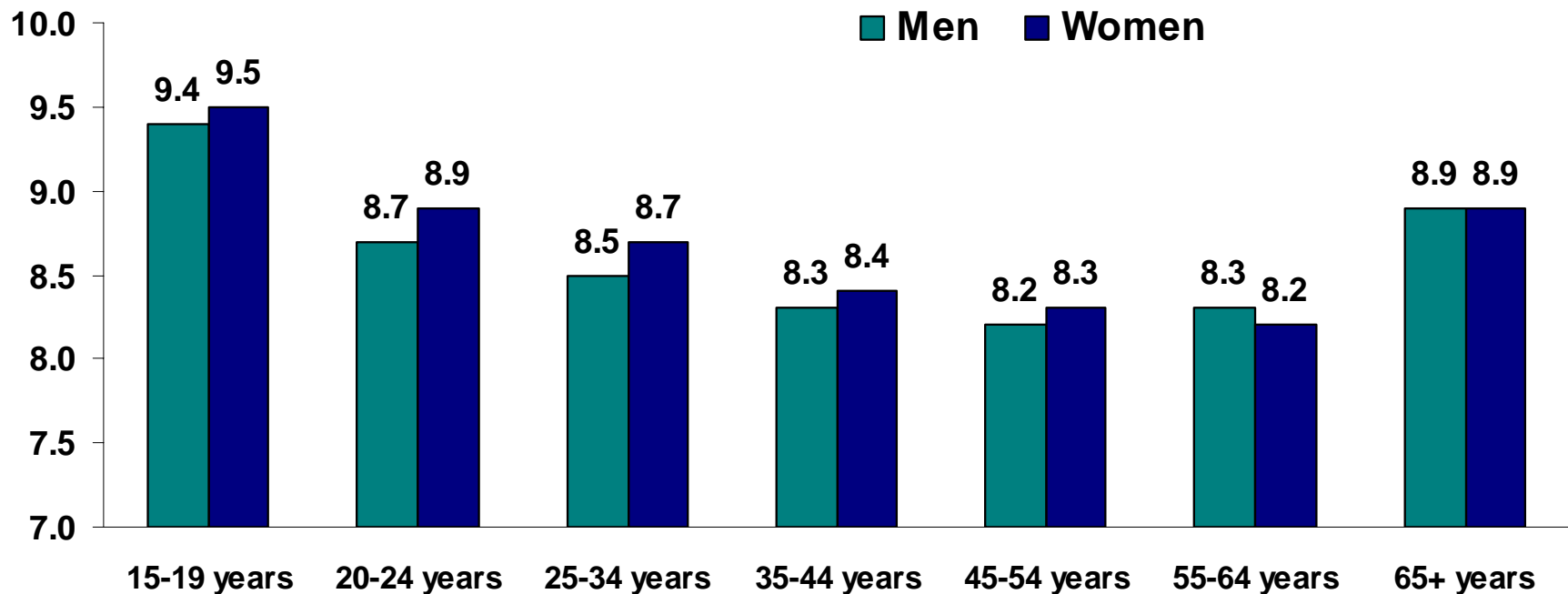


# Average sleep times per day, by age and sex

Average hours  
per day



NOTE: Data include all persons age 15 and over. Data include all days of the week and are annual averages for 2007.

SOURCE: Bureau of Labor Statistics