

Methamphetamine- In The Know Zone

<http://www.intheknowzone.com/meth/index.htm>

Test Your Knowledge

We've heard a lot about the danger of methamphetamine. Maybe we think we've heard it all before. Here is a quick little test to test your knowledge of the drug that is wreaking havoc on our children, families and community.

1. Methamphetamine is a:
 - Psychomotor depressant
 - Psychomotor stimulant
 - Hallucinogen
 - Cannabinoid
2. The smokable form of methamphetamine is called "ice" because:
 - The chemicals in it make it cool to the touch.
 - It comes in glassy chinks like ice or rock candy.
 - It gives off a cold vapor, like dry ice.
 - No one really knows why it has this name.
3. Besides being smoked, methamphetamine may be:
 - Injected
 - Snorted
 - Swallowed
 - All of these
4. A methamphetamine experience lasts about how long after the initial rush?
 - An hour
 - Two or three hours
 - Three to five hours
 - Four to eight hours
 - Six to twelve hours
5. Approximately how many 12th graders surveyed in the US in 2000 had used methamphetamine at least once in their lives?
 - 1%
 - 3%
 - 5.5%
 - 8%
 - 12%

6. What is methamphetamine “run”?
- The burning sensation that runs down the throat after snorting methamphetamine.
 - The sensation the drug creates as it spreads up a vein after injection.
 - The process of making the drug in a underground lab.
 - Many hours or days when someone uses repeatedly without breaks.
7. Methamphetamine functions in part by:
- Depressing the central nervous system.
 - “Switching off” the inhibitions in the brain.
 - Imitating the function of various neurotransmitters.
 - Increasing the inhibiting action of neurotransmitter gamma-amino butyric acid.
8. Methamphetamine increases the release of:
- Serotonin
 - Epinephrine
 - Norepinephrine
 - Dopamine
 - All of these
9. Another way methamphetamine produces its effects is by:
- Depressing the activity of the autonomic nervous system.
 - Preventing the release of dopamine and serotonin.
 - Increasing the recycling of monoamine neurotransmitters.
 - Preventing the destruction of the monoamine neurotransmitters.
10. What is “punding” or “tweaking”?
- Street names for injecting methamphetamine.
 - Temporary paralysis caused by methamphetamine.
 - Compulsive, repetitive, meaningless actions of methamphetamine users.
 - Many hours or days when someone uses repeatedly without breaks.
11. Which of the following is true about the methamphetamine epidemic in the U.S.?
- It is worst in New York, Los Angeles, Detroit, and Miami.
 - It is worst in the West and Midwest, including small towns.
 - It has grown slowly, because the drug is so expensive and difficult to obtain.
 - It has grown most quickly where the methamfitia punieroso plants grow wild.

12. Which of these human behaviors does methamphetamine not exaggerate?

- Social
- Sexual
- Nurturing
- Defensive
- Aggressive

13. What are the greatest dangers associated with methamphetamine labs?

- They are easily detected.
- Explosions and fires.
- Sudden fatal poisoning from escaping gases.
- Numerous small objects that might choke children.

14. Which of the following does short-term methamphetamine NOT cause?

- Increased physical activity
- Uncontrollable jaw clenching
- Nausea, vomiting and diarrhea
- Heavy, refreshing sleep with bizarre dreams
- Seizures

15. Which of the following does heavy or prolonged methamphetamine not cause?

- Tooth decay
- Psychotic behavior
- Lung cancer
- Strokes
- Lead poisoning

Material adapted from In the Know Zone web site and Wasco County Substance Abuse Prevention.

Answers:

1. Psychomotor stimulant
2. It comes in glass chunks like ice or rock candy.
3. All of these
4. Six to twelve hours
5. 12%
6. Many hours or days when someone uses repeatedly without breaks.
7. Imitating the function of various neurotransmitters
8. All of these
9. Preventing the destruction of the monoamine neurotransmitters
10. Compulsive, repetitive, meaningless actions of methamphetamine users.
11. It is worst in the West and Midwest, including small towns.
12. Nurturing
13. Explosions and fires
14. Heavy, refreshing sleep with bizarre dreams.
15. Lung cancer