



U.S. Department of  
Health and Human  
Services



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National Heart, Lung,  
and Blood Institute

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**Epidemiology and Biometry Program**  
**National Heart, Lung, and Blood Institute**

# **Hispanic Populations in the U.S.**

## **Demographics and Health**



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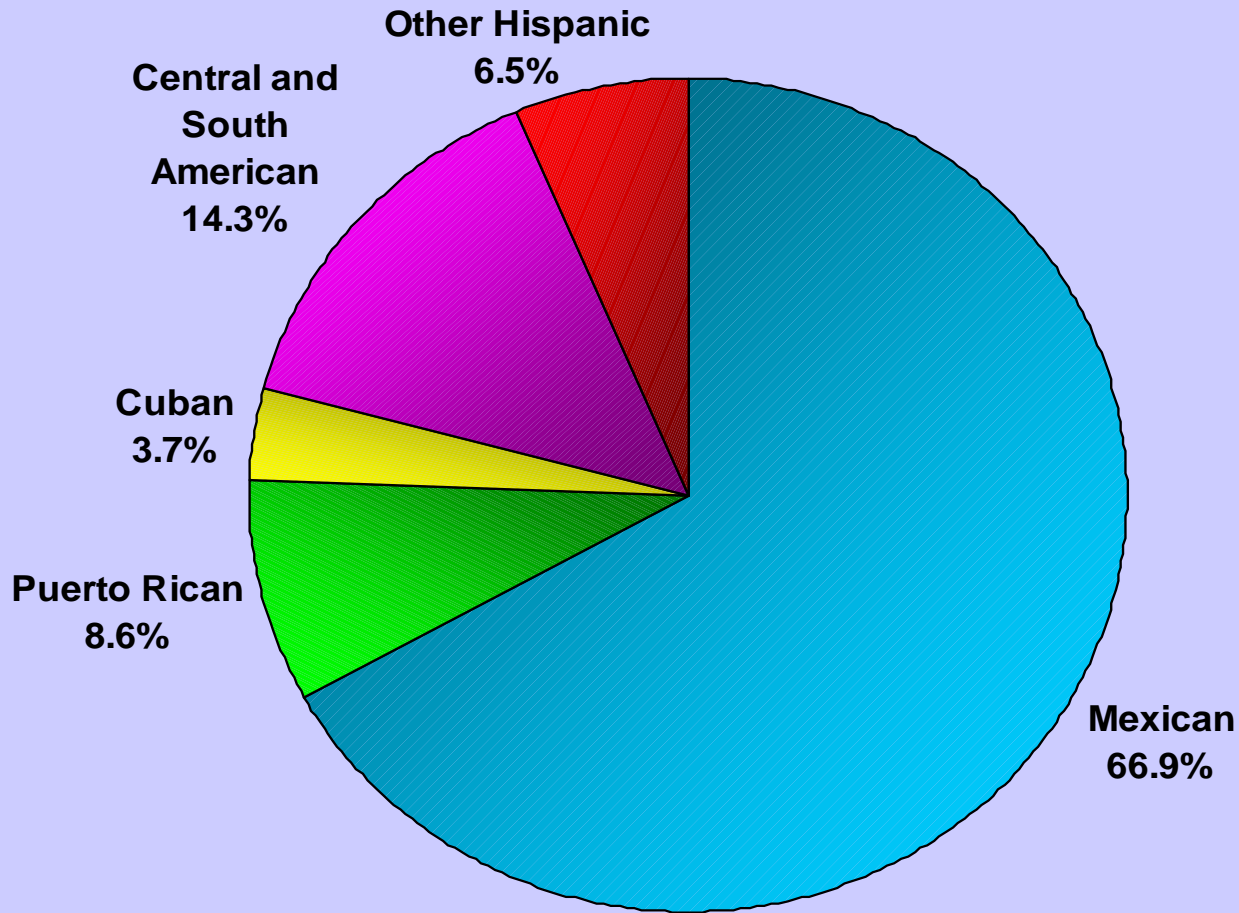
# Demographics and Implications for Prevention

- Size
- Age Distribution
- Country of Origin
- Geographical Distribution
- Social and Economic Status

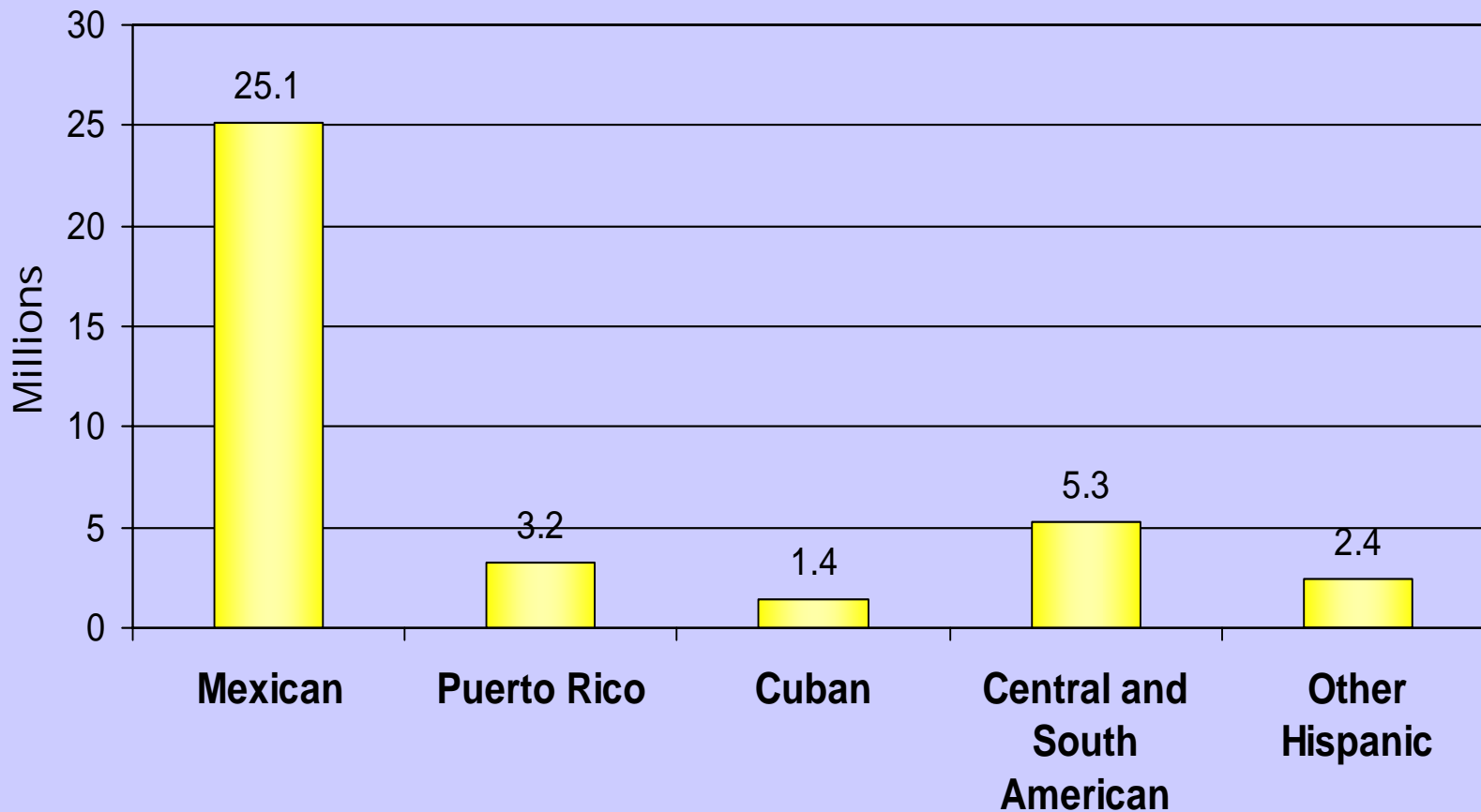


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Helping You Make Informed Decisions

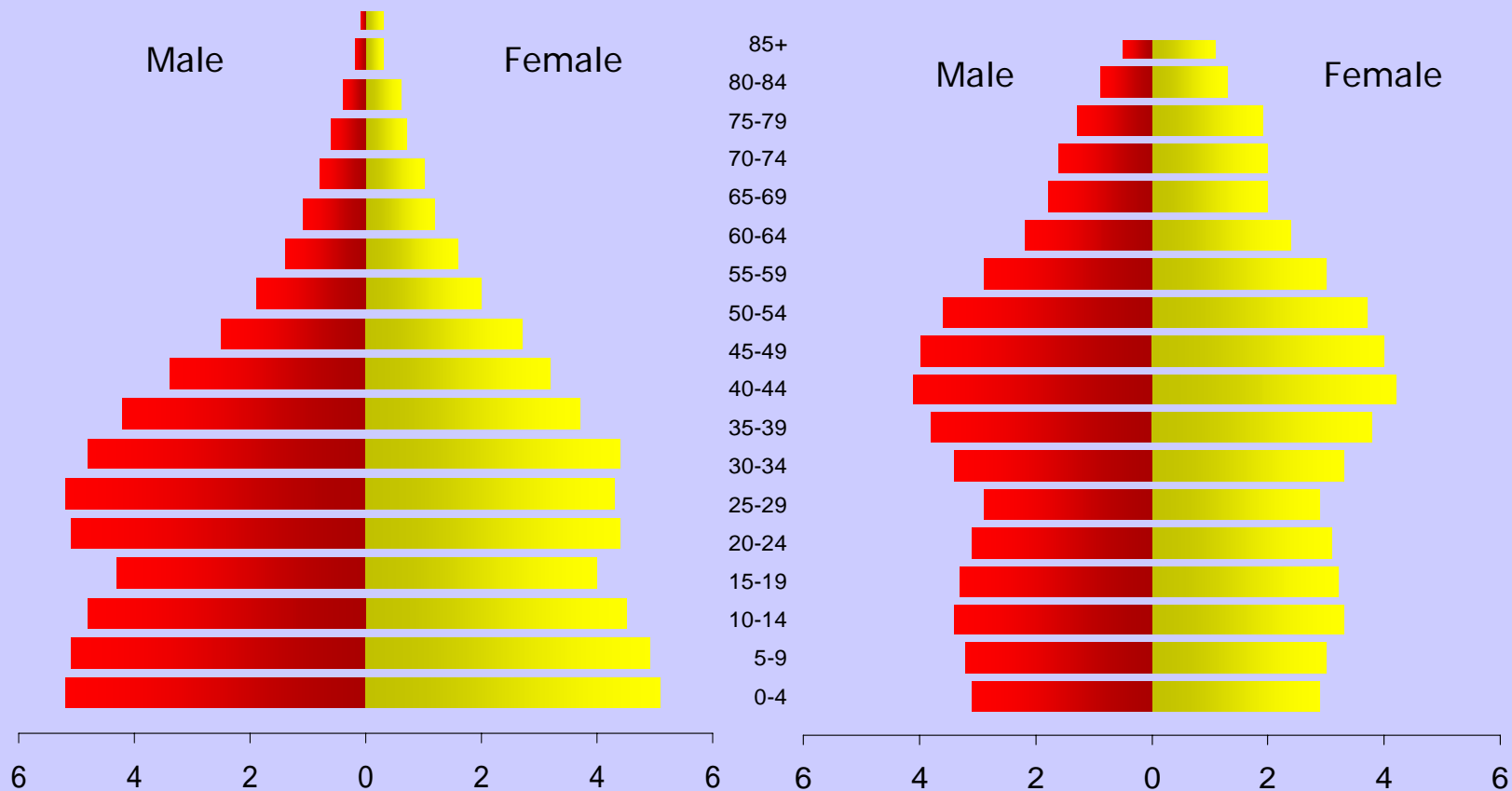
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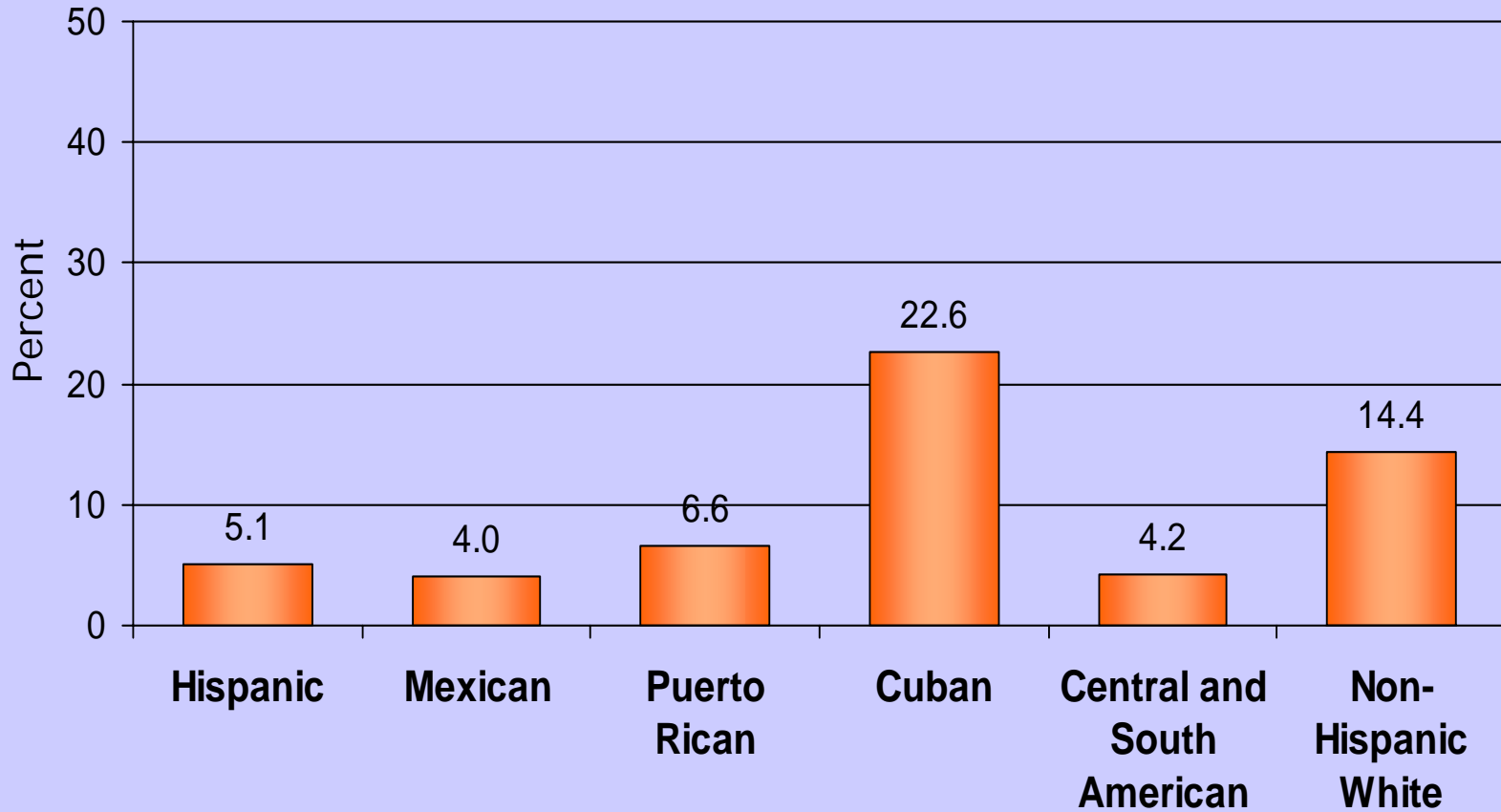


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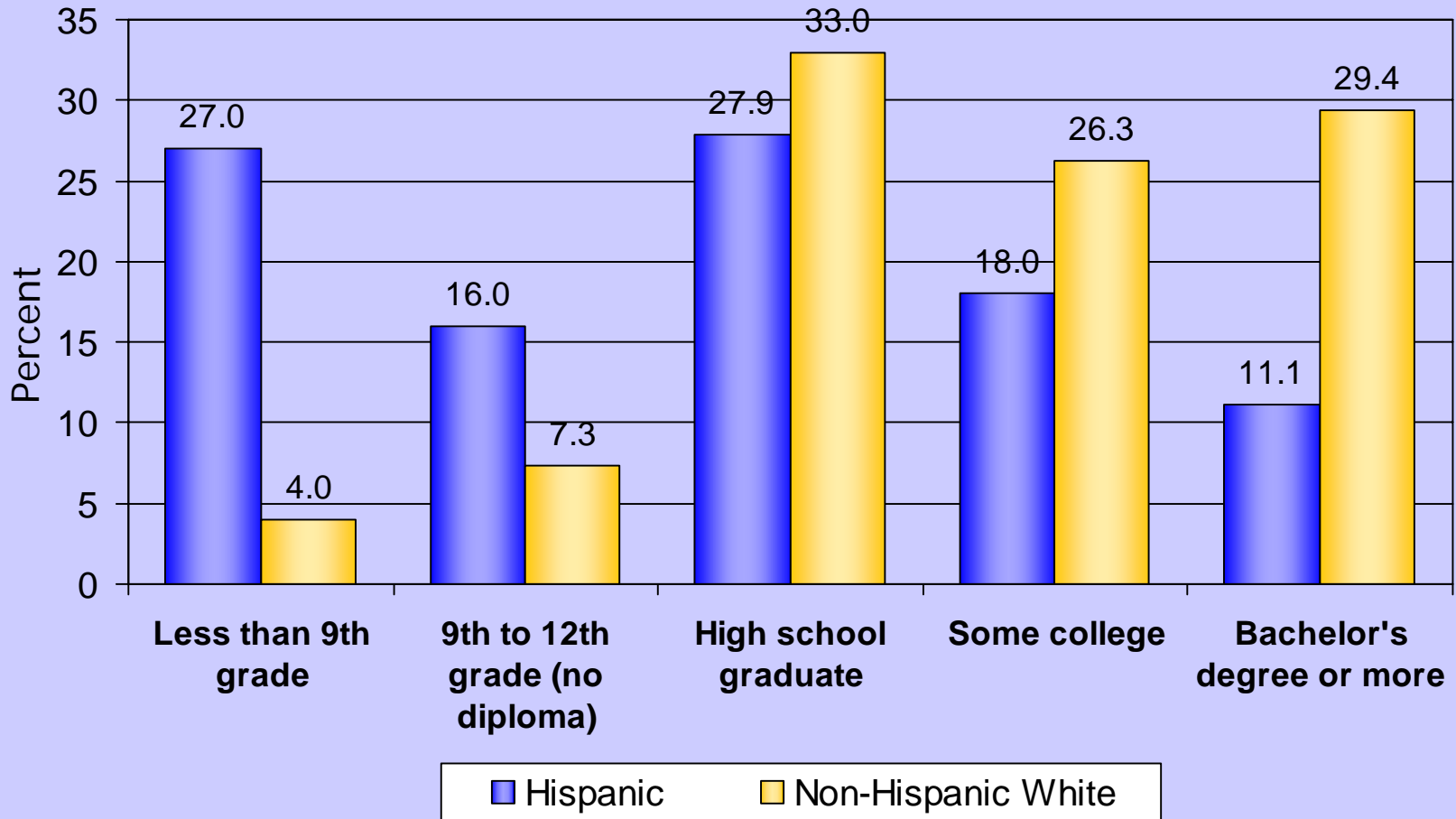
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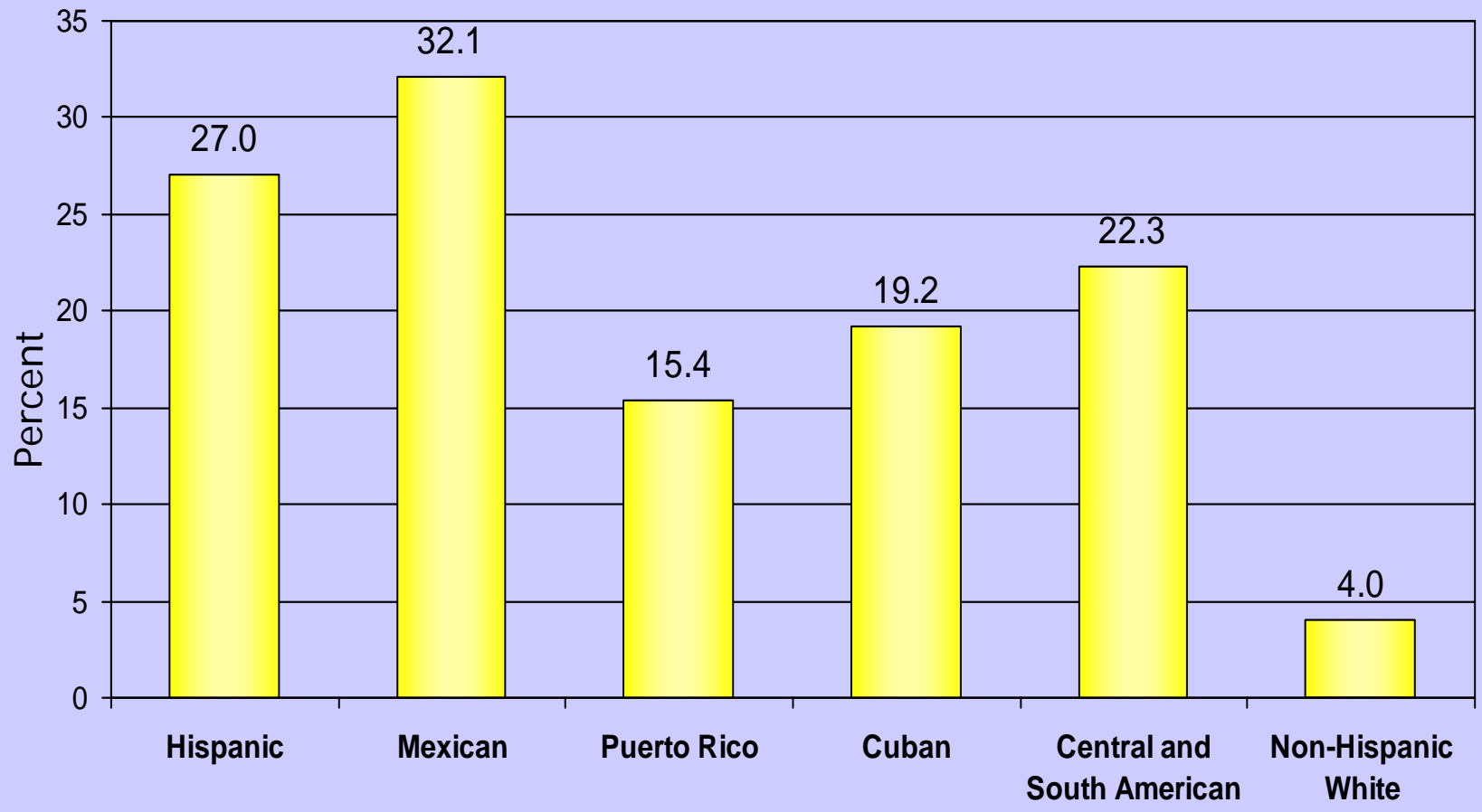




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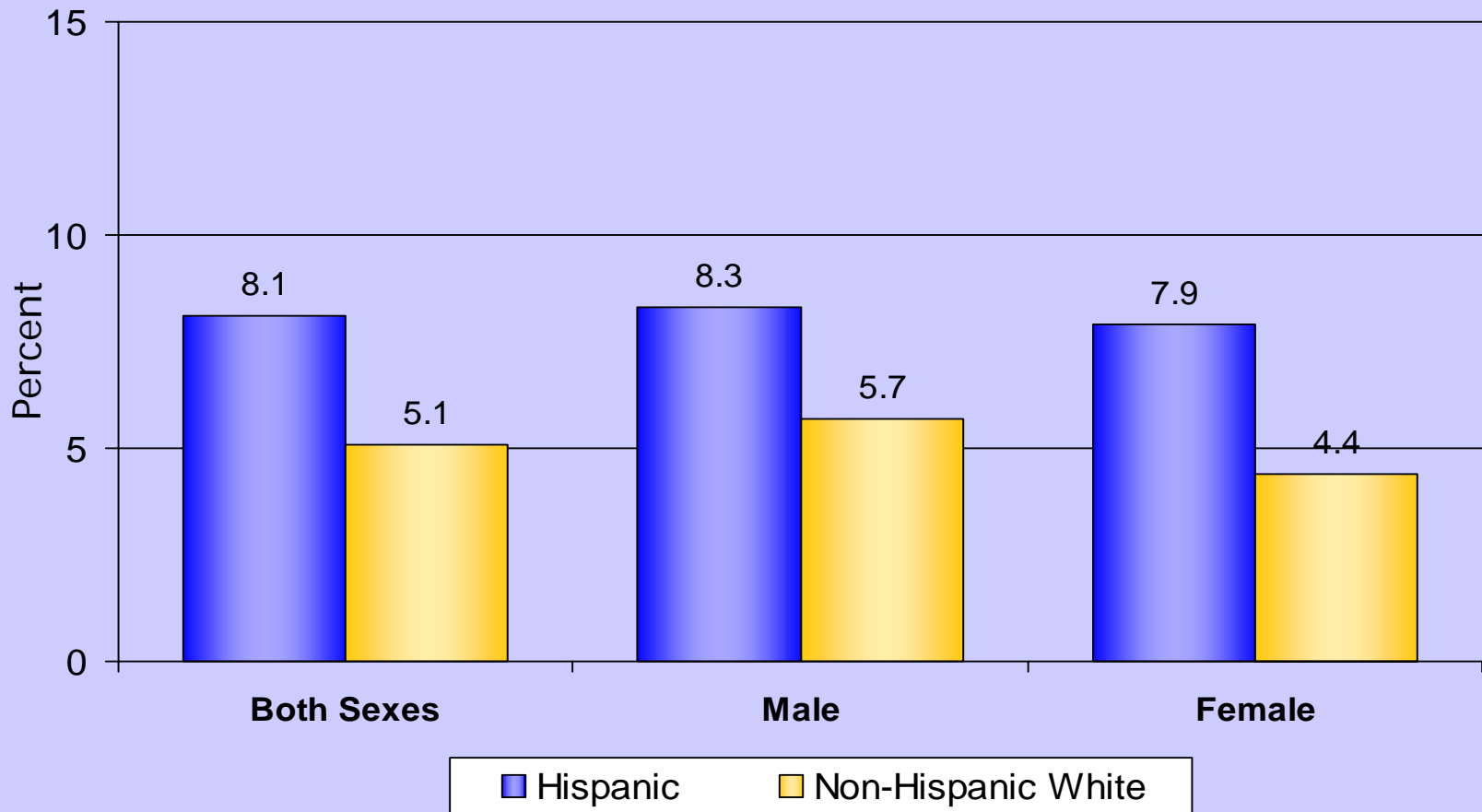
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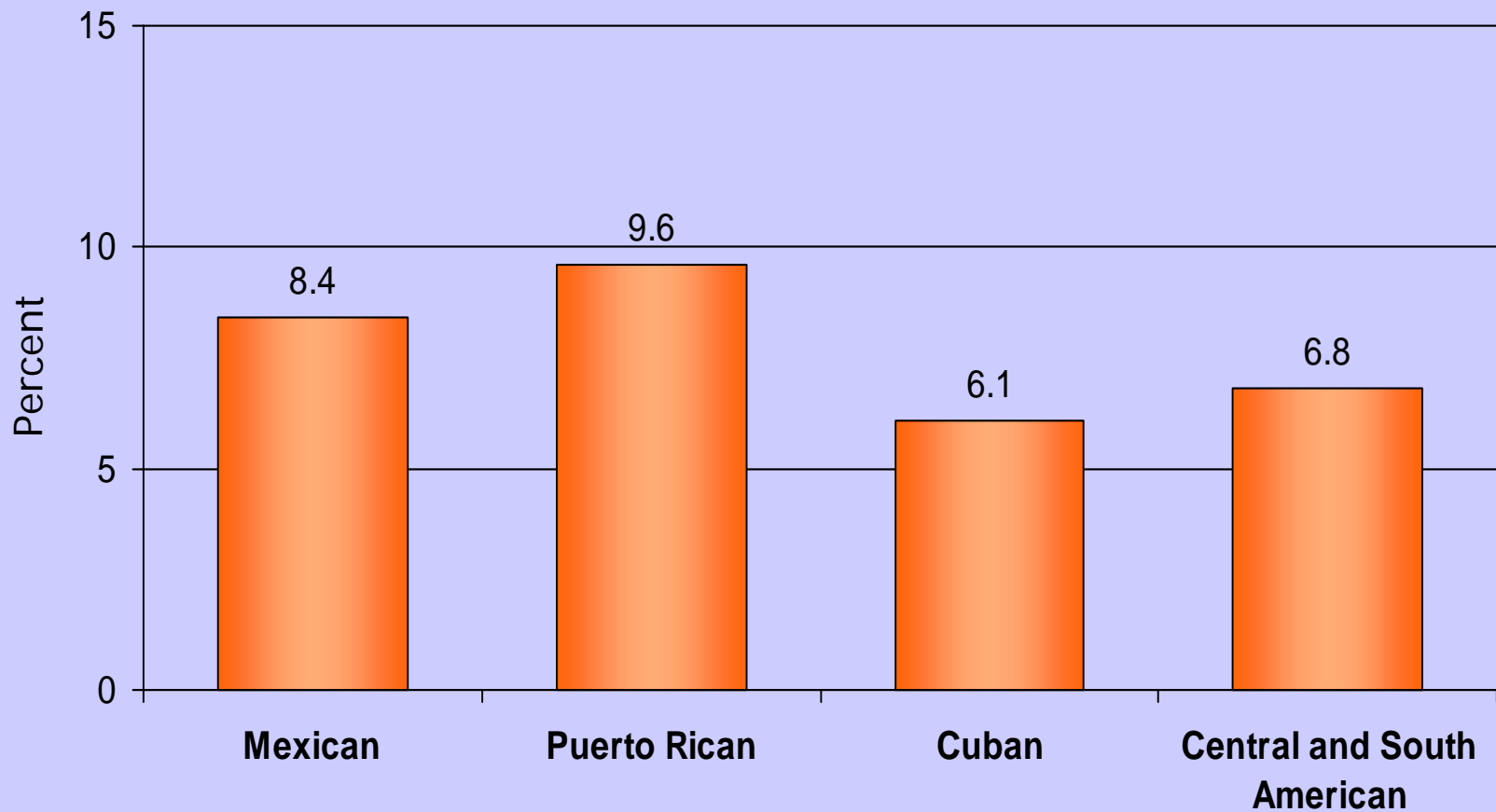
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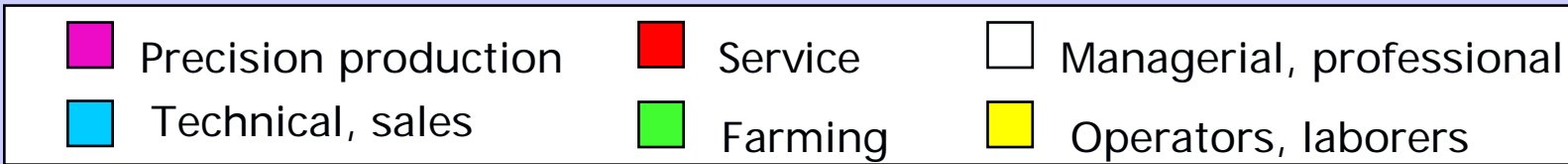
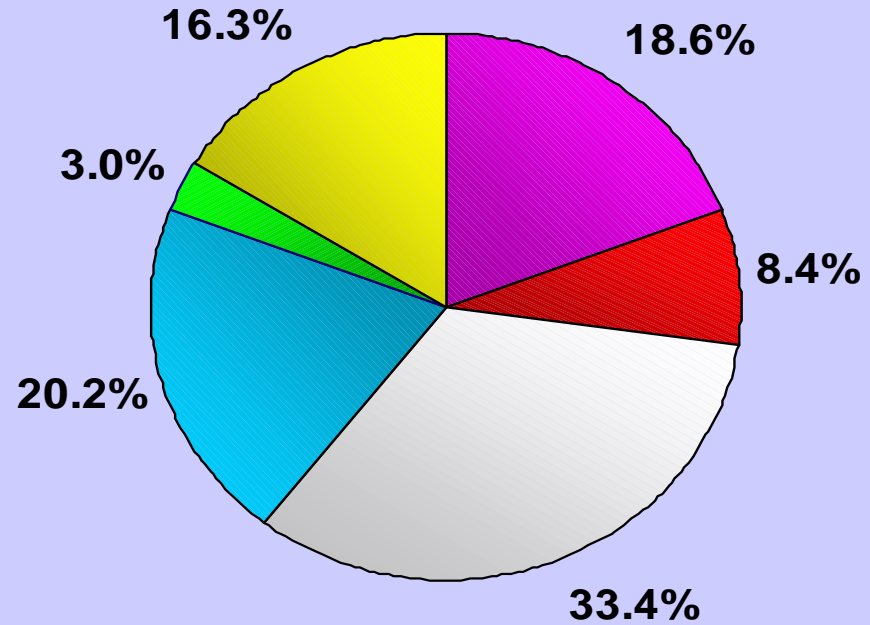
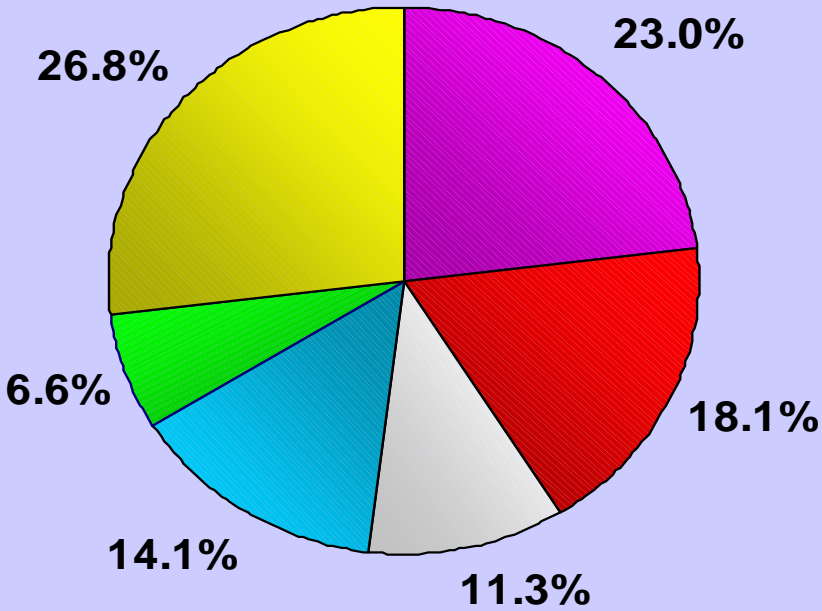


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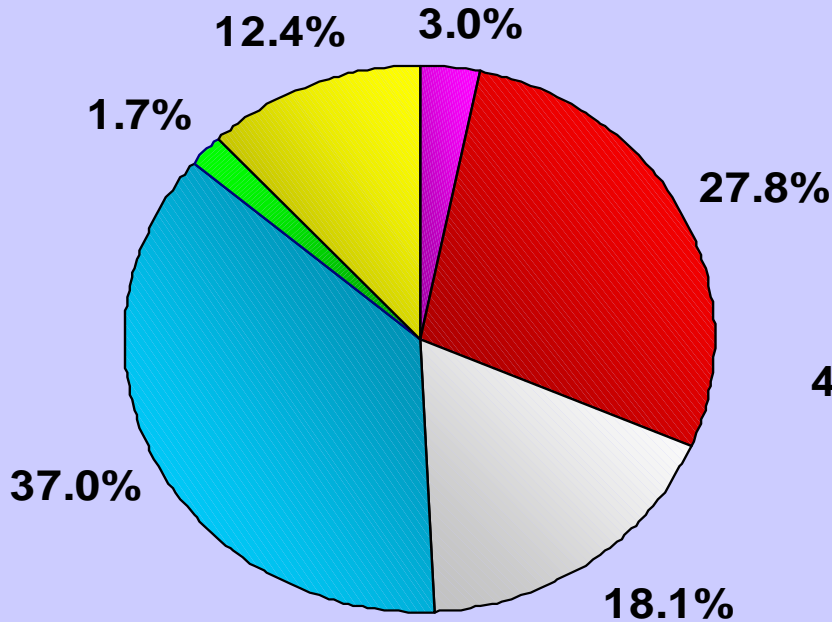
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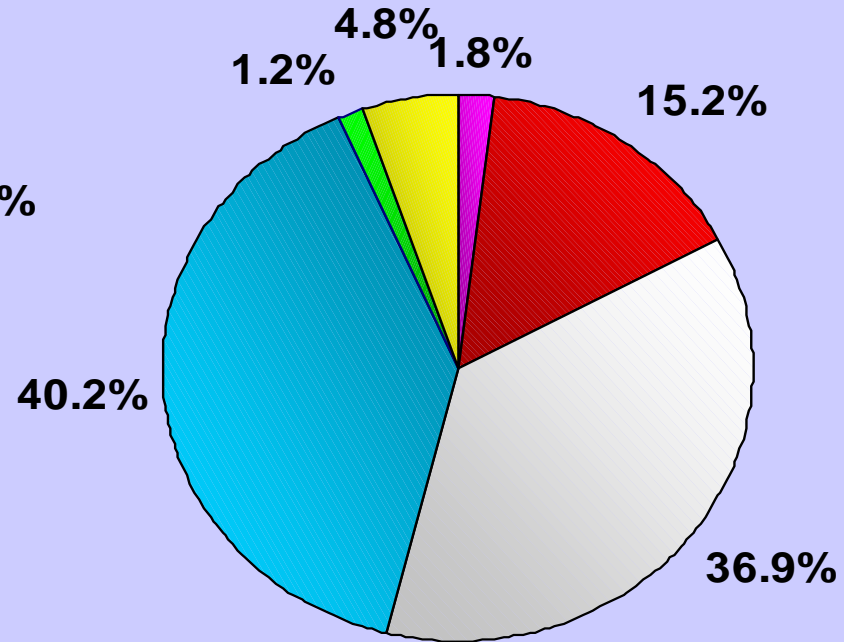
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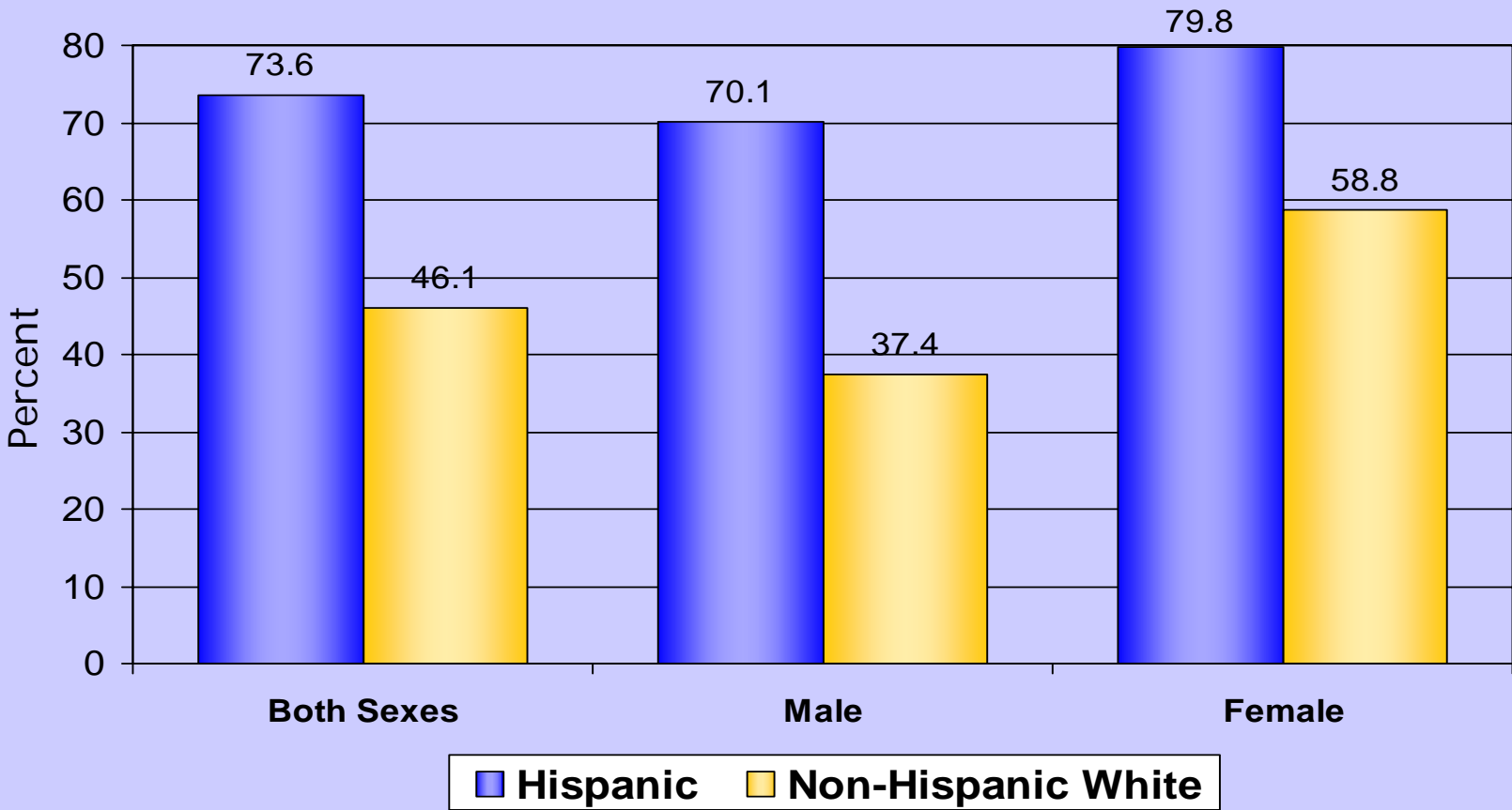
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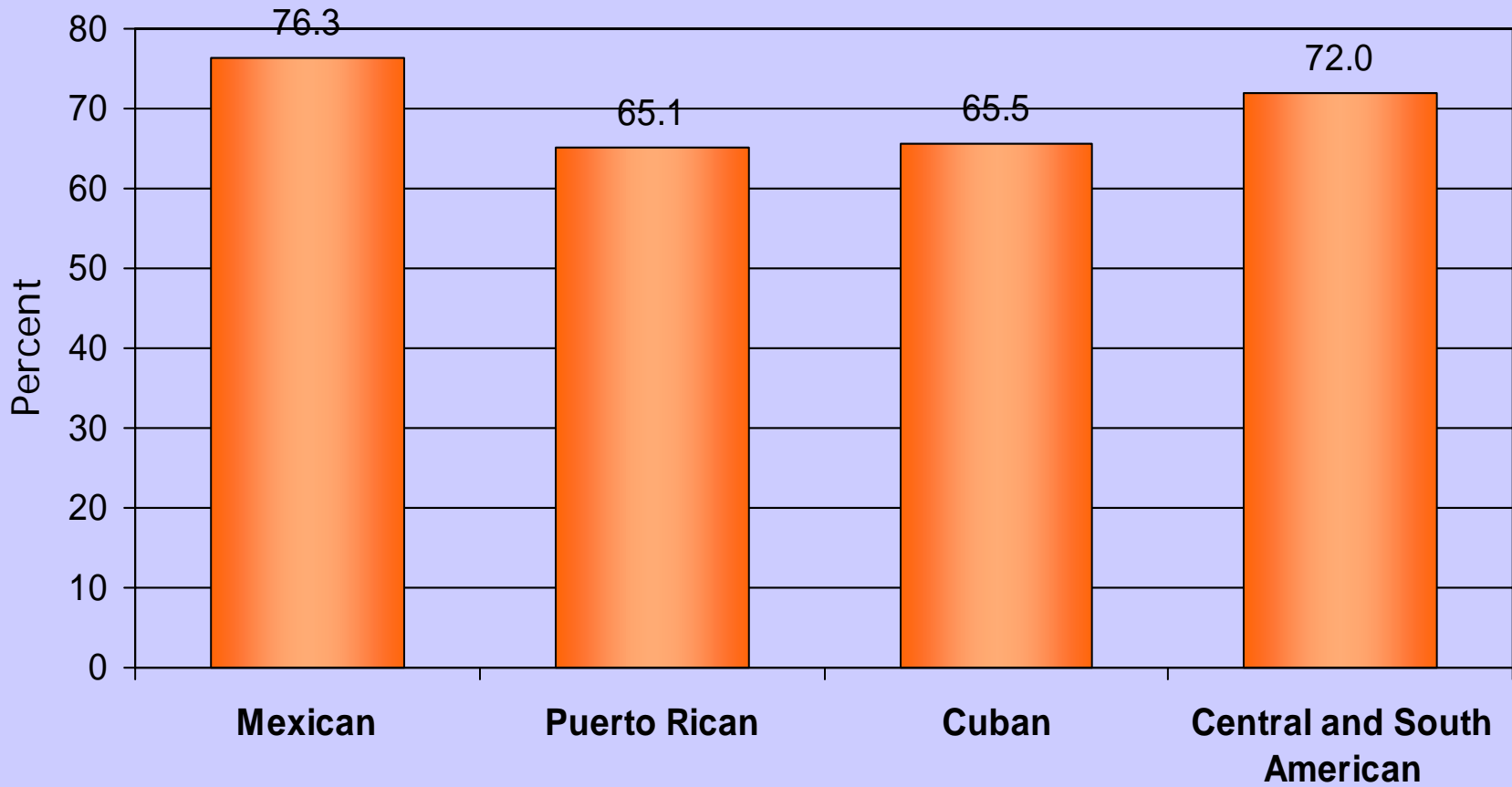
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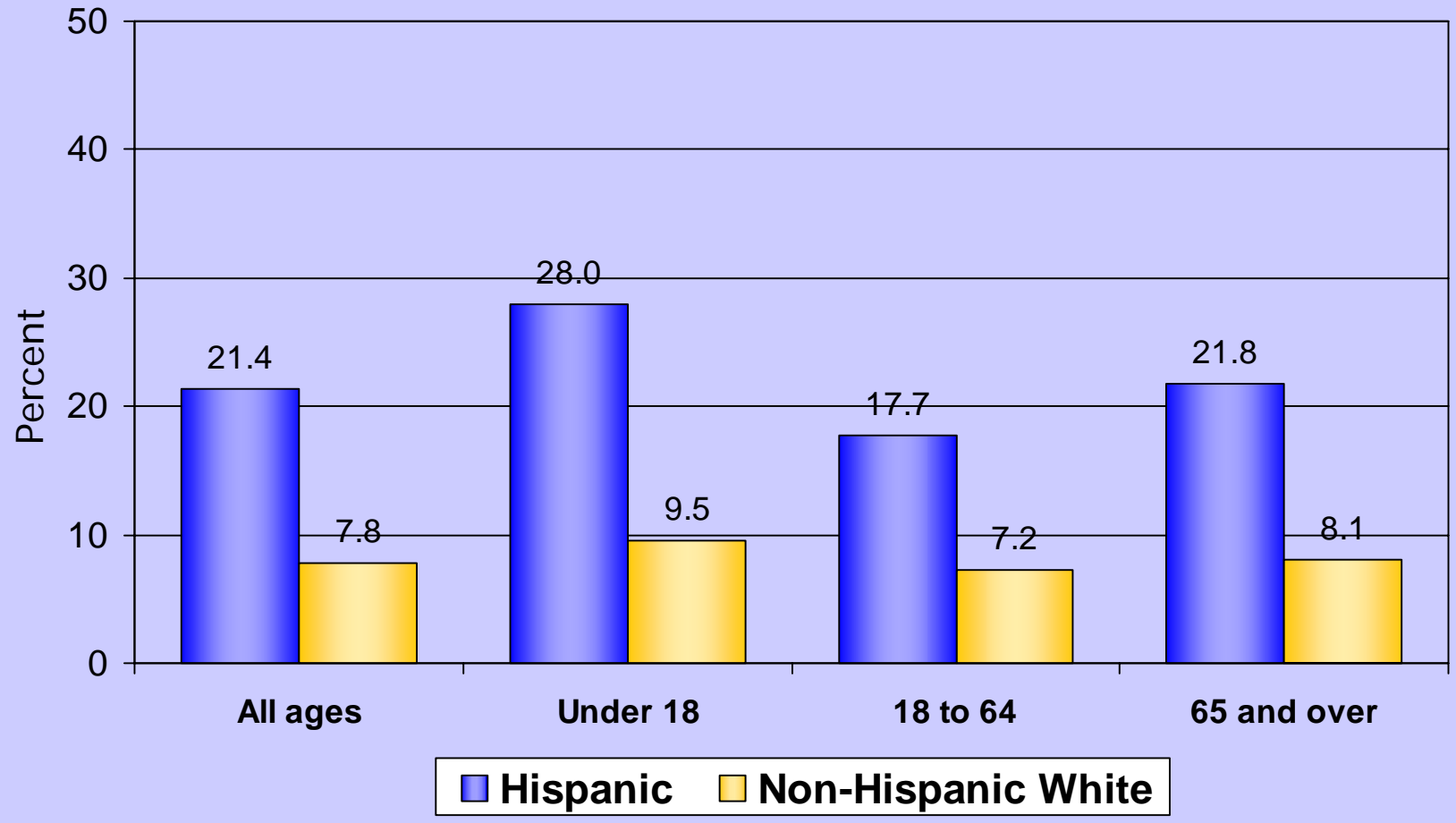
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Vrxufh##F xuhqw#Srsxodwlrq#Vxuyh | #P dufk #5335 #SJS08



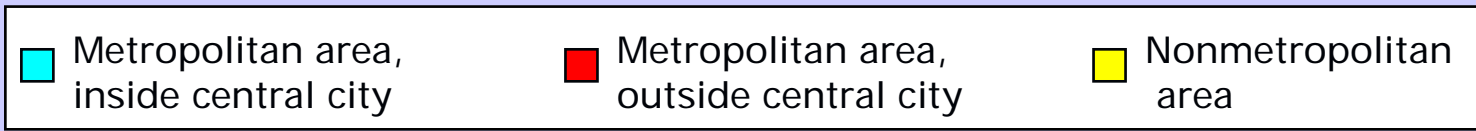
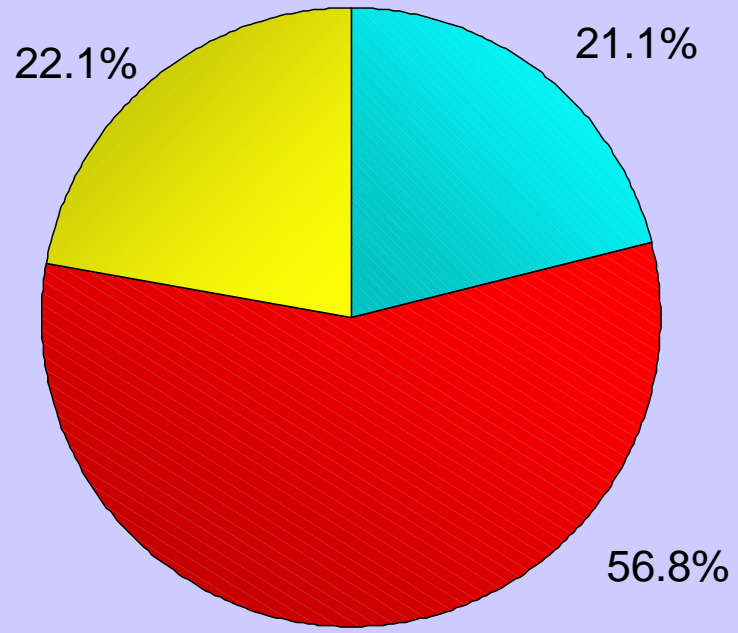
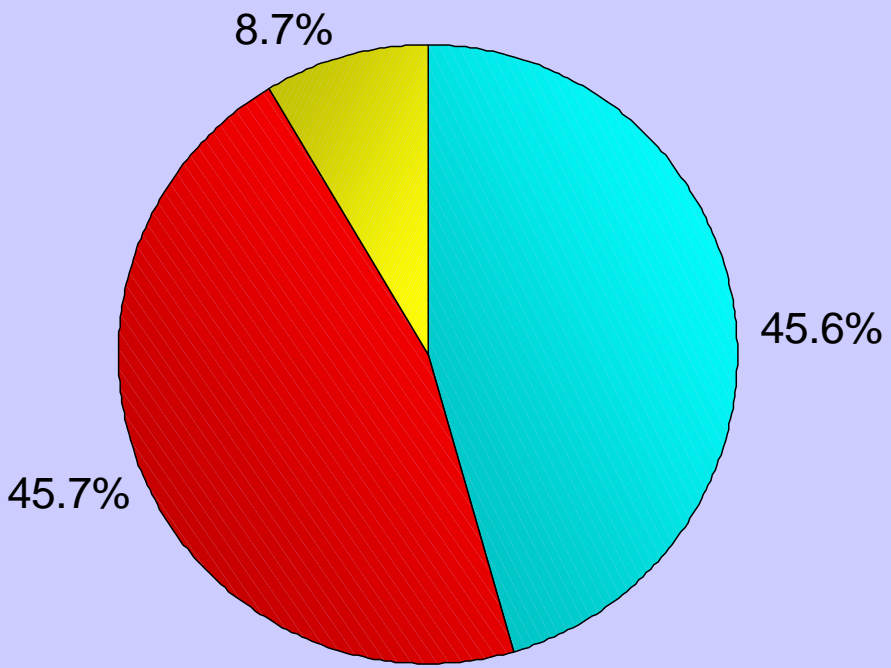
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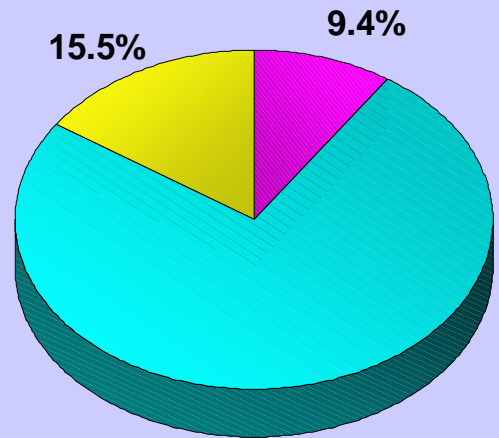


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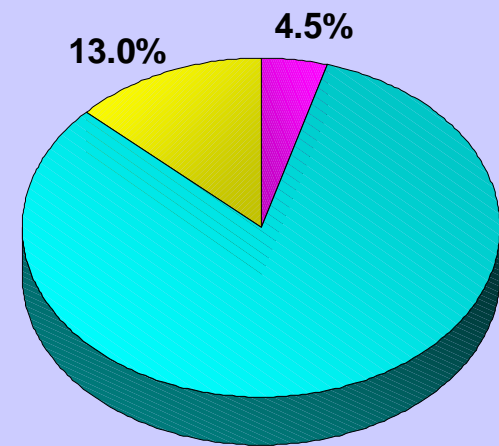
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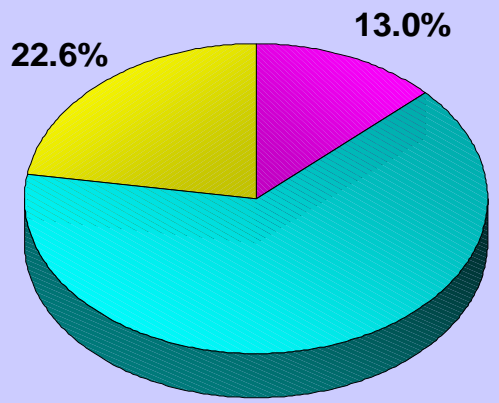
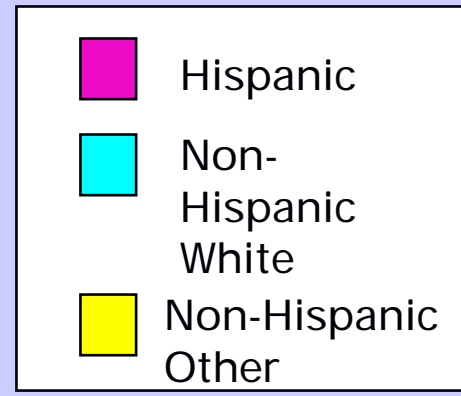
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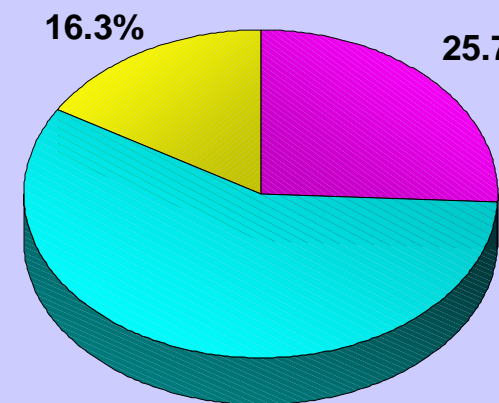
Q r u k h d v



P l g z h v w



V r x w k



Z h v w

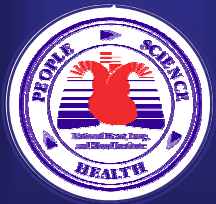
# Mortality and Risk Factors



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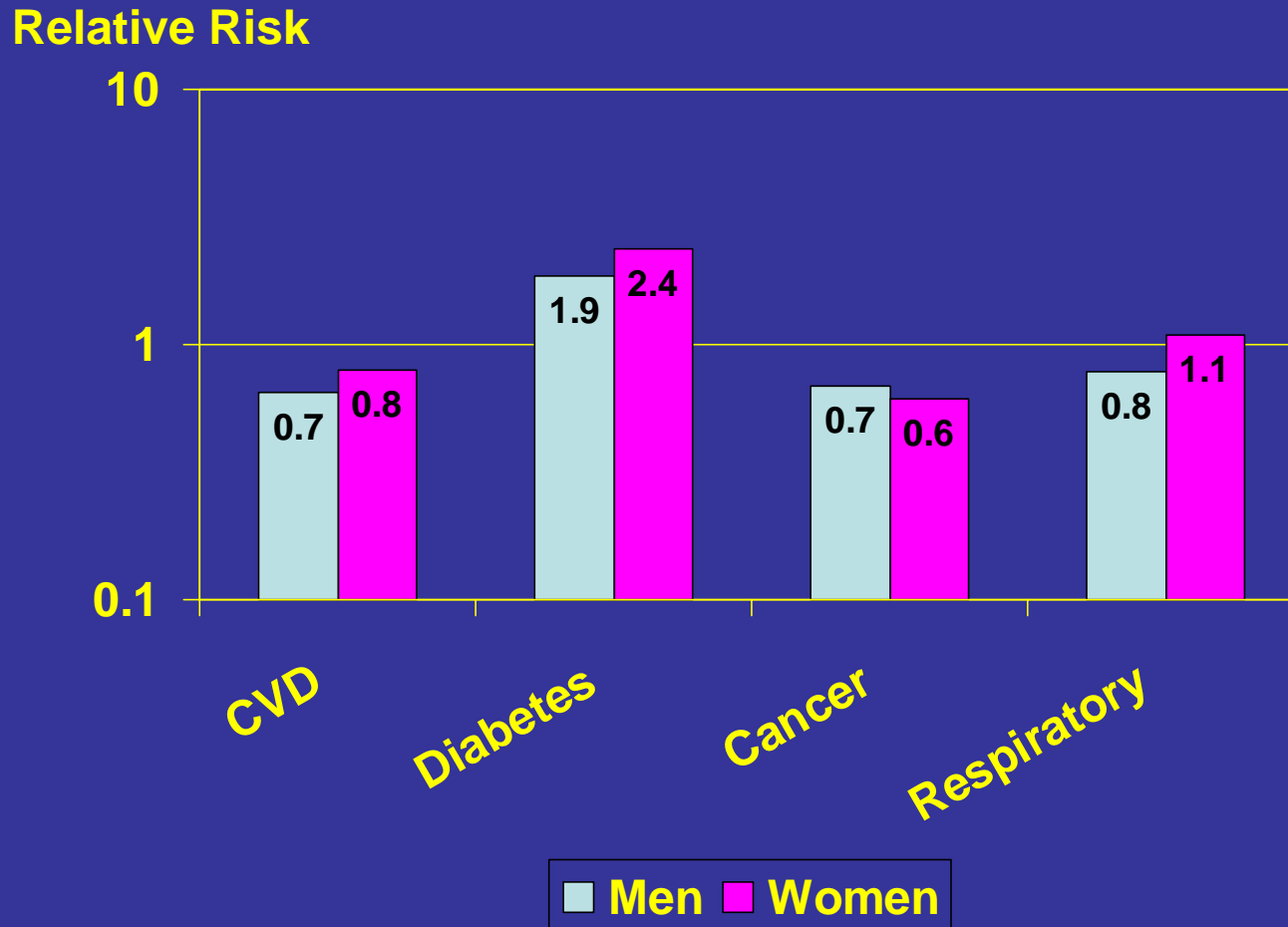
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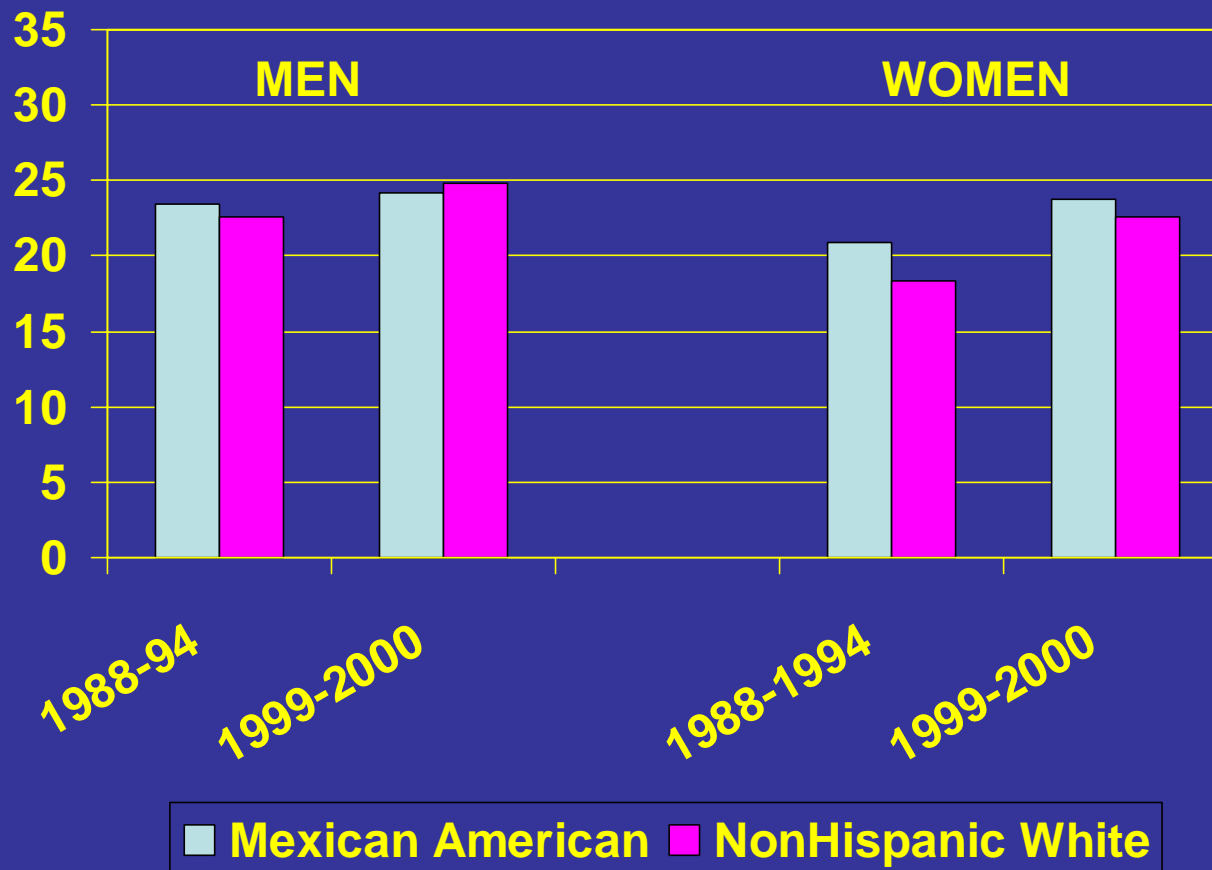
- CVD death rates
- Blood pressure
- Cholesterol
- Obesity

# Relative Risk of Death by Cause: Hispanics/NonHispanics National Longitudinal Mortality Study

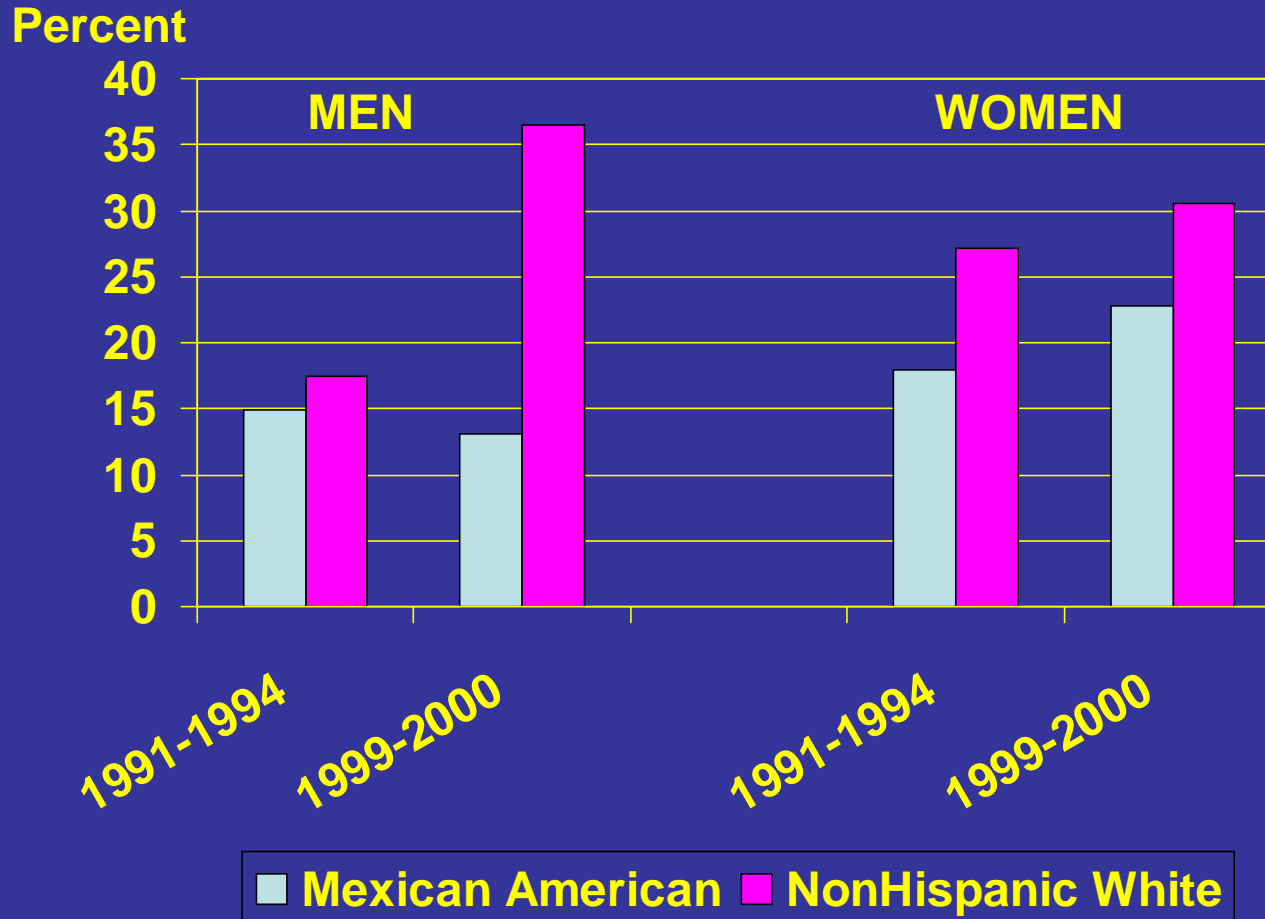


# Percent of Population with Hypertension, Age 20-74 National Health and Nutrition Examination Survey

Age-adjusted  
Percent

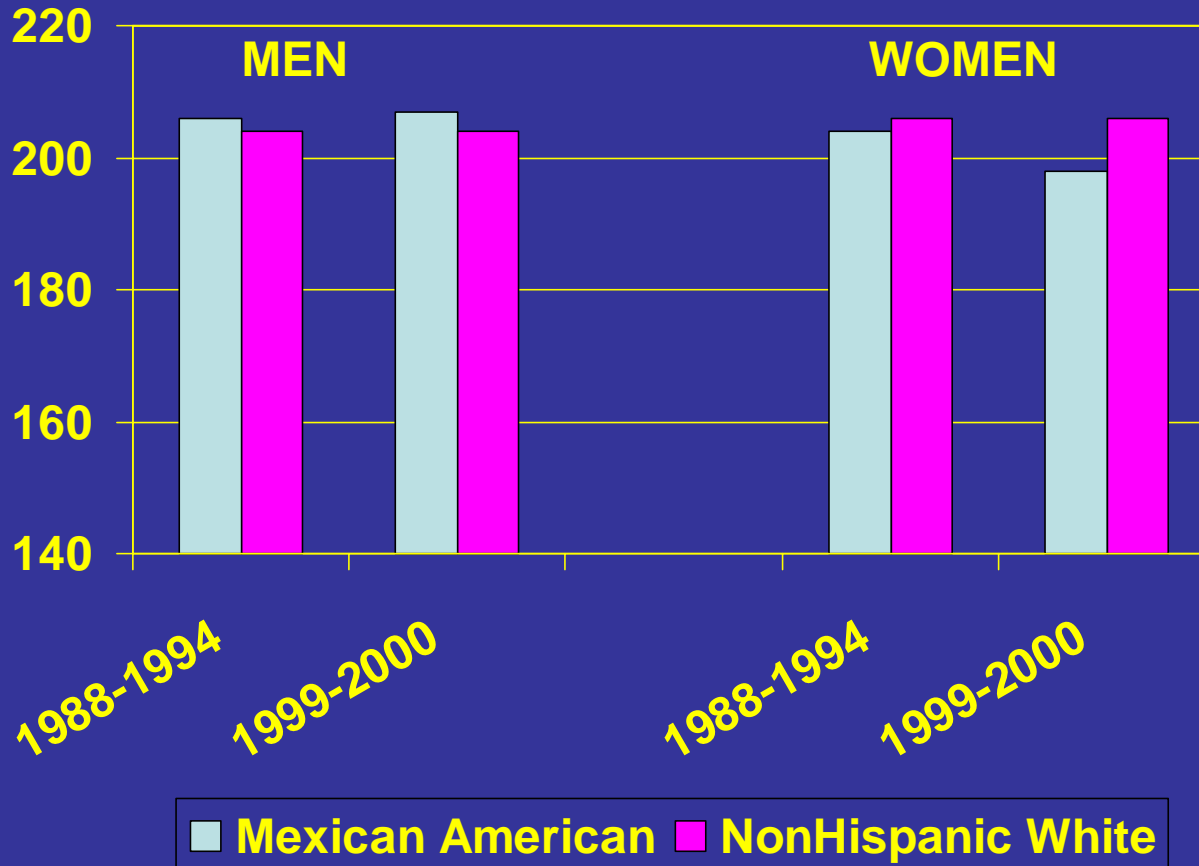


# Percent of Hypertensives under Control, Age 18+ National Health and Nutrition Examination Survey



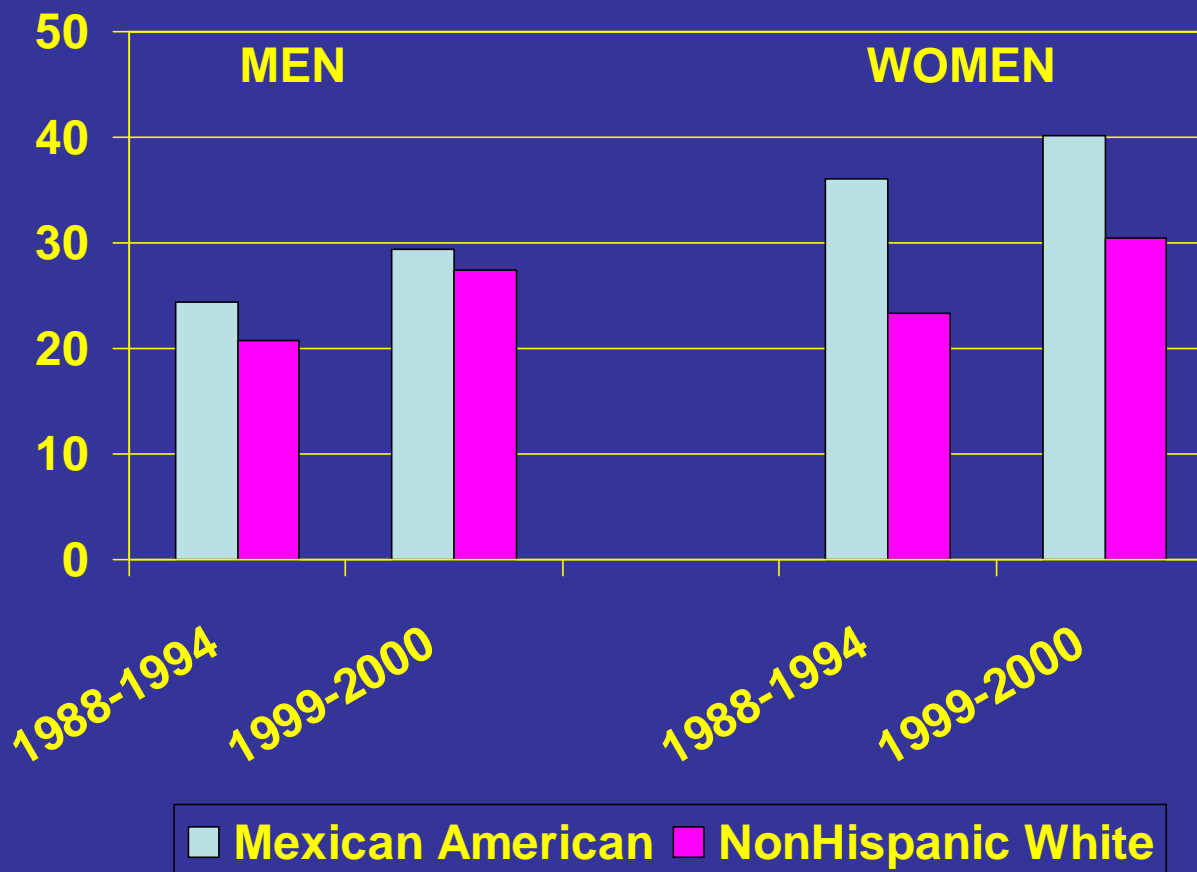
# Mean Value of Serum Cholesterol, Age 20-74 National Health and Nutrition Examination Survey

Age-adjusted  
Mean (mg/dL)



# Percent of the Population who are Obese, Age 20-74 National Health and Nutrition Examination Survey

Age-adjusted  
Percent







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## CONCLUSIONS

- Population is young, diverse, urban and with lower education/income.
- CVD mortality lower, DM higher.
- BP control is too low.
- Obesity increasing.
- Window of opportunity to prevent CVD epidemic.