

NAFDPIR 22nd Annual Conference Rapid City, South Dakota

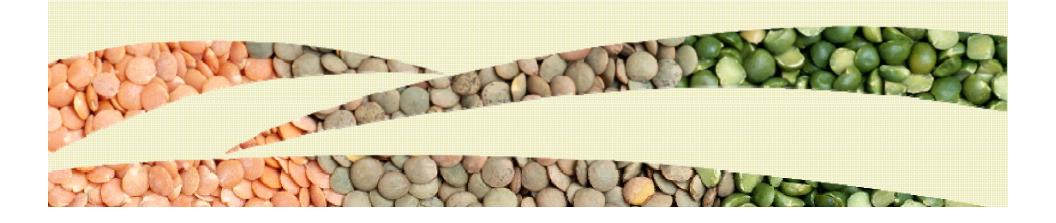


General Session June 29, 2009



Overview & FDPIR Priorities

Cathie McCullough
Director
Food Distribution Division





Overview of Morning Session

Cathie McCullough:

- USDA Foods Image
- FDPIR Food Package Quality & Improvements
 Overview
- Food Package Review --Overview
- Food Deliveries
- Web Based Supply Chain Management (WBSCM)
- Department of Defense (DoD) Fresh Produce
- Communication & Information Sharing



Overview of Morning Session Cont'd

Laura Castro:

- ARRA Equipment and Facility Improvements
- Fiscal Year (FY) 2010 President's Budget
 Request
- Funding Methodology



Overview of Afternoon Session

Nancy Theodore:

- FY 2008 & 2009 Administrative Funding
- FNS' Responses to 2008 NAFDPIR Resolutions
- New Training & Technical Assistance

Sheldon Gordon:

- Nutrition Education Funding
- Food Package Review Details
- FDPIR Newsletters and Fact Sheets Details

Patti Schock:

USDA Foods & Warehouses Update



Overview of Afternoon Session Cont'd

Janice Fitzgerald, Todd Griffith:

Web Based Supply Chain Management (WBSCM)

Doug Friesen:

Automated Inventory System (AIS)

Walter Hillabrant, Urban Institute:

Study of FDPIR & SNAP

Dana Rasmussen:

Policy and Regulations Update



USDA Foods Image Improvements

Misconceptions:

USDA foods cause obesity

USDA "surplus" foods are the culprit

USDA foods are low quality

Need to be replaced with...



USDA Foods Image Improvements

Realities:

Healthy choices,

American grown

Keeping pace with latest **nutrition** and health advancements

More Whole Grains Less Sodium, Sugar, and Fat



Quality of FDPIR Food Package

- In November 2008, as required by the Farm Bill, FNS submitted a report to Congress assessing how the foods in the FDPIR food package compared against scientific standards
- Analysis found that the FDPIR food package provides a nutritious variety of foods
- Health Eating Index-2005 score of 81 out of 100, considerably better than Americans in general (58 out of 100)



FDPIR Food Package Improvements - Overview

Fresh Tomatoes Low-Fat Canned Chicken

Whole Grain Rotini 1% Fat UHT Milk

97% Lean Turkey Ham 90% Lean Beef Roast

Low-Fat Bakery Mix Light Buttery Spread Coming Soon!

Low-Sodium Canned Vegetables

Potential Items:

Juices in Plastic Containers Reduced Fat/Sodium

Cream of Mushroom Soup

Whole Liquid Eggs



FDPIR Food Package Review

- Began new review cycle in January 2009
- Work Group is a partnership of FNS Staff,
 NAFDPIR Board members, FDPIR Directors, and people from other organizations such as the Center for Disease Control and Prevention, and the Indian Health Service
- NAFDPIR President Gates a member of the Work Group, and the NAFDPIR Board selected members as well



Food Deliveries

PREVIOUSLY	NOW
Some items were not available or in short supply in multi-food warehouses, particularly Carthage, in late 2008/early 2009	Foods available for ordering, no reported issues
1 FNS staff monitoring Carthage warehouse for both FDPIR & CSFP	2 FNS staff monitoring Carthage warehouse – 1 for FDPIR, 1 for CSFP
Responded if problems/issues reported or discovered	Proactive approach – conference calls w/NAFDPIR reps about every 6 weeks to



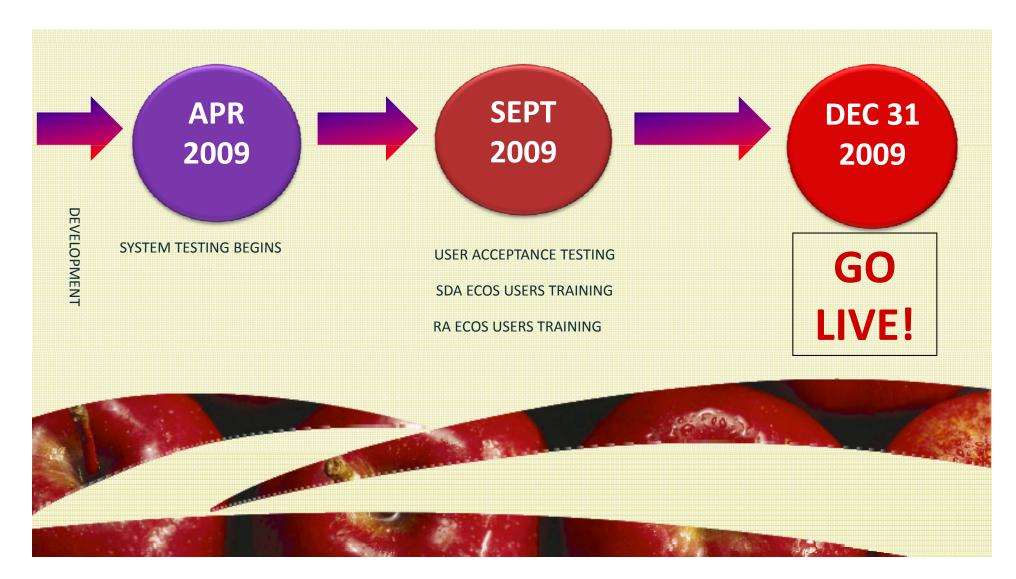
Web Based Supply Chain Management, or WBSCM

What Is It?

A web-based replacement for a 30-yr-old system

- Financials payments, accounting
- State Ordering
- Purchasing, deliveries







Department of Defense (DoD) Fresh Produce

- DoD is continuing to put into place its new business model for ordering and delivering fresh fruits and vegetables.
- It has awarded 36 long-term produce contracts to support customers including 118 FDPIR Tribes.
- DoD reps positioned in the field to provide customer service on vendor performance, quality, delivery, and systems problems or concerns.



DoD Fresh Produce

- Several ITOs are still using "TAP-IT" to place their orders.
- If still using TAP-IT, you'll be included in the resolicitation of the produce contracts later this summer--possible vendor change.
- When the contract is awarded, training will be provided on the "FFAVORS" Web system, which is very similar to TAP-IT.

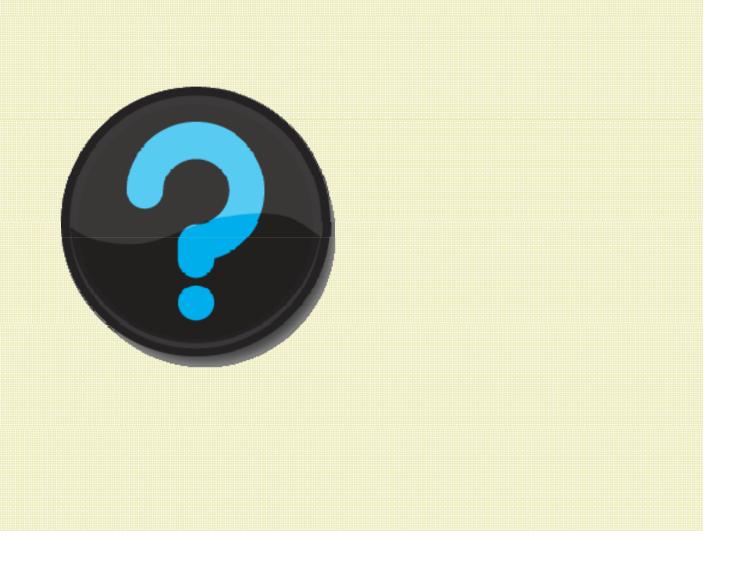


Communication & Information Sharing

- FNS ITO Visits
- Conference calls
- FDPIR NutritionTalk Listserv Signup!
- FDPIR Newsletters
- Food Fact Sheets New!
- Commodity Complaints: ECOS/Hotline/E-mail/Fax

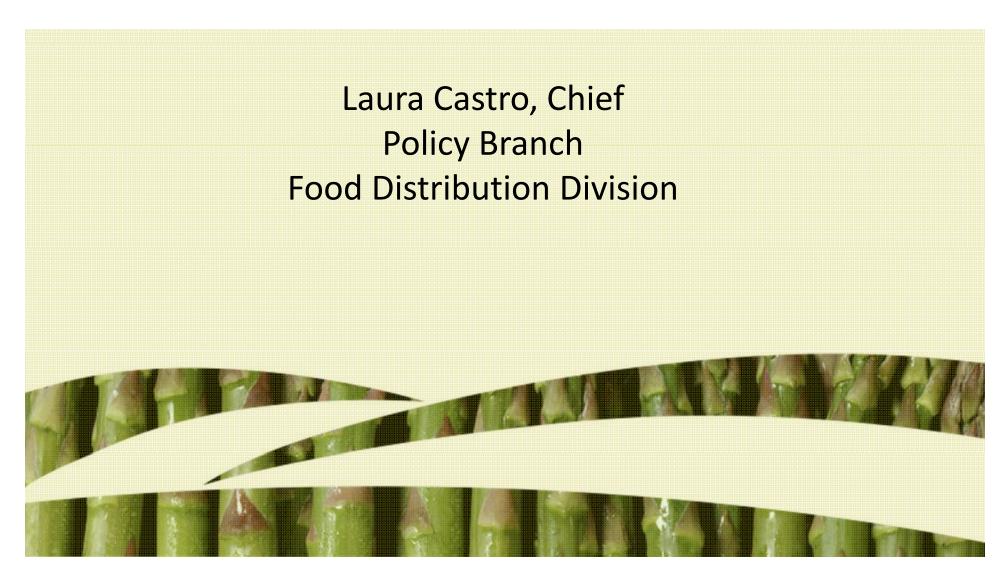


Comments? Questions?





ARRA Funding, 2010 Budget Request, & FDPIR Funding Methodology





ARRA Funding for FDPIR Equipment and Facility Improvements

- The American Recovery and Reinvestment Act of 2009 (ARRA) provided \$5 million for FDPIR equipment and facility improvements with no match requirement
- FNS worked with the ITOs and State agencies to determine cost estimates for these improvements
- The initial cost estimates totaled over \$15 million
- FNS worked with the ITOs and State agencies to determine the priorities, which totaled \$5.7 million

Region	Number of Programs to Receive Funding	Approved Regional ARRA Funding Allocations
Northeast	2	\$117,883
Southeast	2	\$61,910
Midwest	19	\$751,492
Southwest	13	\$674,447
Mountain Plains	22	\$1,625,728
Western	32	\$1,768,540
Total	90	\$5,000,000



ARRA Funding for FDPIR Equipment and Facility Improvements

- FNS has prepared a guidance package:
 - on how you can formally request the ARRA funds,
 - special restrictions on the use of the funds, and
 - the reporting requirements for ARRA funding.
- ARRA funds must be obligated by the ITOs and State agencies by September 30, 2010 and liquidated by December 30, 2010.



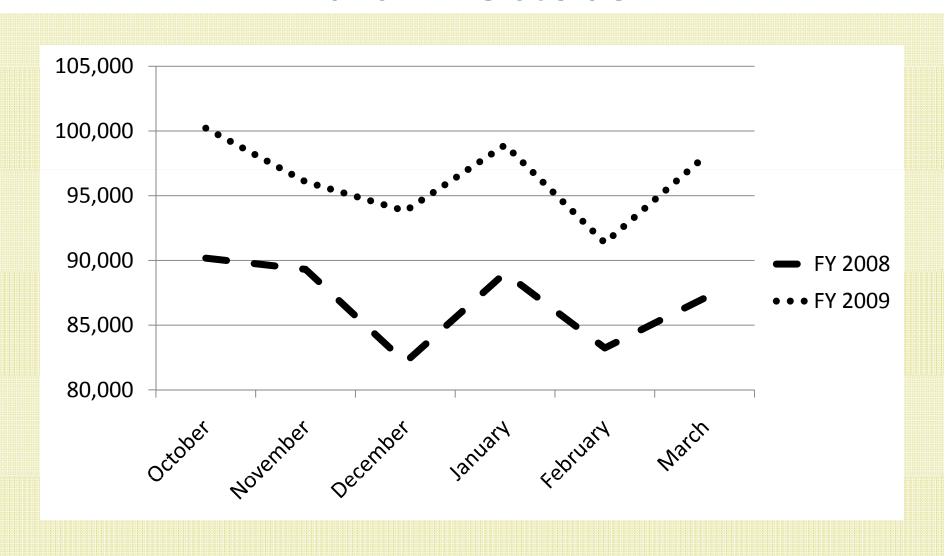
FY 2010 President's Budget

Proposed FDPIR Budget = \$112.7 million

- \$74.7 million for food
- \$38 million for administrative funding (\$2 million increase)
- Also, \$1 million for intensive integrated nutritional education activities and services that foster positive lifestyle changes and enhance the nutritional knowledge of participants

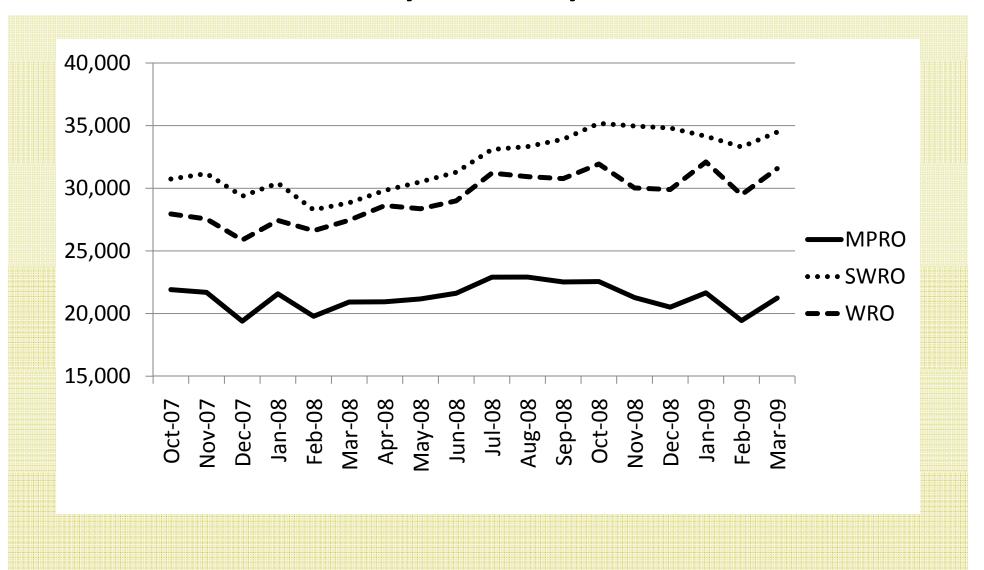


National Participation Levels March – October



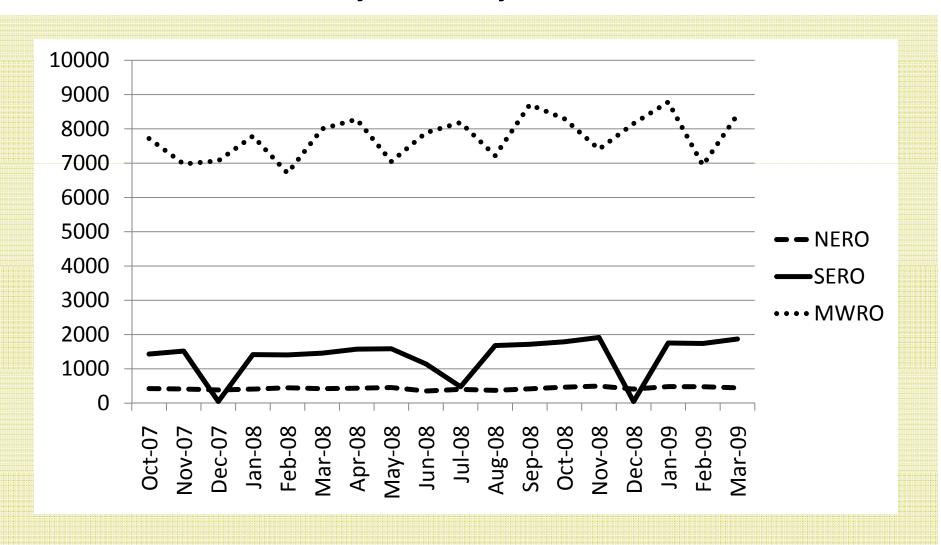


Regional Participation MPRO, SWRO, WRO





Regional Participation NERO, SERO, MWRO



Region	FY 2009 Regional General Administrative	Projected FY 2010 Regional General Administrative
	Funding Allocation	Funding Allocation
Northeast	\$340,293	\$340,874
Southeast	\$527,135	\$561,705
Midwest	\$4,638,257	\$4,867,356
Southwest	\$10,253,232	\$10,705,050
Mountain Plains	\$8,974,706	\$9,479,717
Western	\$11,028,925	\$11,794,298
Total	\$35,762,548	\$37,749,000

FDPIR Funding Methodology

Implemented on a pilot basis in FY 2008

 FNS is preparing a proposed rulemaking that will be published for public comment.

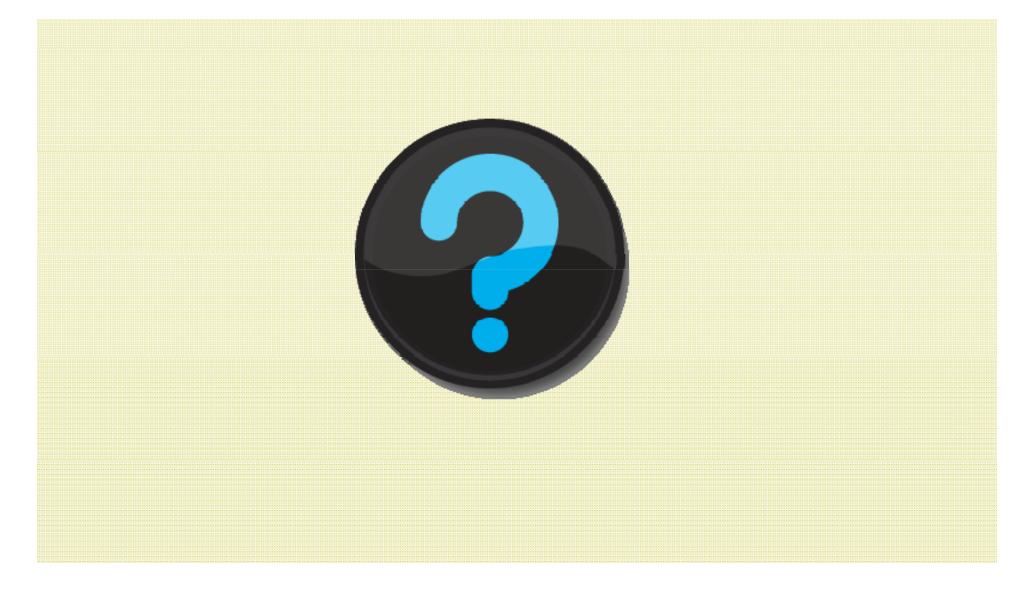


FDPIR Funding Methodology

% of Funding	Basis
65%	Each Region's Share of
	Participation Averaged Over 3
	Years
35%	Each Region's Share of Number
	of Programs



Comments? Questions?



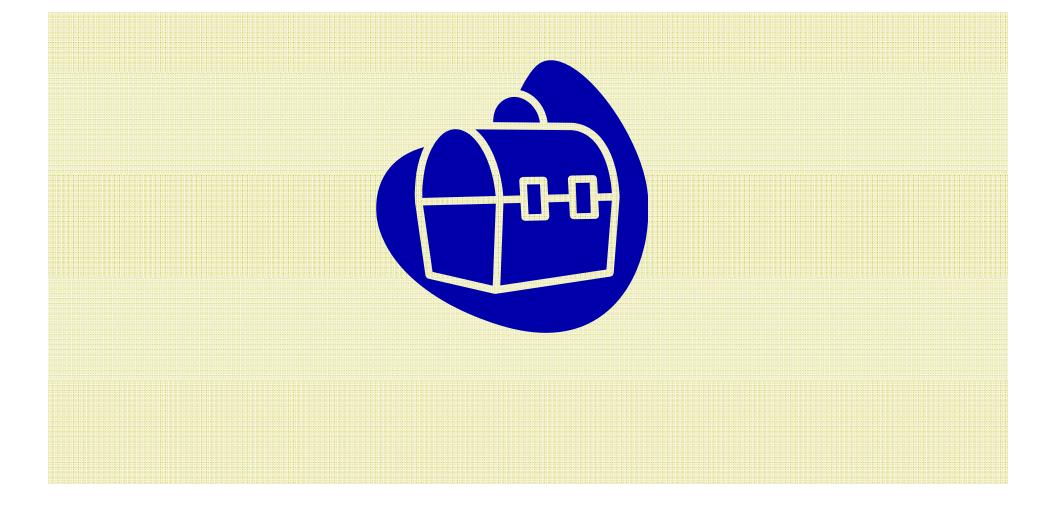


Slides Online

The slides and handouts from this presentation will be posted on the FDPIR website at http://www.fns.usda.gov/fdd/programs/fdpir/default.htm



Lunch See you at 1pm!





NAFDPIR 22nd Annual Conference Rapid City, South Dakota



General Session June 29, 2009



Overview of Afternoon Session

Nancy Theodore:

- FY 2008 & 2009 Administrative Funding
- FNS Responses to 2008 NAFDPIR Resolutions
- New Training & Technical Assistance

Sheldon Gordon:

- Food Package Review
- FDPIR Nutrition Education Funding
- FDPIR Fact Sheets, NutritionTalk Listserv, and Other Initiatives

Patti Schock:

USDA Foods & Warehouse Updates



Overview of Afternoon Session Cont'd

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Walter Hillabrant, The Urban Institute:

Study of FDPIR & SNAP

Dana Rasmussen:

Policy and Regulations Update



FY 2008 & 2009 Administrative Funding, FY 2008 NAFDPIR Resolutions, New Training & Technical Assistance

Nancy Theodore
Policy Branch
Food Distribution Division





FY 2008 Regional Allocations and Unspent Funds

Region	Regional Allocations	Unspent Funds	Percentage
Northeast	\$331,624	\$292	0.09%
Southeast	\$499,307	\$41,089	8.23%
Midwest	\$4,382,938	\$218,766	4.99%
Southwest	\$9,778,786	\$25,268	0.26%
Mountain Plains	\$8,924,610	\$210,338	2.36%
Western \$10,254,078		\$201,693	1.97%
Total	\$34,171,343	\$697,446	2.04%



FY 2009 Appropriation

 FNS received a \$1.3 million increase in FDPIR administrative funds in FY 2009

<u>FY 2008</u> <u>FY 2009</u>

\$34.7 million \$36 million

 Funds were allocated to the regional offices based on the FDPIR funding methodology



FDPIR Funding Methodology

% of Funding	Basis	
65%	Each Region's Share of	
	Participation Averaged Over 3	
	Years	
35%	Each Region's Share of Number	
	of Programs	



FY 2009 Funding Methodology Initial Funding Allocations

Region	General Administrative	Basic Nutrition Education
Northeast	\$340,293	\$2,209
Southeast	\$527,135	\$3,688
Midwest	\$4,638,257	\$32,446
Southwest	\$10,253,232	\$71,725
Mountain Plains	\$8,974,706	\$62,781
Western	\$11,028,925	\$77,151
Total	\$35,762,548	\$250,000



FY 2009 Initial General Administrative Funding Allocations

Region	Percentage of Total General Administrative Funding		
Northeast	0.95%		
Southeast	1.47%		
Midwest	12.97%		
Southwest	28.67%		
Mountain Plains	25.10%		
Western	30.84%		
Total	100.00%		



FNS' Responses to 2008 NAFDPIR Resolutions



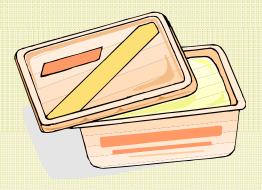


FNS' Responses to 2008 NAFDPIR Resolutions

- NAFDPIR passed six Resolutions at the 2008 annual conference
- The 2008 Resolutions were sent to Laura Castro, Chief, Policy Branch, on July 7, 2008
- FNS responded on August 25, 2008



"...NAFDPIR in the interest of favorably impacting low-income Native Americans does hereby request USDA to restore butter immediately to the food package or provide a butter substitute to give Natives a choice and not promote frying foods."





FNS' Response:

- FNS has worked with the FDPIR Food Package Review Work Group and is ready to add a light buttery spread to the food package
- A sampling of the light buttery spread is being conducted tomorrow morning



"...NAFDPIR does hereby support the creation of a waiver of dual participation status for Supplemental Security recipients in the state of California who would otherwise be income eligible to participate in FDPIR."





FNS' Response:

- FNS is unable to grant this waiver due to federal legislation
- The Social Security Act allows States to include a state-funded supplemental cash payment in monthly SSI payments in lieu of SNAP
- California has elected to provide these supplemental "cash-out" payments to SSI recipients
- The Food and Nutrition Act of 2009 denies eligibility to SSI households that receive these "cash-out" payments

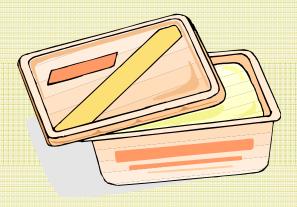


"...NAFDPIR hereby recommends that the USDA/FNS honor its trust responsibility in serving the tribes with respect; and

Be it further resolved that if the USDA/FNS dose not return the butter to the FDPIR food package based upon the dietary guidelines for Americans, that the USDA/FNS hold all nutritional food assistance programs to the same accord and eliminate all butter or butter substitute purchases from the national Food Stamp Program; and...



"...Be it further resolved that when the USDA/FNS is able to return butter to the FDPIR food package that ITOs' be aggressively allowed to begin reviewing the nutritional health benefits or risks associated with butter consumption."





FNS' Response:

- FNS has worked with the FDPIR Food Package Review Work Group and is ready to add a light buttery spread to the food package
- A sampling of the light buttery spread is being conducted tomorrow morning



"...NAFDPIR recognizes the challenges beset by FDPIR eligible households living in Alaska, who, in an effort to secure nutritional food assistance from ANTHC's FDPIR tribal partners are barred from FDPIR benefits because their Alaska PFD is counted as income or a resource which makes them ineligible for assistance; and ..."



"...Be it further resolved that FDPIR supports congressional legislation to add the state of Alaska's Permanent Fund (up to \$2,000 per individual) to the list of excluded <u>resources</u> under CFR 256.6(e)(2)(iii)."





FNS' Response:

- The Alaska Permanent Fund provides annual payments ranging from \$750 to \$1900 per citizen.
- These payments are not excluded as a resource for SNAP or FDPIR. However, Alaskan State law provides a cash supplement to make whole any loss in SNAP benefits due to these payments. No similar Alaskan State law exists for FDPIR.
- If federal legislation is passed that provides a resource exclusion for these payments under FDPIR, FNS will act promptly to implement that provision.



"...FDPIR does hereby request that additional funds and personnel be provided by USDA to ensure continued uninterrupted technical support of the Automated Inventory System (AIS)."





FNS' Response:

- AIS was previously supported by a single FNS regional office staff person with financial support provided by FNS National Office
- That staff person was realigned to the Office of Information Technology at FNS National Office
- This realignment allowed for cross training of staff on AIS and back-up, as needed, for technical support or application development activities
- AIS will continue to be supported as WBSCM is brought on board



"...the Food Package Review Committee be reconstituted in the original form and its original purpose and that its composition will be predominately made up of local FDP program personnel and nutritionists from the Indian Health Service who work at the local level."





FNS' Response:

- FDPIR Food Package Review Work Group has remained active since 2002 when it was established
- Minutes of the work group's meetings are posted at <u>http://www.fns.usda.gov/fdd/programs/fdpir/FoodPackageReview/fdpir_packagereview.htm</u>
- The work group just began a new two-year review cycle
- As part of the initiation of the new cycle, changes were made to the membership
- The work group is meeting this week



FDPIR Income Guidelines

- A household's net monthly income is determined by subtracting allowable deductions from the household's total gross monthly income
- The households' net monthly income is then compared to the <u>national net monthly income</u> <u>standards</u>
- 7 CFR 253.6(e): FDPIR net monthly income guidelines = SNAP net monthly income guidelines increased by the SNAP standard deduction



FDPIR Income Guidelines

- Both FDPIR and SNAP use a net monthly income standard based on 100 percent of the Federal Poverty Guideline
- The Federal Poverty Guidelines reflect annual income levels by household size (e.g., \$17,600 for 3-person family)
- They are updated annually by the U.S. Depart.
 of Health and Human Services (DHHS)
- FNS updates the FDPIR and SNAP income standards based on the annual DHHS updates



FDPIR Income Guidelines

Example of how the Federal Poverty
 Guidelines are used to determine the FDPIR
 Net Monthly Income Standards

Household Size	Federal Poverty Guideline	Monthly Federal Poverty Guideline	SNAP Standard Deduction	FDPIR Net Monthly Income Standard
3	\$17,600	\$1,467	\$144	\$1,611



New Training and Technical Assistance

- FDPIR Website Redesign
- Index for FNS Handbook 501
- Web Based FDPIR Certification Training



FDPIR Website Redesign



www.fns.usda.gov/fdd/programs/fdpir

- Easier to Navigate
- Enhanced Guidance



Browse by Subject

- Community Outreach
- Data & Statistics
- Financial Management
- ▶ Forms
- ▶ Food Safety
- ▶ Grants
- Nutrition Education
- ▶ Regulations & Policy
- ▶ Research
- ▶ Programs & Services

You are here: Home > FD Programs > FDPSR.

Distribution Program on Indian Reservations

The Food Distribution Program on Indian Reservations (FDPIR) is a Federal program that provides commodity foods to low-income households, including the elderly, living on Indian reservations, and to Native American families residing in designated areas near reservations and in the State of Oklahoma. [Catalogue of Federal Domestic Assistance No. 10.567.]

FDPIR Family Focus Newsletter May 2009

General Information

- About FDPIR
- Acronyms
- Commodity Complaints
- Commodity Fact Sheets
- Commodity Specifications
- FDPIR Food Package Review Workgroup Page
- FDPIR Newsletter/Publications/Recipes
- Foods Available
- Nutrition Information & Dietary Guidelines
- NutritionTalk Listsery
- Program Participation & Cost Data
- FDPIR Guidance, Policy, Regulations, & Legislation

Program Applicants and Participants

- Eligibility & How to Apply
- Income Eligibility Standards
- Monthly Distribution Guide Rates By Household Size
- Tribal/State Contacts

Tribes and State Agencies

- CIVII Rights' "And Justice For All" Posters
- Commodity Hold and Recall Procedures
- Electronic Commodity Ordering System (BCOS), PCIMS, and WBSCM Information
- FDPIR Nutrition Education Grants
- FNS Handbook & Instructions
- FNS Regional Office Contacts
- Frequently Asked Certification Questions (on Household Eligibility)
- Food Distribution Food Safety
- Food Distribution Forms, Instructions, and Data
- Income Eligibility Standards
- Monthly Distribution Guide Rates By Household Size
- FDPIR Guidance, Policy, Regulations, & Legislation

See Also

- O What's New in FDPIR.
- O PDPIR Homepage
- O FD Programs Homepage
- O FD Programs & Services
- Pood & Nutrition Service Homepage
- One Stop Commodity Food Network (CPN) Website

Other Hot Links and Resources

- O FDPIR Funding Work Group Homepage
- Pood Package Review Work Group Homepage
- O Pood Distribution Diseater
- Pood Distribution Training/PowerPoint
- USDA Food Purchase Resources
- Quick Links
- O NAPDPIR Conference Presentations
- O Tribel/State Agency
- 9 U.S. Department of Health and Human Services Report on "Obsaity and American Indians / Alaska Netioes"

For more information about FDPIR, please contact the FDPIR/ITO that administers this Program in your State.



Index to FNS Handbook 501

- FNS developed a 17-page Index for the FNS Handbook 501
- The Index was shared with the NAFDPIR Board prior to its release in May
- If you have any suggestions for changes to the Index please forward to nancy.theodore@fns.usda.gov



Web Based Certification Training

- Online PowerPoint-based training package designed for new employees and current employees that want to refresh their certification knowledge
- Includes 9 modules covering all aspects of certification and case management
- Voice-over script that guides you through the training
- Quizzes at the end of each module and a post-test
- Certificate of completion



- HOUSEHOLD CERTIFICATION TRAINING -



APPLICANT CHOICE TO PARTICIPATE IN FOPIR OR SNAP

Learning Objectives

After completing this module, learners will:

- Be able to advise households that they may choose to participate in either FDPIR or SNAP
- Understand the prohibition on household participation in FDPIR and SNAP in the same month
- Know the exceptions to the prohibition on household participation in FDPIR and SNAP in the same month
- Know the requirements on controls that must be in place to detect/prevent simultaneous participation FDPIR and SNAP
- Understand the procedures for households switching from one program to another



APPLICANT CHOICE TO PARTICIPATE IN FDPIR OR SNAP

Case Study 1

A household requests that its SNAP case be closed on September 30 because the household wants to switch to FDPIR.

The household applies for FDPIR on October 3 and the certifier verifies with the SNAP office that the household's participation was not terminated until October 2 and SNAP benefits were made available to the household on October 1.

The household would not be eligible for FDPIR in October because the household was still certified to participate in SNAP in the month of October. The FDPIR certification period would begin in November, the month after the termination of SNAP participation was effective.



Which of the following is NOT correct?

- A household that has received its FDIR benefits for the month may be eligible to receive SNAP disaster benefits later that month if the household is affected by a Presidentiallydeclared disaster.
- A household certified under SNAP but eligible to receive ZERO SNAP benefits may receive FDPIR benefits the same month.
- Households and individual household members may participate in more than one FDPIR program in the same month.
- If a household is certified to receive SNAP benefits, it is not eligible to participate in FDPIR until the month after its SNAP participation was terminated.





Web Based Certification Training

- Expected completion date Fall 2009
- Will be posted on FDPIR home page when completed
- Will be updated as policy changes occur
- We hope it will be a valuable tool in training your staff



Comments? Questions?





Nutrition & Food Package Overview

Sheldon Gordon, MS, RD, LD Nutritionist Food Distribution Division





Nutrition & Food Package Overview

- Food Package
 - Food Package Review Work Group Members
 - Improvements
 - Food Sampling
- Commodity Fact Sheets
- FDPIR Listserv
- FDPIR Nutrition Education Funding & Projects
- FDPIR New Initiatives



Food Package Review Work Group Members

NAFDPIR President

- Charles "Red" Gates Standing Rock Sioux Tribe
 FDPIR Program Directors
- MPR -Mary Greene-Trottier Spirit Lake Sioux Tribe
- SWR Roxanna Newsom Chickasaw
- Lorraine Davis Navajo Nation
- MWR Susie Roy Leech Lake Band Of Ojibwe
- WR Yunus Lakhani Southern California Tribal Chairmen's Association



Food Package Review Work Group Members (cont'd)

Center for Disease Control and Prevention (CDC)

- Susan Anderson, MS, RD, LD
 Indian Health Service (IHS)
- Kibbi Conti, MD, RD, CDE (Oglala Sioux Tribe)
 Farm Service Agency
- Sharon Hadder

Agricultural Marketing Service

Dennis Pearson

Food and Nutrition Service

- Nancy Theodore & Rosalind Cleveland
- Sheldon Gordon (Work Group Coordinator)



FDPIR Food Package Improvements

Lower Sodium Foods

- Canned Tomato Products
- Canned Dry Beans

Guide Rates

- Single Line Items
- 1-Person
 Household

New Foods

- 1% Ultra High Temperature Milk
- 2 lb Turkey Ham
- 2 lb Beef Roast
- Canned Chicken
- Fresh Tomatoes



Food Sampling

Try Something New –

- Whole Liquid Eggs (Monday morning)
- Light Buttery Spread (Monday afternoon)
- Cream of Mushroom Soup (Tuesday afternoon)



USDA Foods Fact Sheets

- New Design
- Updated Recipes
- User-Friendly
- Food Safety
- Helpful Links



TURKEY HAM, WATER ADDED

for use in the USDA Household Commodity Food Distribution Programs

11/29/07

Product Description

- Turkey Ham is made from turkey thigh meat that is boneless, frozen, and fully cooked, which allows it to be eaten right from the package if desired.
- Each turkey ham is individually wrapped and vacuum packed to seal in freshness and moisture. The wrapping should be removed before serving.
- · Each turkey ham weighs about 2 pounds.

Yield

 Each 2-lb turkey ham will yield approximately sixteen 2-oz servings.

Storage

- Keep ham frozen at 0°F or below in original container.
- Store leftover turkey ham in a non-metallic covered container and refrigerate. Use within 3 days.

Preparation

- Thaw ham in original package in the refrigerator on a plate or platter. Set on the lowest shelf away from other foods.
- Allow 3-5 hours per pound thawing time.
- For food safety reasons, do not thaw the turkey ham at room temperature.

Cooking

- TO HEAT: Remove bag or casing. Place turkey ham, thawed or frozen, in pan and cover. If frozen, cook in an oven for 3½-4 hours at 325 °F. If thawed, cook in an oven for 75-90 minutes at 325 °F.
- Cook turkey products to an internal temperature of 165 °F for 15 seconds. Judge doneness by temperature, not the color or texture of the food.



Uses and Tips

- Because this ham has been fully cooked, it can be served cold, without further cooking.
- · Serve "as is" in sandwiches or salads.
- Chop turkey ham and add to casseroles, omelets, pasta dishes, pizza topping, or soups.

Nutrition Information

calorie diet.

- <u>Turkey Ham</u> is 95% fat-free.
- 1 ounce of cooked turkey ham counts as 1 ounce-equivalent from the MyPyramid.gov Meat and Beans group.

Nutrition Facts			
Serving size 2 ounces ((57g)		
Calories 80	Fat (Cal 27	
Amount Per Serving			
		% Daily \	/alue*
Total Fat 3g			5%
Saturated Fat 1g			5%
Cholesterol 35mg			12%
Sodium 600mg			26%
Total Carbohydrate 1	g		0%
Dietary Fiber 0g			0%
Sugars 1g			
Protein 12g			
Vitamin A 0%		Vitamin C	0%
Calcium 0%		Iron 7%	
*Percent Daily Values a	are ba	ased on a 2,	000

(See recipes on reverse side)

Household Commodity Fact Sheet







TURKEY, HAM, SMOKED, WATER-ADDED, FROZEN

Date: April 2009 Code: A581

PRODUCT DESCRIPTION

 Smoked turkey ham is made from turkey thigh meat and is 95% fat-free. It is fully cooked, frozen, and individually vacuum packaged.

PACK/YIELD

 Turkey ham is packed frozen in a 2-pound package, which is about 10 servings (about 3 ounces each) of cooked turkey.

STORAGE

- Keep frozen at 0 degrees F until ready to use
- After heating, store leftover turkey ham in a covered container not made from metal in the refrigerator. Use within 2 days.
- Look at the "Best if used by" or "Best by" date on the package.
- For further guidance on how to store and maintain USDA Foods, please visit the FDD Web site at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm.

PREPARATION/COOKING

- To thaw turkey ham in the refrigerator, place wrapped turkey ham in the refrigerator on a platter or in a bowl to catch any drips or juices. Thaw overnight or for at least 10 to 12 hours.
- For safety reasons, DO NOT thaw turkey ham at room temperature.
- To heat: Remove wrapping. Place turkey ham, thawed or frozen, in a pan and cover. If frozen, cook in an oven for 3 ½ to 4 hours at 325 degrees F. If thawed, cook in an oven for 1 to 1 ½ hours at 325 degrees F.

USES AND TIPS

- Because turkey ham is fully cooked, it safe to eat without anymore cooking.
- Use sliced turkey ham in sandwiches, or slice or chop and sprinkle on top of salads.
- Use sliced or chopped turkey ham in omelets, casseroles, or on top of pizzas.
- Add chopped turkey ham to vegetable soups to make a complete meal.

NUTRITION INFORMATION

 3 ounces of turkey ham counts as 3 ounces in the MyPyramid.gov Meat, Poultry, Fish, Dry Beans, Eggs, and Nuts Group. For a 2,000calorie diet, the daily recommendation is about 5 ½ ounces. A serving is about 3 ounces.

FOOD SAFETY INFORMATION

- Keep frozen until ready to use; follow proper directions listed under Preparation/Cooking.
- DO NOT thaw turkey ham on countertops or at room temperature.

OTHER RESOURCES

- www.nutrition.gov
- www.commodityfoods.usda.gov

NUTRITIC	N FAC	TS		
Serving size: ham	3 ounces	s (85g) :	smoked turk	еу
Amount Pe	r Servin	ıg		
Calories	100	Calor	ies from Fa	t 30
			% Daily	Value*
Total Fat 3.	5g			5%
Saturated	Fat 1g			5%
Trans Fat	0g			
Cholesterol	55mg			18%
Sodium 770	lmg			32%
Total Carbol	nydrate	3g		1%
Dietary Fi	ber Og			0%
Sugars 1	g			
Protein 14g				
Vitamin A	0%		Vitamin C	0%
Calcium	0%		Iron	4%
*Percent Daily V	alues are b	ased on a	a 2,000 calorie o	liet.

Season Your Foods Without Salt



According to the 2005 Dietary Guidelines, most Americans eat more salt than their bodies need. The Dietary Guidelines recommend having less than 1 teaspoon of salt per day.

Eating too much salt can increase your risk of having high blood pressure. High blood pressure can lead to stroke, coronary heart disease, and kidney disease.

One way to reduce your risk of having high blood pressure is to reduce the amount of salt you add to your foods. Try using seasonings other than salt to prepare your food.

Tips for Using Herbs and Seasonings to Spice up Your Food

- Herbs: A little goes a long way. Use a small amount and mix the food, and then taste. You
 might not need as much as you think. When using dried herbs in a recipe that calls for fresh
 ones, use about ½ dried for the fresh herb amount.
- Herbs and other seasonings may seem to cost a lot at first. Since you are using a small amount
 at a time, you won't have to buy them often.
- Look for "no-name" brand herbs and spices. They cost less and are just as good. You may find them in supermarkets or large discount stores that sell food items.

	Common	n Seasonings
Seasoning	Foods to use it on	Tips
Basil	Pork, veal, potatoes, vegetables, rice, bread	*Basil has a sweet aroma and flavor. *Basil is a great seasoning to use with tomato products.
Garlic, fresh or powder	Any meat, fish, vegetables soups, bread, rice	Use garlic <u>powder</u> , not garlic salt.
Lemon, fresh or bottled lemon juice	Chicken, fish, vegetables	*Fresh lemon juice adds flavor that tastes like salt. *Sprinkle lemon juice on fish. *Add lemon juice to vegetables as they cook.
Onion, fresh or powder	Any meat, fish, vegetables, soups, rice	Use onion <u>powder</u> , not onion salt.
Oregano	Pork, potatoes, rice, veal, vegetables	*Oregano is often used in sauces made with tomatoes and on pizza.
Sage	Beef, chicken, turkey, pork, rice, vegetables	Sage can be used when cooking vegetables and other foods instead of pork fat.
Thyme	Beef, chicken, turkey, pork, rice, vegetables	Thyme can be used when cooking vegetables and other foods instead of pork fat.

Turn the page over for more information on salt and sodium

USDA Foods now offer low sodium canned tomato products and canned dry beans.

USDA will offer more low sodium vegetables in the future.

Questions and Answers about Table Salt and Sodium

What is table salt made of?

- Table Salt is made of **sodium** and chloride. Both are minerals, a chemical substance.
- Sodium is the part of table salt but too much may cause health problems for some people.
- Small amounts of sodium are found naturally in some foods like meat, poultry, dairy products and vegetables.

What will food labels tell you about sodium?

Nutrition Facts Label

 When reading a Nutrition Facts label on a food product, look for the sodium content. Foods that are low in sodium contain less than 140 mg per serving.

Ingredient Labels

 Labels list the ingredient that weighs the most first and the ingredient that weights the least is listed last. So look for foods where sodium or salt is near the end of the list.

What are some foods that contain sodium?

Foods don't have to taste salty to contain **sodium**. Most packaged or ready to eat foods contain some amount of **sodium**. This is important to remember when you think about your daily eating.

Sodium can be found in foods like:

- Processed Foods: canned vegetables, soups, luncheon meats, and frozen foods
- · Natural Sources: meat, poultry, dairy products, and vegetables
- · Snack Foods: juices, chips, granola bars, and popcorn
- Ketchup, mayonnaise, barbecue, soy, and tarter sauce

For more information on diet and related topics, visit these links to Federal government websites:

U. S. Department of Health & Human Services, Dietary

Guidelines for Americans: http://www.health.gov/dietaryguidelines/dga2005/document/

USDA's MyPyramid food guidance system website: http://www.mypyramid.gov

Or write to: National Agriculture Library Food and Nutrition Information Center, Nutrition.gov Staff, 10301 Baltimore Avenue Beltsville, MD 20705-2351

Nutrit Serving Size 1/2 Servings Per Co	cup (123	g)	cts
Amount Per Servino			
Calories 25		lories fro	om Fat 0
		% D	aily Value
Total Fat 0g			0%
Saturated Fat (0a		0%
Trans Fat Og			
Cholesterol 0m	a		0%
Sodium 100mg			4%
Total Carbohyo	Irate 7g		2%
Dietary Fiber 1	g		5%
Sugars 5g			
Protein 1g			
Vitamin A 10%		Vitamii	n C 25%
Calcium 2%	•	Iron 29	6
*Percent Daily Value diet. Your daily value depending on your ca	s may be hig	ther or low	
Total Fat	Less than	65g	80g
Saturated Fat Cholesterol	Less than Less than		25g 300mg
Sodium	Less than		

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4



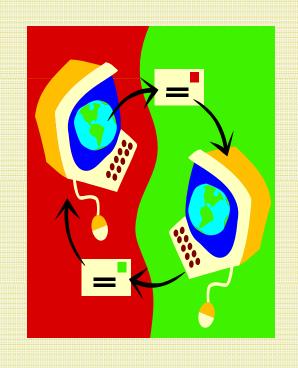
FDPIR NutritionTalk Listserv

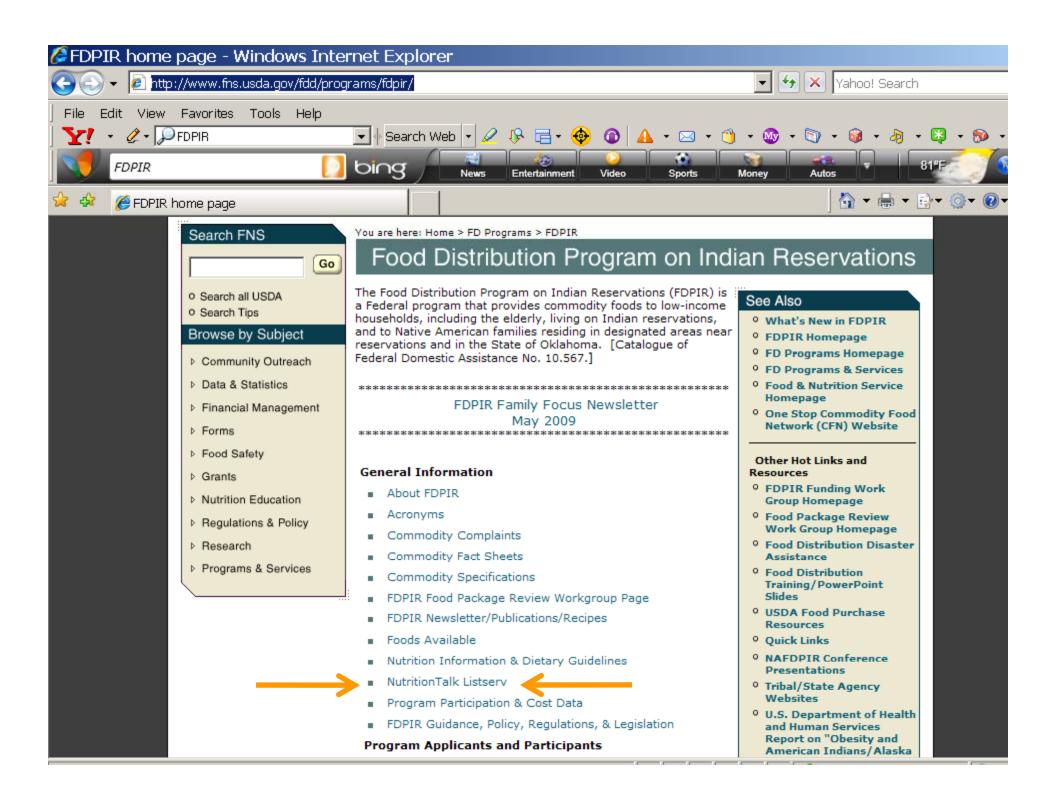


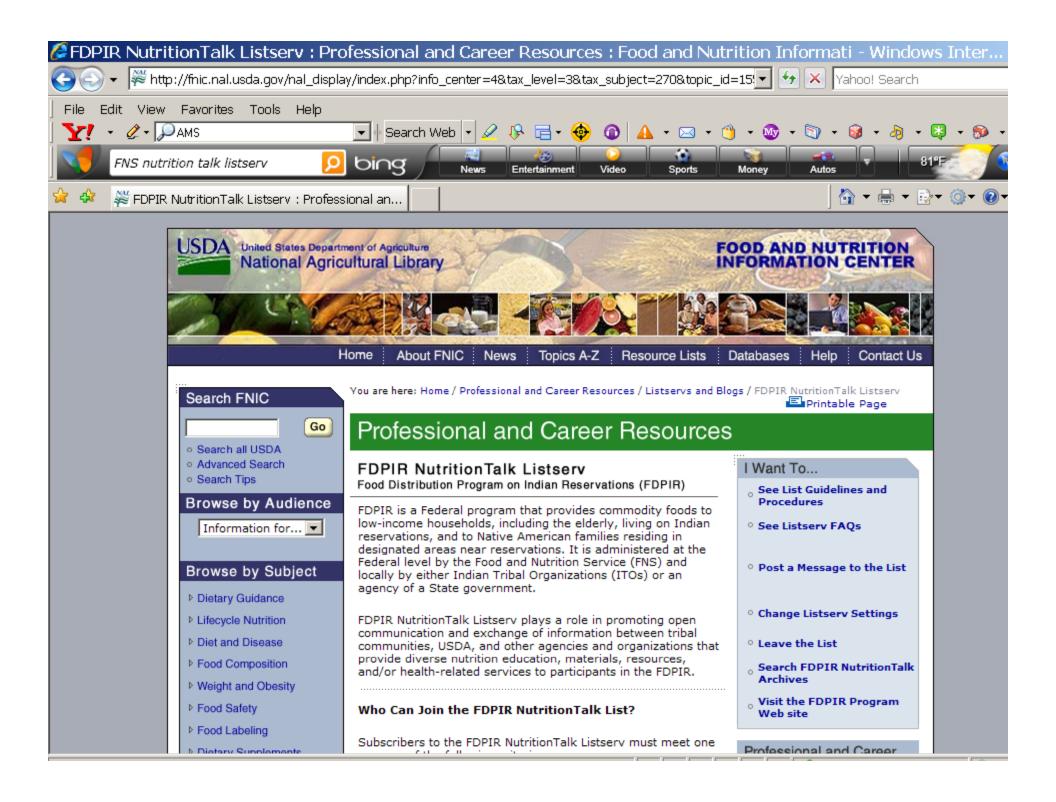


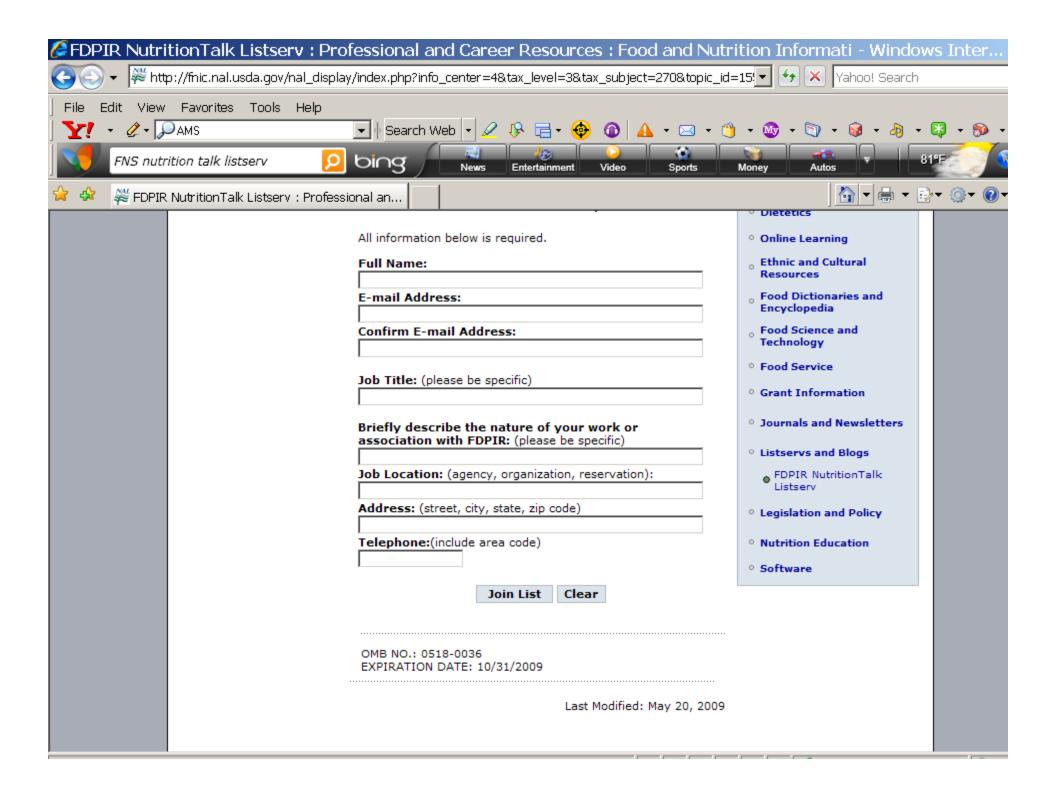
FDPIR NutritionTalk Listserv

- What is the purpose of the Listsery?
- Who may join the Listserv?
- What type of information to share?











- Began in Fiscal Year 2008
- Congress has allotted \$1 million in funding
- Goal of FDPNE
- FNS has awarded 35 different projects thus far



FDPNE Funding and Projects (cont'd)

- Who May Apply?
- Types of Funded Projects
- Application and Template
- Review Process & Award Process



FDPNE Funding and Projects (cont'd)

Funded Projects

- Gardening
- MyPyramid Promotion
- Nutrition Education
 Reinforcement Items &
 Incentives
- Health Marketing Campaigns
- Local Radio & Television Spots
- Nutrition Classes
- The Pro-rata Share of Cost of Nutrition Classes
- Physical Activity Demonstration or Promotion

Unallowable Projects

- Cultural Gatherings
- Food Purchases*
- Door Prizes & Giveaways *
- Health Screenings



FDPNE Funding and Projects (cont'd)

Organization	Project Summary
Prairie Band Potawatomi Nation	Community garden to allow members to pass on traditional garden knowledge through hands-on instruction and oral tradition; will promote healthful eating habits and physically active lifestyle.
Leech Lake Band of Ojibwe	Develop a culturally relevant MyPyramid, promote fitness through drumming and dance activities and develop nutrition resource guide that is Tribal specific. Develop Nutrition Education Guide for mass distribution; hold mini-conference for all partners, health division staff, community providers and participants on using the guide.
Menominee Indian Tribe of Wisconsin	The Menominee Tribe will promote healthy lifestyles through monthly classes on basic nutrition, food safety, sugar and sodium restricted diets, healthy cooking contests, one-on-one home visits with the elderly and community events. Focus is on cultural relevance. They will also develop a garden project that is multigenerational and develop culturally based activities for FDPIR.

Organization	Project Summary
Nevada State Food Distribution program	The State proposes to deliver a nutrition program called "PRIDE" (Personal Responsibility Incorporating Diet and Exercise) Improve overall health of FDPIR participants by adopting healthy eating habits and increasing physical activity.
Seminole Nation Food Distribution Program	Proposes to provide cooking classes, classes on MyPyramid, food safety and meal prep using commodity foods. Proposes to incorporate physical activity by taking 10 minute walks prior to classes.
Sherwood Valley Food Programs	Project will focus on increasing nutrition knowledge by providing printed material available through the resource guide (developed with 2008 funds) to 400 individuals. Foster positive lifestyle changes by promoting regional tribal governments to formally adopt policy that supports nutrition education in their communities.

Organization	Project Summary
Lummi Indian Business Council	Provide nutrition education demonstrations to youth and their families at events involving sports and physical activities to include meals, healthy recipes, information on DGA & MyPyramid, recipe cards, and traditional cooks from the community. Will address and encourage healthier eating habits.
Mountain Plains Regional Nutrition Advisory Committee - Various States and Cities	Provide health promotion activities via nutrition fairs focusing on health assessment, health education, a 5K run/walk physical activity, and a motivational speaker.
Zuni Food Distribution Program	Program will provide nutrition education classes, food safety instructions, proper food storage, and food/recipe preparations. Zuni language will be incorporated by elders during nutrition education focused on consuming fruits & vegetables and whole grain products.

Organization	Project Summary
Acoma Food Distribution Program	Propose to offer several classes focusing on traditional preparation of fruits, vegetables and grains. Will also offer a Food Handlers class and PM fitness walks. Classes and activities will be videotaped.
Alaska Native Tribal Health Consortium	The Tribe will develop a series of nutrition education video-teleconferences for the distance delivery of culturally relevant nutrition education to FDPIR participants at 12 reservations throughout a vast region of Alaska. Nutrition education sessions will focus on increasing fruit and vegetables, low-fat dairy products, and whole grains in the diet and promoting daily physical activity. Project staff will work with tribal governments and schools to facilitate the video-teleconference sessions and conduct outreach to recruit an estimated 400 participants.
Confederated Salish & Kootenai Tribes	To implement the <i>Eating Wisely</i> project that will focus on teaching participants how to produce affordable meals with commodities and other foods that are specified in the Request for Proposal. FDPIR participants and FDPIR eligible youth and senior citizens are the target audience. They will also expand their community gardens and provide sessions on food preparation, food safety and food preservation. Increasing physical activity will be addressed through the implementation of Native American games.

Organization	Project Summary
South Puget Intertribal Planning Agency	Propose to implement the "Living Strong Project" using the three domains of interconnecting indigenous well-being: Belief systems and practices; helping each other and group belonging. FDPIR eligible mothers, children and senior citizens are the target audience. Participants will learn about including fruits and vegetables and low-fat or fatfree milk products in the diet while decreasing salt intake. Monthly sessions will be provided; physical activity will be a component of the monthly sessions.
Lac du Flambeau (representing the Midwestern Nutrition Advisory Committee)	This Consortium of 23 ITOs will develop a culturally relevant calendar and nutrition guide for FY 2010 that highlights Native American culture while stressing the importance of fruits and vegetables, whole grains, low-fat and fat-free milk products, and decreasing consumption of salt. The calendar and guide will also address physical activity through tailored messages. They will also conduct activities that address the increase of regular physical activity. Each ITO will receive educational videos that will be show at food distribution centers. Another project goal is to increase awareness of the nutritional content of fast foods. ITOs will receive fast food models to display in waiting areas of food distribution centers and booklets to distribute to participants.
Chippewa Cree	Will partner with Cooperative Extension service to conduct the <i>Nutrition for Life Project</i> . Propose to create and broadcast 30 2-minute radio spots that will provide nutrition education and physical activity messages to FDPIR participants. The ITO will also promote increased consumption of garden vegetables through development of a community garden, conduct training sessions on canning and food preservation, set up a <i>Nutrition for Life</i> booth at a local health fair, and provide <i>Nutrition for Life</i> nutrition plans for selected FDPIR participants.



New Initiatives for FDPIR

- FDPIR Recipe Book
- Nutrition Education Materials DVDs
- Juice in 64 oz Plastic Bottles
- Lowering Sodium in USDA Foods
- FDPIR Newsletter
 - Family Focus
 - What's New in FDPIR



Comments? Questions?

For further information, please contact:



Akua White, MS, RD 703-305-2705

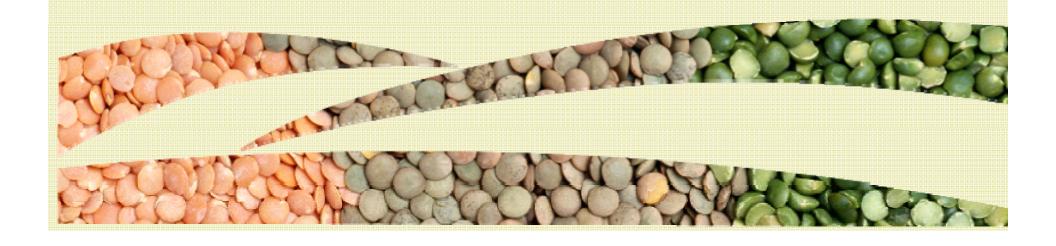
Sheldon Gordon, MS, RD, LD 703-305-1126

Akua.White@fns.usda.gov Sheldon.Gordon@fns.usda.gov



USDA Foods & Warehouse Updates

Patti Schock
Operations Branch
Food Distribution Division





Comments? Questions?





Janice Fitzgerald and Todd Griffith Systems Branch Food Distribution Division





Agenda

- When Will the Change Occur?
- Where Can I Get More Information?
 - What is Staying the Same?
 - What is Changing?
 - Ordering Impact
 - How does the WBSCM Function?
 - Questions & Answers



What Does It Mean?

- W = WEB
- B = BASED
- S = SUPPLY
- C = CHAIN
- M = MANAGEMENT
- WBSCM is being developed to combine USDA's current systems ECOS & PCIMS
- 5 Agencies involved in the development process:
 - FNS Domestic Feeding Programs
 - AMS Group A Procurement Group
 - FSA Group B Procurement Group
 - FAS International
 - USAID International



When Will the Change Occur?

- December 31, 2009 Target "Go Live" Date
 - Pre- Planning Activities
 - Testing (beginning September)
 - Training
 - Provided by Regional Offices (beginning October/November)
- On Line Training (access via FDD's web site & ECOS)
- WBSCM Information (available on FDD's web site & ECOS)
 - Newsletters
 - Simulations
 - Terminology

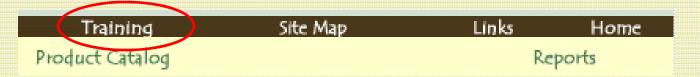


Where Can I Get More Information?

- Website Posting ECOS
 - https://ecos.usda.gov/
 - ECOS Training link bottom of page

For Your Reference | ECOS Training | Site Map | Links | Home | Contact Us

Training link in Header (Top, Right of Page)



- Website Posting FDD
- http://www.fns.usda.gov/fdd/WBSCM/default.htm



WBS(M) What's Staying the Same?

- **Delivery Schedule**
- **Catalogue Ordering**
- **Order Placement Driven by Delivery Date**
- Order Window (7 to 30 days)
- Access to information regarding inbound shipments
- **Manage non-Delivery Dates**
- Manage users & their roles at your location
- Current Users will be transferred to WBSCM



- Web site to access
- E-Authentication
- Material Number in place of current Commodity Code (A/B code)
- **Material Description will be clearer**
- ITO identifier (e.g.; 540 OK Chickasaw) 540 will be replaced with a **WBSCM** generated number like 1035747
- Delivery entity codes (e.g., 4-47055 Ardmore) will be replaced with a WBSCM generated number like 4582147
- Familiar Requisition Number to Sales Order, Line Item



 Multi-food requisitions must be placed by Friday December 11th

ECOS cut-off December 15th

WBSCM expected to be available by January 7th

Deliveries begin January 19th



Ordering

Cust Subj	· To: 800 :omer Nu ect: · Refere:	umber: 8	009942 ennsylvania	a Dept.	of Agricult	ure			Total Net Price: Freight:	336,400.00 0.00	USD
Your	Descrip	tion:									
Defa	ult Deli	very Setti	ngs For Ite	ms							
Deliv	er To:		3100147: S	H FB O	F LEHIGH V	ALLEY 8	, ALLENTOWN,	PA		▼ □	
	Jested [for Iter	ms –	04/28/2009 Quantity	Unit	Program	Sub- Area	Description	User Status	Requested Delivery Date	Total Price Unit Price	
Date	for Iter	ms · L'		Unit	Program CSFP		LAMB RST	Status			
Date	for Iter	Product	Quantity	Unit		Area Multi-	LAMB RST 38-42 LB CTN - COMB	Status	Delivery Date	Unit Price 80,500.00 USD	



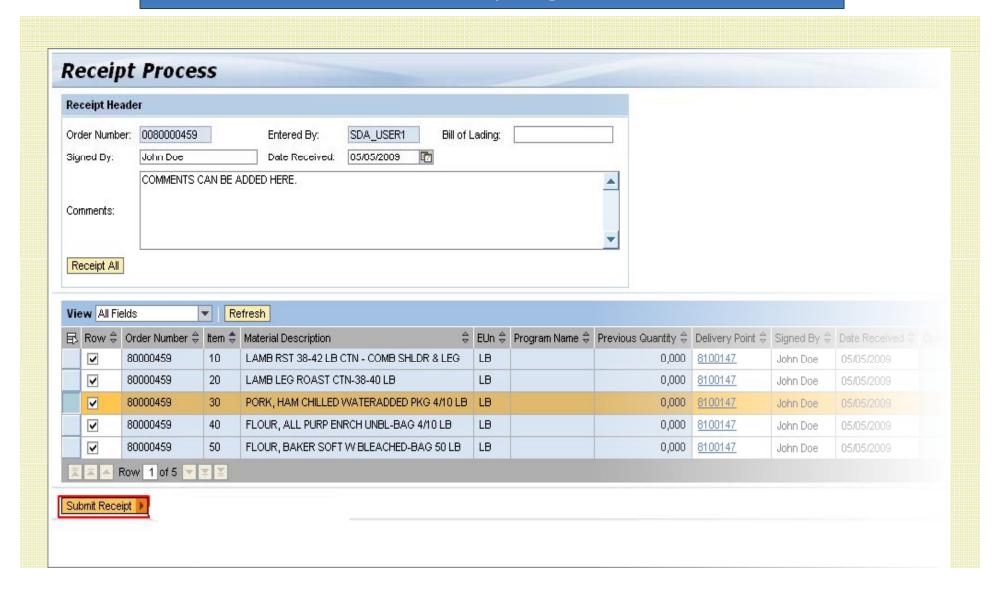
Ordering





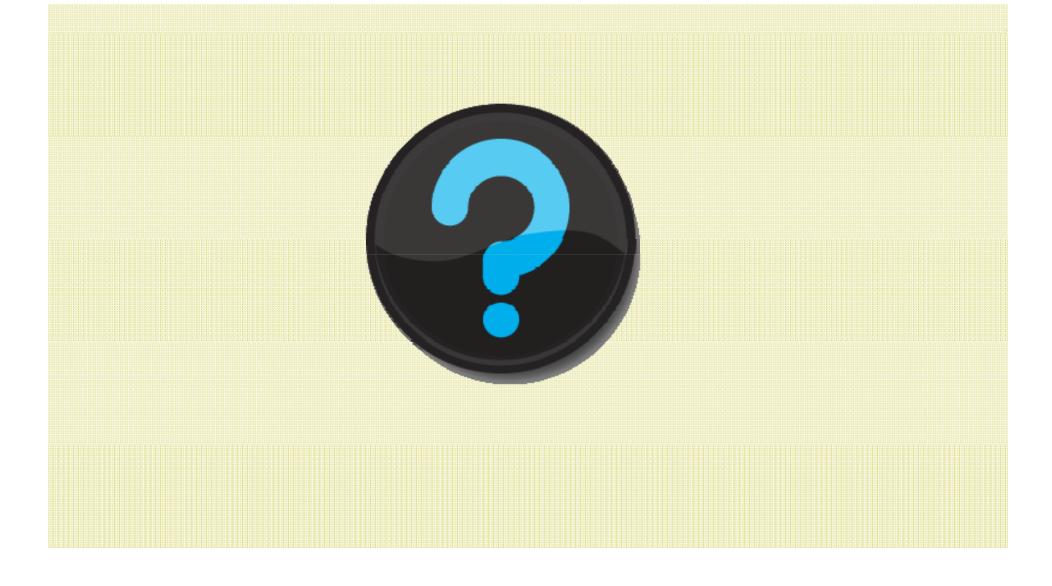
How does it Function?

Receipting



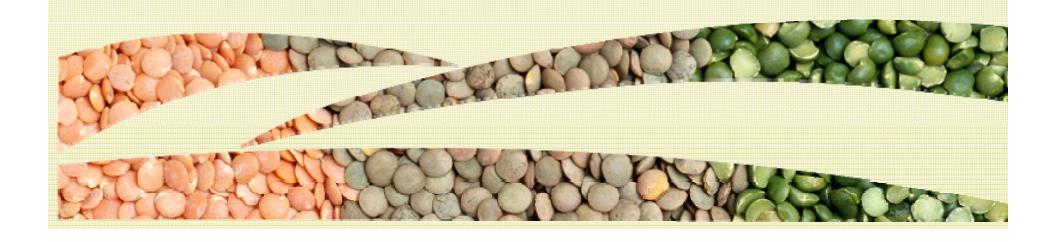


Comments? Questions?





Doug Friesen
National AIS Manager
Office of Information Technology









The first implementation of AIS was in 1993 - 16 years ago.

<u>AIS</u> replaced the <u>IMS</u> - "Inventory Management System" which functioned in the 1980's.



In the last 16 years AIS has seen many significant renovations including items such as:

- Tailgate support
- Networking
- Electronic 152 reporting
- 32 bit Windows compatibility
- AIS Data Maintenance module
- · AIS E152 Module
- Conversion to graphical display mode
- Barcode support



What are some future plans for AIS?

- Tailgate to be redesigned
- Completion of graphical conversion
- Elimination of 3.5" diskettes
- · Enhance historical activity tracking
- Compatibility with Federal system revisions



What suggestions does AIS have for users?

1. Do your backups





AIS Suggestions continued...

- 2. Eliminate 3.5" disk use
- 3. Eliminate CD-RW use
- 4. Migrate to use of USB flash drives
- 5. Replace Windows 98 or 2000 with XP
- 6. Don't go Windows Vista if networking locally





AIS Update 07.2009 includes:

- Buttery Spread
- Correction of case size amounts for B423 Rotini
- Correction of case size amounts for B833 Rice Cereal
- Retrieval of households by any member ID
- Tailgates can be prepared in advance
- · Warehouses can now modify the default case size
- Invoices will no longer print the entire ID security item
- AIS will remind you of the last date you did a backup

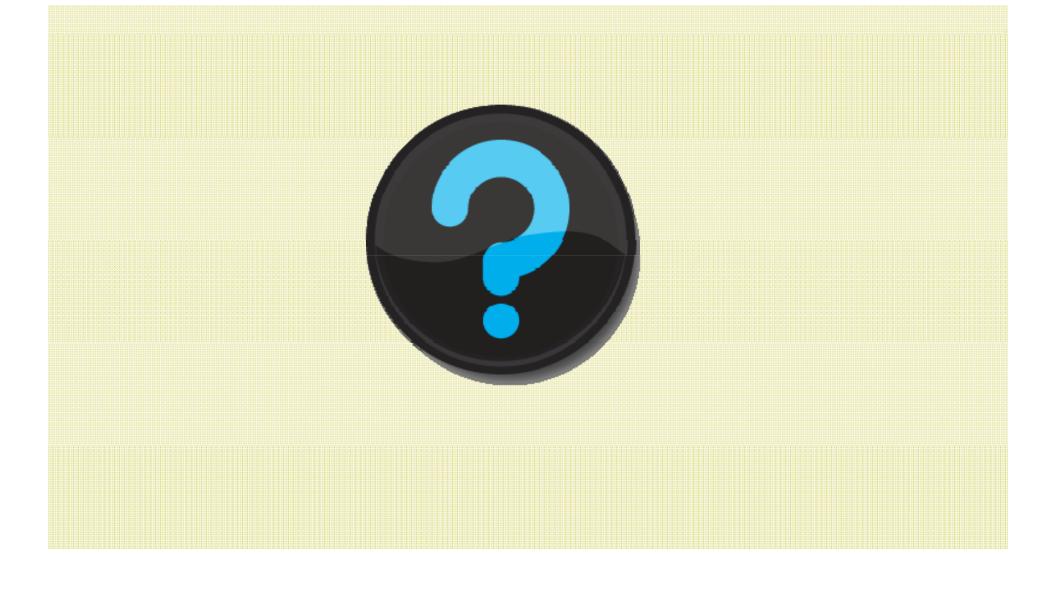


AIS Questions/Consultations:

I planned to be here all week but due to special family circumstances I have to leave Tuesday morning.

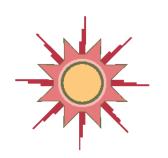


Comments? Questions?





Urban Institute Study of Tribal Food Assistance: FDPIR and SNAP



UI: Kenneth Finegold, Nancy Pindus,

Diane Levy, Tess Tannehill

SSI: Walter Hillabrant

2007-2009







Study Objectives Compare



- 1. Eligibility in FDPIR and SNAP/FSP
- 2. Participation in FDPIR and SNAP/FSP
- 3. Administration of FDPIR and SNAP/FSP
- 4. Food security, nutrition, & nutrition-related health conditions







Methods



- Teleconferences with national & regional USDA administrators
- Teleconferences with NAFDPIR leadership
- Site visits to 7 FDPIRs
- Microsimulation model of U.S. transfer programs and taxes







Site Visits



- Lower Brule Sioux (Crow Creek Sioux), South Dakota, Mountain Plains Region
- Chickasaw Nation (Choctaw Nation),
 Oklahoma, Southwest Region
- Fond du Lac Band of Lake Superior Chippewa (Mille Lacs Band of Ojibwe), Minnesota, Midwest Region
- Sherwood Valley Band of Pomo Indians, California, Western Region







Findings-1



- Eligibility differences in income, assets, (ABAWDs), and service areas
- Participation
 - Ease in enrollment
 - Milieu/cultural compatibility
 - Choice in food selection and access to stores
 - Home delivery
 - Stigma
 - Advantages for the elderly







Findings-2



• Program Administration

- Program Structure
- Commodity Distribution
- Nutrition and Health
 - Coordination with Other Health and Nutrition Services





Conclusions and Policy Implications

- Significant progress achieved
- Access still a problem in Indian country
- Increased tribal promotion of health & nutrition
- Food delivery options
- Tribal administration of SNAP/FSP
- Equipment needs









Comments?

Questions?

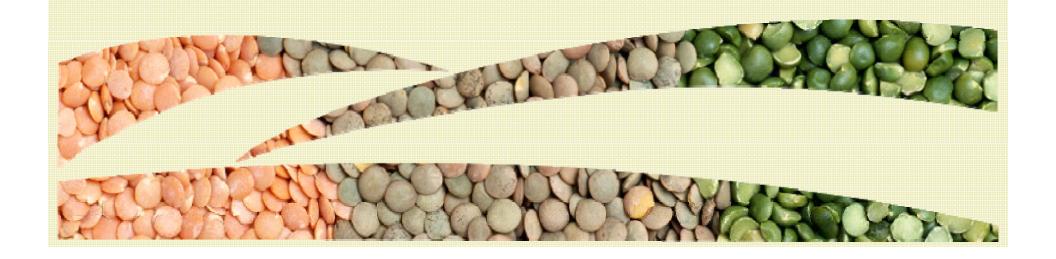






Policy & Regulations Update

Dana Rasmussen
Policy Branch
Food Distribution Division





Policy Update

New FDPIR Policy Memoranda:

Date	Number	Subject
8/1/08	FD-077	Cancellation of PM FD-021 and FD-068
8/21/08	FD-078	Rounding Procedures
12/10/08	FD-082	Responsibilities for pursuing and making final determination on claims for food losses



Policy Update

Date	Number	Subject
4/7/09	FD-087	Income exclusion for one-time \$250 ARRA payment to recipients of Social Security, Supplemental Security Income, Railroad Retirement Benefits, and Veterans Disability Compensation or Pension Benefits
4/21/09	FD-088	Reimbursement of intra-state transportation costs to ship USDA foods during a disaster



Regulations Update

Resource Final Rule Coming Soon!

- Conform FDPIR resource standard limits to Food Stamp Program:
 - \$3,000 for all households with at least one elderly or disabled member;
 - \$2,000 for all other households;
 - Annual adjustments for inflation starting FY 2009 (tied to increases in the Consumer Price Index)



Regulations Update

Coming Soon!

Resource Final Rule

- Add resource exclusion of \$1,500 for a prepaid funeral arrangement for each household member
- Allow households that have all elderly and/or disabled members to be certified for up to 24 months



Regulations Update

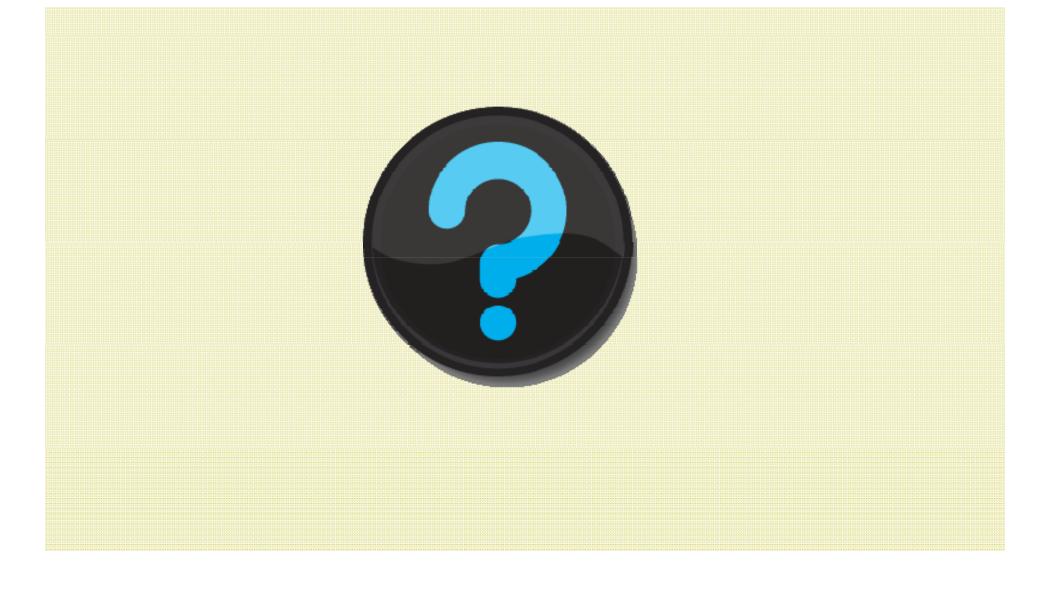
Proposed Farm Bill Rule

 Pay Received by Military Personnel as a Result of Deployment to a Combat Zone

 Removal of Dollar Limit on Dependent Care Deduction



Comments? Questions?







for inviting us

Enjoy your conference!