You're working on your metabolism.



Is your multivitamin?



Introducing New One-A-Day WeightSmart.

Starting in your 30s, your metabolism slows down and you can gain weight. Now One-A-Day WeightSmart is the first and only complete multivitamin with EGCG, a natural green tea extract that enhances your metabolism to help while you work to control your weight. When you do your part by eating right and exercising, One-A-Day WeightSmart can help.



The multivitamin with more for your health.

