

# Office of Dietary Supplements Update

National Institutes of Health,  
U.S. Department of Health and Human Services

### Special points of interest:

- CARDS links to PubMed
- New Fact Sheets available online
- Vitamin D and Health in the 21st Century, October 9-10, 2003
- Proceedings from the Dietary Supplement and Women's Health Conference published

### Inside this issue:

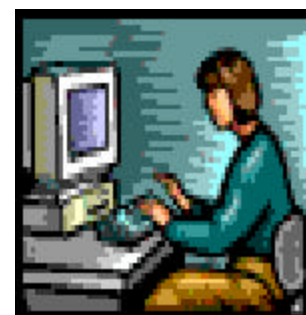
|  |   |
|--|---|
| Fact Sheets                                  | 2 |
| National Nutrition Summit Update             | 2 |
| Publications                                 | 2 |
| Conferences, Workshops, Symposium Highlights | 3 |
| Exhibits Calendar                            | 3 |
| Symposia Calendar                            | 3 |
| Announcements                                | 4 |

## CARDS Database NOW Linked Directly to PubMed

ODS is pleased to announce that an exciting new feature has been added to the Computer Access to Research on Dietary Supplements (CARDS) database. CARDS now contains links to abstracts and full-text publications in PubMed. This will allow users to see listings of publications resulting from a particular grant as well as other publications by the same Principal Investigator.

Follow these steps to use the new feature:

- Enter the CARDS database from <http://ods.od.nih.gov/databases/cards.html>
- Run any search to obtain a listing of projects.
- Click on the paper icon to the left of one of the projects to view the abstract.
- The links to PubMed are in the upper right of the detailed project listing. Click on them to see the list of publications associated with that project and investigator.



*"This is a fantastic accomplishment and will be a valuable resource for users," says Paul Coates, PhD, Director of the Office of Dietary Supplements.*

## Inaugural Issue of ODS Update

Welcome to the first issue of the *ODS Update* e-newsletter! I hope that you enjoy reading it and find it useful.

A new issue of *ODS Update* will be distributed each month via the ODS listserve and will also be archived on our Web

site in the "News and Events" section.

*ODS Update* will include regular announcements on fact sheets, publications, databases, exhibits and conferences/workshops/symposia as well as feature stories on

timely projects and initiatives of interest.

ODS would appreciate your feedback. Please email comments and questions to [ods@nih.gov](mailto:ods@nih.gov).

Sincerely,  
ODS Update Editor

## Fact Sheets

New fact sheets are now available on the ODS Web site.

- *Dietary Supplements: Background Information*
- *Botanical Dietary Supplements: Background Information*

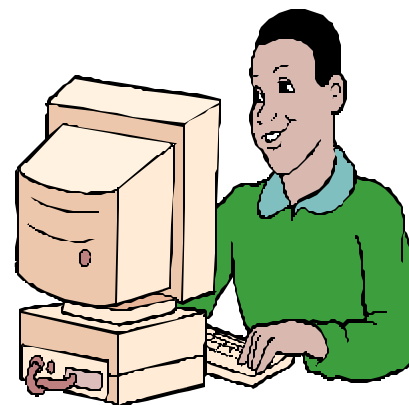
These new fact sheets provide basic background information on dietary supplements and dietary botanical

supplements including: definitions, labeling, methods of evaluation and regulatory information.

Also, check out the ODS Web site for these recently posted botanical fact sheets:

- *Valerian*
- *Ephedra*

Look for others to be posted in the coming months...



## National Nutrition Summit 2000 Web Site

The National Nutrition Summit website ([www.nns.nih.gov](http://www.nns.nih.gov)) is now available with information, previously unavailable on-line, from the May 2000 National Nutrition Summit and the historic 1969 White House Conference on Food, Nutrition, and Health. The website was made possible by a collaboration between the Department of Health and Human Services (DHHS) and the U.S. Department of Agriculture (USDA).

The website provides a synopsis of the recommendations and highlights of speeches and discussions of the participants at the National Nutrition Summit, held May 30 and 31, 2000 in Washington, D.C. In addition, the website includes pertinent information from the landmark 1969 White House Conference on Food, Nutrition, and Health, which is considered the starting point for refocusing the public and private sector on critical issues in nutrition and public health.

The 2000 National Nutrition Summit provided an opportunity to highlight accomplishments in the areas of food, nutrition, and health since the 1969 White House Conference; to identify continuing challenges and emerging opportunities for the nation in these areas; and to focus on nutrition and lifestyle issues across the lifespan, particularly those related to the nation's epidemic of overweight and obesity.

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*"The Summit provided an opportunity for all segments of society committed to improving nutrition in the US to work together in developing and implementing strategies that will meet the continuing and emerging nutrition and physical activity needs of our nation." said Dr. Paul Coates, ODS Director and co-chair of the 2000 National Nutrition Summit steering committee.*

## Publications

The ODS Web site has links to full-text articles (.pdf files) in the *Journal of Nutrition* for these two supplemental issues published in 2003.

Both publications are the result of conferences that ODS sponsored in 2002.

### **Future Directions for What We Eat in America—NHANES: The Integrated CSFII-NHANES**

*J. Nutr.* 133:575S-635S, 2003

### **Women's Dietary Supplement Use in Women: Current Status and Future Directions**

*J. Nutr.* 133:1957S-2103S, 2003



## Conferences/Workshops/Symposia

### Vitamin D and Health in the 21st Century: Bone and Beyond

October 9-10, 2003

Natcher Auditorium, Bldg 45, NIH Campus, Bethesda, MD

Office of Prevention Research and International Programs (OPRIP) of the National Institute of Child Health and Human Development (NICHD), and the Office of Dietary Supplements (ODS) are organizing a two-day workshop with the following goals:

- Presentation of current data/research about prevalence of

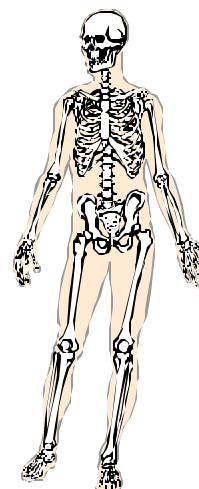
vitamin D deficiency,

- Determination of the critical research needs in the evaluation of vitamin D biology,
- Determination of data needs for establishing dietary requirements across the full development spectrum but with particular attention to women's infants and children, and
- An assessment of facts affecting, and current options for improving, vitamin D status of women, infants and children in the U.S. and internationally.

By addressing these goals, the organizers will develop a focused research agenda to address data needs essential for understanding the role of vitamin D in health and the promulgation of evidence-based public policy for achieving vitamin D adequacy in the U.S. and elsewhere.

Registration information:

Web site: <http://www.nichd.nih.gov/prip>



## Exhibits Calendar

### October

- **Supply Side West**

Oct 1-3, Las Vegas, NV  
*Annual trade show for natural and healthy product manufacturers.*

- **American Dietetic Association**

Oct 25-28, San Antonio, TX  
*Annual Meeting for dietetic professionals.*

### November

- **Pri-Med East**

Nov 6-9, Boston, MA  
*Focused on the most relevant issues in primary care medicine.*

- **American Public Health Association**

Nov 15-19, San Francisco, CA  
*Annual meeting for public health professionals.*

**“Stop by the ODS booth at these meetings for materials and information on ODS programs”**

## Symposia Calendar

The following symposia are sponsored by NIH. Please check the Web site of the sponsoring Office or Institute for more information .

### September

Sept 9, 9-3pm: NIH Psychoactive Botanical Products Workshop (ODS with NIDA) - 6001 Executive Blvd, NSC C

### October

- Oct 3, 8-5pm: Role of Fatty Liver, Dietary Fatty Acid Sup-

plements, and Obesity in the Progression of Alcoholic Liver Disease (ODS with NIAAA) - *Lister Hill Auditorium*

- Oct 9-10, 8:30-3pm: NIH Vitamin D Conference (ODS with NICHD) - *Natcher Center*
- Oct 23, 1-3pm: Women's Health Research for the 21st Century: Alcohol (ORWH) - *Lipsett Amphitheater*

### December

- Dec 9, 1-3pm: Women's Health Research for the 21st Century. Boning Up on Osteoporosis: Emerging Therapies for Prevention and Treatment. (ORWH) - *Masur Auditorium*

For other meetings of interest, check the calendar prepared by the Division of Nutrition Research Coordination, NIDDK, NIH. <http://dnrc.nih.gov/calendar.htm>.





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WE'RE ON THE WEB!

[HTTP://DIETARY-SUPPLEMENTS.INFO.NIH.GOV](http://DIETARY-SUPPLEMENTS.INFO.NIH.GOV)

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### Upcoming Features and Announcements

#### *Next Issue:*

- *2002 Annual Bibliography published*
- *ODS grant recipients announced*
- *What We Eat in America: proceedings published and next steps*
- *Dietary Supplement Ingredient Database (DSID) project kicks off*

#### **JOB ANNOUNCEMENT:**

Team Leader of the Dietary Supplements database (IBIDS) Web site for the Food and Nutrition Information Center (FNIC) located at the National Agricultural Library, U.S. Dept. of Agriculture (USDA) in Beltsville, MD. The Team Leader develops and maintains a World Wide Web site containing a database that includes bibliographic records on dietary supplements and supports the nutrition information management activities of FNIC. This is a contractual position with STG International.

Masters Degree in the field of nutrition, botany, food science or related area and/or RD re-

quired. PhD and experience in the field of dietary supplements highly preferred.

Experience in leading a team and project management, particularly multi-agency or multi-state projects. Ability to motivate, coordinate, and evaluate team members to achieve successful implementation of the project. Ability to coordinate multiple tasks and work independently and as a team leader in a fast-paced work environment. Ability and experience searching bibliographic databases required. Experience with database design and management, preferred. Experienced user of word processing and the internet. Web design experience preferred. Excellent verbal and written communication skills. Experience in giving group presentations preferred; marketing skills a plus.

Please email resume to:  
[Progers@stginternational.com](mailto:Progers@stginternational.com)