



# Ten Ways To Recognize Hearing Loss

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**The following questions will help you determine if you need to have your hearing evaluated by a medical professional...**

Do you have a problem hearing over the telephone?

- Yes       No

Do you have trouble following the conversation when two or more people are talking at the same time?

- Yes       No

Do people complain that you turn the TV volume up too high?

- Yes       No

Do you have to strain to understand conversations?

- Yes       No

Do you have trouble hearing in a noisy background?

- Yes       No

Do you find yourself asking people to repeat themselves?

- Yes       No

Do many people you talk to seem to mumble (or not speak clearly)?

- Yes       No

Do you misunderstand what others are saying and respond inappropriately?

- Yes       No

Do you have trouble understanding the speech of women and children?

- Yes       No

Do people get annoyed because you misunderstand what they say?

- Yes       No

If you answered “yes” to three or more of these questions, it is recommended that you see an otolaryngologist (an ear, nose, and throat specialist) or an audiologist for a hearing evaluation.