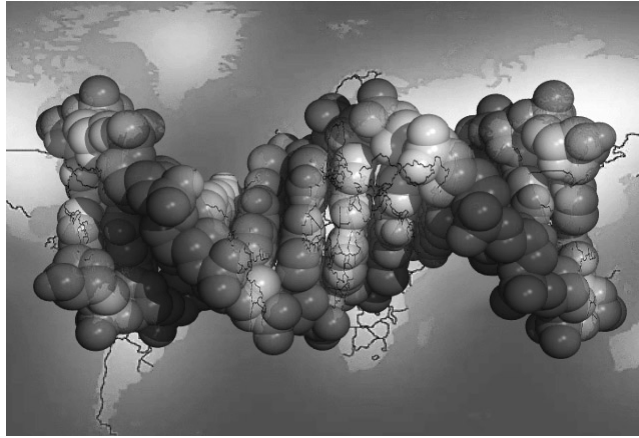# Population Genetics: Practical Applications

Lynn B. Jorde
Department of Human Genetics
University of Utah School of Medicine

Overview

- Patterns of human genetic variation
  - Among populations
  - Among individuals

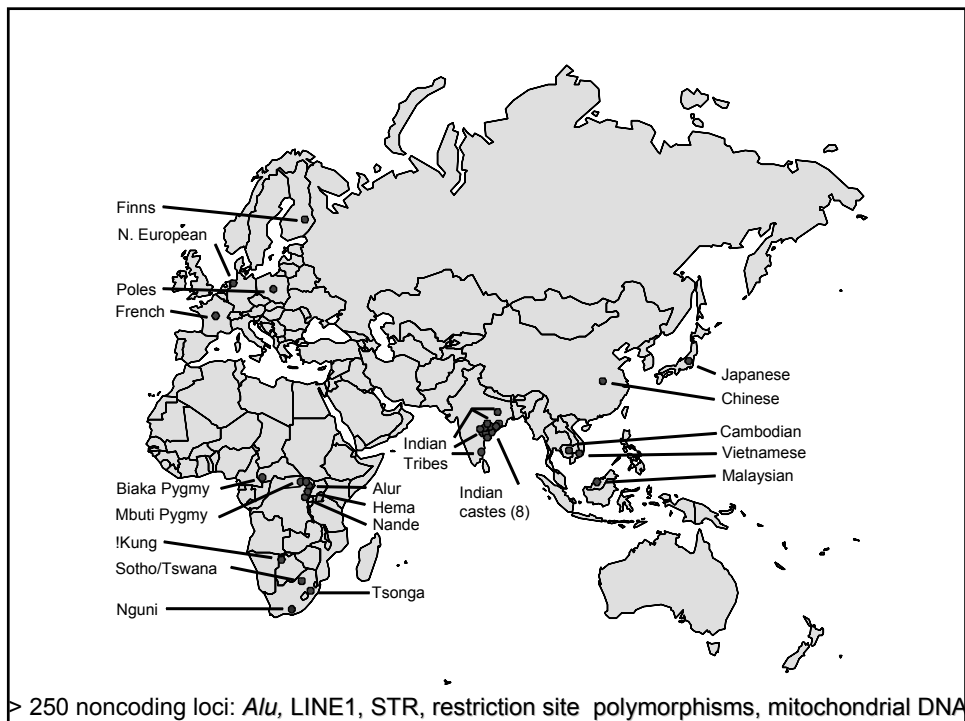- "Race" and its biomedical implications

- Linkage disequilibrium, the HapMap, and the search for complex disease genes

Mutation and Genetic Variation

Mutation rate is 2.5 x 10-8 per bp per generation: we transmit 75-100 new DNA variants with each gamete

"The capacity to blunder slightly is the real marvel of DNA. Without this special attribute, we would still be anaerobic bacteria and there would be no music."

- Lewis Thomas

Finns
N. European
Poles
French
Japanese
Chinese
Cambodian
Vietnamese
Malaysian
Indian
Tribes
Biaka Pygmy
Alur
Indian
castes (8)
Mbuti Pygmy
Hema
Nande
!Kung
Sotho/Tswana
Tsonga
Nguni

> 250 noncoding loci: *Alu,* LINE1, STR, restriction site polymorphisms, mitochondrial DNA

Allele frequencies in populations

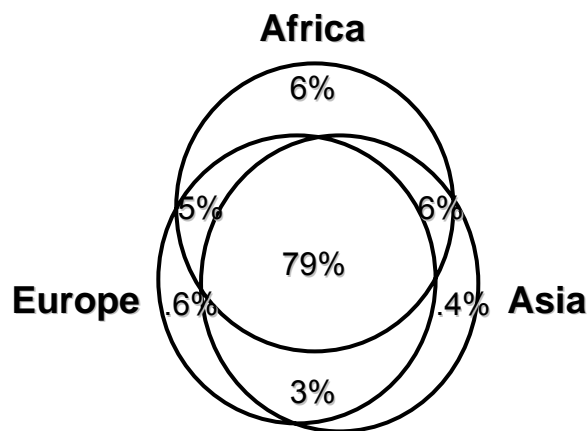| Population	SNP 1	SNP 2	SNP 3
1	0.588	0.890	0.880
2	0.671	0.559	0.528
3	0.792	0.790	0.828

1/1000 bp varies between a pair of individuals: how is this variation distributed between continents?

$$F_{ST} = \left.\frac{\sum_{i}^{N}(p_{ik} - \overline{p}_k)^2}{2\overline{p}_k(1-\overline{p}_k)}\right/ N \quad = \quad \frac{H_T - \overline{H}_S}{H_T}$$

	60 STRPs	30 RSPs	100 Alus	75 L1s
Between individuals, within continents	90%	87%	86%	88%
Between continents (F_{ST})	10%	13%	14%	12%

Jorde et al., 2000, *Am. J. Hum. Genet.* 66: 979-88

Most genetic variants are shared among populations:

7,742 SNPs >.05 in ENCODE database

Africa
6%
5% 6%
79%
Europe .6% .4% **Asia**
3%

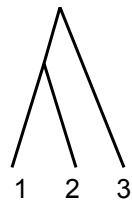# A simple genetic distance measure

$$D_{ij} = |p_i - p_j|$$

D_{ij} is the genetic distance between populations i and j; p_i and p_j are the allele frequencies of a SNP in populations i and j.

Pop.	SNP 1	SNP 2	SNP 3
1	0.588	0.890	0.880
2	0.671	0.559	0.528
3	0.792	0.790	0.828

$D_{12} = |0.588 - 0.671| = 0.083$ (avg. over all SNPs)

Building a population network

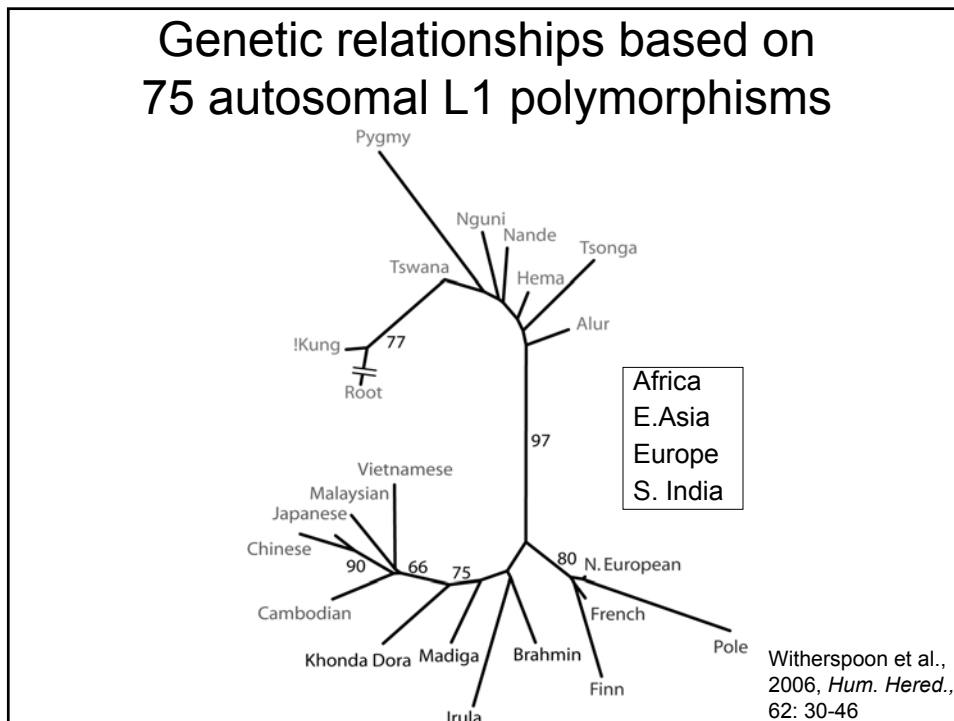| Pop.	SNP 1
1	0.588
2	0.671
3	0.792

1   2   3

$$|p_1 - p_2| \quad | p_3 - (p_1 + p_2)/2 |$$

Genetic relationships based on 100 autosomal *Alu* polymorphisms

Biaka Pygmy

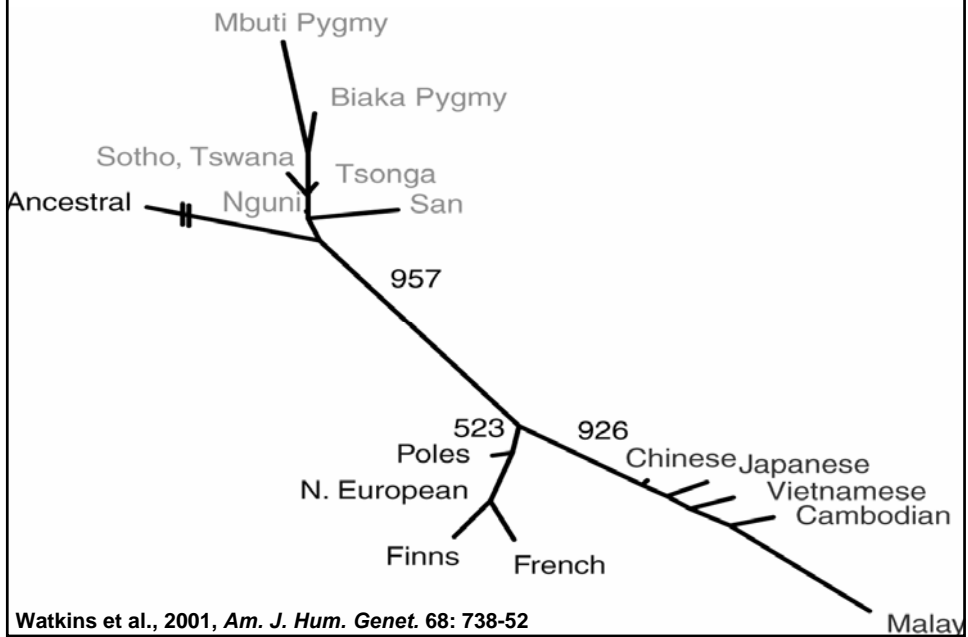Mbuti Pygmy 2

Nguni

Alur

Nande

Tsonga

Hema

Ancestral

San   Mbuti Pygmy

Sotho, Tswana

Bootstrap support levels

(100)

Upper castes
Middle castes
Lower castes

Finns (97)

Tribals

Poles (97)

N. European   French

Vietnamese

Cambodian

Chinese

Malay   Japanese

Africa
Asia
Europe
S. India

Watkins et al., 2003, *Genome Research* 13: 1607-18
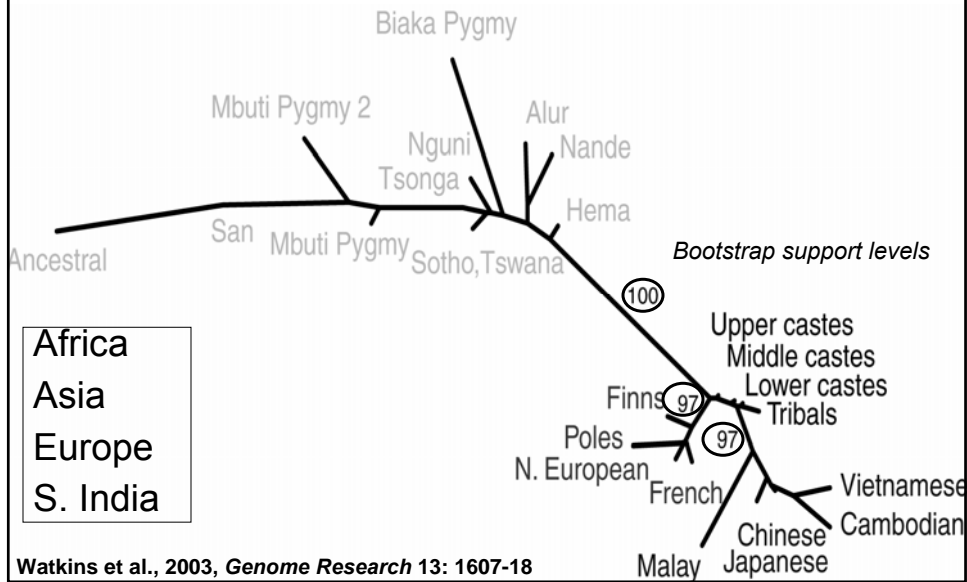
Genetic relationships based on 75 autosomal L1 polymorphisms

Pygmy

Nguni   Nande   Tsonga

Tswana   Hema

!Kung   77   Alur

Root

97

Vietnamese

Malaysian

Japanese

Chinese

90   66   75   80   N. European

Cambodian

French

Khonda Dora   Madiga   Brahmin   Pole

Finn

Irula

Africa
E.Asia
Europe
S. India

Witherspoon et al.,
2006, *Hum. Hered.,*
62: 30-46

6

45 Autosomal STRs

Watkins et al., 2005, *Ann. Hum. Genet.* 69: 680-92

Rooted RSP Tree (30 loci)

Watkins et al., 2001, *Am. J. Hum. Genet.* 68: 738-52

Mitochondrial DNA (HVS1)

Jorde et al., 1998, *BioEssays*

11,078 SNPs

African
E. Asian
European
S. Asian
S. Pacific
Native American

Data from Shriver et al., 2005,
Hum. Genomics 2: 81-9

Tishkoff and Kidd, 2004, *Nat. Genet*. 36: S21-S27

525,910 SNPs

396 copy number variants (CNVs)

Jakobsson et al., 2008, *Nature* 451: 998-1003

Recent African origin of anatomically modern humans

adapted from Hedges, 2000, Nature 408: 652-3
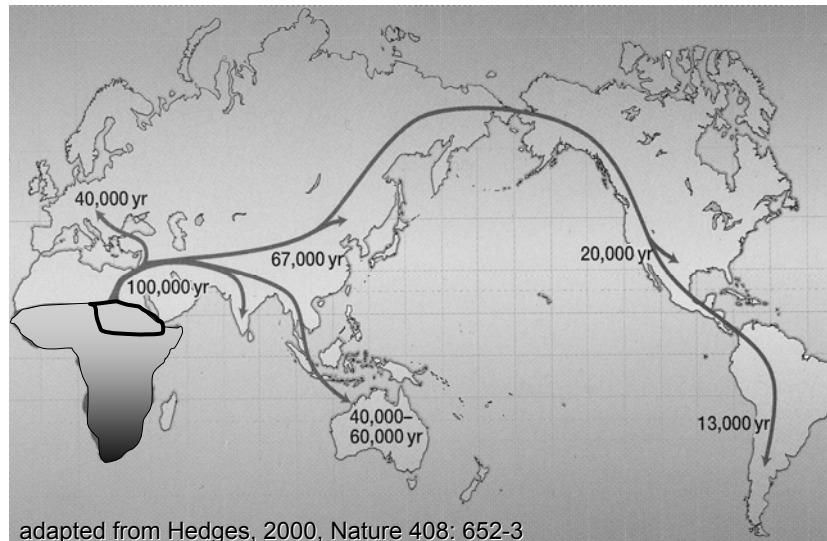
"Race" and genetic variation among individuals (and why does race matter?)

- Prevalence of many diseases varies by population (hypertension, prostate cancer)
- Some common disease-predisposing variants vary among populations
  - Clotting Factor V Leiden variant: 5% of Europeans, < 1% of Africans and Asians
- Responses to some drugs may vary among populations
  - African-Americans may be, on average, less responsive to ACE inhibitors, beta-blockers for lowering blood pressure
- Race is commonly used to design forensic databases (e.g., "Caucasian", African-American, Hispanic)

Recent comments on race

"'Race' is biologically meaningless"
   -- Schwartz, 2001, *N. Engl. J. Med.*

"I am a racially profiling doctor"
   -- Satel, May 5, 2002, *New York Times*

"These [genetic] data also show that any two individuals within a particular population are as different genetically as any two people selected from any two populations in the world."
   -- American Anthropological Association, 1997

Tabulation of DNA sequence differences among individuals
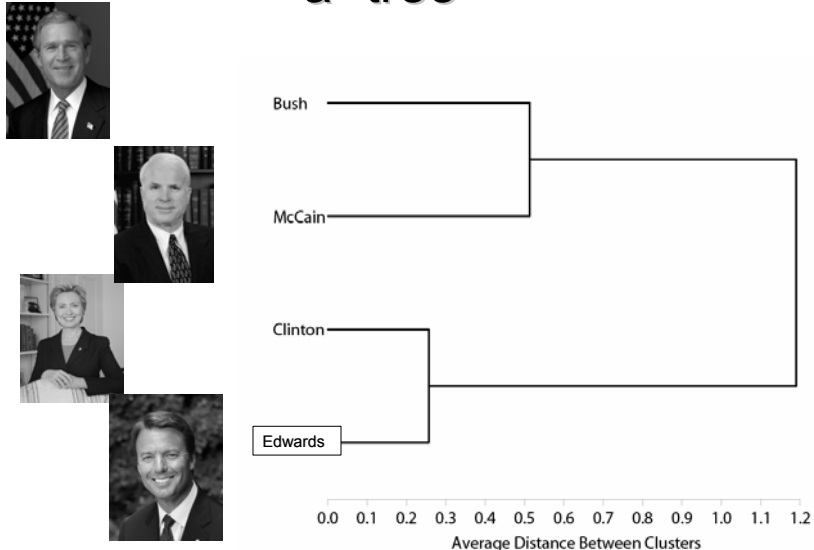
TTGCAGCTCTCC
TTGCAGCTCTCC
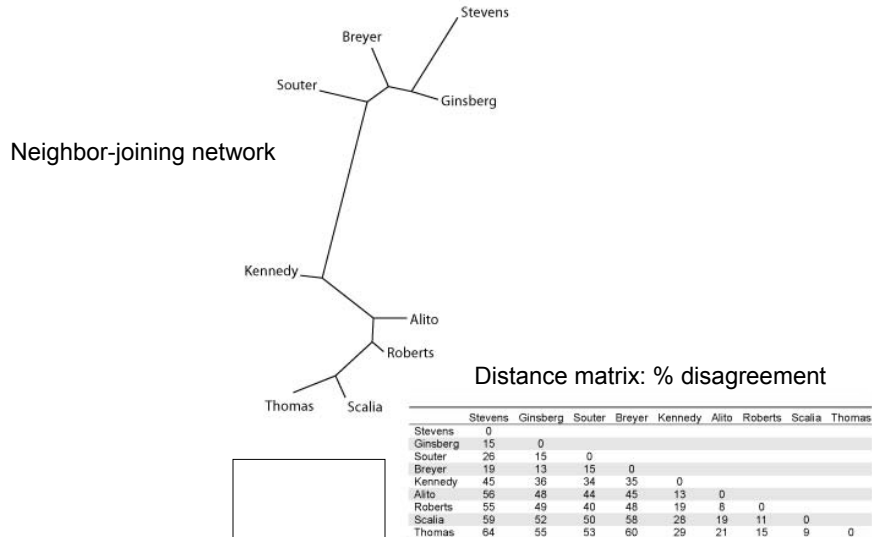
TTGCAGCTCTCC
ATGCAGCTCTCG

ATGCAGCTCTCG
ATGCTGCTCTCG

ATGCTGCTCTCG
ATGCTGCTCTCG

	Bush	McCain	Clinton	Edwards
Bush	0	.	.	.
McCain	2	0	.	.
Clinton	5	3	0	.
Edwards	6	4	1	0

DNA differences can be summarized in a "tree"

Bush
McCain
Clinton
Edwards

0.0 0.1 0.2 0.3 0.4 0.5 0.6 0.7 0.8 0.9 1.0 1.1 1.2
Average Distance Between Clusters

A distance matrix based on Supreme Court decisions

Neighbor-joining network

Stevens
Breyer
Souter
Ginsberg
Kennedy
Alito
Roberts
Thomas Scalia

Distance matrix: % disagreement

	Stevens	Ginsberg	Souter	Breyer	Kennedy	Alito	Roberts	Scalia	Thomas
Stevens	0								
Ginsberg	15	0							
Souter	26	15	0						
Breyer	19	13	15	0					
Kennedy	45	36	34	35	0				
Alito	56	48	44	45	13	0			
Roberts	55	49	40	48	19	8	0		
Scalia	59	52	50	58	28	19	11	0	
Thomas	64	55	53	60	29	21	15	9	0

Thanks to: Steve Guthery, MD

12

**Individual network: 14 kb sequence in angiotensinogen gene**
Jorde and Wooding, 2004, *Nat. Genet.,* 36: S28-S33

Asia
Europe
Africa
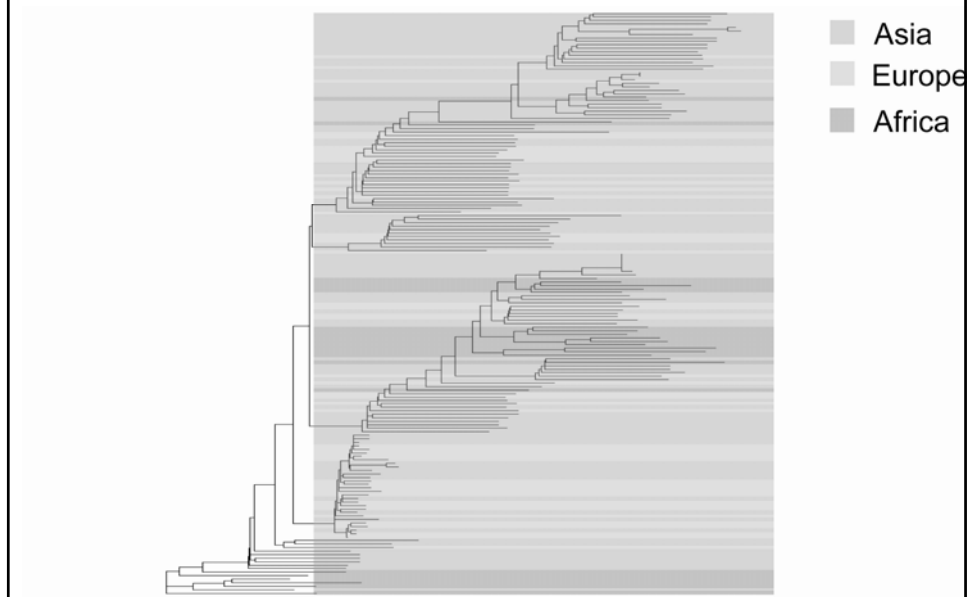
"It may be doubted whether any character can be named which is distinctive of a race and is constant."

-- Charles Darwin, 1871, *The Descent of Man, and Selection in Relation to Sex*

**Individual Network: 190 *Alu*, STR, and Restriction Site
Polymorphisms Combined** (Jorde and Wooding, 2004, *Nat. Genet*. 36: S28-S33)

Asia

Europe

Africa

Height

♀   ♂

55   60   65   70   75   80

Height +
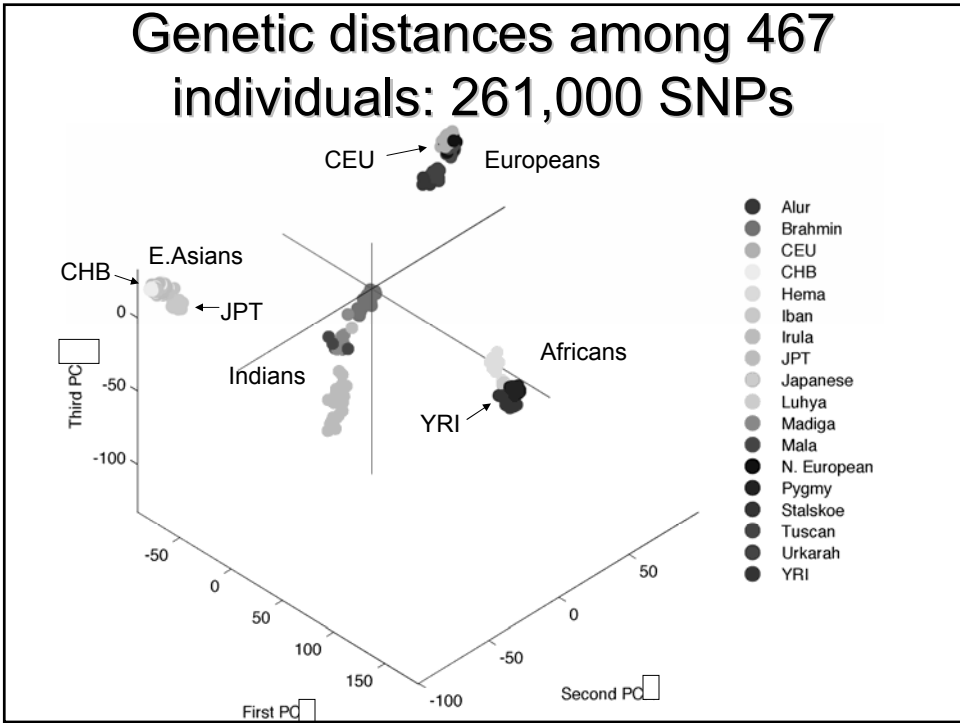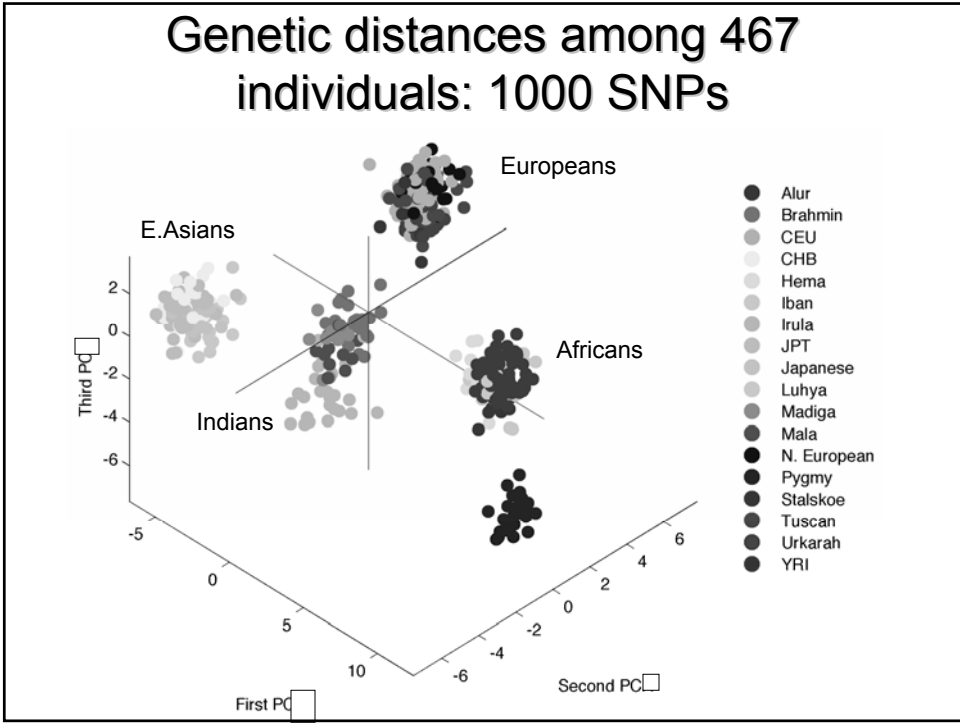
waist/hip

ratio

♀   ♂
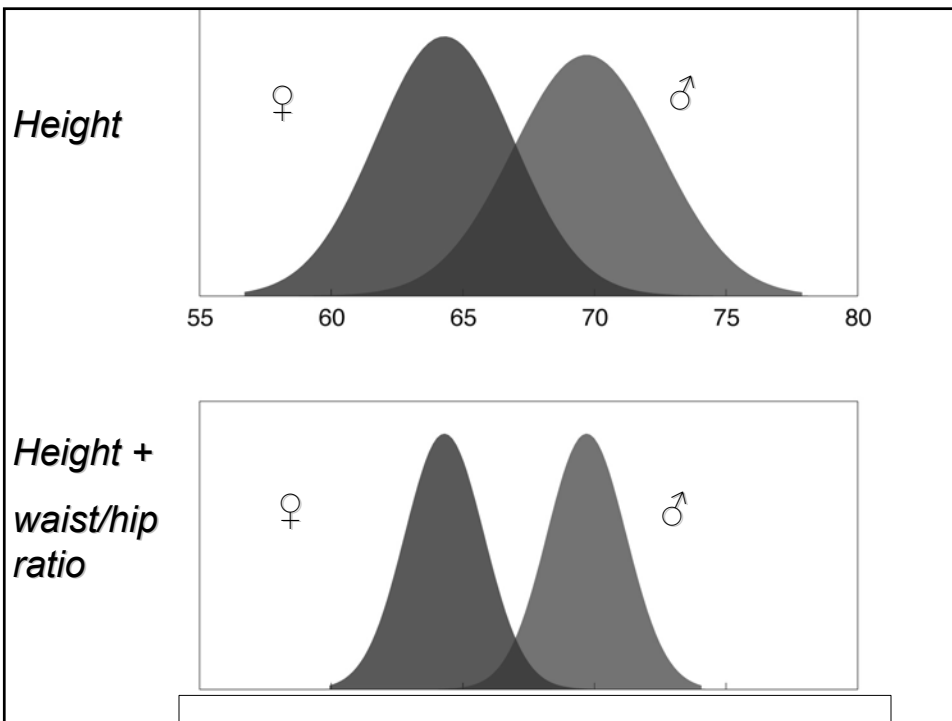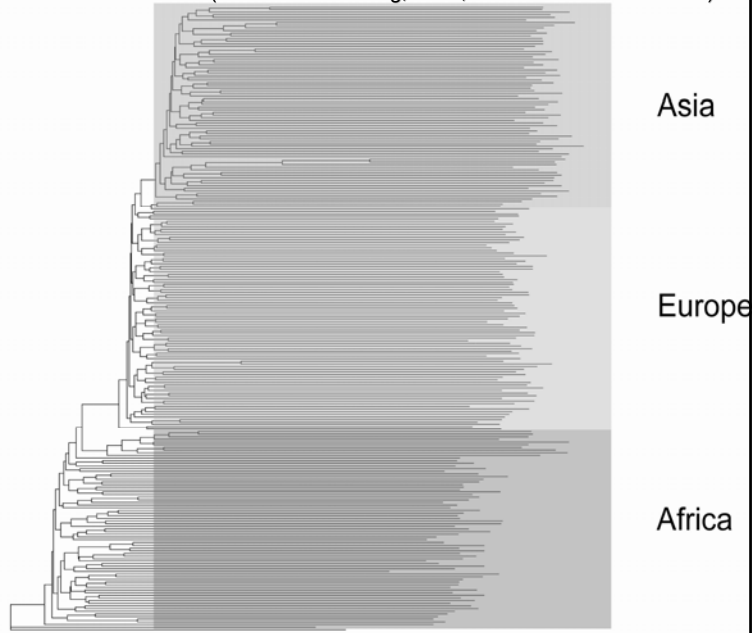
Genetic distances (principal components analysis) among 467 individuals: 10 SNPs
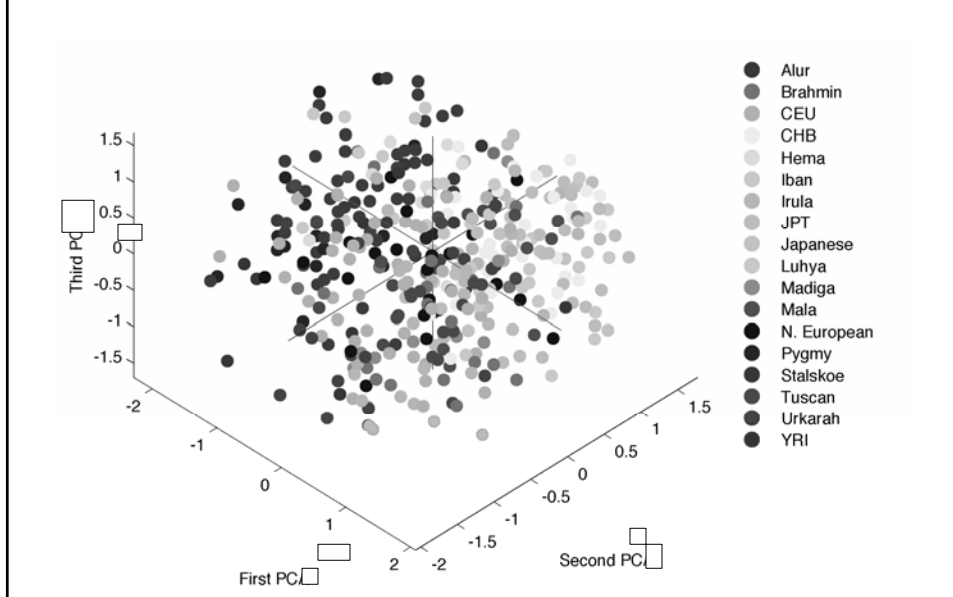
Genetic distances among 467 individuals: 100 SNPs
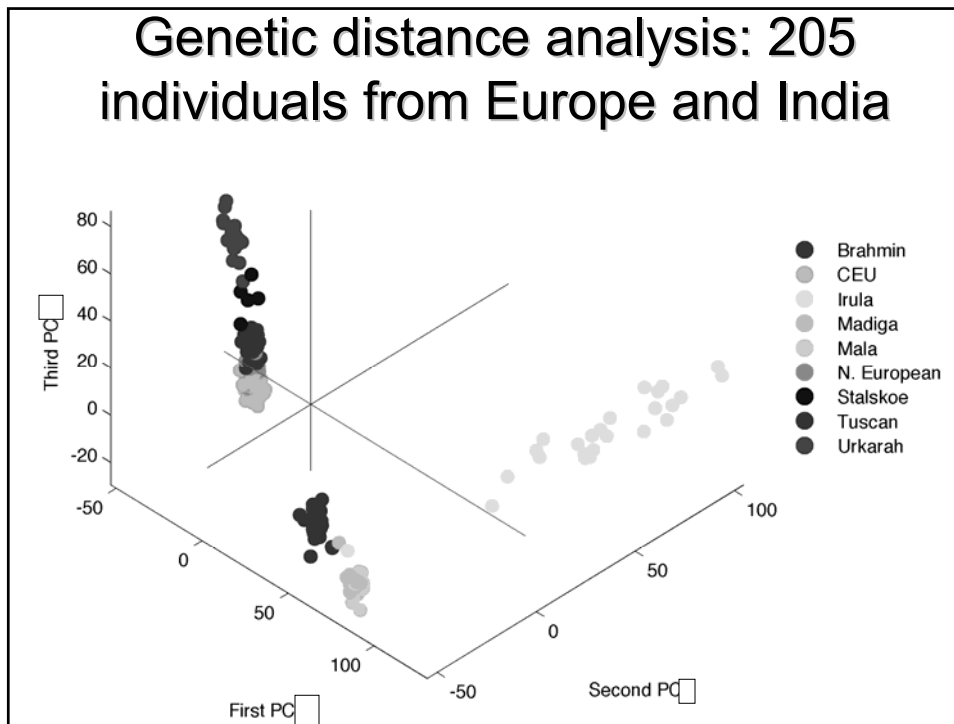
Genetic distances among 467 individuals: 1000 SNPs

Genetic distances among 467 individuals: 261,000 SNPs
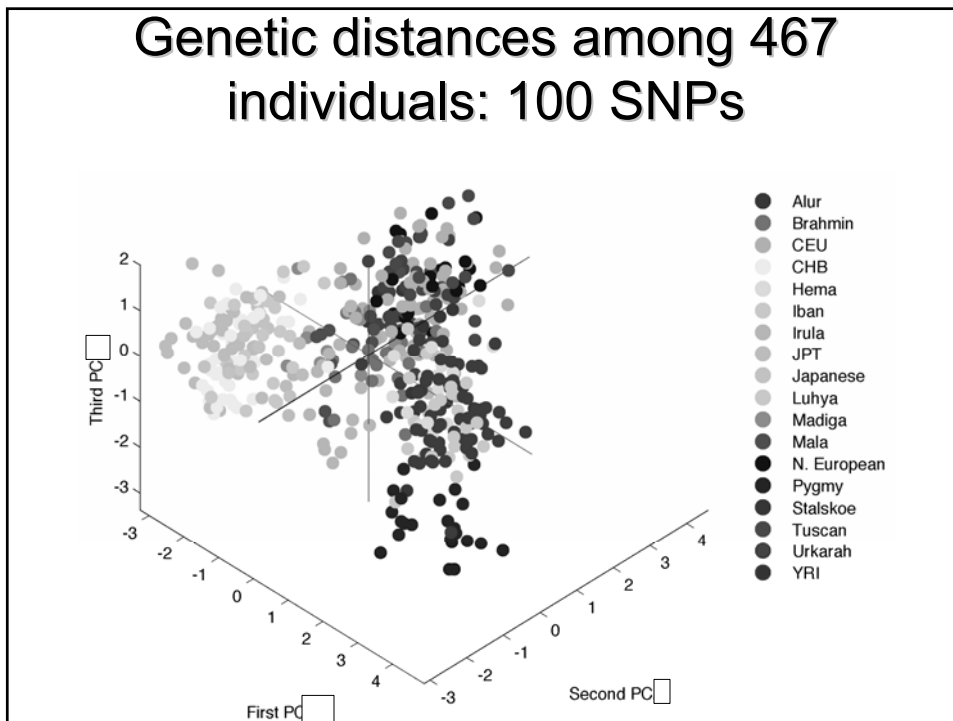
Genetic distance analysis: 205 individuals from Europe and India

Legend:
- Brahmin
- CEU
- Irula
- Madiga
- Mala
- N. European
- Stalskoe
- Tuscan
- Urkarah

STRUCTURE results: ancestral profiles

Individuals are moved randomly among groups to define k populations in which Hardy-Weinberg and linkage disequilibrium are minimized
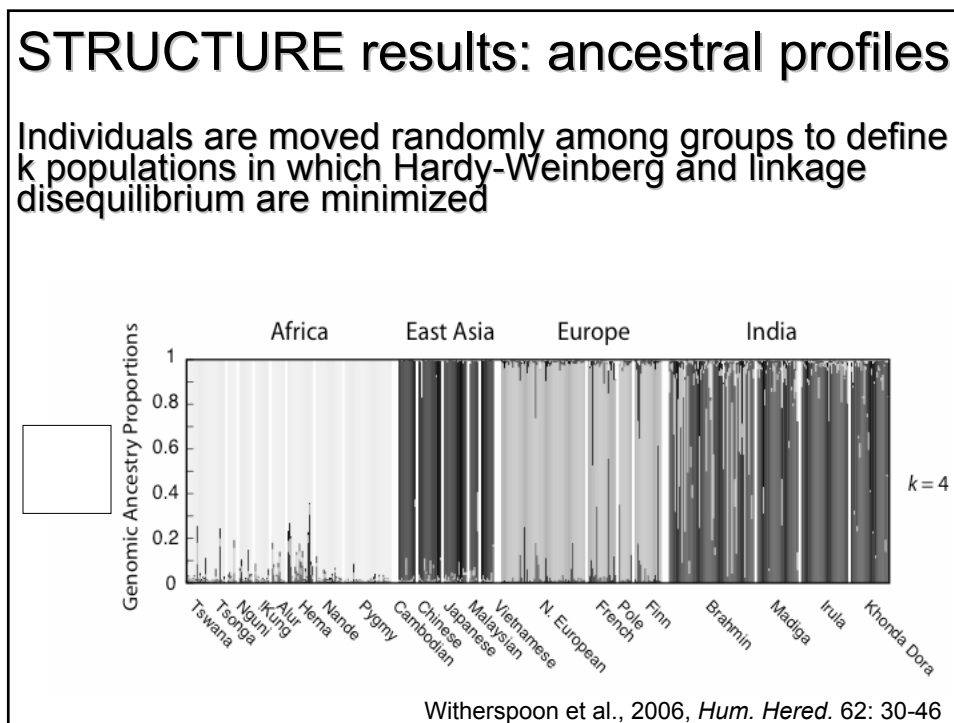
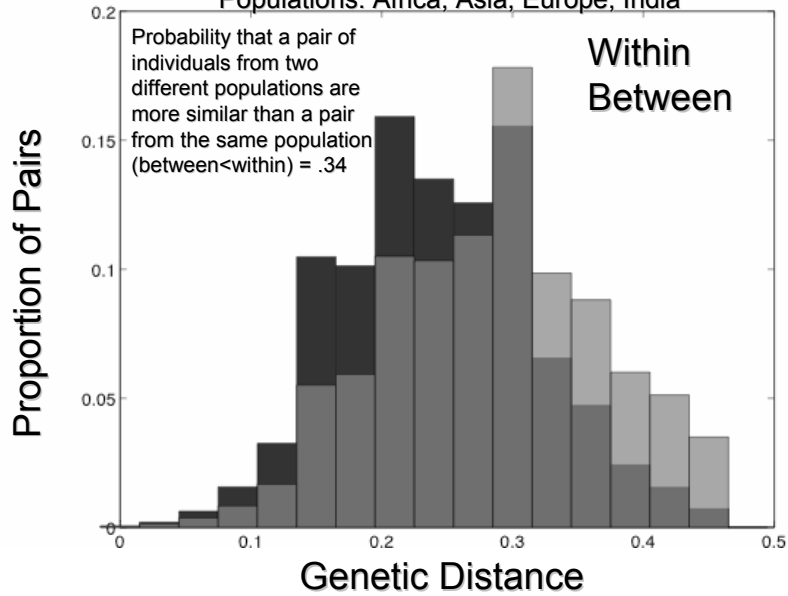Witherspoon et al., 2006, *Hum. Hered.* 62: 30-46

How often are two people from the *same* population **genetically more different** than two people from *different* populations?
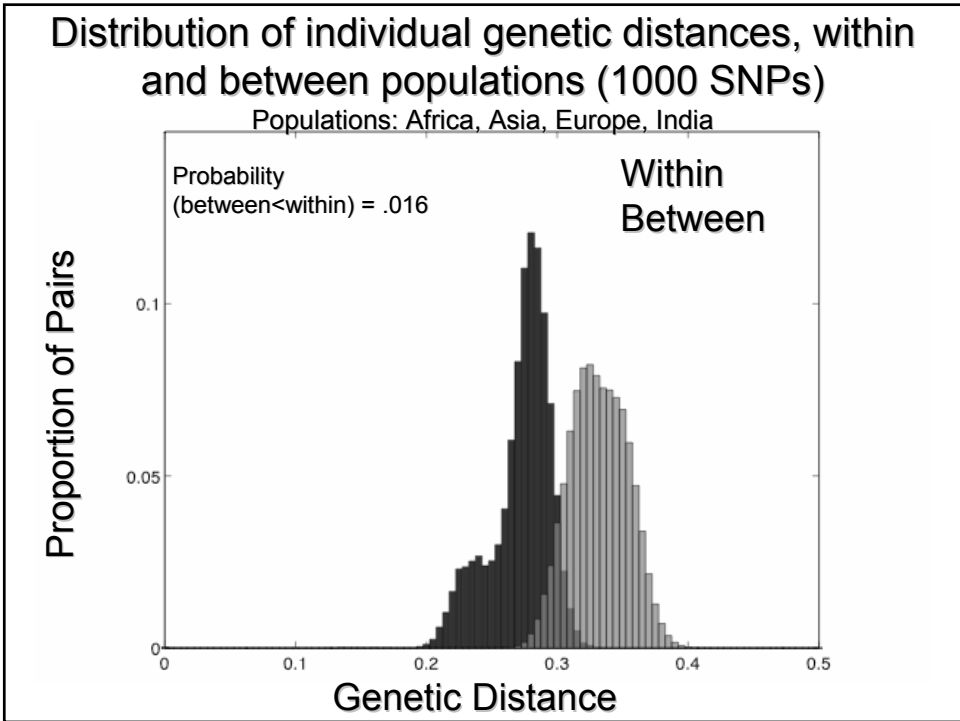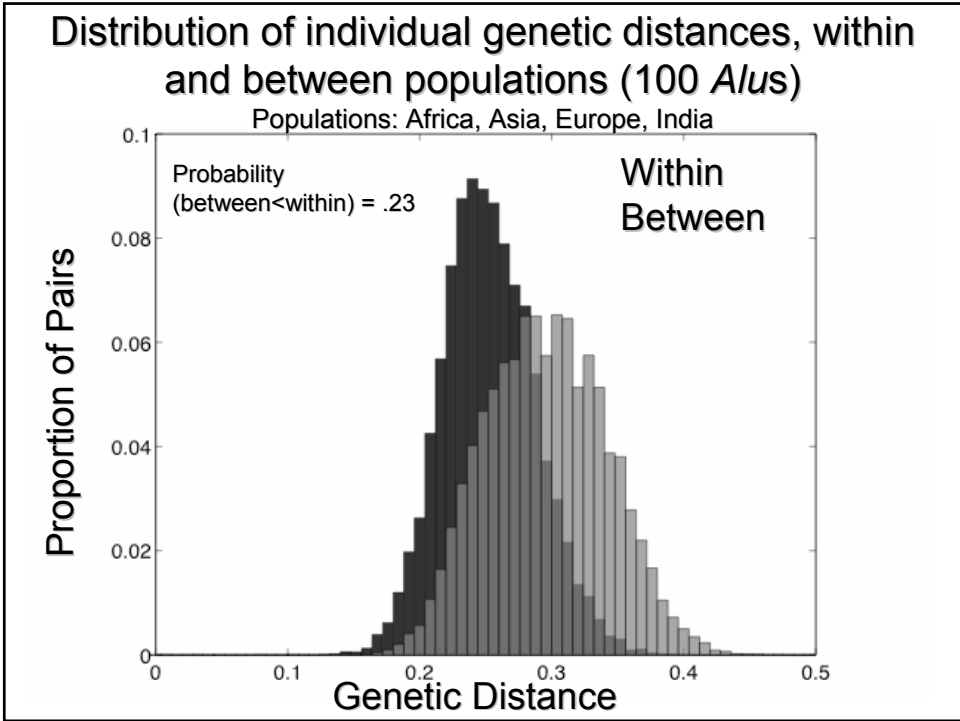
d_{AB}

d_{AA}

Population ***A***
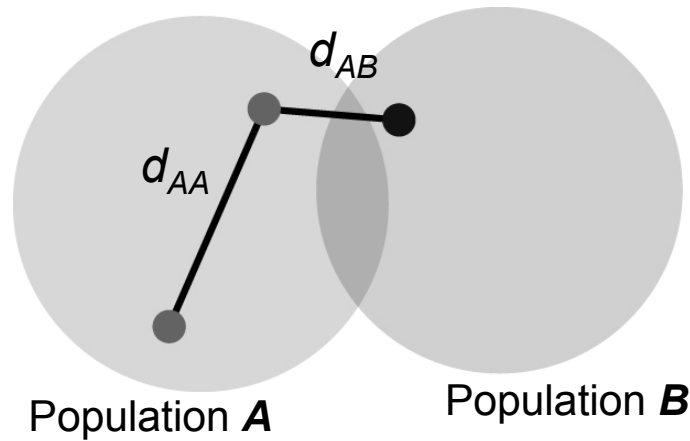
Population ***B***

Witherspoon et al., 2007, *Genetics* 176: 351-9

Distribution of individual genetic distances, within and between populations (20 *Alu*s)

Populations: Africa, Asia, Europe, India

Probability that a pair of individuals from two different populations are more similar than a pair from the same population (between<within) = .34
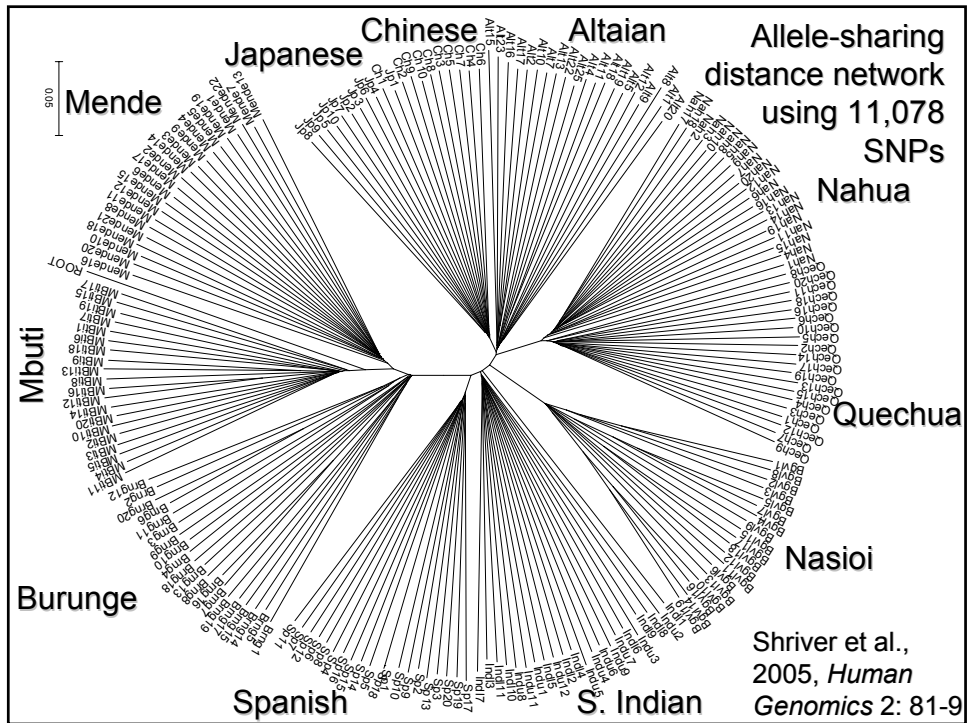
Within
Between

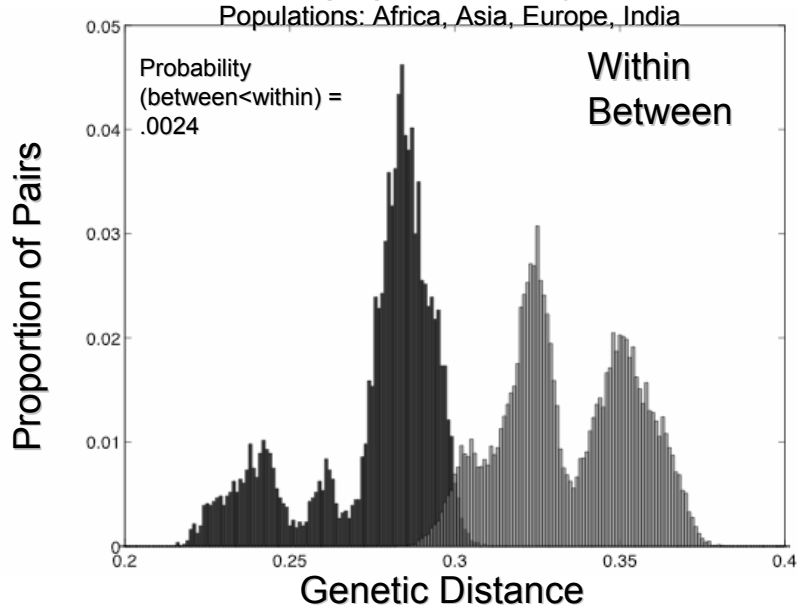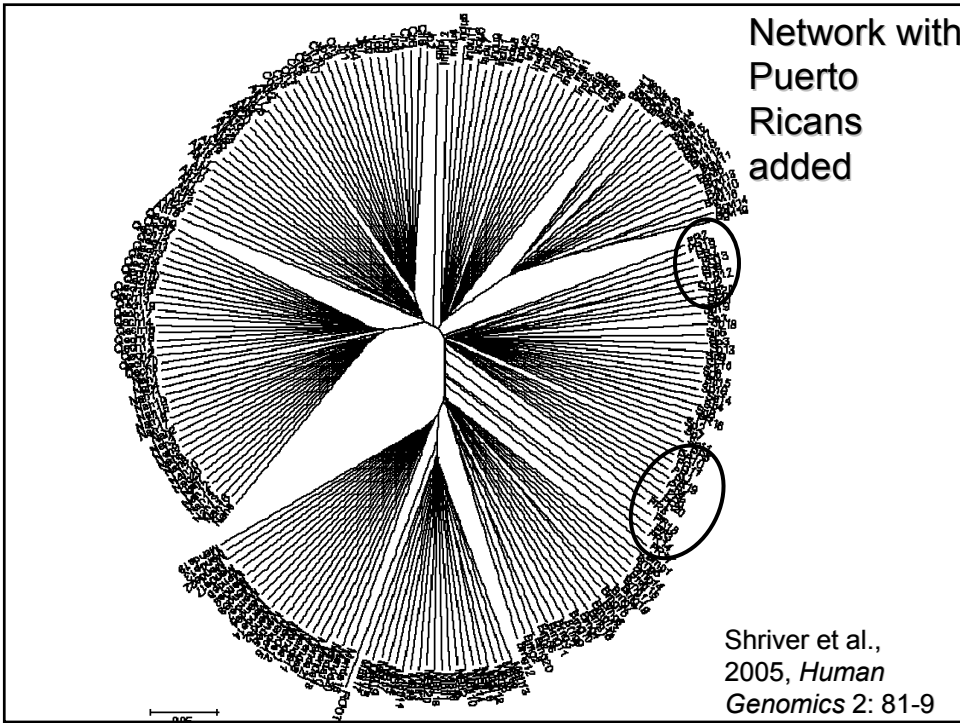Proportion of Pairs

Genetic Distance

Distribution of individual genetic distances, within and between populations (100 *Alu*s)

Populations: Africa, Asia, Europe, India

Probability (between<within) = .23

Within
Between

Proportion of Pairs

Genetic Distance

Distribution of individual genetic distances, within and between populations (1000 SNPs)

Populations: Africa, Asia, Europe, India
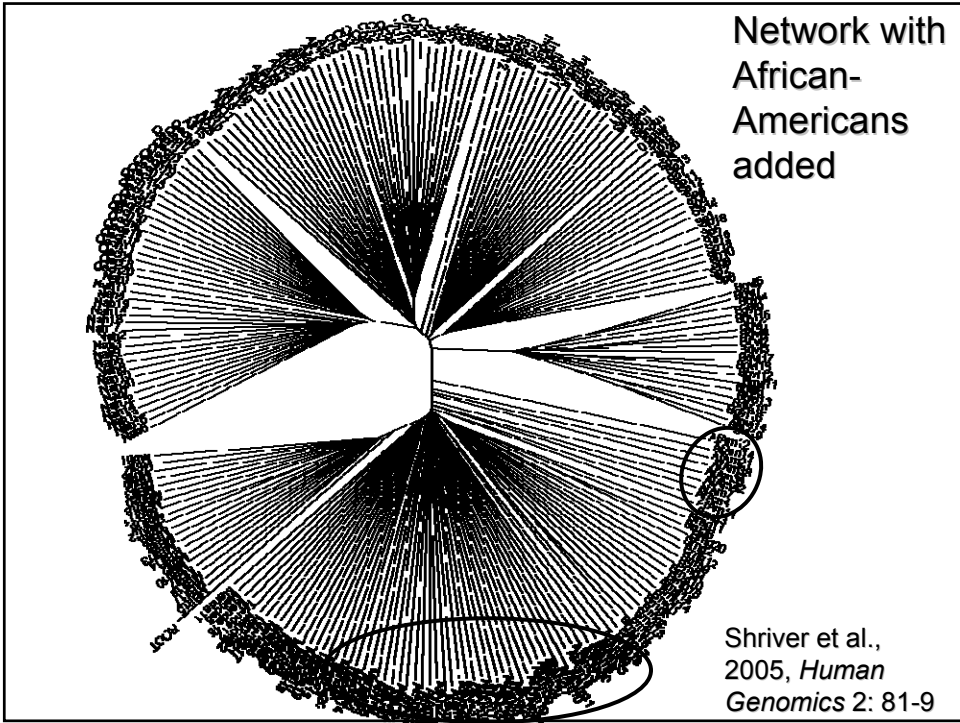
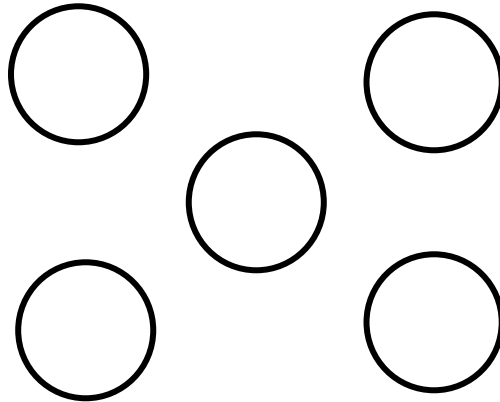Probability (between<within) = .016

Within
Between

Proportion of Pairs

Genetic Distance

Distribution of individual genetic distances, within and between populations (11,555 SNPs)

Allele-sharing distance network using 11,078 SNPs

Shriver et al., 2005, *Human Genomics* 2: 81-9

Network with African-Americans added

Shriver et al., 2005, *Human Genomics* 2: 81-9

Network with Puerto Ricans added

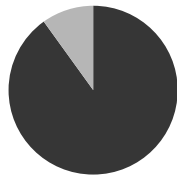Shriver et al., 2005, *Human Genomics* 2: 81-9
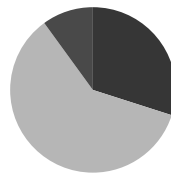
The Fallacy of Typological Thinking

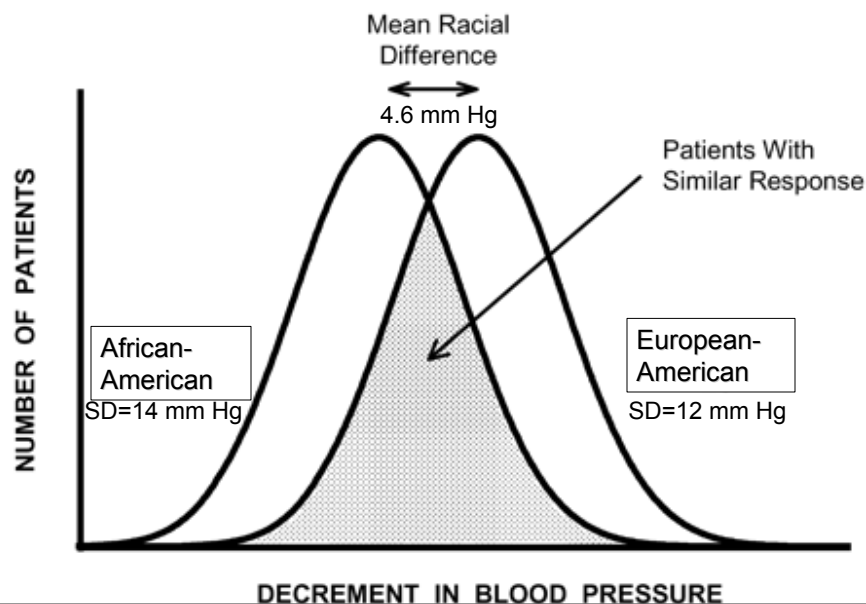# Ancestry vs. Race

"African-American"   "African-American"

What do these findings imply for biomedicine?

- Large numbers of independent DNA polymorphisms can inform us about ancestry and population history
- Responses to many therapeutic drugs may involve variation in just a few genes (along with environmental variation)
- These variants typically differ between populations only in their *frequency* and imply substantial overlap between populations

Blood pressure response to ACE inhibitors
(Sehgal, 2004, *Hypertension* 43: 566-72)

Mean Racial Difference

4.6 mm Hg

Patients With Similar Response

NUMBER OF PATIENTS

African-American
SD=14 mm Hg

European-American
SD=12 mm Hg

DECREMENT IN BLOOD PRESSURE

Frequencies of SNPs associated with response to anti-hypertensives

	CYP11B2 C-344T	Angiotensin 2 receptor 1 A1166C	α-adducin G614T	G protein β3 C825T	Angio-tensinogen A-6G
Africa	.20	.02	.07	.72	.98
Asia	.33	.05	.48	.43	.80
Europe	.43	.29	.21	.34	.49

Average allele-frequency difference among major populations is 0.15

Gefitinib (Iressa) and non-small cell lung cancer

- Gefitinib inhibits epidermal growth factor receptor (EGFR) tyrosine kinase activity
- Effective in 10% of Europeans, 30% of Asians (Japanese, Chinese, Koreans)
- Somatic mutations in *EGFR* found in 10% of Europeans, 30% of Japanese
- 80% of those with mutations respond to gefitinib; 10% of those without mutations respond

Johnson and Jänne, 2005, *Cancer Res.* 65: 7525-9

Microarrays and "personalized medicine"

Hundreds of thousands of different DNA sequences can be placed on a single array

These sequences are compared with DNA from a patient to test for mutations

Signals are rapidly processed by a computer

Genetics and Race

- Genetic variation is correlated with geography and tends to be distributed continuously across geographic space
- "Race" may not be biologically meaningless, but it is biologically imprecise; ancestry is more informative
- Personalized medicine, when feasible, will be medically more useful than ethnicity or race
- Genetics provides no evidence that supports racism and much evidence that contradicts it

SNPs, haplotypes, linkage disequilibrium, and gene mapping

- A SNP with minor allele frequency (MAF) > 1% is found, on average, at 1/300 bp (roughly 10 million total)

- A "common" SNP (MAF > 5%) is found at about 1/600 bp (roughly 5 million total)

- SNPs have low mutation rates and can be typed by automated methods

Whole-genome association: the cost problem

- A whole-genome association study seeks any SNP allele that is found with elevated frequency in disease cases
- At $.001 per SNP, genotyping 5 million SNPs costs $5,000 per person
- A study involving 1,000 cases and 1,000 controls would cost $10,000,000
- Will SNP association reveal disease genes, and do we need to test all of these SNPs?

A *haplotype* is the DNA sequence found on one member of the chromosome pair

Haplotype 1
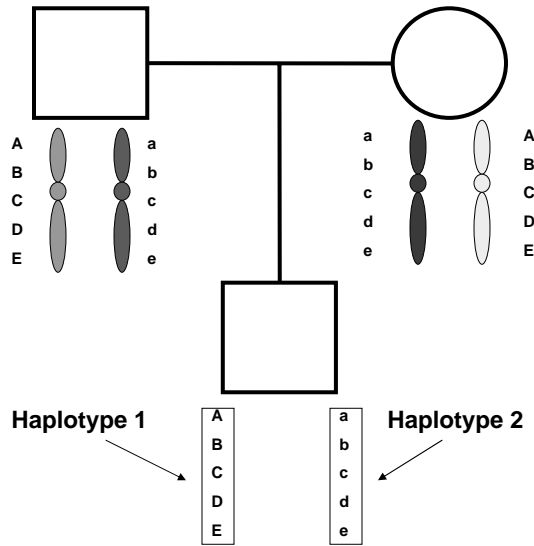
Haplotype 2

Crossovers during meiosis can create new haplotype combinations

Crossover

Crossovers occur during meiosis, producing *recombination* of alleles
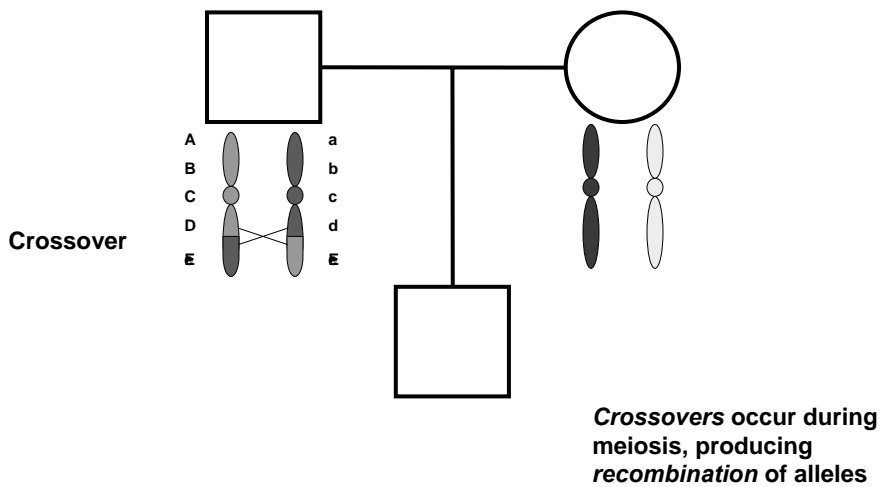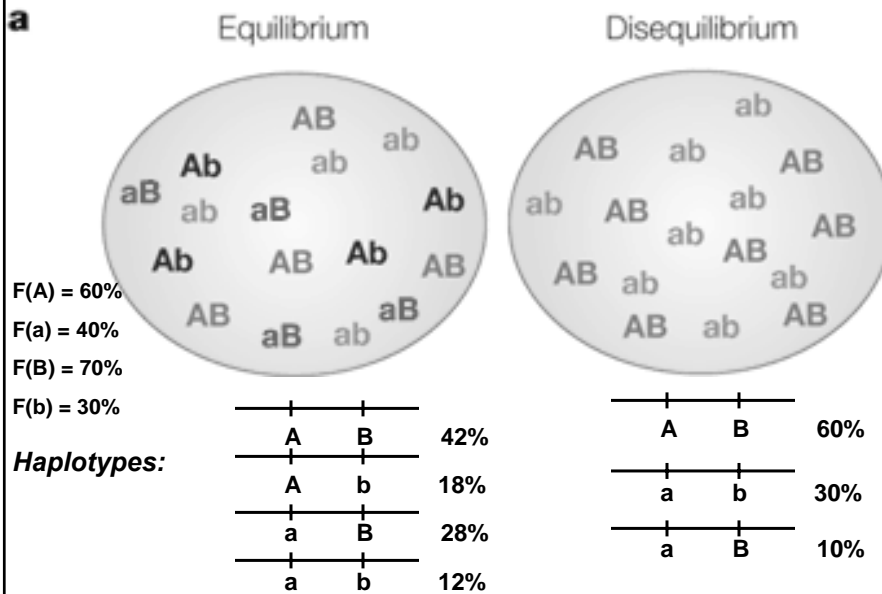
Over time, more crossovers will occur between loci located further apart

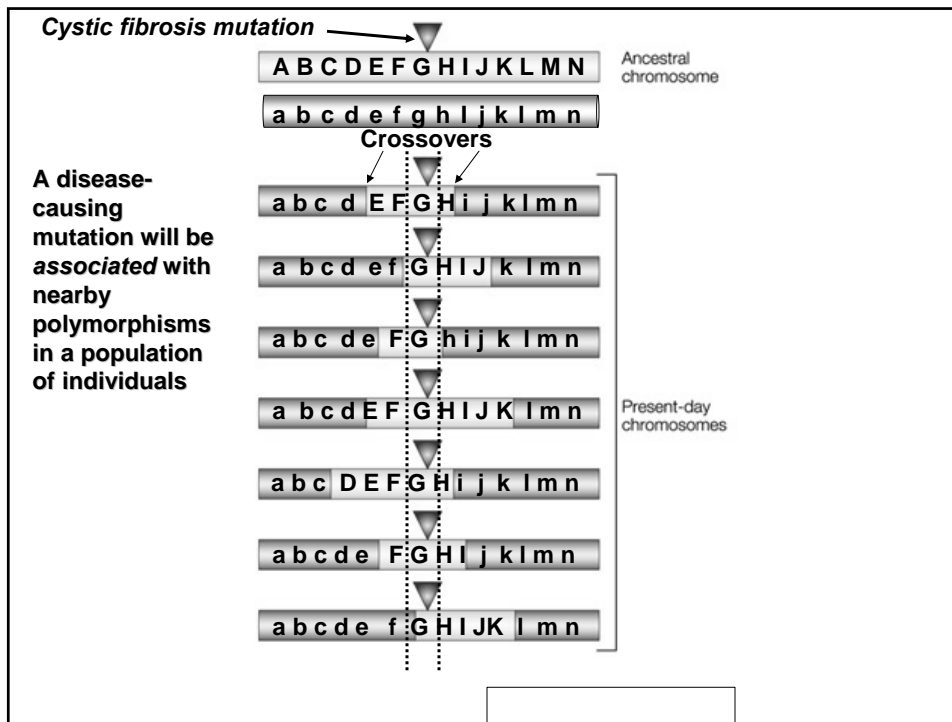A   B C

a   b c
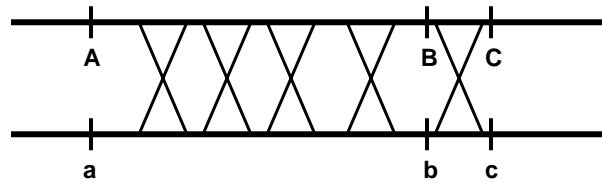
Time (many generations)

B and C will be found together on the same haplotype more often than A and B: there is more *linkage disequilibrium* between B and C than A and B

Linkage disequilibrium: nonrandom association of alleles at linked loci

a

Equilibrium   Disequilibrium

F(A) = 60%
F(a) = 40%
F(B) = 70%
F(b) = 30%

Haplotypes:

A	B	42%
A	b	18%
a	B	28%
a	b	12%

A	B	60%
a	b	30%
a	B	10%

Cystic fibrosis mutation

A B C D E F G H I J K L M N — Ancestral chromosome

a b c d e f g h I j k l m n

Crossovers

A disease-causing mutation will be *associated* with nearby polymorphisms in a population of individuals

a b c d E F G H i j k l m n

a b c d e f G H I J k l m n

a b c d e F G h i j k l m n

a b c d E F G H I J K l m n — Present-day chromosomes

a b c D E F G H i j k l m n

a b c d e F G H I j k l m n

a b c d e f G H I JK l m n

Potential advantages of linkage disequilibrium (LD)

- Family-based linkage studies of complex diseases often yield large candidate regions (~10-20 million base pairs)
- Association studies (linkage disequilibrium) can incorporate many past generations of recombination to narrow the candidate region
- Family data are *not* necessarily needed

Populations are one big (complicated) pedigree


Common ancestor, many generations removed
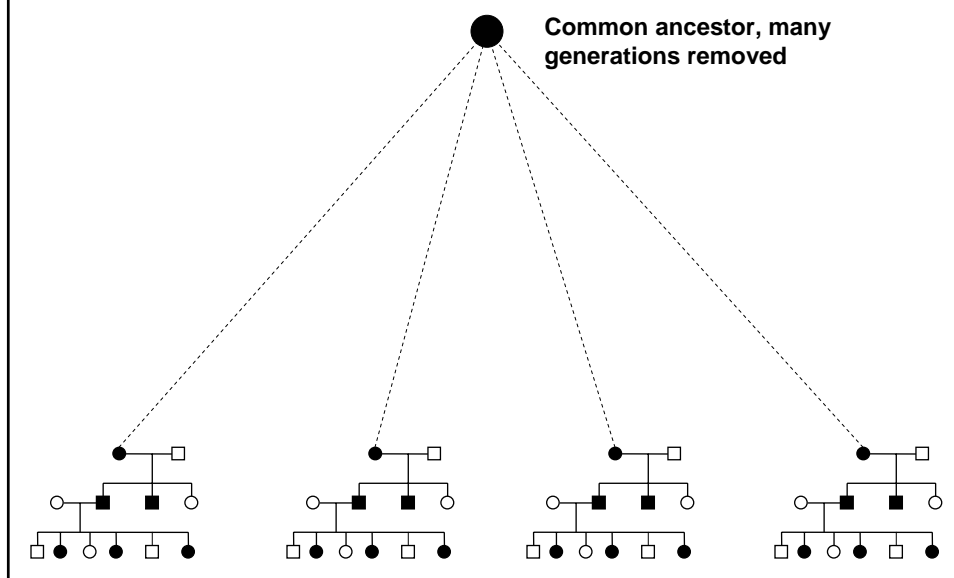
Number of published LD articles
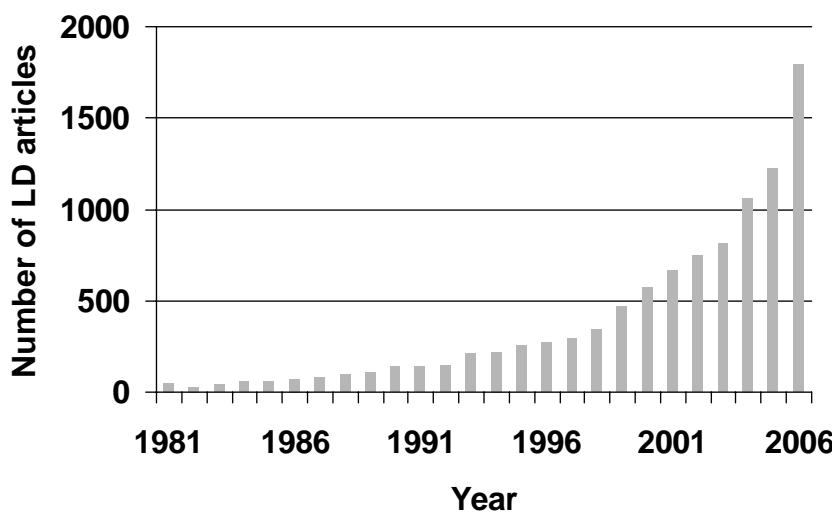
Is there a simple, uniform relationship between inter-locus physical distance and inter-locus linkage disequilibrium?

Expected Relationship between Inter-locus Disequilibrium and Distance

r = 1: complete disequilibrium

r = 0: no disequilibrium

Linkage Disequilibrium (r) between locus pairs
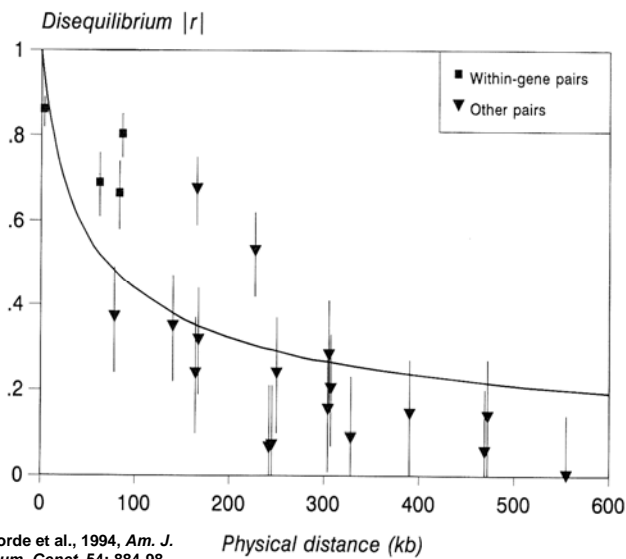
Distance between pairs of loci
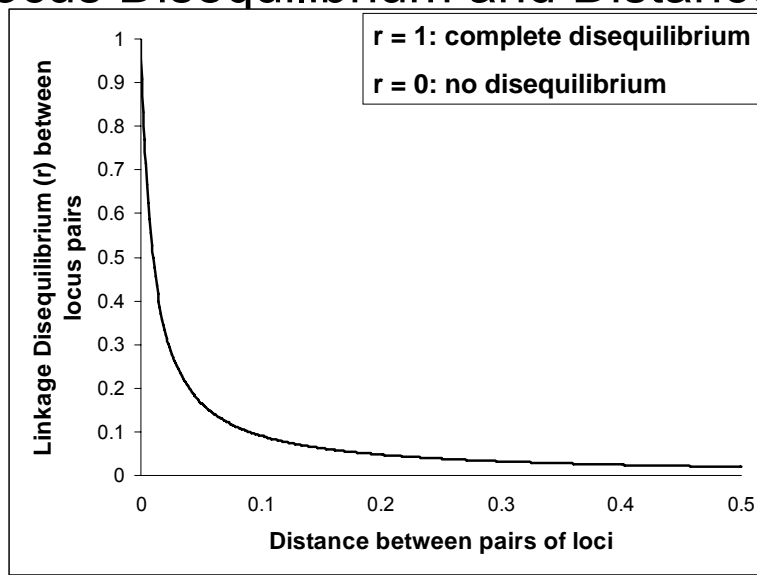
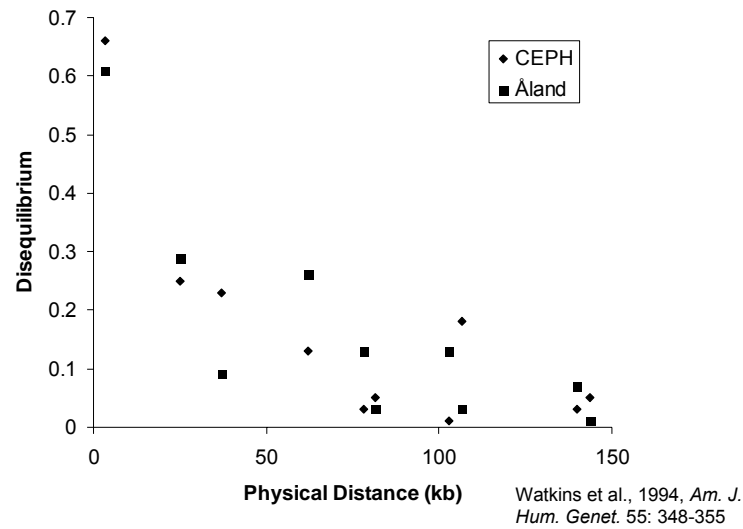Linkage disequilibrium vs. physical distance on chromosome 11p
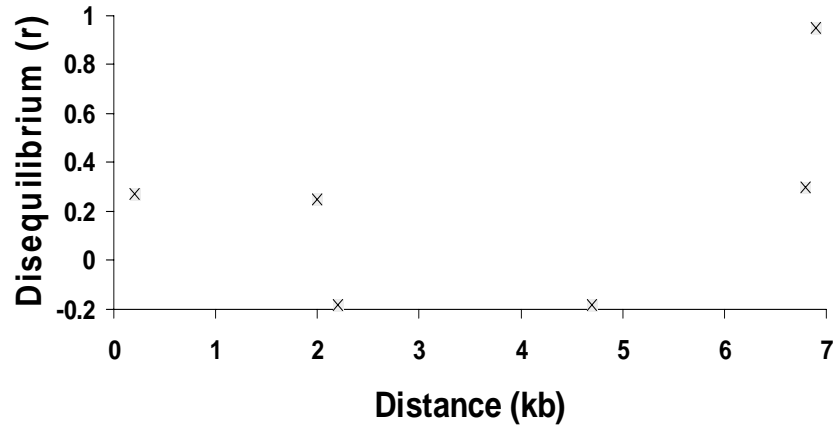
Barker et al., 1984, Am. J. Hum. Genet. 36: 1159-71

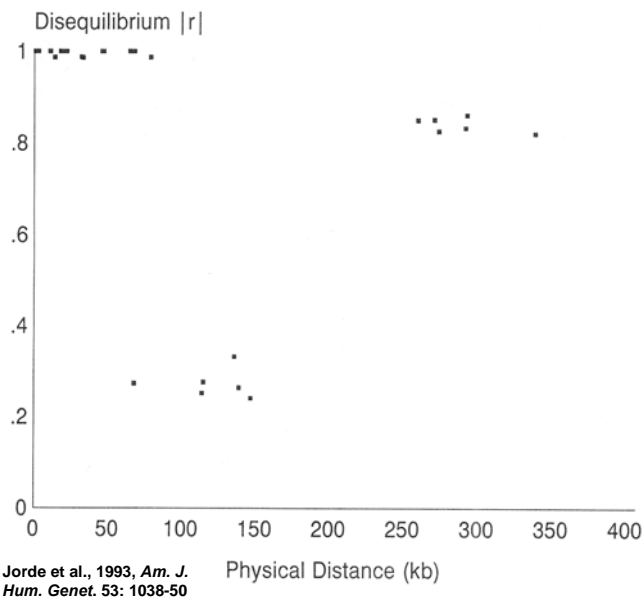Disequilibrium between marker pairs in the *APC* region

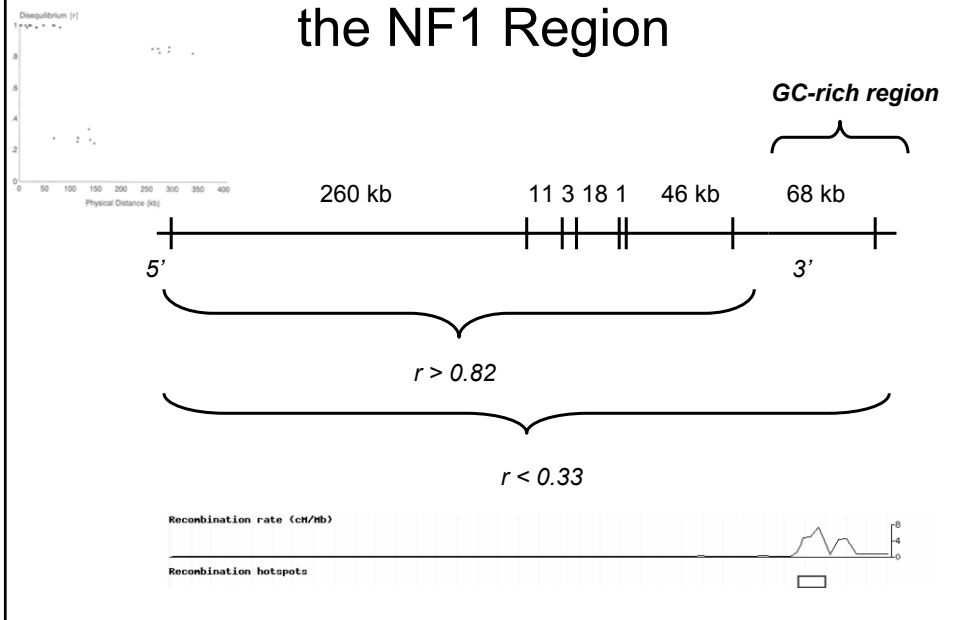Jorde et al., 1994, *Am. J. Hum. Genet.* 54: 884-98

Linkage Disequilibrium and Physical Distance: *vWF* Region

0.7

0.6

0.5

0.4

Disequilibrium

0.3

0.2

0.1

0

◆ CEPH
■ Åland

0   50   100   150

Physical Distance (kb)

Watkins et al., 1994, *Am. J. Hum. Genet.* 55: 348-355

Disequilibrium in the *NF1* region

Disequilibrium |r|

1

.8

.6

.4

.2

0

0   50   100   150   200   250   300   350   400

Jorde et al., 1993, *Am. J. Hum. Genet.* **53: 1038-50**

Physical Distance (kb)

Uneven Disequilibrium Pattern in the NF1 Region

GC-rich region

| 260 kb | 11 3 18 1 | 46 kb | 68 kb |

5'   3'

r > 0.82

r < 0.33

Recombination rate (cM/Mb)
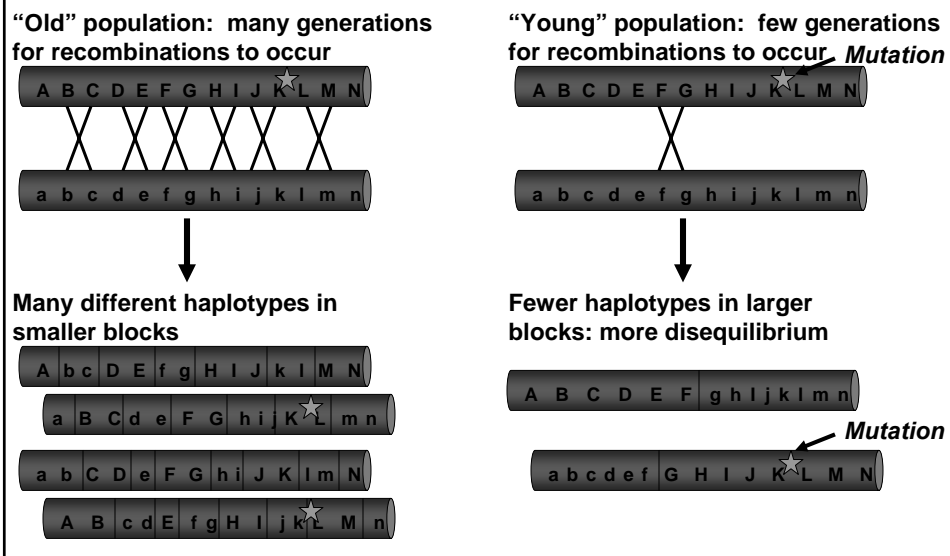
Recombination hotspots

Factors that May Affect Linkage Disequilibrium Patterns

■ Chromosome location
  - Telomeric vs. centromeric
  - Intragenic vs. extragenic

■ DNA sequence patterns (GC content)

■ Recombination hotspots (1 every 50-100 kb)

■ Evolutionary factors: LD varies among populations
  - Natural selection
  - Gene flow
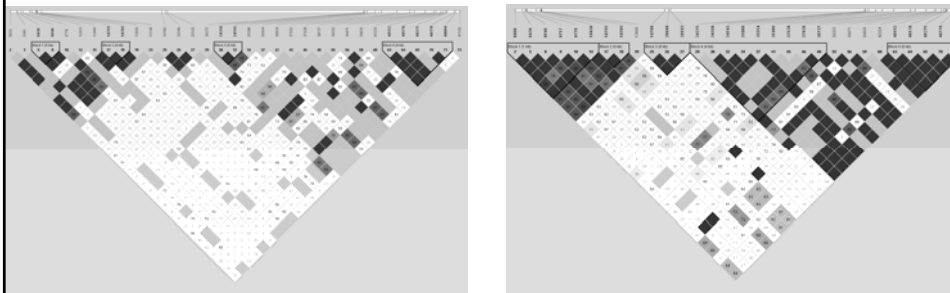 - Mutation, gene conversion
  - Genetic drift

Patterns of genetic variation: implications for disequilibrium

- Continental variation patterns affect stratification and admixture LD mapping design
- Greater "age" of African populations: LD persists over shorter physical distances
- Greater divergence of African populations: LD patterns more likely to differ from other populations: African-American populations especially useful for admixture LD mapping
- Common alleles and haplotypes are likely to be shared across populations: association patterns may be shared

Population "age" can affect haplotype structure

"Old" population: many generations for recombinations to occur

"Young" population: few generations for recombinations to occur *Mutation*

A B C D E F G H I J K L M N

a b c d e f g h i j k l m n

Many different haplotypes in smaller blocks

A b c D E f g H I J k l M N
a B C d e F G h i j K L m n
a b C D e F G h i J K l m N
A B c d E f g H I j k L M n

Fewer haplotypes in larger blocks: more disequilibrium

A B C D E F g h I j k l m n

Mutation

a b c d e f G H I J K L M N

Linkage disequilibrium: *CD4* region

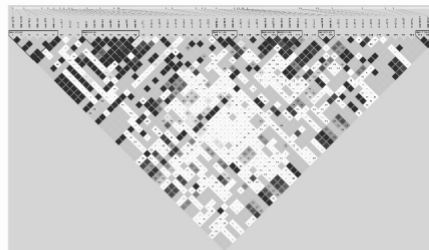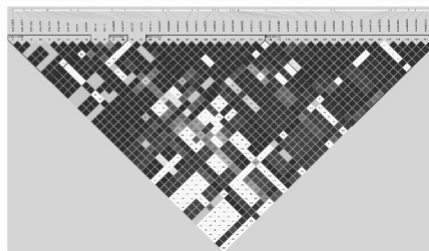African   Non-African

Haploview

Prahalad et al., submitted
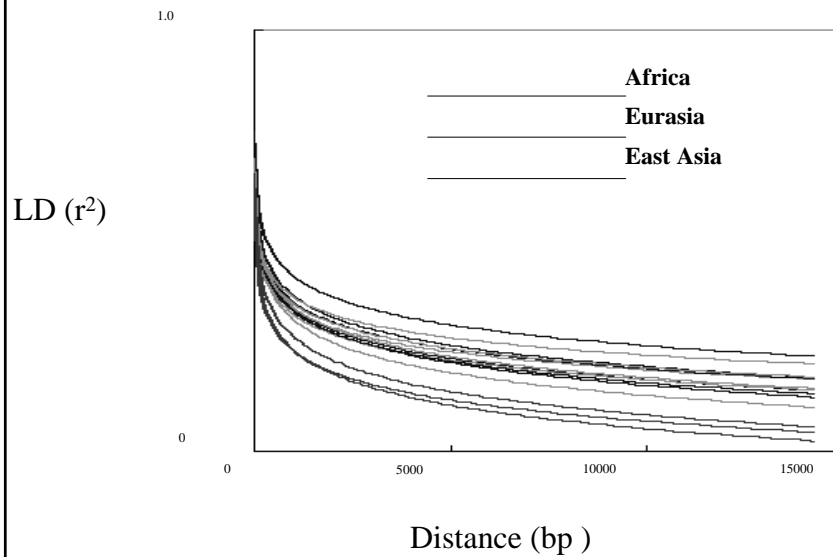

Pairwise LD at the Angiotensinogen locus

Africans

Eurasians

Population variation in *AGT* disequilibrium

1.0

LD (r^2)

Africa

Eurasia

East Asia

0

0   5000   10000   15000

Distance (bp)

Nakajima et al., 2004, *Am. J. Hum. Genet.* 74: 898-916

How general are these patterns?

To what extent does LD vary with genomic location and population?

A Map of the World, 1544

CHARTA COSMOGRAPHICA, CVM VENTORVM PROPRIA NATVRA ET OPERATIONE.

In search of a better map: The International Haplotype Map Project

- 600,000 SNPs (1 per 5 kb) genotyped in 270 individuals
  - 90 CEPH Utah individuals (30 trios)
  - 90 Yoruban from Nigeria (30 trios)
  - 90 East Asians (45 Chinese, 45 Japanese)
- Evaluate patterns of linkage disequilibrium and haplotype structure
  - Variation in different genomic regions
  - Variation in different populations

Some of the issues surrounding HapMap

- Choice of populations
  - How best to *sample* human diversity
  - Families vs. unrelated individuals
  - Sample size
- SNP ascertainment and density
- ELSI
  - Informed consent (individual consent and community consultation)
  - Avoidance of stigmatization

# A Map of the World, 1688
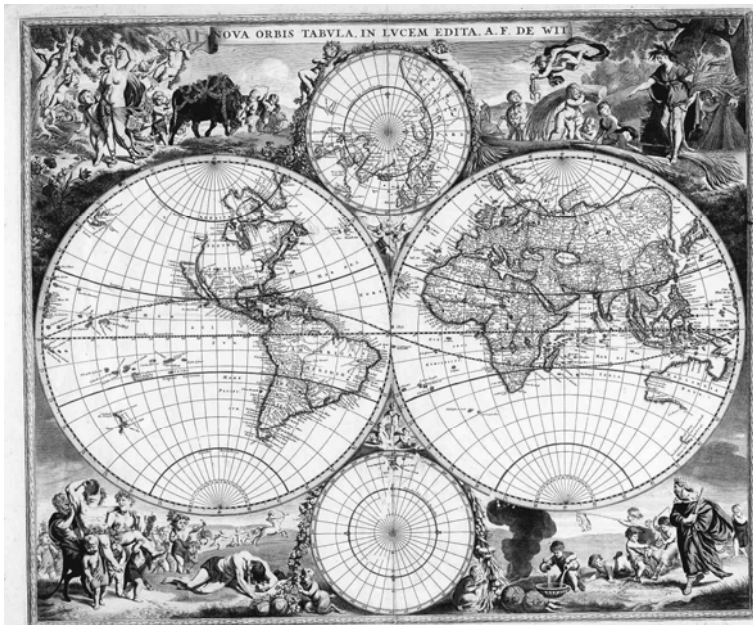
Genetic applications of HapMap

- Understanding human genome-wide haplotype diversity

- Detection of recombination hotspots

- Detection of genes that have experienced strong natural selection

- Detection of disease-causing mutations

# SNPs in disequilibrium are redundant: we don't need to type all of them

Tag SNP

Person A	ATTGAT C GGAT...CCA T CGGA...CT A A
Person B	ATTGAT AGGAT...CCAGCGGA...CTC A
Person C	ATTGAT C GGAT...CCA T CGGA...CT A A
Person D	ATTGAT AGGAT...CCAGCGGA...CTC A
Person E	ATTGAT C GGAT...CCA T CGGA...CT A A

For whole-genome association studies, "complete" coverage is given by about 1.6 million SNPs for African populations, 1,000,000 SNPs for non-African populations

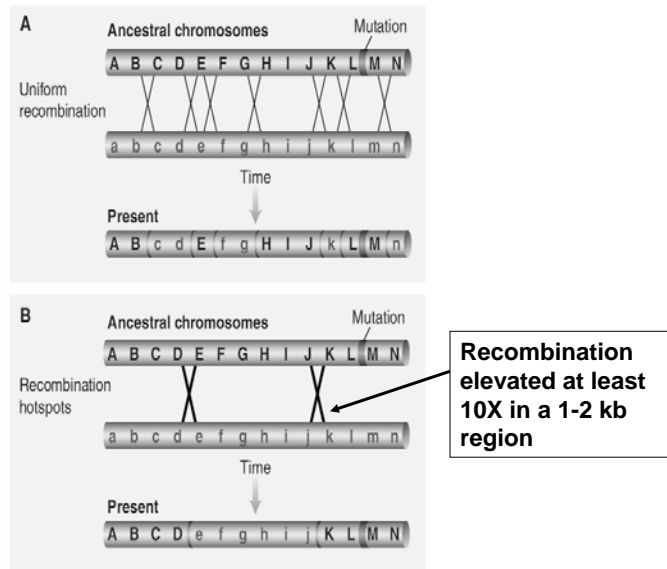Portability of HapMap tag SNPs: HapMap SNPs recover 80-90% or more of SNP variation in other populations

Xing et al., submitted
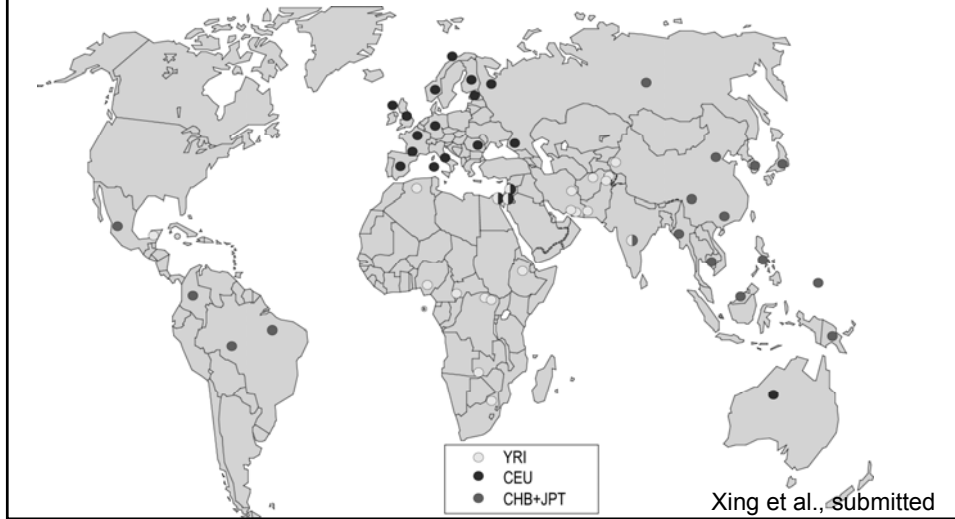
LD decline in Kosrae, an isolate, compared to HapMap samples
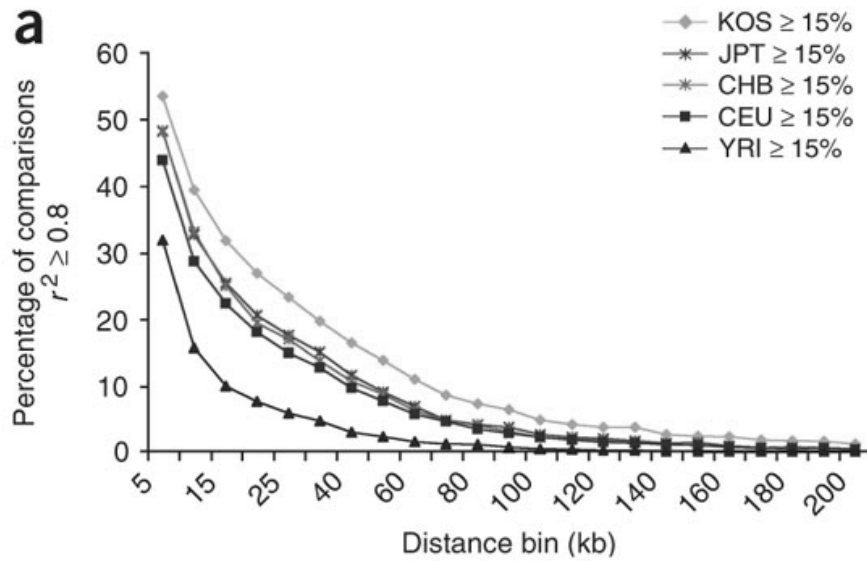
Bonnen et al., 2006, *Nat. Genet.* 38: 214-7

Recombination hotspots and haplotype blocks

Recombination elevated at least 10X in a 1-2 kb region

Recombination hotspots

■ LD patterns indicate 25,000 - 50,000 hotspots in human genome (1 every 50 – 100 kb) (Myers et al., 2005, *Science* 310: 321-4)

■ 80% of recombination occurs in ~15% of the genome (60% occurs in 6% of genome)

■ Hotspots are not congruent in human and chimpanzee, despite 99% sequence identity: suggests hotspots evolve rapidly and may not be sequence-dependent

Linkage disequilibrium detects true recombination hotspots accurately

McVean et al., 2004, *Science* 304: 581-4
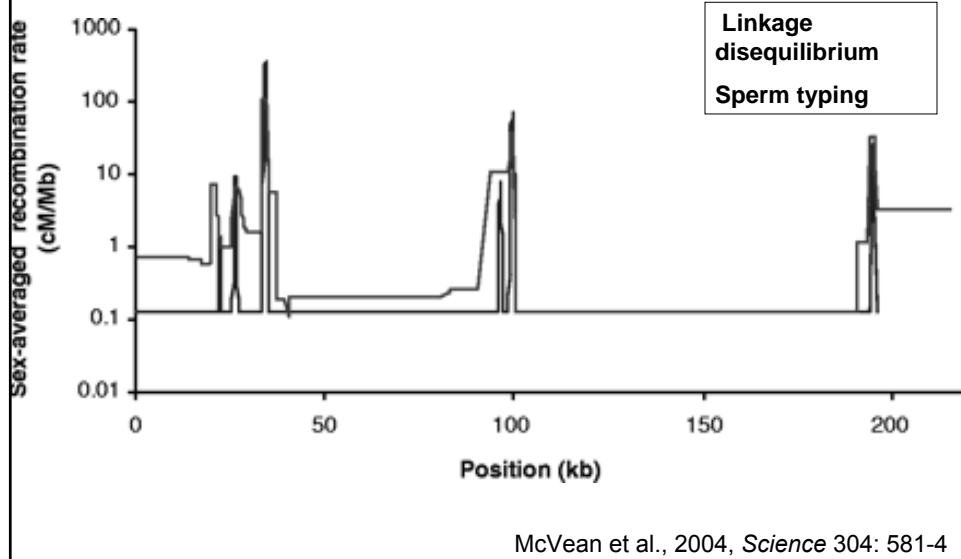
LD and Natural Selection: Hypothetical Pattern of Haplotype Sharing
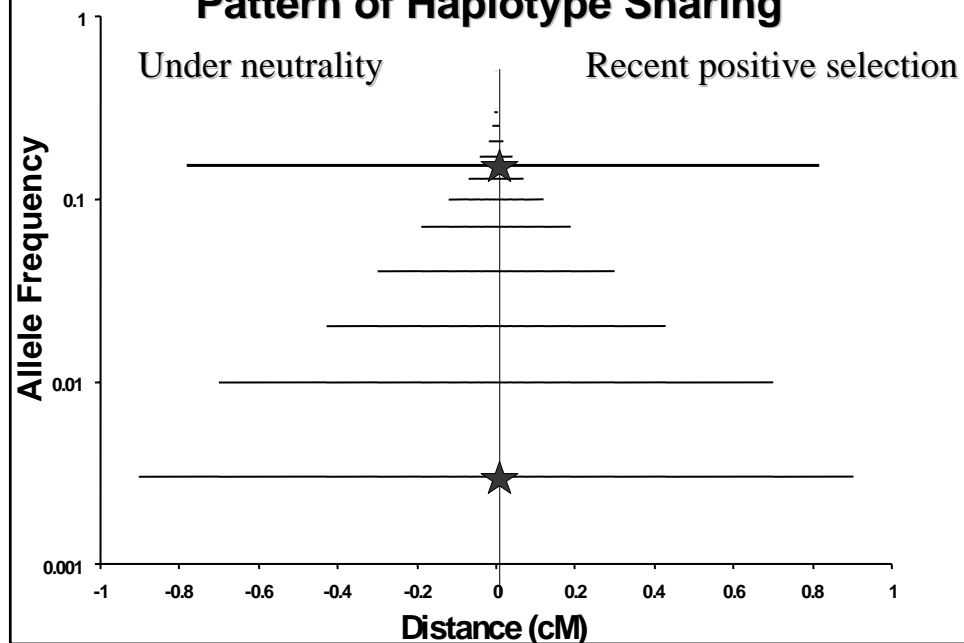
Examples of genes in which elevated LD indicates recent natural selection

| Gene	Phenotype
G6PD	Malaria protection
Hemochromatosis	Iron absorption
CYP3A5	Sodium retention
Lactase	Lactose tolerance
SLC24A5	Skin pigmentation
Alcohol dehydrogenase	Ethanol metabolism

Voight et al., 2006, *PLOS Biology* 4: 446-458

Linkage disequilibrium and single-gene diseases: many successes

- Cystic fibrosis
- Hemochromatosis
- Wilson disease
- Friedreich's ataxia
- Bloom syndrome
- Werner syndrome
- Progressive myoclonus epilepsy
- Torsion dystonia
- Diastrophic dysplasia (and many other "Finnish" diseases)

Association (linkage disequilibrium) studies are most successful when the disease is (mostly) caused by a single mutation
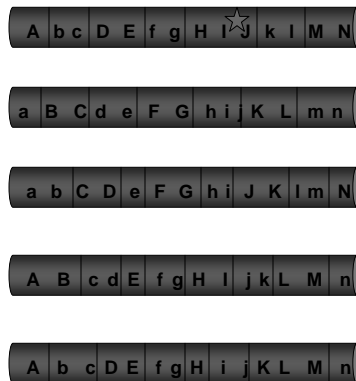
Multiple disease-causing mutations can pose problems for association analysis
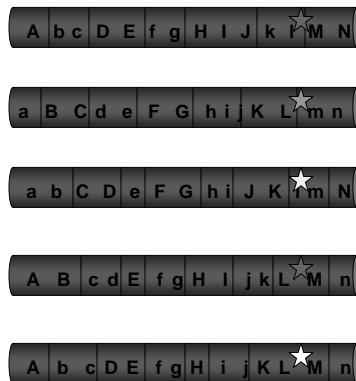
How can we reduce heterogeneity?

- Define the trait consistently and accurately
- Identify subtypes
  - Early onset
  - Severe expression
  - Atypical expression
- Use strict, narrow population definitions

Linkage disequilibrium and complex diseases: some recent successes

- *NOD2* (*CARD15*), *IL23R* and Crohn's disease

- *ADAM33, GPRA,* and asthma

- Neuregulin and schizophrenia

- Complement factor H and age-related macular degeneration
  - *HapMap data used to define a 41 kb block to focus mutation search*

Population genetics and genome analysis

- Genetic variation contains useful information about population history

- Genetic variation provides a more informed view of "race" and its relevance to medicine

- Population genetic analysis has been critical in understanding linkage disequilibrium

- Population genetics is *fun*!