

# Your SNAP Benefits Are Going Up!

## Why are my benefits going up?

- There is a new law called the American Recovery and Reinvestment Act of 2009. You might have heard it called the **stimulus package**.
- Because of the law, you get more Supplemental Nutrition Assistance Program (SNAP) benefits. **SNAP is the new name for the Food Stamp Program**. SNAP may have a different name where you live.



## How can I use the extra benefits?

- Use your extra benefits to **buy food** at your grocery store.
- In some places, SNAP also offers **nutrition education** to help you and your family learn to choose healthy food on a budget and be more active.



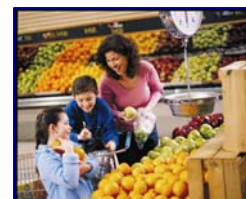
## How do I get the extra benefits?

- You get the extra benefits starting **April 2009**.
- The extra benefits will be **added automatically** to your EBT card. You do not have to do anything.



## How much extra do I get?

- Some households with 1 or 2 people who get the minimum benefit of \$14 a month may get \$16 a month starting in April. Others may get more.
- **Look at the table** below to see how much more you may get each month.
- For example: If there are 3 people in your household and right now you get \$250 each month, then in April, you would get \$313 each month. ( $\$250 + \$63 = \$313$ )



People in Household	Increase
1	+ \$24
2	+ \$44
3	+ \$63
4	+ \$80
5	+ \$95
6	+ \$114
7	+ \$126
8	+ \$144
Each extra person	+ \$18

*Note: This chart shows the additional amount most households in the lower 48 States and the District of Columbia will receive. Hawaii, Alaska, Guam, and the Virgin Islands have different tables.*

