



House Committee on Public Health

Senate Bill 10, Healthy Lifestyles Pilot

Albert Hawkins, Executive Commissioner
Health and Human Services Commission
January 17, 2008

Healthy Lifestyles Pilot

Background Information

- Pursuant to S.B. 10, Section 4, 80th Legislature, 2007, the Health and Human Services Commission (HHSC) is required to develop and implement a Medicaid healthy lifestyles pilot in one region of the state designed to promote healthy behaviors by Medicaid recipients.
- Recipients will be provided positive incentives to lead healthy lifestyles, such as participating in certain health-related programs or engaging in certain health-conscious behaviors, with the goal to improve participants' health outcomes.
- These incentives could include expanded health care benefits or value-added services, individual health reward accounts for certain Medicaid recipients, and other positive incentives to be determined by HHSC.

Healthy Lifestyles Pilot

Current and Planned Activities

- HHSC is assessing healthy lifestyles pilot options, which could include:
 - Smoking cessation programs
 - Weight management programs to encourage participants to engage in physical activities and make healthy food choices
 - Participation in preventive care programs
- The assessment includes reviews of healthy lifestyle programs offered by Health Maintenance Organizations (HMO), HMO proposals, and programs and experience in other states.
- Selection of a pilot site and program design is scheduled for February 2008.
- The pilot is scheduled for implementation by September 1, 2008.