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Dental Care and Hygiene (updated)

This issue features library resources on dental care and general hygiene.

Check out the new additions to the collection on page 6!

Dental Care - Books

Dr. Spock's Baby and Child Care. Benjamin Spock and Steven Parker, 1998. (515 Sp61).

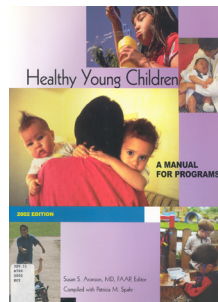
This parenting handbook includes a section on the dental development and oral health of children.

Dysphagia and the Child with Developmental Disabilities: Medical, Clinical and Family Interventions. Susan R. Rosenthal, 1995. (247 R727 ECI).

This book provides professionals with information on caring for children with developmental disabilities and dysphagia. It includes a chapter on dental care for children with developmental disabilities.

Early Childhood Caries Resource Guide. Michelle Clark, 1998. (248 E12 1998 ECI).

This resource guide discusses the impact of early childhood caries on systemic health. It encourages health professionals to actively engage in oral health promotion and disease prevention. The guide lists journal articles, materials, and organizations that serve as information resources.



Healthy Young Children: A Manual for Programs.

Susan S. Aronson, 2002. (320.11 A769 2002 ECI).

This book is written and reviewed by health and early childhood professionals. It is used by early childhood programs to promote the health and safety of children, staff and families. It includes a chapter on good oral health.

Medical and Surgical Care for Children with Down Syndrome: A Guide for Parents.

D.C. Van Dyke,

Susan Schoon Eberly, Philip Mattheis, and Janet Williams, 1995. (226.11 V288 ECI).

This book provides information on all aspects of care for children with Down syndrome. Dental specialists explain relevant conditions that are common among children with Down syndrome.

Dental Care - Books (continued)

A Parent's Guide to Cleft Lip and Palate. Karlind T. Moller, 1990. (201.2 G678 ECI).

This book, which provides the patient and health caregivers a discussion of the nature and causes of cleft lip and cleft palate, contains information about the many concerns associated with this condition. Dentists are included as part of the health care team.

Dental Care - Videos

Brushing with Dudley and Dee Dee. 6 min. 1994. (VC5735).

Designed especially for preschoolers, this video features Dudley's magical way of teaching Dee Dee how to brush and floss correctly.

Caregiver's Guide to Oral Health. 30 min. 1992. (VC5026).

This video is designed for use by families of people with disabilities, staff of long-term care facilities, hospital staff, staff of licensed home health care agencies, teachers of children with disabilities, and staff of agencies that provide services for people with disabilities. It emphasizes practical methods and the use of readily available equipment. It stresses the use of universal precautions, the establishment of an individualized oral health routine, the provision of oral hygiene care at least once a day, and planning routine patient oral exams and treatment.

Chuckles and the Happy Teeth. 8 min. 1992. (VC5007).

In this puppet show video Chuckles meets a friend named Mary who teaches him the importance of brushing, flossing, going to the dentist and staying away from sweets. This presentation is aimed at children 3-5 years old.

Clean Kids. 15 min. 1999. (VC6694).

This video demonstrates correct hand washing and explains the importance of clean hands to good health. It shows the importance of regular tooth brushing and gives additional grooming tips.

Geena's Tremendous Tooth Adventure. 8 min. 1993. (VC5563).

This video is intended for pre-school and early elementary audiences. It encourages young children to take care of their teeth by brushing, flossing, eating healthy snacks, and getting check-ups at their dentist's office.

Healthy Teeth: A Guide for Parents of Preschoolers. 26 min. 1993. (VC5253).

Part 1 (11 min.) covers dental health for infants through age 2. Part 2 (15 min.) covers ages 3 - 6. Parents and caregivers of preschool children are given an overview of dental health. Material covered includes: the development of caries and the three main steps in prevention; baby bottle tooth decay; tooth development and eruption; teething; injury to teeth; effect of thumb sucking; nutrition in caries prevention; fluoride; sealants; and preparing a child for a first visit to the dentist's office.

Looking to Keep Decay Away. 6 min. 1997. (VC6304).

This video is a guide for parents on how to prevent baby tooth decay. This video demonstrates how to perform a monthly check of the baby's mouth by looking at the teeth for white spots or potential cavities. It includes information on how to clean a baby's teeth and gums, and discusses the changing of bottle habits to prevent baby tooth decay. Borrowers may duplicate this videotape for non-profit educational settings.

NEW! Nothing but the Tooth. 7 min. 2006. (DV0058).

Two friends discuss the importance of prenatal and infant dental and mouth care.

Dental Care - Videos (continued)

Parent, It's Up to You. 31 min. 1993. (VC5253).

This video is designed for the classroom teacher to use in conjunction with the *Parent, It's Up to You* oral health manual written for Texas schools' PEP Programs. The major goal of this educational program is to provide knowledge and to teach skills that will enhance personal hygiene and overall self-esteem. The dental curriculum consists of three lessons: one each for pregnant mothers, parents of infants, and parents of preschoolers. The video contains three films that cover topics on baby bottle tooth decay, dental care for infants (*Looking to Keep Decay Away* - English/Spanish- VC6304), and dental care for preschoolers (*Healthy Teeth: A Guide for Parents of Preschoolers* -VC5253- English and VC6021- Spanish). The goal of the program is to ensure better dental health for teenage parents and their children.

Take Time for Teeth. 7 min. 1997. (VC6571).

This video covers basic knowledge about oral health and prevention. Topics include: the importance of dental checkups for pregnant women, the recognition of white spots on the teeth, how to prevent baby bottle tooth decay, the advantages of taking a child to the dentist at 1 year of age and then for routine checkups every 6 months after that, and the importance of dental sealants in reducing tooth decay. This video was developed in conjunction with the *Take Time for Teeth* oral health training module.

WIC-TV (Waiting Room Videos). 89 min.1999. (VC7041).

This video is intended for WIC clients but appropriate for all parents of infants and small children. It includes the 4 minute long segment *Dental Care for Children and Infants*.

Dental Care - Kits

Jody Says, Love Your Teeth. 14 min. 1991. (K0001).

This kit introduces dental health to very young children. It may be used for hearing impaired pre-schoolers. The kit includes a 14-minute video, storybooks, puzzles, teacher workbook, Jody Coyote hand puppet with extra teeth and adhesive dots, dental office items, and large toothbrush and mouth model.

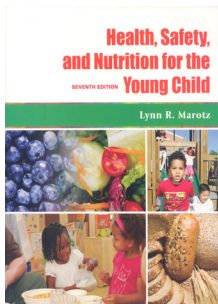
Hygiene - Books

The ABC's of Safe and Healthy Child Care: A Handbook for Child Care Providers. 1996. (320.11 A134 1996 ECI).

This booklet includes information on how disease is spread and recommends policies and practices that will help prevent disease, injury and environmental exposure in day care centers.

NEW! The Down Syndrome Nutrition Handbook. 2006. (226.11 M491 2006).

This book provides information and strategies for promoting healthy living for people with Down syndrome. Topics include food safety and hand hygiene.



NEW! Health, Safety, and Nutrition for the Young Child. Lynn R. Martoz, 2009. (320.11 M355h 2009 ECI).

This textbook discusses the importance and interrelationship of health, safety and nutrition for children to grow up safe and healthy. Communicable diseases, dental hygiene and hand hygiene are covered.

NEW! Heading Home with Your Newborn: From Birth to Reality. Jennifer Shu, 2005. (525.2 J33h 2005 ECI).

This book includes information on a newborn's appearance, health, feeding, and sleeping habits to changing, dressing, traveling, sickness and more.

Hygiene - Books (continued)

NEW! Healthy Young Children: A Manual for Programs. Susan S. Aronson, 2002. (320.11 A769 2002 ECI). This book can be used by early childhood programs to promote the health and safety of children, staff and families. It includes chapters on promoting good sanitation and hygiene habits and good oral health.

The New Social Story Book. Carol Gray, 1994. (203.6 G778 ECI).

This book aids the teacher of students with autism of all ages to teach them to understand social concepts. It includes stories that effectively teach hygiene and much more.

The New Social Story Book: Illustrated Edition. Carol Gray, 2000. (203.6 G778 ECI).

This book aids the teacher of students with autism of all ages to teach them to understand social concepts. It contains stories written by high school students trained to write their own social story. It includes stories that effectively teach hygiene as well as relationships, manners and other subjects.

Hygiene - Videos

The ABC's of Safe and Healthy Child Care: Handwashing/Diapering. 27 min. 1994. (VC6832).

This video contains two programs. It is intended for staff working in child care facilities. In *Handwashing*, (14 min.) the film makers use a powder which glows under black light to demonstrate how germs can spread through a child care facility. They explain when and how to wash hands of the staff as well as those of the children. *Diapering* (13 min.) provides helpful tips and recommendations when diapering to prevent the spread of germs and disease, including when and how to use gloves.

Attention to Each Other: Infant and Adult during the Bath. 37 min. 1993. (VT2149).

The child's bath provides a unique and important opportunity for the development of love and communication between adult and child. During free play, the infant encounters the reality of the physical world and discovers himself. The child discovers his own expectations and desires and those of the adult. The video concludes with scenes without voice-overs for observation and study.



Brush Up on Hygiene (DVD)

NEW! Brush up on Hygiene. 20 min. 2008. (DV0407).

Young viewers learn about cleanliness and good hygiene with zany host, Dr. Tidy.

Creatures from Inner Space. 28 min. 1997. (VC6575).

This video explains the dangers of parasites and the preventative measures children can take to lower their risk of infection. It uses animated songs, diagrams and graphics to show how parasites invade the body. A music video segment encourages children to wash their hands.

The Germ Busters. 30 min. 1996. (VC6202).

This video shows kids ages 3-7 how to prevent picking up other people's germs or spreading their own. Catchy sing-along songs help to get the message to youngsters; encouraging them to maintain good hygiene habits both at home and in school.

Health and Safety in Family Day Care: Communicable Disease. 9 min. 1993. (VC5453).

This video presents information on ways diseases are spread in a day care setting and methods to reduce this spread. It covers proper hand washing and diapering. Caregivers are encouraged to establish a written policy regarding the care of sick children. A procedure that caregivers can use to check for signs of illness in children is included. Presenting information on diseases that commonly occur in a day care setting, this program encourages the caregiver to accept responsibility in preventing the spread of disease.

Hygiene - Videos (continued)

H.I.D.E. & S.E.E.K! Preventing the Spread of Infections. 28 min. 1997. (VC7341).

H.I.D.E. stands for hand washing, immunization, drug safety and eating safety. Each area is covered in detail to help viewers learn how to prevent the spread of infection. S.E.E.K. stands for safe personal practices, environment, elderly and kids. Avoiding high-risk personal behavior and learning how to properly clean and disinfect the home and office are emphasized. Practical ways to establish healthy habits for the elderly and children are shared.



NEW! Hospital to Home. 33 min. 2004. (DV0237).

New parents will learn about when to call their health care provider, the risk of infection, baby care, umbilical cord and circumcision care, SIDS safety, car seats, and more.

Keeping Babies Healthy and Safe. 33 min. 1993. (VT0160).

The first part of this video focuses on the physical component of health, specifically on ways to help caregivers prevent the spread of common illness and help children be resistant to such illness. The second part discusses ways to keep infants and toddlers safe in family- and center- based care. Prevention through awareness, planning and action is the key to a safe environment.

NEW! Newborn Care: Guide to the First Six Weeks. 34 min. 2006. (DV0316).

Viewers will learn about newborn sleeping including new SIDS recommendations, diapering and cleaning, and cord and circumcision care. This program is also available in Spanish.

Starting Out Safe and Sound. 30 min. 2001. (VC7422).

This video provides a guide to infant health and safety for the first months of life. It includes instructions for new parents on bathing.

Staying Healthy. 9 min. 1996. (VC6234).

By watching this video children learn the important steps necessary to be healthy and avoid disease. Viewers are urged to follow good practices that prevent the spread of infection. The transmission of germs is explained in language children can understand. Proper hand washing techniques are demonstrated. Proper nutrition, adequate exercise, plenty of rest, and avoiding germs are keys to staying healthy. Children are taught how to protect themselves from exposure to the bodily fluids of others.

Viruses and Bacteria: The Story of the Warm Wet Spots. 21 min. 1994. (VC5819).

This video combines computer animation, humor, popular music, special effects, and classroom demonstration to present useful information about germs, bacteria, and the prevention and transmission of communicable diseases.

Wash Those Hands! 9 min. 1996. (VC6831).

This video shows how hand washing helps control the spread of illness. It illustrates the correct way to wash your hands. It is also available in Spanish as VC7755.

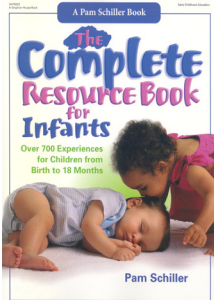
Zardip's Search for Healthy Wellness: Germs. 15 min. 1994. (VC5817).

The importance of cleanliness is emphasized when Zardip, an alien being, discovers he is not as well-equipped to fight off nasty earthly germs as human beings. Zardip's story illustrates how the human body fights infection and disease.

New Additions - Books

Children with Hearing Loss: A Family Guide. David Luterman, 2006. (219.2 C536 2006 ECI)

This book contains a series of essays on hearing loss in children. It discusses the emotional impact of hearing loss. Hearing aids and cochlear implants are described. The effects of hearing loss on family relationships are mentioned. Essays on learning and what parents should know about the educational system are also included.



The Complete Resource Book for Infants: Over 700 Experiences for Children from Birth to 18 Months. Pam Schiller, 2005. (525.2 S334c 2005 ECI)

This book features hundreds of activities that are perfect for infants from birth through 18 months. They maximize learning and development in the areas of language, physical, social-emotional, and cognitive growth. The activities can be used individually or grouped together to focus on a specific skill.

Helping Your Anxious Child: A Step-By-Step Guide for Parents. Ronald M. Rapee, 2000. (540 R216h 2000 ECI)

This book helps parents to understand their child's worries, fear or anxiety. It clearly describes and demonstrates how to help children build the necessary courage and self-confidence needed to face their fears.

El Jardín Silencioso: Criando a su Hijo Sordo. Paul W. Ogden, 2002. (219.23 Og2 2002 ECI)

Este libro provee a los padres de niños sordos y con limitaciones auditivas una información crucial sobre las crecientes posibilidades que tiene sus hijos hoy en día. El autor, sordo desde el nacimiento, ofrece a los padres unas bases firmes en la toma de las decisiones necesarias para iniciar a sus hijos en el camino hacia la realización de todo su potencial. (This book is also available in English, "The Silent Garden.")

Learning Games: 12-24 Months: The Abecedarian Curriculum. Joseph Sparling and Isabelle Lewis, 2006. (655.2 S736a 2006 ECI)

This curriculum provides instructions for fun activities to support and guide cognitive, social, emotional and physical development. It can be used in preschools, group day care, family day care homes, parent groups, and home visitation.

Learning Games: 24-36 Months: The Abecedarian Curriculum. Joseph Sparling and Isabelle Lewis, 2006. (655.2 S736b 2005 ECI)

This curriculum provides instructions for fun activities to support and guide cognitive, social, emotional, and physical development. It can be used in preschools, group day care, family day care homes, parent groups, and home visitation.

Learning Games: 48-60 Months: The Abecedarian Curriculum. Joseph Sparling and Isabelle Lewis, 2006. (655.2 S736c 2005 ECI)

This curriculum provides instructions for fun activities to support and guide cognitive, social, emotional and physical development. It can be used in preschools, group day care, family day care homes, parent groups, and home visitation.

Making Connections: Support for Families of Newborns and Infants with Hearing Loss. Valerie Sitnick Schuyler, 2006. (219.2 S397m 2006 ECI)

This book focuses on how parents and professionals can promote acquisition of age-appropriate listening and communication skills in infants with hearing loss in their first twelve months of life. It describes three types of connections that enable newborns and infants to reach their full potential. These connections are parent and infant relationship; early identification plus early intervention equals improved outcomes; and families plus early intervention. The CD-ROM contains copies of the worksheets that are included in the book.

The Silent Garden: Raising Your Deaf Child. Paul W. Ogden, 1996. (219.23 Og2 1996 ECI)

Written by an author and educator who is deaf since birth, this book helps parents address critical concerns such as how to communicate with their child, what type of school their child can attend, what kinds of professional help are beneficial to the family, and what technological alternatives are available. It also includes case studies and interviews with parents of deaf children. (The book is available in Spanish, "El Jardín Silencioso.")

Dental Care Websites

For a comprehensive list of links to wonderful resources on child dental health, see **MedlinePlus** at <http://www.nlm.nih.gov/medlineplus/childdentalhealth.html>. This list includes information from the American Academy of Family Physicians, the American Academy of Pediatric Dentistry, the American Dental Association and much more all in one place!

Websites that are useful for parents of children with special needs:

Dental Care for a Child with a Cleft Palate. See http://www.cleftline.org/publications/dental_care

Dental Care Every Day: A Caregiver's Guide provides information on how to help people with special needs maintain good oral health. See <http://www.nidcr.nih.gov/OralHealth/Topics/DevelopmentalDisabilities/DentalCareEveryDay.htm>

A Guide to Good Oral Health for Persons with Special Needs on the Special Olympics website. http://www.specialolympics.org/Special+Olympics+Public+Website/English/Initiatives/Healthy_Athletes/Special_Smiles/Oral_Health/default.htm

Hygiene Websites

National Resource Center for Health and Safety in Child Care has the "Caring for Our Children" manual online. Chapter 3.2 covers hygiene issues in child care facilities. See <http://nrc.uchsc.edu/CFOC/HTMLVersion/TOC.html>

The **Centers for Disease Control** website has information on preventing illness through good hygienic practices. See http://www.cdc.gov/ounceofprevention/docs/ooop_brochure_eng.pdf for English and http://www.cdc.gov/ounceofprevention/docs/ooop_brochure_esp.pdf for Spanish.

Many young boys are resistant to developing good hygiene habits. Here are some practical tips for **Teaching Young Boys Good Hygiene Habits**: <http://childrentoday.com/resources/articles/smellyboys.htm>

The **Clean Hands Coalition** has links to many fun websites encouraging hand washing to prevent the spread of illness. See <http://www.cleanhandscoalition.org/resources.htm>

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Early Childhood Report - September 2008

Early CHILDHOOD Report

Children With Special Needs & Their Families

VOLUME 19, ISSUE 9

SEPTEMBER 2008

LEGAL SPOTLIGHT

You Be the Judge

Must this district place 3-year-old in neighboring LEA's program? **Page 2**

Washington Watch

Early childhood advocates seek status of IDEA Part C final regs; Bush signs Higher Education Opportunity Act into law, which will boost support for the pre-K community. **Page 3**

Decisions & Guidance

Read recent judicial rulings and SEA decisions. **Pages 10-12**

Part C Primer

Proposed IDEA Part C Section 303.344(d)(1)(ii)(B) would require you to describe on the IFSP the setting in which an early intervention service will be provided if you could not provide that particular service in a child's natural environment, such as his home or child care center. You would also need to explain how the setting would assist the infant or toddler in achieving his IFSP goals. ■

COVER STORY

Balance your child find obligations with your RTI aspirations

The growing emphasis on delivering interventions within a response-to-intervention framework poses a dilemma for districts that are charged with finding and evaluating any children who are suspected of having a disability. Avoid carrying out evaluations of young children unnecessarily by considering a child's age and skills in relation to her peers, personal history, and motivation to learn. Also, assure parents that the data you collect during the weeks you're administering interventions will ultimately inform their child's IEP if she ends up being classified as having a disability. **Full story, page 4.**

Family resources

Find out how connecting parents with community resources may lead them to better support your response-to-intervention efforts. **See page 4.**

HIGHLIGHTS

Perform child find even when child ages out of program

Learn how to ensure that you meet your child find responsibilities even if a child ages out of his child care or preschool program. **Page 5**

Educate teachers about employing reasonable force

Find out why you should tell your early childhood teachers when and what force is appropriate when disciplining preschoolers with disabilities. **Page 6**

Corral private preschool educators for IEP meetings

See why making several attempts to involve a child's private educator in IEP activities and being flexible about scheduling can raise your likelihood of offering FAPE. **Page 7**

Eye on Autism: Unearth effective replacement behaviors

Learn why identifying the deficits and behavioral triggers of a child with autism can help you zero in on appropriate replacement behaviors. **Page 8**

Cultivate early literacy skills in children with disabilities

Uncover creative, interactive interventions, such as tactile strategies, that can build the early literacy skills of children with disabilities. **Page 9**

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Early Childhood Report - October 2008

Early CHILDHOOD Report

Children With Special Needs & Their Families

VOLUME 19, ISSUE 10

OCTOBER 2008

LEGAL SPOTLIGHT

YOU BE THE JUDGE

Did district err in delaying this child's 3-year reevaluation? **Page 2**

WASHINGTON WATCH

Experts broaden approach to pre-K literacy; Degree requirements focus on professionalism of child care field. **Page 3**

DECISIONS & GUIDANCE

Read recent judicial rulings, SEA decisions, and an OCR letter. **Pages 10-12**

Part C Primer

Proposed IDEA Part C section 303.13(b)(12) would specify that speech-language pathology services include the provision of sign language, cued language, and auditory/oral language services. With respect to infants and toddlers with disabilities who are hearing impaired, these include services to the infant or toddler with a disability and the family to teach sign language, cued language, and auditory/oral language. They would also provide oral transliteration services, sign language, and cued language interpreting services. ■

COVER STORY

Develop interagency relationships to boost IDEA Part C child find compliance

Several states showed slippage on indicators 5 and 6 of the IDEA Part C Annual Performance Reports, which measure states' performance in identifying eligible infants birth to 3. This is according to analyses prepared by the National Early Childhood Technical Assistance Center as part of a larger document prepared for OSEP that summarizes state activities and efforts to comply with IDEA Part C indicators. Consider trying new strategies to better detect infants and toddlers who could benefit from early intervention services. **Full story, page 4.**

Families on the move

Learn ways you can reach out to transient families, particularly those with diverse cultural backgrounds, to better fulfill your child find obligations. **See page 4.**

HIGHLIGHTS

Correctly uncover visual perception disorders

Learn why a conventional early childhood screening for eyesight may not detect a child's difficulty with recognizing, organizing, interpreting and remembering visual stimuli. Also learn ways to improve children's visual processing. **Page 5**

Gain parents' trust to detect signs of infant, toddler trauma

Find out how you can forge a relationship with parents to determine if their infant or toddler has experienced trauma. Also learn what signs of trauma look like in young children. **Page 6**

Eye on Autism: Let families help identify behavioral needs

Learn how you can involve families in the early intervention of children with autism who exhibit challenging behaviors. Glean advice on ways to involve parents in their children's progress monitoring. **Page 8**

Look beyond academics when child has speech issues

See why you shouldn't focus solely on potential academic benefit — but rather consider peer interaction — when determining the least restrictive environment of a child with a speech-language impairment. **Page 9**

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Early Childhood Report - November 2008

Early CHILDHOOD Report

Children With Special Needs & Their Families

VOLUME 19, ISSUE 11

NOVEMBER 2008

LEGAL SPOTLIGHT

YOU BE THE JUDGE

Does this child's staph colonization justify delay in IEP services? **Page 2**

WASHINGTON WATCH

OSERS still hopes to issue final Part C regs before year's end; Head Start provision misinterprets law, congressional leaders say; and more. **Page 3**

DECISIONS & GUIDANCE

Read the latest judicial rulings and SEA decisions, including a case involving mainstreaming. **Pages 10-12**

Part C Primer

Proposed IDEA Part C Section 303.209 (b)(2)(ii) would clarify that at least nine months before the third birthday of a toddler with a disability, the early intervention service provider will notify the local school district that on his third birthday the toddler will reach the age of eligibility for preschool or school services under Part B. ■

COVER STORY

Overcome rift between IDEA Part C, B to lift early childhood transition compliance

Several states showed slippage on indicators 8B and 8C of the IDEA Part C Annual Performance Reports. These measure states' performance in notifying LEAs about children who may be eligible for Part B and in setting up timely transition meetings. This is according to analyses prepared by the National Early Childhood Technical Assistance Center, as part of a larger document prepared for OSEP that summarizes state activities and efforts to comply with IDEA Part C indicators.

Consider trying new strategies to ensure transition conferences aren't a surprise to families and districts. **Full story, page 4.**

Forge connections

Learn how you can better prepare families for the transition from Part C to B by connecting them with school personnel early on. **See page 4.**

HIGHLIGHTS

Improve child find practices for homeless children

Learn ways to address the challenges of locating and serving young homeless children with disabilities. **Page 5**

Don't neglect creating BIP because child takes meds

Find out why you should create a behavior intervention plan for a child even if he takes medication. Also see how you can collaborate with parents in employing positive behavior supports with their children. **Page 6**

Eye on Autism: Teach peers to elicit social interaction

Uncover how to train nondisabled preschoolers to initiate and persist in play with peers who have autism to encourage natural social interaction and build disability awareness. **Page 7**

Distinguish drug effects from symptoms of autism, ADHD

See how to detect signs of prenatal drug exposure in infants and toddlers, and learn strategies for helping these children learn. **Page 8**

Partner with Head Start to eliminate enrollment battle

Learn how to combine the strengths of Head Start and school district early childhood special education programs to eliminate increasing enrollment competition. **Page 9**

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On The Cover

Twenty-four-year-old, Sarah Stup, a young woman with autism, is a talented and accomplished writer with several published works. Sarah’s books are poignant and real and give readers a view into the mind of a person with autism as she describes and explains her world. Sarah says, “Autism is not about good or bad manners. Autism is part of us, a shield that we need and not a manner we are choosing. We need to bring autism into your spaces without your being sad.”
Photo courtesy of Aaron Notarianni Stephens.

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