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Behavioral Issues

Building social and emotional skills is an important part of child development. This issue features resources on behavioral issues.

Behavioral Issues - Books

1, 2, 3: the Toddler Years. Irene Van der Zande. (525.3 V26 1995 ECI). Parenting a toddler is a difficult job. This book describes ways of respecting children's needs while still addressing the parents' needs. Trying out the methods described in this book can make parenting toddlers easier and more fun while promoting the toddler's growth and self-confidence.

Becoming the Parent You Want To Be: A Sourcebook of Strategies for the First Five Years. Laura Davis and Janis Keyser. (555.5 D294 1997 ECI).

A sourcebook of strategies for the first five years, this book is based on nine principles that deal with issues of time, optimism, struggle, anger, balancing needs, and learning as you go. Sections deal with children's feelings, children's bodies, difficult behavior, social learning and play, and family relationships.

Behavior Guidance for Infants and Toddlers. Alice Sterling Honig. (262.2 H757 1997 ECI).

This book includes 32 short articles on a variety of situations dealing with infants and toddlers behavior.

Behavioral Problems in Preschool Children: Clinical and Developmental Issues. Susan B. Campbell. (540 C153 1990 ECI).

This volume focuses exclusively on children from toddlerhood through the preschool period. It integrates theory with clinical and developmental research, and presents illustrative case material. It provides practitioners and researchers as well as child psychiatrists, social workers, pediatricians, and nurses an account of this significant stage in the behavioral development of children.

Best Beginnings: Helping Parents Make a Difference Through Individualized Anticipatory Guidance: Handouts for Parents (Birth To Three Years). (555.5 H972 1999 ECI).

This binder contains information for professionals to give to parents about what to expect in their child's current and next developmental phases. Best Beginnings addresses issues related to child development in each of the five developmental domains: cognition, language, motor, social-emotional, and self-help. It also addresses issues related to feeding, sleeping, guiding behavior, toilet training, and choosing a preschool. A *Best Beginnings* chart is included.

Behavioral Issues - Books (continued)

The Case Against Spanking: How to Discipline Your Child Without Hitting. Irwin A. Hyman. (271.7 H996 1997).

This book is written for the parent or teacher who wants to learn how to discipline children without using corporal punishment. The author documents the long-term negative effects of spanking, how it brutalizes kids and creates violent adults, and gives commonsense advice on alternative methods for dealing with discipline problems.

Challenging Behaviors in Early Childhood Settings: Creating a Place for all Children. Susan H. Bell. (540 B435 2004 ECI).

This book is for teachers, child care providers, and other professionals in early childhood settings. It contains strategy-filled resources to help address a wide range of challenging behaviors in students with or without disabilities.

The Challenging Child: Understanding, Raising, and Enjoying the Five Difficult Types of Children. Stanley I. Greenspan. (515 G815 1995 ECI).

This book contains information about the five personality types of children. Parents can fit their parenting style to their child's unique personality and help each child build on strengths, work on weaknesses, and embrace life with confidence and skills.

Character Development: Encouraging Self-Esteem and Self-Discipline in Infants, Toddlers, and Two-year-olds. Polly Greenberg. (540 G798c 1991 ECI).

This book encourages those who regularly spend many hours a week giving care to infants, toddlers, and two-year-olds to fully appreciate the important character development work they're doing. It also encourages them to deepen both their understanding of child development and their child caring skills.

Coping in Young Children: Early Intervention Practices to Enhance Adaptive Behavior and Resilience. G. Gordon Williamson and Shirley Zeitlin. (540 Z37 1994 ECI).

This book describes ways to assist children to integrate and apply their developmental skills for greater flexibility, self-initiation, social reciprocity, and independent problem solving.

The Difficult Child. Leslie Tonner, and Stanley Turecki. (515 T934 2000 ECI).

In this book, the author utilizes his experience with thousands of families to offer compassionate, sound, sensible, and practical advice to parents of hard-to-raise children.

The Emotional Development of Young Children. Marion C. Hyson. (540 H999 1994 ECI).

This book provides readers with an innovative resource that brings together theory and research into children's early emotional development, and applies this knowledge to practice. Proposing specific teaching strategies that advance children's understanding and appropriate expression of their emotions, Hyson focuses her suggestions for practice through the lens of classroom anecdotes drawn from direct observation. This book will serve as a text in graduate and undergraduate early education courses in curriculum and child development, and as an important reading for early childhood teacher educators, teachers, and school and child care administrators.

The Emotional Life of the Toddler. Alicia F. Lieberman. (540 L621 1993 ECI).

This book offers an in-depth examination of the varied and intense emotional life of children from ages one to three. The author addresses commonly asked questions and issues such as why toddlers say no so often and why they can be so obstinate.

Escucha, Mama! Como Criar a Un Nino sin Violencia: Un Manual Para los Padres Adolescentes. Ruth Beaglehole. (271.5 B365 1999 ECI).

This book, written for teen parents, is a conversation between a toddler and mother, expressing what life is like from the toddler's point of view. This book shows loving and supportive ways to teach a child about eating, sharing, using the toilet and all other things toddlers need to learn.

Behavioral Issues - Books (continued)

Grandparenting with Love and Logic: Practical Solutions to Today's Grandparenting Challenges. Foster W. Cline, Jim Fay, and Carol Von Klombenburg. (271.53 F282 1994 ECI).

Sensible, practical solutions based on the love and logic philosophy are offered in this book to overcome a variety of challenges that grandparents may face with their grandchildren and adult children.

Guidance: Behavior is a Message. (540 C886 1993 ECI).

This booklet is one of ten modules in a curriculum for training caregivers. It focuses on how behavior is shaped; how to support behavior we want; how temperament affects behavior; and the importance of maintaining realistic expectations.

Guidance of Young Children. Marian Marion. (540 M338 1999 ECI).

This textbook helps readers understand the process of child guidance. The book is divided into three parts. In Part One, building blocks of developmentally appropriate child guidance are discussed. Part Two reviews special topics in child guidance which include: helping children cope with stress, helping children develop positive self-esteem, and helping children manage anger responsibly. Part Three includes chapters on theories and strategies. The Appendix reviews major positive discipline strategies.

Guiding Young Children's Behavior: Helpful Ideas for Parents and Teachers from 28 Early Childhood Experts. (515 F219 1999 ECI).

This book gives parents and teachers practical step-by-step recommendations from the works of the nation's top authorities on child development.

Help for the Hopeless Child: A Guide for Families. Ronald S. Federici. (227.2 F293 2003 ECI).

This book consists of a comprehensive, aggressive, and innovative assessment and intervention program for those families with children who have been deemed hopeless or untreatable, both biological and adopted, who present with significant cognitive, emotional, and behavioral disorders.

Love and Logic Magic for Early Childhood: Practical Parenting from Birth to Six Years. Charles Fay and Jim Fay. (515 F282 2000 ECI).

This book uses simple and practical examples to show how to put love and logic principles into practice. Parents will learn how to guide their children into becoming confident, responsible adults.

Love and Logic Solutions for Kids with Special Needs. David Funk. (556 F982 2002 ECI).

This book uses hundreds of stories and examples to help educators and parents use the love and logic approach when teaching or parenting students with special needs. The book has four parts: setting the foundation, applying love and logic, the human factor and implementing behavioral interventions.

Mama, Listen! Raising a Child Without Violence: A Handbook for Teen Parents. Ruth Beaglehole. (271.5 B365m 1999 ECI).

This book is written to show and demonstrate to teen parents ways to raise a toddler without violence. It cleverly presents what toddlers are thinking and would say to their parents if they could.

Meeting the Challenge: Effective Strategies for Challenging Behaviors in Early Childhood Environments. Barbara Kaiser and Judy Sklar Rasminsky. (262.2 K13 1999).

This booklet offers proven ideas and strategies that have worked time and again to help the author cope with children with challenging behaviors. These strategies benefit every child not just the ones with challenging behaviors.

No Mas Berrinches: Consejos Para Lograr La Armonia Entre Padres E Hijos. Meg Eastman, and Sydney Craft Rozen. (540 E13 2001 ECI).

This book in Spanish provides excellent advice and tools for understanding tantrums and whining, learning self-calming techniques, and managing conflict with kids of all ages.

Behavioral Issues - Books (continued)

Parenting to Make a Difference: Your One to Four Year Old Child. Brenda Hussey-Gardner. (555.5 H972 2003 ECI).

This book presents concise, comprehensive information on twelve key topics and many techniques to help parents and caregivers make a difference in their child's development. It includes a chapter on behavior management.

Parenting with Love and Logic: Teaching Children Responsibility. Foster W. Cline, Jim Fay, and Tom Raabe. (540 C641 1990 ECI).

The love and logic approach to parenting helps parents raise children who are self-confident, motivated and ready for the real world. Children learn responsibility and the logic of life by solving their own problems. Parents win because they no longer have to resort to anger, threats, nagging or exhausting power struggles.

Practical Ideas for Addressing Challenging Behaviors. Michaelene Ostrosky and Susan Sandall. (262.2 S213 1999 ECI).

This book features articles written by different experts about challenging behaviors in children.

Social: Where do Children Learn Behavior. (540 C844 1993 ECI).

This is one of ten modules in a curriculum for caregivers. The authors explain how children learn behavior by modeling and by example. The cognitive basis of social behavior is also explored.

SOS! Help For Parents: A Practical Guide for Handling Common Everyday Behavior Problems. Lynn Clark. (262.2 C348 1996 ECI).

This book teaches parents easy to learn methods for helping children improve their behavior and adjustment.

Supporting Children with Challenging Behaviors: Relationships Are Key. (557.1 E24 1999 ECI).

This guide offers Head Start staff a process for reflecting on their own practice, assessing difficult situations, and designing interventions through joint problem solving, as well as understanding their own behavior, their assumptions, and their relationships with children with challenging behaviors and with each other.

Time-Out For Toddlers: Positive Solutions to Typical Problems in Children. Donna G. Corwin and James W. Varni. (540 V432 1991 ECI).

This book offers positive ways to deal with normal childhood behavior by combining communication, discipline, love and positive reinforcement in children from two to six years old.

The Temperament Perspective. Jan Kristal. (540 K92t 2005 ECI).

This book provides practical guidance for professionals in order to transform knowledge of temperament into positive interactions and better outcomes. Readers will examine how temperament traits combine to affect children's behavior; how behavior patterns typically manifest in children of various age groups and how environmental factors affect temperament in child care, school, home, health care and mental health settings. Case studies, tips and practical guidelines are included.

Young Children's Behavior: Practical Approaches for Caregivers and Teachers. Louise Porter. (540 P846 2003 ECI).

This book, which supports the message that a caring relationship is the most powerful tool for guiding young children's behavior, advocates a guidance approach and shows how sensitive, child-centered communication can foster behavior that is thoughtful and considerate in young children. The author presents a wealth of practical information that is effective, sensible, direct and empathic to young children's needs.

Behavioral Issues - Videos

Disciplina: Enseñando Límites con Amor. 31 min. (540N939).

Dr. Antonio C. Novello explains that children look for behavioral limits and that discipline is teaching not punishment. It is a loving way to teach a child how to control his or her own behavior. She gives parents tips for creating routines for children at each age level and demonstrates how to set limits for children and what's appropriate at different ages. This is a Spanish language video from the *I Am Your Child* series. The English language version is *Discipline: Teaching Limits With Love*.

Discipline: Teaching Limits With Love. 27 min. (540B827).

In this video, Dr. T. Berry Brazelton, pediatrician, shows parents that discipline is teaching and not punishment, but is a loving way to teach a child how to control his or her own behavior. He gives parents tips for creating routines for children at each age level and demonstrates how to set limits for children and what's appropriate at different ages.

Discipline: What Lily Learned. 13 min. (VC5381).

Lily, a young mother, narrates the program. She realizes that she has been unknowingly rewarding her child for bad behavior, often due to her own lack of self-discipline. She learns that the basis of good child discipline is setting limits for her child's behavior and sticking to them. This video covers difficult situations such as bedtime, mealtime, hitting playmates, and breaking toys. It stresses the importance of being consistent, rewarding good and not bad behavior and keeping a sense of humor.

ECI Teleconference: Challenging Behaviors. 120 min. (VT0471).

In this April 10, 2002 teleconference on challenging behaviors, two presenters, Kathy Paloma, a professional who works with behavior management, and a parent, Janice Drost, discuss ways to manage children with challenging behaviors by giving advice and practical suggestions.

ECI Teleconference: Supporting Children with Challenging Behavior Using Positive Behavior Supports. 73 min. (VT0605).

This video teleconference was presented on July 14, 2004. Lecturer Juliann Woods identifies the major milestones of communication and language development relevant to challenging behavior in young children. She describes the reasons or functions children communicate through their behavior and lists strategies that can be used to prevent and replace challenging behaviors with communication.

Feeding and Swallowing: Using Behavioral Approaches to Feeding Your Child. 8 min. (247N279c).

Children averse to eating learn quickly that they can influence and even control mealtimes with their behavior. The use of behavioral techniques may be useful in helping a child to overcome these dilemmas. This video discusses behavioral principles and procedures that can help promote better feeding and swallowing.

I Love Somebody: Together We Get Along. 11 min. (VT0227).

This video and discussion leader's guide are designed to be used by early intervention specialists or others working with families in which the parents have intellectual limitations or special needs/mental retardation. Using this video and guide in the context of counseling can help parents distinguish between good and bad behaviors in their child, and to use appropriate reinforcement or discipline when necessary.

Raising America's Children: #103 Relating to Others. 30 min. (320.11 H228c).

This program looks at the variations in temperament among children that can make a difference in their behavior. Suggestions for alternative approaches to spanking and screaming are given. Viewers learn the developmental reasons for biting, hair-pulling, and conflicts over toys.

Shaking, Hitting, and Spanking: What To Do Instead. 30 min. (VT0238).

This program shows easy-to-use techniques parents will find useful. Four common scenes that often lead to shaking, hitting, or spanking are presented and followed by an opportunity for the viewer to stop the tape and brainstorm alternatives to these actions. When the program resumes, the viewer will see several common-sense, proven parenting techniques.

Behavioral Issues - Videos (continued)

SOLVE Parenting Problems: The Toddler Years. 40 min. (VC7861).

A step-by-step tool to help parents handle toddler misbehavior. Developed by Ann Corwin, the S.O.L.V.E formula (for children ages 1-3) is a flexible problem-solving process that parents can apply to any number of behavioral issues. This video shows families using the S.O.L.V.E formula in three common toddler challenges: temper tantrums, sharing, and toilet learning. Includes parent workbook and facilitator's guide.

Understanding and Managing Behavior of Young Children. 53 min. (VT0473).

Part one of this video explores causes of challenging behavior in young children and helps teachers and other caregivers intervene effectively while part two presents ways of adapting the classroom environment to facilitate and promote safe, appropriate behavior.

DVD

NEW! Discipline from Birth to Three Volumes 1-4. 58 min. (DD0008-DD0011).

This series features teen parents sharing techniques for teaching babies and toddlers. These videos help teen parents understand that strategies, not punishment, create well-behaved children. Topics covered include how to calm a crying baby, positive discipline strategies, dealing with temper tantrums and strategies for toilet teaching.

Multimedia

NEW! Positive Beginnings: Supporting Young Children with Challenging Behavior. (CR0006).

These two CD-ROM discs contain presentation and print materials. Reproducible training modules cover social and communication development, determining the meaning of challenging behavior, positive behavior interventions and support, teaming to build a behavior support plan, intervention in everyday settings, and supporting families. These materials were designed for use by instructional personnel in higher education institutions and by in-service training personnel who support programs for young children.

Toddlers and Pre-Schoolers: Love and Logic Parenting for Early Childhood. Foster W. Cline and Jim Fay. (CR0001). These are 2 audio CDs. Internationally recognized parenting experts Jim Fay and Foster Cline offer advice on how to beat the terrible twos and overcome the frustrations of dealing with precocious pre-schoolers. They explain the love and logic approach of working effectively with children six months to five years.

Behavioral Issues - Websites

“Child Behavior: What Can I Do to Change My Child’s Behavior?” presents ideas from the American Academy of Family Physicians. See <http://familydoctor.org/201.xml>

Love and Logic provides practical tools and techniques that help adults achieve respectful, healthy relationships with their children. Their philosophy is “Children learn the best lessons when they’re given a task and allowed to make their own choices (and fail) when the cost of failure is still small. Children’s failures must be coupled with love and empathy from their parents and teachers.” Free love and logic parenting tips are found at: <http://www.loveandlogic.com/parents.html>

“Nine Steps to More Effective Parenting” are presented by the Nemours Foundation at http://kidshealth.org/parent/positive/family/nine_steps.html

Smart Parents’ Health Source. Parents can sign up for a free weekly e-mail newsletter full of the latest pediatric news, directly from the medical societies that doctors trust. Go to http://www.medem.com/msphs/msphs_entry.cfm to see all the details about signing up.

The American Academy of Pediatrics has a policy statement on **“Guidance for Effective Discipline”**: <http://aappolicy.aappublications.org/cgi/content/full/pediatrics;101/4/723>

Early CHILDHOOD Report

Children With Special Needs & Their Families

Volume 16, Issue 12 December 2005

In This Issue

INFANTS/TODDLERS

Learn how you can use naturally occurring situations to teach infants language skills, based on a recent study; see why rhymes and poems can improve early literacy development in infants.

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Rely on student support teams to address academic, social deficits

If your schools lack effective early intervention systems — or if the systems you have in place were implemented without fidelity — special education referrals are likely to rise, says **Stephanie Wood-Garnett**.

Addressing children's needs outside of special education is more important than ever, with the new **IDEA** calling for districts to earmark as much as 15 percent of special education money for early intervention.

School districts throughout the country, including **District of Columbia Public Schools**, have developed student support teams to assist students who demonstrate academic and social problems before recommending them for special education and related services.

In DCPS, support teams work to reduce the annual number of unnecessary referrals to special education in elementary school students, said Wood-Garnett, executive director of the DCPS state improvement grant.

(See **SUPPORT** on page 6)

EARLY INTERVENTION

- Find out how you can adopt a student support team model and how that model can address students' academic and social problems. **Pages 6-7**

Employ positive behavior support for students transitioning from Part C

If educators use positive behavior support when addressing challenging behavior, they'll see positive results, say early childhood experts **Bobbie Vaughn** and **Rochelle Lentini**.

BEHAVIOR

- Learn why you should exhaust BIPs and best practices before employing time-outs and how to identify 'triggers' of misconduct. **Pages 8-9**

Unfortunately, many educators do not know about or employ PBS, they said.

When young children with challenging behaviors enter prekindergarten programs, their educators often lack the training to support them, Vaughn and Lentini said. There's not enough preservice at the college level and not enough in-service training to show them how to support children with challenging behavior.

Vaughn and Lentini researched PBS and developed the **Transition Toolkit** to address challenging behavior in young children who transition into preschool programs. You can use the following tips and information from the toolkit to help your teachers respond to misbehavior in more effective ways.

(See **STRATEGIES** on page 8)

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Zero to Three - November 2005

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