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April 2005



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April - Month of the Young Child

This month we are featuring books, videos and websites on parenting and child development along with many books we've picked out just for children. Please contact us to borrow any of these materials.



Child development/Parenting - Books

Becoming the Parent You Want to Be. Laura Davis and Janis Keyser, 1997. (555.5 D294).

A sourcebook of strategies for the first five years, this book is based on nine principles that deal with issues of time, optimism, struggle, anger, balancing needs and learning as you go. Sections deal with Children's Feelings, Children's Bodies, Dealing with Difficult Behavior, Social Learning and Play, and Family Relationships.

Caring for Your Baby and Young Child—Birth to Age 5. Steven P. Shelov, 1993. (525Sh44).

Everything on basic child care is covered in this child instruction manual by the American Academy of Pediatrics. What's the best nutrition for my infant? When should we see a doctor? How do I handle my toddler's temper tantrums? Is my child developing normally? The answers to these questions - and thousands more - are delivered in a warm, accessible, user-friendly style.

Parenting to Make a Difference...Your One- To Four-Year Old Child. Brenda Hussey-Gardner, 2003. (555.5 H972).

This book presents concise, comprehensive information on 12 key topics and many techniques to help parents and caregivers make a difference in their child's development.

Positive Child Guidance. Darla Ferris Miller, 2000. (264.5 M647 ECI). This book presents developmentally appropriate guidance strategies to assist young children toward becoming responsible, respectful, and productive community members.

Rules for Parents—Simple Strategies That Help Little Kids Thrive—and You Survive. Nan Silver, 2000. (555.5 S587).

This book, based on the latest research in early childhood, contains common sense strategies for giving children from infancy to kindergarten a strong start by parents who have a mix of fondness and firmness.

Take Good Care of Me—What Kids Think Every Grown-up Needs to Know About Being a Parent. Kari Cimbalik, 1999. (555.5 C573). This book shares, through words and pictures, children's insights into what makes a good Mom or Dad.

Child development/Parenting - Books (continued)

Working with Families and Their Infants at Risk. Rose Bromwich, 1997. (555.5 B788).

The purpose of this book is to explore issues of early intervention, on the premise that the quality of interaction between parent and infant has a powerful effect on the infant's development and well-being. Central to this theme is the role of the professional who works with families of infants who are born preterm and/or who suffered medical complications at or soon after birth.

Child development/Parenting - Videos and Kits

1, 2, 3, 4 Parents!—Parenting Children Ages 1 to 4. Kit, 1996. (555.5 P828).

This kit (video and discussion program) presents information which will help to educate parents about young children's behavior and needs, about the complex job of parenting, and about themselves.

Growing with Love—Creciendo con Amor. 29 minutes English; 32 minutes Spanish, 2002. (555.5 M489). This video, which is presented in English first and then repeated in Spanish, "is a parenting guide covering pregnancy, newborns, infancy, and toddlers. From eating right when pregnant to potty training their toddlers, new moms and dads will learn the basics for raising a happy and healthy child."

The History of Parenting Practices. 17 minutes, 1998. (VC7188).

Introduces the topic of parenting using an historical perspective specifically citing events, legislation, and theorists. Connects basic information on child development theories with actual parenting practices.

I Am Your Child. 47 minutes, 1997. (525J641).

Tom Hanks narrates an overview of parenting and child development. This video includes a cast of well-known Americans as they discuss the problems and challenges facing today's families and children.

Infant State. 33 minutes, 1990. (525K52).

One of a series of six tapes, this video introduces child care workers to the philosophy of working with parents of at-risk infants. Many of these parents do not know the capabilities of their infants or what to expect from them. The video outlines aspects of infancy to pass on to the parents: infant state classification; behavioral characteristics of infant state; neurologic and physiological factors; sleep/wake organization and cycles; and the maturation aspects of the infant. With this information, parents are more prepared to meet the needs of infants.

Infant Behavior. 50 minutes, 1990. (525K53).

The second of a series of six tapes, this video discusses infant behavior, the differences between infants, sensitivity of caregivers, and the effects of infant behavior on caregiving.

Infant Cues. 42 minutes, 1990. (525K54).

The third of six tapes in this series, this video examines the cues infants give their caregivers. By understanding these cues, caregivers can be more responsive to the infant and the infant can develop a feeling of security and of being understood. The video shows examples of engaging and disengaging cues, caregiver-infant interaction and clustering of cues.

Raising Children with Special Needs. 36 minutes, 2001. (555.5 P581).

The Child-Parent Attachment Project is a collaboration between the University of Virginia's School of Medicine and the Curry school of Education. The parents involved in this project discuss their children's chronic disabilities and how they cope with the problems caused by their children's disabilities.

Shaking, Hitting and Spanking—What Do I Do Instead? 30 minutes, 1990. (VC5868).

Alternative strategies and techniques to spanking, hitting, and shaking are presented through four parent-child vignettes.

Child development/Parenting - Videos and Kits (continued)

Small Wonder! Kit, 1979. (655K148).

This package is for a baby's first 18 months. Its activities and materials encourage physical, intellectual and emotional growth as well as language development. It contains 150 activity cards with games, exercises, songs, picture stories and puppet plays. Some activities take 10-15 minutes although most take only 5-10 minutes.

Small Wonder! 2. Kit, 1981. (655K149).

This package is designed to encourage developmental skills during the toddler months. The program's activities and materials foster physical, emotional, and intellectual growth as well as language development. There are 150 activity cards for games, exercises, songs, stories, and activities to create opportunities for learning and playing. Most activities can be used with either a single child or several at a time. Some call for a group while others work best with an individual.

Ten Things Every Child Needs. 60 minutes, 1997. (VC6546).

Explains how our earliest interactions with children influence brain development. Offers a simple, ten-point check-list that parents, teachers, family childcare providers and babysitters can follow to give children the best start in life. Explains that ten simple things have been shown to help children's brains develop: interaction, loving touch, stable relationships, safe healthy environments, self-esteem, quality child care, play, communication, music and reading.

Toddlerhood: Emotional Development. 24 minutes, 1992. (VC5335).

Covers the emotional development of toddlers. Discusses their autonomy, shame and doubt, socialization through meeting biological needs, handling emotions and social interaction.

What to Teach; Teaching Choices; Teaching Dressing Skills (closed captioned). 29 minutes, 1992. (550So88). "What to Teach," one of three programs on this video, discusses skills and behaviors children with special needs must learn. Examples show ways parents can break down learning tasks into small, manageable steps. "Teaching Choices" covers choice as a skill critical to all children. Examples show different ways children communicate, and the importance of practice on a daily basis. "Teaching Dressing Skills" outlines ways parents can help children develop dressing skills. Examples show parents using guiding techniques as children learn to dress.

When and Where to Teach; Teaching Self Control; Teaching Play Time Skills (closed captioned). 29 minutes, 1992. (550So87).

"When & Where to Teach," one of three on this video, discusses when and where teaching works best for the whole family. Examples show teaching done in natural settings and at normal times throughout the day. "Teaching Self Control" covers why teaching can sometimes be a challenge for parents. Examples show ways to help children with special needs learn to express themselves more appropriately. "Teaching Playtime Skills" explains the importance of play. Examples demonstrate ways parents can enhance turn taking and choice making.

Yelling, Threatening, and Putting Down: What To Do (closed captioned). 35 minutes, 2000. (VC7385) Presents a variety of positive, practical techniques for dealing with four challenging parent-child interactions: when children are very active; when children get angry; when children whine; and when siblings fight.

Children's Books

Andy Finds a Turtle. Nan Holcomb, 1987. (805.1 H725a).

Andy's physical therapist calls him a turtle one day when he is feeling uncooperative, and thus begins a search to find a turtle, during which he becomes a small hero and learns something important about himself.

Ben, King of the River. David Gifaldi, 2001. (805.1 G456).

In this story Chad experiences a range of emotions when he goes camping with his parents and his five-year-old brother, Ben, who has many developmental problems.

Benjamin Comes Back; Benjamin Regresa. Amy Brandt, 2000. (805.1 B821).

In this book, which is written in English and Spanish, Benjamin misses his mother after she drops him at day care, but thinking about coming back tomorrow reassures him that she will come back as well.

Black, White, Just Right! Marguerite W. Davol, 1993. (805.1 D266).

In this story a girl explains how her parents are different in color, have different tastes in art, food, and pets, and how she herself is different, too, but just right.

Come Sit By Me. Margaret Merrifield, 1990. (805.1 M552).

This story about children in preschool tells the story of how Karen made friends with a new boy, Nicholas, who has AIDS, and how they all learned what AIDS is and what it is not.

Dad and Me in the Morning. Patricia Lakin, 1994. (805.1 L192).

A boy who is deaf and his father share a special time as they watch the sunrise at the beach together.

Did My First Mother Love Me? A Story for an Adopted Child. Kathryn Ann Miller, 1994. (805.1 M648).

Morgan's adopted mother reassures her that she is loved by reading a letter written by her birthmother. It includes a section: "Talking with your child about adoption."

Dina the Deaf Dinosaur. Carole Addabbo, 1998. (805.1 A222d).

This story is about a dinosaur who is deaf and runs away from home because her parents would not learn sign language. She befriends an owl, a mole, and a chipmunk.

Goodnight, Daddy. Angela Seward, 2001. (805.1 S514).

Eight-year-old Phoebe looks forward to a visit from her absent father and must deal with her disappointment when "something comes up" and he must postpone his visit.

Gran-Gran's Best Trick—A Story for Children Who Have Lost Someone They Love. L. Dwight Holden, 1989. (805.1 H726).

In this story a child recounts her special relationship with her grandfather and the difficulty of coping with his death from cancer.

He's My Brother. Joe Lasker, 1974. (805.1 L345).

In this story a young boy describes the school and home experiences of his younger brother who has a learning disability.

I Feel Different—A Book About Being Adopted. Kathy Stinson, 1998. (805.1 S859).

A little boy thinks about his birth mother from time to time wondering where she is, what she's like and why she gave him away. He thinks he might look for her when he's older, but his real family is the one he's always known and loved.

I Have a Sister My Sister Is Deaf. Jeanne W. Peterson, 1977. (805.1 P485).

In this story for children, a young girl describes how her sister who is deaf experiences everyday things.

I Love You, Little One. Nancy Tafuri, 1999.(805.1 T124).

In this young child's board book six animals and one child are reassured by their mother of the many ways they are loved.

Children's Books (continued)

The Kissing Hand. Audrey Penn, 1993. (805.1 P412).

When Chester the raccoon is reluctant to go to kindergarten for the first time, his mother teaches him a secret way to carry her love with him. (Also available in Spanish 805.1 P412s)

My Very Own Room—Mi Propio Cuartito. Amada Irma Perez, 2000. (805.1 P438).

This is the story of a resourceful Mexican American girl who, with the help of her family, realizes her dream of having a space of her own in her home to read and to think.

A Smile from Andy. Nan Holcomb, 2004. (805.1 H725sm).

This story is about a little boy named Andy who has cerebral palsy and is very shy. To make matters worse, he has a sister who is very sociable. This story helps to increase awareness in children of the responsibility of each of us to meet people halfway in friendship.

Tell Me Something Happy Before I Go to Sleep. Joyce Dunbar and Debi Gliori, 1998. (805.1 D898).

Willa has trouble falling asleep until her brother reminds her of all the happy things that await her in the morning.

What's Wrong with Timmy? Maria Shriver, 2001. (805.1 S561).

Making friends with a boy who is mentally disabled helps Kate learn that the two of them have a lot in common.

Words In Our Hands. Ada B. Litchfield, 1980. (805.1 L776).

In this book for children, nine-year-old Michael explains the facts and feelings of family life with parents who are deaf.

Selected Websites on Child Development or Parenting Issues

Disclaimer: External links to other sites are intended to be informational and do not have the endorsement of the Early Childhood Intervention Division at the Texas Department of Assistive and Rehabilitative Services or the Texas Department of State Health Services. These sites may also not be accessible to persons with disabilities.

American Academy of Child and Adolescent Psychiatry Facts for Families: http://www.aacap.org/publications/factsfam/

Facts for Families provides concise and up-to-date information on mental health issues that affect children, teenagers, and their families, such as bullying, depression, normal development, etc.

Including Children With Disabilities in Child Care: http://www.nccic.org/poptopics/includingchildren.html
Directory of organizations, publications, and Web sites providing a sample of information about strategies for including children with disabilities in child care settings.

MedlinePlus Child Development and Parenting Links:

http://www.nlm.nih.gov/medlineplus/childdevelopment.html http://www.nlm.nih.gov/medlineplus/parenting.html

MedlinePlus, created by the National Library of Medicine, provides links to extensive full-text information from the National Institutes of Health and other trusted sources.

National Center for Early Development and Learning: http://www.fpg.unc.edu/~ncedl/

NCEDL focuses on enhancing the cognitive, social, and emotional development of children from birth through age eight.

Need statistics? See the Federal Interagency Forum on Child and Family Statistics: http://www.childstats.gov/
This web site offers easy access to federal and state statistics and reports on children and their families, including: population and family characteristics, economic security, health, behavior and social environment, and education.

See also ECI's list of related sites for many more great websites: http://www.dars.state.tx.us/ecis/resources/ links.shtml

Early Childhood Report - March 2005



In This Issue

OSEP

The new IDEA Part C details were few at a recent OSEP conference; find out what federal officials said and what's being said about the departure of OSEP's director.

PAGE 3

SCHOOL READINESS

Read about a multistate effort that compiled common indicators of school readiness that might help you improve how you prepare young learners for school success.

PAGES 8-9

IDEA

Learn what minor changes parents, advocates and educators would like the Department of Education to make to the new IDEA; understand the new IDEA by attending an upcoming conference.

PAGE 10

RESOURCES

No Child Left Behind online guide answers frequently asked questions; a resource guide to diversity training materials has been compiled by North Carolina officials......2

LAWSUITS & RULINGS

Early Childhood Report - April 2005



In This Issue

TRANSPORTATION

Employ a checklist to help you understand how to properly use child safety restraint systems when transporting preschool students.

PAGE 3

IDEA

Find out how you can seize the promise of early intervention for children considered abused and neglected; learn what legislation says about increasing access to services for those children and what the IDEA says about what services that must be provided.

PAGES 6-7

STUDIES

Environmental tobacco leads to children's cognitive declines; preschoolers are found to be short on some key vitamins; a mother's quality time is key to her child's development.

PAGE 10

RESOURCES

Effects of electronic media on children from birth to six; report on children's emotional development......2

LAWSUITS & RULINGS

Amended IEP offer is appropriate for 4-year-old with autism; failure to give notice for evaluation, procedural safeguard denies FAPE; teacher request not required; student doesn't need for FAPE; parent, not district, faulted for delayed IEP.......11-12

Exchange - March/April 2005



NO. 162 MARCH/APRIL 2005

Feature Articles

- 6 Developing Early to Mid Career Teachers by Patricia Scallan Berl
- 12 Tending the Garden What gardening can tell us about running our centers by Donna Rafanello
- 16 Encouraging Healthy Ealing by Exchange Panel of 300
- 20 Safe Playground Equipment for Early Childhood Programs by Donna Thompson, Susan Hudson, and Heather Olsen
- 23 Buyer's Guide to Outdoor Play Equipment and Products
- 31 Providers, Children, and Families Experience the Impact of High Quality Care Giving by Joan Matsalia
- 53 Men's (and Women's) Role in ECE by Dorothy W. Hewes
- 66 Employer Child Care Providers Slalled, But Optimistic Fourteenth annual status report on employer child care by Roger Neugebauer
- 69 T.E.A.C.H. Early Childhood^{*} Providing strategies and solutions for the early childhood workforce by Sue Russell and Julie Rogers
- 76 Nurturing the Future Implementing internships in child care programs by Lisa Peterangelo
- 80 Decoding Technology Staff Training and Parent Education Tools by Tim Walker and Chip Donohue
- 82 Telling Our Stories A key to effective leaching by Susan Bernheimer

Beginnings Workshop

- 37 Nurturing Optimism
- 38 Building Relationships With Young Children by George Scarlett
- 41 Choosing Courage in a Climate of Fear by Jeffrey Perkins
- 44 Raising Children Who Are Hopeful by Karen J. Reivich and Jane E. Cillham
- 49 Living With Disappointment: How to Choose Powerful Outcomes in the Face of Unmet Expectations by M. Parker Anderson

Training Suggestions by Kay Albrecht

Regular Features

- 4 Dear Reader Celebraling 27 Years
- 35 From a Parent's Perspective Time to Go: If You Say It Do It by Roslyn Duffy
- 58 MindBenders
- 60 Ideas for Training Staff A Tale of Unraveling by Margie Carter
- 84 Cover Story Meet Josie Disterhoft, Director,
 Lutheran General Children's Day Care, Des Plaines, Illinois
 Based on an inteview by Bonnie Neugebauer
- 86 Exchange Marketplace
- 88 Exchange Billboard
- 88 Exchange Classifieds

Exceptional Parent - March 2005

E P C O N T E N T S

MARCH 2005 . VOLUME 34, ISSUE 3 . ESTABLISHED 1971

SCHOOLS, CAMPS AND RESIDENCES

20 KNIT TOGETHER

THE EXECUTIVE DIRECTOR OR THE MEADOWS AT MELMARK EXPLAINS HOW THEIR KNITTING PROGRAM HELPS BUILD SELF ESTEEM AND PRIDE IN RESIDENTS, BY JOY POIT

22 EDUCATIONAL INSTITUTE OF THE MONTH: SHELTON SCHOOL

FOUNDED IN 1976 BY DR. JUNE SHELTON, SHELTON SCITIOL IS A PRIVATE, INDEPENDENT, NON-SECTARIAN, COEDUCATIONAL, NON-PROFIT SCHOOL IN DALLAS, TEXAS WHOSE PURPOSE IS TO PROVIDE EXCELLENCE IN EDUCATION TO LEARNING-DIFFERENT CHILDREN, PRESCITOOL TO GRADE TWELVE.

24 A HOME AWAY FROM HOME

HOW KEN-CREST CENTERS ONE-OF-A-KIND TRANSITIONAL CARE HOME PROGRAM OFFERS MEDICALLY FRAGILE INFANTS A HOPEFUL AITERNATIVE TO LIFE IN THE HOSPITAL. BY XELLY DE LA ROCHA

30 ISLAND DOLPHIN CARE

WHEN DEENA AND PETER HOAGLAND REALIZED THE MANY BENEFITS THAT SWIMMING WITH DOLPHINS PROVIDED THEIR SON, WHO WAS BORN WITH A RARE, LIFE-THREATENING HEART CONDITION, THEY DECIDED TO BEGIN A NON-PROFIT ORGANIZATION TO ALLOW OTHER CHILDREN WITH DISABILITIES THE OPPORTUNITY TO TAKE PART IN THE THERAPY.

32 BROTHERLY LOVE FOR ALL

LAST SEASON THE PHILLADELPHIA
PHILLIES INTRODUCED THEIR FANS TO
A NEW STADIUM, ONE THAT PEOPLE
WITH DISABILITIES ARE TRULY
ENJOYING.

DEPARTMENTS

- 8 EDITOR'S DESK
 LEECHES, MAGGOTS AND EXCEPTIONAL PARENT
- 10 SEARCH AND RESPOND
- 14 WHAT'S HAPPENING
- 41 IDEA NOTEBOOK

PLAN NOW FOR TRANSITION TO ADULTHOOD. USE THESE TIPS FOR SMOOTH SAILING WHEN IDEA SERVICES END.

FEATURES

34 LD AND ADD IN COLLEGE

A PERSONAL STORY OF EDUCATIONAL SUCCESS FOR A STUDENT WITH LEARNING DISABILITIES, BY LAUREL MAURY

37 SPECIAL NEEDS ALLIANCE

What Exceptional Parents need to know about the SSI Parent-to-child Deeming Rules (PART I) BY KEMP SCALES, CELA

51 HIPPOTHERAPY - FACILITATING OCCUPATIONAL PERFORMANCE

PARENTS AND CAREGIVERS
WITH SPECIAL NEEDS CHILDREN
KNOW DELAY AND DISABILITY OFTEN
INHIBIT ENGAGEMENT IN
DEVELOPMENTALLY APPROPRIATE
ACTIVITIES. SOME PARENTS,
HOWEVER, HAVE EXPERIENCED
THE JOY OF SUCCESSFUL PROGRESS
IN OCCUPATIONAL PERFORMANCE
THROUGH THE NON-TRADITIONAL
THERAPEUTIC MODALITY—
HIPPO THERAPY,
8Y CAROLYN O. CANTU, MS, OTR

54 A VERY SPECIAL EDUCATOR

A PROFILE OF LILLI NIELSEN AND WHY SOME CONSIDER HER THE WORLD'S PREMIER TEACHER OF THE BLIND AND THOSE WITH MULTIPLE SPECIAL NEEDS. BY DAVE DEROCHE

61 END OF LIFE SERIES

HISTORY OF END-OF-LIFE CARE FOR PEOPLE WITH DISABILITIES.

72 PROGRAMS AND SERVICES FOR CHILDREN WITH DISABILITIES:

PARENTS LACK INFORMATION

ONE PARENTS STORY OF NAVIGATING THE COMPLEX WORLD OF DISABILITY SERVICES AND PROGRAMS. BY A. RANI ELWY, PHD

48 PARENT PERSPECTIVE

THE INVISIBLE CHILD BY TRACY CLARK

65 AMERICAN ACADEMY OF DEVELOPMENTAL MEDICINE AND DENTISTRY

DEVELOPMENTAL MEDICINE AND DENTISTRY REVIEWS & REPORTS

82 LIVING WITH A DISABILITY

WORDS CAN DO SO MUCH (OR SO LITTLE) BY JERRY LEVINSON

Infant Mental Health Journal - March/April 2005

VOLUME 26 · NUMBER 2 · MAR-APR 2005

INFANT MENTAL HEALTH JOURNAL

IN MEMORIAM

Irving B. Harris: In Memoriam

JOY D. OSOFSKY, MATTHEW E. MELMED, AND EMILY FENICHEL • 91

SPECIAL SECTION

International Struggles and Strategies in Improving Caregiving/Child Relationships in Group Care

GUEST EDITOR: MIMI A. GRAHAM

FOREWORD

International Struggles and Strategies in Improving Caregiving/Child
Relationships in Group Care

MIMI A. GRAHAM • 93

ARTICLES

Improvements in Early Care in Russian Orphanages and Their Relationship to Observed Behaviors

CHRISTINA J. GROARK, RIFKAT J. MUHAMEDRAHIMOV, OLEG I. PALMOV, NATALIA V. NIKIFOROVA.
AND ROBERT B. MCCALL • 96

The Emotional Quality of Childcare Centers in Israel: The Haifa Study of Early Childcare

An Educational Intervention Improves Developmental Progress of Young Children in a Romanian Orphanage

JOSEPH SPARLING, CRISTIANA DRAGOMIR, SHARON L. RAMEY, AND LAURA FLORESCU . 127

CLINICAL PERSPECTIVES SECTION

What Do Mothers Know? Maternal Knowledge of Child Development
STEPHANIE REICH • 143

A Model-Based Intervention for Depressed Mothers and Their Infants KARIN T.M. VAN DOESUM, CLEMENS M.H. HOSMAN, AND J. MARIANNE RIKSEN-WALRAVEN . 157

Volume 26, Number 2 was mailed the week of March 7, 2005.