health tips, taking care of oneself and more is given for grandparents, especially those who are now caring for their grandchildren. <a href="http://www.aarp.org/families/grandparents/">http://www.aarp.org/families/grandparents/</a>

One section provides advice for dealing with grandchildren with special needs and includes simple descriptions of common disabilities. See <a href="http://www.aarp.org/families/grandparents/focus\_child/a2004-12-20-grandparents-special-needs.html">http://www.aarp.org/families/grandparents/focus\_child/a2004-12-20-grandparents-special-needs.html</a>

Parent Advocacy Coalition for Educational Rights: Grandparent-to-Grandparent. This website is specifically for grandparents who have grandchildren with disabilities. Although based in Minnesota, there are links to national organizations. <a href="http://www.pacer.org/grandparent/">http://www.pacer.org/grandparent/</a>

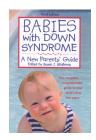
### For siblings:

Sibling Support Project <a href="http://www.siblingsupport.org/">http://www.siblingsupport.org/</a>

### **New Additions - Books**

Baby Signs: How to Talk with Your Baby before Your Baby Can Talk. Linda Acredolo, 2002. Book. (153.11 A187 2002 ECI)

Babies learn to wave "bye-bye" and shake their heads "no" and "yes" long before they can talk. This book shows parents how to take advantage of these abilities with easy-to-follow illustrations and photos to help babies learn to communicate.



**Babies with Down Syndrome: A New Parents' Guide**, 3<sup>rd</sup> ed. Susan J. Skallerup, 2008. Book. (226.11 B114 2008 ECI)

This third edition provides a complete introduction to Down syndrome. It covers medical care, daily care, family life, development, early intervention, learning, legal rights and more. It discusses everything parents need to know about raising their baby with Down syndrome from birth through age five.

Baby Hearts: A Guide to Giving Your Child an Emotional Head Start. Linda P. Acredolo and Susan Goodwyn, 2005. Book. (266.5 A187b 2005 ECI)

Understanding the actions of an infant and toddler and responding appropriately to those actions gives a child a head start to a healthy and happy future. This book contains fun activities that help foster a child's emotional skills between birth and age three.

**Developmental Parenting: A Guide for Early Childhood Practitioners**. Lori A. Roggman, Lisa K. Boyce, and Mark S. Innocenti, 2008. Book. (320.64 R733d 2008 ECI)

This book helps home visitors teach parents/caregivers how to guide their young children's development. Readers will learn supportive attitudes, positive behaviors and program content. Assessments are used to evaluate child progress and parenting behaviors. Home visitors will learn how to share clear, culturally sensitive information on child development with parents.

**Developmental Profiles: Pre-Birth through Twelve**, 5<sup>th</sup> ed. K. Eileen Allen, 2007. Book. (525 Al58 1999 ECI) This book offers a comprehensive guide to the development of young children for parents, caregivers, and educators. It describes developmental milestones from birth through age twelve in a nontechnical style as well as providing basic knowledge, informing readers of what they can expect and how they can provide appropriate learning experiences at each stage of development.

Early Intervention and Autism: Real-Life Questions, Real-Life Answers. James Ball, 2008. Book. (203.6 B187e 2008 ECI)

This book for parents of children with autism explains what autism is, how to get the most out of early intervention services, and how to choose the most effective treatment options.

The Exceptional Child: Inclusion in Early Childhood Education, 6<sup>th</sup> ed. K. Eileen Allen, 2009. Book. (557.1 Al53 2009 ECI)

This guide allows you to identify and plan for educating children with special needs. The reader will find current early childhood education practices for teaching children with diverse learning and developmental needs, enabling developmentally appropriate learning environments for all children. Sections include, "Early Intervention and Public Policy," "Likenesses and Differences among Children," "Planning for Incluson," and "Implementing Inclusive Early Childhood Programs."

From the Inside Out: The Power of Reflection and Self-Awareness. Paula Jorde Bloom, 2007. Book. (560.1 B655f 2007 ECI)

This book will help you gain clarity about your purpose and passions; understand the values and beliefs that shape your behavior; appreciate your strengths and internal resources; learn how to avoid the comparison trap; practice strategies to reduce stress and avoid burnout; and create an action plan for achieving greater job fulfillment. This is part of the *Director's Toolbox: A Management Series for Early Childhood Administrators*.

### New Additions - Books (continued)

Parenting the Custodial Grandchild: Implications for Clinical Practice. Bert Hayslip and Patricia Kaminski, 2008. Book. (271.53 P228 2008 ECI)

This book targets the essence of what occurs when grandparents parent their grandchildren. It discusses the nature of these interactions, with an emphasis on the clinical and applied aspects of this social issue.

The Right Fit: Recruiting, Selecting, and Orienting Staff. Kay Albrecht, 2002. Book. (560.1 A341r 2002 ECI) This book will help administrators of early childhood programs design a recruitment plan so they are always prepared when turnover occurs; position the program to get numerous applicants to consider for vacant positions; determine criteria to maximize the "fit" between individuals, the job, and the center; choose an interview plan that will work; involve other teachers in the hiring process; select the right person from the applicant pool; and orient new staff right from the start. This is part of the *Director's Toolbox: A Management Series for Early Childhood Administrators*.

**See Sam Run: A Mother's Story of Autism**. Peggy Heinkel-Wolfe, 2008. Book. (203.6 H468s 2008 ECI)

This is the story of one mother's encounter with autism and her struggles to get the correct diagnosis and treatments for her son. It is an uplifting story of struggle and acceptance. Parents of children with autism will relate to this story and realize that they are not alone.

**Supporting Siblings and Their Families during Intensive Baby Care**. Linda Rector, 2007. Book. (271.6 R311s 2007 ECI)

This book is a guide to supporting siblings of infants that are in the neonatal intensive care unit (NICU). It helps guide parents as they provide their older children with information during a high-risk pregnancy. It helps parents explain what is happening in the NICU. It helps make sibling and family visits with the baby a success and much more.

The Way I See It: A Personal Look at Autism and Asperger's. Temple Grandin, 2008. Book. (203.6 T753w 2008 ECI)

This book by an author who has autism herself explains how to relate to people with autism. It explains how and why people with autism think differently. It discusses early intervention programs that work. It talks about sensory sensitivities and which behaviors are caused by a disability. It gives employment ideas for adults with autism and much more.

### **New Additions - Audiovisuals**

**Autism Caring for Children with Autism Spectrum Disorders: A Resource Toolkit for Clinicians**. 2006. (CR0042)

The materials in this toolkit assist in identifying children who may have developmental problems, including autism spectrum disorder (ASD). It contains screening and surveillance algorithms, example screening tools, guidelines summary charts, management checklists, developmental checklists and growth charts, web site links, early intervention referral forms, record-keeping tools, and emergency information forms. It also includes ASD coding tools, reimbursement tips, sample letters to insurance companies, and ASD management fact sheets. CD-ROM system requirements: Windows 98 or newer; Internet explorer with Active Content enabled, or Netscape, Mozilla, Firefox, Opera, or any browser able to use Java and JavaScript. Adobe Reader 5.0 or later.

### Identifying Developmental Delays. 80 min. 2002. (DD0225)

This DVD illustrates developmental milestones for children ages birth to five. It presents real-life demonstrations of a wide range of developmental delays in young children. It helps childcare providers share their findings with parents by explaining the many emotional reactions parents may experience when they hear that their child needs to be further evaluated by a pediatrician.

### **Featured Journal Articles**

If you would like to receive copies of these articles, please contact the library staff at (512) 458-7260, toll-free: 1-888-963-7111 ext. 7260, fax: (512) 458-7474, e-mail: avlibrary@dshs.state.tx.us.

Binge pattern of alcohol consumption during pregnancy and childhood mental health outcomes: longitudinal population-based study. Sayal K, Heron J, Golding J, Alati R, Smith GD, Gray R, Emond A. Pediatrics. 2009 Feb;123(2):e289-96.

OBJECTIVE: Patterns of alcohol consumption during pregnancy such as episodes of binge drinking may be as important as average levels of consumption in conferring risk for later childhood mental health and learning problems. However, it can be difficult to distinguish risk resulting from episodic or regular background levels of drinking. This large study investigates whether patterns of alcohol consumption are independently associated with child mental health and cognitive outcomes, whether there are gender differences in risk, and whether occasional episodes of higher levels of drinking carry any risk in the absence of regular daily drinking during pregnancy. METHODS: This prospective, population-based study used data from the Avon Longitudinal Study of Parents and Children. We investigated the relationships between a binge pattern of alcohol use (consumption of > or =4 drinks in a day) in the second and third trimesters of pregnancy and childhood mental health problems at 47 and 81 months of age (n = 6355 and 5599, respectively). In a subgroup, we also investigated these relationships with child IQ at 49 months of age (n = 924). RESULTS: After controlling for a range of prenatal and postnatal factors, any episodes of consuming > or =4 drinks in a day were independently associated with higher risks for mental health problems (especially hyperactivity/inattention) in girls at the age of 47 months and in both genders at 81 months. There was no association with IQ scores at 49 months after adjustment for confounders. The consumption of > or =4 drinks in a day continued to carry risk for mental health problems (especially hyperactivity/ inattention) in the absence of regular daily drinking. CONCLUSIONS: The consumption of > or =4 drinks in a day on an occasional basis during pregnancy may increase risk for child mental health problems in the absence of moderate daily levels of drinking. The main risks seem to relate to hyperactivity and inattention problems.

Health of children 3 to 17 years of age with Down syndrome in the 1997-2005 national health interview survey. Schieve LA, Boulet SL, Boyle C, Rasmussen SA, Schendel D. Pediatrics. 2009 Feb;123(2):e253-60. OBJECTIVE: This study provides population-based estimates of recent medical conditions, concurrent developmental disorders, and health impact and utilization indicators for US children with and without Down syndrome. METHODS: The sample included children 3 to 17 years of age in the 1997-2005 National Health Interview Survey Child Sample Core and specifically included 146 children with Down syndrome, 604 children with mental retardation but without Down syndrome, and 95 454 children without either condition reported. Developmental and medical conditions, health status, and service use were reported by parents or other knowledgeable caregivers. RESULTS: After adjustment for demographic factors, children with Down syndrome had higher odds, compared with children without mental retardation, of recent food/digestive allergy, frequent diarrhea/colitis, > or =3 ear infections in the previous year, very recent head/chest cold, and developmental disabilities other than mental retardation. They had increased odds that approached significance for recent seizures, very recent stomach/intestinal illness, and asthma. They had substantially higher rates (threefold or higher, compared with children without mental retardation) for nearly all health impact and health and special education service use measures. Of note, >25% of children with Down syndrome needed help with personal care, regularly took prescription medications, had recently seen a medical specialist, and received physical therapy or related therapy. The comparison group with mental retardation without Down syndrome represented many children with multiple serious disabilities who also had high rates of medical conditions and high levels of health impact and service use. CONCLUSION: These findings provide empirical, population-based data to inform guidelines for frequent monitoring and support for children with Down syndrome.

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Early Childhood Report - February 2009

# Early Children With Special Needs & Their Families CHILDHOOD Report

VOLUME 20, ISSUE 2

FEBRUARY 2009

### LEGAL SPOTLIGHT

### YOU BE THE JUDGE

Can this district offer placement in still-developing SDC? Page 2

### **WASHINGTON WATCH**

Obama's halt on all regulations dampens providers' hopes for Part C; proposal includes \$4.7B for early childhood programs; early education bills mark Senate priorities, experts say. Page 3

### **DECISIONS & GUIDANCE**

Read recent judicial rulings and SEA decisions, including a case involving a child with a speechlanguage impairment. Pages 10-12

### **Part C Primer**

Proposed IDEA Part C Section 303.342(e) would require you to fully explain the details of IFSPs to parents. Also, you would need to obtain informed consent prior to providing the early intervention services that are described in the IFSP. And all services for which parental consent is obtained would need to be provided. ■

### COVER STORY.

# Reach out to families to head off inappropriate demands for services

Many parents are suffocating under the weight of costs associated with caring for their children with autism. More than 74 percent of parents said they fear that after they die, their children

with autism will not have enough financial support, according to a recent national study. This pressure to keep afloat and plan for the future is not something parents can just stow at home. You inevitably will see it wash over IEP meetings and your other dealings with parents. But you can stave off conflicts and inappropriate service demands by sensitively discussing with parents your responsibilities under the IDEA and by con-

### **Prevent conflict**

Find out ways you can address parents' concerns about the high costs of taking care of their children with autism and head off demands for services unrelated to education. Page 4

necting them with community resources. Full story, page 4.

### HIGHLIGHTS ...

### Deflect inappropriate methodology requests

Find out what you should do if parents ask you to apply a specific approach with their child that would ultimately be detrimental to his development and learning.

Page 5

### Integrate collaborative tasks into inclusive classrooms

Learn why adding dramatic simulations and group projects to lesson plans can boost all students' learning and social skills.

### Involve families in implementation of preschool RTI

Read about ways you can involve parents in their child's response-to-intervention journey, from data collection to implementing interventions at home.

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### Garner confidence in your personnel, interventions

Discover ways you can counter demands for specific methodologies that require certified personnel by focusing on the child's goals and your staff's qualifications. **Page 8** 

### Don't rush your school system's transition to inclusion

Find out how one school district is taking the transition to inclusive preschools slowly to garner buy-in from educators and parents and to account for space constraints. Page 9

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FOR THOSE WITH DISABILITIES, ISSUES OF HEALTH ARE OFTEN TREATED IN A REACTIONARY WAY. THIS ARTICLE ENCOURAGES HEALTH LITERACY, EDUCATION, AND AWARENESS TARGETED TOWARDS THOSE WITH DISABILITIES IN HELPING THEM TAKE OWNERSHIP OF THEIR PLAN FOR STAYING HEALTHY.

BY JOAN GUTHRIE MEDLEN, RD, LD

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WITH EVER-INCREASING INFORMATION AVAILABLE THAT PARENTS MUST WADE THROUGH IN FINDING INTERVENTION AND TREATMENT MODALITIES FOR THEIR CHILDREN WITH AUTISM, THIS ARTICLE OUTLINES AND EXAMINES THE MOST CURRENT SCHOOLS OF THOUGHT ON COMPLEMENTARY AND ALTERNATIVE DIET AND SUPPLEMENT OPTIONS.

BY LEE SHELLY WALLACE, MS, RD, LDN, FADA

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FOR MOST CHILDREN, THE DEVELOPMENTAL STAGE OF EXPLORING THE WORLD BY PUTTING EVERYTHING, FOOD AND NON-FOOD ITEMS, IN OR AROUND THE MOUTH BEGINS AT BIRTH AND ENDS AROUND 18 MONTHS OF AGE. HOWEVER, FOR THOSE WITH DEVELOPMENTAL DISABILITIES, THIS TENDENCY MAY LAST INTO ADULTHOOD WITH THE INGESTION OF NON-NUTRITIVE, NON-FOOD ITEMS, A DISORDER CALLED PICA. THIS ARTICLE HELPS CAREGIVERS IN COPING WITH THIS CHALLENGE.

BY DR. JORDANA MANSBACHER, PSYD

**ON THE COVER –** Alisha Feeser, 23, lives in Falls Church, VA with her father, Allan. For this photo, featured on *EP's* February front cover, Alisha is pictured in the family's kitchen making breakfast. Her father says, "She loves to cook and help around the house." While Alisha has always lived at home with her family, later this year she will move into a group home setting in Centerville, VA. About her upcoming change of residence, her Dad says, "She is a wonderful girl, one whom I am very proud of. Together we have worked to prepare her for this new stage in her life, and I think she is ready." With life skills like personal nutrition and kitchen savvy, no doubt she is.

Photo credit: Will Schermerhorn, Blueberry Shoes Productions LLC.

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Intellectual and Developmental Disabilities - February 2009

# Intellectual and Developmental Disabilities

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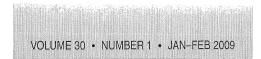
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# Journal of Developmental and Physical Disabilities

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