

# Long-Term Care Insurance Suitability Worksheet

Long-term care insurance is probably not right for you if any of the following apply:

- You cannot afford the premiums.
- You have limited assets.
- Your only source of income is Social Security or Supplemental Security Income.
- You often have trouble paying for utilities, food, medicine, or other important needs.
- You are on Medicaid.

If you think long-term care insurance is right for you, consider your personal risk factors and financial considerations and then talk to a trusted financial advisor to determine if you should buy a policy.

## Personal Risk Factors

Does your family have a tendency for long life expectancy?  Yes  No

Is there a history of chronic or debilitating health conditions in your family?  Yes  No

Do you have a spouse, adult children, or other family members who can care for you at home?  Yes  No

Do you understand that you must be diagnosed with cognitive impairment or be unable to perform two of six activities of daily living (bathing, continence, dressing, eating, toileting, transferring) prior to receiving benefits?  Yes  No

## Financial Considerations

### Premiums

How will you pay your long-term care insurance premiums?  Income  Savings/investments

Will your family contribute anything toward your long-term care insurance premiums?  Yes  No

Can you afford the policy if premiums increased, for example, by 20 percent?  Yes  No

Are you planning to retire in the next five to 15 years? If so, how will retirement impact your ability to pay your premiums?  No impact  Major impact  Minor impact

### Income

What is your annual income? \$ \_\_\_\_\_

How do you expect your income to change over the next 10 years?  No change  Increase  Decrease

Will you be able to afford the policy if your income decreases?  Yes  No

### Assets

Not counting your home, how much are all of your assets (savings and investments) worth?  Under \$20,000  \$20-30,000  
 \$30-50,000  Over \$50,000

How do you expect your assets to change in the next 10 years?  No change  Increase  Decrease

Are your assets large enough to justify the expense of a long-term care policy?  Yes  No