

**No Leisure-Time Physical Activity Prevalence Statistics by Metropolitan Area —
United States, SMART BRFSS 2004**

Metropolitan Area^a	No Leisure-Time Physical Activity^b	
	%^c	95% CI^d
Northeast		
Allentown-Bethlehem-Easton, PA-NJ MSA	20.3	(16.4 - 24.9)
Barre, VT Micropolitan Statistical Area	16.6	(13.3 - 20.5)
Boston-Quincy, MA Metropolitan Division	21.2	(18.8 - 23.7)
Bridgeport-Stamford-Norwalk, CT MSA	17.9	(15.2 - 20.9)
Burlington-South Burlington, VT MSA	16.4	(14.6 - 18.3)
Cambridge-Newton-Framingham, MA Metropolitan Division	17.8	(15.3 - 20.5)
Camden, NJ Metropolitan Division	23.1	(20.7 - 25.7)
Cleveland-Elyria-Mentor, OH MSA	18.8	(14.9 - 23.4)
Concord, NH Micropolitan Statistical Area	16.7	(13.6 - 20.3)
Edison, NJ Metropolitan Division	24.4	(22.6 - 26.4)
Essex County, MA Metropolitan Division	19.6	(16.6 - 22.8)
Hartford-West Hartford-East Hartford, CT MSA	16.6	(14.8 - 18.6)
Lebanon, NH-VT Micropolitan Statistical Area	18.0	(15.8 - 20.5)
Manchester-Nashua, NH MSA	19.0	(16.8 - 21.5)
Nassau-Suffolk, NY Metropolitan Division	25.8	(22 - 30.1)
Newark-Union, NJ-PA Metropolitan Division	25.2	(23.1 - 27.4)
New Haven-Milford, CT MSA	22.7	(19.9 - 25.9)
New York-White Plains-Wayne, NY-NJ Metropolitan Division	29.2	(27.2 - 31.3)
Norwich-New London, CT MSA	18.4	(15.4 - 22)
Philadelphia, PA Metropolitan Division	20.9	(18.5 - 23.4)
Pittsburgh, PA MSA	23.7	(21 - 26.6)
Portland-South Portland-Biddeford, ME MSA	18.2	(15.6 - 21.1)
Providence-New Bedford-Fall River, RI-MA MSA	24.5	(22.8 - 26.2)
Rockingham County-Strafford County, NH Metropolitan Division	18.0	(15.9 - 20.3)
Rutland, VT Micropolitan Statistical Area	19.6	(16.1 - 23.7)
Springfield, MA MSA	18.4	(15.8 - 21.3)
Trenton-Ewing, NJ MSA	24.5	(20.2 - 29.4)
Worcester, MA MSA	22.9	(19.9 - 26.2)
South		
Alexandria, LA MSA	28.6	(24.5 - 33.1)
Asheville, NC MSA	19.9	(16 - 24.4)
Atlanta-Sandy Springs-Marietta, GA MSA	24.3	(21.8 - 27.1)
Augusta-Richmond County, GA-SC MSA	26.7	(22.1 - 32)
Austin-Round Rock, TX MSA	21.8	(17.8 - 26.4)
Baltimore-Towson, MD MSA	20.8	(18.5 - 23.2)
Baton Rouge, LA MSA	27.1	(24.4 - 30.1)
Bethesda-Gaithersburg-Frederick, MD Metropolitan Division	17.0	(14.3 - 20.1)
Birmingham-Hoover, AL MSA	28.1	(24.7 - 31.7)
Charleston, WV MSA	22.7	(19.2 - 26.6)
Charleston-North Charleston, SC MSA	21.9	(18.8 - 25.3)
Charlotte-Gastonia-Concord, NC-SC MSA	23.3	(20.9 - 25.8)
Clarksville, TN-KY MSA	27.4	(23.7 - 31.4)
Columbia, SC MSA	20.1	(17.5 - 22.9)
Dallas-Plano-Irving, TX Metropolitan Division	25.2	(21.6 - 29.1)
Dover, DE MSA	23.3	(20.8 - 25.9)
Durham, NC MSA	21.6	(18.6 - 24.9)
El Paso, TX MSA	27.2	(23.2 - 31.5)
Fayetteville, NC MSA	26.5	(21.9 - 31.6)
Fayetteville-Springdale-Rogers, AR-MO MSA	18.1	(14.9 - 21.9)
Fort Worth-Arlington, TX Metropolitan Division	24.5	(20.5 - 29)
Greensboro-High Point, NC MSA	24.3	(20.8 - 28)
Greenville, SC MSA	22.5	(19.7 - 25.6)
Hickory-Lenoir-Morganton, NC MSA	25.9	(21.6 - 30.6)
Houma-Bayou Cane-Thibodaux, LA MSA	38.6	(34 - 43.5)
Houston-Sugar Land-Baytown, TX MSA	26.1	(22.6 - 29.9)
Huntington-Ashland, WV-KY-OH MSA	25.5	(20.9 - 30.6)
Jackson, MS MSA	29.0	(25.6 - 32.6)
Lake Charles, LA MSA	34.0	(29.9 - 38.2)
Little Rock-North Little Rock, AR MSA	23.1	(20.1 - 26.4)
Louisville, KY-IN MSA	26.6	(22.7 - 30.9)
Memphis, TN-MS-AR MSA	35.2	(30.8 - 39.9)

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Miami-Fort Lauderdale-Miami Beach, FL MSA	26.0	(23.2 - 29.1)
Monroe, LA MSA	32.5	(28.1 - 37.3)
Nashville-Davidson--Murfreesboro, TN MSA	23.7	(20 - 27.8)
New Orleans-Metairie-Kenner, LA MSA	28.1	(25.5 - 30.7)
Oklahoma City, OK MSA	25.5	(23.4 - 27.8)
Orlando-Kissimmee, FL MSA	21.7	(17.7 - 26.3)
Raleigh-Cary, NC MSA	20.5	(17.6 - 23.9)
Richmond, VA MSA	23.1	(19.9 - 26.7)
St. Louis, MO-IL MSA	21.8	(19.1 - 24.7)
San Antonio, TX MSA	22.2	(18.7 - 26.2)
Seaford, DE Micropolitan Statistical Area	23.7	(21 - 26.7)
Shreveport-Bossier City, LA MSA	25.4	(22.1 - 29.1)
Tampa-St. Petersburg-Clearwater, FL MSA	24.0	(20.4 - 28.2)
Tulsa, OK MSA	26.2	(23.6 - 28.9)
Virginia Beach-Norfolk-Newport News, VA-NC MSA	19.2	(16.6 - 22.1)
Washington-Arlington-Alexandria, DC-VA-MD-WV Metropolitan Division	21.8	(19.1 - 24.8)
Wilmington, DE-MD-NJ Metropolitan Division	22.4	(20.1 - 24.9)
Wilmington, NC MSA	22.5	(18.4 - 27.3)
Winston-Salem, NC MSA	21.7	(17.9 - 26)
Midwest		
Akron, OH MSA	19.9	(15.8 - 24.7)
Chicago-Naperville-Joliet, IL-IN-WI MSA	24.4	(22.5 - 26.4)
Cincinnati-Middletown, OH-KY-IN MSA	23.3	(19.4 - 27.6)
Columbus, OH MSA	22.5	(17.8 - 27.9)
Dayton, OH MSA	23.3	(18.6 - 28.9)
Des Moines, IA MSA	18.3	(15.7 - 21.3)
Detroit-Livonia-Dearborn, MI Metropolitan Division	25.6	(22.1 - 29.3)
Fargo, ND-MN MSA	15.9	(12.4 - 20.3)
Indianapolis, IN MSA	23.6	(21.4 - 25.9)
Kansas City, MO-KS MSA	23.5	(21.5 - 25.6)
Lincoln, NE MSA	17.3	(14.6 - 20.4)
Milwaukee-Waukesha-West Allis, WI MSA	19.2	(16.7 - 22.1)
Minneapolis-St. Paul-Bloomington, MN-WI MSA	15.6	(14.1 - 17.2)
Omaha-Council Bluffs, NE-IA MSA	19.3	(17.2 - 21.5)
Rapid City, SD MSA	15.4	(13 - 18.1)
Scottsbluff, NE Micropolitan Statistical Area	23.3	(18.8 - 28.5)
Sioux Falls, SD MSA	17.0	(14.6 - 19.7)
Toledo, OH MSA	21.2	(16.7 - 26.6)
Topeka, KS MSA	23.5	(20.4 - 26.9)
Warren-Farmington Hills-Troy, MI Metropolitan Division	18.8	(16.2 - 21.9)
Wichita, KS MSA	22.2	(20.1 - 24.4)
Youngstown-Warren-Boardman, OH-PA MSA	22.3	(17.6 - 27.8)
West		
Albuquerque, NM MSA	18.9	(16.9 - 21.1)
Anchorage, AK MSA	22.0	(18.2 - 26.4)
Billings, MT MSA	20.5	(16.8 - 24.8)
Boise City-Nampa, ID MSA	19.3	(16.9 - 21.9)
Bremerton-Silverdale, WA MSA	16.5	(13.9 - 19.4)
Casper, WY MSA	18.5	(15.1 - 22.5)
Cheyenne, WY MSA	18.5	(15.4 - 22)
Colorado Springs, CO MSA	19.1	(15.8 - 23)
Denver-Aurora, CO MSA	19.1	(17.2 - 21.2)
Kennewick-Richland-Pasco, WA MSA	20.0	(16.3 - 24.3)
Las Cruces, NM MSA	22.8	(19.2 - 27)
Las Vegas-Paradise, NV MSA	26.7	(23.7 - 30)
Los Angeles-Long Beach-Glendale, CA Metropolitan Division	25.7	(22.7 - 28.9)
Ogden-Clearfield, UT MSA	16.1	(13.6 - 19)
Olympia, WA MSA	15.0	(12.8 - 17.5)
Phoenix-Mesa-Scottsdale, AZ MSA	25.7	(22.3 - 29.5)
Portland-Vancouver-Beaverton, OR-WA MSA	15.0	(13.5 - 16.7)
Provo-Orem, UT MSA	16.1	(13 - 19.7)

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Reno-Sparks, NV MSA	16.7	(14.3 - 19.5)
Salt Lake City, UT MSA	17.4	(15.6 - 19.4)
San Francisco-Oakland-Fremont, CA MSA	22.2	(18 - 27)
Santa Fe, NM MSA	16.0	(12.2 - 20.6)
Seattle-Bellevue-Everett, WA Metropolitan Division	15.8	(14.5 - 17.2)
Spokane, WA MSA	17.7	(15.3 - 20.4)
Tacoma, WA Metropolitan Division	16.8	(14.8 - 19)
Tucson, AZ MSA	23.0	(19.4 - 26.9)
Wenatchee, WA MSA	21.4	(17.3 - 26.2)
Yakima, WA MSA	27.5	(23.9 - 31.5)

Note: Data were adjusted for non-responses and weighted to the population of the geographic area.

^aMetropolitan areas with at least 500 survey respondents are shown. Areas were defined by OMB Bulletin 05-02, June 6, 2003.

^a MSA (MSA) = a group of counties comprised of a city or urbanized area of at least 50,000 inhabitants and surrounding contiguous counties.

^a Metropolitan division is a metropolitan statistical area containing a single urbanized area with a population of 2.5 million that has been subdivided into metropolitan divisions, which function as distinct social and economic areas within the larger metropolitan statistical area. A Micropolitan statistical areas are geographic entities defined by the Office of Management and Budget (OMB) with an urban core of at least 10,000 but less than 50,000 population.

^bNo leisure-time physical activity = no reported leisure-time physical activities (i.e., any physical activities or exercises such as running, calisthenics, golf, gardening, or walking) in the past month.

^c% = estimated proportion of the population.

^d95% CI = confidence interval.