

The Post-Deployment Health Reassessment (PDHRA) program offers a Service member the opportunity to discuss their concerns, receive education, and when necessary, be connected with health care services that can provide further help.

- ★ Education
- ★ Assessment
- ★ Referral for Evaluation and Treatment
- ★ Follow-up
- ★ Entry into Military Medical Database



**FOR QUESTIONS ABOUT  
ORDERING SERVICES:**

1-800-666-2833

or

**FOR MORE INFORMATION:**

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**RHRP**  
Reserve Health Readiness Program

**POST-DEPLOYMENT HEALTH  
REASSESSMENT (PDHRA)**





## What is the Reserve Health Readiness Program?

### BACKGROUND

The Reserve Health Readiness Program (RHRP) is a Department of Defense initiative developed in conjunction with Force Health Protection and Readiness.

The Program is designed to supplement the Reserve Component's readiness mission by providing medical and dental readiness services that satisfy key deployment and annual requirements.

### PURPOSE OF PDHRA

Recent trends have helped us recognize that many of our returning Service members may not experience certain health issues until days or months following their return from a deployment. As a result, the PDHRA program was developed.

### PROGRAM OVERVIEW

PDHRA is a force health protection program designed to enhance the deployment-related continuum of care of our Service members.

Targeted at three to six months after return from a contingency operation, the PDHRA provides education, screening, and a global health assessment to identify and facilitate access to care for deployment-related physical health, mental health, and readjustment concerns.

The goal is to avoid or minimize any negative impact deployment may have had on their health.

**Making a difference  
in the lives of our  
Service members**

### SERVICE DELIVERY

PDHRA services are provided to the Reserve Components by either:

- An on-site model in which teams are sent to unit locations to perform the PDHRA assessments
- A call center model through which the PDHRA assessments are conducted 24 hours a day, 7 days a week

Regardless of the mode of assessment, RHRP attempts to contact Service members who were referred, checking to see if the Service member is receiving the recommended care. PDHRA services are provided by licensed professionals throughout the United States and its territories.

