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Play and Motor Development

This month we are featuring books, videos, and websites about play and motor development.

Check out the new additions to the collection on page 6!

Play and Motor Development - Books

NEW! Achieving Learning Goals Through Play: Teaching Young Children with Special Needs. Anne H. Widerstrom. (655 W639 2005 ECI).

This book describes how to use naturalistic play activities to address children's learning goals. Intended for teachers, therapists, and daycare providers, this book shows that play is a valuable medium for learning.

An Activity-based Approach to Early Intervention. Diane Bricker and Kristie Pretti-Frontczak. (556 B762 2004 ECI).

This book provides child-directed techniques and ready-to-use forms to assist teachers and interventionists to individualize goals and objectives, match developmental levels, plan and execute program schedules and activities, and monitor a child's progress over time.

Activity-Based Intervention Guide with More Than 250 Multisensory Play Ideas. Marcia Cain Coling and Judith Nealer Garrett. (556 C682 1995 ECI).

This book provides detailed guidelines for implementing the activity-based approach in centers, homes or integrated settings. Its fifty weeks of multisensory activity ideas are organized into thematic units that include topics such as holidays, seasons, colors and shapes. Each activity contains goals for the sensory, gross motor, fine motor, cognitive, language and social developmental domains.

AEPS Curriculum for Birth to Three Years. Diane Bricker, Juliann Cripe, and Kristine Slentz. (520 C868 1993 ECI).

This hands-on curriculum is designed to provide abundant teaching opportunities tailored to each child's involvement in the daily activities and routines of early childhood.

NEW! Baby Play: 100 Fun-Filled Activities to Maximize your Baby's Potential. (655.2 B115 2001 ECI).

Sharing play time with infants is one of the best ways to give them a great start in life. This book is full of simple activities that parents and babies can do together. The activities stimulate a baby's physical and social development.

Play and Motor Development - Books (continued)

Baby Play and Learn: 160 Games and Learning Activities for the First Three Years. Penny Warner. (655.2 W283 1999 ECI).

This book offers 160 age-appropriate ideas for games and activities to promote developmental learning opportunities for the baby's first three years when rapid growth and development take place. Parents can use the skills index to find activities that help with fine and gross motor skill development.

Child's Play: Revisiting Play in Early Childhood Settings. Elizabeth Dau and Elizabeth Jones. (655.2 D235 1999 ECI).

A variety of experts present their ideas about the importance of and the ways play helps to further the young child's social, cognitive, and emotional development, with a particular focus on the acquisition of social skills and the development of attitudes.

Developmental Play Group Guide. Barbara C. Browne, Marian H. Jarrett, Carolyn J. Hovey-Lewis, and Maxine B. Freund. (655.2 B816 1995 ECI).

The authors present their developmental play model, which is geared to teach parents and caregivers about many of the skills required for infants to become developmentally competent. This book contains lesson plans which are based on the belief that cognitive understanding, emotional development, social skills, language use, and physical and motor development are all influenced by the child's play experiences. The lesson plans are also provided in Spanish.

Early Communication Games: Routine-Based Play for the First Two Years. Deborah G. Casey-Harvey. (655 C268 1995 ECI).

This book is designed for both the professional and the parent. It lists target language skills and provides games to develop each of those skills for infants and toddlers 0-12 months and 12-24 months. Parents learn how simple games and activities help their child learn communication skills, and become involved in evaluating their child's progress.

Games to Play with Babies. Jackie Silberg. (655 Si32 1993 ECI).

This is a collection of 250 games to foster language skills, coordination, problem-solving, imagination, confidence, dexterity and many others.

Games to Play with Toddlers. Jackie Silberg. (655 Si32 1993 ECI).

This is a collection of games to help toddlers develop language, creativity, listening, observation, coordination, confidence, counting, problem-solving, balance, rhythm, following directions and more.

Helping Young Children Develop Through Play: A Practical Guide for Parents, Caregivers, and Teachers.

Janet K. Sawyers. (655.2 Sa97 1990 ECI).

This book, a practical guide for parents, caregivers, and teachers, explains how play is related to development and what adults can do to support play. It shows how children develop their social skills, motor skills and express their feelings appropriately.

Play and Imagination in Children with Autism. Pamela J. Wolfberg. (203.6 W855 1999 ECI).

The author presents a variety of situations for children with autism to express themselves and learn through play and use of imagination.

Playing Is Learning: A Curriculum for Partners in Parenting Education. Barbara Pagano and Sue F. Dolezal. (655.2 B988 1997 ECI).

This guide, which focuses on how babies learn and how parents can help or hinder this process, uses the power of play to promote learning. It presents activities parents can use to stimulate the emotional ties to their baby and create a positive learning environment at the same time.

The Play's the Thing: Teacher's Roles in Children's Play. Elizabeth Jones and Gretchen Reynolds. (655.2 J76 1992 ECI).

This book describes why play is a fundamentally important part of children's development, and shows how adults can support and promote play.

Play and Motor Development - Books (continued)

Read, Play, and Learn! Storybook Activities. Toni Linder. (655.2 L744r 1999 ECI).

This series contains play activities and games for young children with disabilities and their families. It is designed to promote growth across all of the areas of development important for a young child, and it contains a school-year's worth of ready-to-use lessons. It includes 16 modules. Each module contains a brief retelling of a popular children's story and information on where to get the storybook itself. Additionally, each booklet is accompanied by curriculum planning sheets, vocabulary and material lists, activities, and tips for involving families and additional suggestions.

The Right Stuff for Children Birth to 8: Selecting Play Materials to Support Development. Martha B. Bronson. (655.2 B869 1995 ECI).

Developmental activities are described and organized by age. This book provides details about the items needed for each activity.

Simple Steps: Developmental Activities for Infants, Toddlers, and Two-Year-Olds. Karen Miller. (655.2 M648 1999 ECI).

The activities in this book have been created to encourage young children to develop new skills, practice these skills, and move along at their own pace. The author provides an explanation of each stage of development and lists appropriate games for the child at that stage of development.

Slow and Steady: Get Me Ready. June R. Oberlander. (655 Ob2 1992 ECI).

A preschool resource book that informs parents and caregivers of what they can and should be doing at home to teach basic readiness skills that are necessary for a child to achieve success in school. It contains 260 weekly developmental activities from birth to age five.

NEW! Toddler Play: 100 Fun-Filled Activities to Maximize your Toddler's Potential. (655.2 T636 2001).

Fun-filled play is one of the most practical ways to ensure toddlers receive the best start in life. This book teaches parents how to teach their child by providing ideas and inspiration to enliven quality playtime. Each activity provides children with the foundations for many of the skills they need in preschool. Parents can use the skills index to find activities that help with fine and gross motor skill development.

Your Child at Play: Birth to One Year. Marilyn Segal. (655 S454 1998 ECI).

This book, which contains 180 candid photos, is organized in a month-by-month format. Each month begins with a description of the developmental events and advances in play behavior that are likely to occur during the month. A section of play ideas suggests ways that parents can introduce games and activities that capitalize on the babies' emerging skills.

Your Child at Play: One to Two Years. Marilyn Segal. (655 S454 1998 ECI).

This book, illustrated with more than 200 photos, provides a vivid look at everyday life with a toddler and offers hundreds of creative play activities; expert advice on managing problem situations; and ideas for encouraging creativity, exploration, and language skills.

Your Child at Play: Two to Three Years. Marilyn Segal. (655 S454 1998 ECI).

This book, illustrated with over 130 photographs of real children at play, provides insight into how two year olds see themselves; how they get along with others; and how they learn language.

Play and Motor Development - Videos

Activity-Based Intervention. 14 min. 1995. (VT2278).

How can educators and interventionists turn young children's everyday activities and interactions into ideal opportunities for learning and development? This practical and illustrative video presents easy-to-use strategies to foster learning in children within natural, daily contexts and gives a unique view of those strategies actually being put into practice.

And You Thought They Were Just Playing: Transdisciplinary Play-Based Assessment. 65 min. 1995. (VT1901).

Dr. Toni Linder, the creator of transdisciplinary play-based assessment describes it, tells how it facilitates play, and interprets child behaviors. Footage from two play sessions demonstrates how parents, play facilitators, and other team members can gauge children's development in the domains of cognitive, social-emotional, communication and language, and sensorimotor skills.

The Developing Child: Play. 19 min. 1993. (VT0521).

This video presents children at play and identifies the various types of play. Viewers will learn about the skills that play promotes.

A Family-Centered Team Process for Assessment. 19 min. 1992. (VT0436).

This video features a family-centered, play-based team assessment of an 18-month-old boy being considered for early childhood intervention services. The team consists of the child's mother, their service coordinator, an occupational therapist, a speech and language pathologist, and an infant development specialist. This assessment will allow the team to begin to develop an Individualized Family Service Plan.

Family-Guided Activity-Based Intervention for Infants and Toddlers. 20 min. 1995. (VT1887).

While folding laundry, a toddler and his mother play "peek-a-boo," allowing him to practice attention skills and imitate motor responses. During playtime, an infant is encouraged to reach for toys to work on her motor skills. While drinking from his bottle, an infant with visual impairments practices extending his arms and grasping objects. Daily routines and activities such as these can be turned into ideal opportunities for young children with special needs to learn.

Learning Through Play Video Series. 1994. This series offers useful suggestions for interacting with medically fragile and at-risk children, as well as typically developing infants, birth to 18 months of age. Strategies based on Piaget's theory of cognitive development illustrate ways to create and respond to opportunities that facilitate learning across a variety of settings.

Strategies for Infants Birth - 5 months. 19 min. (VT2332)

Strategies for Infants 5 - 8 months. 14 min. (VT2333)

Strategies for Infants 8 - 12 months. 22 min. (VT2334)

Strategies for Infants 12 - 18 months. 15 min. (VT2335)

Observing Kassandra: A Transdisciplinary Play-Based Assessment of a Child with Severe Disabilities. 50 min. 1996. (VT0432).

This video provides an opportunity for hands-on practice in note-taking and observation for early intervention professionals assessing children with special challenges. Viewers watch a taped play session of a preschooler with severe disabilities, then compare their notes with the completed summary sheets from the companion workbook. By contrasting their own reports with the completed versions, professionals can identify their own strengths in assessment and learn to improve their techniques. This video is suitable for individual or group study.

Playing Is Learning: Video and Discussion Guide. 16 min. 1997. (VT0519).

This video and accompanying guide explore ways parents can play with their baby to promote learning.

Play and Motor Development - Videos (continued)

Raising America's Children: #104 Playing and Learning. 30 min. 1990. (VT0271).

The purpose of this series is to provide information on positive methods of child rearing/child care that can help children make the most of their capabilities. *Playing and Learning* (program 104) discusses how adult caregivers can help children get the most from their play experiences. It examines infant play, which is made up of practicing physical and sensory skills (moving arms and legs, focusing eyes, vocalizing, etc.); the fact that babies in child care and at home need the same types of play experiences; playing independently vs. playing with adults; the more advanced play needs of toddlers; and playing as preparation for elementary school.

Together We Can Know the World: Playing Games. 17 min. 1989. (VT2193).

This tape provides examples of skill development during parent-child play activities both with and without toys. Play is shown as a rich source for every aspect of a child's development. Various stages of play are addressed.

When and Where to Teach; Teaching Self Control; Teaching Play Time Skills. 29 min. 1992. (VT2234).

When & Where to Teach, one of three programs on this video, discusses when and where teaching works best for the whole family. Examples show teaching done in natural settings and at normal times throughout the day. *Teaching Self Control* covers why teaching can sometimes be a challenge for parents. Examples show ways to help children with special needs learn to express themselves more appropriately. *Teaching Playtime Skills* explains the importance of play. Examples demonstrate ways parents can enhance turn taking and choice making.

Play and Motor Development - Websites

Alliance for Childhood: Time for Play, Every Day:

http://www.allianceforchildhood.net/projects/play/pdf_files/play_fact_sheet.pdf

Benefits of Play in Children: Age Specific Interventions by Karen DeBord and Nick Amann. This information is especially valuable for children who are experiencing times of high stress.

<http://www.ces.ncsu.edu/depts/fcs/human/disas4.html>

Family TLC: tools to enhance the parent/child relationship. This website offers ideas for games, sports, crafts, music, cooking, nature and more for parents to do with their children. The ideas are based on the child's age.

<http://www.familytlc.net/>

Kids, Toys, Play, and Learning: A Trio of Tips for Parents http://www.playingforkeeps.org/site/documents/trio_tips.pdf

More ideas and links are at the Playing for Keeps website at <http://www.playingforkeeps.org/>

Learning through play from the American Occupational Therapy Association:

<http://www.aota.org/featured/area6/links/link02v.asp>

Project TACTICS uses the child/family's daily routines, activities, and events as a context for assessment and intervention. <http://tactics.fsu.edu/index.html>

Toys for children with special needs: <http://www.lekotek.org/>

New Additions - Books

Handbook of Autism and Pervasive Developmental Disorders, 3rd ed. Fred R. Volkmar. (203.6 H236 2005 ECI)

This volume includes comprehensive information on diagnosis, development, neurobiology, and behavior of children with autism or pervasive developmental disorders.

New Additions - Videos

Floor Time Techniques and the DIR Model. 2001. DVD.

Stanley I. Greenspan, M.D. and Serena Wider, Ph.D. demonstrate the Developmental, Individual Difference, Relationship-Based (DIR) model and Floor Time strategies for different types of children and families with special needs.

Introduction. 46 min. (DD0053). This is the introduction to the 13 DVD series. Explains why teaching techniques must be altered to help children with special needs. An overview is offered of the various concepts that may need to be taught to a child including time and space. Discusses the functional stages of development.

Case 1. 70 min. (DD0054). This is the case of Alex, a 3-year-old boy. Alex's major challenge relates to auditory processing difficulties that constrict functioning at all developmental levels expected for his age.

Case 2. 92 min. (DD0055). This is the case of Cole a 4-1/2-year-old boy. Cole can be warm and related but lacks the ability to maintain a continuous flow of interactions.

Case 3. 80 min. (DD0056). This is the case of Willie, a 4-year-old boy. Willie's sensory system impedes establishing the core developmental capacities.

Case 4. 109 min. (DD0057). This is the case of Grace, a girl of 5 years and 3 months. Grace represents a bright, verbal and sweet child who has reached all developmental levels but lacks flexibility and emotional range resulting in constrictions and rigidities.

Case 5. 120 min. (DD0058). This is the case of Danny, a 5-year-old boy. Danny has multiple challenges related to sensory regulation, sensory processing and motor planning difficulties that impede functioning at all developmental levels.

Case 6. 59 min. (DD0059). This is the case of Spencer, a 5-year-old boy. Spencer presents with capacities at all developmental levels but has constrictions at all levels as well.

Case 7. 80 min. (DD0060). This is the case of Curt, a 3-year-old boy. Curt demonstrates many developmental strengths. He engages warmly, can be joyous, and shares attention easily. He will benefit from DIR interventions to prevent constrictions and anxiety related to typical developmental challenges.

Case 8. 66 min. (DD0061). This is the case of Gary, a 22-month-old boy. Gary represents a child with very circumscribed difficulties related to initiating and sustaining long sequences of gestural interactions and the elaboration of ideas that constrict the depth and range of verbal and pretend sequences.

Case 9. 86 min. (DD0062). This is the case of Grayson, a 4-year-old boy. Grayson is making developmental progress and is on an adaptive trajectory. He evidences important competencies at all developmental levels but he requires some strengthening of his capacity to stay fully engaged all the time and to sustain a continuous flow of affective interchanges, with affect guiding his interactions and use of symbols.

Case 10. 108 min. (DD0063). This is the case of Alex, a 2-year-old boy. Alex has experienced significant developmental challenges since birth related to his hypersensitivities. This is a different boy than the boy featured in case 1.

Case 11. 82 min. (DD0064). This is the case of Spencer, a 6-year-old boy. Spencer has elements of mastery at all six developmental stages but tends to be rigid, repetitive, and controlling with constricted emotional range. This is a different boy than the boy in case 6.

Case 12. 82 min. (DD0065). This is case 12, the case of Caroline, a 5-year-old girl. Caroline presented with multiple neurologically based challenges early in life that have significantly affected her growth and functioning.

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Young Exceptional Children - Summer 2006

Young *Exceptional Children* is a peer-reviewed publication produced by the Division for Early Childhood (DEC) of the Council for Exceptional Children (CEC), designed for teachers, early care and education personnel, administrators, therapists, family members, and others who work with or on behalf of children from birth through 8 years of age who have identified disabilities, developmental delays, are gifted/ talented, or are at risk for future developmental problems. *Young Exceptional Children* is published four times per year and serves as a practitioner's magazine and as a complement to the DEC's *Journal of Early Intervention*, as well as the major source of printed communication between DEC and its membership.

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YOUNG EXCEPTIONAL CHILDREN

A Magazine of Practical Ideas for Professionals and Family Members