

# TIPS TO GO

**Register your trip** online for free at <https://travelregistration.state.gov/librs/ui/> so we can contact you in case of an emergency.

**Do your homework** on the country you will visit *before* you go!

**Call home periodically** so your family and friends know that you're okay and be sure to purchase an international calling card.

**Know how to contact** U.S. Embassy and Consulate personnel abroad (and in the U.S.). You can start by visiting <http://usembassy.state.gov> and filling out the card below with the contact information of the local Embassy or Consulate in the country you'll be visiting.

## Emergency Wallet Card

Embassy/Consulate Phone #:

Equivalent 911 Phone #:

Insurance Company Name and Phone #:

Abroad Housing Emergency Contact #:

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