



Workplace Substance Abuse Prevention Resources Reference List

FACT SHEET

Where to Find Help

If you or someone you know has a problem with alcohol or other drugs, contact these resources for free, confidential help.

Substance Abuse Treatment Locator

<http://www.findtreatment.samhsa.gov>

Phone: 1.800.662.HELP (1.800.662.4357)

Al-Anon/Alateen

<http://www.al-anon.alateen.org>

Phone: 1.888.4AL.ANON (1.888.425.2666)

Alcoholics Anonymous (AA)

<http://www.aa.org>

American Council on Alcoholism

<http://www.aca-usa.org>

Phone: 1.800.527.5344

Cocaine Anonymous

<http://www.ca.org>

Phone: 1.800.347.8998

Nar-Anon

<http://nar-anon.org>

Phone: 1.800.477.6291

National Council on Alcoholism and Drug Dependence Hopeline

<http://www.ncadd.org>

Phone: 1.800.NCA.CALL (1.800.622.2255)

Health Department Locator

<http://www.cdc.gov/mmwr/international/relres.html>

Mental Health Services Locator

<http://www.mentalhealth.samhsa.gov/databases>

GetFit

<http://www.getfit.samhsa.gov>

National Institute on Alcohol Abuse and Alcoholism

<http://www.niaaa.nih.gov>

Workplace Helpline

<http://workplace.samhsa.gov>

Phone: 1.800.WORKPLACE (1.800.967.5752)

