

**No Leisure-Time Physical Activity Prevalence Statistics by Metropolitan Area —
United States, SMART BRFSS 2005**

Metropolitan Area^a	No Leisure-Time Physical Activity^b	
	%^c	95% CI^d
Northeast		
Allentown-Bethlehem-Easton, PA-NJ Metropolitan Statistical Area	27.0	(22.5 - 32.0)
Atlantic City, NJ Metropolitan Statistical Area	26.6	(22.6 - 31.0)
Barre, VT Micropolitan Statistical Area	16.6	(13.5 - 20.2)
Boston-Quincy, MA Metropolitan Division	24.9	(22.4 - 27.6)
Bridgeport-Stamford-Norwalk, CT Metropolitan Statistical Area	19.4	(17.0 - 22.1)
Buffalo-Niagara Falls, NY Metropolitan Statistical Area	23.3	(19.4 - 27.8)
Burlington-South Burlington, VT Metropolitan Statistical Area	18.5	(16.6 - 20.6)
Cambridge-Newton-Framingham, MA Metropolitan Division	18.8	(16.3 - 21.5)
Camden, NJ Metropolitan Division	28.3	(25.4 - 31.4)
Concord, NH Micropolitan Statistical Area	19.4	(15.9 - 23.5)
Edison, NJ Metropolitan Division	27.7	(25.4 - 30.0)
Essex County, MA Metropolitan Division	24.9	(21.3 - 28.9)
Hartford-West Hartford-East Hartford, CT Metropolitan Statistical Area	18.8	(16.8 - 21.0)
Keene, NH Micropolitan Statistical Area	17.6	(13.8 - 22.1)
Lebanon, NH-VT Micropolitan Statistical Area	16.2	(14.2 - 18.4)
Manchester-Nashua, NH Metropolitan Statistical Area	24.3	(21.7 - 27.0)
Nassau-Suffolk, NY Metropolitan Division	23.6	(20.2 - 27.4)
Newark-Union, NJ-PA Metropolitan Division	29.5	(27.2 - 32.0)
New Haven-Milford, CT Metropolitan Statistical Area	26.5	(23.3 - 30.0)
New York-White Plains-Wayne, NY-NJ Metropolitan Division	30.6	(28.7 - 32.5)
Ocean City, NJ Metropolitan Statistical Area	19.9	(15.7 - 24.8)
Philadelphia, PA Metropolitan Division	23.5	(21.3 - 26.0)
Pittsburgh, PA Metropolitan Statistical Area	24.4	(21.9 - 27.1)
Portland-South Portland-Biddeford, ME Metropolitan Statistical Area	16.8	(14.6 - 19.3)
Providence-New Bedford-Fall River, RI-MA Metropolitan Statistical Area	25.9	(24.2 - 27.7)
Rochester, NY Metropolitan Statistical Area	18.2	(14.8 - 22.1)
Rockingham County-Strafford County, NH Metropolitan Division	21.2	(18.8 - 23.8)
Rutland, VT Micropolitan Statistical Area	20.0	(16.8 - 23.8)
Scranton--Wilkes-Barre, PA Metropolitan Statistical Area	23.7	(20.3 - 27.5)
Springfield, MA Metropolitan Statistical Area	22.6	(19.5 - 26.1)
Trenton-Ewing, NJ Metropolitan Statistical Area	22.1	(18.1 - 26.7)
Worcester, MA Metropolitan Statistical Area	26.4	(22.9 - 30.2)
South		
Ardmore, OK Micropolitan Statistical Area	33.4	(27.7 - 39.6)
Asheville, NC Metropolitan Statistical Area	27.0	(22.8 - 31.7)
Atlanta-Sandy Springs-Marietta, GA Metropolitan Statistical Area	24.3	(21.8 - 26.9)
Augusta-Richmond County, GA-SC Metropolitan Statistical Area	28.0	(24.2 - 32.2)
Austin-Round Rock, TX Metropolitan Statistical Area	25.1	(20.7 - 30.2)
Baltimore-Towson, MD Metropolitan Statistical Area	23.4	(21.7 - 25.2)
Bartlesville, OK Micropolitan Statistical Area	26.1	(21.8 - 31.0)
Bethesda-Gaithersburg-Frederick, MD Metropolitan Division	16.3	(14.2 - 18.7)
Birmingham-Hoover, AL Metropolitan Statistical Area	27.7	(23.8 - 31.9)
Charleston, WV Metropolitan Statistical Area	30.0	(25.8 - 34.5)
Charleston-North Charleston, SC Metropolitan Statistical Area	23.4	(20.4 - 26.7)
Charlotte-Gastonia-Concord, NC-SC Metropolitan Statistical Area	23.7	(21.6 - 26.1)
Columbia, SC Metropolitan Statistical Area	22.7	(20.4 - 25.3)
Dallas-Plano-Irving, TX Metropolitan Division	28.2	(24.1 - 32.7)
Dover, DE Metropolitan Statistical Area	26.6	(24.1 - 29.3)
Durham, NC Metropolitan Statistical Area	23.7	(20.5 - 27.2)
El Paso, TX Metropolitan Statistical Area	30.5	(26.6 - 34.6)
Enid, OK Micropolitan Statistical Area	30.0	(25.3 - 35.3)
Fayetteville, NC Metropolitan Statistical Area	24.3	(20.6 - 28.5)

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Fayetteville-Springdale-Rogers, AR-MO Metropolitan Statistical Area	22.8	(18.9 - 27.2)
Fort Smith, AR-OK Metropolitan Statistical Area	31.2	(26.7 - 36.1)
Fort Worth-Arlington, TX Metropolitan Division	25.7	(21.7 - 30.2)
Greensboro-High Point, NC Metropolitan Statistical Area	25.1	(21.8 - 28.8)
Greenville, SC Metropolitan Statistical Area	25.5	(22.7 - 28.5)
Hagerstown-Martinsburg, MD-WV Metropolitan Statistical Area	31.6	(26.5 - 37.2)
Hickory-Lenoir-Morganton, NC Metropolitan Statistical Area	26.7	(22.6 - 31.3)
Houston-Sugar Land-Baytown, TX Metropolitan Statistical Area	24.2	(21.3 - 27.3)
Jackson, MS Metropolitan Statistical Area	30.6	(27.1 - 34.4)
Lawton, OK Metropolitan Statistical Area	29.1	(25.1 - 33.6)
Little Rock-North Little Rock, AR Metropolitan Statistical Area	25.9	(23.0 - 29.0)
McAlester, OK Micropolitan Statistical Area	26.8	(22.9 - 31.1)
Memphis, TN-MS-AR Metropolitan Statistical Area	30.2	(25.7 - 35.2)
Miami, OK Micropolitan Statistical Area	35.7	(30.3 - 41.4)
Miami-Fort Lauderdale-Miami Beach, FL Metropolitan Statistical Area	26.2	(23.7 - 28.9)
Nashville-Davidson--Murfreesboro, TN Metropolitan Statistical Area	29.4	(25.9 - 33.2)
New Orleans-Metairie-Kenner, LA Metropolitan Statistical Area	32.6	(28.6 - 36.8)
Oklahoma City, OK Metropolitan Statistical Area	30.0	(27.4 - 32.8)
Orlando-Kissimmee, FL Metropolitan Statistical Area	26.5	(22.4 - 31.0)
Raleigh-Cary, NC Metropolitan Statistical Area	20.7	(18.1 - 23.7)
Richmond, VA Metropolitan Statistical Area	23.1	(19.7 - 27.0)
San Antonio, TX Metropolitan Statistical Area	25.3	(21.5 - 29.6)
Seaford, DE Micropolitan Statistical Area	22.9	(20.4 - 25.6)
Shawnee, OK Micropolitan Statistical Area	30.8	(26.5 - 35.5)
Spartanburg, SC Metropolitan Statistical Area	28.5	(24.4 - 32.9)
Tahlequah, OK Micropolitan Statistical Area	30.5	(26.2 - 35.1)
Tampa-St. Petersburg-Clearwater, FL Metropolitan Statistical Area	24.2	(20.7 - 28.0)
Tulsa, OK Metropolitan Statistical Area	26.9	(24.3 - 29.5)
Virginia Beach-Norfolk-Newport News, VA-NC Metropolitan Statistical Area	19.3	(16.6 - 22.3)
Washington-Arlington-Alexandria, DC-VA-MD-WV Metropolitan Division	20.0	(17.8 - 22.4)
Wilmington, DE-MD-NJ Metropolitan Division	23.0	(20.8 - 25.3)
Wilmington, NC Metropolitan Statistical Area	20.2	(16.4 - 24.7)
Winston-Salem, NC Metropolitan Statistical Area	21.6	(18.3 - 25.4)
Midwest		
Bismarck, ND Metropolitan Statistical Area	21.9	(18.2 - 26.2)
Boise City-Nampa, ID Metropolitan Statistical Area	20.4	(18.0 - 23.1)
Chicago-Naperville-Joliet, IL-IN-WI Metropolitan Statistical Area	25.5	(23.6 - 27.5)
Cincinnati-Middletown, OH-KY-IN Metropolitan Statistical Area	23.9	(21.0 - 27.0)
Cleveland-Elyria-Mentor, OH Metropolitan Statistical Area	24.4	(21.0 - 28.2)
Columbus, OH Metropolitan Statistical Area	19.5	(17.3 - 22.1)
Des Moines, IA Metropolitan Statistical Area	22.1	(19.1 - 25.5)
Detroit-Livonia-Dearborn, MI Metropolitan Division	28.2	(25.5 - 31.0)
Fargo, ND-MN Metropolitan Statistical Area	16.1	(12.2 - 20.9)
Flint, MI Metropolitan Statistical Area	23.5	(19.7 - 27.9)
Huntington-Ashland, WV-KY-OH Metropolitan Statistical Area	27.6	(22.6 - 33.1)
Indianapolis, IN Metropolitan Statistical Area	25.4	(23.0 - 28.0)
Kansas City, MO-KS Metropolitan Statistical Area	25.0	(22.9 - 27.2)
Lansing-East Lansing, MI Metropolitan Statistical Area	21.1	(17.6 - 25.0)
Lincoln, NE Metropolitan Statistical Area	19.4	(16.2 - 23.0)
Louisville, KY-IN Metropolitan Statistical Area	27.1	(23.6 - 30.9)
Milwaukee-Waukesha-West Allis, WI Metropolitan Statistical Area	18.1	(15.3 - 21.4)
Minneapolis-St. Paul-Bloomington, MN-WI Metropolitan Statistical Area	16.5	(14.5 - 18.8)
Omaha-Council Bluffs, NE-IA Metropolitan Statistical Area	23.2	(21.0 - 25.6)

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Rapid City, SD Metropolitan Statistical Area	18.9	(16.2 - 22.0)
St. Louis, MO-IL Metropolitan Statistical Area	22.7	(19.4 - 26.3)
Scottsbluff, NE Micropolitan Statistical Area	23.2	(19.3 - 27.5)
Sioux Falls, SD Metropolitan Statistical Area	18.3	(15.9 - 21.0)
Topeka, KS Metropolitan Statistical Area	22.9	(19.5 - 26.8)
Warren-Farmington Hills-Troy, MI Metropolitan Division	19.4	(17.6 - 21.3)
Wichita, KS Metropolitan Statistical Area	23.8	(21.5 - 26.4)
West		
Albuquerque, NM Metropolitan Statistical Area	20.5	(18.2 - 23.0)
Anchorage, AK Metropolitan Statistical Area	22.8	(19.2 - 27.0)
Billings, MT Metropolitan Statistical Area	22.6	(17.9 - 28.0)
Bremerton-Silverdale, WA Metropolitan Statistical Area	16.0	(13.5 - 18.8)
Casper, WY Metropolitan Statistical Area	22.4	(19.0 - 26.3)
Cheyenne, WY Metropolitan Statistical Area	22.4	(19.3 - 25.9)
Coeur d'Alene, ID Metropolitan Statistical Area	20.1	(16.0 - 25.1)
Colorado Springs, CO Metropolitan Statistical Area	17.4	(14.4 - 20.8)
Denver-Aurora, CO Metropolitan Statistical Area	18.5	(16.8 - 20.4)
Eugene-Springfield, OR Metropolitan Statistical Area	19.2	(16.6 - 22.2)
Fairbanks, AK Metropolitan Statistical Area	21.1	(17.2 - 25.5)
Grand Rapids-Wyoming, MI Metropolitan Statistical Area	17.7	(15.0 - 20.7)
Hilo, HI Micropolitan Statistical Area	20.7	(18.3 - 23.4)
Honolulu, HI Metropolitan Statistical Area	19.4	(17.7 - 21.1)
Idaho Falls, ID Metropolitan Statistical Area	23.6	(19.7 - 27.9)
Kahului-Wailuku, HI Micropolitan Statistical Area	18.2	(15.2 - 21.7)
Kapaa, HI Micropolitan Statistical Area	13.9	(11.2 - 17.0)
Kennewick-Richland-Pasco, WA Metropolitan Statistical Area	20.6	(17.1 - 24.5)
Las Cruces, NM Metropolitan Statistical Area	28.5	(24.9 - 32.5)
Las Vegas-Paradise, NV Metropolitan Statistical Area	28.6	(25.3 - 32.2)
Lewiston, ID-WA Metropolitan Statistical Area	22.3	(18.3 - 26.8)
Los Angeles-Long Beach-Glendale, CA Metropolitan Division	24.5	(20.8 - 28.5)
Medford, OR Metropolitan Statistical Area	16.6	(13.5 - 20.1)
Ogden-Clearfield, UT Metropolitan Statistical Area	19.6	(16.7 - 22.7)
Olympia, WA Metropolitan Statistical Area	13.9	(12.1 - 16.0)
Phoenix-Mesa-Scottsdale, AZ Metropolitan Statistical Area	22.3	(19.1 - 25.9)
Portland-Vancouver-Beaverton, OR-WA Metropolitan Statistical Area	16.8	(15.7 - 17.9)
Provo-Orem, UT Metropolitan Statistical Area	22.2	(18.5 - 26.5)
Reno-Sparks, NV Metropolitan Statistical Area	20.6	(18.0 - 23.5)
Riverside-San Bernardino-Ontario, CA Metropolitan Statistical Area	27.6	(23.9 - 31.6)
Salem, OR Metropolitan Statistical Area	21.7	(18.6 - 25.1)
Salt Lake City, UT Metropolitan Statistical Area	19.1	(17.2 - 21.1)
San Diego-Carlsbad-San Marcos, CA Metropolitan Statistical Area	22.6	(18.9 - 26.9)
San Francisco-Oakland-Fremont, CA Metropolitan Statistical Area	20.6	(16.9 - 24.9)
Santa Ana-Anaheim-Irvine, CA Metropolitan Division	19.2	(15.6 - 23.3)
Santa Fe, NM Metropolitan Statistical Area	16.5	(12.8 - 21.0)
Seattle-Bellevue-Everett, WA Metropolitan Division	15.9	(14.6 - 17.1)
Spokane, WA Metropolitan Statistical Area	17.4	(15.3 - 19.8)
Tacoma, WA Metropolitan Division	20.1	(17.9 - 22.4)
Tucson, AZ Metropolitan Statistical Area	19.1	(16.0 - 22.7)
Wenatchee, WA Metropolitan Statistical Area	20.4	(17.5 - 23.6)
Yakima, WA Metropolitan Statistical Area	24.2	(20.9 - 27.9)
Yuma, AZ Metropolitan Statistical Area	30.0	(25.1 - 35.5)

Note: Data were adjusted for non-responses and weighted to the population of the geographic area.

^aMetropolitan areas with at least 500 survey respondents are shown. Areas were defined by OMB Bulletin 05-02, June 6, 2003.

^a Metropolitan division is a metropolitan statistical area containing a single urbanized area with a population of 2.5 million that has been subdivided into metropolitan divisions, which function as distinct social and economic areas within the larger metropolitan statistical area.

^bNo leisure-time physical activity = no reported leisure-time physical activities (i.e., any physical activities or exercises such as running, calisthenics, golf, gardening, or walking) in the past month.

^c% = estimated proportion of the population.

^d95% CI = confidence interval.