



Failure to Detect *Chlamydia pneumoniae*  
in Major Arteries of 93 Patients with  
Atherosclerosis

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# Background

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- **Seroepidemiological studies have indicated a possible association between chronic *Chlamydia pneumoniae* (*Cp*) infection and atherosclerosis**
- **Several studies, using different diagnostic methods have demonstrated *Cp* or its components in atherosclerotic lesions**
- **These findings have not been confirmed by all researchers**



# Aims of the Study

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- To detect *Cp* in surgical specimens from major arteries in patients with atherosclerosis



# Patients

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- **From Sep 1, 1999 to Feb 28, 2000**
- **Admitted to cardiovascular surgery for coronary bypass or vascular surgery for carotid endarterectomy at RMC- Beilinson Campus**
- **Study approved by ethics committee.  
Patients signed informed consent**
- **Data collected by questionnaire on demographics, underlying diseases, risk factors for atherosclerosis and antibiotic usage**



# Serologies

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- **Blood specimen collected before surgery**
- **Cp IgG, IgA and IgM antibodies tested by microimmunofluorescence test (MIF) and enzyme-linked immunosorbent assay (ELISA)**
- **MIF- MRL Diagnostics, USA. IgM sera screened at 1:10 IgA and IgG 1:16**
- **ELISA- Sero CP-TM – Savyon Diagnostics Ltd, Israel (Cut-off index 1.1)**



# Tissue Specimen Collection

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- **Coronary bypass- 2 to 4 punch specimens from the aortic wall**
- **Carotid endarterectomy- atheromatous plaques**
- **In the operating room, specimens placed immediately in Chlamydia media transport (sucrose-phosphate-glutamic acid, SPG)**
- **Specimens delivered to the lab within 15-20 minutes**
- **Homogenized and resuspended in SPG and stored at -70 degrees for PCR**



# PCR

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- **In two different laboratories**
- **DNA extraction using the ViralXpress (Chemicon)**
- **PCR**
  - **RMC- Light Diagnostics OligoDetect (Chemicon)**
  - **Immunosciences Lab- assay as described by Campbell**
- **Primers**
  - **Sense: 5'TCA.ATC.AGC.CAT.TCA.TAA.CA-3'**
  - **Antisense: 5'GGG.ATT.GTA.GTA.TTT.CTC.TC-3'**  
**33'**



# Culture

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- **Resuspended, homogenized specimens inoculated onto shell vials containing monolayers of cycloheximide treated HTP-2 cells**
- **Incubated at 37 degrees in 5 % CO2 for 3-4 days**
- **Each specimen incubated onto 4 shell vials**
  - **Giemsa**
  - ***C pneumoniae* specific fluoresceine conjugated monoclonal antibody**
  - **2 vials used for subculture**
- ***C pneumoniae* TW-183 used as control in each experiment**





# Results- Characteristics of Patients

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■ Mean age (range)		67 (47-83)
■ M:F ratio		2.4
■ Type of surgery		
■ Bypass	61	
■ Endarterectomy	32	
■ Smoking		31%
■ Hypertension		63%
■ Diabetes mellitus		43%
■ Hyperlipidemia		58%
■ Antibiotics		16%



## Results- Chlamydia Serology in 83 Patients (%)

	ELISA	MIF	Both
IgM	1	1	1
IgG	55	67	47
IgA	35	27	17



# Results- PCR and Cultures

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- Cultures for Cp were negative in all specimens
- All PCR tests performed by the two methods in two different laboratories gave negative results



# Comments

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- Sampling error problems (blind specimens from the aorta)
- PCR techniques for identification of Cp may be hindered by difficulty of DNA extraction from atheromatous material and by the presence of PCR inhibitors
- Immunocytochemistry appears to be more sensitive



# Previous Studies on PCR

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- 19 studies (1993-2001)
- 5-238 specimens per study
- Overall 949 specimens
- Positive from 0 to 100 %
- Overall 247/949 (26%) positive



# Previous Studies on Culture for *Chlamydia*

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- 10 studies (1993-2001)
- 3 to 58 specimens per study
- Overall 296 specimens
- Positive from 0 to 16 %
- Overall 7/296 (0.02%) positive



# Conclusions

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- In our study population, we found no evidence that *Chlamydia pneumoniae* exists within atheromas in carotid arteries nor in samples obtained from the aortic wall of patients with atherosclerosis

# Collaborators



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