

Poison Prevention Tips - Adults

Follow the tips below and prevent poisonings.

Household and Chemical Products

- ▶ Keep potential poisons in their original containers.
- ▶ DO NOT use food containers such as cups or bottles to store household and chemical products.
- ▶ Store food and household and chemical products in separate areas. Mistaken identity could cause a serious poisoning.
- ▶ Read and follow the directions and caution labels on household and chemical products before using them.
- ▶ Never mix household and chemical products together. A poisonous gas may be created when mixing chemicals.
- ▶ Turn on fans and open windows when using household and chemical products.
- ▶ When spraying household and chemical products, make sure the spray nozzle is directed away from your face and other people.
- ▶ Wear protective clothing--long sleeve shirts, long pants, socks, shoes and gloves--when spraying pesticides and other chemicals. Pesticides can be absorbed through the skin and can be extremely poisonous.
- ▶ Stay away from areas that have recently been sprayed.
- ▶ Never sniff containers to discover what is inside.
- ▶ Discard old or outdated household and chemical products. First aid instructions on product containers may be incorrect or outdated.
- ▶ Call if an exposure occurs.

Keep the telephone number **1-800-222-1222** on or near your telephone.

Medicine

- ▶ Read and follow the directions and warnings on the label before taking any medicine. If you have any questions about the intended use of your medicine, contact your doctor.
- ▶ Some medicines are dangerous when mixed with alcohol. Consult your doctor or pharmacist.
- ▶ Be aware of potential drug interactions. Some medicines interact dangerously with food or with other medicines. Your doctor should be made aware of all medicines, prescription or over-the-counter, you are currently taking.
- ▶ Talk to your doctor before taking any natural or herbal supplements.
- ▶ Never take medicines in the dark.
- ▶ Old and outdated medicines should be flushed down the toilet.
- ▶ Some medications can become dangerous or ineffective over time.
- ▶ Never share prescription medicines. Medicines should be taken by the person prescribed and for the reason prescribed.

If you have a poisoning emergency call **1-800-222-1222**.