

# ECI LIBRARY MATTERS

February 2008



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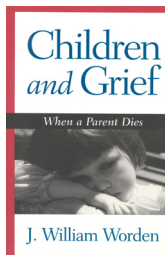
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## Dealing with Grief

This month we are featuring books and audiovisuals on the topic of grief. We have materials on children dealing with grief as well as parents dealing with grief.

*Check out the new additions to the collection on page 6!*

## Children and Grief - Books



**Children and Grief: When a Parent Dies.** William J. Worden, 1996. (285 W891 1996 ECI).

This book offers a portrait of the mourning process in children. It presents findings from the Harvard Child Bereavement Study and places them in the context of previous research. It also includes consideration of the loss of a parent through divorce.

**The Child's Loss: Death, Grief and Mourning.** Bruce D. Perry and Jana Rubinstein, 1999. (285 C537).

This guide addresses some of the key issues related to the child's complex set of reactions that often follow a traumatic death.

**Guiding Your Child through Grief.** Mary Ann Emswiler, 2000. (285 E55 2000 ECI).

This book presents support and advice for adults to help a child grieve the death of a parent or sibling.

**Help for the Hard Times: Getting through Loss.** Earl Hipp, 1995. (285 H667 1995 ECI).

This book helps children deal with their loss and grief caused by a wide variety of situations and presents practical advice and words of wisdom.

**I Wish I Could Hold Your Hand: A Child's Guide to Grief and Loss.** Pat Palmer, 2000. (804 P175 2000 ECI).

This book, which is for children who are grieving a loss, helps them to identify their feelings, from denial and anger to guilt and sadness, and learn to accept and deal with them.

**Life and Loss: A Guide to Help Grieving Children.** Linda Goldman, 2000. (285 G619 2000 ECI).

This book is a guide for parents and adults to help children through experiences of personal loss.

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## Children and Grief - Books (continued)

**Parenting through Crisis: Helping Kids in Times of Loss, Grief, and Change.** Barbara Coloroso, 1994. (555.5 C719 1994 ECI).

This book presents ways parents can help children move through the emotional times of their lives such as death, illness, divorce, and other traumas that happen to their family or others they care about.

**What Happened to My World: Helping Children Cope with Natural Disaster and Catastrophe.** Jim Greenman, 2005. (284 G814w 2005 ECI).

This book is a resource for parents, teachers, and anyone working with children who have been through stressful events such as a natural disaster. This book helps adults peer into the minds of children to understand their confusion, fears, grief, and struggles to understand why the forces of nature can suddenly disrupt or destroy their world as they knew it.

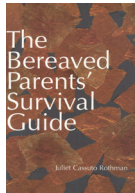
**What on Earth Do You Do When Someone Dies?** Trevor Romain, 1999. (804 R757 1999 ECI).

Through a compassionate, enlightening, and straightforward manner, this book addresses the many questions and thoughts that children have after the death of someone close. This book offers sound advice and comfort for a difficult time.

## Parents and Grief - Books

**After Your Child's Diagnosis: A Practical Guide for Families Raising Children with Disabilities.** Cathy Lynn Binstock, 1997. (285 B518 1997 ECI).

Binstock describes the deep grief she felt after learning her daughter had cerebral palsy. She provides advice for parents on coping with their own grief.



**The Bereaved Parents' Survival Guide.** Juliet C. Rothman, 1999. (285 R846 1999 ECI).

In this book, the author shares insights to bring comfort, strength, and hope to parents as they grieve the death of a child. The information presented helps grieving parents accept the reality of their loss, look at their relationships with others, and make painful decisions about the child's belongings, memorials, and remembrances.

**Caring for Dying Children and Their Families.** Lenore Hill, 1994. (285 H553 1994 ECI).

This sensitive and practical resource offers a unique insight into the needs and feelings of all those involved in the care of the dying child.

**Coping with Infant or Fetal Loss: The Couple's Healing Process.** Kathleen R. Gilbert and Laura S. Smart, 1992.

The grieving process that follows the loss of an infant is outlined in this book.

**Dear Parents: A Collection of Letters to Bereaved Parents.** Joy Johnson, 1998. (285 J67 1998 ECI).

Johnson assembled this collection of letters to bereaved parents from other parents who had also lost a child.

**On Death and Dying.** Elisabeth Kubler-Ross, 1997. (285 K951 1997 RHB).

The author explores the five stages of death. Through sample interviews and conversations, she gives the reader a better understanding of how imminent death affects the patient, the professionals who serve that patient, and the patient's family.

**Transition Therapy: An Existential Approach to Facilitating Growth in the Light of Loss.** Ken Moses and Bob Kearney, 1995. (285 M853 1995 ECI).

Transition Therapy is a new approach to facilitating growth and transformation in the light of such life wrenching changes such as death, disease, divorce and disability. It presents a model for working with bereavement as an event in a cycle going from attachment to loss, from loss to transition, from transition to active grieving, and from active grieving through transformation.

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## Parents and Grief - Books (continued)

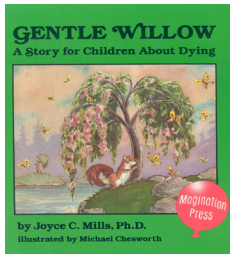
**When Your Child is Seriously Injured: The Emotional Impact on Families.** Marilyn Lash, 1991. (285 L334 1990 ECI).

This book, which is based on conversations and interviews with families of injured children, presents practical suggestions starting with the admission to the hospital and ends after the discharge.

**The Worst Loss: How Families Heal from the Death of a Child.** Barbara D. Rosof, 1994. (285 R733 1994 ECI).

This book will help families who have lost a child know what they are facing, understand what they are feeling, and appreciate their own needs and timetables.

## Children's Books on Grief



**Gentle Willow.** Joyce C. Mills, 1993. (805.1 M657 1993 ECI).

Amanda is upset that she is going to lose her friend Gentle Willow, but the Tree Wizards help her understand that her memories are gifts from her friend and that there are special ways of saying goodbye.

**Helping Children Cope with Death: A Practical Resource Guide for Someone Special Died.** Joan S. Prestine, 1993. (285 P936 1993 ECI).

This book was written to help adults help young children through the feelings experienced after the death of someone they love. It is a companion to the children's book, *Someone Special Died*.

**Someone Special Died.** Joan S. Prestine, 1993. (805.1 P936 1993 ECI).

In this story, a little girl's friend has died and she is very lonely without him. She finally decides to make a scrapbook of the times they shared to help her remember all their good times together.

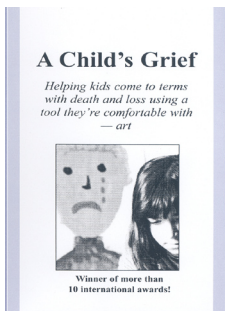
**When Someone Dies.** Sharon Greenlee, 1992. (805.1 G814 1992 ECI).

In this illustrated children's book, the author, who is also a counselor, presents suggestions for dealing with the feelings of confusion and hurt felt by children and adults when someone dies.

## Children and Grief - Audiovisuals

**Angels Don't Have Headlights: Children's Reactions to Death in the Family.** 25 minutes, 1998. (VT1801).

This program observes the reactions of children, aged three to eleven, to the deaths of close relatives. Children are greatly affected by such losses and their grief is expressed in a variety of different behaviors and emotional expressions. Because of this wide range of emotions and behaviors, this program demonstrates the significance of giving bereaved children honest explanations, comfort, and support.



**A Child's Grief.** 45 minutes, 1994. (VT1784).

Children experience grief differently from adults. In this video, children share their feelings about the person in their family who has died.

**What about Me? Kids and Grief.** 18 minutes, 1992. (VC5333).

Children talk about their experiences with loss to offer hope, support, and a sense of community to other children. This video is intended for children but also offers insight to parents and professionals who want to be more successful in working with grief issues.

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## Parents and Grief - Audiovisuals

**After Loss: Journey of the Next Pregnancy.** 33 minutes, 1995. (VC6992).

Parents who have lost a child either by miscarriage or the death of an infant express their anxieties, joys, hopes, and fears during a subsequent pregnancy.

**Assisting Parents through the Mourning Process.** 22 minutes, 1997. (VT1379).

This video explains the various stages of grief parents experience when their child is diagnosed with a hearing impairment.

**Beyond the Grief: Understanding the Emotions.** 27 minutes, 1996. (VT1799).

This sequel to the video *Good Grief* expands on theories about the stages of grief. Each stage plays a role in allowing parents to move beyond their sense of loss for a typical child to appreciation for the child the parents actually have.

**Chicken Soup for the Soul Live: Death and Dying.** 55 minutes, 1995. (VT1787).

The authors of the book with the same name talk about coping with death and dying and how to avoid regret in this video.

**Children Die, Too.** 28 minutes, 1990. (VT1789).

This program, which introduces people who have felt the pain of a child's death, presents their suggestions for ways to go through this intensely sad experience.

**The Early Days.** 22 minutes, 1991. (VT1788).

Parents tell about their experiences with grief as they learned of their children's disabilities. These parents tell of having to deal with professionals who appear to be indifferent or callous to their situation. Many of them felt abandoned by friends and family during the early days. These parents also tell about experiences that they found helpful.

**Facing Death: Practical Planning and Legal Issues.** 17 minutes, 1997. (VT1793).

A nurse/attorney and hospice professionals explain legal and planning issues surrounding death such as funeral arrangements, organ donation, and bills.

**Facing Death: Providing Physical, Emotional, and Spiritual Comfort to Loved Ones.** 33 minutes, 1997. (VT1794).

Caregivers, hospice professionals, and social workers share their thoughts, experiences, and specific suggestions to help terminally ill patients and their loved ones comfort each other.

**Grief in America.** 57 minutes, 1997. (VT1785).

This video takes an honest and comprehensive look at the ways people in our culture cope with death and bereavement by interviewing several nationally recognized authorities on the grieving process to examine myths about grieving, look at the importance of social supports, the impact of ethnic traditions about grief, and the social costs of unresolved grieving.

**Good Grief.** 40 minutes, 1990. (VT1798).

This video focuses on the grieving process associated with parenting a child with disabilities. Ken Moses, a psychologist and the father of a child with a disability, explores how the process helps parents make changes necessary to live with their child and how real life is quite different from what was anticipated.

**This Child Is Not Alone.** 30 minutes, 1995. (VT1797).

This video explores the thoughts and feelings of family members after the birth of a child with special needs; the shock of finding out and the question of "why me?"; the effects on marital relationships; how single-parent families manage; the reactions of friends and extended family; and the reactions of the child's siblings.

**Thread of Uncertainty.** 26 minutes, 1990. (VT1803).

The staff of a hospital talks frankly about working with children who have cancer. They speak about grieving for the young patients they are unable to save.

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## Parents and Grief - Audiovisuals (continued)

**Understanding Grief.** 25 minutes, 1994. (VC5911).

Gordon Lang, a bereavement counselor, introduces the concept and definition of grief, and shares his own story. Lang also talks with eight other people who share their journeys of courage in dealing with losses.

**Windows: Healing Through Loss (Part 1).** 31 minutes, 1999. (VT1795).

This video on grief and loss introduces a four step process that can help people heal from virtually any loss. A child describes his feelings about his parents' divorce and a woman talks about the death of her sister.

**Windows: Helping Others Heal through Loss (Part 2).** 40 minutes, 1999. (VT1796).

This video presents four characteristics of effective helpers and six ways to support and encourage people in the grieving process. A woman who lost her teenage daughter in a car accident is profiled.

## Dealing with Grief - Selected Websites

The following are websites of interest to people dealing with grief due to many different reasons.

Children with Special Needs: Helping Parents through Grief by Rebecca Oekerman, *Texas Child Care*, Summer 2001. Full text at: <http://www.spdha.com/specialneeds.pdf>

Coping with loss is a very difficult journey. The **Association for Death Education and Counseling** has compiled resources for individuals who are looking for help or who wish to offer support to another who is coping with a loss: <http://www.adec.org/coping/index.cfm>

The mission of **The Compassionate Friends** is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive. The Compassionate Friends offers friendship, understanding, and hope to bereaved parents, grandparents and siblings. <http://www.compassionatefriends.org/>. See especially these short articles on specific issues:

Death of a Special Needs Child: [http://www.compassionatefriends.org/Brochures/special\\_needs\\_child.htm](http://www.compassionatefriends.org/Brochures/special_needs_child.htm)

The Grief of Grandparents (over the death of a child):  
<http://www.compassionatefriends.org/Brochures/grandch.htm>

Stillbirth, Miscarriage and Infant Death:  
<http://www.compassionatefriends.org/Brochures/stillbirth.htm>

The mission of **Share Pregnancy and Infant Loss Support, Inc.** is to serve those whose lives are touched by the tragic death of a baby through early pregnancy loss, stillbirth, or in the first few months of life: <http://www.nationalshareoffice.com/index.shtml>

Finally, if you would like to purchase materials on grief, see the following Compassion Books website: <http://www.compassionbooks.com/store/>

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## New Additions - Books

**Choices in Deafness: A Parents' Guide to Communication Options**, 3rd ed. Sue Schwartz, 2007. (219.23 C545 2007 ECI)

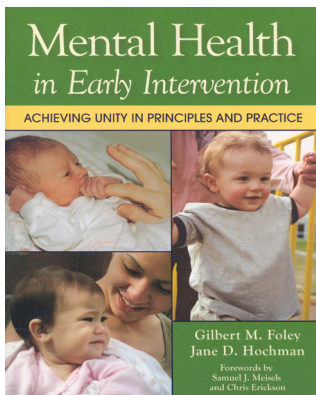
This book provides parents of children who are deaf with comprehensive information about assessment, diagnosis, medical and audiological treatments, cochlear implants, education and technology devices, and more. Five major communication options are presented: auditory-verbal; ASL-English bilingual; cued speech, auditory-oral; and total communication. The CD-ROM gives hearing listeners an idea of what speech sounds like to children who have different types of hearing loss.

**The Early Intervention Dictionary: A Multidisciplinary Guide to Terminology**. Jeanine G. Coleman, 2006. (325 C692 2006 ECI)

This reference defines thousands of medical, therapeutic, and educational terms commonly used in the early intervention field. It has been updated to reflect the changes, new research, educational approaches, and new treatments available in early intervention.

**Engagement of Every Child in the Preschool Classroom**. R.A. McWilliam and Amy M. Casey, 2008. (557 M177e 2008 ECI)

This book offers an evidence-based approach to promoting engagement in preschoolers with or without special needs. Concrete strategies will help reduce wasted time and misbehavior, especially during transitions between activities. They will also help the educator encourage developmental progress, assess child functioning, write functional classroom goals and more.



**Mental Health in Early Intervention: Achieving Unity in Principles and Practice**.

Gilbert M. Foley and Jane D. Hochman, 2006. (266.5 M549 2006 ECI)

This book urges the integration of infant mental health and early intervention.

Readers will learn to identify and apply specific mental health principles and practices to early intervention work. The three sections include: historical foundations and models for integrated practice; implementing integrated practice; and leadership, training and policies for integrated practice.

**Social Competence of Young Children: Risk, Disability and Intervention**.

William H. Brown, Samuel L. Odom, Scott R. McConnell, 2008. (540 S678 2008 ECI)

This book helps readers gain a deep and thorough foundation for understanding social competence. It examines key influences on social development: family,

culture, classroom and friendships. It pinpoints strategies for social interaction interventions specific to different populations. Readers will understand the effects of autism, behavioral disorders, communication and language disorders and severe disabilities on peer interactions and relationships.

**Understanding Newborn Behavior and Early Relationships: The Newborn Behavioral Observations (NBO) System Handbook**. J. Kevin Nugent, 2007. (271.5 N967u 2007 ECI)

This book helps clinicians help new mothers and fathers get to know their baby, increase their confidence and competence as parents and support their child's growth and development. Chapters are included on cultural competence, premature and at-risk infants, family-centered care and more.

**Your Guide to Nurturing Parent-Child Relationships: Positive Parenting Activities for Home Visitors**.

Nadia Hall, Chava Kulkarni and Shauna Seneca, 2008. (555.5 H178y 2008 ECI)

This practical guide gives home visitors flexible and culturally sensitive tools to help parents strengthen their relationships with their children. There are more than forty exercises in empathy and caring, coping and resilience, problem solving and social competence.

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Exceptional Parent - January 2008

## 2008 Annual RESOURCE GUIDE

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A directory, provided by the Rehabilitation Engineering and Assistive Technology Society of North America (RESNA), of programs funded by the National Institute on Disability and Rehabilitation Research that enables individuals with disabilities to gain access to assistive tech devices.

#### 83 Title V

A state-by-state listing of Title V programs, which provide health-related services to children with special healthcare needs and access to other services such as parent support and information.

#### 85 Alliance for Technology Access (ATA)

A directory of nationwide centers that help children and adults with disabilities gain access to adaptive technology. The centers provide hands-on consultations, demonstrate products, make recommendations and referrals, and present workshops on technology use.

#### 87 Parent Training and Information

A state-by-state directory of centers that provide training and information to families and professionals to help them deal more effectively in meeting the educational needs of children with disabilities.

#### 91 ADA Projects

A directory of Information, technical assistance, or training on meeting Americans with Disabilities Act standards in a business, public area, or school.

#### 92 Federal and Federally Funded Information

A directory of clearinghouses, information centers, and institutes that focus on specific topics. In addition to providing free materials, many clearinghouses also provide referrals to local resources.

#### 98 Parent to Parent Programs

A directory of programs that offer information and emotional support to parents who have a child or family member with special needs by matching families with a trained "veteran" parent.

#### 100 Matching Resources

A directory of "Matching Resources"—both national and international—that can help parents who have children with extremely rare conditions or unique combinations of disabilities.

#### 101 Early Intervention

A state-by-state and territories directory of early intervention, toddler programs, and preschool special education resources for children with disabilities.

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A directory of national organizations offering adaptive sports and recreational activities.

#### 110 State Special Education Offices

A directory that provides information for each state's education agency that is responsible for supervising special education services.

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A directory of state organizations, chapters, and representatives.

#### 116 Association of University Centers

A directory of University Affiliated Programs (UAPs) that provide direct clinical, educational, and other services to individuals with developmental disabilities and their families, helping them find the appropriate services.

#### 122 National Association of Protection and Advocacy Services

A directory of State Protection and Advocacy Agencies for Persons with Developmental Disabilities (PADD), Protection and Advocacy for Individuals with Mental Illness (PAIMI), Protection and Advocacy for Individual Rights (PAIR) and Client Assistance Programs (CAP) found nationwide and in each U.S. territory, providing legally-based advocacy services to people with special needs.

#### 125 National Information and Advocacy Resources

A directory of organizations that provide information and advocacy on a variety of topics of concern to families and professionals who care for children with special needs.

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All directories in this guide have been fact checked and reviewed by the organizations and associations involved in their development. They are updated throughout the year and are current as of December 2007. All organizations and associations which have inaccurate information are urged to submit corrections for next year's Resource Guide.

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Infant Mental Health Journal - January 2008

VOLUME 29 • NUMBER 1 • JAN-FEB 2008

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# INFANT MENTAL HEALTH JOURNAL

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## SPECIAL ISSUE

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Topics in Early Childhood Special Education - Winter 2007

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