

CMH Children's Mental Health Quarterly

Spring 2008



IN THIS ISSUE:

- [Legislature approves funding for Statewide Wraparound Project Manager](#)
- [OFSN promotes meaningful family involvement](#)
- [Behavior support model Collaborative Problem Solving gets raves in NW](#)
- [OAR treatment requirements](#)
- [DHS/AMH seeks SAMHSA grant to improve children's care network](#)
- [Governor releases framework to build statewide early childhood system](#)

Children's System Advisory Committee (CSAC)

Children's System Advisory Committee (CSAC) meets the fourth Thursday of each month. For additional information call Family Partner Specialist, Judy Rinkin at 503-947-5525 or e-mail her at Judy.Rinkin@state.or.us.

Children's Mental Health Day

Children's Mental Health Day is coming up on Thursday May 8, 2008 mark your calendars.

For additional information call Oregon Family Support Network (OFSN) at 1-800-323-8521.

Legislature approves funding for Statewide Children's Wraparound Project Manager

In February the Legislature approved funding \$350,000 to hire a project manager to form and lead an Implementation Team for the Statewide Children's Wraparound Initiative. DHS will issue an RFP to fill the position.

A steering committee was created by executive order in March 2007 to develop a strategic plan for children that face a variety of behavioral health needs in Oregon. It delivered its final report and recommendations to Gov. Ted Kulongoski in December.

The committee recommended establishing a team to implement priority issues in the report, and to work toward adoption of the Wraparound Initiative all over the state. This implementation team would be accountable to the governor and responsible for:

- Analyzing agency funding for services to target population
- Completing a market assessment and information system assessment
- Defining outcome/performance measures;
- Making recommendations for creating an integrated Management Information System;
- Developing a protocol for moving agency funds into a blended funding pool;
- Analyzing administrative rules and statutes; and
- Identifying criteria for community readiness.

Work must be finished in time for the 2009 Legislature.

OFSN Promotes Meaningful Family Involvement

The Oregon Family Support Network received a contract in 2004 to develop and deliver the training *Families and Professionals as Policy Partners*. The 12th training was just completed in Grants Pass; 14 family members and six professionals attended. To date

CPMS Data on DHS/AMH Website

CPMS enrollments across service types effective Dec. 31, 2007 are available for viewing at <http://www.oregon.gov/DHS/mentalhealth/child-mh-soc-in-plan-rp/12ending2007dec.pdf>

Who are you going to call? Current MHO/CMHP Contact List on website.

For questions about services and supports for children, youth, and families in your community, use this updated list to find your contact from a Mental Health Organization (MHO) or Community Mental Health Program (CMHP). You'll find it at:

<http://www.oregon.gov/DHS/mentalhealth/child-mh-soc-in-plan-grp/cmhp-contacts.pdf>

Contact us

*Oregon Department of Human Services
Addictions and Mental Health
500 Summer Street NE
Salem, OR 97301-1099
503-945-7821
Janet Zeyen-Hall
janet.l.zeyen-hall@state.or.us*

more than 40 professionals and 80 family members have attended the day-long seminar. Currently trainings are being planned for the northwest and eastern sections of the state. To focus on youth-guided services, *The Youth and Professionals as Policy Partners* was developed and delivered in 2007. The first training was held in The Dalles and will be delivered next in the Clackamas area.

Family Navigators, a new program through a contract with Oregon Family Support Network, has been developed to assist family members in their navigation through a complicated system of care for their children or youth. Three areas in Oregon will be piloting the Program.

Another ongoing program for meaningful family involvement is the *Family Leaders in Policy Options*. Family mental health leaders throughout Oregon are brought together quarterly to learn about new policies, opportunities, or programs. They can share information or bring questions forward to members of the children's team. This is also a time of networking and sharing with other family members, a very valuable tool as family members partner with others to bring "meaningful family involvement" to Oregon.

For details contact Judy Rinkin at judy.rinkin@state.or.us or 503-947-5525.

Behavior support model Collaborative Problem Solving gets raves in NW

The Collaborative Problem Solving model is effective in reducing the use of seclusion and restraint on children in treatment. It was developed at Massachusetts Children's Hospital by Harvard professors Ross Greene and Stuart Ablon and has earned an enthusiastic reception in Oregon.

In November, AMH, the Emanuel Hospital Child and Adolescent Behavioral Health Unit and the nine MHOs in Oregon sponsored a two-day intensive training seminar on the Collaborative Problem Solving model. The 330 participants who attended the conference represented multiple child serving agencies in their communities -- the target audience for developing Systems of Care throughout the state.

In February, staff members from the Oregon Youth Authority, AMH, education, and child welfare agencies met to begin implementation of the model in Oregon.

OAR treatment requirements

Oregon administrative rules require that providers of intensive community-based treatment and support services (ICTS) and intensive treatment services (ITS) must have written policies and procedures that describe their behavioral interventions and practices.

ICTS providers are also required to have a behavior support plan listing individualized strategies and techniques used by the family and providers to bring about positive behavioral changes in the child.

There is a move under way to share information about factors that contribute to a child or adolescent's difficulty in managing his or her own behavior and to identify what models of care or interventions provide support to these children.

In recent months a multidisciplinary change team has looked at interventions. Their focus is on trauma-sensitive interventions that take neuro-developmental issues into consideration. These issues often affect early brain development and result in a child having difficulty managing his or her behavior.

For additional information contact Rita McMillan @ Rita.L.McMillan@state.or.us

DHS/AMH seeks SAMHSA grant to improve children's care network

The Children's Treatment System of the Oregon Department of Human Services Addictions and Mental Health Division has applied for a \$9 million, six-year federal grant to upgrade services and integrate the system of care among children's agencies statewide.

The Child Mental Health Initiative Cooperative Agreement grant is from the federal Substance Abuse Mental Health Services Administration. It would bring to life many of the recommendations in the Governor's 2007 Statewide Children's Wraparound Initiative. States receiving a grant will be notified by fall 2008.

DHS entered a memorandum of agreement with Oregon's Commission on Children and Families, Department of Education, Youth Authority, and Family Support Network. The application was endorsed by Oregon Health & Sciences University and the Native American Rehabilitation Association Northwest (NARA-NW).

Governor Releases Framework to Build Statewide Early Childhood System

With family, health and child advocates from across the state, Gov. Ted Kulongoski convened Oregon's first-ever summit on early childhood on March 20. The goal is to create a system which ensures that every Oregon child is safe, healthy and ready for school. "We know what we need to do, we have the research and expertise to help guide us, and we have all of you here today," Gov. Kulongoski said to more than 300 participants. "Many steps are still before us, but with this framework we will be able to work in concert, from our shared vision to a fully integrated system that will help every Oregon child reach his or her full potential."

[Early childhood matters](#) is the Governor's framework for a statewide birth-through-five early childhood system. Stakeholders at the community, local and state levels helped to develop the framework. It is a common set of strategies that will help to generate specific public policy ideas for the Governor and the state Legislature. In brief, the components of the framework are:

Heath matters: Promote physical, social and emotional development and improve access to community-based health and behavioral health services.

Family matters: Strengthen services that support parents and family safety and stability.

Early learning matters: Ensure that high-quality early care and education settings are affordable and accessible for all.

The summit was sponsored by the National Governor's Association (NGA). Which supports governors who are working on school readiness. Oregon was one of ten states awarded a NGA grant to conduct an early childhood summit.

A copy of the framework can be found at
http://governor.oregon.gov/Gov/pdf/early_childhood_matters.pdf