

Form Approved  
OMB No: 0920-0445  
Expiration Date: 10/31/2002

# **Health Services State Questionnaire**

# Health Services State Questionnaire

## Questions

Standard Health Services.....	1 - 50
Student Health Records.....	1
Required Immunizations and Vaccinations .....	2 - 5
Procedures for Student Medication.....	6 - 7
Approach to Students or Staff with HIV/AIDS.....	8 - 10
Provision of Health Services .....	11 - 50
Medicaid.....	11
Collaboration.....	12 - 13
Evaluation .....	14
Illness and Injury.....	15 - 19
Screening.....	20 - 31
Other Services .....	32 - 37
Staffing Characteristics.....	38 - 50
School-Based Health Center Services.....	51 - 53
Services at Other Sites .....	54
Health Services Coordinator.....	55 - 65

Public reporting burden for this collection of information is estimated to average 45 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: CDC/ATSDR Reports Clearance Officer, 1600 Clifton Road NE, Mailstop D-24, Atlanta, GA 30333; Attention PRA (0920-0445).

## **Special Instructions**

---

1. This questionnaire focuses on your state practices and policies.
2. When we use the word “policy,” we mean any mandate issued by the state school board, state legislature, or other state agency that affects health services in districts or schools throughout your state. Please consider any policies officially adopted at the state level. These include policies developed by your state, or those based on model policies developed elsewhere.
3. We recognize that there may be some exceptions to the policies, but please answer the questions based on what is customary in your state. Please do not consider district or school practices or policies when answering the questions. (We will ask about district and school practices and policies when we collect information from districts and schools across the country.)
4. If you would like more information about this study or would like clarification of any questions in this survey, please call Tim Smith at 1-800-647-9664, extension 6095.

## Standard Health Services

---

1. Has your state adopted a policy stating that schools will keep the following information in any type of student record?

	Yes	No
1. A physical health history .....	1	2
2. An emotional or mental health history .....	1	2
3. Tuberculosis skin test results.....	1	2
4. Screening records .....	1	2
5. Immunization or vaccination status .....	1	2
6. Medication needs.....	1	2
7. Dietary needs or restrictions.....	1	2
8. Physical activity restrictions .....	1	2
9. Emergency contact information.....	1	2
10. An authorization for emergency treatment.....	1	2
11. Insurance coverage information .....	1	2

2. Has your state adopted a policy stating that students entering kindergarten or first grade will have each of the following immunizations or vaccinations?

	Yes	No
1. A measles-containing vaccine, such as MMR .....	1	2
2. A polio vaccine, such as OPV .....	1	2
3. Diphtheria.....	1	2
4. Tetanus.....	1	2
5. Haemophilus influenzae type b or Hib .....	1	2
6. Influenza.....	1	2
7. Hepatitis B.....	1	2
8. Chicken pox (varicella) .....	1	2
9. Pneumococcal.....	1	2

3. Based on policies adopted by your state, are students who have not received the required school-entry immunizations or vaccinations immediately excluded from attending classes or are they allowed to attend classes?

If your state has not adopted a policy, please mark this box  and skip to Question 4.

- Immediately excluded .....1  
 Allowed to attend indefinitely .....2  
 Allowed to attend for a specified number of days until  
 they receive the immunization or vaccination .....3

4. Has your state adopted a policy stating that students entering middle/junior high school will have each of the following immunizations or vaccinations?

	Yes	No
1. A second measles-containing vaccine .....	1	2
2. Hepatitis A .....	1	2
3. Hepatitis B.....	1	2
4. Chicken pox (varicella) .....	1	2
5. Tetanus.....	1	2

5. Has your state adopted a policy stating that students entering senior high school will have each of the following immunizations or vaccinations?

	Yes	No
1. A second measles-containing vaccine .....	1	2
2. Hepatitis A .....	1	2
3. Hepatitis B.....	1	2
4. Chicken pox (varicella) .....	1	2
5. Tetanus.....	1	2

6. Has your state adopted a policy stating that schools will have the following documentation before school faculty or staff may administer prescription drugs to a student?

If school faculty and staff are not allowed to administer prescription drugs to students, please mark this box  and skip to Question 7.

Yes                      No

- |   |   |        |
|---|---|--------|
| 1. Written instructions from the physician or prescriber..... | 1 | .....2 |
| 2. Written request from the parent or guardian.....           | 1 | .....2 |
| 3. Written information on possible side-effects .....         | 1 | .....2 |

7. Has your state adopted a policy stating that some students may self-medicate at school using the following medications?

If students in your state are not permitted to self-medicate, please mark this box  and skip to Question 8.

Yes                      No

- |  |   |        |
|--|---|--------|
| 1. A prescription inhaler.....                 | 1 | .....2 |
| 2. Epinephrine .....                           | 1 | .....2 |
| 3. Insulin or other injected medications ..... | 1 | .....2 |
| 4. Other prescribed medications .....          | 1 | .....2 |
| 5. Over-the-counter medications .....          | 1 | .....2 |

8. Has your state adopted a policy stating that schools will allow students who have human immunodeficiency virus (HIV) or acquired immunodeficiency syndrome (AIDS) to engage in the following activities as long as they are able?

Yes                      No

- |   |   |        |
|---|---|--------|
| 1. Attend classes like other students.....                | 1 | .....2 |
| 2. Participate in school sports like other students ..... | 1 | .....2 |
| 3. Participate in any other school activities .....       | 1 | .....2 |

**Standard Health Services**

---

9. Has your state adopted a policy stating that schools will allow faculty and staff who have HIV or AIDS to continue working as long as they are able?

Yes..... 1  
 No ..... 2

10. Has your state adopted a policy stating that schools will have a system in place to notify teachers when any of their students have any of the following conditions?

	Yes	No
1. HIV or AIDS.....	1	2
2. Any other chronic health condition, such as diabetes or asthma.....	1	2
3. Any other communicable health condition, such as measles or chicken pox .....	1	2

11. The following questions ask about *standard health services*, meaning those health services offered at the school, usually by a school nurse. By health services, we mean services such as first aid, administration of medications, identification and treatment of acute illnesses, or immunizations or vaccinations. Later in the questionnaire, we will ask about any services offered by school-based health centers or at other sites.

In your state, do any schools serve as Medicaid providers by providing health services to students?

Yes..... 1  
 No ..... 2

12. During the past 12 months, have state health services staff worked on school health services activities with each of the following groups?

	Yes	No
1. State health education staff .....	1	2
2. State physical education staff .....	1	2
3. State food service staff.....	1	2
4. State mental health or social services staff.....	1	2

13. During the past 12 months, have state health services staff worked on school health services

activities with staff or members from each of these organizations?

	Yes	No
1. State-level school nurses association .....	1	2
2. State-level health organization, such as the American Heart Association or the American Red Cross.....	1	2
3. Colleges or universities .....	1	2
4. Businesses .....	1	2

14. During the past 2 years, have the following aspects of your state health services program been evaluated?

	Yes	No
1. Student use of the school health services program.....	1	2
2. The quality of the school health services program.....	1	2
3. Student satisfaction with the school health services program.....	1	2
4. Family satisfaction with the school health services program.....	1	2
5. School health services policies .....	1	2
6. Health services staff development or in-service programs .	1	2

15. Has your state adopted a policy stating that schools will take each of the following actions after a student is seriously injured on school property? By “seriously injured,” we mean an injury requiring emergency medical services (EMS) response or immediate care by a physician or other health care professional, and the loss of at least a half day of school.

	Yes	No
1. Notify the student’s parents or guardians.....	1	2
2. Notify the student’s teachers .....	1	2
3. Report the incident to the state or local health department.....	1	2
4. Write an injury report.....	1	2

If an injury report is not required, please skip to Question 17. Otherwise, continue with Question 16.



16. Has your state adopted a policy stating that districts or schools will submit student injury report data to the state education agency or state health department?

Yes..... 1  
 No ..... 2

17. Has your state adopted a policy stating that schools will make supplies for applying universal precautions available in the following locations? These supplies include disposable latex gloves, antiseptic towelettes, and bandages.

	Yes	No
a. In all classrooms .....	1	2
b. In the gymnasium, on playgrounds, or on playing fields.....	1	2
c. On school buses or in other vehicles used to transport students.....	1	2

18. Has your state adopted a policy stating that schools will take each of the following actions when a student experiences a serious illness at school? By “serious illness,” we mean one requiring EMS response, or immediate care by a physician or other health care professional, and the loss of at least a half day of school.

	Yes	No
1. Notify the student’s parents or guardians.....	1	2
b. Notify the student’s teachers .....	1	2
3. Report notifiable diseases to the state or local health department.....	1	2
4. Write an illness report.....	1	2

If an illness report is not required, please skip to Question 20. Otherwise, continue with Question 19.

19. Has your state adopted a policy stating that districts or schools will submit student illness report data to the state education agency or state health department?

Yes.....1  
No .....2

20. The next questions are about state policies on student health screenings. By “student health screenings”, we mean screenings conducted for most students in the school or in certain grades at the school. Please do not include screenings conducted for special populations of students, for example screenings conducted only for special education students.

Has your state adopted a policy stating that districts or schools will screen students for hearing problems?

Yes.....1  
No .....2 → Skip to Question 22

21. Has your state adopted a policy stating that the following actions will be taken when a student’s hearing screening indicates a potential problem?

	Yes	No
1. Notify the student's parents or guardians.....	1	2
2. Notify the student's teachers .....	1	2

22. Has your state adopted a policy stating that districts or schools will screen students for vision problems?

Yes.....1  
No.....2 → Skip to Question 24

**Standard Health Services**

23. Has your state adopted a policy stating that the following actions will be taken when a student's vision screening indicates a potential problem?

Yes No

- 1. Notify the student's parents or guardians..... 1 ..... 2
- 2. Notify the student's teachers ..... 1 ..... 2

24. Has your state adopted a policy stating that districts or schools will screen students for oral health problems?

Yes..... 1  
No..... 2 → Skip to Question 26

25. Has your state adopted a policy stating that the following actions will be taken when a student's oral health screening indicates a potential problem?

Yes No

- 1. Notify the student's parents or guardians..... 1 ..... 2
- 2. Notify the student's teachers ..... 1 ..... 2

26. Has your state adopted a policy stating that districts or schools will screen students for tuberculosis?

Yes..... 1  
No..... 2 → Skip to Question 28

27. Has your state adopted a policy stating that the following actions will be taken when a student's tuberculosis screening indicates a potential problem?

Yes No

- 1. Notify the student's parents or guardians..... 1 ..... 2
- 2. Notify the student's teachers ..... 1 ..... 2
- 3. Notify the state or local health department ..... 1 ..... 2

28. Has your state adopted a policy stating that districts or schools will screen students for

height and weight or body mass problems?

Yes..... 1  
No.....2 → Skip to Question 30

29. Has your state adopted a policy stating that the following actions will be taken when a student's height and weight or body mass screening indicates a potential problem?

Yes No

- 1. Notify the student's parents or guardians..... 1 ..... 2
- 2. Notify the student's teachers ..... 1 ..... 2

30. Has your state adopted a policy stating that districts or schools will screen students for scoliosis?

Yes..... 1  
No.....2 → Skip to Question 32

31. Has your state adopted a policy stating that the following actions will be taken when a student's scoliosis screening indicates a potential problem?

Yes No

- 1. Notify the student's parents or guardians..... 1 ..... 2
- 2. Notify the student's teachers ..... 1 ..... 2

32. Has your state adopted a policy stating that districts or schools will provide each of the following services to students when needed?

	Yes	No
1. First aid .....	1	2
2. Cardiopulmonary resuscitation (CPR) .....	1	2
3. Administration of medications.....	1	2
4. Prescriptions for medications .....	1	2
5. Immunizations or vaccinations .....	1	2
6. Identification or treatment of acute illnesses .....	1	2
7. Identification or treatment of chronic illnesses.....	1	2
8. Case management for students with chronic health conditions, such as asthma or diabetes.....	1	2
9. Administration of sports physicals.....	1	2
10. Identification of or referrals for dental problems.....	1	2
11. Lab tests .....	1	2
12. Prenatal care referrals .....	1	2
13. Identification or treatment of sexually transmitted diseases (STDs) .....	1	2

33. Has your state adopted a policy stating that school nurses will participate in the development of Individualized Education Plans (IEPs), when indicated?

Yes.....	1	
No .....	2	

34. Has your state adopted a policy stating that school nurses will participate in the development of Individualized Health Plans (IHPs)?

Yes.....	1	
No .....	2	

35. Has your state adopted a policy stating that health services staff will follow “Do Not Resuscitate,” or DNR orders?

Yes.....	1	
No .....	2	

36. Has your state adopted a policy stating that districts or schools will provide each of the

**Standard Health Services**

---

following services to students when needed? These services might be provided in one-on-one or small group discussions by any school staff. Please do not include classroom instruction.

	Yes	No
1. Nutrition and dietary behavior counseling, including weight management .....	1	2
2. Eating disorders prevention.....	1	2
3. Physical activity and fitness counseling.....	1	2
4. Pregnancy prevention.....	1	2
5. HIV prevention.....	1	2
6. STD prevention .....	1	2
7. Suicide prevention .....	1	2
8. Tobacco use prevention .....	1	2
9. Alcohol or other drug use prevention .....	1	2
10. Violence prevention, for example bullying, fighting, or homicide.....	1	2
11. Accident or injury prevention.....	1	2

**Standard Health Services**

37. Has your state adopted a policy stating that districts or schools will provide each of the following services to students when needed? Again, these services might be provided by any school staff.

	Yes	No
1. Tobacco use cessation .....	1	2
2. Alcohol or other drug use treatment.....	1	2
3. Crisis intervention for personal problems.....	1	2
4. Identification of or counseling for mental or emotional disorders, such as anxiety or depression .....	1	2
5. Stress management .....	1	2
6. Eating disorders treatment .....	1	2
7. Identification of or referral for physical, sexual, or emotional abuse .....	1	2
8. HIV testing and counseling .....	1	2
9. Referrals for after-school programs such as day-care or supervised recreation .....	1	2
10. Services for gay, lesbian, or bisexual students.....	1	2
11. Referrals for child care for teen mothers.....	1	2
12. Assistance with enrolling in Special Supplemental Food Program for Women, Infants, and Children (WIC) or accessing food stamps or food banks.....	1	2
13. Assistance with enrolling in Medicaid or the Children's Health Insurance Program (CHIP) .....	1	2
14. Job readiness skills programs .....	1	2

38. Based on policies adopted by your state, what is the minimum level of education required for a newly-hired school nurse?

If specific requirements are not described, please mark this box  and skip to Question 39.

Mark  one box.

Associate's degree in nursing .....	1
Associate's degree in some other field.....	2
Undergraduate degree in nursing .....	3
Undergraduate degree in some other field .....	4
Graduate degree in nursing .....	5
Graduate degree in some other field.....	6

39. Based on policies adopted by your state, which of the following qualifications will a newly-

hired school nurse have?

If specific qualifications are not described, please mark this box  and skip to Question 38.

Yes No

- 1. Licensed practical nurse's (LPN's) license .....1 .....2
- 2. Registered nurse's (RN's) license .....1 .....2

40. Has your state adopted a policy stating that a newly-hired school nurse will be certified by a state agency or board?

If your state does not certify school nurses, please mark this box  and skip to Question 42.

- Yes.....1
- No .....2

41. Has your state adopted a policy stating that school nurses will earn continuing education credits on school health services topics to maintain state certification?

- Yes.....1
- No .....2

42. Based on policies adopted by your state, what is the required student-to-school nurse ratio?

If your state has not adopted a policy, please mark this box  and skip to Question 43.

\_\_\_\_\_ Students per school nurse

43. Based on policies adopted by your state, what is the required school-to-school nurse ratio?

If your state has not adopted a policy, please mark this box  and skip to Question 44.

\_\_\_\_\_ Schools per school nurse

44. Has your state adopted a policy stating that each school will have someone to oversee or coordinate health services at the school?



Yes..... 1  
 No ..... 2

45. During the past 2 years, has your state provided any funding for or offered staff development on each of the following topics to school nurses? This might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service.

	Yes	No
1. First aid .....	1	2
2. CPR.....	1	2
3. Administration of medications.....	1	2
4. Prescriptions for medications .....	1	2
5. Immunizations or vaccinations .....	1	2
6. Identification or treatment of acute illnesses .....	1	2
7. Identification or treatment of chronic illnesses.....	1	2
8. Case management for students with chronic health conditions, such as asthma or diabetes.....	1	2
9. Sports physicals .....	1	2
10. Dental problems.....	1	2
11. Lab tests .....	1	2
12. Prenatal care.....	1	2
13. Identification or treatment of STDs.....	1	2

46. During the past 2 years, has your state provided any funding for or offered staff development on each of the following topics to school nurses?

	Yes	No
1. Nutrition and dietary behavior counseling, including weight management .....	1	2
2. Eating disorders prevention.....	1	2
3. Physical activity and fitness counseling.....	1	2
4. Pregnancy prevention.....	1	2
5. HIV prevention.....	1	2
6. STD prevention .....	1	2
7. Suicide prevention .....	1	2
8. Tobacco use prevention .....	1	2
9. Alcohol or other drug use prevention .....	1	2
10. Violence prevention, for example bullying, fighting, or homicide.....	1	2
11. Accident or injury prevention.....	1	2

47. During the past 2 years, has your state provided any funding for or offered staff development on each of the following topics to school nurses?

	Yes	No
1. Tobacco use cessation .....	1	2
2. Alcohol or other drug use treatment.....	1	2
3. Crisis intervention for personal problems.....	1	2
4. Identification of or counseling for mental or emotional disorders, such as anxiety or depression .....	1	2
5. Stress management .....	1	2
6. Eating disorders treatment .....	1	2
7. Identification of or referral for emotional, sexual, or emotional abuse .....	1	2
8. HIV testing and counseling .....	1	2
9. After-school programs such as day-care or supervised recreation .....	1	2
10. Services for gay, lesbian, or bisexual students.....	1	2
11. Child care options for teen mothers.....	1	2
12. Enrollment in WIC or accessing food stamps or food banks .....	1	2
13. Enrollment in Medicaid or CHIP (Children's Health Insurance Program) .....	1	2
14. Job readiness skills programs .....	1	2

48. Has your state adopted a policy stating that health aides will work under the supervision of a

nurse or physician at all times? By “supervision”, we mean training, monitoring, and evaluation.

Yes.....1  
No .....2

49. During the past 2 years, has your state provided any funding for or offered staff development on HIV and AIDS to school faculty and staff? The staff development program would cover factual information about HIV infection and AIDS, infection control procedures (universal precautions), or policies about HIV infected school staff and students.

Yes.....1  
No .....2

50. Does your state provide model policies for HIV infected students and staff to districts or schools? This might include policies developed by your state, or those based on model policies developed elsewhere.

Yes.....1  
No .....2

## School-Based Health Center Services

---

51. The following questions ask about health services offered at *school-based health centers* — that is, health centers on school property where enrolled students can receive primary care, including diagnostic and treatment services. These services are usually provided by a nurse practitioner or physician’s assistant. Please do not include a traveling or mobile health center.

Currently, how many school-based health centers offer health services to students in your state?

\_\_\_\_\_ School-based health centers

If none, please skip to Question 54.

52. In your state, do any school-based health centers serve as Medicaid providers, by providing health services to students?

Yes.....1  
No.....2

53. Currently, does your state provide any funding for any of your school-based health centers?

Yes.....1  
No.....2

## Services at Other Sites

---

54. The next question asks about health services delivered to students at *other sites* not on school property regardless of whether the services are paid for by the school system. These services may be provided by health care professionals who work at school-linked health centers or who have a contract, memorandum of agreement, or other similar arrangement with a district or school to provide health services to students.

Has your state adopted a policy stating that districts or schools will have such arrangements to provide health services when needed to students?

Yes.....1  
No.....2

## Health Services Coordinator

---

55. Currently, does someone in your state oversee or coordinate school health services?

Yes.....1  
No.....2

→ That is the last question. Thank you very much for taking the time to complete this questionnaire.

56. Are you this person?

Yes.....1  
No.....2

→ That is the last question. Thank you very much for taking the time to complete this questionnaire.

57. Who do you work for?

Mark  all that apply.

State education agency.....1  
State public health agency.....2  
State mental health or social services agency.....3  
Other.....4

58. Do you have an undergraduate degree?

Yes.....1  
No.....2

→ Skip to Question 64

59. What did you major in?

Mark  all that apply.

- Nursing..... 1
- Public health .....2
- Biology or other science .....3
- Health care administration.....4
- Business.....5
- Counseling.....6
- Psychology .....7
- Social work .....8
- Education .....9
- Other ..... 10

60. Do you have an undergraduate minor?

- Yes..... 1
- No.....2 → Skip to Question 62

61. What did you minor in?

Mark  all that apply.

- Nursing..... 1
- Public health .....2
- Biology or other science .....3
- Health care administration.....4
- Business.....5
- Counseling.....6
- Psychology .....7
- Social work .....8
- Education .....9
- Other ..... 10

62. Do you have a graduate degree?

- Yes.....1
- No.....2 → Skip to Question 64

63. In what area or areas?

Mark  all that apply.

- Nursing.....1
- Medicine.....2
- Public health.....3
- Biology or other science.....4
- Health care administration.....5
- Business.....6
- Counseling.....7
- Psychology.....8
- Social work.....9
- Education.....10
- Other.....11

64. Do you have any of the following licenses?

Yes No

- 1. LPN's license.....1.....2
- 2. RN's license.....1.....2
- 3. Medical doctor's (MD's) license.....1.....2

65. Are you certified by a state agency or board to provide health services?

If your state does not certify health services professionals or staff, please mark this box .

- Yes.....1
- No.....2



If you would like to provide any additional comments, please use the space below. Thank you very much for taking the time to participate in this study.

**Additional Comments**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**Please return this questionnaire to:**

**Don Evers  
Research Triangle Institute  
P.O. Box 12194  
Research Triangle Park, NC 27709**