

(i) Multiple vitamins:

| <b>Supplement Facts</b>                                 |                    |               |
|---|--------------------|---------------|
| Serving Size 1 Tablet                                   |                    |               |
|   | Amount Per Serving | % Daily Value |
| Vitamin A (as retinyl acetate and 50% as beta-carotene) | 5000 IU            | 100%          |
| Vitamin C (as ascorbic acid)                            | 60 mg              | 100%          |
| Vitamin D (as cholecalciferol)                          | 400 IU             | 100%          |
| Vitamin E (as dl-alpha tocopheryl acetate)              | 30 IU              | 100%          |
| Thiamin (as thiamin mononitrate)                        | 15 mg              | 100%          |
| Riboflavin  | 1.7 mg             | 100%          |
| Niacin (as niacinamide)                                 | 20 mg              | 100%          |
| Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)    | 2.0 mg             | 100%          |
| Folate (as folic acid)                                  | 400 mcg            | 100%          |
| Vitamin B <sub>12</sub> (as cyanocobalamin)             | 6 mcg              | 100%          |
| Biotin  | 30 mcg             | 10%           |
| Pantothenic Acid (as calcium pantothenate)              | 10 mg              | 100%          |

Other ingredients: Gelatin, lactose, magnesium stearate, microcrystalline cellulose, FD&C Yellow No. 6, propylene glycol, propylparaben, and sodium benzoate.

(ii) Multiple vitamins for children and adults:

| <b>Supplement Facts</b>          |         |   |  |
|----------------------------------|---------|---|--|
| Serving Size 1 Tablet            |         |   |  |
| Amount Per Serving               |         | % Daily Value for Children Under 4 Years of Age | % Daily Value for Adults and Children 4 or more Years of Age |
| Calories                         | 5       |   |  |
| Total Carbohydrate               | 1 g     | †   | < 1%*  |
| Sugars                           | 1 g     | †   | †  |
| Vitamin A (50% as beta-carotene) | 2500 IU | 100%  | 50%  |
| Vitamin C                        | 40 mg   | 100%  | 67%  |
| Vitamin D                        | 400 IU  | 100%  | 100%   |
| Vitamin E                        | 15 IU   | 150%  | 50%  |
| Thiamin                          | 1.1 mg  | 157%  | 73%  |
| Riboflavin                       | 1.2 mg  | 150%  | 71%  |
| Niacin                           | 14 mg   | 156%  | 70%  |
| Vitamin B <sub>6</sub>           | 1.1 mg  | 157%  | 55%  |
| Folate                           | 300 mcg | 150%  | 75%  |
| Vitamin B <sub>12</sub>          | 5 mcg   | 167%  | 83%  |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Sucrose, sodium ascorbate, stearic acid, gelatin, maltodextrins, artificial flavors, dl-alpha tocopheryl acetate, niacinamide, magnesium stearate, Yellow 6, artificial colors, stearic acid, palmitic acid, pyridoxine hydrochloride, thiamin mononitrate, vitamin A acetate, beta-carotene, folic acid, cholecalciferol, and cyanocobalamin.

(iii) Multiple vitamins in packets:

| <b>Supplement Facts</b>   |               |      |               |      |
|---------------------------|---------------|------|---------------|------|
| Serving Size 1 Packet     |               |      |               |      |
| Servings Per Container 10 |               |      |               |      |
| Amount Per Serving        | AM Packet     |      | PM Packet     |      |
|                           | % Daily Value |      | % Daily Value |      |
| Vitamin A                 | 2500 IU       | 50%  | 2500 IU       | 50%  |
| Vitamin C                 | 60 mg         | 100% | 60 mg         | 100% |
| Vitamin D                 | 400 IU        | 100% |               |      |
| Vitamin E                 | 30 IU         | 100% |               |      |
| Thiamin                   | 1.5 mg        | 100% | 1.5 mg        | 100% |
| Riboflavin                | 1.7 mg        | 100% | 1.7 mg        | 100% |
| Niacin                    | 20 mg         | 100% | 20 mg         | 100% |
| Vitamin B <sub>6</sub>    | 2.0 mg        | 100% | 2.0 mg        | 100% |
| Folic Acid                | 200 mcg       | 50%  | 200 mcg       | 50%  |
| Vitamin B <sub>12</sub>   | 3 mcg         | 50%  | 3 mcg         | 50%  |
| Biotin                    |               |      | 30 mcg        | 10%  |
| Pantothenic Acid          | 5 mg          | 50%  | 5 mg          | 50%  |

Ingredients: Sodium ascorbate, ascorbic acid, calcium pantothenate, niacinamide, dl-alpha tocopheryl acetate, microcrystalline cellulose, artificial flavors, dextrin, starch, mono- and diglycerides, vitamin A acetate, magnesium stearate, gelatin, FD&C Blue #1, FD&C Red #3, artificial colors, thiamin mononitrate, pyridoxine hydrochloride, citric acid, lactose, sorbic acid, tricalcium phosphate, sodium benzoate, sodium caseinate, methylparaben, potassium sorbate, BHA, BHT, ergocalciferol and cyanocobalamin.

(iv) Dietary supplement containing dietary ingredient with and without RDI's and DRV's:

| <b>Supplement Facts</b> |         |               |
|-------------------------|---------|---------------|
| Serving Size 1 Capsule  |         |               |
| Amount Per Capsule      |         | % Daily Value |
| Calories                | 20      |               |
| Calories from Fat       | 20      |               |
| Total Fat               | 2 g     | 3%*           |
| Saturated Fat           | 0.5 g   | 3%*           |
| Polyunsaturated Fat     | 1 g     | †             |
| Monounsaturated Fat     | 0.5 g   | †             |
| Vitamin A               | 4250 IU | 85%           |
| Vitamin D               | 425 IU  | 106%          |
| Omega-3 fatty acids     | 0.5 g   | †             |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Ingredients: Cod liver oil, gelatin, water, and glycerin.

(v) A proprietary blend of dietary ingredients:

| <b>Supplement Facts</b>                           |                     |               |
|---|---------------------|---------------|
| Serving Size 1 tsp (3 g) (makes 8 fl oz prepared) |                     |               |
| Servings Per Container 24                         |                     |               |
|   | Amount Per Teaspoon | % Daily Value |
| Calories  | 10                  |               |
| Total Carbohydrate                                | 2 g                 | < 1%*         |
| Sugars  | 2 g                 | †             |
| Proprietary blend                                 | 0.7 g               |               |
| German Chamomile (flower)                         |                     | †             |
| Hyssop (leaves)                                   |                     | †             |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Fructose, lactose, starch, and stearic acid.

(vi) Dietary supplement of an herb

| <b>Supplement Facts</b>           |          |
|-----------------------------------|----------|
| Serving Size 1 Capsule            |          |
| Amount Per Capsule                |          |
| Oriental Ginseng, powdered (root) | 250 mcg* |
| * Daily Value not established.    |          |

Other ingredients: Gelatin, water, and glycerin.

(vii) Dietary supplement of amino acids:

| <b>Supplement Facts</b>                          |         |
|--|---------|
| Serving Size 1 Tablet                            |         |
| Amount Per Tablet                                |         |
| Calories   | 15      |
| Isoleucine (as L-isoleucine hydrochloride)       | 450 mg* |
| Leucine (as L-leucine hydrochloride)             | 620 mg* |
| Lysine (as L-lysine hydrochloride)               | 500 mg* |
| Methionine (as L-methionine hydrochloride)       | 350 mg* |
| Cystine (as L-cystine hydrochloride)             | 200 mg* |
| Phenylalanine (as L-phenylalanine hydrochloride) | 220 mg* |
| Tyrosine (as L-tyrosine hydrochloride)           | 900 mg* |
| Threonine (as L-threonine hydrochloride)         | 300 mg* |
| Valine (as L-valine hydrochloride)               | 650 mg* |
| * Daily Value not established.                   |         |

Other ingredients: Cellulose, lactose, and magnesium stearate.

BILLING CODE 4190-01-C

(11) If space is not adequate to list the required information as shown in the sample labels in paragraph (e)(10) of this section, the list may be split and

continued to the right as long as the headings are repeated. The list to the right shall be set off by a line that distinguishes it and sets it apart from

the dietary ingredients and percent of Daily Value information given to the left. The following sample label illustrates this display:

# Supplement Facts

Serving Size 1 Packet

| Amount Per Packet                                    |          | % Daily Value |      |
|--|----------|---------------|------|
| Vitamin A (from cod liver oil)                       | 5,000 IU | 100%          |      |
| Vitamin C (as ascorbic acid)                         | 250 mg   | 417%          |      |
| Vitamin D (as ergocalciferol)                        | 400 IU   | 100%          |      |
| Vitamin E (as d-alpha tocopherol)                    | 150 IU   | 500%          |      |
| Thiamin (as thiamin mononitrate)                     | 75 mg    | 5000%         |      |
| Riboflavin   | 75 mg    | 4412%         |      |
| Niacin (as niacinamide)                              | 75 mg    | 375%          |      |
| Vitamin B <sub>6</sub> (as pyridoxine hydrochloride) | 75 mg    | 3750%         |      |
| Folic Acid   | 400 mcg  | 100%          |      |
| Vitamin B <sub>12</sub> (as cyanocobalamin)          | 100 mcg  | 1667%         |      |
| Biotin   | 100 mcg  | 33%           |      |
| Pantothenic Acid (as calcium pantothenate)           | 75 mg    | 750%          |      |
| Calcium (from oystershell)                           | 100 mg   | 10%           |      |
| Iron (as ferrous fumarate)                           | 10 mg    | 56%           |      |
| Iodine (from kelp)                                   | 150 mcg  | 100%          |      |
| Magnesium (as magnesium oxide)                       | 60 mg    | 15%           |      |
| Amount Per Packet                                    |          | % Daily Value |      |
| Zinc (as zinc oxide)                                 | 15 mg    |               | 100% |
| Selenium (as sodium selenate)                        | 25 mcg   |               | 36%  |
| Copper (as cupric oxide)                             | 1 mg     |               | 50%  |
| Manganese (as manganese sulfate)                     | 5 mg     |               | 250% |
| Chromium (as chromium chloride)                      | 50 mcg   |               | 42%  |
| Molybdenum (as sodium molybdate)                     | 50 mcg   |               | 67%  |
| Potassium (as potassium chloride)                    | 10 mg    |               | < 1% |
| Choline (as choline chloride)                        |          | 100 mg        | *    |
| Betaine (as betaine hydrochloride)                   |          | 25 mg         | *    |
| Glutamic Acid (as L-glutamic acid)                   |          | 25 mg         | *    |
| Inositol (as inositol monophosphate)                 |          | 75 mg         | *    |
| <i>para</i> -Aminobenzoic acid                       |          | 30 mg         | *    |
| Deoxyribonucleic acid                                |          | 50 mg         | *    |
| Boron  |          | 500 mcg       | *    |

\* Daily Value not established

Other ingredients: Cellulose, stearic acid and silica.