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## ***Children of Abuse and Trauma, Children in Foster Care, and Attachment and Bonding Resources***

*This month we are featuring books, audiovisuals, children's books, and websites about children of abuse and trauma, as well as those about children in foster care. Books and audiovisuals on attachment and bonding are also included.*

*Check out the new additions to the collection on page 10-13!*

## **Abuse and Trauma - Books**

**Abuse and Neglect: The Educator's Guide to the Identification and Prevention of Child Maltreatment.** Barbara Lowenthal, 2001. (130.5 L917 2001 ECI).

This comprehensive resource provides educational professionals with the knowledge and tools they need to learn to recognize and address instances of maltreatment of children.

**Assessment of Childhood Disorders.** Eric J. Marsh, 1997. (227 M378 ECI).

This book considers the assessment of children and families from a behavioral systems perspective. The book focuses on children at risk for abuse.

**The Boy Who Was Raised as a Dog: And Other Stories from a Child Psychiatrist's Notebook: What Traumatized Children Can Teach Us about Loss, Love and Healing.** Bruce Duncan Perry and Maia Szalavitz, 2006. (130.5 P462b 2006 ECI).

Dr. Perry explains what happens to the brain when a child is exposed to extreme stress, and he reveals how innovative treatments are helping ease children's pain, allowing them to become healthy adults.

**Child Development, Health and Safety: Educational Materials for Home Visitors and Parents.** Lisa R. Cohen, 1996. (320.64 C661 1996 ECI).

This set of materials is designed to incorporate child abuse and neglect prevention and child safety into the work of home visitors.

**Child Maltreatment: A Clinical Guide and Reference.** James A. Monteleone, 1998. (130.5 M767 1998 ECI).

This book helps physicians diagnose child maltreatment, recognize those children at high risk for abuse and neglect, and realize strategies for prevention and intervention in abuse cases.

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## Abuse and Trauma - Books (continued)

**Child Maltreatment: A Comprehensive Photographic Reference Identifying Potential Child Abuse.** James A. Monteleone, 1998. (130.5 M767 1998 ECI).

This reference for practitioners dealing with children who have been abused presents extensive photographic evidence of what is and what is not child abuse.

**NEW! Child Trauma Handbook: A Guide for Helping Trauma-Exposed Children and Adolescents.** Ricky Greenwald, 2005. (326.1 G816c 2005 ECI)

This is a comprehensive guide to treatment of children and adolescents exposed to trauma and those with trauma or loss-related issues. This manual helps the reader understand how and why kids' behaviors can be related to their history of trauma while teaching practical hands-on clinical skills and interventions.

**Children and Trauma: A Guide for Parents and Professionals.** Cynthia Monahan, 1993. (540 M734 1993).

Parents and professionals learn about the effects of a car accident, a natural disaster, a dog attack, or frightening medical treatment on children. Readers also learn how to restore a child's sense of safety and balance.

**NEW! Children Exposed to Violence.** Margaret Mary Feerick and Gerald B. Silverman, 2006. (326.1 C536 2006 ECI)

This book focuses on domestic violence, community violence and war and terrorism in the lives of children from birth to age 17. Readers will understand how exposure to violence affects physical health, psychological well-being, social development and academic achievement. Statistics on violence and research on prevalence are presented. Promising interventions are described along with existing and emerging public policies.

**Early Intervention with High-Risk Children: Freeing Prisoners of Circumstance.** Arthur Zelman, 1996. (227.2 Z38 ECI).

Many children live in circumstances that threaten their emotional and physical development. They face abuse, abandonment, neglect, domestic violence, homelessness, and parental mental illness. This book describes innovative intervention techniques and modalities effective with these children.

**Ghosts from the Nursery: Tracing the Roots of Violence.** Robin Karr-Morse, 1997. (326.1 K18 1997 ECI).

This book demonstrates the poisonous effect that neglect, abuse, trauma, injury, and toxicity have in the first thirty-three months of life. Readers learn how the foundations for trust, empathy, conscience, and lifelong learning are developed.

**A Guide to References and Resources in Child Abuse and Neglect.** Jerry G. Jones, 1998. (130.5 J77 1998 ECI).

This reference manual is a resource for physicians and other health care professionals who would like to learn more about the medical diagnosis and treatment of child abuse and neglect. References to journal articles follow a brief description of different types of abuse.

**Hurt Healing Hope: Caring for Infants and Toddlers in Violent Environments.** Joy D. Osofsky and Emily Fenichel, 1994. (130.5 Os5 ECI).

This book discusses the development of caretaking strategies to help young victims of violence.

**Islands of Safety: Assessing and Treating Young Victims of Violence.** Joy D. Osofsky and Emily Fenichel, 1996. (130.5 I82 1996 ECI).

This issue of Zero to Three Bulletin focuses on the assessment and treatment of young victims of violence.

**Parenting through Crisis: Helping Kids in Times of Loss, Grief, and Change.** Barbara Coloroso, 1994. (555.5 C719 1994 ECI).

This book presents ways parents can help children move through the emotional times of their lives such as death, illness, and divorce.

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## Abuse and Trauma - Books (continued)

**Preventing Child Abuse and Neglect through Parent Education.** Preston A. Britner and Jennifer L. Woolard, 1997. (130.5 R425p 1997 ECI).

This book allows early intervention practitioners, administrators, researchers, and policy makers to maximize program effectiveness through case studies, sample program curricula, and comprehensive lists of evaluation measures.

**Starting Smart: How Early Experiences Affect Brain Development.** Theresa Hawley and Megan Gunner, 2000. (530 H396 2000 ECI).

The author explains how trauma and chronic stress affect brain development and how to help families support healthy brain development.

**Tender Mercies: Inside the World of a Child Abuse Investigator.** Keith N. Richards, 1998. (800 R516 1998 ECI).

The author writes of his life as a child protection service worker in the state of New York.

**Treatment of Child Abuse: Common Ground for Mental Health, Medical, and Legal Practitioners.** Robert M. Reece, 2000. (130.5 R294 2000 ECI).

This book provides information about the treatment of sexual and physical abuse and neglect.

**What Can We Do about Child Abuse?** Office of the Attorney General of Texas, 2005. (130.5 M828 2005 ECI).

This handbook provides information about the definition, recognition, and reporting of child abuse in Texas. It is intended for use as a training tool, to increase the likelihood that child abuse will be recognized and referred to the appropriate authorities for investigation. It is designed for professionals such as teachers, doctors, nurses, day care workers, and police officers who regularly come into contact with children.

**NEW! Working with Traumatized Youth in Child Welfare.** Nancy Boyd Webb, 2006. (326.1 W826 2006 ECI)

This book helps integrate perspectives from both the child welfare and trauma literature. It helps practitioners understand and address the special needs of maltreated children and adolescents and their families. Attachment, trauma, risk and resilience are explained. Readers learn how to conduct assessments and implement a range of effective helping strategies with youth in foster care and other settings.

**Young Children and Trauma: Intervention and Treatment.** Joy D. Osofsky, 2004. (130.5 Y68 2004 ECI).

This book is full of practical information on the assessment and treatment of young children exposed to trauma and violence.

## Abuse and Trauma - Children's Books

**I Don't Want to Go to Justin's House Anymore.** Heather Klassen, 1999. (805.1 K63 1999 ECI).

Collin is reluctant to go to his friend Justin's house because Justin is being beaten by his father. This well-told, very short story gives parents and teachers an occasion to talk with young children about communication, personal safety, and the difference between a bad mood and abuse.

**Little Flower: A Journey of Caring.** Laura McAndrew, 1999. (805.1 M114 1999 ECI).

Little Flower, a potted daisy who is neglected by her family, finds help and a new place to stay until the people she was living with can learn how to take better care of her. This book can help begin the healing process for children who have been hurt. It can also help other children to understand what happens to some children. It includes a discussion guide at the end of the book.

**Your Body Belongs to You.** Cornelia Spelman, 1997. (804 S743 1997 ECI).

This picture book explains what children should say and do if someone touches their bodies when they do not want to be touched, especially when the action involves the touching of private parts.

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## Abuse and Trauma - Audiovisuals

**Child Abuse: What Can We Do.** 21 minutes, 1998. (VT1051).

This video identifies the legal definition of child abuse and describes how to recognize and report suspected cases of child abuse. The technicalities of reporting such cases are clarified.

**ECI Teleconference on Recognizing and Reporting Child Abuse.** 71 minutes, 1999. (VT1052).

Wanda Peña presents information and leads a discussion on recognizing and reporting child abuse.

**ECI Teleconference on Working Together with CPS.** 120 minutes, 2005. (VT0609).

In this teleconference, three staff members from the Texas Department of Family and Protective Services Division of Child Protective Services, provide an overview of their division.

**Learning and Growing Together with Families: Seven Ways to Build Strong Relationships.** 22 minutes, 2001. (VT0213).

This video helps professionals who work with young children improve their skills in developing effective relationships with families and with colleagues in order to help reduce the risk of abuse and neglect.

**NEW! Recognizing Child Abuse.** 26 minutes, 2007. (DV0362).

This program spells out the Four Rs of child abuse: the harsh Reality of its presence in our society, the Results it leads to, the many ways to Recognize it, and the proper channels for Reporting it. Each concept is explained through dramatizations and supported by interviews with education and child welfare experts.

**Understanding Traumatized and Maltreated Children: The Core Concepts.** 157 minutes, 2004. (DD0127).

This series consists of 7 programs hosted by Bruce Perry and Art Linkletter on 2 DVDs. Program 1 Challenging Our Beliefs: Dr. Perry challenges us to evaluate existing childcare systems, and urges us to consider their effectiveness, Program 2 The Amazing Human Brain: Dr. Perry covers the basics of brain anatomy and function, Program 3 How the Brain Develops: The Importance of Early Childhood: Bonding and attachment are stressed as the cornerstones of early childhood optimal development, Program 4 Neglect: How the Poverty of Experience Disrupts Development: Severe neglect and missed caregiving opportunities cause various degrees of brain effects and behavior problems in maltreated children, Program 5 The Fear Response: The Impact of Childhood Trauma: Caregivers learn to effectively recognize the behaviors and physical reactions of children in the various stages of the fear response, Program 6 Living and Working with Traumatized Children: In depth information and effective skills for those who care for traumatized and maltreated children, Program 7 Violence and childhood: Insufficient brain cortex modulation and primitive brain stem impulsivity can lead to acts of violence.

**Violence and Its Impact on Young Children with Disabilities.** 120 minutes, 1997. (VT0342).

Experts discuss the impact of violence on children with disabilities.

## Children in Foster Care - Books

**A Child's Journey through Placement.** Vera I. Fahlberg, 1994. (271.8 F142 ECI).

This book provides the foundation, the resources, and the tools to help professionals, parents (birth, foster, and adoptive), and others to support children for whom the journey through placement becomes a part of the road to adulthood.

**Cline/Helding Adopted and Foster Child Assessment: Manual and Individual Record.** Foster W. Cline and Cathy Helding, 1998. (520 C641 1998 ECI).

This assessment tool is designed for the child's family, caretaker, or clinicians to use to determine any problems the child has due to early abuse and neglect, environmental deprivation, exposure to domestic or environmental violence, or family dysfunction.

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## Children in Foster Care - Books (continued)

**The Connected Child: Bring Hope and Healing to Your Adoptive Family.** Karyn Brand Purvis, David R. Cross, and Wendy Lyons Sunshine, 2007. (271.8 p986C 2007 ECI).

This book offers practical strategies for parents who adopt children who have experienced early abuse and neglect. Parents will learn how to provide an atmosphere of safety while teaching life values.

**Homeworks #1: Helping Children and Youths Manage Separation and Loss.** Eileen M. Pasztor, 1993. (271.8 P348h 1993 ECI).

This workbook provides basic information about separation, loss, and the grieving process to help foster or adoptive parents understand the child in their care. It details the effect of loss on growth and development and ways to help the child cope with angry or sad feelings and behaviors.

**Homeworks #2: Helping Children and Youths Develop Attachments.** Eileen M. Pasztor, 1993. (271.8 P348h 1993 ECI).

This workbook offers background information on how children form attachments to their foster or adoptive parents.

**Homeworks #3: Helping Children and Youths Manage the Impact of Placement.** Eileen M. Pasztor, 1993. (271.8 P348h 1993 ECI).

This workbook shows how foster and adoptive parents can integrate a new child into their family and minimize the risk of placement disruption

**Making Managed Health Care Work for Kids in Foster Care: A Guide to Purchasing Services.** Ellen S. Battistelli, 1996. (320.51 B336m 1996 ECI).

This guide will help purchasers of managed health care understand the complex health care and social service needs of children in the foster care system. In addition, it explains the goals and workings of managed health care.

**Reconnecting Families: A Guide to Strengthening Family Reunification Services.** Robin Warsh, Barbara A. Pine, and Anthony M. Maluccio, 1996. (271.9 W295 1996 ECI).

This book contains information public and private child welfare agencies need to conduct a comprehensive self-assessment of their current family reunification policies, programs, and resources.

**Teaching Family Reunification: A Sourcebook.** Robin Warsh, Barbara A. Pine, and Anthony M. Maluccio, 1994. (271.9 W295 1994 ECI).

This book contains curriculum models, handouts, and a bibliography intended for use in training service providers working with families toward reunification. It provides the conceptual tools to rethink family reunification, setting forth the range of competencies required for effective practices.

**Together Again: Family Reunification in Foster Care.** Robin Warsh, Barbara A. Pine, and Anthony M. Maluccio, 1993. (271.8 P649 1993 ECI).

This book contains information to help child welfare agencies establish and implement programs that promote and maintain the reunification of children in out-of-home care with their biological families.

**Transracial Adoption and Foster Care: Practice Issues for Professionals.** Joseph Crumbley, 1999. (271.8 C956 1999 ECI).

This book provides information on how professionals can help children and families make transracial adoptions and foster placement work.

**When Do I Go Home? Intervention Strategies for Foster Parents and Helping Professionals.** Sally G. Hoyle, 1999. (271.8 H868 1999 ECI).

Readers learn the story of two children taken from their home and placed in separate foster homes and of the challenges that arise when children are taken into an unfamiliar system.

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## Children in Foster Care - Books (continued)

**Young Children and Foster Care: A Guide for Professionals.** Judith A. Silver, 1999. (271.8 S587y 1999 ECI). This book offers a multidisciplinary discussion of the needs of infants and young children from birth to age 5 and families involved with the foster care system. It features basic information on child development, highlights key concerns and issues for children in the foster care system, and presents expert advice on aspects of care that are often overlooked in foster care.

## Children in Foster Care - Children's Books

**Finding the Right Spot: When Kids Can't Live with Their Parents.** Janice Levy, 2004. (805.1 L668f 2004 ECI). A young girl living with her foster parent describes the emotional ups and downs of being separated from her mother and living in unfamiliar surroundings.

## Children in Foster Care - Audiovisuals

**Foster Parents Working with Birth Parents.** 50 minutes, 2003. (DD0097). Dr. Vera Fahlberg talks with a panel of experienced foster parents about the issues of increased drug and alcohol related placements, the importance of communication with birth parents, and the need for early permanency planning. While the discussion focuses primarily on infant and preschool placements, the information on this DVD can be applied to the care of foster children of all ages.

**Just One More: The Joys of Foster Parenting.** 28 minutes, 2002. (DV0165). Foster parents can change the lives of kids. Viewers will find out how foster parents can provide love, protection, and care for children who would otherwise not receive these things. It presents the story of a couple who dedicates their lives to raising foster children, thirteen at a time.

**Listening to Birth Families.** 80 minutes, 2003. (DD0098). This DVD presents a model of foster care for creating kinship groups to support families in times of crisis. It is the story of a birth mother, her children (ranging from infant to teen), and two foster families who create a sense of belonging and support for children and adults alike. Dr. Vera Fahlberg speaks of the importance of positive solutions.

**Multiple Transitions: A Young Child's Point of View on Foster Care and Adoption.** 16 minutes, 1997. (VT1763). This pictureless video contains the words the author, Michael Trout, believes a young child would say about living in foster care or being adopted.

## Attachment and Bonding - Books

**Attachment.** John Bowlby, 1982. (271.5 B682 ECI). Bowlby examines the nature of children's ties to their mothers and begins with a discussion of instinctive behavior, its causation, and functioning. The author discusses how attachment behavior develops, how it is maintained, and what function it fulfills.

**Attachment and Psychopathology.** Leslie Atkinson and Kenneth J. Zucker, 1997. (271.5 A876 1997 ECI). This book contains information about attachment and psychopathology in three sections: general considerations, risk and prediction, and in the clinic.

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## Attachment and Bonding - Books (continued)

**Attachment Disorganization.** Judith Solomon, 1999. (271.5 S689 1999 ECI).

This book presents research and theory on the topic of attachment disorganization, an area of investigation that is of importance in the study of attachment, caregiving, and developmental and psychological risk throughout the lifespan.

**Atypical Attachment in Infancy and Early Childhood among Children at Developmental Risk.** Joan I. Vondra and Douglas Barnett, 1999. (271.5 V946 1999 ECI).

This monograph brings together theory and research on atypical patterns of attachment in infancy and early childhood to illustrate and help in understanding some of the key issues in cases that do not fit the traditional attachment coding system.

**Becoming Attached: Unfolding the Mystery of the Infant-Mother Bond and Its Impact on Later Life.** Robert Karen, 1994. (271.5 K145 ECI).

The author demonstrates how different approaches to mothering are associated with specific infant behaviors, such as clinginess, avoidance, or secure exploration. He shows how these patterns become ingrained and how they reveal themselves at age two, in the preschool years, in middle childhood, and in adulthood.

**Bonding: Building the Foundations of Secure Attachment and Independence.** Marshall H. Klaus, John H. Kennell, Phyllis H. Klaus, 1995. (271.5 K667 ECI).

This book explores the effects of various birth practices and situations on parents' feelings and on the development of later attachment and independence.

**Facilitating Developmental Attachment: The Road to Emotional Recovery and Behavioral Change in Foster and Adopted Children.** Daniel A. Hughes, 1997. (271.5 H874 1997 ECI).

This book presents a framework for therapeutic interventions with children who show significant difficulty forming and maintaining an attachment to their primary caregivers. Much of the work focuses on children who were abused and/or neglected by their birth parents.

**Handbook of Attachment: Theory, Research, and Clinical Applications.** Jude Cassidy and Phillip R. Shaver, 1999. (271.5 C345 1999 ECI).

This book, which has chapters written by different experts in the field, provides information such as: the background on the theory developed; what subsequent research has revealed; which measures of attachment have been developed; and what are the recent theoretical and empirical developments in attachment relations.

**Help for the Hopeless Child: A Guide for Families.** Ronald S. Federici, 2003. (227.2 F293 2003 ECI).

This book consists of a comprehensive, aggressive, and innovative assessment and intervention program for those families with children who have been deemed hopeless or untreatable, both biological and adopted, who present with significant cognitive, emotional, and behavioral disorders.

**How You Are Is as Important as What You Do in Making a Positive Difference for Infants, Toddlers and Their Families.** Jeree H. Pawl, 1998. (525 P339h 1998 ECI).

This book presents three kinds of stories, contrasting vignettes, scenarios, and puzzling cases, to illustrate the importance of human relationships in the lives of infants and toddlers. These relationships are the foundations upon which children build their expectations of other people and of themselves.

**Infant Previewing: Predicting and Sharing Interpersonal Outcome.** Paul V. Trad, 1990. (271.5 T675 ECI).

Previewing refers to the quality which helps propel an infant's development forward by introducing imminent maturational trends. This book explains previewing, describes how it heightens the maturational processes of the infant, and offers guidelines for using previewing behaviors in the caregiver-infant dyad.

**The Motherhood Constellation: A Unified View of Parent-Infant Psychotherapy.** Daniel Stern, 1995. (227.2 St45 ECI).

This book explores the nature of parent-infant psychotherapies, treatments that are a major segment of the field of infant mental health.

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## Attachment and Bonding - Books (continued)

**Rhythms of Dialogue in Infancy.** Joseph Jaffe, 2001. (530 J23 2001 ECI).

This monograph presents essays which document the research conducted to support the belief that the dialog between parent and infant is essential to the infant's development.

**A Secure Base: Parent-Child Attachment and Healthy Human Development.** John Bowlby, 1988. (271.5 B683 1988 ECI).

This book is a collection of lectures offering guidelines for child rearing based on the crucial role of early attachment.

**Secure Relationships: Nurturing Infant/Toddler Attachment in Early Care Settings.** Alice Sterling Honig, 2002. (271.5 H773 2002 ECI).

For healthy adjustment in childhood and later in life, infants and toddlers need secure attachments to the adults who care for them. Loving, responsive, and consistent care from primary caregivers is key to young children learning to form relationships. The author distills key points needed in understanding and building attachment.

**Separation, Anxiety and Anger.** John Bowlby, 1973. (271.5 B684 ECI).

This book deals mainly with problems of separation anxiety and its effect on the development of the child. It also addresses the psychopathology that often follows separation.

## Attachment and Bonding - Audiovisuals

**Begin with Love: The First Three Months: Connecting with Your Child.** 30 minutes, 2000. (VT2120).

This video, narrated by Oprah Winfrey and Dr. Kyle Pruett, focuses on the parents' relationship with their infant during the first three months of life by presenting five key guidelines that will help create a responsive and enriching environment for their baby to learn about the world.

**NEW! Children with Disrupted Attachment.** 174 minutes, 2006. (DD0141).

In this four-DVD series, therapists describe the impact of attachment disorder on the ways that children see themselves and interact with others, and how adults can respond most effectively. They explore such topics as setting limits, avoiding power struggles, providing structure, and building a trusting relationship. Their observations are reinforced by the accounts of foster and adoptive parents, group home staff, and former foster children. The presenters emphasize the importance of understanding what drives children's behaviors, rather than simply reacting to them, and provide concrete suggestions for containing negative behaviors and improving adult-child interactions.

**The Developing Child: Infancy Early Relationship.** 19 minutes, 2003. (DD0102).

In this module, early bonding and the signs of unfolding attachment between parent and child are presented. In the comparison of secure and insecure attachment, the impact of different influences is highlighted. From the perspective of attachment, the DVD examines development of stranger anxiety and separation anxiety. To insure strong relationships are present when childcare is needed, three qualities of infant care are stressed. This program explores today's most current thinking on the impact of attachment relationships.

**The Dialogue of Love: The Interaction between Newborn Babies and Their Parents.** 14 minutes, 1998. (VT1745).

This film discusses the importance of early communication with babies immediately following birth and shows the capabilities of infants. It also shows how parents can act simply and naturally to support and encourage their children in everyday situations.

**ECI Teleconference: Attachment.** 47 minutes, 2000. (VT1444).

Florence Crawford discusses attachment in all of its forms and shows a video of several situations with a parent leaving a child to illustrate the different types of attachments.



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## Attachment and Bonding - Audiovisuals (continued)

**ECI Teleconference: Trauma and Attachment.** 87 minutes, 2000. (VT1678).

Stephanie Schick discusses the effects of traumatic experiences and attachment on the infant.

**Empieza con Amor: Los Primeros Tres Meses: Como Conectar con Tu Hijo** 30 minutes, 2000. (VT2163).

This is the Spanish language version of *Begin with Love: The First Three Months: Connecting with Your Child*.

**Families Talk About: Bonding with Your Baby.** 16 minutes, 1996. (VT2102).

This video takes us into the homes of four families with new babies. The parents talk about what bonding is, how and when bonding develops, and why bonding is important to their family life.

**How Relationships Are Formed.** 24 minutes, 1994. (VT2209).

The rhythms of daily life are established during the first three months. As the infant's need for sleep diminishes, the need for stimulation and love grows; the baby is constantly discovering new ways of attracting the attention of the world. Mother and child have grown accustomed to one another; the child recognizing the mother's reactions and the mother responding to the child's demands. Regardless of the culture, infants around the world understand the smile as a signal of recognition and pleasure; smiling is a social act.

**Ready for Life: First Impressions.** 54 minutes, 2000. (VT2140).

This video features six real Texas families sharing an intimate look at their lives when a new baby is added to their family. These stories illustrate how children begin to develop the strength and confidence to face life's challenges in emotionally healthy ways. Dr. Bruce Perry narrates and discusses how important parental involvement is to the healthy brain development of the infant just a few hours old.

**Shaping Youngest Minds.** 23 minutes, 1999. (VT0450).

At birth, the brain is remarkably unfinished; its 100 billion neurons are not yet connected. How the brain is wired for life depends on how the child experiences the world and forms attachments to parents, family, and caregivers.

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## Selected Websites

**Childwelfare.gov** is a gateway providing access to federal information and resources to help protect children and strengthen families. The home page is at <http://www.childwelfare.gov/>  
See especially:

Cultural competence in working with children and families:  
<http://www.childwelfare.gov/systemwide/cultural/families/index.cfm>

Parental drug use:  
[http://www.childwelfare.gov/systemwide/laws\\_policies/statutes/drugexposed.cfm](http://www.childwelfare.gov/systemwide/laws_policies/statutes/drugexposed.cfm)

Permanency for children with disabilities:  
<http://www.childwelfare.gov/permanency/special/disabilities.cfm>

**Foster care** - Information from the American Academy of Child and Adolescent Psychiatry:  
<http://www.aacap.org/page/ww?name=Foster+Care&section=Facts+for+Families>

Click here for links to more reliable websites on **child abuse and trauma**:  
<http://www.nlm.nih.gov/medlineplus/childabuse.html>

Here are websites from a few **associations** of interest:

Children's Advocacy Centers of Texas  
<http://www.cactx.org/>

Texas Alliance for Drug Endangered Children  
<http://www.texasdec.org/>

National Association for Children of Alcoholics  
<http://www.nacoa.org/>

Information **especially for children**:  
<http://www.childhelp.org/resources/learning-center/for-kids>

## New Additions - Books

**Alex: The Fathering of a Preemie.** Jeff Stimpson, 2004. (800.1 S859a 2004 ECI)  
This is the story of the first years of baby Alex who was born weighing 21 ounces. It is the story of doctors, hospitals, conferences, and all the extreme emotions of parenting a preemie. It is the story as told by Alex's father.

**Chicken Soup for the Soul: Children with Special Needs.** Jack Canfield, 2007. (268 C533c 2007 ECI)  
These are inspirational stories of love and understanding for those who care for children with disabilities.

**Children with Disabilities,** 6<sup>th</sup> ed. Mark L. Batshaw, Louis Pellegrino and Nancy J. Roizen, 2007. (200.8 B334c 2007 ECI)  
This sixth edition of a trusted resource for professionals, families, and students presents extensive coverage of crucial developmental, clinical, educational, family, and intervention issues related to all aspects of children with disabilities.

**The Complete Single Mother: Reassuring Answers to Your Most Challenging Concerns.** Andrea Engber, 2006. (271.54 E57 2006 ECI)  
This book, filled with expert information and pragmatic advice, gives single mothers a reference to explain what they need to know to overcome the challenges of daily life. It includes a chapter on parenting children with special needs.

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## New Additions - Books (continued)

**Food Fights: Winning the Nutritional Challenges of Parenthood Armed with Insight, Humor and a Bottle of Ketchup.** Laura A. Jana, 2007. (247 J33f 2007 ECI)

This book brings together the science of nutrition with the practical insight of parents and offers solutions for daily nutritional challenges. The book applies to infants, toddlers and young children. It discusses how to pick your battles, dealing with whining, eating out, healthy drinks, and much more.

**Handbook of Preschool Mental Health: Development, Disorders, and Treatment.** Joan L. Luby, 2006. (266.5 H236 2006 ECI)

This book reviews the current knowledge on mental health and early onset disorders in 2- to 6-year-olds. It balances research, theory and practical clinical concerns. It sheds new light on typical and atypical development. It assists practitioners to identify the intervention needs of preschoolers and their families and formulate prevention and treatment strategies.

**Infant and Early Childhood Mental Health: A Comprehensive, Developmental Approach to Assessment and Intervention.** Stanley I. Greenspan and Serena Wieder, 2006. (266.5 G815i 2006 ECI)

This is a comprehensive book on infant mental health. It presents a model for infant and early childhood mental health. It describes principles of assessment and intervention. It discusses classification, diagnosis and treatment of infant and early childhood disorders and covers prevention and early intervention.

**Making Sense of Autism.** Travis Thompson, 2007. (203.6 T477m 2007 ECI)

Expertly clarifying research and science, this primer on autism helps the reader make sense of brain development and differences in children with autism; types of early intervention and assessment; commonly prescribed medications and their effects; controversies surrounding autism treatments; positive behavior support; families' complex perspectives and challenges; disabilities associated with autism, such as fragile X syndrome, dyslexia, and ADHD; and curricular and environmental adaptations.

**More Quick Team-Building Activities for Busy Managers: 50 New Exercises that Get Results in Just 15 Minutes.** Brian Cole Miller, 2007. (751 M647m 2007 ECI)

This book provides team-building exercises that can be done in fifteen minutes or less. Each exercise includes a list of materials needed, the purpose of the exercise and tips for success. It includes games for new teams, finding creative ways to work together, improving communication, keeping competition healthy within the team, and dealing with change.

**My Baby Sister Is a Premie.** Diana M. Amadeo and Cheri Bladholm, 2005. (805.1 A481m 2005 ECI)

When her baby sister is born too soon, Sarah does not understand what is going on until a nurse explains the tubes and wires and her mother reminds her that God is with tiny Amy, even in the hospital.

**Parenting with Positive Behavior Support: A Practical Guide to Resolving Your Child's Difficult Behavior.**

Meme Hieneman, Karen Childs and Jane Sergay, 2006. (262.2 H633p 2006 ECI)

This guide brings positive behavior support techniques into the home. This creative problem-solving approach to challenging behavior will help parents identify behaviors of concern, understand the reasons behind the behaviors and effectively intervene. It uses three basic methods: preventing problems, replacing behavior and managing consequences.

**Parenting Your Premature Baby and Child: The Emotional Journey.** Deborah L. Davis and Mara Tesler Stein, 2004. (242.1 D261p 2004 ECI)

This book focuses on experiences, feelings and relationships around the delivery, hospitalization, homecoming and long-term parenting of your premature baby and child. It provides suggestions and support for coping, adjusting and finding your way. It shows that both mothers and fathers of premature babies are not alone in their hopes, fears, struggles and triumphs.

---

## New Additions - Books (continued)

**Preemie Parents: Recovering from Baby's Premature Birth.** Lisa McDermott-Perez, 2007. (242.1 M134p 2007 ECI)

This book reveals the world of preemie parents and the emotional stresses they face before and after the birth. The reader will learn how traumatic this time can be for mothers and fathers and what can help. Topics include self-talk, recognizing and coping with negative feelings, bonding, accepting that "this baby is different," dealing with going home alone and being the baby's best advocate.

**Quick Teambuilding Activities for Busy Managers: 50 Exercises that Get Results in Just 15 Minutes.** Brian Cole Miller, 2004. (751 M647q 2004 ECI)

This book presents 50 fun, practical exercises that will help build new teams and help teams assimilate new members. It will help teams deal with change; recognize individual efforts and team accomplishments; find creative ways to work together and solve problems; and increase communication within the group.

**Special Diets for Special Kids Two: More Great-Tasting Recipes and Tips for Implementing Special Diets to Aid in the Treatment of Autism and Related Developmental Disorders.** Lisa Lewis, 2001. (203.6 L674s 2001 ECI)

This book presents more recipes for a gluten-free diet, which some people believe may help children with autism and other related developmental disorders.

**The Truth about Children and Divorce: Dealing with the Emotions So You and Your Children Can Thrive.** Robert E. Emery, 2004. (271.1 E53t 2004 ECI)

This book shows how our powerful emotions and the way we handle them shape how we divorce and whether our children suffer or thrive in the long run. Divorce is invariably painful but parents can help promote their children's resilience.

## New Additions - Audiovisuals

**Early Socialization from Age 2 to Age 5.** 29 min. 2002. (DD0133)

This DVD follows the social development of two young children, Max and Ellie, from the ages of two to five. Examples of multiple attachment, language development, imitation and identification, cooperative play, self-awareness, gender identification, and social conformity are captured on film and clearly identified with onscreen labels as the children broaden their awareness of the world through interactions with each other, family members, and peers.

**First Year Milestones: A Monthly Guide to Your Baby's Growth: Volume 1: Birth to 6 Months.** 25 min. 2006. (DD0128)

This DVD demonstrates the physical, emotional, and linguistic milestones of the first six months. It includes corresponding brain development and safety information throughout. Viewers will watch the progression of eight babies reaching many milestones. Parent comments, fun activities, and signs of possible developmental delays complete this program. (closed captioned)

**First Year Milestones: A Monthly Guide to Your Baby's Growth Volume 2: 7 Months to 12 Months.** 25 min. 2006. (DD0129)

This program demonstrates the physical, emotional, and linguistic milestones of months seven through twelve. It includes corresponding brain development and safety information throughout. Viewers will watch the progression of eight babies reaching many milestones. Parent comments, fun activities, and signs of possible developmental delays complete this program. (closed captioned)

**Mothers Addicted to Meth.** 11 min. 2006. (DD0131)

Kristi is a 33-year-old woman battling a methamphetamine (meth) addiction, while trying to be a good mother to her small children at the same time. It isn't only meth users who are falling victim to the powerful stimulant. It profoundly affects their sons and daughters as well. Focusing on the rehabilitation of meth moms, the DVD examines the struggles they face in staying clean and reconciling with their broken families. (closed captioned)

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## **New Additions - Audiovisuals (continued)**

### **Nutrition for Infants and Young Children.** 27 min. 2007. (DD0132)

This DVD explains the importance of good nutrition for newborns, infants, and toddlers and examines its beneficial effects on their growth and development. Filled with how-to and when-to advice, the program also discusses the relative merits of breastfeeding and bottle-feeding, potential food allergies, the importance of a balanced diet and physical activity even at a young age, and special dietary preferences like vegetarianism. This DVD is in English with captions in Spanish.

### **On the Spectrum: Children and Autism.** 25 min. 2006. (DD0139)

This DVD will enable pediatric practitioners, clinicians, and early childhood educators to recognize the early warning signs of autism spectrum disorders in early childhood and to understand the impact of early and appropriate intervention. It outlines the diagnostic criteria for autism spectrum disorders, provides the guidelines for conducting a developmental screening, and describes how to relay developmental concerns to parents. Differences in reaching developmental milestones are vividly demonstrated. Videotaped examples of typical and atypical behavior in children from four to thirty-six months of age are shown. Newswoman Lesley Stahl of 60 Minutes narrates this video; it also features actor Anthony Edwards of E.R. and parents of children with autism, including football legend Doug Flutie and his wife, Laurie.

### **Parenting Doesn't Have to Be Rocket Science.** 110 min. 2001. (DD0140)

In this DVD, Dr. Foster Cline uses humor to explain the basic principles of the Love and Logic parenting philosophy. Dr. Cline provides viewers with tools and techniques to become more helpful, loving and effective while raising children who are respectful, responsible and fun to be around.

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Early Childhood Report - October 2007

# Early CHILDHOOD Report

Children With Special Needs & Their Families

VOLUME 18, ISSUE 10

OCTOBER 2007

## LEGAL SPOTLIGHT

### Funding in Focus

Learn about a new grant to participate in a study about school readiness for ELLs. **Page 2**

### Washington Watch

See why an early childhood professional development grant program faces consolidation; read why President Bush vetoed the State Children's Health Insurance Program. **Page 3**

### Decisions & Guidance

Read a recent judicial ruling, an OCR letter, and SEA decisions, including a case involving legal fees reimbursement. **Pages 10-12**

### Part C Primer

Section 303.344(d)(1) of the proposed IDEA Part C regulations would clarify that an IFSP must include a statement of the specific early intervention services, based on peer-reviewed research (to the extent practicable), that are necessary to meet the unique needs of the child and the family. See **page 5** for an article regarding research-based best practices.

## COVER STORY

### Removing nutrition services from Part C could impede developmental milestones

That the proposed IDEA Part C regulations would erase nutrition services as an early intervention service has created an uproar among many early childhood experts. Professionals wonder how families would access services when few insurance companies provide coverage. They believe a drop in nutrition-related home visits could mean many children's difficulties would go unnoticed during infrequent doctor's office visits. **See full story, page 4.**

#### Ensure progress

Find out why eliminating nutrition services under Part C could negatively affect progress in other early intervention services. **See page 4.**

## HIGHLIGHTS

### Look toward science for early childhood programming

Learn why you should ignore the hype and political rhetoric associated with early childhood education to implement research-based best practices that address young children's social-emotional needs. **Page 5**

### Overcome privacy concerns to detect children's needs

See how you can work with parents who are concerned about their child's privacy to allow you to speak with the child's doctor about potential special needs. **Page 6**

### Eye on Autism: Ease daily routines with visual prompts

Find out how your staff can use easy-to-comprehend cues to help preschoolers with autism participate more readily in an inclusive early childhood setting. **Page 7**

### Don't ignore academics in diagnostic placements

Learn why accounting for academic programming during a diagnostic placement for a child exhibiting violent behaviors can stave off legal complaints. Also see how data collection can back up your efforts in a dispute. **Page 8**

### Meet needs of young children with bipolar disorder

Uncover appropriate interventions for children who have bipolar disorder. These children might exhibit risk-taking behaviors, aggression, grandiosity, and sensory-processing difficulties. **Page 9**

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Exchange - November/December 2007



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Infant Mental Health Journal - November/December 2007

VOLUME 28 • NUMBER 6 • NOV-DEC 2007

# INFANT MENTAL HEALTH JOURNAL

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*New Directions in Young Children's Socio-Emotional Measures*

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Topics in Early Childhood Special Education - Summer 2007

Topics in Early Childhood Special Education



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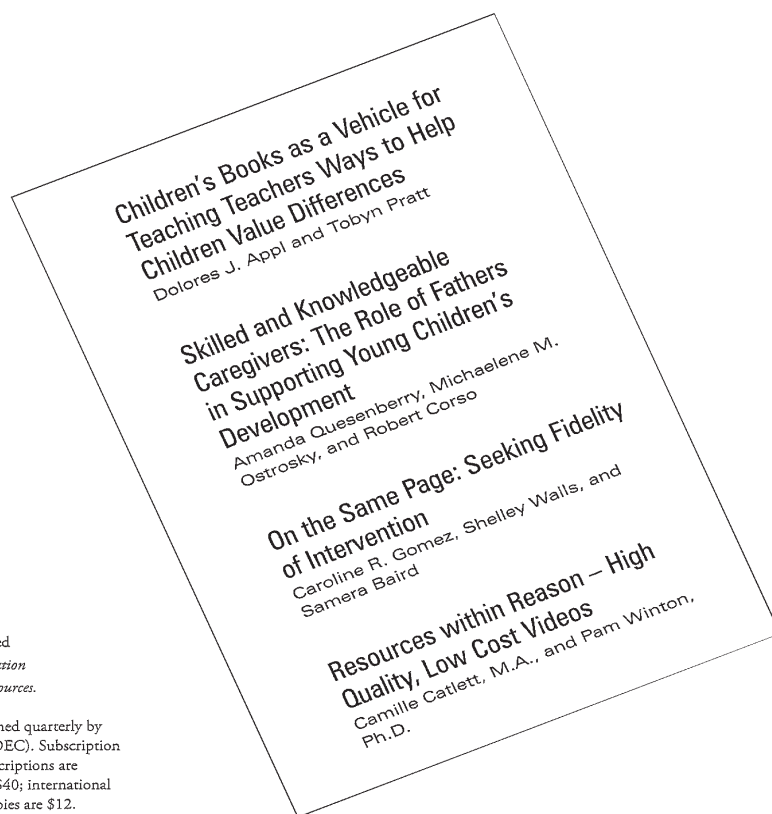
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## Young Exceptional Children - Summer 2007

**Y**oung *Exceptional Children* is a peer-reviewed publication produced by the Division for Early Childhood (DEC) of the Council for Exceptional Children (CEC), designed for teachers, early care and education personnel, administrators, therapists, family members, and others who work with or on behalf of children from birth through 8 years of age who have identified disabilities, developmental delays, are gifted/ talented, or are at risk for future developmental problems. *Young Exceptional Children* is published four times per year and serves as a practitioner's journal and as a complement to the DEC's *Journal of Early Intervention*, as well as the major source of printed communication between DEC and its membership.

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Summer 2007



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A Journal of Practical Ideas for Professionals and Family Members

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Zero to Three - September 2007

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