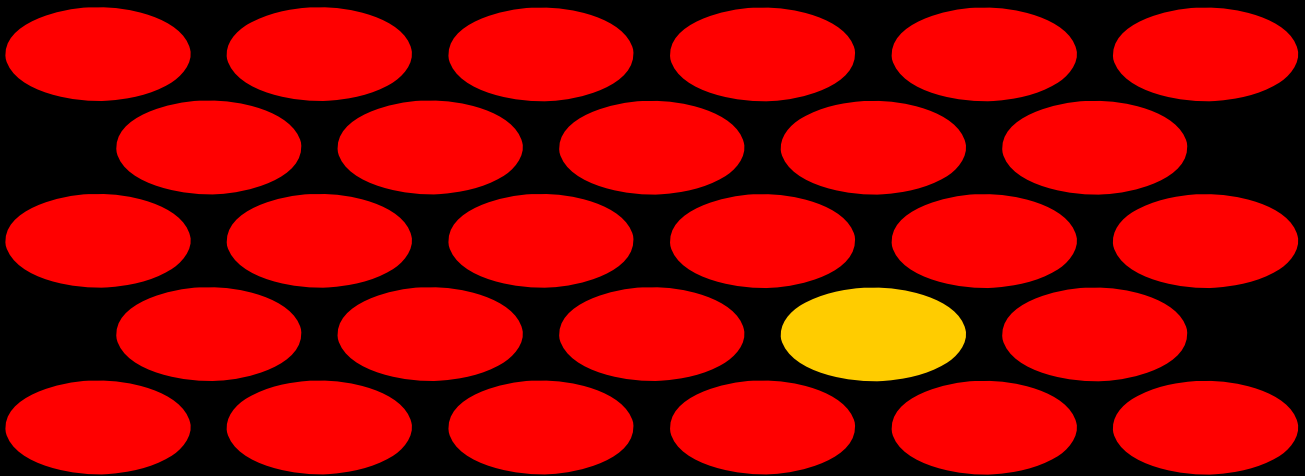


# ODDS ARE... **27:1**

**27** out of every **28** New Hampshire high school students who reported smoking a whole cigarette also reported drinking alcohol.

Source: "The Relation Between Smoking and Drinking in New Hampshire High School Students and Age of First use—2007 YRBS", Jeffrey Metzger, PhD, MBA



**Keep kids healthy and drug-free.**

Talk to them about the risks of using alcohol and other drugs.

**For more information visit:**

[www.timetoact.org](http://www.timetoact.org)

[www.drugfree.org](http://www.drugfree.org)

[www.checkyourself.com](http://www.checkyourself.com)

[www.abovetheinfluence.com](http://www.abovetheinfluence.com)

**For confidential help with alcohol or other drug issues call:**

The NH Bureau of Drug & Alcohol Services

603-271-6110 or 1-800-804-0909 (press 1)

**To get help quitting smoking visit:**

[www.trytostopnh.org](http://www.trytostopnh.org)