



HEALTH AFFAIRS

OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE

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MEMORANDUM FOR DEPUTY SURGEON GENERAL OF THE ARMY
DEPUTY SURGEON GENERAL OF THE NAVY
DEPUTY SURGEON GENERAL OF THE AIR FORCE

SUBJECT: Establishment of Case Management Guidelines for Smallpox Vaccine Associated Myopericarditis

REFERENCES:

1. Deputy Secretary of Defense Memorandum, "Smallpox Vaccination Program," September 30, 2002
2. Under Secretary of Defense for Personnel and Readiness Memorandum, "Policy on Administrative Issues Related to Smallpox Vaccination Program (SVP)," December 13, 2002
3. Assistant Secretary of Defense for Health Affairs Memorandum, "Clinical Policy for the DoD Smallpox Vaccination Program (SVP)," November 26, 2002

Myopericarditis has historically been associated with vaccination for smallpox (vaccinia virus). Until recently, it has been a rare or unrecognized event after vaccination with the currently utilized strain of vaccinia virus (New York City Board of Health; Dryvax®, Wyeth Laboratories, Marietta, PA). Ongoing evaluation of health outcomes among Armed Forces personnel indicates individuals vaccinated for smallpox are at higher risk for myopericarditis than those not vaccinated. Ongoing review of cases diagnosed to date indicate a need to standardize evaluation and clinical management to decrease variation and provide ready access to clinical consultative services, assure access to care for longer-term follow-up for individuals separating from active duty, reserve component and National Guard personnel, and a need to document outcomes for future smallpox vaccine program management.

This memorandum provides a uniform approach for evaluation and establishes a program for consultation and long-term follow-up of individuals diagnosed with smallpox vaccine associated myopericarditis. A tri-service team supporting the DoD Vaccine Healthcare Center (VHC) Network developed the attached guidelines for clinicians. Forward deployed medical support units should be aware of and use the guidelines for the diagnosis and treatment of myopericarditis associated with smallpox vaccination. The guidelines will be modified in an iterative process as new information and clinical experience evolve, and will be available at www.vaccines.mil. To support clinicians seeking multi-disciplinary consultation, the Military Vaccine (MILVAX) Agency established a 24/7 toll-free bridge number for short-notice teleconferencing. Clinicians wishing to consult via this teleconference bridge with VHC staff and/or military cardiologists regarding optimal care should call the DoD Vaccine Clinical Call

Center at (866) 210-6469. Additional consultative support is available via e-mail at ASkVHC@amedd.army.mil.

All DoD beneficiaries, including Reserve component personnel who received their smallpox vaccine while in a duty status, with a clinically verified diagnosis of post-smallpox vaccine myopericarditis will be enrolled in the central registry maintained by the VHC Network and be followed using the attached clinical guidelines for a minimum of 12 months from the date of initial diagnosis. The Vaccine Adverse Event Reporting System (VAERS) should be used according to service policy. Patient informed consent is not required as part of enrollment. Enrollment in this registry will facilitate long-term clinical follow-up, delivery of appropriate clinical care, and a greater understanding of potential sequelae of this clinical manifestation. Upon enrollment VHC staff should help ensure appropriate 6 and 12-month follow-up in coordination with the patient's case manager.

Those individuals requiring medical treatment/evaluation should be retained on Active Duty pending resolution of the medical condition or completion of the disability evaluation. Each Service will coordinate with the Military Medical Support Office (1-888-MHS-MMSO), as needed, to provide appropriate civilian medical follow-up and payment arrangements for Reserve Component personnel.



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Clinical and Program Policy

Attachment:
As stated

Pericarditis-Myocarditis Evaluation Tables,
 Suitable for Evaluation after Vaccination
 DoD Vaccine Healthcare Centers (VHC), Version 3 Oct 06

**Vaccine(s) administered
 In past 30 Days**

**Clinical symptoms: Chest pain, shortness of breath, palpitations,
 Unexplained syncope, dry cough**

Initial Evaluation

History: Characterize symptoms¹
 Detailed vaccination history & dates
 • Smallpox, other live vaccines, influenza, etc.
 Past medical History²
 Risk factors for cardiac symptoms³
 Pulmonary functions with DLCO if indicated⁷

Physical Examination⁴
 Chest X-ray: PA/Lat
 Electrocardiogram (ECG)⁵
 Laboratory⁶: Troponin I/T, CK-MB, ESR, UltraS CRP
 Echocardiogram
 Case Definition - apply national criteria⁸

**Save
 Plasma, Serum
 (Store blood protocol)**

A. Symptoms Only

**B. Symptoms + objective
 abnormality (e.g, ECG,
 troponin, ECHO, Indium, etc)**

**C. Progressive symptoms
 LVEF < 45%, sustained dysrhythmias,
 hemodynamic instability**

A. Cardiology - evaluates, treat, consult

- Evaluate as soon as possible
- Document normal ECG, troponin, CK, CRP, other if indicated
- Reclassify if any abnormality or if indicated by expert review
- **Enter in VHC Cardiac registry** for FU monitoring long-term
- Consider non-cardiac etiology
- Monitor if continued symptoms^{9,10,11,12}
- Treat symptomatically^{12A}
- Evaluate & treat with consultation as needed; 4-6 wks limited exercise.
- FU with clinical visit, ECG, exercise stress test, etc. as clinically indicated @ 6-12 weeks to clear.
- Any new problem with vaccine temporal association, serious impact on quality of life, or unremitting: Contact VHC via 866-210-6469 for further assistance.
- VHC Case Manager Follow-up @ 6 Mos

Approach to new severe &/or persistent complaints &/or recurrent symptoms → B

B. Cardiology evaluation, treat, consults

- Work up & treat for acute coronary syndrome, as clinically indicated^{6,9,10}
- Differential of myo-pericarditis^{8,8A}
- **Contact VHC + Cardiology**
- **Special studies**⁵: as indicated
- Serial daily enzymes for 3 days or normalization, & FU as indicated
- Viral work-up (serology, PCR)
- **Therapeutic options:** NSAID +/- colchicine, acetaminophen, other Rx such as steroids?¹² (consult cardiology @ VHC)
- **Management & Recovery**¹⁰
 - Limited duty 4-6 weeks, see^{12A}
 - Repeat abnormal studies
 - FU with clinical visit, ECG, exercise stress test, echo, etc as indicated @ 6-12 weeks to clear.¹²
 - VHC case management: assure cardiology FU at 6-12 and 18-26 months^{13,14}

C. Cardiology evaluation, treat, consults

- Promptly work up & treat for acute coronary syndrome, as indicated by standard of care.⁷
- Differential of myopericarditis
- **Contact VHC + Cardiology**
- Viral work-up (serology, PCR, culture)⁶
- **Transfer to Tertiary Care Center** when stabilized: consider limitations of facility
 - Apply elements outlined in **B**
- **Individual case management**
 - **Monitor & document recovery**
 - Limited duty 3-6 months.^{12B}
 - FU with clinical visit, ECG, exercise stress test, etc @6-12 weeks to clear.^{13,14}
 - VHC case management: assure cardiology FU at 6-12 and 18-26 months^{11FN}
 - Refer to Cardiology for Functional assessments annually X 2 years or until asymptomatic.^{13,14} Longer FU as indicated.

A (as indicated), **B & C**: Refer to VHC Network for case management and second level review (CISA/CDC/VHC): Echocardiograms, ECGs, cardiac isoenzyme results, copy of records and patient and provider contact information. **All probable and confirmed cases**⁸: functional assessments annually x 2+ years or until asymptomatic X 2 years, whichever is longer. **Key VHC Consultant Sites**: Brooke & Walter Reed AMC

Consultation: Clinicians wishing to consult with Vaccine Healthcare Center and/or military cardiologists regarding optimal care should call the DoD Vaccine Clinical Call Center at 866-210-6469, to request a clinical cardiology consult. **NOTE**: Footnotes and additional information described on accompanying sheets. VHC will coordinate follow-up case management and outcomes data collection with formal specialty review for final case definition classification for VAERS.

FOOTNOTES: Last edited 3 Oct 2006

Footnote #	Topic	Documentation Categories	Documentation Details, Comments
1	Characterize symptoms		
	Chest pain type: characterize		<p>Category of patient's chest pain type if present (choose one):</p> <p>I. Atypical chest pain: Pain, pressure, or discomfort in the chest, neck, or arms not clearly exertional or not otherwise consistent with pain or discomfort of myocardial ischemic origin.</p> <p>II. Typical chest pain: Chest pain that is exertional and is relieved with rest or nitroglycerin. Often described as a pressure type of pain.</p> <p>A. Stable chest pain: Chest pain without a change in frequency or pattern for the 2 weeks before this procedure.</p> <p>B. Unstable chest pain: Chest pain that occurred at rest and was prolonged, usually lasting > 20 minutes, OR a recent acceleration of chest pain reflected by an increase in severity or frequency in the preceding 2 weeks.</p> <p>III. Pericardial chest pain: Chest pain that is typical and made worse by supine position, improved with leaning forward, pleuritic, constant.</p> <p>A. Detailed history is critical to case definition of suspect pericarditis – see footnote #⁸.</p> <p>NOTE: Some people, particularly women, may have left arm pain, epigastric pain, shoulder pain, etc as referred cardiac pain. Careful history should address this possibility.</p>
	Number of episodes of chest pain in last 72 hours		Number of distinct episodes of chest pain that occurred in the last 72 hours before evaluation.
	Secondary cause of chest pain (yes/no)		Note whether the chest pain was precipitated by a secondary factor such as known atherosclerotic coronary artery disease, fever, anemia, hypoxemia, tachycardia, thyrotoxicosis, or severe valvular disease.
	Reproducibility of symptoms		Note whether the chest pain is reproducible by either deep respiration (pleuritic), positional changes or pressure sensitive.
	Heart failure		Patient with complaint of dyspnea on exertion, resting shortness of breath, paroxysmal nocturnal dyspnea, orthopnea, edema, weight gain.
	Dysrhythmia		Patient with complaint of palpitations, rapid or slow heart rate. Documentation of concomitant symptoms of syncope (duration), dizziness or light headedness associated with symptoms
Footnote 2	Past Medical History		
	Date of birth		Day, month, and year of the patient's birth
	Lung disease		Documented history of chronic lung disease (i.e., chronic obstructive pulmonary disease) or currently being treated with pharmacological therapy (e.g., inhalers, theophylline, aminophylline, or steroids) and/or has a forced expiratory volume in 1 second (FEV1) < 70% of predicted, room air pO ₂ < 60 mm Hg, room air pCO ₂ > 50 mm Hg, an FEV1/FVC ratio < 0.8, or an abnormal DLCO (diffusion limitation of carbon monoxide). Any history of acute lung injury to include pulmonary embolism/deep vein thrombophlebitis should be noted.
	Gastrointestinal disease		Documented history of gastroesophageal reflux disease, esophagitis, peptic ulcer disease, or currently being treated with pharmacologic therapy (e.g., H ₂ -antagonists--cimetidine, ranitidine), or proton pump inhibitors (e.g., omeprazole, lansoprazole). History of pancreatitis or cholelithiasis or other gallbladder disease.
	History of stroke		Documented history of stroke or cerebrovascular accident (CVA). Typically, a patient has had a history of stroke if there was loss of neurological function caused by an ischemic event with residual symptoms at least 24 hours after onset. The year of the most recent stroke before the current admission should be noted.
	History of transient ischemic attack (TIA)		A focal neurological deficit (usually corresponding to the territory of a single vessel) that resolves spontaneously without evidence of residual symptoms at 24 hours
	Peripheral arterial disease		Peripheral arterial disease can include the following: 1. Claudication, either with exertion or at rest 2. Amputation for arterial vascular insufficiency 3. Vascular reconstruction, bypass surgery, or percutaneous intervention to the extremities 4. Documented aortic aneurysm 5. Positive noninvasive test (e.g., ankle brachial index < 0.8)
	Prior vaccination history and adverse events		Note made of all vaccinations received within 30 days of presentation, to include anatomic location of immunization. Note made of prior adverse events after vaccinations, including, but not limited to, arthralgias, myalgias, headache, shortness of breath, chest pain, febrile illness, chronic fatigue

Footnote 3	Risk Factors for Cardiac Symptoms	
	Prior angina	History of angina before the current admission. "Angina" refers to evidence or knowledge of symptoms before this acute event described as chest pain or pressure, jaw pain, arm pain, or other equivalent discomfort suggestive of cardiac ischemia. Indicate if angina existed > 2 weeks before admission and/or within 2 weeks before admission.
	Previous myocardial infarction (MI)	The patient has had at least 1 documented previous MI before admission.
	Prior congestive heart failure (CHF)	History of CHF. "CHF" refers to evidence or knowledge of symptoms before this acute event described as dyspnea, fluid retention, or low cardiac output secondary to cardiac dysfunction, or the description of rales, jugular venous distension, or pulmonary edema before the current admission.
	Previous percutaneous coronary intervention (PCI)	Previous PCI of any type (balloon angioplasty, atherectomy, stent, or other) done before the current admission. Date should be noted.
	Previous coronary artery bypass graft (CABG)	Previous CABG done before the current admission. Date should be noted.
	Prior catheterization with stenosis > or = 50%	Documented coronary artery disease (CAD) at coronary angiography at any time before the current admission, with at least a 50% stenosis in a major coronary artery. If the patient had a cardiac catheterization before the index event that demonstrated a stenosis of 90% and that was successfully stented to a 0% residual, this should be coded as "yes," because a stenosis of > or = 50% was documented.
	Diabetes	History of diabetes, regardless of duration of disease, need for antidiabetic agents, or a fasting blood sugar > 7 mmol/l or 126 mg/dl. If yes, the type of diabetic control should be noted (check all that apply): 1. None 2. Diet: Diet treatment 3. Oral: Oral agent treatment 4. Insulin: Insulin treatment (includes any combination of insulin)
	Hypertension	Hypertension as documented by: 1. History of hypertension diagnosed and treated with medication, diet, and/or exercise 2. Blood pressure > 140 mm Hg systolic or 90 mm Hg diastolic on at least 2 occasions 3. Current use of antihypertensive pharmacological therapy
	Smoking	History confirming cigarette smoking in the past. Choose from the following categories: 1. Current: Smoking cigarettes within 1 month of this admission 2. Recent: Stopped smoking cigarettes between 1 month and 1 year before this admission 3. Former: Stopped smoking cigarettes > 1 year before this admission 4. Never: Never smoked cigarettes
	Dyslipidemia	History of dyslipidemia diagnosed and/or treated by a physician. National Cholesterol Education Program criteria include documentation of the following: 1. Total cholesterol > 200 mg/dl (5.18 mmol/l); or 2. Low-density lipoprotein (LDL) > or = 130 mg/dl (3.37 mmol/l); or 3. High-density lipoprotein (HDL) < 40 mg/dl (1.04 mmol/l). Treatment is also initiated if LDL is > 100 mg/dl (2.59 mmol/l) in patients with known coronary artery disease, and this <i>would</i> qualify as hypercholesterolemia.
	Family history of CAD	Any direct blood relatives (parents, siblings, children) who have had any of the following at age < 55 years: 1. Angina 2. Myocardial infarction 3. Sudden cardiac death without obvious cause
Footnote 4	Physical Examination	
	Gender	Patient's gender: male or female
	Race	Patient's race or ethnicity: 1. White 2. Black 3. Hispanic 4. Asian 5. Native American 6. Other race not listed Note: These categories could be used in a "check all that apply" format to identify mixed races.
	Heart rate	Heart rate (beats per minute) should be the recording that was done closest to the time of presentation to the healthcare facility
	Systolic and diastolic blood pressure (at time of presentation)	Supine systolic and diastolic blood pressure (mm Hg) should be the recording that was done closest to the time of presentation to the healthcare facility and on

	and on discharge)	discharge
	Respiratory rate	Respiratory rate (breaths per minute)
	Temperature	Temperature (in Fahrenheit or Celsius) with indication as to method taken, i.e., aural, oral, rectal, or non-invasive (skin probe). Should be the recording that was done closest to the time of presentation to the healthcare facility
	Height	Patient's height in centimeters or inches
	Weight	Patient's weight in kilograms or pounds
	Vaccination site	Vaccination site healing? For vaccinia, describe the vaccination response.
	Cardiac exam	1. Heart rate regular/irregular, absence/presence of S4, S3 2. Absence/presence of murmur or rub 3. Point of maximal impulse (PMI, apex) lateral
	Jugular venous pressure	Normal/elevated
	Lung exam	1. Rales, wheezes, etc. 2. None (absence of rales over the lung fields) 3. Mild CHF (rales over < or = 50% of the lung fields). Evidence of new pulmonary vascular congestion on chest radiograph also meets the definition. 4. Severe CHF (rales over > 50% of the lung fields). Evidence of pulmonary edema on chest radiograph would also meet this definition.
	Extremities	Edema on peripheral extremities, with notation as to evidence of sustained depression (pitting), and amount of depression (in millimeters, or 1-4+ scale)
	Lymphatics	Adenopathy with documentation of anatomic location (axillary, clavicular, submental, cervical, inguinal)
Footnote 5	Electrocardiogram Review	
	First 12-lead ECG: date and time	Note date and time the first 12-lead ECG was performed for acute episode (whether in a prehospital setting, emergency department, or inpatient unit).
	Location of ECG changes	The location of each type of ECG change listed below can be broken into 4 categories: 1. Inferior leads: II, III, aVF 2. Anterior leads: V1 to V4 3. Lateral leads: I, aVL, V5 to V6 4. Diffuse leads: use if similar type of ECG changes identified in ≥ 9 of 12 leads.
	Type of ECG changes	1. ST-segment elevation indicates $> \text{ or } = 1 \text{ mm}$ (0.1 mV) elevation in 2 or more contiguous leads 2. ST-segment depression of at least 0.5 mm (0.05 mV) in 2 or more contiguous leads (includes reciprocal changes) 3. T-wave inversion of at least 1 mm (0.1 mV) including inverted T waves that are not indicative of acute MI 4. Q waves refer to the presence of Q waves that are $> \text{ or } = 0.03$ seconds in width and $> \text{ or } = 1 \text{ mm}$ (0.1 mV) in depth in at least 2 contiguous leads
	Conduction Abnormality, including bundle branch block	The presence of left or right bundle branch block, ventricular pre-excitation, or 1 st , 2 nd , or 3 rd degree heart block should be noted, as well as whether it is new, old, or of uncertain timing.
	Rhythm	The categories of rhythm are as follows: 1. Sinus rhythm 2. Atrial fibrillation (or flutter) 3. Atrial and/or ventricular electronically paced rhythm 4. Ventricular tachycardia 5. Supraventricular tachycardia 6. Significant sinus arrhythmia 7. Other (e.g., bigeminy, junctional)
	Ectopy	1. Premature ventricular complexes (PVC's), 2. Premature supraventricular/atrial complexes (PAC's). 3. Premature junctional complexes (PJC's) 4. Consider Holter monitoring
Footnote 6	Laboratory	
Special Studies: All patients	Complete blood count	The presentation CBC, to include differential, with emphasis on eosinophil and lymphocyte count should be noted. The upper limit of normal of WBC, Hgb, Plt, and differential as determined by individual hospital laboratory standards should be reported.
	Cardiac enzymes	
	All values	All Creatinine Kinase (CK), CK-MB, and troponin values during the evaluation should be noted; include the units, date, and time. The upper limit of normal of CK-MB as defined by individual hospital laboratory standards should be noted. For troponin values, indicate which type: T or I and institutional normals.
	Inflammatory Markers	
	All values	All erythrocyte sedimentation rate and C-reactive protein (CRP) values during the evaluation should be noted; include units, date, and time. Report the upper limit of normal as defined by individual hospital laboratory standards. Perform ultrasensitive CRP.

Special Studies	As Clinically indicated		
	B-type natriuretic peptide (BNP)	All BNP values during the hospitalization should be noted; include units, date, and time	
	Immune complex screening		
	All values	All C3, C4, CH50, Raji cell, C1q assay values during the evaluation should be noted; include units, date, and time. Report the upper limit of normal as defined by individual hospital laboratory standards.	
	Cultures: Viral		
	All values	All viral cultures (nasal wash, urine, feces) for adenovirus, influenza viruses, parvovirus B19 or enteroviruses should be noted to include date and time. Results of cerebrospinal fluid viral cultures including shell vial culture that looks specifically for enteroviruses, herpes simplex viruses, and cytomegalovirus should be noted to include date and time.	
	Serologies: Viral		
	All values	All enteroviruses, influenza, coxsackie B, Lyme, hepatitis B IgM and core IgG values and titers during the evaluation should be noted; include units, date, and time to differentiate between acute and convalescent sera. PCR for vaccinia.	
	Collagen vascular screening		
	All values	Note all ANA, Anti-DS DNA, ENA, and similar values during the evaluation; include units, date, and time. Report the patterns associated with positive assays.	
	Other labs		
	Total serum cholesterol level	The first total serum cholesterol level and type of units should be noted	
	LDL	First serum low density lipoprotein (LDL) and units (either calculated or direct, if measured)	
	HDL	First serum high density lipoprotein (HDL) level and units	
	Serum Creatinine	First creatinine level and units at time of diagnosis	
	Hemoglobin A1c	Documented laboratory value and units for patient's hemoglobin A1c	
Footnote 7	Pulmonary Functions	With DLCO if indicated	
	Diffusion capacity corrected for hemoglobin	Sensitive measure of pulmonary interstitial disease and increased risk for hypoxia with activity.	
Footnote 8	Myocarditis, Pericarditis case definitions (<i>MMWR</i> 2003;52:492-6, www.cdc.gov/mmwr/PDF/wk/mm5221.pdf)		
	Suspect (1) Symptoms (dyspnea, palpitations, or chest pain) (2) ECG abnormalities beyond normal variants, not documented previously (ST/T abnormality, paroxysmal supraventricular tachycardia, ventricular tachycardia, atrio-ventricular block, frequent atrial or ventricular ectopy) OR Focal or diffuse depressed LV function of uncertain age by an imaging study (3) Absence of evidence of any other likely cause	Probable (1) Meets criteria for suspected myocarditis (2) In addition, meets one of the following: Elevated levels of cardiac enzymes (Creatine Kinase-MB fraction, Troponin T or Troponin I), OR new onset of depressed LV function by imaging, OR abnormal imaging consistent with myocarditis (MRI with gadolinium, gallium-67 scanning, anti-myosin antibody scanning)	Confirmed Histopathologic evidence of myocarditis by endomyocardial biopsy or on autopsy.
	Suspect (1) Typical chest pain (made worse by supine position, improved with leaning forward, pleuritic, constant). (2) No evidence for alternative cause of such pain	Probable (1) Meets criteria for suspected pericarditis (2) Has one or more of the following: Pericardial rub on auscultation OR ECG with diffuse ST-segment elevations or PR depressions not previously documented OR echocardiogram revealing an abnormal pericardial effusion	Confirmed Histopathologic evidence of pericardial inflammation in pericardial tissue from surgery or autopsy
8A	Differential Diagnosis	Consider acute coronary syndrome (myocardial infarction), aortic dissection, pneumothorax, pulmonary embolism , musculoskeletal pain, esophageal disorder (gastroesophageal reflux, esophageal spasm), systemic autoimmune disease.	

Footnote 9	Monitor for continued symptoms	
	Stress test	Indicate whether an exercise tolerance or pharmacological stress test was performed during the hospital stay. Date should be noted. Indicate if the test involved ECG alone or either radionuclide imaging or echocardiogram.
	Ischemia result (positive, negative, equivocal)	<p>1. Positive: On an exercise tolerance test, the patient developed:</p> <p>a. Both ischemic discomfort and ST shift $>$ or $=$ 1 mm (0.1 mV) (horizontal or downsloping) or</p> <p>b. New ST shift $>$ or $=$ 2 mm (0.2 mV) (horizontal or downsloping) believed to represent ischemia even in the absence of ischemic discomfort.</p> <p>c. Definitive reversible perfusion defect on radionuclide imaging or inducible wall motion abnormality or failure of left ventricular augmentation on stress echocardiography should be considered a positive test.</p> <p>2. Negative: No evidence of ischemia (i.e., no typical angina pain and no ST shifts).</p> <p>3. Equivocal:</p> <p>a. Typical ischemic pain but no ST shift $>$ or $=$ 1 mm (0.1 mV) (horizontal or downsloping) or</p> <p>b. ST shift of 1 mm (0.1 mV) (horizontal or downsloping) but no ischemic discomfort</p> <p>Also, be sure to note any presence of a fixed defect on imaging study (indicating a probable area of previous myocardial infarction). Note that fixed perfusion defects on radionuclide imaging may also be due to diaphragmatic or breast attenuation.</p>
	Ejection fraction (EF)	The first EF obtained during hospital stay. It is the percent of blood emptied from the ventricle at the end of contraction and can be obtained, in preferred order, from a left ventriculogram, radionuclide ventriculography, or echocardiogram. If only a range is estimated for EF, note the midpoint of the range. Note type of test used for EF: contrast ventriculography, radionuclide ventriculography, echocardiography. Note also whether it was estimated or calculated.
	Cardiac catheterization	Diagnostic cardiac catheterization/angiography performed during the hospital stay. Date should be noted. Note percentage occlusion, from 0 to 100%, associated with the identified vessel systems. In instances where multiple lesions are present, enter the highest percentage stenosis noted. The systems of interest are as follows and should include major branch vessels of $>$ 2 mm diameter: LAD or any major branch vessel, LCx or any major branch vessel, RCA or any major branch vessel, left main, bypass grafts.
	Holter & Event Monitor	Consider for dysrhythmia evaluation
Footnote 10-11	Special studies to consider	
10	Other special studies	<p>Auto-antibodies for myocardium</p> <p>Special studies on biopsy including PCR for vaccinia, parvovirus B19, etc.</p> <p>Indium scan for detection of patchy inflammation</p> <p>Consider MRI with gadolinium</p> <p>Consult VHC Network working group for updated information</p>
11	Normal tests but persistent symptoms	If symptoms persist $>$ 3 months, consider further evaluation with specialty referrals, VHC referral.
Footnote 12	Therapeutic Options	Consult recent literature for any updates in treatment options
	Therapeutic options: A: Mild to moderate – Chest pain with no LV dysfunction, +/- positive biomarkers	<p>4 to 6 weeks limited exertion for mild to moderate disease activity up to 3-6 months or longer for severe disease, symptoms or continued limitations.</p> <p>Aspirin or non-steroidal anti-inflammatory therapy with or without colchicine (REFERENCE HERE for colchicine per cardiology recommendation) Colchicine in addition to Conventional Therapy for acute pericarditis: Results of the COLchicine for acute PEricarditis (COPE) trial. Imazio M, et al. Circulation-2005; 112:2012-16.</p>
	B: Severe – Persistent symptoms, abnormal LV function, evidence of inflammation	<p>3-6 months limited duty plus:</p> <p>Conventional heart failure treatments (e.g., ACE inhibitors, nitrates, diuretics, select beta-blockers such as carvedilol or metoprolol succinate)</p> <p>Consider corticosteroids if no evidence of active vaccinia/viral infection on endomyocardial biopsy or in blood/oropharynx.</p> <p>Consider Vaccinia Immune Globulin (VIG) only if evidence of active vaccinia infection. Recommend expert consultant case review via VHC Network</p>
Footnote 13	Follow-up Requirements	Goal: optimize the quality of care for affected vaccinees
	Follow-Up	<p>Whenever possible, standardized follow up should occur at or be coordinated with Walter Reed Army Medical Center (WRAMC) or Brooke Army Medical Center (BAMC) in collaboration with VHC Network staff.</p> <p>Asymptomatic</p> <ul style="list-style-type: none"> Clinical evaluation to include enzymes, ultra sensitive CRP, ECG, ECHO, stress test at 6-12 weeks, 6-12 months Clinical FU at 18-26 months, refer to cardiology if any recurrent symptoms for

		<p>in depth evaluation</p> <p>Symptomatic</p> <ul style="list-style-type: none"> • Clinical evaluation to include enzymes, ultra sensitive CRP, ECG, ECHO, stress test (unless contraindicated) at 6-12 weeks • Similar follow up evaluation at 6-12 and 18-26 months • Continue follow up for at least 2 years following last symptoms and/or positive findings • For symptomatic patients at each follow-up, consider indium scan and MRI with gadolinium • If unable to come to Walter Reed or BAMC, should perform these studies at local site.
Footnote 14	Functional Assessment	
	Impact of disease and risk assessment	<p>Carefully document fitness for duty sequentially</p> <ul style="list-style-type: none"> • Consider that recovery is generally expected in less than 1 year • All referrals for disability assessment or permanent limitations should have military cardiology (BAMC and WRAMC) and VHC Network review