

# Guide to Federal Employees Health Benefits Plans

For United States
Postal Service
Inspectors and Office
of Inspector General
Employees



# OFFICE OF THE DIRECTOR

# UNITED STATES OFFICE OF PERSONNEL MANAGEMENT

#### **WASHINGTON, DC 20415-0001**

Dear Federal Employees Health Benefits Program Participant:

Welcome to the 2005 Open Season! By continuing to introduce pro-consumer health care ideas, the Office of Personnel Management (OPM) team has given you greater, cost effective choices. This year several national and local health plans are offering new options strengthening the Federal Employees Health Benefits (FEHB) Program and once again highlighting its strength as one of the best benefits systems among employers anywhere. I am firm in my belief that you, when fully informed as a Federal subscriber, are in the best position to make the decisions that meet your needs and those of your family. I am pleased to present the 2005 Guide to Federal Employees Health Benefits Plans to assist you in making an informed decision.

Exciting new features this year give you additional opportunities to save and better manage your hard-earned dollars. For 2005, I am very pleased and enthusiastic about the new High Deductible Health Plans (HDHP) with Health Savings Account (HSA) and Health Reimbursement Arrangements (HRA) components. This combination of health plan and savings vehicle provides a new opportunity to save and better manage your money.

If an HDHP/HSA is not for you and you are not retired, I encourage you to consider a Flexible Spending Account (FSA) for health care. FSAs allow you to reduce your out-of-pocket health care costs by 20 to more than 40 percent by paying for certain health care expenses with tax-free dollars, instead of after-tax dollars.

Since prevention remains a major factor in the cost of health care, last year OPM launched the *Health-ierFeds* campaign. Through this effort we are encouraging Federal team members to take greater responsibility for living a healthier lifestyle. The positive effect of a healthier life style brings dividends for you and reduces the demands and costs within the health care system. This campaign embraces four key "actions" that can lead to a healthy America: be physically active every day, eat a nutritious diet, seek out preventative screenings, and make healthy lifestyle choices. Be sure to visit *HealthierFeds* at www.healthierfeds.opm.gov for more details on this important initiative. I also encourage you to visit the Department of Health and Human Services website on Wellness and Safety, <a href="www.hhs.gov/safety/index.shtml">www.hhs.gov/safety/index.shtml</a>, which complements and broadens healthier lifestyle resources. The site provides extensive information from health care experts and organizations to support your personal interest in staying healthy.

The FEHB Program offers the Federal team the widest array of cost-effective health care options and the information needed to make the best choice for you and your family. You will find comprehensive health plan information in this guide, in the brochures of the various health plans, and on the OPM Website at <a href="https://www.opm.gov/insure">www.opm.gov/insure</a>. I hope you find these resources helpful, and thank you once again for your service to the nation.

Sincerely,

Kay Coles James

Director

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### **Things to Remember**

- The plan you choose can make a difference in your health.
- Be aware of benefit changes for 2005.
- Check the premium for 2005.



The information in this Guide gives you an overview of the FEHB Program and its participating plans. Read the plan brochures before you make any final decisions about health plans. Note that some union and association plans available to all federal employees charge a membership fee in addition to health coverage premiums.

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## **FEHB and You**

#### **Overview**

The United States Postal Service (USPS() provides health benefits to its career employees by participating in the Federal Employees Health Benefits (FEHB) Program, which is administered by the U.S. Office of Personnel Management (OPM), Office of Retirement and Insurance Services. FEHB began operation in July 1960 and almost 815 million people are in the program, including 2.2 million federal and postal employees, 1.85 million retirees, and eligible family members. It is the largest employer-sponsored health insurance program in the world. OPM interprets health insurance laws and writes regulations for the FEHB Program. It gives advice and guidance to the USPS and other participating agencies to process your enrollment changes and to deduct your premiums. OPM also contracts with and monitors all of the plans participating in the FEHB Program.

The purpose of this 2005 Guide to Federal Employees Health Benefits (FEHB) Plans is to provide information about enrollment and premium features that USPS career employees must consider when selecting a health insurance plan under the FEHB Program. The Guide is a summary of FEHB plans – the plan brochures give specific benefit information. You can get individual plan brochures directly from the health plans, from your local personnel office, or from the OPM web site **www.opm.gov/insure** which also has a copy of this guide in addition to various health plan brochures and helpful information.

You may choose from among Fee-for-Service (FFS) plans regardless of where you live (see pages 27 through 36) and from Health Maintenance Organizations (HMO's) plans if you live (or sometimes if you work) within the area serviced by the plan (see pages 37 through 63). Some HMOs also offer a Point-of-Service (POS) product which allows you to use providers who are not part of the HMO network, but at an increased cost.

FEHB eligibility, enrollment requirements, plans available, and premiums for 2005 are the same for federal employees, Inspection Service employees, and OIG

employees alike All employee premium rates are calculated using the "Fair Share Formula."

#### **Supplemental Sources**

While this FEHB Guide (RI 70-2IN) contains rates for USPS IS and OIG employees, other versions of the 2004 Guide that provides rates for career and temporary employees, are available as follows:

RI 70-2, 2004 Guide to Federal Employees Health Benefits Plans for United States Postal Service Employees.

RI 70-8PS, 2004 Guide to Federal Employees Health Benefits Plans for Certain Temporary (Non-Career) United States Postal Service Employees.

#### Coverage

**New Employees** – New employees have the opportunity to select a health plan with 60 days of being hired.

**Current Employees** – Current employees have an opportunity to select or change plans:

- During Open Season
- When certain life events occur (see table on pages 17 through 20 of this Guide) NOTE:
   These elections MUST be made within certain time limits as specified in the table.

Your choice of plans and options includes Self Only coverage just for you, or Self and Family coverage for you, your spouse, and unmarried dependent children under age 22 (and in some cases, a disabled child 22 years or older who is incapable of self-support).

**Eligible Family Members** – Eligible family members for "self and family" health benefits registration purposes include an enrollee's:

- Spouse
- Unmarried dependent children under age 22, including legally adopted children and recognized natural (born out-of-wedlock) children.
- Unmarried dependent stepchildren and foster children, (including foster children who are also

## **FEHB** and You

your grandchildren) under age 22 if they live with the enrollee in a regular parent-child relationship.

 Unmarried dependent children age 22 or over who are incapable of self-support because of physical or mental incapacity that existed before their 22nd birthday.

**Ineligible Members** – Even though the following family members may live with and/or be dependent upon the enrollee, they are NOT ELIGIBLE for coverage under the enrollee's "self and family" FEHB program enrollment:

- · Parents and other relatives
- Former spouses.

**Loss of Coverage** – When an event occurs that causes you or your family member to lose coverage, the FEHB Program offers a continuation of coverage feature, either temporarily or by permanent conversion to a private sector policy. Such events include but are not limited to:

- Child reaching age 22
- Separation
- Retirement
- Divorce
- Application for Spouse Equity
- Death
- Relocation
- LWOP Status\*
- Leave Without Pay Status FEHB Program regulations state that you may continue your FEHB coverage for up to 365 days while you are in an LWOP status, provided that you continue to pay the employee share of the premium. The Postal Service will invoice you for your share of the premium unless you complete and submit to your personnel office PS Form 3111, FEHB Coverage or Termination While In Leave Without Pay (LWOP) Status, to terminate coverage. At 365 days in LWOP status, your FEHB coverage terminates.

It is your responsibility to report life events that may cause you or your family member to lose eligibility. It is also your responsibility to complete and submit any required paperwork to change your enrollment and/or apply for any continuation of coverage, if eligible, within the time limits specified in the Table of Qualifying Life Events on pages 17 through 20 of this guide. If you have questions, see your local personnel office.

If you lose coverage under the FEHB Program, you should automatically receive a Certificate of Group Health Plan Coverage from the last FEHB Plan to cover you. If not, the plan must give you one on request. This certificate may be important to qualify for benefits if you join a non-FEHB plan.

#### **FEHB Open Season**

Each year you have the opportunity to enroll or change enrollment during an open season. The 2004 Open Season is from November 8 through December 14 at 5:00 p.m. Central Time. Employees may make any one – or a combination – of the following changes:

- Enroll if not enrolled
- Change from one plan to another
- Change from one option to another
- Change from Self Only to Self and Family
- Change from Self and Family to Self Only
- Change from pre-tax to post tax premium deductions or vice versa (see pages 4 through 6 of this Guide)
- Cancel enrollment

If you decide to do any of the above actions, you MUST follow the instructions on the FEHB Worksheet contained in the center of this Guide and enter your election in *PostalEASE* by 5:00 p.m. Central Time on December 14, 2004. It is critical that this be done timely.

Your new enrollment or any changes that you make to your existing coverage will take effect on January 8, 2005 and the change in premium rate deductions will be seen in your January 28, 2005, earnings statement.

## **FEHB and You**

If you change plans, any covered expenses incurred between January 1-7, 2005, will count toward the prior year deductible of the plan you are changing from.

If you decide NOT to change your enrollment, DO NOTHING, and your present enrollment will continue automatically unless your plan is not participating in 2005. If your plan is not participating in 2005 you MUST choose another plan during open season or you will not have FEHB coverage. Ask your local personnel office for a list of the plans that will terminate at the end of the 2004 plan year.

If you decide to cancel your coverage during open season, you must cancel your enrollment in *PostalEASE*, which includes a confirmation by you that you clearly accept the consequences of canceling. The cancellation will become effective on January 7, 2005.

If you pay premium contributions on a pre-tax basis (which most career employees do) you will not be able to cancel or reduce (change from Self and Family to Self Only) coverage unless you experience a qualifying life event and your election is in keeping with the change. See pages 4 through 6 of this Guide on Pre-tax Payment of Premium Contributions and the OPM table of permissible changes on pages 17 through 20 of this Guide.

**Note to those considering retirement**: To be eligible to carry your FEHB enrollment into retirement, you must have been continuously covered, either as an enrollee or as an eligible family member under another FEHB enrollment, for the 5 years immediately preceding retirement, or if less than 5 years, for the entire period since your first opportunity to enroll.

You, as an employee, are responsible for being informed about your health benefits. You should thoroughly read this Guide, the brochures of plans that

interest you, and the bulletin board notices on health benefits topics. These include family member eligibility, the option to continue or terminate an enrollment during periods of non-pay status or insufficient pay, dual enrollment prohibition, coverage for former spouses, and discontinued health insurance plans. Be sure to read the section on the pre-tax payment of health insurance premium contributions, which specifies Internal Revenue Service (IRS) restrictions for reducing or canceling coverage (see pages 4 through 6 of this Guide). Also be sure to refer to the table of permissible changes on pages 17 through 20 of this Guide.

After referring to these sources, if you still have questions regarding eligibility, enrollment criteria, continued coverage after certain life events, or on any other FEHB policies, or if you need assistance making your choice in *PostalEASE*, contact your local personnel office.

NOTE: Falsifying or misrepresenting family member eligibility or enrollment is a violation of federal law and may subject an employee to fine, imprisonment and/or disciplinary action.

You can also look at and download:

- All of the FEHB Guides including the Guide for USPS Employees, the FEHB Guide for United States Postal Service Inspectors and Office of Inspector General Employees, the FEHB Guide for Certain Temporary (Non-career) USPS Employees, and the FEHB Guide For TCC and Former Spouse Enrollees.
- Plan brochures that include benefits, cost, and other major features of each health plan.

# **Pre-Tax Payment of Premium Contributions**

The Postal Service has established the pre-tax payment of health insurance premium contributions as a tax-saving benefit feature for its employees. This feature has been sponsored by the Postal Service since 1994. Payment of premiums on a pre-tax basis prohibits enrollees from reducing coverage unless they qualify as described in the section "Reducing Coverage" below.

### **Pre-Tax Withholding**

If you are a career employee, your premium contributions will automatically be withheld from pay as "pretax money," which means the premium amount is not subject to income, Social Security, or Medicare taxes.

Premiums are collected on a pre-tax basis automatically, unless you waive this treatment. Once you begin to pay FEHB premiums with pre-tax money, this method continues each year.

Although you are automatically enrolled to pay premium contributions with pre-tax money, you do have an opportunity during FEHB Open Season, or if you have a qualifying life event, to waive this treatment and pay your premiums with "after-tax money". This means you give up the tax savings of paying with pre-tax money.

There are two possible disadvantages of paying your premiums with pre-tax money that you should balance against the tax savings you receive.

First, when you retire, if you begin to collect Social Security (normally this occurs at age 62 at the earliest), you may receive a slightly lower Social Security benefit. Paying your FEHB premiums with pre-tax money reduces the earnings reported to the Social Security Administration. (Your Medicare, life insurance, retirement plan, and Thrift Savings Plan benefits are not affected.)

Second, there are some restrictions on reducing or canceling your coverage outside FEHB Open Season that apply if you pay your premium contributions with pretax money. These are explained in the section "Reducing Coverage" below.

Most employees prefer paying their premiums with pre-tax money because they save on taxes. Nevertheless, if for any reason you do not want this method of payment, and instead wish to have premiums paid with after-tax money, you must submit a form that is available from your local personnel office to waive the pre-tax treatment. For more information, see the section "How to Waive or Restore Pre-Tax Payment" on page 5 of this Guide.

#### **Reducing Coverage**

When your premium contributions are withheld on a pre-tax basis, certain Internal Revenue Service (IRS) guidelines affect your ability to change coverage. You may elect to reduce your coverage, that is, to cancel your FEHB enrollment, or to go from Self and Family to Self Only coverage, only during an FEHB Open Season, unless you have a qualifying life event. These are shown in the chart on pages 17 to 20 of this Guide titled "USPS Employees: Table of Permissible Changes in FEHB Enrollment and Pre-Tax/After-Tax Premium Payment." Refer to the column labeled "FEHB Enrollment Change That May Be Permitted" and the header "Cancel or Change to Self Only." You also must satisfy the time limits shown in the column labeled "Time Limits in Which Change May Be Permitted."

If you are the only person left in your Self and Family enrollment as a result of a qualifying life event in marital or family status, you must elect to reduce the enrollment (elect Self Only coverage or cancel coverage) by submitting the FEHB PostalEASE Worksheet to your local personnel office within the time limit shown in the column labeled "Time Limits in Which Change May Be Permitted" in the chart on pages 17 to 20 of this Guide. Otherwise, your self and family enrollment will continue until another event (that is, a qualifying life event or FEHB Open Season) occurs that allows you to elect to reduce coverage.

# **Pre-Tax Payment of Premium Contributions**

Reducing your FEHB coverage outside of FEHB Open Season must be in keeping with, or on account of, your qualifying life event. For example, if you have a new baby, you usually would not change from Self and Family to a Self Only enrollment, or cancel coverage.

To reduce your FEHB coverage outside of FEHB Open Season, submit an FEHB PostalEASE Worksheet to your local personnel office within the time limits shown in the column labeled "Time Limits in Which Change May be Permitted" in the table on pages 17 to 20 of this Guide. You must provide any supporting documentation requested by your local personnel office. The effective date of a change from Self and Family to Self Only will be the first day of the pay period that follows the pay period in which your Worksheet is received by your personnel office. The effective date of a cancellation will be the last day of the pay period in which your Worksheet is received by your personnel office, if received within the specified time limits.

# It is your responsibility to notify and submit necessary forms to your local personnel office on time when you are the only person left on your enrollment.

Retirement is NOT a qualifying life event that allows cancellation prior to the date of your retirement. If you wish to cancel an enrollment at retirement, your personnel office will accept your completed SF 2809 and forward it to OPM for processing after separation from the Postal Service. (Annuitants' FEHB premium contributions are not withheld as a pre-tax payment, thus once you are an annuitant, reduction in coverage is allowed at any time.)

During periods of non-pay status or insufficient pay, you may terminate your FEHB enrollment. The effective date of termination is retroactive to the end of the last pay period in which a premium contribution was withheld from pay. Contact your local personnel office for more information about how termination during periods of non-pay status or insufficient pay affects FEHB enrollment.

# How to Waive or Restore Pre-Tax Payments

If you pay premiums with after-tax money, you will not be affected by the IRS guidelines described above that restrict reductions in coverage. You may reduce your level of FEHB coverage at any time of year without having a qualifying life event. You will give up the tax savings from paying your premium contributions with pre-tax money.

If you wish to pay your premiums with after-tax money, you must contact your local personnel office and ask for Postal Service (PS) Form 8201, Pre-tax Health Insurance Premium Waiver/Restoration Form. During Open Season, complete the form and return it to your local personnel office by close of business December.14, 2004. If this is your initial opportunity to enroll in FEHB, you have 60 days to submit your election to your local personnel office. You also may make such an election when you have a qualifying life event which is shown in the chart on pages 17 to 20 of this Guide. Refer to the column labeled "Premium Conversion Election Change That May Be Permitted." You must also satisfy the time limits shown in the column labeled "Time Limits in Which Change May Be Permitted."

If you submit a waiver, your premiums will continue to be paid with after-tax money in future years, unless you later submit another PS 8201 to restore pre-tax payment of FEHB premiums.

If you previously submitted a waiver in order to pay with after-tax money, and you want to begin paying your premiums with pre-tax money, you may submit PS 8201 to restore pre-tax payment of your premium contributions. You may change the method of payment from pre-tax to after-tax, or the reverse only during the annual FEHB Open Season or following a qualifying life event and within the time limits described earlier in this section.

# **Pre-Tax Payment of Premium Contributions**

### **Your Right To More Information**

This section of the FEHB Guide serves as your summary plan description of the USPS Plan for the Pre-tax Payment of Health Insurance Premiums. There is also a legal plan document containing the full legal plan provisions, which you may arrange to view by writing to:

PRETAX PAYMENT OF HEALTH INSURANCE PREMIUMS PLAN ADMINISTRATOR 475 L'ENFANT PLAZA SW ROOM 9670 WASHINGTON DC 20260-4210

# **USPS Flexible Spending Accounts**

# Flexible Spending Accounts for U.S. Postal Service Career Employees

#### Any of these expenses in your future?

Doctor visits. Orthodontia. Eye exams, contacts and eyeglasses. Laser vision surgery. Medical and dental deductibles and co-pays. Prescription and over-the-counter drugs. Nursery school. Day care. Summer day camp. Day care for a dependent parent.

#### Plan ahead and save money.

Set aside dollars in a Flexible Spending Account (FSA). They're tax free. And, FSAs cover eligible expenses for you and your eligible dependents.

#### Start saving now.

Whether you're selecting a new health benefits plan, or keeping the same one you have now, plan to cover your out-of-pocket health care expenses, including dental and vision expenses, with a Health Care FSA. Enroll in the FSA program during the current open season and your full annual Health Care FSA contribution will be available to you beginning Jan. 1, 2005, even though your payments are spread out over the 2005 pay dates.

#### What a difference an FSA makes!

You won't pay federal income, Social Security or Medicare taxes on the amount you contribute to an FSA. When you take the tax savings into consideration, an FSA can make a big difference in the amount of money you spend on your family's health.

 Without an FSA you might spend \$400 next year on prescriptions and over-the-counter drugs. With an FSA you may only pay \$250.

- Without an FSA you'll pay about \$325 for eyeglasses compared to \$200 with an FSA.
- Without an FSA, you could pay your dentist or orthodontist \$2,000 next year. An FSA can help trim that cost down to about \$1,250.

#### Better hurry.

FSA open season ends 5 p.m. Central Time, Dec. 31, 2004. An FSA brochure coming soon to your mailbox will explain more about how you can save with FSAs.

#### **Enroll now!**

Call 1-800-842-2026 for more information on how an FSA can work for you and your family and to make sure the expenses you're planning to cover are eligible. Then use convenient *PostalEASE* to enroll.

#### FSAs and HSAs

Please note that you are not eligible to enroll in a Health Care FSA if you have a Health Savings Account (HSA). To have an HSA, you must enroll in one of the "High Deductible Health Plans" listed at the end of this Guide. If you have an HSA, you may enroll in a Dependent Care FSA as long as you are otherwise eligible.

Now when you access *PostalEASE* by phone or on the Web, instead of your Social Security Number, use your eight-digit employee ID — found at the top of your earnings statement — and your USPS PIN.

The change helps safeguard your Social Security Number by reducing its exposure on printed documents and other media, and that helps protect your privacy.

# **Program Features**

- **No Waiting Periods.** You can use your benefits as soon as your coverage becomes effective. There are no pre-existing condition limitations even if you change plans.
- A Choice of Coverage. Choose between Self Only or Self and Family.
- A Choice of Plans and Options. Select from Fee-for-Service (with the option of a Preferred Provider Organization), Health Maintenance Organization, Point-of-Service plans, Consumer-Driven plans, or High Deductible Health Plans.
- **A Government Contribution.** The USPS pays 72 percent of the average premium toward the total cost of your premium, up to a maximum of 75 percent of the total premium for any plan.
- **Salary Deduction.** You pay your share of the premium through a payroll deduction and have the choice of doing so using pre-tax dollars. When your premium contributions are withheld on a pre-tax basis, certain Internal Revenue Service guidelines affect your ability to change coverage. You may elect to cancel your FEHB enrollment, or to go from Self and Family to Self Only coverage, only during an FEHB Open Season, unless a qualified life status change occurs. See your Human Resources office for details.
- Annual Enrollment Opportunity. Each year you can enroll or change your health plan enrollment. This year the Open Season runs from November 8, 2004, through December 14, 2004. Other events allow for certain types of changes throughout the year. See your Human Resources office for details.
- **Continued Group Coverage.** Eligibility for you or your family members may continue following your retirement, divorce, death, or changes in employment status. See your Human Resources office for more information.
- **Coverage after FEHB Ends.** You or your family members may be eligible for temporary continuation of FEHB coverage or for conversion to non-group (private) coverage when FEHB coverage ends or while awaiting for approval by OPM for an application for Spouse Equity. See your Human Resources office for more information.
- **Consumer Protections.** Go to www.opm.gov/insure/health/consumers to: see your appeal rights to OPM if you and your plan have a dispute over a claim; read the Patients' Bill of Rights and the FEHB Program and; learn about your privacy protections when it comes to your medical information.



**Step 1:** What type of health plan is best for you? You have some basic questions to answer about how you pay for and access medical care. Here are the different types of plans from which to choose.

	Choice of doctors, hospitals, pharmacies, and other providers	Specialty care	Out-of-pocket costs	Paperwork
Fee-for-Service w/PPO	You must use the plan's network for full benefits. Not using PPO providers means only some or none of your benefits will be paid.	Referral not required to get benefits.	You pay fewer costs if you use a PPO provider than if you don't.	Some if you don't use network providers.
Health Maintenance Organization	You generally must use the network. You pay all costs for care outside the network.	Referral generally required from primary care doctor to get benefits.	Your out-of-pocket costs are generally limited to copayments.	Little, if any.
Point-of-Service	You must use the network for full benefits. You may go outside the network but it will cost you more.	Referral generally required to get full benefits.	You pay less if you use a network provider than if you don't.	Little if you use the network. You have to file your own claims if you don't use the network.
Consumer-Driven Plans	You may use net- work and non-net- work providers. Not using the net- work will cost you more.	Referral not required to get full benefits.	You will pay an annual deductible and cost-sharing. You pay less if you use the network.	Some if you don't use network providers.
High Deductible Health Plans w/HSA or HRA	Some plans are network only, others pay something even if you do not use a network provider.	Referral not required to get full benefits.	You will pay an annual deductible and cost-sharing. You pay less if you use the network.	If you have an HSA account, you may have to file a claim to obtain reimbursement.

See Definitions starting on page 8 for a more detailed description of each type of plan.

**Step 2:** Medical care services. Are preventive care services important to you? What about the freedom to choose your own doctors? Do you prefer to pay a higher deductible in return for a lower premium? Estimate what you might spend on your health care for deductibles, coinsurance/copayments, and services that are not covered. What is the maximum you will have to pay out-of-pocket each year?

An easy-to-use tool allowing you to compare plans is available on the web at <a href="www.opm.gov/insure/04/spmt/plansearch.aspx">www.opm.gov/insure/04/spmt/plansearch.aspx</a>. If you do not have Internet access, use the chart below by consulting the health plans' brochures to review your costs, including premiums, and estimate what you might spend on health care next year. Plan brochures can be obtained from your Human Resources office or on the OPM web site at <a href="www.opm.gov/insure/health">www.opm.gov/insure/health</a>.

	Health Plan	Health Plan	Health Plan
Annual premium			
Annual deductible			
Office visit to primary care doctor			
Office visit to specialist			
Hospital inpatient deductible/copayment/ coinsurance			
Hospital room & board charges			
Generic drug (local pharmacy)			
Brand name drug (local pharmacy)			
Catastrophic protection limit			
Home health care visits			
Durable medical equipment			
Maternity care			
Well-child care			
Routine physicals			
Accreditation			
The following information can be	found in the Member Survey Results	section in the benefit charts.	
Overall member satisfaction with plan			
Getting needed care			
Getting care quickly			
How well doctors communicate			
Customer service			
Claims processing			

**Step 3:** Consider quality. How well do health plans keep their members healthy? How well do health plans treat members when they are sick? Good quality health care means doing the right thing at the right time, in the right way, for a person to achieve the best possible results. Good quality doesn't always mean receiving more care. We provide two types of quality information: accreditation (independent evaluations from private organizations) and member survey opinions (by enrollees).

**HMO Accreditation.** The evaluations shown in this Guide are performed by the National Committee for Quality Assurance (NCQA), the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), and URAC. The following are the accreditation levels used by each organization. Check your health plan's brochure for its accreditation level.

National Committee for Quality Assurance (www.ncqa.org)	Excellent – Levels of service and clinical quality that meet or exceed NCQA's requirements for consumer protection and quality improvement AND achieve health plan performance results that are in the highest range of national or regional performance.	Commendable – Meets or exceeds NCQA's requirements for con- sumer protection and quality improvement.	Accredited – Meets most of NCQA's requirements for con- sumer protection and quality improvement.	Provisional – Meets some but not all of NCQA's requirements for consumer protec- tion and quality improvement.	New Health Plan – Applies to health plans that are less than two years old.
Joint Commission on Accreditation of Healthcare Organi- zations (www.jcaho.org)	Accreditation with Full Compliance- Demonstrates satisfactory compliance with JCAHO standards in all performance areas.	Accreditation with Requirements for Improvement – Demonstrates satisfactory compliance with JCAHO standards in most performance areas.	Provisional – Demonstrates a previously unaccredited plan's satisfactory compliance with a subset of standards.	Conditional – Demonstrates failure to meet standard(s) or specific policy requirement(s) but is believed capable to do so in a specified time period.	
URAC (www.urac.org)	Full Accreditation — Demonstrates full compliance with standards.	Conditional – Meets most of the standards but needs some improvement before achieving full compliance.	Provisional – A plan that has otherwise com- plied with all standards but has been in opera- tion for less than 6 months.		

**Note:** This chart shows the accreditation levels available under each accrediting organization listed. It is not intended to draw comparisons among the different accrediting organizations.

**Member Survey.** The results shown in the plan comparison sections are collected, scored, and reported by an independent organization – not by the health plans. For each survey measure, individual plan scores are compared to a national average for all plans of the same type. Plan scores are reported as at, above, or below the national average. Here is a brief explanation of each survey category.

Overall Plan Satisfaction	How would you rate your overall experience with your health plan?
Getting Needed Care	<ul> <li>Were you satisfied with the choices your health plan gave you to select a personal doctor?</li> <li>Were you satisfied with the time it takes to get a referral to a specialist?</li> </ul>
Getting Care Quickly	<ul><li>Did you get the advice or help you needed when you called your doctor during regular office hours?</li><li>Could you get an appointment for regular or routine care when you wanted?</li></ul>
How Well Doctors Communicate	<ul><li>Did your doctor listen carefully to you and explain things in a way you could understand?</li><li>Did your doctor spend enough time with you?</li></ul>
Customer Service	<ul> <li>Was your plan helpful when you called its customer service department?</li> <li>Did you have paperwork problems?</li> <li>Were the plan's written materials understandable?</li> </ul>
<b>Claims Processing</b>	Did your plan pay your claims correctly and in a reasonable time?

Fee-for-Service (FFS) plans and their Preferred Provider Organizations (PPO) are organized much differently and perform different functions than Health Maintenance Organizations (HMO) and Point-of-Service (POS) plans. Consequently, the accreditation of these plans is different from HMOs and POS plans. The following chart shows activities common to FFS/PPO plans and the X indicates that your FFS/PPO plan (or a vendor with which it contracts) has achieved accreditation in these areas.

	Behavioral Health	Case Management	Disease Management	Health Utilization Management	Health Network Accreditation	Health Plan Accreditation
APWU Health Plan	X	X	X	X	X	
Blue Cross and Blue Shield		X				
GEHA		X	X	X	X	
Mail Handlers			X	X		
NALC	X			X		
PBP Health Plan					X	
Rural Carrier				X		X

Behavioral Health – a utilization management program that specializes in mental health and substance abuse or chemical dependency services.

**Case Management** – identifying plan members with special healthcare needs, developing a strategy that meets those needs, and coordinating and monitoring the ongoing care.

**Disease Management** – intensively managing a particular disease. Disease management encompasses all settings of care and places a heavy emphasis on prevention and maintenance. Similar to case management but more focused on a defined set of diseases.

**Health Utilization Management** – managing the use of medical services so that a patient receives necessary, appropriate, high-quality care in a cost-effective manner. It requires plans to use clinical personnel to make decisions.

**Health Network Accreditation** – this standard includes key quality benchmarks for network management, provider credentialing, utilization management, quality management and improvement and consumer protection.

**Health Plan Accreditation** – a comprehensive assessment of a plan's performance in key areas including network management, provider credentialing, utilization management, quality management and improvement, and consumer protection.

## **Preventing Medical Mistakes**

An influential report from the Institute of Medicine estimates that up to 98,000 Americans die every year from medical mistakes in hospitals alone. That's about 3,230 preventable deaths in the FEHB Program a year. While death is the most tragic outcome, medical mistakes cause other problems, such as permanent disabilities, extended hospital stays, longer recoveries, and additional treatments. By asking questions, learning more, and understanding your risks, you can improve the safety of your health care, and that of your family. Take these simple steps:

#### 1. Ask questions if you have doubts or concerns.

- Ask questions and make sure you understand the answers.
- Choose a doctor with whom you feel comfortable talking.
- Take a relative or friend with you to help you ask questions and understand answers.

#### 2. Keep and bring a list of all the medicines you take.

- Give your doctor and pharmacist a list of all the medicines that you take, including non-prescription medicines.
- Tell them about any drug allergies you have.
- Ask about side effects and what to avoid while taking the medicine.
- Read the label when you get your medicine, including all warnings.
- Make sure your medicine is what the doctor ordered and know how to use it.
- Ask the pharmacist about your medicine if it looks different than you expected.

#### 3. Get the results of any test or procedure.

- Ask when and how you will get the results of tests or procedures.
- Don't assume the results are fine if you do not get them when expected, be it in person, by phone, or by mail.
- Call your doctor and ask for your results.
- Ask what the results mean for your care.

#### 4. Talk to your doctor about which hospital is best for your health needs.

- Ask your doctor which hospital has the best care and results for your condition if you have more than one hospital to choose from to get the health care you need.
- Be sure you understand the instructions you get about follow-up care when you leave the hospital.

#### 5. Make sure you understand what will happen if you need surgery.

- Make sure you, your doctor, and your surgeon all agree on exactly what will be done during the operation.
- Ask your doctor, "Who will manage my care when I am in the hospital?"
- Ask your surgeon:

Exactly what will you be doing?

About how long will it take?

What will happen after surgery?

How can I expect to feel during recovery?

• Tell the surgeon, anesthesiologist, and nurses about any allergies, bad reaction to anesthesia, and any medications you are taking.

#### Want more information on patient safety?

- www.ahrq.gov/consumer/pathqpack.htm. The Agency for Healthcare Research and Quality makes available a wide-ranging list of topics not only to inform consumers about patient safety but to help choose quality healthcare providers and improve the quality of care you receive.
- www.patientsafety.gov. The VA National Center for Patient Safety is dedicated to improving the care of America's veterans and offering patients and health care providers, as well as the general public, information on what can be done to improve patient safety.
- www.npsf.org. The National Patient Safety Foundation has information on how to ensure safer healthcare for you and your family.
- **www.leapfroggroup.org.** The Leapfrog Group is active in promoting safe practices in hospital care.
- www.ahqa.org. The American Health Quality Association represents organizations and healthcare professionals working to improve patient safety.

### **FEHB Web Resources**

# Use the FEHB web site for additional help in choosing the health plan that is right for you.

The FEHB web site at <a href="www.opm.gov/insure/health">www.opm.gov/insure/health</a> can help you to choose your health plan and enroll. In addition to the information found in this Guide you will find:

- An interactive tool that allows you to make side-by-side comparisons of the costs, benefits, and quality indicators of the plans in your area.
- All health plan brochures.
- A comparison of how FEHB plans perform in important medical areas under the Health Plan Employer Data and Information Set (HEDIS). HEDIS is a set of standardized performance measures that allows users to reliably compare managed care health plan performance across specific clinical areas. The performance measures are related to many significant diseases such as cancer, heart disease, asthma, and diabetes. Compare plan results at www.opm.gov/insure/health/hedis2004.
- Information on enrolling, including online enrollment for employees of selected agencies.
- Information on how plans in the FEHB Program coordinate benefit payments with Medicare.
- A comprehensive set of Frequently Asked Questions and answers on all aspects of the Program.
- An online version of the FEHB Handbook for more information on FEHB policies and procedures.

## **Stop Health Care Fraud**

Fraud increases the cost of health care for everyone and increases your Federal Employees Health Benefits (FEHB) Program premium. OPM's Office of the Inspector General investigates allegations of fraud, waste, and abuse in the FEHB Program, regardless of the agency that employs you or from which you retired.

#### **Protect Yourself From Fraud -** Here are some things you can do to prevent fraud:

- Be wary of giving your health plan identification number over the telephone or to people you do not know, except to your doctor, other provider, or authorized plan or OPM representative.
- Let only the appropriate medical professionals review your medical record or recommend services.
- Avoid health care providers who say that an item or service is not usually covered, but they know how to bill your health plan to get it paid.
- Carefully review explanations of benefits (EOBs) that you receive from your health plan.
- Do not ask your doctor to make false entries on certificates, bills, or records to get your health plan to pay for an item or service.
- If you suspect that a provider has charged you for services you did not receive, billed you twice for the same service, or misrepresented any information, do the following:
  - Call the provider and ask for an explanation. There may be an error.
  - If the provider does not resolve the matter, call your health plan and explain the situation.
  - If they do not resolve the issue:

# call – the health care fraud hotline 202-418-3300

#### **OR WRITE TO:**

The United States Office of Personnel Management Office of the Inspector General Fraud Hotline 1900 E Street, NW, Room 6400 Washington, DC 20415

- Remember, FEHB-covered family members may not include:
  - your former spouse after a divorce decree or annulment is final (even if a court orders it); or
  - your child over age 22 unless he/she became incapable of self support before age 22.
- If you have any questions about the eligibility of a dependent, check with your Human Resources office if you are employed or with OPM if you are retired.
- You can be prosecuted for fraud and your agency may take action against you if you falsify a claim to obtain FEHB benefits or try to obtain services for someone who is not an eligible family member or who is no longer enrolled in the Plan.

### **USPS Employees:**

# Table of Permissible Changes in FEHB Enrollment and Pre-Tax/After-Tax Premium Payment

he following chart combines and replaces the OPM chart titled "Table of Permissible Changes in Enrollment for SF2809," previously published in the SF2809 Health Benefits Election Form, and the list of qualified life status changes published in 2002 and earlier editions of RI 70-2, Guide to Federal Employees Health Benefits Plans For United States Postal Service Employees, and the FEHB guides for USPS law enforcement and noncareer employees. (Since USPS is using PostalEASE for Federal Employees Health Benefits (FEHB) elections, SF2809 is no longer used.)

All employees must meet the time limits stated in the far right column. Employees who are paying premiums on a pre-tax basis may only make changes that are in keeping with, or on account of, the change described in the table. For example, if you have a new baby, you would usually not cancel coverage. This restriction does not apply to open season changes, or to the initial opportunity to enroll. USPS career employees are automatically enrolled for pre-tax payment of health insurance premiums; noncareer employees must elect it. Employees who are paying premiums on an after-tax basis may cancel coverage or reduce coverage from Self and Family to Self Only at any time—they do not need to have an event.

# USPS Employees: Table of Permissible Changes in FEHB Enrollment and Pre-Tax/After-Tax Premium Payment See explanatory note on first page of this chart.

	QUALIFYING LIFE EVENTS (QLES) THAT MAY PERMIT CHANGE IN FEHB ENROLLMENT OR PREMIUM CONVERSION ELECTION	FEHB ENRO	LLMENT CHANG	E THAT MAY B	e Permitted	PREMIUM CO ELECTION CH MAY BE PE	ANGE THAT	TIME LIMITS IN WHICH CHANGE MAY BE PERMITTED		
Code	Event	From Not Enrolled to Enrolled	From Self Only to Self and Family	From One Plan or Option to Another	Cancel or Change to Self Only	Participate	Waive	When You Must File Health Benefits Election with Your Employing Office		
1A	Initial Opportunity to Enroll, for example:  New employee  Change from excluded position  Temporary (Non-career) employee who completes 1 year of service and is eligible to enroll under 5 USC 8906a	Yes	N/A	N/A	N/A	Automatic unless waived (except for temporary employees)	Yes (Automatic for temporary employees)	Within 60 days after becoming eligible		
1B	Open Season	Yes	Yes	Yes	Yes	Yes	Yes	As announced by OPM		
10	Change in family status that results in increase or decrease in number of eligible family members, for example:  • Marriage, divorce, annulment, legal separation  • Birth, adoption, acquiring foster child or stepchild, issuance of court order requiring employee to provide coverage for child  • Last dependent child loses coverage, for example child reaches age 22 or marries, stepchild moves out of employee's home, disabled child becomes capable of self-support, child acquires other coverage by court order  • Death of spouse or dependent		Yes es may enroll 31 days befo		Yes	Yes	Yes	Within 60 days after change in family status		
1D	Any change in employee's employment status that could result to entitlement to coverage, for example:  Reemployment after a break in service of more than 3 days  Return to pay status from nonpay status, or return to receiving pay sufficient to cover premium withholdings, if coverage terminated (If coverage did not terminate, see 1G)	Yes	N/A	N/A	N/A	Automatic unless waived	Yes	Within 60 days after employment status change		
1E	Any change in employee's employment status that could affect the cost of insurance, including:  Change from temporary appointment with eligibility for coverage under 5 USC 8906a to appointment that permits receipt of government contribution  Change from full time to part time career or the reverse	Yes	Yes	Yes	Yes	Yes	Yes	Within 60 days after employment status change		

# USPS Employees: Table of Permissible Changes in FEHB Enrollment and Pre-Tax/After-Tax Premium Payment See explanatory note on first page of this chart.

	QUALIFYING LIFE EVENTS (QLES) THAT MAY PERMIT CHANGE IN FEHB ENROLLMENT OR PREMIUM CONVERSION ELECTION	FEHB Enro	LLMENT CHANG	е тнат Мау Ві	E PERMITTED	PREMIUM CO ELECTION CH MAY BE PE	ANGE THAT	Time Limits in which Change May Be Permitted
Code	Event	From Not Enrolled to Enrolled	From Self Only to Self and Family	From One Plan or Option to Another	Cancel or Change to Self Only <sup>1</sup>	Participate	Waive	When You Must File Health Benefits Election with Your Employing Office
1F	Employee restored to civilian position after serving in uniformed service <sup>2</sup>	Yes	Yes	Yes	Yes	Yes	Yes	Within 60 days after return to civilian position
1G	<ul> <li>Employee, spouse or dependent:</li> <li>begins nonpay status or insufficient pay ³ or</li> <li>ends nonpay status or insufficient pay if coverage continued</li> <li>(If employee's coverage terminated, see 1D)</li> <li>(If spouse's or dependent's coverage terminated, see 1M)</li> </ul>	No	No	No	Yes	Yes	Yes	Within 60 days after employment status change
1H	Salary of temporary employee insuffi- cient to make withholdings for plan in which enrolled	N/A	No	Yes	Yes	Yes	Yes	Within 60 days after receiving notice from employing office
1Ĭ	Employee (or covered family member) enrolled in FEHB health maintenance organization (HMO) moves or becomes employed outside the geographic area from which the FEHB carrier accepts enrollments or, if already outside the area, moves further from this area. <sup>4</sup>	N/A	Yes	Yes	N/A (see M1)	No (see M1)	No (see M1)	Upon notifying employing office of move
1J	Transfer from post of duty within a state of the United States or the District of Columbia to post of duty outside a State of the United States or District of Columbia, or reverse	beginning	Yes s may enroll s 31 days befo old post of du	re leaving	Yes	Yes	Yes	Within 60 days after arriving at new post
1K	Separation from Federal Employment when the employee or employee's spouse is pregnant	Yes	Yes	Yes	N/A	N/A	N/A	During empoyee's final pay period
1L	Employee becomes entitled to Medicare and wants to change to another plan or option. <sup>5</sup>	No	No	Yes (Change may be made only once)	N/A (see M1)	No (see M1)	No (see M1)	Any time beginning on the 30th day before becoming eligible for Medicare

<sup>&</sup>lt;sup>1</sup> Employees may change to Self Only outside of Open Season only if **the QLE caused** the enrollee to be the last eligible family member under the FEHB enrollment. Employees may cancel enrollment outside if Open Season only if **the QLE caused** the enrollee and all the eligible family members to acquire other health insurance coverage.

<sup>&</sup>lt;sup>2</sup> Employees who enter active military service are given the opportunity to terminate coverage. Termination for this reason does not count against the employee for purposes of meeting the requirements for continuing coverage after retirement. Additional information on the FEHB coverage of employees who return from active military service will be forthcoming.

<sup>&</sup>lt;sup>3</sup> Employees who begin nonpay status or insufficient pay **must** be given an opportunity to elect to continue or terminate coverage. A termination differs from a cancellation as it allows conversion to nongroup coverage and does not count against the employee for purposes of meeting the requirements for continuing coverage after retirement.

# USPS Employees: Table of Permissible Changes in FEHB Enrollment and Pre-Tax/After-Tax Premium Payment See explanatory note on first page of this chart.

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	QUALIFYING LIFE EVENTS (QLES) THAT MAY PERMIT CHANGE IN FEHB ENROLLMENT OR PREMIUM CONVERSION ELECTION	FEHB ENRO	LLMENT CHANG	е тнат Мау Ві	e Permitted	PREMIUM CO ELECTION CH MAY BE PE	ANGE THAT	TIME LIMITS IN WHICH CHANGE MAY BE PERMITTED		
Code	Event	From Not Enrolled to Enrolled	From Self Only to Self and Family	From One Plan or Option to Another	Cancel or Change to Self Only	Participate	Waive	When You Must File Health Benefits Election with Your Employing Office		
1M	Employees or eligible family member loses coverage under FEHB or another group insurance plan including the following:  • Loss of coverage under another FEHB enrollment due to termination, cancellation, or change to self-only of the covering enrollment  • Loss of coverage due to termination of membership in employee organization sponsoring the FEHB plan 6  • Loss of coverage under another federally-sponsored health benefits program, including: TRICARE, Medicare, Indian Health Service  • Loss of coverage under Medicaid or similar State-sponsored program of medical assistance for the needy  • Loss of coverage under a non-Federal health plan, including foreign, state or local government, private sector  • Loss of coverage due to change in worksite or residence (Employees in an FEHB HMO, also see 11)		Yes  s may enroll  31 days befor		Yes	Yes	Yes	Within 60 days after loss of coverage		
1N	Loss of coverage under a non-Federal group health plan because an employee moves out of the commuting area to accept another position and the employee's non-Federally employed spouse terminates employment to accompany the employee	Yes	Yes	Yes	Yes	Yes	Yes	From 31 days before the employee leaves the commuting area to 180 days after arriving in the new commuting area		

<sup>&</sup>lt;sup>4</sup>This code reflects the FEHB regulation that gives employees enrolled in an FEHB HMO who **change from Self Only to Self and Family or from one plan or option to another** a different timeframe than that allowed under 1M. For change to Self Only, cancellation, or change in premium conversion status see 1M.

<sup>&</sup>lt;sup>5</sup>This code reflects the FEHB regulation that gives employees enrolled in FEHB a one-time opportunity to change plans or options under a different timeframe than that allowed by 1P. For change to Self Only, cancellation, or change in premium conversion status, see 1P.

<sup>&</sup>lt;sup>6</sup> If employees membership terminates, (e.g., for failure to pay membership dues), the employee organization will notify the agency to terminate the enrollment.

# **USPS** Employees: Table of Permissible Changes in FEHB Enrollment and Pre-Tax/After-Tax Premium Payment See explanatory note on first page of this chart.

	QUALIFYING LIFE EVENTS (QLES) THAT MAY PERMIT CHANGE IN FEHB ENROLLMENT OR PREMIUM CONVERSION ELECTION	FEHB ENRO	LLMENT CHANG	E THAT MAY B	e Permitted	PREMIUM CO ELECTION CH MAY BE PE	ANGE THAT	Time Limits in which Change May Be Permitted
Code	Event	From Not Enrolled to Enrolled	From Self Only to Self and Family	From One Plan or Option to Another	Cancel or Change to Self Only	Participate	Waive	When You Must File Health Benefits Election with Your Employing Office
10	Employee or eligible family member loses coverage due to discontinuation in whole or part of FEHB plan <sup>7</sup>	Yes	Yes	Yes	Yes	Yes	Yes	During open season, unless OPM sets a different time
1P	Employee or eligible family member gains coverage under FEHB or another group insurance plan, including the following:  • Medicare (Employees who become eligible for Medicare and want to change plans or options, see 11)  • TRICARE for Life, due to enrollment in Medicare  • TRICARE due to change in employment status, including: (1) entry into active military service, (2) retirement from reserve military service under chapter 67, title 10  • Medicaid or similar state sponsored program of medical assistance for the needy  • Health insurance acquired due to change of worksite or residence that affects eligibility for coverage  • Health insurance acquired due to spouse's or dependent's change in employment status (including state, local or foreign government or private sector employment) 8	No	No	No	Yes	Yes	Yes	Within 60 days after QLE
1Q	Change in spouse's or dependent's coverage options under a non-Federal health plan, for example:  • Employer starts or stops offering a different type of coverage (If no other coverage is available, also see 1M)  • Change in cost of coverage  • HMO adds a geographic service area that now makes spouse eligible to enroll in that HMO  • HMO removes a geographic area that makes spouse ineligible for coverage under that HMO, but other plans or options are available (If no other coverage is available, see 1M)	No	No	No	Yes	Yes	Yes	Within 60 days after QLE

<sup>&</sup>lt;sup>7</sup>Employee's failure to select another FEHB plan is deemed a cancellation for purposes of meeting the requirements for continuing coverage after retirement.

<sup>&</sup>lt;sup>8</sup> Under IRS rules, this includes start/stop of employment or nonpay status, strike or lockout, and change in worksite.

### FEHB and PostalEASE

The United States Postal Service is now using PostalEASE to enter Federal Employee Health Benefit (FEHB) Program Open Season enrollments and changes. By using *PostalEASE* for health benefits, and by sending information to health insurance companies electronically instead of via paper forms as in past open seasons, the Postal Service expects that employees who make health benefits changes will get their new insurance cards more quickly. All the information you need for using *PostalEASE* is included in the FEHB *PostalEASE* Worksheet found on pages 22 to 25 of this Guide. Just follow the instructions to:

- Enroll
- Change Enrollment
- Cancel Enrollment
- Review or change your pending open season transaction
- Review or update your dependent information
- Review your current enrollment information
- Receive a copy of a health benefits election that was processed using PostalEASE

If you want to make a change for the 2005 plan year, you may do so during the annual FEHB Open Season, which is from November 8 through December 14, 2004, at 5:00 PM Central Time. If you currently have an FEHB enrollment and you do not want to make any changes, *do nothing*. Your coverage will continue automatically.

Please do not wait until late in the open season to enter your choice via *PostalEASE*. If you select Self and Family coverage, then you'll need to enter information about your dependents. Although this will take extra time, providing this information is required under FEHB regulations. Just complete the FEHB *PostalEASE* Worksheet and follow the instructions carefully.

All open season Self Only enrollments, changes to Self Only coverage, and cancellations, should be entered as employee "self service" transactions using PostalEASE. Since dependent information is not required, such transactions are simple. Most Self and Family enrollments can also be completed as employee self service transactions, although they require additional information. The easiest way to do this is via the PostalEASE Employee Web, which is available through the Blue page or on a kiosk. Many Self and Family transactions can also be completed by telephone. If you are unable to enter your dependent information via the telephone, the PostalEASE system will refer you to the Web, a kiosk, or your local personnel office. PostalEASE provides the enrollment date, processing date, and effective date when you complete your transaction. You may delete or change a pending transaction until it is processed. If you are newly eligible for FEHB as a career employee, you may also use PostalEASE during the first 60 days after your date of appointment.

This Guide contains important FEHB policy information that used to be provided to you as part of the SF 2809 *Health Benefits Election Form*. Be sure you understand how your health benefits work, including information on which family members are eligible, how you pay for your health benefits premiums using pre-tax dollars, and the limitations on making a health benefits change outside of open season. As a reminder, to continue health benefits coverage during retirement, you must have had five consecutive years of FEHB coverage immediately prior to your retirement. If you need help understanding any of this information, or you need help using *PostalEASE*, you should contact your local personnel office for assistance.

### FEHB Program PostalEASE Worksheet

#### Federal Employees Health Benefits (FEHB) Program PostalEase Worksheet

The *PostalEASE* telephone system and web site provide a convenient, confidential, and secure way for you to newly enroll, change your current enrollment, or cancel your enrollment in the Federal Employees Health Benefits (FEHB) Program. If you have access to *PostalEASE* on the Intranet (from the blue page) or at an Employee Self-Service Kiosk (available in some facilities), using either of these may be easier than using the telephone.

#### Through PostalEASE you may:

- Make a change to your current enrollment during FEHB Open Season (November 8, 2004 December 14, 2004, 5 p.m. Central Time)
- Make an election as a new employee within 60 days of your date of hire.
- Update your dependents' information although if you are not making a change in your enrollment at the same time, you must also contact your health plan carrier directly with this information. *PostalEASE* will not transmit dependent change information to the insurance carrier if an enrollment transaction has not occurred.

You cannot use *PostalEASE* to newly enroll or change your enrollment due to the occurrence of a permitting event, nor to cancel or reduce your coverage due to a qualified life status change. You must contact your local personnel office to assist you with these actions.

If you are not making any changes to your current FEHB enrollment, then you do not need to do anything.

#### Preparing for PostalEASE FEHB Enrollment

- 1. **Read the Privacy Act Statement** on the other side of this page.
- 2. Read and understand the RI 70-2, Guide to FEHB Plans, which is mailed to you each FEHB open season.
- 3. Make sure you have the following information ready before using PostalEASE:
  - a. Your USPS personal identification number (**PIN**). If you don't know your PIN, just call *PostalEASE*. When prompted to enter your PIN, pause and you will be given the option of having it mailed to your address of record. Usually it will be mailed by the next business day. Or, request your USPS PIN from *PostalEASE* on the Intranet (from the blue page) or at an Employee Self-Service Kiosk (available in some facilities).
  - b. Your Employee Identification number (EID).
  - c. Your daytime **phone number**.
  - d. The name of the **health benefits plan** in which you are enrolling.
  - e. The **code** of the health benefits plan in which you are **enrolling**. For the name and code, refer to the list of codes in RI 70-2, *Guide to FEHB Plans*, or to the health plan brochure.
  - f. The names, Social Security Numbers (optional), addresses, and dates of birth for all **eligible family members** that will be covered under your health benefits enrollment. For more information on family member eligibility, see RI 70-2, *Guide to FEHB Plans*.
  - g. The name and policy number of any **other group insurance** you or any of your eligible family members may have (including Tricare, Medicare, etc.).
  - h. If you are changing plans or canceling coverage, the **code** of the health benefits plan in which you are **currently enrolled** that is, the plan that you will not have after your choice takes effect. The code for your current plan is found on your biweekly earnings statement. It is the three-character code that follows the letters "HP" or "HB." For example, the Blue Cross Self and Family Standard plan will be shown as HP105 or HB105, and you will enter the code 105 in *PostalEASE*. You may also refer to the list of codes in RI 70-2, *Guide to FEHB Plans*.
- 4. **Complete the worksheet** on following pages, using the information you prepared above.

### **PostalEASE FEHB Worksheet**

#### Now You Are Ready To Call

- If you have access to the *PostalEASE* Employee Web on the Intranet (from the blue page) or to an Employee Self-Service Kiosk (available in some facilities), using either may be simpler than using the telephone. Just follow the instructions.
- Otherwise, call *PostalEASE* toll-free at 1-877-4PS-EASE (1-877-477-3273).
- When prompted, select Federal Employees Health Benefits.
- Follow the script and prompts to enter your EID, your USPS PIN, and other required information. (Having your completed *PostalEASE* FEHB Worksheet on hand will help you complete your transaction.)
- If you currently have an FEHB enrollment and you do not want to make any changes . . . do nothing.

**WARNING**: Any intentionally false statement in this application or willful misrepresentation relative thereto is a violation of the law punishable by a fine of not more than \$10,000 or imprisonment of not more than 5 years, or both. (18 U.S.C. 1001)

PRIVACY ACT STATEMENT: The collection of this information is authorized by 39 USC 401, 1001, 1003, 1005; 5 USC 8339; 42 USC 2000e-16, and Executive Orders 11478 and 11590. This information will be used to process your enrollment in the Federal Employees Health Benefit system and to manage your claim under that plan. As a routine use, the information may be disclosed to an appropriate government agency, domestic or foreign, for law enforcement purposes; where pertinent, in a legal proceeding to which the USPS is a party or has an interest; to a government agency in order to obtain information relevant to a USPS decision concerning employment, security clearances, contracts, licenses, grants, permits or other benefits; to a government agency upon its request when relevant to its decision concerning employment, security clearances, security or suitability investigations, contracts, licenses, grants or other benefits; to a congressional office at your request; to an expert, consultant, or other person under contract with the USPS to fulfill an agency function; to the Federal Records Center for storage; to the Office of Management and Budget for review of private relief legislation; to an independent certified public accountant during an official audit of USPS finances; to an investigator, administrative judge or complaints examiner appointed by the Equal Employment Opportunity Commission for investigation of a formal EEO complaint under 29 CFR 1614; to the Merit Systems Protection Board or Office of Special Counsel for proceedings or investigations involving personnel practices and other matters within their jurisdiction; to a labor organization as required by the National Labor Relations Act; to agencies having taxing authority for taxing purposes; to financial organizations receiving allotments; to State Employment Security Agencies to process unemployment compensation claims; to a Federal or state agency providing parent locator service or to other authorized persons as defined by Pub. L. 93-647; to the National Association of Postal Supervisors that relates to postal supervisors; to a prospective employer for consideration of employment; to management for compilation of a local seniority list for posting; to the EEOC for enforcement of Federal EEO regulations; to the appropriate finance center as required under the provisions of the Dual Compensation Act; to the Office of Personnel Management, Social Security Administration, Veterans Administration, Office of Workers' Compensation Programs; health insurance carriers, or plans, or other program management agencies or retirement systems for use in determining a claim for benefits; and to OPM for its active employee/annuitant data systems used to analyze Federal retirement and insurance costs. Providing the information is voluntary; however, if this information is not provided, we may not be able to process your enrollment. We also request that you provide your social security number so that it may be used as your individual identifier in the Federal Employee Health Benefits system. Executive order 9397 dated November 22, 1943, allows Federal Agencies to use the social security number as an individual identifier to distinguish between people with the same or similar names. Computer Matching: Limited information may be disclosed to a Federal, state, or local government administering benefits or other programs pursuant to statute for purpose of conducting computer matching programs under the Act. These programs include, but are not limited to, matches performed to verify an individual's initial or continuing eligibility for, indebtedness to, or compliance with requirements of a benefit program.

# **PostalEASE FEHB Worksheet**

This worksheet will help you prepare to call *PostalEASE*, or use *PostalEASE* on the Intranet (from the blue page), or on an Employee Self-Service Kiosk (now available in some facilities). You may also prepare this worksheet and contact your local personnel office if you cannot enroll or make a change because *PostalEASE* does not accept the required documentation.

**Note**: If you have any trouble using *PostalEASE*, or if you are unable to use the telephone because you are deaf or hard of hearing, or you cannot use the telephone, Intranet, or Employee Self-Service Kiosk for medical reasons, you may contact your local personnel office for assistance. **If you contact your local personnel office, be sure to complete this worksheet first.** 

Part 1 - E	<b>Employee</b>	Informati	on		
Your Name (Last	, First, Middle Initi	al)			Employee Identification Number
Type Of Action	You Are Requ	esting			
Open Season:	New Enro	llment	ange Current	Enrollment	Cancel Enrollment
New Hire:	New Enro	llment	ive Enrollmer	nt	
Special Enrollme	ent (if you are not	ified that your curre	nt plan is bei	ng discontinu	ed or your service are is reduced):
	Change C	urrent Enrollment	Cancel	Enrollment	
New Plan Enroll	ment Code	New	Plan Name		
Old Plan Enrolln	nent Code (if you	ı are changing pla	ns or cancel	ling your cur	rent plan)
If you wish to malocal personnel of contacting personnel of contacting personnel for more information frems open seasons.	lke any change the ffice. You will ne the same within the restriction on qualifying on.	ed to present docu quired time frame. g life events, please	ler "Type of mentation sl e refer to the	Action You A nowing that y	re Requesting" above, you must contact your our election is due to a QLE and that you are de to FEHB Plans, which is mailed to you each ing enrollment as a new employee)
other than und			Me Tri Other	edicare Part A	
Your Gender:	☐ Male ☐ Female	Married:	☐ Yes ☐ No	Dayti	me Telephone Number (with area code)

# **PostalEASE FEHB Worksheet**

### Part 2 – Dependent Information (for Self and Family coverage only)

A complete mailing address (if different from yours) and other insurance information (if any) must be provided for each covered dependent. If you are adding or updating information for a dependent who does not reside with you, you will need to use the PostalEASE Employee Web on the Intranet (blue page) or at an Employee Self-Service Kiosk (available in some facilities) or visit your local personnel office to make or change your FEHB enrollment.

Family Members I (Last, First, Middle In			se check her Address (Street, (If different fro	City, State, Zip)			Relationship Code*	SSN (Optional)	Other Group Insurance Co
									Name & Policy No
Relationship Codes:	19 = Ch 09 = Ad 10 = Fos 17 = Ste	ouse from a ild opted child ster child (re pson or step	equires certification	on to be filed w	ith local perso	nnel office	9)		personnel office
ployee Signature					ord the Confi	rmation N	umber You Rec	ceive From	PostalEASE He
For Personnel Of REMARKS: Specific tation, reason for ver	informati	on on type			on for correc	tion, type	e of certification	n, support	ing documen-
						11.5	1000		
1 1 . 0.00						ed in Perso	nnel Office		
Employing Office Address									

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# **Plan Comparisons**

# Nationwide Fee-For-Service Plans Open to All

(Pages 28 through 31)

**Fee-for-Service (FFS) Plans with a Preferred Provider Organization (PPO)** – A Fee-for-Service plan provides flexibility in using medical providers of your choice. You may choose medical providers who have a contract with the health plan to offer discounted charges. You can also choose medical providers who are not contracted with the plan, but you will pay more of the cost.

Medical providers who have contracts with the health plan (Preferred Provider Organization or PPO) offer discounted charges. You usually pay a copayment or a coinsurance charge and do not file claims or other paperwork. Going to a PPO hospital does not guarantee PPO benefits for all services received in the hospital. Lab work and radiology services from independent practitioners within the hospital are frequently not covered by a PPO agreement. If you receive treatment from medical providers who are not contracted with the health plan, you either pay them directly and submit a claim for reimbursement to the health plan or the health plan pays the provider directly according to plan coverage, and you pay a deductible and coinsurance. You pay a greater amount of the out-of-pocket cost.

**PPO-only** – A PPO-only plan provides medical services only through medical providers that have contracts. There is no medical coverage if you or your family members receive care from providers not contracted with the plan.

#### **Nationwide Fee-for-Service Plans Open to All**

#### How to read this chart:

The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision*. The chart does not show all of your possible out-of-pocket costs.

The **Deductibles** shown are the amount of covered expenses that you pay before your health plan begins to pay.

**Calendar Year** deductibles for families are two or more times the per person amount shown.

In some plans your combined **Prescription Drug** purchases from Mail Order and local pharmacies count toward the deductible. In other plans, only purchases from local pharmacies count. Some plans require each family member to meet a per person deductible.

The **Hospital Inpatient** deductible is what you pay each time you are admitted to a hospital.

**Doctors** shows what you pay for inpatient surgical services and for office visits.

Your share of **Hospital Inpatient Room and Board** covered charges is shown.

The **Generic** drug figure is the copayment or coinsurance most commonly paid by members of this health plan for a Generic formulary drug.

				Yo	ur Share	of Premiu	ım
			lment ode	Monthly		Biweekly	
Plan Name	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family
APWU Health Plan-High (APWU)	800/222-2798	471	472	129.39	261.10	59.72	120.51
Blue Cross and Blue Shield Service Benefit Plan-Std (BCBS)	Local phone #	104	105	109.87	255.79	50.71	118.06
Blue Cross and Blue Shield Service Benefit Plan-Basic (BCBS)	Local phone #	111	112	82.32	192.82	37.99	88.99
GEHA Benefit Plan-High (GEHA)	800/821-6136	311	312	193.46	392.99	89.29	181.38
GEHA Benefit Plan-Std (GEHA)	800/821-6136	314	315	72.10	163.85	33.28	75.62
Mail Handlers-High (MH)	800/410-7778	451	452	327.19	643.04	151.01	296.79
Mail Handlers-Std (MH)	800/410-7778	454	455	97.84	207.22	45.16	95.64
NALC	888/636-6252	321	322	126.34	230.75	58.31	106.50
PBP Health Plan-High (PBP)	800-544-7111	361	362	375.65	777.05	173.38	358.64
PBP Health Plan-Std (PBP)	800-544-7111	364	365	158.94	357.19	73.36	164.86

**Brand Name/Non-formulary** is what you pay for a manufacturer's Brand name drug on this health plan's formulary. You pay the Brand name amount if you or your doctor request the Brand name or if a Generic is not available. The figure in this column is the copayment or coinsurance most commonly paid by members of this health plan for a Brand name formulary drug. If a Non-formulary drug is prescribed and the cost to you is different than the Brand name, you pay the second amount if listed.

**Mail Order Discounts.** If your plan has a Mail Order program and that program is superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

The prescription drug copayments or coinsurances described in this chart do not represent the complete range of cost-sharing under these plans. Many plans have variations in their prescription drug benefits (e.g., you pay the greater of a dollar amount or a percentage, or you pay one amount for your first prescription and then a different amount for refills). The prescription drug figures in this chart show what most plan members pay for their medications under each plan. **You must read the plan brochure for a complete description of prescription drug and all other benefits.** 

		Medical-Surgical – You Pay										
		Deductible			Copay (\$)/Coinsurance (%)							
		Per Person			Doctors		Hospital	Prescription Drugs				
	Benefit Type	Calendar Year	Prescription Drug	Hospital Inpatient	Office Visits	Inpatient Surgical Services	Inpatient R&B	Generic	Brand / Non- Name / formulary	Mail Order Discounts		
APWU -High	PPO	\$275	None	None	\$18	10%	10%	\$8	25%/25%	Yes		
	Non-PPO	\$500	None	\$300	30%	30%	30%	50%	50%/50%	No		
BCBS -Std	PPO	\$250	None	\$100	\$15	10%	Nothing	25%	25%/25%	Yes		
	Non-PPO	\$250	None	\$300	25%	25%	30%	45%+	45%+/45%+	No		
BCBS -Basic	PPO Only	None	None	\$100/day x 5	\$20	\$100	Nothing	\$10	\$25/\$35 or 50%	No		
GEHA -High	PPO	\$350	None	\$100	\$20	10%	Nothing	\$5	\$25/N/A	Yes		
	Non-PPO	\$350	None	\$300	25%	25%	Nothing	\$5	\$25+/N/A	Yes		
GEHA -Std	PPO	\$450	None	None	\$10	15%	15%	\$5	50%/N/A	No		
	Non-PPO	\$450	None	None	35%	35%	35%	\$5	50%+/N/A	No		
MH -High	PPO	\$250	\$200	\$100	\$20/\$10	10%	Nothing	\$10	\$25/\$40	Yes		
	Non-PPO	\$300	\$200	\$300	30%	30%	30%	50%	50%/50%	Yes		
MH -Std	PPO	\$300	\$350	\$200	\$20/\$10	10%	Nothing	\$10	\$30/\$45	Yes		
	Non-PPO	\$350	\$350	\$400	30%	30%	30%	50%	50%/50%	Yes		
NALC	PPO	\$250	None	None	\$20	10%	10%	25%	25%/25%	Yes		
	Non-PPO	\$300	\$25	\$100	30%	30%	30%	50%	50%+/50%+	No		
PBP -High	PPO	\$200	\$90	None	10%	10%	10%	\$3	\$25 or 20%/\$40 or 20%	Yes		
	Non-PPO	\$500	\$90	\$150	25%	25%	25%	20%+	20%+/20%+	Yes		
PBP -Std	PPO	\$250	\$90	None	\$8	9%	10%	\$4	\$30 or 20%/\$40 or 20%	Yes		
	Non-PPO	\$600	\$90	\$250	30%	30%	30%	30%+	30%+/30%+	Yes		

### Nationwide Fee-for-Service Plans Open to All

**Member Survey** results are collected, scored, and reported by an independent organization – not by the health plans. Here is a brief explanation of each survey category.

Overall Plan Satisfaction	How would you rate your overall experience with your health plan?
Getting Needed Care	<ul> <li>Were you satisfied with the choices your health plan gave you to select a personal doctor?</li> <li>Were you satisfied with the time it takes to get a referral to a specialist?</li> </ul>
Getting Care Quickly	<ul> <li>Did you get the advice or help you needed when you called your doctor during regular office hours?</li> <li>Could you get an appointment for regular or routine care when you wanted?</li> </ul>
How Well Doctors Communicate	<ul><li>Did your doctor listen carefully to you and explain things in a way you could understand?</li><li>Did your doctor spend enough time with you?</li></ul>
<b>Customer Service</b>	<ul> <li>Was your plan helpful when you called its customer service department?</li> <li>Did you have paperwork problems?</li> <li>Were the plan's written materials understandable?</li> </ul>
Claims Processing	Did your plan pay your claims correctly and in a reasonable time?

	Member Survey Results  ● above average, ⊖ average, ○ below average								
Plan Name	Plan Code	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing		
APWU Health Plan-High	47	•	•	•	•	•	•		
Blue Cross and Blue Shield Service Benefit Plan-Std	10	•	•	•	•	•	•		
Blue Cross and Blue Shield Service Benefit Plan-Basic	11	0	0	0	•	0	0		
GEHA Benefit Plan-High	31	•	0	0	0	•	•		
GEHA Benefit Plan-Std	31	•	0	0	0	•	•		
Mail Handlers Benefit Plan-High	45	•	•	•	•	•	•		
Mail Handlers Benefit Plan-Std	45	<b>-</b>	•	•	•	•	<b>-</b>		
NALC	32	•	<b>•</b>	•	•	•	•		
PBP Health Plan-High	36	•	•	•	•	0	0		
PBP Health Plan-Std	36	•	•	•	•	0	0		

# Fee-for-Service Plans – Blue Cross and Blue Shield Service Benefit Plan – Member Survey Results for Select States

Again this year we are providing more detailed information regarding the quality of services provided by our health plans. We are including the results of the Member Satisfaction survey at the *state level* for eight local Blue Cross Blue Shield (BCBS) Plans. Prior to 2003, BCBS conducted a single survey representing all of its members *nationwide*. We now provide local member satisfaction results for both the Standard Option plan and the Basic Option plan.

In the future, we expect to increase the number of plans conducting local or regional Member Satisfaction surveys. We look forward to making those results available to help you select quality health plans.

Below are Member Survey ratings for local BCBS plans by location.

			Member Survey Results  ■ above average, □ average, ○ below average								
Plan Name		Location	Plan Code	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing		
Blue Cross and Blue Shield Service Benefit Plan	Standard - Basic	Arizona	10 11	0	0	0	0 0	0	0		
Blue Cross and Blue Shield Service Benefit Plan $^{\rm -Si}$	Standard - Basic	California	10 11	0	0	0	0	<del>0</del>	0		
Blue Cross and Blue Shield Service Benefit Plan	Standard - Basic	District of Columbia	10 11	0	0	0	0	0	<u>•</u>		
Blue Cross and Blue Shield Service Benefit Plan	Standard - Basic	Florida	10 11	0	0	0	0	• •	<u>•</u>		
Blue Cross and Blue Shield Service Benefit Plan	Standard - Basic	Illinois	10 11	0	<u> </u>	<del>•</del>	•	<del>•</del>	<del>•</del>		
Blue Cross and Blue Shield Service Benefit Plan $^{\rm -Si}$	Standard - Basic	Maryland	10 11	0	0	0	0	<del>•</del> •	0		
Blue Cross and Blue Shield Service Benefit Plan	Standard - Basic	Texas	10 11	0	0	0	0	0	0		
Blue Cross and Blue Shield Service Benefit Plan	Standard - Basic	Virginia	10 11	•	0	•	0	•	•		

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## **Plan Comparisons**

# Nationwide Fee-For-Service Plans Open Only to Specific Groups

(Pages 34 through 36)

**Fee-for-Service (FFS) Plans with a Preferred Provider Organization (PPO)** – A Fee-for-Service plan provides flexibility in using medical providers of your choice. You may choose medical providers who have a contract with the health plan to offer discounted charges. You can also choose medical providers who are not contracted with the plan, but you will pay more of the cost.

Medical providers who have contracts with the health plan (Preferred Provider Organization or PPO) offer discounted charges. You usually pay a copayment or a coinsurance charge and do not file claims or other paperwork. Going to a PPO hospital does not guarantee PPO benefits for all services received in the hospital. Lab work and radiology services from independent practitioners within the hospital are frequently not covered by a PPO agreement. If you receive treatment from medical providers who do not contract with the health plan, you either pay them directly and submit a claim for reimbursement to the health plan or the health plan pays the provider directly according to plan coverage, and you pay the remaining charges directly. You pay a greater amount of the out-of-pocket cost.

#### **Nationwide Fee-for-Service Plans Open Only to Specific Groups**

#### How to read this chart:

The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision*. The chart does not show all of your possible out-of-pocket costs.

The **Deductibles** shown are the amount of covered expenses that you pay before your health plan begins to pay.

**Calendar Year** deductibles for families are two or more times the per person amount shown.

In some plans your combined **Prescription Drug** purchases from Mail Order and local pharmacies count toward the deductible. In other plans, only purchases from local pharmacies count. Some plans require each family member to meet a per person deductible.

The **Hospital Inpatient** deductible is what you pay each time you are admitted to a hospital.

**Doctors** shows what you pay for inpatient surgical services and for office visits.

Your share of **Hospital Inpatient Room and Board** covered charges is shown.

The **Generic** drug figure is the copayment or coinsurance most commonly paid by members of this health plan for a Generic formulary drug.

				Yo	ur Share	of Premiu	ım
		Enrollment Code		Mor	thly	Biweekly	
Plan Name	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family
Rural Carrier Benefit Plan (Rural)	800/638-8432	381	382	167.91	273.34	77.50	126.16
SAMBA-High	800/638-6589	441	442	163.43	407.61	75.43	188.13
SAMBA-Std	800/638-6589	444	445	90.43	214.33	41.74	98.92

**Brand Name/Non-formulary** is what you pay for a manufacturer's Brand name drug on this health plan's formulary. You pay the Brand name amount if you or your doctor request the Brand name or if a Generic is not available. The figure in this column is the copayment or coinsurance most commonly paid by members of this health plan for a Brand name formulary drug. If a Non-formulary drug is prescribed and the cost to you is different than the Brand name, you pay the second amount if listed.

**Mail Order Discounts.** If your plan has a Mail Order program and that program is superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

The prescription drug copayments or coinsurances described in this chart do not represent the complete range of cost-sharing under these plans. Many plans have variations in their prescription drug benefits (e.g., you pay the greater of a dollar amount or a percentage, or you pay one amount for your first prescription and then a different amount for refills). The prescription drug figures in this chart show what most plan members pay for their medications under each plan. **You must read the plan brochure for a complete description of prescription drug and all other benefits.** 

		Medical-Surgical – You Pay												
			Deductible		Copay (\$)/Coinsurance (%)									
		Per Person			Doctors		Hospital		Prescription Drugs	ugs				
	Benefit Type			Hospital Inpatient	ent Office Inpatient		Inpatient		Brand / Non-	Mail Order				
Plan		Calendar Prescription Year Drug		прилен	Visits	Surgical Services	R&B	Generic	Name / formulary	Discounts				
Rural	PPO Non-PPO	\$350 \$400	\$200 \$200	\$100 \$300	\$20 25%	10% 20%	Nothing 20%	30% 30%						
SAMBA-High	PPO Non-PPO	\$250 \$250	None None	\$200 \$300	\$20/\$0 30%	10% 30%	Nothing 30%	\$10 \$10	\$25/\$40 \$25/\$40	Yes Yes				
SAMBA-Std	PPO Non-PPO	\$250 \$250	None None	\$200 \$300	\$20/\$0 30%	15% 30%	Nothing 30%	\$10 \$10	\$30/\$45 + 1 refill \$30/\$45 + 1 refill	Yes Yes				

<sup>\*</sup>The Panama Canal Area Plan provides a Point-of-Service product within the Republic of Panama.

#### Nationwide Fee-for-Service Plans Open Only to Specific Groups

**Member Survey** results are collected, scored, and reported by an independent organization – not by the health plans. Here is a brief explanation of each survey category.

Overall Plan Satisfaction	How would you rate your overall experience with your health plan?
Getting Needed Care	<ul> <li>Were you satisfied with the choices your health plan gave you to select a personal doctor?</li> <li>Were you satisfied with the time it takes to get a referral to a specialist?</li> </ul>
Getting Care Quickly	<ul> <li>Did you get the advice or help you needed when you called your doctor during regular office hours?</li> <li>Could you get an appointment for regular or routine care when you wanted?</li> </ul>
How Well Doctors Communicate	<ul><li>Did your doctor listen carefully to you and explain things in a way you could understand?</li><li>Did your doctor spend enough time with you?</li></ul>
Customer Service	<ul> <li>Was your plan helpful when you called its customer service department?</li> <li>Did you have paperwork problems?</li> <li>Were the plan's written materials understandable?</li> </ul>
<b>Claims Processing</b>	Did your plan pay your claims correctly and in a reasonable time?

	Member Survey Results  ■ above average, □ average, ○ below average											
Plan Name	Plan Code	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing					
Rural Carrier Benefit Plan	38	•	•	•	•	•	•					
SAMBA-High	44	•	•	<b>-</b>	•	•	•					
SAMBA-Std	44											

### **Plan Comparisons**

# Health Maintenance Organization Plans and Plans Offering a Point-of-Service Product

#### (Pages 38 through 63)

**Health Maintenance Organization (HMO)** – A Health Maintenance Organization provides care through a network of physicians and hospitals in particular geographic or service areas. HMOs coordinate the health care service you receive and free you from completing paperwork or being billed for covered services. Your eligibility to enroll in an HMO is determined by where you live or, for some plans, where you work. If you travel or are away from home for extended periods, some HMOs are affiliated with or have arrangements with HMOs in other service areas for non-emergency care (reciprocity). Plans that offer reciprocity discuss it in their brochure.

- The HMO provides a comprehensive set of services as long as you use the doctors and hospitals affiliated with the HMO. HMOs charge a copayment for primary physician and specialist visits and sometimes a copayment for in-hospital care.
- Most HMOs ask you to choose a doctor or medical group as your primary care physician (PCP). Your PCP provides
  your general medical care. In many HMOs, you must get authorization or a "referral" from your PCP to see other
  providers. The referral is a recommendation by your physician for you to be evaluated and/or treated by a different
  physician or medical professional. The referral ensures that you see the right provider for the care most appropriate
  to your condition.
- Medical Care from a provider not in the plan's network is not covered unless it's emergency care or your plan has an arrangement with another plan.

**Plans Offering a Point-of-Service (POS) Product** – A Point-of-Service plan is like having two plans in one – an HMO and a FFS plan. A POS allows you and your family members to choose between using, (1) a network of providers in a designated service area (like an HMO), or (2) out-of-network providers (like a FFS plan). When you use the POS network of providers, you usually pay a copayment for services and do not have to file claims or other paperwork. If you use non-HMO or non-POS providers, you pay a deductible and coinsurance. Your out-of-pocket costs are higher and you file your own claims for reimbursement.

**How to read this chart:** The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision*. This chart does not show all of your possible out-of-pocket costs.

**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				You	r Share o	of Prem	ium	
		Enrollment Code		Monthly		Biweekly		ited
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited
Arizona								
Aetna - Phoenix/Tucson Areas	800/537-9384	WQ1	WQ2	76.29	190.70	35.21	88.02	NCQA
Health Net of Arizona, Inc Maricopa/Pima/Other AZ counties	800/289-2818	A71	A72	82.02	207.83	37.85	95.92	NCQ/
PacifiCare of Arizona - Maricopa, Pima County & Apache Junction	800-531-3341	A31	A32	86.81	218.53	40.07	100.86	NCQA
California								
Aetna - Los Angeles and San Diego Areas	800/537-9384	2X1	2X2	62.30	153.50	28.75	70.85	NCQA
Blue Cross- HMO - Most of California	800/235-8631	M51	M52	83.70	214.69	38.63	99.09	NCQA
Blue Shield of CA Access+ - Most of California	800/880-8086	SJ1	SJ2	86.20	213.83	39.78	98.69	NCQ/
Health Net of California - Most of California	800/522-0088	LB1	LB2	83.28	197.16	38.44	91.00	NCQA
Kaiser Foundation Health Plan, IncHigh -Northern California	800/464-4000	591	592	92.29	235.12	42.60	108.52	NCQ
Kaiser Foundation Health Plan, IncStd - Northern California	800/464-4000	594	595	71.09	169.70	32.81	78.32	NCQA
Kaiser Foundation Health Plan, IncHigh -Southern California	800/464-4000	621	622	84.37	195.00	38.94	90.00	NCQ/
Kaiser Foundation Health Plan, IncStd - Southern California	800/464-4000	624	625	66.04	152.63	30.48	70.44	NCQA
PacifiCare of California - Most of California	800-531-3341	CY1	CY2	76.36	177.16	35.24	81.76	NCQ/
UHP Healthcare - LA/Orange/San Bernardino Counties	800/544-0088	C41	C42	53.46	114.78	24.67	52.98	JCAHO
Universal Care-High -Southern California	800/635-6668	6Q1	6Q2	70.31	185.61	32.45	85.67	NCQA
Colorado								
Aetna - Denver Area	800/537-9384	9E1	9E2	85.77	236.99	39.59	109.38	NCQ/
Kaiser Permanente-High -Denver/Colorado Springs areas	800/632-9700	651	652	87.14	210.00	40.22	96.92	NCQA
Kaiser Permanente-Std - Denver/Colorado Springs areas	800/632-9700	654	655	66.15	159.42	30.53	73.58	NCQ
PacifiCare of Colorado - Denver/Colorado Springs/Ft.Collins	800/877-9777	D61	D62	93.98	243.31	43.37	112.30	NCQA
Connecticut								
ConnectiCare - All of Connecticut	800/251-7722	TE1	TE2	91.16	276.38	42.07	127.56	NCQ <i>A</i>
Delaware								
Coventry Health Care of Delaware -High -Most of Delaware	800/833-7423	2J1	2J2	134.85	411.45	62.24	189.90	

**Mail Order Discounts.** If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

			ı	Prescription	1	Member Survey Results  ● above average, ⊖ average, ○ below average						
Plan Name	Primary Specialist office copay	Hospital per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing	
Arizona												
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	0	0	0	•	<b>-</b>	•	
Health Net of Arizona, Inc.	\$15/\$30	\$200/day x 3	\$15	\$30/\$50	Yes	0	•	0	•	0	0	
PacifiCare of Arizona	\$15/\$30	\$150/day x 3	\$10	\$30/\$50	Yes	0	0	0	0	0	•	
California												
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	0	0	0	0	0	•	
Blue Cross- HMO	\$10/\$10	None	\$5	\$10/50%	Yes	<b>-</b>	0	0	0	0	-	
Blue Shield of CA Access+	\$10/\$10	None	\$5	\$10/\$25	Yes	<b>-</b>	0	0	<b>-</b>	<b>-</b>	<b>-</b>	
Health Net of California	\$15/\$15	\$250	\$15	\$35/\$50	Yes	<del>-</del>	0	0	<b>-</b>	<del>-</del>	<b>-</b>	
Kaiser Foundation Health Plan, IncHigh	\$15/\$15	\$100	\$10	\$25/\$25	No	•	0	0	0	•	•	
Kaiser Foundation Health Plan, IncStd	\$30/\$30	\$500	\$10	\$30/\$30	No	•	0	0	0	•	<b>-</b>	
Kaiser Foundation Health Plan, IncHigh	\$15/\$15	\$100	\$10	\$25/\$25	No	•	0	0	0	•	<b>-</b>	
Kaiser Foundation Health Plan, IncStd	\$30/\$30	\$500	\$10	\$30/\$30	No	•	0	0	0	•	<b>-</b>	
PacifiCare of California	\$10/\$30	\$100/day x 3	\$10	\$30/\$50	Yes	•	0	0	0	<u> </u>	<b>-</b>	
UHP Healthcare	\$10/\$10	\$300	\$10	\$30/\$50	No							
Universal Care-High	\$10/\$10	\$300	\$10	\$20/\$30	Yes	0	0	0	<b>-</b>	<del>-</del>	•	
Colorado												
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes							
Kaiser Permanente-High	\$15/\$30	\$250	\$10	\$25/\$25	No	<b>-</b>	<b>-</b>	<b>-</b>	0	<b>-</b>	<b>-</b>	
Kaiser Permanente-Std	\$20+20%/\$40+20%	\$250/dayx3	\$15	\$35/\$35	No	•	•	•	0	<del>-</del>	•	
PacifiCare of Colorado	\$20/\$40	\$400/day x 5	\$10	\$40/\$50	Yes	0	•	•	•	<b>-</b>	•	
Connecticut												
ConnectiCare	\$15/\$20	\$50/day x 5	\$15	\$20/\$35	Yes	•	•	•	•	•	•	
Delaware												
Coventry Health Care of Delaware -High	\$10/\$20	None	\$10	\$20/\$45	Yes							

**How to read this chart:** The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision*. This chart does not show all of your possible out-of-pocket costs.

**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				Your Share of Premium					
		Enrollment Code		Monthly		Biweekly		ited	
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited	
District of Columbia									
Aetna Open Access-High -Washington, DC Area	800/537-9384	JN1	JN2	97.32	213.54	44.92	98.56	NCQA	
Aetna Open Access-Basic - Washington, DC Area	800/537-9384	JN4	JN5	62.77	146.88	28.97	67.79	NCQA	
CareFirst BlueChoice - Washington, D.C. Metro Area	866/520-6099	2G1	2G2	109.54	239.20	50.56	110.40	NCQA	
Kaiser Permanente-High -Washington, DC area	301/468-6000	E31	E32	86.24	205.27	39.80	94.74	NCQA	
Kaiser Permanente-Std - Washington, DC area	301/468-6000	E34	E35	69.41	165.21	32.04	76.25	NCQA	
M.D. IPA - Washington, DC area	800/251-0956	ЛР1	ЛР2	87.26	209.46	40.27	96.67	NCQA	
Florida									
Av-Med Health Plan-High -Broward, Dade and Palm Beach	800/882-8633	ML1	ML2	85.08	238.68	39.27	110.16	NCQA	
Av-Med Health Plan-Std - Broward, Dade and Palm Beach	800/882-8633	ML4	ML5	67.99	176.76	31.38	81.58	NCQA	
Capital Health Plan - Tallahassee area	850/383-3311	EA1	EA2	88.30	289.83	40.75	133.77	NCQA	
Humana Medical Plan - South Florida	888/393-6765	EE1	EE2	82.26	189.19	37.96	87.32	URAC	
JMH Health Plan - Broward-Dade counties	800/721-2993	J81	J82	79.58	196.91	36.73	90.88		
Total Health Choice - Broward/Dade/Palm Beach Counties	800/213-1133	4A1	4A2	71.85	179.01	33.16	82.62		
Vista Healthplan - South Florida	866/847-8235	3N1	3N2	105.21	423.90	48.56	195.65		
Vista Healthplan - Gainesville	866/847-8235	UL1	UL2	85.37	265.63	39.40	122.60		
Vista Healthplan - Tallahassee	866/847-8235	Y91	Y92	71.60	191.21	33.05	88.25		
Vista Healthplan of South Florida - Southern Florida	800/441-5501	5E1	5E2	72.63	199.73	33.52	92.18		
Georgia									
Aetna - Atlanta and Athens Areas	800/537-9384	2U1	2U2	82.75	199.61	38.19	92.13	NCQ	
Kaiser Permanente-High -Atlanta area	800/611-1811	F81	F82	76.36	193.86	35.24	89.47	NCQ.	
Kaiser Permanente-Std - Atlanta area	800/611-1811	F84	F85	57.48	145.92	26.53	67.35	NCQA	
Guam									
PacifiCare Asia Pacific-High -Guam/N.Mariana Islands/Belau	671/647-3526	JK1	JK2	134.50	354.57	62.08	163.65		
PacifiCare Asia Pacific-Std - Guam/N.Mariana Islands/Belau	671/647-3526	JK4	JK5	74.13	195.75	34.21	90.34		

**Mail Order Discounts.** If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

			F	rescription	1	• abo			rvey Roverage, (		
Plan Name	Primary Specialist office copay	Hospital per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing
District of Columbia											
Aetna Open Access-High	\$15/\$20	\$150/day x 3	\$10	\$25/\$40	No	0	<b>-</b>	<b>-</b>	•	<b>-</b>	<b>-</b>
Aetna Open Access-Basic	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	No	0	<b>-</b>	•	•	<b>-</b>	•
CareFirst BlueChoice	\$20/\$30	\$100 per adm	\$10	\$25/\$40	Yes	0	0	0	•	0	0
Kaiser Permanente-High	\$10/\$20	\$100	\$10/\$20Net	\$20/\$55	Yes	<b>-</b>	0	0	0	<b>-</b>	•
Kaiser Permanente-Std	\$30/\$30	\$250/dayx3	\$15	\$25/\$40	Yes	<b>-</b>	0	0	0	<b>-</b>	•
M.D. IPA	\$10/\$20	\$100	\$8	\$20/\$35	No	•	•	0	•	•	•
Florida											
Av-Med Health Plan-High	\$15/\$25	\$100/dayx5	\$15	\$30/\$50	No	<b>-</b>	0	0	0	<b>-</b>	•
Av-Med Health Plan-Std	\$25/\$40	\$125/dayx5	\$20	\$40/\$60	No	<b>-</b>	0	0	0	<b>-</b>	•
Capital Health Plan	\$15/\$25	\$250	\$15	\$30/\$50	No	•	•	•	•	•	•
Humana Medical Plan	\$10/\$20	\$100/day x 3	\$5/\$20	\$20/\$40	No	<b>-</b>	0	0	<b>-</b>	<b>-</b>	0
JMH Health Plan	\$10/\$10	None	\$5	50%/50%	Yes						
Total Health Choice	\$10/\$10	\$100	\$5	\$15/\$15	No						
Vista Healthplan	\$15/\$25	\$100/day x 3	\$10	\$25/\$40	Yes	0	0	0	0	0	0
Vista Healthplan	\$15/\$25	\$100/day x 3	\$10	\$25/\$40	Yes	0	0	0	0	0	0
Vista Healthplan	\$15/\$25	\$100/day x 3	\$10	\$25/\$40	Yes	0	0	0	0	0	0
Vista Healthplan of South Florida	\$20/\$30	\$200	\$15	\$30/\$50	Yes	0	0	0	0	0	0
Georgia											
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	0	0	0	0	0	0
Kaiser Permanente-High	\$15/\$15	\$250	\$10/\$16 Com	\$20/\$26	No	•	<b>-</b>	•	•	•	<b>-</b>
Kaiser Permanente-Std	\$20/\$30	\$250/dayx3	\$15 /\$21 Com	\$25/\$31	No	•	<b>-</b>	•	•	•	•
Guam											
PacifiCare Asia Pacific-High	\$10/\$25	\$100	\$5	\$10/\$20	No	•	0	•	•	-	•
PacifiCare Asia Pacific-Std	\$15/\$25	\$250	\$10	\$20/\$30	No	•	0	<b>-</b>	•	<b>-</b>	<b>-</b>

**How to read this chart:** The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision.* This chart does not show all of your possible out-of-pocket costs.

**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				You	r Share o	of Prem	ium	
		Enrollment Code		Monthly		Biweekly		ited
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited
Hawaii								
HMSA - All of Hawaii	808/948-6499	871	872	80.03	178.15	36.94	82.22	NCQA
Kaiser Permanente-High -Islands of Hawaii/Maui/Oahu	808/432-5955	631	632	92.49	198.86	42.69	91.78	NCQA
Kaiser Permanente-Std - Islands of Hawaii/Maui/Oahu	808/432-5955	634	635	71.81	154.39	33.14	71.26	NCQA
Idaho								
Group Health Cooperative-High -Kootenai and Latah	888/901-4636	VR1	VR2	94.20	272.54	43.48	125.79	NCQA
Group Health Cooperative-Std - Kootenai and Latah	888/901-4636	VR4	VR5	79.69	183.28	36.78	84.59	NCQA
Illinois								
Aetna - Chicago Area	800/537-9384	IK1	IK2	82.39	203.35	38.03	93.85	NCQA
BlueCHOICE - Madison and St. Clair counties	800/634-4395	9G1	9G2	100.57	208.16	46.42	96.07	NCQA
Group Health Plan-High -Southern/Cental	800/755-3901	MM1	MM2	161.91	316.98	74.73	146.30	URAC
Health Alliance HMO - Central/E.Central/N.West/South/West IL	800/851-3379	FX1	FX2	108.94	270.87	50.28	125.02	NCQA
Humana Health Plan IncHigh -Chicago area	888/393-6765	751	752	93.05	214.02	42.94	98.78	URAC
Humana Health Plan IncStd - Chicago area	888/393-6765	754	755	66.00	151.78	30.46	70.05	URAC
John Deere Health Plan - Bloomingtn/Moline/Peoria/RockIsld	800/247-9110	YH1	YH2	82.07	201.06	37.88	92.80	NCQA
Mercy Health Plans/Premier Health Plans - Southwest Illinois	800/327-0763	7M1	7M2	185.66	368.33	85.69	170.00	
OSF HealthPlans-High -Central/Central-Northwestern Illinois	800/673-5222	9F1	9F2	89.09	290.96	41.12	134.29	NCQA
PersonalCare's HMO - Central Illinois	800/431-1211	GE1	GE2	71.70	184.29	33.09	85.06	NCQA
Unicare HMO - Chicagoland Area	888/234-8855	171	172	90.73	285.54	41.88	131.79	NCQ/
Union Health Service - Chicago area	312/829-4224	761	762	71.06	176.24	32.80	81.34	

Mail Order Discounts. If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

		Dress				• aha	Member Survey Results bove average, → average, ○ below average					
	Drimory / Specialist	Hospital	·	Prescription Drugs	1	• abo	ve averaş	ge, $lacktriangle$ av	verage, (	Delow	average	
Plan Name	care office copay	per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing	
Hawaii												
HMSA - In-Network HMSA - Out-of-Network	\$15/\$15 30% sch +/30% sch +	None 30% sch +	\$5 \$5+20%+\$	\$20/50% 20+20%+/50%	Yes + No	•	•	•	•	• •	•	
Kaiser Permanente-High	\$12/\$12	None	\$10	\$10/\$10	Yes	•	•	•	•	<b>-</b>	•	
Kaiser Permanente-Std	\$20/\$20	10%	\$10	\$10/\$10	Yes	•	•	•	•	<b>-</b>	•	
Idaho												
Group Health Cooperative-High	\$15/\$15	\$200/day x 3	\$15	\$25/\$50	Yes	0	<b>-</b>	•	•	<b>-</b>	<b>-</b>	
Group Health Cooperative-Std	\$20+20%/\$20+20%	\$200/day x 3	\$20	\$30/\$60	Yes	0	•	•	•	<b>-</b>	•	
Illinois												
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes							
BlueCHOICE	\$10/\$10	None	\$7	\$12/\$25	Yes	•	•	•	•	<b>-</b>	•	
Group Health Plan-High	\$10/\$20	\$100	\$10	\$20/\$35	Yes	<b>-</b>	•	•	•	<del>-</del>	<b>•</b>	
Health Alliance HMO	\$15/\$15	\$250	\$10	\$20/\$40	No	•	•	•	•	<del>-</del>	•	
Humana Health Plan IncHigh	\$10/\$20	\$100/day x 3	\$5/\$15	\$15/\$35	No	0	•	0	<b>-</b>	0	0	
Humana Health Plan IncStd	\$15/\$25	\$250/day x 3	\$10/\$25	\$25/\$45	No	0	•	0	•	0	0	
John Deere Health Plan	\$15/\$25	None	\$10	\$20/\$35	Yes	•	•	•	<b>-</b>	•	•	
Mercy Health Plans/Premier Health Plans - In-Network Mercy Health Plans/Premier Health Plans - Out-of-Network	\$10/\$20 k 30%/30%	None 30%	\$10 N/A	\$20/\$35 N/A	Yes N/A	•	•	•	•	•	•	
OSF HealthPlans-High	\$20/\$20	\$500	\$10	\$20/\$40	Yes	•	•	•	•	•	•	
PersonalCare's HMO	\$20/\$20	\$100/day x 5	\$10	\$20/\$50	No	<b>-</b>	<b>-</b>	•	•	0	<b>-</b>	
Unicare HMO	\$15/\$15	None	\$5	\$15/\$25	Yes	<b>-</b>	<b>-</b>	<b>-</b>	•	<b>-</b>	0	
Union Health Service	\$10/\$10	None	\$15	\$15/\$15	No							

**How to read this chart:** The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision.* This chart does not show all of your possible out-of-pocket costs.

**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				You	r Share o	of Prem	ium		
			llment ode	Monthly		Biweekly		ited	
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited	
Indiana									
Advantage Health Solutions, IncHigh -Most of Indiana	800/553-8933	6Y1	6Y2	113.96	288.27	52.60	133.05	NCQ/	
Aetna - Northern Indiana	800/537-9384	IK1	IK2	82.39	203.35	38.03	93.85	NCQ/	
Aetna - Southeastern Indiana	800/537-9384	RD1	RD2	87.77	213.27	40.51	98.43	NCQ.	
Arnett HMO - Lafayette area	765/448-7440	G21	G22	78.20	203.34	36.09	93.85	NCQ.	
Health Alliance HMO - Fountain/Vermillion/Warren Counties	800/851-3379	FX1	FX2	108.94	270.87	50.28	125.02	NCQ	
Humana Health Plan - Southern Indiana	888/393-6765	D21	D22	146.90	344.91	67.80	159.19	NCQ	
Humana Health Plan IncHigh -Lake/Porter/LaPorte Counties	888/393-6765	751	752	93.05	214.02	42.94	98.78	URA	
Humana Health Plan IncStd - Lake/Porter/LaPorte Counties	888/393-6765	754	755	66.00	151.78	30.46	70.05	URA	
Physicians Health Plan of Northern Indiana - Northeast Indiana	260/432-6690	DQ1	DQ2	184.19	405.16	85.01	187.00		
Unicare HMO - Lake/Porter Counties	888/234-8855	171	172	90.73	285.54	41.88	131.79	NCQ	
lowa									
Avera Health Plans - Northwestern Iowa	888/322-2115	AV1	AV2	137.93	339.19	63.66	156.55		
Coventry Health Care of Iowa-High -Central Iowa/Cedar Rapids/Sioux City	800/257-4692	SV1	SV2	81.99	239.50	37.84	110.54		
Health Alliance HMO - Central and Eastern Iowa	800/851-3379	FX1	FX2	108.94	270.87	50.28	125.02	NCQ	
John Deere Health Plan - Eastern Iowa	800/247-9110	YH1	YH2	82.07	201.06	37.88	92.80	NCQ	
Sioux Valley Health Plan-High -Northwestern Iowa	800/752-5863	AU1	AU2	197.45	461.71	91.13	213.10	NCQ	
Sioux Valley Health Plan-Std - Northwestern Iowa	800/752-5863	AU4	AU5	148.15	347.29	68.38	160.29	NCQ	
Kansas									
Aetna - Kansas City Area	800/537-9384	KS1	KS2	78.18	200.85	36.08	92.70	NCQ	
Coventry Health Care of Kansas-Wichita/Salinas-High -Wichita/Salina areas	800/664-9251	7W1	7W2	85.06	221.47	39.26	102.22		
Coventry Health Care of Kansas-Wichita/Salinas-Std - Wichita/Salina areas	800/664-9251	7W4	7W5	80.54	205.38	37.17	94.79		
Coventry Health Care of Kansas-Kansas City-High -Kansas City area	800/969-3343	HA1	HA2	80.62	208.06	37.21	96.03		
Coventry Health Care of Kansas-Kansas City-Std - Kansas City area	800/969-3343	HA4	HA5	76.36	197.05	35.24	90.95		
Humana Health Plan, IncHigh -Kansas City area	888/393-6765	MS1	MS2	133.83	314.86	61.77	145.32	NCQ	
Humana Health Plan, IncStd - Kansas City area	888/393-6765	MS4	MS5	68.87	158.40	31.78	73.11	NCC	
Preferred Plus of Kansas - S. Central Area	800/660-8114	VA1	VA2	191.62	619.03	88.44	285.71	JCAH	

**Mail Order Discounts.** If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

			F	Prescription					rvey Ro		
Plan Name	Primary Specialist office copay	Hospital per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing
Indiana											
Advantage Health Solutions, IncHigh	\$15/\$30	\$400x2/Yr	\$10	\$30/\$50	Yes	0	•	<b>-</b>	<b>-</b>	<b>-</b>	0
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes						
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	0	•	<b>-</b>	<b>-</b>	0	0
Arnett HMO	\$10/\$10	\$100	\$10	\$20/\$40	N/A	<b>-</b>	<b>-</b>	•	<b>-</b>	<b>-</b>	<b>-</b>
Health Alliance HMO	\$15/\$15	\$250	\$10	\$20/\$40	No	•	•	•	•	<b>-</b>	•
Humana Health Plan	\$15/\$25	\$250/day x 3	\$10/\$25	\$25/\$45	No	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	0	0
Humana Health Plan IncHigh	\$10/\$20	\$100/day x 3	\$5/\$15	\$15/\$35	No	0	<b>-</b>	0	•	0	0
Humana Health Plan IncStd	\$15/\$25	\$250/day x 3	\$10/\$25	\$25/\$45	No	0	<b>-</b>	0	<b>-</b>	0	0
Physicians Health Plan of Northern Indiana	\$15/\$15	20%	\$10	\$20/\$40	Yes	•	•	•	<b>-</b>	•	•
Unicare HMO	\$15/\$15	None	\$5	\$15/\$25	N/A	•	•	•	•	•	0
Iowa											
Avera Health Plans	\$10/\$15	\$100/dayx3	\$10	\$20	Yes						
Coventry Health Care of Iowa-High	\$15/\$15	\$100/day x 3	\$5	\$15/\$30	Yes	<b>-</b>	•	•	•	<b>-</b>	•
Health Alliance HMO	\$15/\$15	\$250	\$10	\$20/\$40	No	•	•	•	•	<b>-</b>	•
John Deere Health Plan	\$15/\$25	None	\$10	\$20/\$35	Yes	•	•	•	<b>•</b>	•	•
Sioux Valley Health Plan - In-Network Sioux Valley Health Plan - Out-of-Network	\$20/\$30 40%/40%	\$100/day x 5 40%	\$15 N/A	\$30/\$50 N/A	No N/A	0	•	•	•	<b>⊕</b>	0
Sioux Valley Health Plan - In-Network Sioux Valley Health Plan - Out-of-Network	\$25/\$25 40%/40%	\$100/day x 5 40%	\$15 N/A	\$30/\$50 N/A	No N/A	0	•	•	•	•	0
Kansas											
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes						
Coventry Health Care of Kansas-Wichita/Salinas-High	\$15/\$30	\$100/day x 3	\$10	\$30/\$55	Yes	0	•	<b>-</b>	<b>-</b>	<b>-</b>	0
Coventry Health Care of Kansas-Wichita/Salinas-Std	\$20/\$35	\$300/day x 3	\$10	\$30/\$55	Yes	0	•	<b>-</b>	<b>-</b>	<b>-</b>	0
Coventry Health Care of Kansas-Kansas City-High	\$15/\$30	\$100/day x 3	\$10	\$30/\$55	Yes	0	•	<b>-</b>	<b>-</b>	<b>-</b>	0
Coventry Health Care of Kansas-Kansas City-Std	\$20/\$35	\$300/day x 3	\$10	\$30/\$55	Yes	0	•	<b>-</b>	•	<b>-</b>	0
Humana Health Plan, IncHigh	\$10/\$20	\$100/day x 3	\$5/\$20	\$20/\$40	No	0	<b>-</b>	<b>-</b>	0	0	0
Humana Health Plan, IncStd	\$15/\$25	\$250/day x 3	\$10/\$25	\$25/\$45	No	0	<b>-</b>	<b>-</b>	0	0	0
Preferred Plus of Kansas	\$20/\$25	\$150 X 5 days per y	r \$10	\$30/\$50	Yes						

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**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				You	r Share	of Prem	ium	
			llment ode	Мо	nthly	Biv	veekly	ited
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited
Kentucky								
Aetna - Northern Kentucky	800/537-9384	RD1	RD2	87.77	213.27	40.51	98.43	NCQ
Humana Health Plan - Louisville area	888/393-6765	D21	D22	146.90	344.91	67.80	159.19	NCQ
United Healthcare of Ohio, IncHigh -Northern Kentucky	800/231-2918	3U1	3U2	260.41	556.11	120.19	256.67	NCQ/
United Healthcare of Ohio, IncStd - Northern Kentucky	800/231-2918	3U4	3U5	154.07	308.85	71.11	142.55	NCQA NCQA
Louisiana								
Coventry Healthcare Louisiana-High -New Orleans area	800/341-6613	BJ1	BJ2	84.02	195.14	38.78	90.06	
Coventry Healthcare Louisiana-High -Baton Rouge area	800/341-6613	JA1	JA2	88.07	204.54	40.65	94.40	
Vantage Health Plan - Monroe/Shreveport/Alexandria Areas	888/823-1910	MV1	MV2	122.35	288.49	56.47	133.15	
Maryland								
Aetna Open Access-High -Northern/Central/Southern Maryland	800/537-9384	JN1	JN2	97.32	213.54	44.92	98.56	NCQ
Aetna Open Access-Basic - Northern/Central/Southern Maryland	800/537-9384	JN4	JN5	62.77	146.88	28.97	67.79	NCQ
CareFirst BlueChoice - All of Maryland	866/520-6099	2G1	2G2	109.54	239.20	50.56	110.40	NCQ
Coventry Health Care of Delaware -High -Most of Maryland	800/833-7423	IG1	IG2	133.62	408.30	61.67	188.45	
Kaiser Permanente-High -Baltimore/Washington, DC areas	301/468-6000	E31	E32	86.24	205.27	39.80	94.74	NCQ
Kaiser Permanente-Std - Baltimore/Washington, DC areas	301/468-6000	E34	E35	69.41	165.21	32.04	76.25	NCQ
M.D. IPA - All of Maryland	800/251-0956	JP1	ЈР2	87.26	209.46	40.27	96.67	NCQ.
Massachusetts								
BlueChip, Coordinated Health Partners, Inc Southeastern Massachusetts	401/459-5500	DA1	DA2	124.19	435.50	57.32	201.00	NCQ
ConnectiCare - Counties Hampden, Hampshire, Franklin	800/251-7722	TE1	TE2	91.16	276.38	42.07	127.56	NCQ
Fallon Community Health Plan-High -Central/Eastern Massachusetts	800/868-5200	JV1	JV2	123.43	344.13	56.97	158.83	NCQ
Fallon Community Health Plan-Std - Central/Eastern Massachusetts	800/868-5200	JV4	JV5	87.88	213.58	40.56	98.58	NCQ

Mail Order Discounts. If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

			_		Member Survey Results  ● above average, ⊖ average, ○ below average							
	Duimou/Specialist	Hospital	F	Prescription Drugs	1	• abo	ve averaş	ge, ⊖ a	verage, (	) below	average	
Plan Name	Primary office care copay	care office	per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing
Kentucky												
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes							
Humana Health Plan	\$15/\$25	\$250/day x 3	\$10/\$25	\$25/\$45	No	<b>-</b>	<b>-</b>	•	<b>-</b>	0	0	
United Healthcare of Ohio, IncHigh	\$15/\$15	\$250	\$10	\$15/\$30	Yes	<b>-</b>	•	•	<b>-</b>	0	•	
United Healthcare of Ohio, Inc In-Network United Healthcare of Ohio, Inc Out-of-Network	\$20/\$20 30%/30%	\$500 30%	\$10 \$10	\$20/\$40 \$20/\$40	Yes Yes	•	•	•	•	0	•	
Louisiana												
Coventry Healthcare Louisiana-High	\$15/\$15	\$100/day x 3	\$10	\$20/\$45	Yes	•	•	0	•	•	•	
Coventry Healthcare Louisiana-High	\$15/\$15	\$100/day x 3	\$10	\$20/\$45	Yes	<b>-</b>	<b>-</b>	0	•	<b>-</b>	•	
Vantage Health Plan	\$15/\$15	\$250	\$10	\$20/\$35	Yes							
Maryland												
Aetna Open Access-High	\$15/\$20	\$150/day x 3	\$10	\$25/\$40	No	0	<b>-</b>	•	•	<b>-</b>	-	
Aetna Open Access-Basic	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	No	0	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	
CareFirst BlueChoice	\$20/\$30	\$100 per adm	\$10	\$25/\$40	Yes	0	0	0	•	0	0	
Coventry Health Care of Delaware -High	\$10/\$20	None	\$10	\$20/\$45	Yes							
Kaiser Permanente-High	\$10/\$20	\$100	\$10/\$20Net	\$20/\$55	Yes	<b>-</b>	0	0	0	<b>-</b>	-	
Kaiser Permanente-Std	\$30/\$30	\$250/dayx3	\$15	\$25/\$40	Yes	<b>-</b>	0	0	0	<b>-</b>	<b>-</b>	
M.D. IPA	\$10/\$20	\$100	\$8	\$20/\$35	No	•	•	0	•	•	•	
Massachusetts												
BlueChip, Coordinated Health Partners, Inc In-Network BlueChip, Coordinated Health Partners, Inc Out-of-Network	\$15/\$25 rk 30%/30%	\$500 None	\$7 \$50+20%	\$30/\$50 \$50+20%	Yes N/A	0	•	•	•	<b>⊖</b>	<b>⊕</b>	
ConnectiCare	\$15/\$20	\$50/day x 5	\$15	\$20/\$35	Yes	<b>-</b>	<b>-</b>	•	•	•	<b>-</b>	
Fallon Community Health Plan-High	\$15/\$25	\$250	\$5	\$25/\$50	Yes	•	•	•	•	•	•	
Fallon Community Health Plan-Std	\$20/\$20 I	Nothing after Dedu	ct \$10	\$30/\$60	Yes	<b>-</b>	•	•	•	•	<b>-</b>	

**How to read this chart:** The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision*. This chart does not show all of your possible out-of-pocket costs.

**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

					r Share o	of Prem	ium	
		Enrollment Code		Monthly		Biw	eekly	Accredited
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accr
Michigan								
Bluecare Network of MI - Midland County Area	800/662-6667	K51	K52	84.26	297.09	38.89	137.12	NCQA
Bluecare Network of MI - Kent County Area	800/662-6667	KR1	KR2	168.56	661.67	77.80	305.39	NCQA
Bluecare Network of MI - Mid Michigan	800/662-6667	LN1	LN2	176.32	462.36	81.38	213.40	NCQA
Bluecare Network of MI - Southeast MI	800/662-6667	LX1	LX2	70.92	212.24	32.73	97.96	NCQA
Grand Valley Health Plan - Grand Rapids area	616/949-2410	RL1	RL2	90.33	370.11	41.69	170.82	NCQ/
Health Alliance Plan - Southeastern Michigan/Flint area	800/422-4641	521	522	76.29	202.17	35.21	93.31	NCQ/
HealthPlus MI - Flint/Saginaw areas	800/332-9161	X51	X52	152.79	351.34	70.52	162.16	NCQ/
M-Care - Southeastern Michigan and Flint area	800/658-8878	EG1	EG2	72.76	192.82	33.58	88.99	NCQ/
Total Health Care - Greater Detroit/Flint areas	800/826-2862	N21	N22	67.12	164.88	30.98	76.10	JCAHO
Minnesota								
Avera Health Plans - Southwestern Minnesota	888/322-2115	AV1	AV2	137.93	339.19	63.66	156.55	
HealthPartners Classic-High -Minneapolis/St. Paul/St.Cloud	952-883-5000	531	532	218.92	560.82	101.04	258.84	NCQ/
HealthPartners Open Access Deductible - Minneapolis/St. Paul/St.Cloud	952-883-5000	534	535	106.77	291.67	49.28	134.62	NCQ/
HealthPartners Primary Clinic Plan - Minneapolis/St. Paul/St. Cloud	952-883-5000	HQ1	HQ2	340.06	851.58	156.95	393.04	NCQA
Missouri								
Aetna - Kansas City Area	800/537-9384	KS1	KS2	78.18	200.85	36.08	92.70	NCQ/
BlueCHOICE - StLouis/Central/SW areas	800/634-4395	9G1	9G2	100.57	208.16	46.42	96.07	NCQ.
Community Health Plan - MISSOURI	800-990-9247	IC1	IC2	75.10	206.76	34.66	95.43	
Coventry Health Care of Kansas-Kansas City-High -Kansas City area	800/969-3343	HA1	HA2	80.62	208.06	37.21	96.03	
Coventry Health Care of Kansas-Kansas City-Std - Kansas City area	800/969-3343	HA4	HA5	76.36	197.05	35.24	90.95	
Group Health Plan-High -St. Louis area	800/755-3901	MM1	MM2	161.91	316.98	74.73	146.30	URAC
Humana Health Plan, IncHigh -Kansas City area	888/393-6765	MS1	MS2	133.83	314.86	61.77	145.32	NCQA
Humana Health Plan, IncStd - Kansas City area	888/393-6765	MS4	MS5	68.87	158.40	31.78	73.11	NCQ
Mercy Health Plans/Premier Health Plans - East/Central/Southwest Missouri	800/327-0763	7M1	7M2	185.66	368.33	85.69	170.00	

Mail Order Discounts. If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

		Prescription	1	Member Survey Results  ● above average, ⊖ average, ○ below average							
Plan Name	Primary Specialist office copay	Hospital per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing
Michigan											
Bluecare Network of MI	\$10/\$10	Nothing	\$5	\$20/\$20	Yes	•	0	•	•	0	•
Bluecare Network of MI	\$10/\$10	Nothing	\$5	\$20/\$20	Yes	<b>-</b>	0	<b>-</b>	•	0	-
Bluecare Network of MI	\$10/\$10	Nothing	\$5	\$20/\$20	Yes	<b>-</b>	0	•	-	0	•
Bluecare Network of MI	\$10/\$10	Nothing	\$5	\$20/\$20	Yes	<b>-</b>	0	<b>-</b>	•	0	<b>-</b>
Grand Valley Health Plan	\$10/\$10	None	\$5	\$5/\$5	No	•	<b>-</b>	•	0	•	•
Health Alliance Plan	\$10/\$10	None	\$10	\$20/\$20	Yes	•	<b>-</b>	<b>-</b>	<b>-</b>	-	-
HealthPlus MI	\$10/\$10	None	\$10	\$20/\$20	Yes	•	<b>-</b>	•	<b>-</b>	•	•
M-Care	\$10/\$10	None	\$10	\$20/\$30	No	•	<b>-</b>	<b>-</b>	<b>-</b>	•	•
Total Health Care	\$10/\$10	None	Nothing	Nothing	No	•	0	0	0	•	0
Minnesota											
Avera Health Plans	\$10/\$15	\$100/dayx3	\$10	\$20	Yes						
HealthPartners Classic-High	\$15/\$15	\$100	\$12	\$12/\$24	No	0	•	<b>-</b>	<b>-</b>	<b>-</b>	•
HealthPartners Open Access Deductible	\$15/\$15	\$100	\$10	\$10/\$35	No	<del>-</del>	•	<b>-</b>	<b>-</b>	<del>-</del>	<b>-</b>
HealthPartners Primary Clinic Plan	\$20/\$20	\$200	\$12	\$12/\$24	No	<del>-</del>	•	<b>-</b>	•	<b>-</b>	•
Missouri											
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes						
BlueCHOICE	\$10/\$10	None	\$7	\$12/\$25	Yes	<b>-</b>	•	•	•	<b>-</b>	•
Community Health Plan	\$15/\$30	\$100/day x 4	\$10	\$25/\$40	Yes						
Coventry Health Care of Kansas-Kansas City-High	\$15/\$30	\$100/day x 3	\$10	\$30/\$55	Yes	0	•	<b>-</b>	•	<b>-</b>	0
Coventry Health Care of Kansas-Kansas City-Std	\$20/\$35	\$300/day x 3	\$10	\$30/\$55	Yes	0	•	<b>-</b>	•	<b>-</b>	0
Group Health Plan-High	\$10/\$20	\$100	\$10	\$20/\$35	Yes	<b>-</b>	•	•	•	<b>-</b>	<b>-</b>
Humana Health Plan, IncHigh	\$10/\$20	\$100/day x 3	\$5/\$20	\$20/\$40	No	0	•	•	0	0	0
Humana Health Plan, IncStd	\$15/\$25	\$250/day x 3	\$10/\$25	\$25/\$45	No	0	<b>-</b>	<b>-</b>	0	0	0
Mercy Health Plans/Premier Health Plans - In-Network Mercy Health Plans/Premier Health Plans - Out-of-Network	\$10/\$20 30%/30%	None 30%	\$10 N/A	\$20/\$35 N/A	Yes N/A	<b>⊕</b>	•	•	•	•	•

**How to read this chart:** The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision.* This chart does not show all of your possible out-of-pocket costs.

**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				You	r Share	of Prem	ium	
			lment ode	Мо	nthly	Biv	veekly	ited
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited
Montana								
New West Health Services - Most of Montana	800/290-3657	NV1	NV2	91.37	195.16	42.17	90.07	
Nebraska								
Coventry Health Care of Nebraska - Omaha Metropolitan area	800/471-0240	IE1	IE2	91.51	275.05	42.24	126.95	
Nevada								
Aetna - Las Vegas Area	800/537-9384	Y11	Y12	83.78	208.61	38.67	96.28	NCQA
Health Plan of Nevada - Northern Area	702/242-7300	2L1	2L2	85.38	228.15	39.40	105.30	NCQA
Health Plan of Nevada - Las Vegas area	702/242-7300	NM1	NM2	50.16	128.44	23.15	59.28	NCQA
NevadaCare - Clark County	702/304-5500	IF1	IF2	89.62	226.43	41.36	104.51	
Pacificare of Nevada - Las Vegas/Clark County	800-531-3341	K91	К92	75.33	171.00	34.77	78.92	NCQA
New Jersey								
Aetna - All of New Jersey	800/537-9384	P31	P32	117.13	321.77	54.06	148.51	NCQA
AmeriHealth HMO - All of New Jersey	800/454-7651	FK1	FK2	89.27	213.06	41.20	98.34	NCQA
Coventry Health Care of Delaware -High -Southern New Jersey	800/833-7423	2J1	2J2	134.85	411.45	62.24	189.90	
GHI Health Plan-High -Northern New Jersey	212/501-4444	801	802	151.30	442.10	69.83	204.05	URAC
New Mexico								
Lovelace Health Plan - All of New Mexico	800/808-7363	Q11	Q12	83.37	204.58	38.48	94.42	NCQA
Presbyterian Health Plan - All NM counties except Otero & S. Eddy	800/356-2219	P21	P22	90.25	295.25	41.65	136.27	NCQA

**Mail Order Discounts.** If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

						Member Survey Results  ● above average, ⊖ average, ○ below average								
	/Specialist	Hospital	F	Prescription Drugs	1	• abo	ve averaş	ge, ⊖ av	verage, (	) below	average			
Plan Name	care / office stay	per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing			
Montana														
New West Health Services - In-Network New West Health Services - Out-of-Network	\$15/\$15 30%/30%	\$100 30%	\$10 N/A	\$20/\$40 N/A	Yes N/A									
Nebraska														
Coventry Health Care of Nebraska	\$20/\$20	None	\$10	\$20/\$45	Yes									
Nevada														
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes									
Health Plan of Nevada	\$10/\$10	\$100	\$10	\$25/\$40	Yes									
Health Plan of Nevada	\$10/\$10	\$100	\$10	\$25/\$40	Yes	0	0	0	0	<b>-</b>	<b>-</b>			
NevadaCare - In-Network NevadaCare - Out-of-Network	\$20/\$20 \$20+30% sch +	\$250/day x 3 30% sch +	\$15 N/A	\$25/\$60 N/A	Yes N/A									
Pacificare of Nevada	\$15/\$30	\$200/day x 5	\$15	\$35/\$50	Yes	0	0	0	0	•	•			
New Jersey														
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	<b>-</b>	<b>-</b>	•	•	<b>-</b>	<b>-</b>			
AmeriHealth HMO	\$30/\$35	\$200/day x 3	\$10	\$40/50%	Yes	<b>-</b>	<b>-</b>	•	•	<b>-</b>	0			
Coventry Health Care of Delaware -High	\$10/\$20	None	\$10	\$20/\$45	Yes									
GHI Health Plan - In-Network GHI Health Plan - Out-of-Network	\$15/\$15 + 50% of sch	\$100/adm x2 +50% of sch	\$15 N/A	\$25/\$75 N/A	Yes N/A	<b>•</b>	•	<b>⊖</b>	0	0	0			
New Mexico														
Lovelace Health Plan	\$15/\$25	\$250	\$7	\$15/\$35	Yes	<b>-</b>	0	0	•	0	0			
Presbyterian Health Plan	\$15/\$25	\$100	\$10	\$20/\$40	Yes	<b>-</b>	<b>-</b>	0	<b>-</b>	<b>-</b>	<b>-</b>			

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**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				You	r Share o	hare of Premium			
		Enrollment Code		Monthly		Biweekly		ited	
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited	
New York									
Aetna - NYC Area and Dutchess/Sullivan/Ulster	800/537-9384	JC1	JC2	100.90	301.31	46.57	139.07	NCQA	
Blue Choice - Rochester area	800/462-0108	MK1	MK2	70.45	176.51	32.52	81.47	NCQA	
CDPHP Universal Benefits, Inc.	877/269-2134	SG1	SG2	84.14	212.03	38.83	97.86	NCQA	
GHI Health Plan-High -All of New York	212/501-4444	801	802	151.30	442.10	69.83	204.05	URAC	
CHI Health Plan-Std - All of New York	212/501-4444	804	805	92.16	215.15	42.54	99.30	URAC	
GHI HMO Select-High -Brnx/Brklyn/Manhat/Queen/Richmon/Westche	877/244-4466	6V1	6V2	114.12	367.35	52.67	169.55	NCQA	
GHI HMO Select-Std - Brnx/Brklyn/Manhat/Queen/Richmon/Westche	877/244-4466	6V4	6V5	85.42	223.66	39.42	103.23	NCQA	
GHI HMO Select-High -Capital/Hudson Valley Regions	877/244-4466	X41	X42	91.95	301.73	42.44	139.26	NCQA	
GHI HMO Select-Std - Capital/Hudson Valley Regions	877/244-4466	X44	X45	83.61	211.41	38.59	97.57	NCQA	
HIP of Greater New York-High -New York City area	800/HIP-TALK	511	512	86.35	320.92	39.85	148.12	NCQA	
HIP of Greater New York-Std - New York City area	800/HIP-TALK	514	515	71.23	199.46	32.88	92.06	NCQA	
HMO Blue - Utica/Rome/Central New York areas	800/722-7884	AH1	AH2	94.23	312.47	43.49	144.22	NCQA	
HMOBlue-CNY - Syracuse/Binghamton/Elmira areas	800/828-2887	EB1	EB2	93.43	309.83	43.12	143.00	NCQA	
Independent Health Assoc - Western New York	800/453-1910	QA1	QA2	70.22	192.59	32.41	88.89	NCQA	
MVP Health Care - Eastern Region	888/687-6277	GA1	GA2	80.18	207.07	37.01	95.57	NCQA	
MVP Health Care - Central Region	888/687-6277	M91	M92	87.24	254.99	40.26	117.69	NCQA	
MVP Health Care - Mid-Hudson Region	888/687-6277	MX1	MX2	89.94	282.90	41.51	130.57	NCQA	
Preferred Care - Rochester area	800/950-3224	GV1	GV2	68.82	183.74	31.76	84.80	NCQA	
Univera Healthcare - Western New York (Southern Counties)	(800) 427-8490	KQ1	KQ2	79.51	210.64	36.70	97.22	NCQA	
Univera Healthcare - Western New York (Northern Counties)	(800) 427-8490	Q81	Q82	63.85	181.05	29.47	83.56	NCQA	
Vytra Health Plans - Queens/Nassau/Suffolk Counties	800/406-0806	J61	J62	129.02	437.34	59.55	201.85	NCQA	
North Dakota									
Heart of America Health Plan - Northcentral North Dakota	800-525-5661	RU1	RU2	67.80	174.27	31.29	80.43		

**Mail Order Discounts.** If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

			Prescription			Member Survey Results  ● above average,   ⊕ average,   ○ below						
Plan Name	Primary Specialist office copay	Hospital per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing	
New York												
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	<b>-</b>	<b>-</b>	•	<b>-</b>	<b>-</b>	<b>-</b>	
Blue Choice	\$15/\$15	None	\$10	\$25/\$40	No	•	•	•	•	<b>-</b>	•	
CDPHP Universal Benefits, Inc.	\$20/\$20	\$100dayX5	\$10	\$25/\$40	Yes	•	•	•	•	•	•	
GHI Health Plan - In-Network GHI Health Plan - Out-of-Network	\$15/\$15 + 50% of sch	\$100/adm x2 + 50% of sch	\$15 N/A	\$25/\$50 N/A	Yes N/A	•	•	•	0	0	0	
GHI Health Plan-Std	\$25/\$25	\$250/day x3	\$10	\$25/\$50	Yes	<b>-</b>	•	•	0	0	0	
GHI HMO Select-High	\$10/\$10	None	\$10	\$20/\$30	Yes	0	•	•	•	<b>-</b>	0	
GHI HMO Select-Std	\$20/\$20	None	\$10	\$20/\$30	Yes	0	•	•	•	<b>-</b>	0	
GHI HMO Select-High	\$10/\$10	None	\$10	\$20/\$30	Yes	0	•	•	•	<b>-</b>	0	
GHI HMO Select-Std	\$20/\$20	None	\$10	\$20/\$30	Yes	0	•	•	•	<b>-</b>	0	
HIP of Greater New York-High	\$10/\$10	None	\$10	\$15/\$40	Yes	<b>-</b>	0	0	0	<b>-</b>	0	
HIP of Greater New York-Std	\$10/\$20	\$500	\$10	\$20/\$40	Yes	<b>-</b>	0	0	0	<b>-</b>	0	
HMO Blue	\$20/\$20	\$240	\$10	\$25/\$40	No	<b>-</b>	<b>-</b>	•	<b>-</b>	0	<b>-</b>	
HMOBlue-CNY	\$20/\$20	\$240	\$10	\$25/\$40	No	<b>-</b>	<b>-</b>	•	<b>-</b>	0	<b>-</b>	
Independent Health Assoc - In-Network Independent Health Assoc - Out-of-Network	\$15/\$15 Ded+25%/50%+	None Ded+25%/50%+	\$10 Ded+25%/50%+	\$20/\$35 - N/A	No No	•	•	•	•	•	•	
MVP Health Care	\$15/\$15	\$240	\$5	\$20/\$40	Yes	•	•	•	•	•	•	
MVP Health Care	\$15/\$15	\$240	\$5	\$20/\$40	Yes	•	•	•	•	•	•	
MVP Health Care	\$15/\$15	\$240	\$5	\$20/\$40	Yes	•	•	•	•	•	•	
Preferred Care	\$15/\$15	\$100	\$10	\$25/\$40	Yes	•	•	•	•	•	•	
Univera Healthcare	\$20/\$20	None	\$10	\$20/\$45	No	<b>-</b>	•	•	•	•	•	
Univera Healthcare	\$20/\$20	None	\$10	\$20/\$45	No	<b>-</b>	•	•	•	•	•	
Vytra Health Plans	\$10/\$10	None	\$10	\$15/\$15	Yes	•	•	•	•	•	•	
North Dakota												
Heart of America Health Plan	\$10/Nothing	None	50%	50%/50%	None							

**How to read this chart:** The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision.* This chart does not show all of your possible out-of-pocket costs.

**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				You	r Share	of Prem	ium	
		Enrollment Code		Monthly		Biv	veekly	ited
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited
Ohio								
Aetna - Cleveland and Toledo Areas	800/537-9384	7D1	7D2	80.36	191.25	37.09	88.27	NCQA
Aetna - Columbus Area	800/537-9384	ND1	ND2	89.15	285.76	41.14	131.89	NCQA
Aetna - Greater Cincinnati Area	800/537-9384	RD1	RD2	87.77	213.27	40.51	98.43	NCQA
AultCare HMO-High -Stark/Carroll/Holmes/Tuscarawas/Wayne Co	330/363-6360	3A1	3A2	87.46	214.71	40.37	99.10	
Blue HMO - Most of Ohio	800/228-4375	R51	R52	137.52	335.33	63.47	154.77	
HMO Health Ohio - Northeast Ohio	800/522-2066	L41	L42	89.86	273.34	41.47	126.16	NCQA
Hometown Health Plan - Massillon	800-426-9013	MZ1	MZ2	73.28	183.20	33.82	84.55	
Kaiser Permanente - Cleveland/Akron areas	800/686-7100	641	642	93.10	267.67	42.97	123.54	NCQA
Paramount Health Care - Northwest/North Central Ohio	800/462-3589	U21	U22	90.05	307.51	41.56	141.93	NCQA
SummaCare Health Plan - Cleveland, Akron areas	330/996-8700	5W1	5W2	111.47	263.48	51.45	121.61	NCQA
SuperMed HMO - Northeast Ohio	800/522-2066	5M1	5M2	201.39	595.46	92.95	274.83	NCQA
The Health Plan of the Upper Ohio Valley - Eastern Ohio	800/624-6961	U41	U42	78.71	181.03	36.33	83.55	NCQA
United Healthcare of Ohio, IncHigh -Cincinnati/Dayton/Springfield areas	800/231-2918	3U1	3U2	260.41	556.11	120.19	256.67	NCQA
United Healthcare of Ohio, IncStd - Cincinnati/Dayton/Springfield areas	800/231-2918	3U4	3U5	154.07	308.85	71.11	142.55	NCQA
Oklahoma								
Aetna - Oklahoma City/Tulsa Areas	800/537-9384	SL1	SL2	92.84	215.47	42.85	99.45	NCQA
Globalhealth, Inc OKLAHOMA	405-280-5600	IM1	IM2	81.25	195.84	37.50	90.39	
PacifiCare Southwest Region (OK & TX) - Central/Northeastern Oklahoma	800-531-3341	2N1	2N2	92.29	236.83	42.60	109.31	NCQA
Oregon								
Kaiser Permanente-High -Portland/Salem areas	800/813-2000	571	572	93.70	213.83	43.25	98.69	NCQA
Kaiser Permanente-Std - Portland/Salem areas	800/813-2000	574	575	86.06	196.40	39.72	90.64	NCQA
PacifiCare Northwest Region (Oregon/Washington) - Metro Portland/Salem/Corvalis/Eugene	800-531-3341	7Z1	7Z2	119.19	256.05	55.01	118.18	NCQA

Mail Order Discounts. If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

	Prescription					• aho			rvey Roverage, (			
	/Specialist	Hospital	·	Drugs	•	- and	ve averag	3e, • a	verage, (	Delow	average	
Plan Name	Primary office care copay	care / Office	per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing
Ohio												
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	0	<b>-</b>	•	<b>-</b>	0	0	
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes							
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	0	<b>-</b>	<b>-</b>	<b>-</b>	0	0	
AultCare HMO-High	\$10/\$10	None	\$10	\$20/\$35	N/A	•	•	•	•	•	•	
Blue HMO	\$10/\$10	None	\$10	\$20/\$30	Yes	<b>-</b>	•	•	<b>-</b>	<b>-</b>	<b>-</b>	
HMO Health Ohio	\$15/\$15	\$250	\$10	\$20/\$30	Yes	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	0	0	
Hometown Health Plan	\$15/\$20	\$250	\$15	\$25/\$40	No	•	•	•	<b>-</b>	•	•	
Kaiser Permanente	\$10/\$10	\$100	\$10	\$25/\$25	No	•	•	•	<b>-</b>	<b>-</b>	<b>-</b>	
Paramount Health Care	\$10/\$20	\$300	\$5	\$15/\$25	No	<b>-</b>	<b>-</b>	<b>-</b>	•	•	•	
SummaCare Health Plan	\$15/\$20	\$250	\$12	\$30/\$50	Yes	•	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	
SuperMed HMO	\$15/\$15	\$250	\$10	\$20/\$30	Yes	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	0	0	
The Health Plan of the Upper Ohio Valley	\$10/\$20	\$250	\$15	\$30/\$50	Yes	•	•	•	•	•	•	
United Healthcare of Ohio, IncHigh	\$15/\$15	\$250	\$10	\$15/\$30	Yes	<b>-</b>	•	•	<b>-</b>	0	<b>-</b>	
United Healthcare of Ohio, Inc In-Network United Healthcare of Ohio, Inc Out-of-Network	\$20/\$20 30%/30%	\$500 30%	\$10 \$10	\$20/\$40 \$20/\$40	Yes Yes	•	•	•	•	0	•	
Oklahoma												
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	0	•	•	•	•	•	
Globalhealth, Inc.	\$15/\$25	\$250/day x 5	\$10	\$25/\$40	Yes							
PacifiCare Southwest Region (OK & TX)	\$20/\$40	\$400/day x 5	\$10	\$40/\$50	Yes	•	•	•	•	•	•	
Oregon												
Kaiser Permanente-High	\$15/\$15	\$100	\$15	\$30/\$30	Yes	•	<b>-</b>	0	0	•	•	
Kaiser Permanente-Std	\$15/\$15	\$100	\$15	\$30/\$30	Yes	•	<b>-</b>	0	0	•	•	
PacifiCare Northwest Region (Oregon/Washing	ton) \$15/\$45	\$250/day x 3	\$10	\$30/\$50	Yes	0	0	•	•	0	•	

**How to read this chart:** The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision*. This chart does not show all of your possible out-of-pocket costs.

**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				You	r Share	of Prem	ium	
			llment ode	Mo	nthly	Biv	veekly	ited
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited
Pennsylvania								
Aetna - Philadelphia and Southeastern PA	800/537-9384	P31	P32	117.13	321.77	54.06	148.51	NCQA
Aetna - Pittsburgh Area	800/537-9384	YE1	YE2	72.71	200.49	33.56	92.53	NCQA
Coventry Health Care of Delaware -High -Southeastern Pennsylvania	800/833-7423	2J1	2J2	134.85	411.45	62.24	189.90	
HealthAmerica Pennsylvania-High -Greater Pittsburgh area	866/351-5946	261	262	92.26	294.90	42.58	136.11	NCQA
HealthAmerica Pennsylvania-Std - Greater Pittsburgh area	866/351-5946	264	265	86.11	232.22	39.74	107.18	NCQA
HealthAmerica Pennsylvania-High -Northeast Pennsylvania	866/351-5946	4N1	4N2	231.79	540.17	106.98	249.31	NCQA
HealthAmerica Pennsylvania-Std - Northeast Pennsylvania	866/351-5946	4N4	4N5	173.27	405.57	79.97	187.19	NCQA
HealthAmerica Pennsylvania-High -Southeastern Pennsylvania	866/351-5946	PN1	PN2	222.12	515.97	102.52	238.14	NCQA
HealthAmerica Pennsylvania-Std - Southeastern Pennsylvania	866/351-5946	PN4	PN5	169.69	395.35	78.32	182.47	NCQA
HealthAmerica Pennsylvania-High -Central Pennsylvania	866/351-5946	SW1	SW2	155.24	364.10	71.65	168.05	NCQA
HealthAmerica Pennsylvania-Std - Central Pennsylvania	866/351-5946	SW4	SW5	119.99	283.03	55.38	130.63	NCQA
Keystone Health Plan Central - Harrisburg/Northern Region/Lehigh Valley	800/622-2843	S41	S42	167.11	430.21	77.13	198.56	NCQA
Keystone Health Plan East - Philadelphia area	800/227-3115	ED1	ED2	89.16	294.29	41.15	135.83	NCQA
UPMC Health Plan - Western Pennsylvania area	888/876-2756	8W1	8W2	92.61	298.65	42.74	137.84	NCQA
Puerto Rico								
Humana Health Plans of Puerto Rico - Puerto Rico	800/314-3121	ZJ1	ZJ2	50.66	116.51	23.38	53.77	
Triple-S - All of Puerto Rico	787/749-4777	891	892	64.22	137.95	29.64	63.67	
Rhode Island								
BlueChip, Coordinated Health Partners, Inc All of Rhode Island	401/459-5500	DA1	DA2	124.19	435.50	57.32	201.00	NCQA NCQA
South Carolina								
Carolina Care - South Carolina	800/868-6734	IB1	IB2	94.24	211.98	43.50	97.84	

**Mail Order Discounts.** If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

			_			Member Survey Results  ● above average, ⊕ average, ○ below average							
	/Specialist	Hospital	•	Prescription Drugs	1	abo	ve averaş	ge, ⊖ a∙ 	verage, (	) below	average		
Plan Name	care office stay	per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing		
Pennsylvania													
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	<b>-</b>	•	•	•	0	<b>-</b>		
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes								
Coventry Health Care of Delaware -High	\$10/\$20	None	\$10	\$20/\$45	Yes								
HealthAmerica Pennsylvania-High	\$10/\$25	None	\$8	\$25/\$40	Yes	<b>-</b>	•	•	•	<b>-</b>	<b>-</b>		
HealthAmerica Pennsylvania-Std	\$20/\$30	\$200/day x 3	\$8	\$35/\$50	Yes	<b>-</b>	•	•	•	<b>-</b>	<b>-</b>		
HealthAmerica Pennsylvania-High	\$10/\$25	None	\$8	\$25/\$40	Yes	<b>-</b>	•	•	•	<b>-</b>	<b>-</b>		
HealthAmerica Pennsylvania-Std	\$20/\$30	\$200/day x 3	\$8	\$35/\$50	Yes	<b>-</b>	•	•	•	<b>-</b>	-		
HealthAmerica Pennsylvania-High	\$10/\$25	None	\$8	\$25/\$40	Yes								
HealthAmerica Pennsylvania-Std	\$20/\$30	\$200/day x 3	\$8	\$35/\$50	Yes								
HealthAmerica Pennsylvania-High	\$10/\$25	None	\$8	\$25/\$40	Yes	<b>-</b>	•	•	<b>-</b>	<b>-</b>	<b>-</b>		
HealthAmerica Pennsylvania-Std	\$20/\$30	\$200/day x 3	\$8	\$35/\$50	Yes	<b>-</b>	•	•	•	•	-		
Keystone Health Plan Central	\$15/\$20	\$200	\$10	\$25/\$40	Yes	•	•	•	•	<b>-</b>	•		
Keystone Health Plan East	\$15/\$25	None	\$15	\$20/\$35	Yes	<b>-</b>	•	•	•	•	-		
UPMC Health Plan	\$10/\$10	None	\$5	\$15/\$35	Yes	•	•	•	•	•	•		
Puerto Rico													
Humana Health Plans of Puerto Rico - In-Network Humana Health Plans of Puerto Rico - Out-of-Network	\$5/\$5 \$8/\$8	None \$50	\$2.50 N/A	\$5/\$5 N/A	No N/A								
Triple-S - In-Network Triple-S - Out-of-Network	\$7.50/\$10 \$7.50 + 10%/\$10 + 10%	None None	\$5 25%	\$8/\$12 25%/25%	Yes No	•	•	0	•	•	•		
Rhode Island													
BlueChip, Coordinated Health Partners, Inc In-Network BlueChip, Coordinated Health Partners, Inc Out-of-Network	\$15/\$25 30%/30%	\$500 None	\$7 \$50+20%	\$30/\$50 \$50+20%	Yes N/A	0	•	•	•	•	•		
South Carolina													
Carolina Care	\$20/\$30	\$250	\$10	\$20/\$50	Yes								

**How to read this chart:** The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision*. This chart does not show all of your possible out-of-pocket costs.

**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				Your Share of Premium				
		Enrollment Code		Monthly		Biweekly		ited
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited
South Dakota								
Avera Health Plans - Eastern and Central South Dakota	888/322-2115	AV1	AV2	137.93	339.19	63.66	156.55	
Sioux Valley Health Plan-High -Eastern/Central/Rapid City Areas	800/752-5863	AU1	AU2	197.45	461.71	91.13	213.10	NCQA
Sioux Valley Health Plan-Std - Eastern/Central/Rapid City Areas	800/752-5863	AU4	AU5	148.15	347.29	68.38	160.29	NCQA
Tennessee								
Aetna - Nashville Area	800/537-9384	6J1	6J2	101.57	233.02	46.88	107.55	NCQA
Aetna - Memphis Area	800/537-9384	UB1	UB2	80.54	205.38	37.17	94.79	NCQA
Texas								
Aetna - Houston Area	800/537-9384	8G1	8G2	92.93	281.90	42.89	130.11	NCQA
Aetna - Austin/San Antonio Areas	800/537-9384	P11	P12	83.76	211.02	38.66	97.39	NCQA
Aetna - Dallas/Ft Worth Areas	800/537-9384	PU1	PU2	102.00	300.86	47.08	138.86	NCQA
FirstCare - Waco area	800/884-4901	6U1	6U2	86.68	186.21	40.00	85.94	
FirstCare - West Texas	800/884-4901	CK1	CK2	176.06	342.07	81.26	157.88	
HMO Blue Texas - Houston	877/299-2377	YM1	YM2	113.49	326.84	52.38	150.85	NCQA
Humana Health Plan of Texas-High -San Antonio area	888/393-6765	UR1	UR2	163.58	383.30	75.50	176.91	URAC
Humana Health Plan of Texas-Std - San Antonio area	888/393-6765	UR4	UR5	80.36	184.82	37.09	85.30	URAC
Mercy Health Plans/Premier Health Plans - Webb/Zapata/Duval/Jim Hogg Counties	800/617-3433	HM1	HM2	94.31	296.96	43.53	137.06	
PacifiCare Southwest Region (OK & TX) - San Antonio/Dallas/Ft.Worth	800-531-3341	GF1	GF2	96.05	226.61	44.33	104.59	NCQA
Utah								
Altius Health Plans - Wasatch Front	800/377-4161	9K1	9K2	134.59	274.79	62.12	126.83	
Vermont								
MVP Health Care - All of Vermont	888/687-6277	W1	VW2	150.91	477.23	69.65	220.26	NCQA

**Mail Order Discounts.** If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

		Hospital	F	Prescription Drugs	n	• abo			rvey Roverage, (		
Plan Name	Primary Specialist office copay	per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing
South Dakota											
Avera Health Plans	\$10/\$15	\$100/dayx3	\$10	\$20	Yes						
Sioux Valley Health Plan - In-Network Sioux Valley Health Plan - Out-of-Network	\$20/\$30 40%/40%	\$100/day x 5 40%	\$15 N/A	\$30/\$50 N/A	\$30 No	0	•	•	•	<b>⊕</b>	0
Sioux Valley Health Plan - In-Network Sioux Valley Health Plan - Out-of-Network	\$25/\$25 40%/40%	\$100/day x 5 40%	\$15 N/A	\$30/\$50 N/A	No No	0	•	•	•	•	0
Tennessee											
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	•	•	0	•	<b>-</b>	•
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	•	•	0	•	•	•
Texas											
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes						
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	<b>-</b>	0	0	•	<b>-</b>	•
FirstCare	\$20/\$20	\$100/day x 5	\$10	\$20/\$40	Yes	<b>-</b>	•	•	•	•	•
FirstCare	\$20/\$20	\$100/day x 5	\$10	\$20/\$40	Yes	<b>-</b>	•	•	•	<b>-</b>	•
HMO Blue Texas	\$20/\$20	\$100/dayx4	\$10	\$25/\$40	Yes	0	0	0	0	<b>-</b>	0
Humana Health Plan of Texas-High	\$10/\$20	\$100/day x 3	\$5/\$20	\$20/\$40	No	•	<b>-</b>	<del>-</del>	<b>-</b>	<b>-</b>	<del>-</del>
Humana Health Plan of Texas-Std	\$15/\$25	\$250/day x 3	\$10/\$25	\$25/\$45	No	•	<b>-</b>	<b>-</b>	•	<b>-</b>	<b>-</b>
Mercy Health Plans/Premier Health Plans - In-Netwo Mercy Health Plans/Premier Health Plans - Out-of-N		None 40%	\$7 N/A	\$12/\$25 N/A	Yes N/A	•	<b>⊕</b>	0	•	•	<b>⊕</b>
PacifiCare Southwest Region (OK & TX)	\$20/\$40	\$400/day x 5	\$10	\$40/\$50	Yes	•	•	•	•	•	•
Utah											
Altius Health Plans	\$10/\$15	None	\$10	\$20/\$40	Yes	<del>-</del>	<del>-</del>	<b>-</b>	<b>-</b>	<del>-</del>	<b>-</b>
Vermont											
MVP Health Care	\$15/\$15	\$240	\$5	\$20/\$40	Yes	•	•	•	•	•	•

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**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				You	r Share	of Prem	ium	
		Enrollment Code		Monthly		Biv	veekly	dited
Plan Name – Location	Telephone Number	Self only	Self & family	Self only	Self & family	Self only	Self & family	Accredited
Virginia								
Aetna Open Access-High -Northern/Central/Richmond, Virginia Area	800/537-9384	JN1	JN2	97.32	213.54	44.92	98.56	NCQA
Aetna Open Access-Basic - Northern/Central/Richmond, Virginia Area	800/537-9384	JN4	JN5	62.77	146.88	28.97	67.79	NCQA
CareFirst BlueChoice - Northern Virginia	866/520-6099	2G1	2G2	109.54	239.20	50.56	110.40	NCQA
Kaiser Permanente-High -Washington, DC area	301/468-6000	E31	E32	86.24	205.27	39.80	94.74	NCQA
Kaiser Permanente-Std - Washington, DC area	301/468-6000	E34	E35	69.41	165.21	32.04	76.25	NCQA
M.D. IPA - N.VA/Cntrl VA/Richmond/Tidewater/Roanoke	800/251-0956	JP1	JP2	87.26	209.46	40.27	96.67	NCQA
Optima Health Plan - Peninsula/Southside Hampton Roads	800/206-1060	9R1	9R2	105.12	274.56	48.52	126.72	NCQA
Piedmont Community Healthcare - Lynchburg area	888/674-3368	2C1	2C2	88.71	203.13	40.94	93.75	
Washington								
Aetna - Seattle/Puget Sound Areas	800/537-9384	8J1	8J2	75.37	191.66	34.78	88.46	NCQA
Group Health Cooperative-High -Most of Western Washington	888/901-4636	541	542	103.00	227.52	47.54	105.01	NCQA
Group Health Cooperative-Std - Most of Western Washington	888/901-4636	544	545	76.62	172.97	35.36	79.83	NCQA
Group Health Cooperative-High -Central WA/Spokane/Pullman	888/901-4636	VR1	VR2	94.20	272.54	43.48	125.79	NCQA
Group Health Cooperative-Std - Central WA/Spokane/Pullman	888/901-4636	VR4	VR5	79.69	183.28	36.78	84.59	NCQA
Kaiser Permanente-High -Vancouver/Longview	800/813-2000	571	572	93.70	213.83	43.25	98.69	NCQA
Kaiser Permanente-Std - Vancouver/Longview	800/813-2000	574	575	86.06	196.40	39.72	90.64	NCQA
KPS Health Plans - High -All of Washington	800/552-7114	VT1	VT2	123.15	243.51	56.84	112.39	
KPS Health Plans - Std - All of Washington	800/552-7114	L11	L12	83.36	179.92	38.47	83.04	
PacifiCare Northwest Region (Oregon/Washington) - Clark County	800-531-3341	7Z1	7Z2	119.19	256.05	55.01	118.18	NCQA
PacifiCare Northwest Region (Oregon/Washington) - Washington	800-531-3341	SA1	SA2	69.48	162.41	32.07	74.96	NCQA

Mail Order Discounts. If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

			F	Prescription	1	• abo			rvey Ro		
	Drimory / Specialist	Hospital	Drugs								
Plan Name	care / office copay	per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing
Virginia											
Aetna Open Access-High	\$15/\$20	\$150/day x 3	\$10	\$25/\$40	No	0	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	•
Aetna Open Access-Basic	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	No	0	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	•
CareFirst BlueChoice	\$20/\$30	\$100 per adm	\$10	\$25/\$40	Yes	0	0	0	<b>-</b>	0	0
Kaiser Permanente-High	\$10/\$20	\$100	\$10/\$20Net	\$20/\$55	Yes	<b>-</b>	0	0	0	<b>-</b>	<b>-</b>
Kaiser Permanente-Std	\$30/\$30	\$250/dayx3	\$15	\$25/\$40	Yes	<b>-</b>	0	0	0	<b>-</b>	-
M.D. IPA	\$10/\$20	\$100	\$8	\$20/\$35	No	<b>-</b>	<b>-</b>	0	<b>-</b>	•	<b>-</b>
Optima Health Plan	\$10/\$20	\$250	\$10	\$20/\$40	Yes	•	•	<b>-</b>	<b>-</b>	•	•
Piedmont Community Healthcare - In-Network Piedmont Community Healthcare - Out-of-Network	\$25/\$25 40%/30%	None None	\$15 \$15	\$30/\$30 \$30/\$30	Yes N/A						
Washington											
Aetna	\$20/\$30	\$150/day x 5	\$10	\$25/\$40	Yes	0	0	<b>-</b>	0	0	0
Group Health Cooperative-High	\$15/\$15	\$200/day x 3	\$15	\$25/\$50	N/A	0	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	•
Group Health Cooperative-Std	\$20+20%/\$20+20%	\$200/day x 3	\$20	\$30/\$60	Yes	0	<b>-</b>	•	•	<b>-</b>	•
Group Health Cooperative-High	\$15/\$15	\$200/day x 3	\$15	\$25/\$50	N/A	0	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	•
Group Health Cooperative-Std	\$20+20%/\$20+20%	\$200/day x 3	\$20	\$30/\$60	Yes	0	<b>-</b>	•	•	<b>-</b>	•
Kaiser Permanente-High	\$15/\$15	\$100	\$15	\$30/\$30	Yes	•	<b>-</b>	0	0	•	•
Kaiser Permanente-Std	\$15/\$15	\$100	\$15	\$30/\$30	Yes	•	<b>-</b>	0	0	•	•
KPS Health Plans - High -In-Network KPS Health Plans - High - Out-of-Network	\$20/\$20 \$20+45%/\$20+45%	None None	\$5 N/A	\$20/50% N/A	Yes N/A	•	•	•	•	•	•
KPS Health Plans - Std -In-Network KPS Health Plans - Std - Out-of-Network	\$15/x3 or 20%/20% \$15/x3 or 45%/45%	\$100/day x 5 \$100/day x 5	\$10 N/A	\$30/50% N/A	Yes No	•	•	•	<b>⊖</b>	•	•
PacifiCare Northwest Region (Oregon/Washing	ton) \$15/\$45	\$250/day x 3	\$10	\$30/\$50	Yes	0	0	<del>-</del>	<b>-</b>	0	<b>-</b>
PacifiCare Northwest Region (Oregon/Washing	ton) \$15/\$45	\$250/day x 3	\$10	\$30/\$50	Yes						

**How to read this chart:** The table below highlights selected features that may help you narrow your choice of health plans. *Always consult plan brochures before making your final decision.* This chart does not show all of your possible out-of-pocket costs.

**Primary Care Specialist/Office Copay** shows what you pay for each office visit to your primary care doctor and specialist. Contact your plan to find out what providers it considers specialists.

				You	r Share	of Prem	ium	
			lment ode	Mo	nthly	Biv	veekly	ited
Plan Name – Location	Telephone Number	Self only	Self & family	Self Self & Self & Self & Self & family		Accredited		
West Virginia								
The Health Plan of the Upper Ohio Valley - Northern/Central West Virginia	800/624-6961	U41	U42	78.71	181.03	36.33	83.55	NCQA
Wisconsin								
Dean Health Plan - South Central Wisconsin	800/279-1301	WD1	WD2	85.04	255.14	39.25	117.76	NCQA
Group Health Cooperative - South Central Wisconsin	608/828-4827	WJ1	WJ2	74.16	200.44	34.23	92.51	NCQA
HealthPartners Classic-High -West Central Wisconsin	952-883-5000	531	532	218.92	560.82	101.04	258.84	NCQA
HealthPartners Open Access Deductible - West Central Wisconsin	952-883-5000	534	535	106.77	291.67	49.28	134.62	NCQA
HealthPartners Primary Clinic Plan - West Central Wisconsin	952-883-5000	HQ1	HQ2	340.06	851.58	156.95	393.04	NCQA
PHP Insurance Plan, Inc Northeastern Wisconsin	888/711-1444	ID1	ID2	90.54	254.84	41.79	117.62	
Wyoming								
WINhealth Partners - Wyoming	307/638-7700	PV1	PV2	90.67	337.06	41.85	155.57	

Mail Order Discounts. If your plan has a Mail Order program and that program is

superior to the purchase of medications at the pharmacy (e.g., you get a greater quantity or pay less through Mail Order), your plan's response is "yes." If the plan does not have a Mail Order program or it is not superior to its pharmacy benefit, the plan's response is "no."

		11	Prescription Drugs			Member Survey Results  ● above average,    • average,    • below average						
Plan Name	Primary Specialist office copay	Hospital per stay deductible	Generic	Brand name/ Non- formulary	Mail order discount	Overall plan satisfaction	Getting needed care	Getting care quickly	How well doctors communicate	Customer service	Claims processing	
West Virginia												
The Health Plan of the Upper Ohio Valley	\$10/\$20	\$250	\$15	\$30/\$50	Yes	•	•	•	•	•	•	
Wisconsin												
Dean Health Plan	\$10/\$10	None	\$10	30%/30%	No	•	•	•	•	•	•	
Group Health Cooperative	\$10/\$10	None	\$5	\$20/\$20	No	•	•	•	•	<b>-</b>	•	
HealthPartners Classic-High	\$15/\$15	\$100	\$12	\$12/\$24	No	•	•	•	•	-	•	
HealthPartners Open Access Deductible	\$15/\$15	\$100	\$10	\$10/\$35	No	<b>-</b>	•	•	•	<b>-</b>	•	
HealthPartners Primary Clinic Plan	\$20/\$20	\$200	\$12	\$12/\$24	No	•	•	•	•	-	•	
PHP Insurance Plan	\$15/\$15	\$100	\$10	\$20/\$40	Yes							
Wyoming												
WINhealth Partners	\$10/\$10	None	\$10	\$15/\$40	Yes							

# Nationwide and Regional High Deductible Health Plans with a Health Savings Account or Health Reimbursement Arrangement and Consumer-Driven Plans

#### (Pages 64 through 87)

A **High Deductible Health Plan** (HDHP) provides comprehensive coverage for high-cost medical events and a tax-advantaged way to help you build savings for future medical expenses. The HDHP gives you greater flexibility and discretion over how you use your health care benefits.

When you enroll, your health plan establishes for you either a Health Savings Account (HSA) or a Health Reimbursement Arrangement (HRA). The plan automatically deposits the monthly "premium pass through" into your HSA. The plan credits an amount into the HRA. (This is the "Premium Contribution to HSA/HRA" column in the following charts.)

Preventive care is often covered in full, usually with no or only a small deductible or copayment. Preventive care expenses may also be payable up to an annual maximum dollar amount (up to \$300 for instance). As you receive other non-preventive medical care, you must meet the plan deductible before the health plan pays benefits. You can choose to pay your deductible with funds from your HSA or you can choose instead to pay for your deductible out-of-pocket, allowing your savings to continue to grow.

The HDHP features higher annual deductibles (a minimum of \$1,050 for Self and \$2,100 for Family coverage) and annual out-of-pocket limits (not to exceed \$5,000 for Self and \$10,000 for Family coverage) than other insurance plans. Depending on the HDHP you choose, you may have the choice of using in-network and out-of-network providers. There may be higher deductibles and out-of-pocket limits when you use out-of-network providers. Using in-network providers will save you money.

#### **Health Savings Account (HSA)**

Health Savings Accounts are available to members who do not have Medicare or another health plan. The amount of the "premium pass through" is based on whether you have a Self Only or Self and Family enrollment. You have the option to make tax-free contributions to your account, provided the total contributions do not exceed the limits established by law, which are typically not more than the plan deductible. If you are over 55, you can make an additional "catch up" contribution. You can use funds in your account to help pay your health plan deductible. However, if you enroll in an HDHP with an HSA, you are not eligible to participate in a Health Care Flexible Spending Account.

#### Features of an HSA include:

- Tax-deductible deposits you make to the HSA.
- Tax-deferred interest earned on the account.
- Tax-free withdrawals for qualified medical expenses.
- Carryover of unused funds and interest from year to year.
- Portability; the account is owned by you and is yours to keep even when you retire.

#### **Health Reimbursement Arrangement (HRA)**

For members who are not eligible for an HSA, have Medicare or another non-High Deductible Health Plan, the HDHP will provide and administer a Health Reimbursement Arrangement.

The plan will credit the HRA different amounts depending on whether you have a Self Only or a Self and Family enrollment. You can use funds in your account to help pay your health plan deductible.

#### Features of an HRA include:

- Tax-free withdrawals for qualified medical expenses.
- Carryover of unused credits from year to year.
- Credits in an HRA do not earn interest.
- Credits in the HRA are forfeited if you leave federal employment or switch health insurance plans.

ELIGIBILITY	Health Savings Account (HSA)	Health Reimbursement Arrangement (HRA)
	You must enroll in a High Deductible Health Plan. No other general medical insurance coverage permitted. You cannot be enrolled in Medicare Part A or Part B.	You must enroll in a High Deductible Health Plan.
FUNDING	The plan deposits a monthly "premium pass through" into your account.	The plan deposits the credit amount directly into your HRA.
CONTRIBUTIONS	The maximum allowed is a combination of the health plan "premium pass through" and the member contribution up to the amount of the plan deductible.	Only that portion of the premium specified by the health plan will be contributed. You cannot add your own money to an HRA.
DISTRIBUTIONS	May be used to pay the out-of-pocket medical expenses for yourself, your spouse, or your dependents, or to pay the plan's deductible. See IRS Publication 502 for a complete list of eligible expenses.	May be used to pay the out-of-pocket expenses for qualified medical expenses for individuals covered under the health plan, or to pay the plan's deductible.  See IRS Publication 502 for a complete list of eligible expenses.
PORTABLE	Yes, you can take this account with you when you terminate employment or retire.	If you retire and remain in your health plan you may continue to use and accumulate credits in your HRA.  If you terminate employment or change health plans, only eligible expenses incurred while covered under that health plan will be eligible for reimbursement, subject to timely filing requirements. Unused credits are forfeited.
ANNUAL ROLLOVER	Yes, funds accumulate without a maximum cap.	Yes, credits accumulate without a maximum cap.

IMPORTANT REMINDER: This is only a summary of the features of the HDHP/HSA or HRA. Refer to the specific Plan brochure for the complete details covering Plan design, operation, and administration as each Plan will have differences.

**Consumer-Driven Plans** – A Consumer-Driven plan provides you with greater freedom in spending health care dollars the way you want. The typical plan has common components: Member responsibility for certain up-front medical costs, an employer-funded account that you may use to pay these up-front costs, and catastrophic coverage with a high deductible. You and your family members receive full coverage for in-network preventive care.

#### How to read this chart

Premium Contribution to HSA/HRA shows the amount your health plan automatically deposits into your account.

**Calendar Year (CY) Deductible Self/Family** shows the amount of expenses an individual or family must pay before the plan begins to pay benefits.

**Catastrophic (Cat.) Limit Self/Family** is the maximum amount of expenses an individual or family must pay out-of-pocket, including deductibles and coinsurance or copays, before the Plan pays catastrophic benefits.

Office Visit shows what you pay for a visit to a primary care physician.

**Hospital Inpatient** when admitted to a hospital. The amount could be a daily copayment up to a specified amount (e.g., \$50 a day up to three days), a coinsurance amount such as 20%, or a flat deductible amount (e.g., \$200 per admission).

**Outpatient Surgery** shows what the member pays to the doctor for surgery performed on an outpatient basis.

					Your Share	of Premium	
Plan Name	Telephone	Enrollme	Enrollment Code		nthly	Biweekly	
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family
APWU Health Plan Consumer Driven Plan (CDHP)	866/833-3463	474	475	88.60	206.34	40.89	95.23
GEHA High Deductible Health Plan (HDHP)	800/821-6136	341	342	96.80	223.62	44.68	103.21
Mail Handlers High Deductible Health Plan (HDHP)	800/410-7778	481	482	91.55	207.47	42.25	95.75

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

High Deductible Health Plans and Consumer-Driven Health Plans are much different from the other types of plans shown in this Guide. This chart is a broad outline of what you are expected to pay under each plan for the services listed. These plans may be a good value for you. You can use in-network providers to save money. By using out-of-network providers, however, you not only pay a higher copayment but you are also usually responsible for any difference between the amount billed for a service and what the plan actually allows. (You receive a bill for \$100, but the plan's allowance is \$85. You pay the higher copayment for out-of-network care plus the \$15 difference between \$100 (the billed amount) and \$85 (the plan's allowance.) This chart is not a complete statement of your out-of-pocket obligations in every individual circumstance. **You must read a plan's brochure for details.** 

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
APWU (CDHP)	PPO	N/A	\$600/\$1,200	\$4,500/\$4,500	15%	None	15%	Nothing	25%/25%/25%
	Non-PPO	N/A	\$600/\$1,200	\$9,000/\$9,000	40%	None	40% N	Nothing to \$1200/\$240	0 N/A
GEHA (HDHP)	PPO Non-PPO	\$60/\$120 \$60/\$120	\$1,100/\$2,200 \$1,100/\$2,200	\$5,000/\$10,000 \$5,000/\$10,000	15% 30%	15% 30%	15% 30%	Nothing up to \$300 Nothing up to \$300	
Mail Handlers (HDHP)	PPO	\$83/\$166	\$2,250/\$4,500	\$5,000/\$10,000	\$15	\$75day-\$750	\$150	Nothing	\$10/\$25/\$40
	Non-PPO	\$83/\$166	\$2,250/\$4,500	\$7,500/\$15,000	40%	40%	40%	Not covered	Not Covered

Premium Contribution to HSA/HRA shows the amount your health plan automatically deposits into your account.

Calendar Year (CY) Deductible Self/Family shows the amount of expenses an individual or family must pay before the plan begins to pay benefits.

**Catastrophic (Cat.) Limit Self/Family** is the maximum amount of expenses an individual or family must pay out-of-pocket, including deductibles and coinsurance or copays, before the Plan pays catastrophic benefits.

**Office Visit** shows what you pay for a visit to a primary care physician.

**Hospital Inpatient** when admitted to a hospital. The amount could be a daily copayment up to a specified amount (e.g., \$50 a day up to three days) or a flat deductible amount (e.g., \$200 per admission).

**Outpatient Surgery** shows what the member pays to the doctor for surgery performed on an outpatient basis.

					Your Share	of Premium	
Plan Name	Telephone Number	Enrollm	ent Code	Mor	nthly	Biwe	ekly
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family
Alabama							
Aetna HealthFund CDHP -Lamar and Pickens Counties	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Lamar and Pickens Counties	800/537-9384	224	225	83.27	191.53	38.43	88.40
Alaska							
Aetna HealthFund CDHP -Anchorage and Fairbanks Areas	800/537/9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Anchorage and Fairbanks Areas	800/537/9384	224	225	83.27	191.53	38.43	88.40
Arizona							
Aetna HealthFund CDHP -Phoenix and Tucson Areas	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Phoenix and Tucson Areas	800/537-9384	224	225	83.27	191.53	38.43	88.40
Humana CoverageFirst CDHP - Phoenix	888/393-6765	DB1	DB2	50.53	116.19	23.32	53.62
Arkansas							
Aetna HealthFund CDHP -Eastern Arkansas	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Eastern Arkansas	800/537-9384	224	225	83.27	191.53	38.43	88.40

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
		to fisa, fina							
Alabama									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Alaska									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Arizona									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Arkansas									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%

Premium Contribution to HSA/HRA shows the amount your health plan automatically deposits into your account.

Calendar Year (CY) Deductible Self/Family shows the amount of expenses an individual or family must pay before the plan begins to pay benefits.

**Catastrophic (Cat.) Limit Self/Family** is the maximum amount of expenses an individual or family must pay out-of-pocket, including deductibles and coinsurance or copays, before the Plan pays catastrophic benefits.

Office Visit shows what you pay for a visit to a primary care physician.

**Hospital Inpatient** when admitted to a hospital. The amount could be a daily copayment up to a specified amount (e.g., \$50 a day up to three days) or a flat deductible amount (e.g., \$200 per admission).

					Your Share of Premium			
Plan Name	Telephone	Enrollm	ent Code	Moi	nthly	Biwe	ekly	
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family	
California								
Aetna HealthFund CDHP -Northern/Central Valley/Southern CA	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - Northern/Central Valley/Southern CA	800/537-9384	224	225	83.27	191.53	38.43	88.40	
Colorado								
Aetna HealthFund CDHP -Denver Area	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - Denver Area	800/537-9384	224	225	83.27	191.53	38.43	88.40	
Humana CoverageFirst CDHP - Denver	888/393-6765	<b>7</b> T1	7T2	58.49	134.54	26.99	62.09	
Connecticut								
Aetna HealthFund CDHP -All of Connecticut	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - All of Connecticut	800/537-9384	224	225	83.27	191.53	38.43	88.40	
Delaware								
Aetna HealthFund CDHP -All of Delaware	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - All of Delaware	800/537-9384	224	225	83.27	191.53	38.43	88.40	
Coventry Health Care of Delaware HDHP -Most of Delaware	800/833-7423	2J4	2J5	86.34	212.26	39.85	97.97	

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
California									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Colorado									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Connecticut									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Delaware									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Coventry Health Care of Delav	vare-HDHP	\$41.66/\$83.33	\$1,050/\$2,100	\$5,000/\$10,000	\$15	15%	15%	\$15/\$25/15%	\$10/\$20/\$45

Premium Contribution to HSA/HRA shows the amount your health plan automatically deposits into your account.

Calendar Year (CY) Deductible Self/Family shows the amount of expenses an individual or family must pay before the plan begins to pay benefits.

**Catastrophic (Cat.) Limit Self/Family** is the maximum amount of expenses an individual or family must pay out-of-pocket, including deductibles and coinsurance or copays, before the Plan pays catastrophic benefits.

Office Visit shows what you pay for a visit to a primary care physician.

**Hospital Inpatient** when admitted to a hospital. The amount could be a daily copayment up to a specified amount (e.g., \$50 a day up to three days) or a flat deductible amount (e.g., \$200 per admission).

					Your Share	of Premium	
Plan Name	Telephone	Enrollm	ent Code	Mor	nthly	Biwe	ekly
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family
District of Columbia							
Aetna HealthFund CDHP -All of Washington D.C.	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - All of Washington D.C.	800/537-9384	224	225	83.27	191.53	38.43	88.40
Florida							
Aetna HealthFund CDHP -Jacksonville/Miami/Orlando/Tampa Ar	eas 800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Jacksonville/Miami/Orlando/Tampa A	reas800/537-9384	224	225	83.27	191.53	38.43	88.40
Humana CoverageFirst CDHP- Tampa	888/393-6765	MJ1	MJ2	55.83	128.42	25.77	59.27
Humana CoverageFirst CDHP - Jacksonville	888/393-6765	MQ1	MQ2	58.49	134.54	26.99	62.09
Humana CoverageFirst CDHP - South Florida	888/393-6765	QP1	QP2	53.18	122.31	24.54	56.45
Humana CoverageFirst CDHP - Orlando	888/393-6765	YG1	YG2	61.16	140.65	28.23	64.92
Georgia							
Aetna HealthFund CDHP -Atlanta Area	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Atlanta Area	800/537-9384	224	225	83.27	191.53	38.43	88.40
Coventry Health Care of Georgia HDHP - Atlanta Area	800/395-2545	L51	L52	60.98	140.26	28.14	64.74

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
District of Colu	mhia								
Aetna HealthFund CDHP Aetna HealthFund CDHP	- In-Network - Out-of-Network	N/A N/A	\$1,000/\$2,000 \$1,000/\$2,000	\$3,000/\$6,000	15% 40%	15% 40%	15% 40%	Nothing Fund/Ded/40%	\$10/\$25/\$40 40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Florida									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP) Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Georgia									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Coventry Health Care of Georgia	a- HDHP	\$41.66/\$83.33	\$1,500/\$3,000	\$5,000/\$10,000	\$20	15%	15%	\$20/\$40/15%	\$10/\$25/\$50

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Calendar Year (CY) Deductible Self/Family shows the amount of expenses an individual or family must pay before the plan begins to pay benefits.

**Catastrophic (Cat.) Limit Self/Family** is the maximum amount of expenses an individual or family must pay out-of-pocket, including deductibles and coinsurance or copays, before the Plan pays catastrophic benefits.

Office Visit shows what you pay for a visit to a primary care physician.

**Hospital Inpatient** when admitted to a hospital. The amount could be a daily copayment up to a specified amount (e.g., \$50 a day up to three days) or a flat deductible amount (e.g., \$200 per admission).

					Your Share	e of Premium		
Plan Name	Telephone	Enrollm	ent Code	Moi	nthly	Biweekly		
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family	
Illinois								
Aetna HealthFund CDHP -Chicago Area	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - Chicago Area	800/537-9384	224	225	83.27	191.53	38.43	88.40	
Group Health Plan, Inc. HDHP - Southern/Central	800/755-3901	MM4	MM5	92.24	197.50	42.57	91.15	
Humana CoverageFirst CDHP - Chicago	888/393-6765	MW1	MW2	42.54	97.85	19.63	45.16	
OSF HealthPlans HDHP -Central/Central-Northwestern Illinois	800/673-5222	9F4	9F5	80.30	199.66	37.06	92.15	
Indiana								
Advantage Health Solutions, Inc.HDHP -Most of Indiana	800/553-8933	6Y4	6Y5	94.49	214.76	43.61	99.12	
Aetna HealthFund CDHP -Lake and Porter Counties	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - Lake and Porter Counties	800/537-9384	224	225	83.27	191.53	38.43	88.40	
Humana CoverageFirst CDHP - Southern Indiana	888/393-6765	BM1	BM2	63.81	146.77	29.45	67.74	
Humana CoverageFirst CDHP - Indiana	888/393-6765	L81	L82	53.18	122.31	24.54	56.45	
Humana CoverageFirst CDHP - Lake/Porter/LaPorte Counties	888/393-6765	MW1	MW2	42.54	97.85	19.63	45.16	
lowa								
Coventry Health Care of Iowa HDHP -Central Iowa/Cedar Rapids/Sioux City	800/257-4692	SV4	SV5	65.95	170.43	30.44	78.66	

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
Illinois									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Group Health Plan, Inc.	- In-of-Network	\$41.33/\$83.33	\$1,500/\$2,500	\$5,000/\$10,000	\$15	10%	10%	\$15/\$25	\$15/\$25/\$50
Group Health Plan, Inc.	- Out-of-Network	\$41.33/\$41.33	\$3,000/\$5,000	\$10,000/\$20,000	30%	30%	30%	30% + Ded	N/A
Humana CoverageFirst (CDHP) Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	(\$10/\$25)/\$25/50%
	) - Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	30%
OSF HealthPlans-HDHP	-In-Network	\$42/\$83	\$1,050/\$2,100	\$3,000/\$6,000	20%	20%	20%	\$20	20%
OSF HealthPlans-HDHP	-Out-of-Network	\$42/\$83	\$4,000/\$8,000	\$12,000/\$24,000	40%	40% + Ded	40%	40%	All
Indiana									
Advantage Health Plan, IncHDHI	P	\$45.83/\$93.33	\$1050/\$2100	\$3000/\$6000	20%	20%	20%	20%	\$10/\$20/\$50
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Humana CoverageFirst (CDHP) Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	Nothing	\$20/\$35	\$10/\$25 \$25/50%
	) - Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	Nothing	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	Nothing	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
lowa									
Coventry Health Care of Iowa-I	HDHP	\$41.66/\$83.33	\$1,050/\$2,100	\$5,000/\$10,000	\$20	10%	10%	\$20/\$30/10%	\$10/\$20/\$45

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**Hospital Inpatient** when admitted to a hospital. The amount could be a daily copayment up to a specified amount (e.g., \$50 a day up to three days) or a flat deductible amount (e.g., \$200 per admission).

					Your Share of Premium				
Plan Name	Telephone	Enrollm	ent Code	Mor	nthly	Biwe	ekly		
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family		
Kansas									
Aetna HealthFund CDHP -Kansas City Area	800/537-9384	221	222	74.10	170.43	34.20	78.66		
Aetna HealthFund HDHP - Kansas City Area	800/537-9384	224	225	83.27	191.53	38.43	88.40		
Coventry Health Care of Kansas, Inc. HDHP - Wichita/Salina area	s 800/664-9251	7G1	7G2	65.56	161.91	30.26	74.73		
Coventry Health Care of Kansas - Kansas City-HDHP -Kansas City area	800/969-3343	9H1	9Н2	69.81	180.12	32.22	83.13		
Humana CoverageFirst CDHP Plan - Kansas City	888/393-6765	PH1	PH2	42.54	97.85	19.63	45.16		
Kentucky									
Aetna HealthFund CDHP -Northern KY/Fulton and Lewis Counties	800/537-9384	221	222	74.10	170.43	34.20	78.66		
Aetna HealthFund HDHP - Northern KY/Fulton and Lewis Counties	800/537-9384	224	225	83.27	191.53	38.43	88.40		
Humana CoverageFirst CDHP - Lexington	888/393-6765	6N1	6N2	66.47	152.89	30.68	70.56		
Humana CoverageFirst CDHP - Louisville	888/393-6765	BM1	BM2	63.81	146.77	29.45	67.74		
Humana CoverageFirst CDHP - Northern Kentucky	888/393-6765	L81	L82	53.18	122.31	24.54	56.45		

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
		to fisa, fina							
Kansas									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Coventry Health Care of Kansas	s, Inc. (HDHP)	\$41.66/\$83.33	\$1,050/\$2,100	\$5,000/\$10,000	\$20	20%	20%	\$20/\$35/20%	\$15/\$25/\$50
Coventry Health Care of Kansas	- Kansas City-HDHP	\$41.66/\$83.33	\$1,050/\$2,100	\$5,000/\$10,000	\$20	20%	20%	\$20/\$35/20%	\$15/\$25/\$50
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Kentucky									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDH	P) - Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDH	P) - Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%

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					Your Share	of Premium		
Plan Name	Telephone	Enrollm	ent Code	Mor	nthly	Biwe	ekly	
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family	
Louisiana								
Coventry Healthcare Louisiana-HDHP - New Orleans area	800/341-6613	BJ4	BJ5	66.73	154.98	30.80	71.53	
Coventry Healthcare Louisiana-HDHP -Baton Rouge area	800/341-6613	JA4	JA5	70.70	164.22	32.63	75.79	
Humana CoverageFirst CDHP - New Orleans	888/393-6765	9J1	9J2	50.53	116.19	23.32	53.62	
Humana CoverageFirst (CDHP) - Baton Rouge	888/393-6765	9L1	9L2	61.16	140.65	28.23	64.92	
Humana CoverageFirst (CDHP) - Shreveport	888/393-6765	9S1	9S2	69.13	159.00	31.91	73.38	
Maryland								
Aetna HealthFund CDHP -All of Maryland	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - All of Maryland	800/537-9384	224	225	83.27	191.53	38.43	88.40	
Coventry Health Care of Delaware HDHP -Most of Maryland	800/833-7423	IG4	IG5	83.12	204.15	38.36	94.22	
Massachusetts								
Aetna HealthFund CDHP -Boston Area	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP- Boston Area	800/537-9384	224	225	83.27	191.53	38.43	88.40	
Michigan								
Aetna HealthFund CDHP -Detroit Area	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - Detroit Area	800/537-9384	224	225	83.27	191.53	38.43	88.40	

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
Louisiana									
Coventry Healthcare Louisiana-HDHP Coventry Healthcare Louisiana-HDHP - Coventry Heal	-In-Network	\$41.66/\$83.33	\$1,050/\$2,100	\$4,000/\$8,000	20%	20%	20%	20%	10\$/\$35/\$60
	Out -of-Network	\$41.66/\$83.33	\$2,000/\$4,000	\$6,000/\$12,000	30%	30%	30%	30%	N/A
Coventry Healthcare Louisiana-HDHP Coventry Healthcare Louisiana-HDHP -Ou	-In-Network	\$41.66/\$83.33	\$1,050/\$2,100	\$4,000/\$8,000	20%	20%	20%	20%	10\$/\$35/\$60
	at -of-Network	\$41.66/\$83.33	\$2,000/\$4,000	\$6,000/\$12,000	30%	30%	30%	30%	N/A
Humana CoverageFirst (CDHP) Humana CoverageFirst (CDHP) - C	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
	Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP) - Ou	ut-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP) Humana CoverageFirst (CDHP) - C	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
	Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Maryland									
Aetna HealthFund CDHP Aetna HealthFund CDHP - C	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
	Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP Aetna HealthFund HDHP - Ou	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
	ut-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Coventry Health Care of Delaware -HDH	P -In-Network	\$41.66/\$83.33	\$1,050/\$2,100	\$5,000/\$10,000	\$15	15%	15%	\$15/\$25/15%	\$10/\$20/\$45
Massachusetts									
Aetna HealthFund CDHP Aetna HealthFund CDHP - C	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
	Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP Aetna HealthFund HDHP - C	-In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
	Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Michigan									
Aetna HealthFund CDHP Aetna HealthFund CDHP - C	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
	Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP Aetna HealthFund HDHP - C	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
	Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%

Premium Contribution to HSA/HRA shows the amount your health plan automatically deposits into your account.

Calendar Year (CY) Deductible Self/Family shows the amount of expenses an individual or family must pay before the plan begins to pay benefits.

**Catastrophic (Cat.) Limit Self/Family** is the maximum amount of expenses an individual or family must pay out-of-pocket, including deductibles and coinsurance or copays, before the Plan pays catastrophic benefits.

**Office Visit** shows what you pay for a visit to a primary care physician.

**Hospital Inpatient** when admitted to a hospital. The amount could be a daily copayment up to a specified amount (e.g., \$50 a day up to three days) or a flat deductible amount (e.g., \$200 per admission).

					Your Share	e of Premium		
Plan Name	Telephone	Enrollm	ent Code	Mor	nthly	Biwe	ekly	
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family	
Mississippi								
Aetna HealthFund CDHP -Northern Mississippi	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - Northern Mississippi	800/537-9384	224	225	83.27	191.53	38.43	88.40	
Missouri								
Aetna HealthFund CDHP -Kansas City and St. Louis Areas	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - Kansas City and St. Louis Areas	800/537-9384	224	225	83.27	191.53	38.43	88.40	
Coventry Health Care of Kansas - Kansas City-HDHP -Kansas City area	800-969-3343	9H1	9Н2	69.81	180.12	32.22	83.13	
Group Health Plan, Inc St. Louis Area	800/755-3901 800/755-3901	MM4	MM5	92.24	197.50	42.57	91.15	
Humana CoverageFirst CDHP - Kansas City	888/393-6765	PH1	PH2	42.54	97.85	19.63	45.16	
Nevada								
Aetna HealthFund CDHP -Las Vegas/Clark and Nye Counties	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - Las Vegas/Clark and Nye Counties	800/537-9384	224	225	83.27	191.53	38.43	88.40	
New Hampshire								
Aetna HealthFund CDHP -Most of New Hampshire	800/537-9384	221	222	74.10	170.43	34.20	78.66	
Aetna HealthFund HDHP - Most of New Hampshire	800/537-9384	224	225	83.27	191.53	38.43	88.40	

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
Mississippi									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Missouri									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Coventry Health Care of Kansas -	Kansas City-HDHP	\$41.66/\$83.33	\$1,050/\$2,100	\$5,000/\$10,000	\$20	20%	20%	\$20/\$35/20%	\$15/\$25/\$50
Group Health Plan, Inc.	- In-of-Network	\$41.33/\$83.33	\$1,500/\$2,500	\$5,000/\$10,000	\$15	10%	10%	\$15/\$25	\$15/\$25/\$50
Group Health Plan, Inc.	- Out-of-Network	\$41.33/\$41.33	\$3,000/\$5,000	\$10,000/\$20,000	30%	30%	30%	30% + Ded	N/A
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Nevada									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
New Hampshire	е								
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%

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Calendar Year (CY) Deductible Self/Family shows the amount of expenses an individual or family must pay before the plan begins to pay benefits.

**Catastrophic (Cat.) Limit Self/Family** is the maximum amount of expenses an individual or family must pay out-of-pocket, including deductibles and coinsurance or copays, before the Plan pays catastrophic benefits.

Office Visit shows what you pay for a visit to a primary care physician.

**Hospital Inpatient** when admitted to a hospital. The amount could be a daily copayment up to a specified amount (e.g., \$50 a day up to three days) or a flat deductible amount (e.g., \$200 per admission).

Plan Name	Telephone	Enrollment Code		Monthly		Biweekly	
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family
New Jersey							
Aetna HealthFund CDHP -All of New Jersey	800/537-9382	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - All of New Jersey	800/537-9382	224	225	83.27	191.53	38.43	88.40
Coventry Health Care of Delaware HDHP -Southern New Jersey	800/833-7423	2J4	2J5	86.34	212.26	39.85	97.97
New York							
Aetna HealthFund CDHP -NY City Area/Upstate NY (Syr. & Roch.)	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - NY City Area/Upstate NY (Syr. & Roch.)	800/537-9384	224	225	83.27	191.53	38.43	88.40
North Carolina							
Aetna HealthFund CDHP -Charlotte/Central/Raleigh/Durham Are	as 800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Charlotte/Central/Raleigh/Durham Ar	eas 800/537-9384	224	225	83.27	191.53	38.43	88.40
Ohio							
Aetna HealthFund CDHP -Cincinnati/Cleveland/Columbus/Toledo	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Cincinnati/Cleveland/Columbus/Toled	o 800/537-9384	224	225	83.27	191.53	38.43	88.40
AultCare HMO-HDHP -Stark/Carroll/Holmes/Tuscarawas/Wayne (	o 330/363-6360	3A4	3A5	91.29	182.91	42.13	84.42
Humana CDHP - Cincinnati	888/393-6765	L81	L82	53.18	122.31	24.54	56.45

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
New Jersey									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Coventry Health Care of Delawar	e-HDHP	\$41.66/\$83.33	\$1,050/\$2,100	\$5,000/\$10,000	\$15	15%	15%	\$15/\$25/15%	\$10/\$20/\$45
New York									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000 \$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000		30%	30%	30%	All	30%/30%/30%
North Carolina									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Ohio									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
AultCare HDHP	- In-Network	\$166.67/\$333.33	\$2,000/\$4,000	\$4,000/\$8,000	20%	20%	20%	Nothing	20%/20%20%
AultCare HDHP	- Out-of-Network	\$166.67/\$333.33	\$4,000/\$8,000	\$8,000/\$16,000	40%	40%	40%	50% UCR	40%/40%/40%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%

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**Hospital Inpatient** when admitted to a hospital. The amount could be a daily copayment up to a specified amount (e.g., \$50 a day up to three days) or a flat deductible amount (e.g., \$200 per admission).

Plan Name	Telephone	Enrollm	Enrollment Code		nthly	Biweekly	
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family
Oklahoma							
Aetna HealthFund CDHP -Oklahoma City and Tulsa Areas	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Oklahoma City and Tulsa Areas	800/537-9384	224	225	83.27	191.53	38.43	88.40
Pennsylvania							
Aetna HealthFund CDHP -Philadelphia/Pittsburgh/Southeastern PA	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Philadelphia/Pittsburgh/Southeastern PA	800/537-9384	224	225	83.27	191.53	38.43	88.40
Coventry Health Care of Delaware HDHP -Southeastern PA	800/833-7423	2J4	2J5	86.34	212.26	39.85	97.97
$Health America\ Pennsylvania-HDHP\ - Southeastern\ Pennsylvania$	866/351-5946	9N1	9N2	114.14	251.81	52.68	116.22
HealthAmerica Pennsylvania-HDHP - Greater Pittsburgh area	866/351-5946	Y61	Y62	82.27	202.27	37.97	93.35
HealthAmerica Pennsylvania-HDHP -Northeast Pennsylvania	866/351-5946	YN1	YN2	129.30	288.01	59.68	132.93
HealthAmerica Pennsylvania-HDHP - Central Pennsylvania	866/351-5946	YW1	YW2	92.94	209.68	42.90	96.77
South Carolina							
Aetna HealthFund CDHP -York County	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - York County	800/537-9384	224	225	83.27	191.53	38.43	88.40
Tennessee							
Aetna HealthFund CDHP - Memphis and Nashville Areas	800/537-9384	221	222	74.10	170.43	34.20	78.66
Aetna HealthFund HDHP - Memphis and Nashville Areas	800/537-9384	224	225	83.27	191.53	38.43	88.40
Humana CDHP - Memphis	888/393-6765	L61	L62	53.18	122.31	24.54	56.45

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
Oklahoma									
Aetna HealthFund CDHP Aetna HealthFund CDHP	- In-Network - Out-of-Network	N/A N/A	\$1,000/\$2,000 \$1,000/\$2,000	\$3,000/\$6,000 \$3,000/\$6,000	15% 40%	15% 40%	15% 40%	Nothing Fund/Ded/40%	\$10/\$25/\$40 40%/40%/40%
Aetna HealthFund HDHP Aetna HealthFund HDHP	- In-Network - Out-of-Network	\$104/\$208 \$104/\$208	\$2,500/\$5,000 \$2,500/\$5,000	\$4,000/\$8,000 \$4,000/\$8,000	10% 30%	10% 30%	10% 30%	Nothing All	\$10/\$25/\$40 30%/30%/30%
Pennsylvania									
Aetna HealthFund CDHP Aetna HealthFund CDHP	- In-Network - Out-of-Network	N/A N/A	\$1,000/\$2,000 \$1,000/\$2,000	\$3,000/\$6,000 \$3,000/\$6,000	15% 40%	15% 40%	15% 40%	Nothing Fund/Ded/40%	\$10/\$25/\$40 40%/40%/40%
Aetna HealthFund HDHP Aetna HealthFund HDHP	- In-Network - Out-of-Network	\$104/\$208 \$104/\$208	\$2,500/\$5,000 \$2,500/\$5,000	\$4,000/\$8,000 \$4,000/\$8,000	10% 30%	10% 30%	10% 30%	Nothing All	\$10/\$25/\$40 30%/30%/30%
Coventry Health Care of Dela	aware -HDHP	\$41.66/\$83.33	\$1,050/\$2,100	\$5,000/\$10,000	\$15	15%	15%	\$15/\$25/15%	\$10/\$20/\$45
HealthAmerica Pennsylvania-HDHP		\$52.08/\$208.33	\$1,250/\$2,500	\$4,000/\$8,000	\$15	None	Nothing	\$15/\$25	\$5/\$35/\$50
HealthAmerica Pennsylvania	a-HDHP	\$52.08/\$208.33	\$1,250/\$2,500	\$4,000/\$8,000	\$15	None	Nothing	\$15/\$25	\$5/\$35/\$50
HealthAmerica Pennsylvania	a-HDHP	\$52.08/\$208.33	\$1,250/\$2,500	\$4,000/\$8,000	\$15	None	Nothing	\$15/\$25	\$5/\$35/\$50
HealthAmerica Pennsylvania-H	DHP	\$52.08/\$208.33	\$1,250/\$2,500	\$4,000/\$8,000	\$15	None	Nothing	\$15/\$25	\$5/\$35/\$50
South Carolina	a								
Aetna HealthFund CDHP Aetna HealthFund CDHP	- In-Network - Out-of-Network	N/A N/A	\$1,000/\$2,000 \$1,000/\$2,000	\$3,000/\$6,000 \$3,000/\$6,000	15% 40%	15% 40%	15% 40%	Nothing Fund/Ded/40%	\$10/\$25/\$40 40%/40%/40%
Aetna HealthFund HDHP Aetna HealthFund HDHP	- In-Network - Out-of-Network	\$104/\$208 \$104/\$208	\$2,500/\$5,000 \$2,500/\$5,000	\$4,000/\$8,000 \$4,000/\$8,000	10% 30%	10% 30%	10% 30%	Nothing All	\$10/\$25/\$40 30%/30%/30%
Tennessee									
Aetna HealthFund CDHP Aetna HealthFund CDHP	- In-Network - Out-of-Network	N/A N/A	\$1,000/\$2,000 \$1,000/\$2,000	\$3,000/\$6,000 \$3,000/\$6,000	15% 40%	15% 40%	15% 40%	Nothing Fund/Ded/40%	\$10/\$25/\$40 40%/40%/40%
Aetna HealthFund HDHP Aetna HealthFund HDHP	- In-Network - Out-of-Network	\$104/\$208 \$104/\$208	\$2,500/\$5,000 \$2,500/\$5,000	\$4,000/\$8,000 \$4,000/\$8,000	10% 30%	10% 30%	10% 30%	Nothing All	\$10/\$25/\$40 30%/30%/30%
Humana CoverageFirst (CDHP) Humana CoverageFirst (CDI		N/A N/A	\$1,000/\$2,000 \$3,000/\$6,000	Stated copays \$4,000/\$8,000	\$20 30%	\$100/day x 5 30%	\$50 30%	\$20/\$35 30%	\$10/\$25 \$25/50% Copay + 30%

Premium Contribution to HSA/HRA shows the amount your health plan automatically deposits into your account.

Calendar Year (CY) Deductible Self/Family shows the amount of expenses an individual or family must pay before the plan begins to pay benefits.

**Catastrophic (Cat.) Limit Self/Family** is the maximum amount of expenses an individual or family must pay out-of-pocket, including deductibles and coinsurance or copays, before the Plan pays catastrophic benefits.

**Office Visit** shows what you pay for a visit to a primary care physician.

**Hospital Inpatient** when admitted to a hospital. The amount could be a daily copayment up to a specified amount (e.g., \$50 a day up to three days) or a flat deductible amount (e.g., \$200 per admission).

					Your Share of Premium				
Plan Name	Telephone	Enrollm	ent Code	Moi	nthly	Biweekly			
	Number	Self Only	Self & Family	Self Only	Self & Family	Self Only	Self & Family		
Texas									
Aetna HealthFund CDHP - Austin/Dallas/FtWorth/Houston/SanAntonio	800/537-9384	221	222	74.10	170.43	34.20	78.66		
Aetna HealthFund HDHP - Austin/Dallas/FtWorth/Houston/SanAntonio	800/537-9384	224	225	83.27	191.53	38.43	88.40		
Humana CoverageFirst CDHP - Houston	888/393-6765	T21	T22	63.81	146.77	29.45	67.74		
Humana CoverageFirst CDHP - Dallas/Ft. Worth	888/393-6765	T81	T82	61.16	140.65	28.23	64.92		
Humana CoverageFirst CDHP - Corpus Christi	888/393-6765	TP1	TP2	55.83	128.42	25.77	59.27		
Humana CoverageFirst CDHP - San Antonio	888/393-6765	TU1	TU2	53.18	122.31	24.54	56.45		
Humana CoverageFirst CDHP - Austin	888/393-6765	TV1	TV2	58.49	134.54	26.99	62.09		
Virginia									
Aetna HealthFund CDHP -Northern/Central/Richmond VA Areas	800/537-9384	221	222	74.10	170.43	34.20	78.66		
Aetna HealthFund HDHP - Northern/Central/Richmond VA Areas	800/537-9384	224	225	83.27	191.53	38.43	88.40		
Washington									
Aetna HealthFund CDHP -Seattle/Puget Sound Areas	800/537-9384	221	222	74.10	170.43	34.20	78.66		
Aetna HealthFund HDHP - Seattle/Puget Sound Areas	800/537-9384	224	225	83.27	191.53	38.43	88.40		
Wisconsin									
Humana CoverageFirst CDHP - Milwaukee	888/393-6765	FB1	FB2	58.49	134.54	26.99	62.09		

**Preventive Services** are often covered in full, usually with no or only a small deductible or copayment. Preventive care services may also be payable up to an annual maximum dollar amount (e.g., up to \$300 per year).

**Prescription Drugs** shows the amount most commonly paid by members for a manufacturer's Generic drug (if available) and Brand name drug when purchased at a local pharmacy and when on the health plan's formulary. If a third figure is listed this is what you pay for a non-formulary drug when the cost to you is different than the Brand name.

Plan Name	Benefit Type	Premium Contribution to HSA/HRA	CY Ded. Self/Family	Cat. Limit Self/Family	Office Visit	Inpatient Surgery	Outpatient Surgery	Preventive Services	Prescription Drugs
Texas									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%
Virginia									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Washington									
Aetna HealthFund CDHP	- In-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	15%	15%	15%	Nothing	\$10/\$25/\$40
Aetna HealthFund CDHP	- Out-of-Network	N/A	\$1,000/\$2,000	\$3,000/\$6,000	40%	40%	40%	Fund/Ded/40%	40%/40%/40%
Aetna HealthFund HDHP	- In-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	10%	10%	10%	Nothing	\$10/\$25/\$40
Aetna HealthFund HDHP	- Out-of-Network	\$104/\$208	\$2,500/\$5,000	\$4,000/\$8,000	30%	30%	30%	All	30%/30%/30%
Wisconsin									
Humana CoverageFirst (CDHP)	- In-Network	N/A	\$1,000/\$2,000	Stated copays	\$20	\$100/day x 5	\$50	\$20/\$35	\$10/\$25 \$25/50%
Humana CoverageFirst (CDHP)	- Out-of-Network	N/A	\$3,000/\$6,000	\$4,000/\$8,000	30%	30%	30%	30%	Copay + 30%

