

**No Leisure-Time Physical Activity Prevalence Statistics by Metropolitan Area —
United States, BRFSS 2001**

Metropolitan Area^a	No Leisure-Time Physical Activity^b	
	%^c	95% CI^d
Northeast		
Bergen-Passaic, NJ, PMSA	27.0	(23.3 - 30.6)
Boston-Worcester-Lawrence-Lowell-Brockton, MA-NH, NECMA	22.6	(21.5 - 23.6)
Burlington, VT, NECMA	18.1	(15.8 - 20.4)
Hartford, CT, NECMA	22.5	(20.6 - 24.3)
Jersey City, NJ, PMSA	32.6	(27.9 - 37.2)
Middlesex-Somerset-Hunterdon, NJ, PMSA	20.9	(17.2 - 24.5)
Monmouth-Ocean, NJ, PMSA	25.5	(20.9 - 30.2)
Nassau-Suffolk, NY, PMSA	25.2	(20.7 - 29.7)
New Haven-Bridgeport-Stamford-Waterbury-Danbury, CT, NECMA	25.7	(23.9 - 27.6)
New London-Norwich, CT, NECMA	23.6	(19.7 - 27.4)
New York, NY, PMSA	31.7	(28.7 - 34.6)
Newark, NJ, PMSA	27.7	(24.5 - 30.9)
Philadelphia, PA-NJ, PMSA	23.4	(20.8 - 26.0)
Pittsburgh, PA, MSA	27.4	(23.5 - 31.3)
Providence-Warwick-Pawtucket, RI, NECMA	25.5	(23.9 - 27.1)
Springfield, MA, NECMA	27.0	(23.7 - 30.3)
Midwest		
Chicago, IL, PMSA	25.5	(22.7 - 28.3)
Cincinnati, OH-KY-IN, PMSA	25.2	(21.9 - 28.6)
Cleveland-Lorain-Elyria, OH, PMSA	22.9	(18.9 - 26.8)
Columbus, OH, MSA	22.3	(18.1 - 26.4)
Des Moines, IA, MSA	23.4	(19.8 - 27.1)
Detroit, MI, PMSA	24.4	(21.9 - 26.9)
Fargo-Moorhead, ND-MN, MSA	18.9	(14.4 - 23.3)
Huntington-Ashland, WV-KY-OH, MSA	31.2	(26.2 - 36.3)
Indianapolis, IN, MSA	26.4	(23.4 - 29.5)
Kansas City, MO-KS, MSA	24.0	(21.6 - 26.4)
Lincoln, NE, MSA	36.2	(31.7 - 40.6)
Louisville, KY-IN, MSA	29.6	(25.5 - 33.7)
Milwaukee-Waukesha, WI, PMSA	23.2	(20.0 - 26.4)
Minneapolis-St Paul, MN-WI, MSA	16.0	(14.3 - 17.7)
Oklahoma City, OK, MSA	30.8	(27.0 - 34.7)
Omaha, NE-IA, MSA	26.5	(23.5 - 29.4)
Rapid City, SD, MSA	20.3	(16.7 - 23.8)
Sioux Falls, SD, MSA	22.3	(19.7 - 24.8)
St Louis, MO-IL, MSA	27.8	(24.0 - 31.5)
Tulsa, OK, MSA	33.9	(29.6 - 38.2)
Wichita, KS, MSA	26.9	(23.7 - 30.1)
South		
Atlanta, GA, MSA	24.0	(21.3 - 26.6)
Baltimore, MD, PMSA	25.0	(22.5 - 27.4)
Baton Rouge, LA, MSA	29.2	(25.4 - 33.0)
Birmingham, AL, MSA	30.6	(26.3 - 35.0)
Charlotte-Gastonia-Rock Hill, NC-SC, MSA	23.9	(20.1 - 27.8)
Cincinnati, OH-KY-IN, PMSA	25.2	(21.9 - 28.6)
Dallas, TX, PMSA	24.7	(21.2 - 28.1)
Dover, DE, MSA	26.6	(23.6 - 29.6)
Greensboro--Winston-Salem--High Point, NC, MSA	25.4	(21.4 - 29.5)
Greenville-Spartanburg-Anderson, SC, MSA	25.2	(21.6 - 28.8)
Houston, TX, PMSA	27.7	(24.3 - 31.0)
Huntington-Ashland, WV-KY-OH, MSA	31.2	(26.2 - 36.3)
Little Rock-North Little Rock, AR, MSA	24.7	(20.8 - 28.5)
Louisville, KY-IN, MSA	29.6	(25.5 - 33.7)

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	%^c	95% CI^d
Memphis, TN-AR-MS, MSA	35.6	(30.7 - 40.4)
Miami, FL, PMSA	37.0	(32.3 - 41.8)
Nashville, TN, MSA	30.5	(26.4 - 34.5)
New Orleans, LA, MSA	31.4	(28.6 - 34.3)
Norfolk-Virginia Beach-Newport News, VA-NC, MSA	24.0	(20.0 - 27.9)
Raleigh-Durham-Chapel Hill, NC, MSA	24.8	(21.0 - 28.7)
Tampa-St Petersburg-Clearwater, FL, MSA	26.1	(22.1 - 30.1)
Washington, DC-MD-VA-WV, PMSA	21.0	(19.1 - 22.8)
Wilmington-Newark, DE-MD, PMSA	24.4	(21.9 - 26.9)
West		
Albuquerque, NM, MSA	22.6	(19.8 - 25.5)
Boise City, ID, MSA	19.5	(16.6 - 22.5)
Denver, CO, PMSA	20.5	(17.4 - 23.5)
Honolulu, HI, MSA	18.4	(16.4 - 20.4)
Las Vegas, NV-AZ, MSA	23.6	(20.8 - 26.4)
Los Angeles-Long Beach, CA, PMSA	30.6	(26.7 - 34.5)
Phoenix-Mesa, AZ, MSA	21.1	(18.0 - 24.2)
Portland-Vancouver, OR-WA, PMSA	18.2	(15.9 - 20.6)
Reno, NV, MSA	19.9	(16.9 - 23.0)
Salt Lake City-Ogden, UT, MSA	16.9	(14.8 - 19.1)
Seattle-Bellevue-Everett, WA, PMSA	16.0	(14.1 - 18.0)
Tucson, AZ, MSA	20.1	(16.8 - 23.4)

Note: Data were adjusted for non-responses and weighted to the population of the geographic area.

^aMetropolitan areas with at least 500 survey respondents are shown. Areas were defined by OMB Bulletin 99-04, June 30, 1999.

^aMetropolitan Statistical Area (MSA) = a group of counties comprised of a city or urbanized area of at least 50,000 inhabitants and surrounding contiguous counties.

^aPrimary Metropolitan Statistical Area (PMSA) = a smaller component MSA of a metropolitan area with population of 1 million or more and multiple population centers.

^aNew England County Metropolitan Area (NECMA) = a county or counties in New England, comprised of cities and towns as population centers.

^bNo leisure-time physical activity = no reported leisure-time physical activities (i.e., any physical activities or exercises such as running, calisthenics, golf, gardening, or walking) in the past month.

^c% = estimated proportion of the population.

^d95% CI = confidence interval.