

DEPARTMENT OF HEALTH AND HUMAN SERVICES
FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

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CARDIOVASCULAR AND RENAL DRUGS

ADVISORY COMMITTEE

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90th MEETING

+ + + + +

Monday, May 1, 2000

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ORIGINAL

The Advisory Committee met at 10:00 a.m.,
in the Masur Auditorium, Building 10, National
Institutes of Health, 900 Rockville Pike, Rockville,
Maryland, Dr. Robert Califf, Acting Chairman,
presiding.

PRESENT:

ROBERT CALIFF, M.D., Acting Chairman

JOHN Di MARCO, M.D., Member

THOMAS GRABOYS, M.D., Consumer
Representative

ILEANA PINA, M.D., Member

PRESENT:

JOHN C. STANDAERT, Executive Secretary

PARTICIPANTS:

PAUL ARMSTRONG, M.D.

JEFFREY BORER, M.D.

THOMAS FLEMING, Ph.D.

JOANN LINDENFELD, M.D.

UDHO THADANI, M.D., FRCP

INVITED GUESTS:

GEORGE BAKRIS, M.D.

MARK MOLITCH, M.D.

FDA PARTICIPANTS:

JAMES HUNG, Ph.D.

RAYMOND LIPICKY, M.D.

SHARI TARGUM, M.D.

ROBERT TEMPLE, M.D.

SPONSOR REPRESENTATIVES:

BARRY M. BRENNER, M.D.

GILES DAGENAIS

CARL FURBERG, M.D., Ph.D.

HERTZEL GERSTEIN, M.D., M.Sc.

THOMAS K. ROGERS, III, M.S.

SPONSOR REPRESENTATIVES (Continued):

SALIM YUSUF, D.Phil., M.D.

C-O-N-T-E-N-T-S

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1 P-R-O-C-E-E-D-I-N-G-S

2 (10:04 a.m.)

3 ACTING CHAIRMAN CALIFF: Good morning.
4 I'm Rod Califf, and it's now time to start our
5 Cardiovascular and Renal Drugs Advisory Committee
6 meeting.

7 This morning we have some invited guests
8 and some new participants to this committee, in
9 addition to the return of some old participants to
10 help us out. We'll have time to introduce everyone as
11 we get into the discussion, but we'd like to open the
12 meeting by asking if there's anyone who would like to
13 make a public comment.

14 (No response.)

15 ACTING CHAIRMAN CALIFF: Hearing no public
16 comment, we'll now turn it over to Joan Standaert, who
17 will acknowledge the conflicts.

18 MS. STANDAERT: The following announcement
19 addresses the issue of conflict of interest with
20 regard to this meeting and is made a part of the
21 record to preclude even the appearance of such at this
22 meeting.

1 Based on the submitted agenda and
2 information provided by the participants, the Agency
3 has determined that all reported interest in firms
4 regulated by the Center for Drug Evaluation and
5 Research present no potential for a conflict of
6 interest at this meeting with the following
7 exceptions.

8 Drs. Milton Packer and Marvin Konstam have
9 been excluded from participating in today's discussion
10 and vote concerning Altace.

11 Further, in accordance with 18 USC 208 (b) ,
12 full waivers have been granted to Drs. George Bakris,
13 Thomas Fleming, Udho Thadani, Ileana Pina, Joann
14 Lindenfeld, and Mark Molitch. Copies of these waiver
15 statements may be obtained by submitting a written
16 request to FDA's Freedom of Information Office located
17 in Room 12A30 of the Parklawn Building.

18 In addition, we would like to disclose for
19 the record that Drs. Robert Califf, Udho Thadani, and
20 George Bakris have interests which do not constitute
21 financial interest within the meaning of 18 USC
22 208(a), but which could create the appearance of a

1 conflict.

2 The agency has determined notwithstanding
3 these interests, that the interests of the government
4 in their participation outweighs the concern that the
5 integrity of the agency's programs and operations may
6 be questioned.

7 Therefore, Drs. Robert Califf, Udho
8 Thadani, and George Bakris may participate fully in
9 all matters relating to Altace.

10 In the event that the discussions involve
11 any other products or firms not already on the agenda
12 for which an FDA participant has a financial interest,
13 the participants are aware of the need to exclude
14 themselves from such involvement, and their exclusion
15 will be noted for the record.

16 With respect to all other participants, we
17 ask in the interest of fairness that they address any
18 current or previous financial involvement with any
19 firm whose products they may wish to comment upon.

20 This concludes the conflict of interest
21 statement for this meeting.

22 I have been asked by the management of the

1 auditorium to make a general announcement regarding
2 food and drink in the auditorium. They are concerned
3 that people have been leaving papers and leaving the
4 site in not too nice a condition. So they are asking
5 that you please respect the building and take all of
6 your papers and everything that you bring with you
7 back.

8 ACTING CHAIRMAN CALIFF: Thank you.

9 We'll move on now with the presentation
10 from the sponsor, and I think what we'll do is we'll
11 hear from each speaker, each individual speaker, and
12 then we'll let the panel ask questions of each
13 individual.

14 MR. ROGERS: Good morning, Mr. Chairman,
15 distinguished members of the panel. We are pleased
16 that today you will be considering a supplement to
17 King Pharmaceuticals' NDA for Altace, or ramapril
18 capsules.

19 Altace has been approved for the treatment
20 of hypertension sine 1991. It is also indicated for
21 the treatment of congestive heart failure in patients
22 who have sustained acute myocardial infarctions.

1 The supplemental application being
2 considered today seeks approval of additional
3 indications for Altace. The proposed new indications
4 are for the prevention of cardiovascular death,
5 myocardial infarction, and stroke.

6 Based upon positive comments from the
7 FDA's review, all cause mortality has also been added
8 to the indications shown on this slide. Of course, we
9 understand that the text of final labeling will be the
10 result of meaningful discussions with the agency after
11 the conclusion of today's meeting.

12 The supplement is based upon the findings
13 of the Heart Outcomes Prevention Evaluation Study,
14 known as the HOPE study. The study was conceived and
15 independently conducted by Dr. Salim Yusuf of McMaster
16 University and administered by members of the
17 International Steering Committee for HOPE.

18 The study evaluated the long-term benefits
19 of ramipril in an extremely large patient population
20 that was followed for approximately four and one-half
21 years.

22 Today Drs. Yusuf, Brenner, Gerstein, and

1 Furberg will present and discuss the findings of the
2 study. We're also joined today by additional
3 consultants, Dr. Giles Dagenais, who was co-chair of
4 the study, and by Dr. Craig Pratt.

5 From a public health perspective, the
6 implications of the HOPE Study are dramatic, and we
7 are fortunate and appreciative that Dr. Yusuf
8 persevered to obtain funding necessary to conduct an
9 independent study of such magnitude and duration. Dr.
10 Yusuf will be our first presenter and will also
11 facilitate further discussions as the morning
12 proceeds.

13 Thank you.

14 ACTING CHAIRMAN CALIFF: I'm assuming the
15 panel has no questions at this point.

16 Obviously in the redesign of this
17 auditorium they didn't take us into consideration up
18 here. We're sort of packed in like sardines, but
19 we'll make the best of --

20 DR. FLEMING: Rob, it's correct then that
21 the labeling indication differs from what has just
22 been sent to us on paper?

1 ACTING CHAIRMAN CALIFF: Only for the --

2 DR. FLEMING: All cause mortality?

3 ACTING CHAIRMAN CALIFF: -- all cause
4 mortality. That's correct.

5 DR. YUSUF: Dr. Califf, Dr. Lipicky,
6 ladies and gentlemen, it's my pleasure on behalf of
7 the HOPE Steering Committee and investigators to
8 present to you the results of the study.

9 HOPE stands for Heart Outcomes Prevention
10 Evaluation Study. It's a large, simple, randomized
11 trial of ramipril ACE inhibitor and Vitamin E in
12 patients at high risk for cardiovascular events.

13 I'm not going to show you data related to
14 Vitamin E. Suffice to say that Vitamin E proved to be
15 ineffective in this trial.

16 Now, as you all know, there is a long
17 history of the evaluation of ACE inhibitors in
18 cardiovascular disease going back some 20 years. A
19 series of trials initially high risk and sick patients
20 were conducted. This was initially in people with
21 heart failure, and we know it reduces mortality and
22 heart failure hospitalizations, and some of these

1 trials also suggested a reduction in myocardial
2 infarction which has not been fully accepted.

3 There have been similar data in patients
4 with asymptomatic LV dysfunction, post myocardial
5 infarction, some data on acute myocardial infarction,
6 and in diabetics at least in the literature there's a
7 range of studies that have indicated a benefit on
8 progression of renal disease.

9 Looking at the literature amongst
10 hypertensives, it seems to be similar in reducing
11 clinical events likely to be better than calcium
12 blockers in diabetics, and there's a meta analysis in
13 press at the moment.

14 However, there's a large body of people,
15 those with other manifestations of coronary artery
16 disease and without LV dysfunction or heart failure,
17 those with strokes, those with peripheral arterial
18 disease or other diabetics in which we do not know if
19 ACE inhibitors prevent clinically important outcomes.

20 The starting point for me in the design of
21 HOPE was my experiences in the SOLVD trial. In this
22 trial of 6,700 people with low ejection fractions,

1 half of whom had heart failure; the other had
2 asymptomatic LV dysfunction; we had a surprising
3 finding, and the finding was a reduction in myocardial
4 infarction by about 23 percent, which was
5 statistically significant and consistent in the two
6 parts of the study.

7 Nevertheless, these data generated a lot
8 of interest, but was not seen to be convincing to most
9 people. When we looked at the literature and looking
10 at the literature, we find epidemiological data that
11 would suggest the possibility that modifying the renin
12 angiotensin system may be helpful.

13 These are data from one such study by
14 Mickey Alderman, where he took 2,000 hypertensives,
15 treated them with diuretics, controlled their blood
16 pressure, then profiled their renin levels, and
17 whether they were smokers or nonsmokers, the risk of
18 myocardial infarction increased with the risk or with
19 the levels of renin; the same thing after controlling
20 for cholesterol; the same thing after controlling for
21 glucose.

22 In addition, there were animal data, and

1 these are one such studies, indicating in the radum
2 (phonetic) centric artery that use of an ACE inhibitor
3 decreases vascular wall thickening and also leads to
4 dilatation of the artery.

5 Victor Zahl (phonetic) has done a large
6 amount of work in this area at the molecular level and
7 has come up with a unifying hypothesis. In this
8 hypothesis, he thinks of the classical respecters as
9 increasing oxidative stress in the vascular wall
10 leading to endothelial dysfunction. This then leads
11 to a decrease in nitric oxide activity, and the
12 secretion of a number of local mediators, including an
13 increase in tissue ACE levels and adjutants in two
14 levels.

15 This has a prothombotic effect, an effect
16 in stimulating inflammation in the vessel wall. It
17 could lead to vasoconstriction. It could lead to
18 hypertrophy both of the heart as well as the vessel
19 wall, and my promote plaque rupture by inducing the
20 secretion of various hormones, various enzymes that
21 are proteolytic, such as the metallo-proteinasis
22 (phonetic).

1 So this was the basis on which several
2 years ago, eight years ago, we embarked on this trial.
3 This is the summary of the study. The main name of
4 the study was to assess the effects of ramipril on
5 Vitamin E or all Vitamin E versus its placebo on the
6 primary composite endpoint of cardiovascular death,
7 myocardial infarction or strokes.

8 This was a randomized, double blind study
9 utilizing a two-by-two factorial design. We
10 deliberately chose wide entry criteria. The study was
11 large, and it was simple.

12 Nine and a half thousand patients were
13 followed for about four to six years. The study had
14 high power to detect relative risk reductions in the
15 primary endpoint in the range of 11 to 13 percent. In
16 addition, the study was designed specifically to
17 examine the results in a few key subgroups and on a
18 number of secondary endpoints.

19 The study was organized in 267 hospitals
20 in 19 countries in North and South America and in
21 Europe, and it was coordinated by the Canadian
22 Cardiovascular Collaboration Project Office at

1 McMaster University in Hamilton, Canada.

2 These are the key inclusion and exclusion
3 criteria. Patients over the age of 55 and at high
4 risk of cardiovascular events, if they had any
5 evidence of vascular disease, as long as they did not
6 have markers of low risk or have heart failure. This
7 could be any evidence of coronary heart disease,
8 strokes, or peripheral arterial disease, or if they
9 were diabetics and in addition had one of the coronary
10 risk factors or had vascular disease.

11 We also excluded patients who had heart
12 failure or those with low ejection fraction because
13 that was clear proof of the value of ACE inhibitors in
14 this population.

15 In addition, if anybody was taking ACE
16 inhibitors for hypertension or any other reason, or they
17 were on Vitamin E, they were excluded.

18 These are the main outcomes of the study.
19 As stated before, the primary outcome was the
20 composite of myocardial infarction, stroke or
21 cardiovascular death.

22 The secondary outcomes were the individual

1 components of this composite, and in addition, we
2 wanted to look at hospitalizations for unstable
3 angina, hospitalizations for heart failure, total
4 mortality, revascularization, overt nephropathy, and
5 for the Vitamin E part, cancer, and that part of the
6 study is still continuing.

7 There were other outcomes that were
8 prespecified, and these were two: that with diabetic
9 complications and other forms of heart failure, all
10 forms of heart failure.

11 In addition, the phones recorded at
12 regular intervals cardiac arrest, worsening angina,
13 and development of diabetes, but they were not
14 prespecified as hypotheses in the protocol.

15 These are the sample size and power
16 calculations. The study was due to get 8,000
17 patients by formal calculations, followed for three
18 and a half years, and the event rate expected was
19 about five percent per year.

20 Using that, we would have high power to
21 detect 15 to 17 percent risk reductions. At the very
22 beginning, we inflated the sample size by an

1 additional 1,000 patients to overcome unexpected
2 eventualities, such as lower event rates or poor
3 compliance.

4 In the end, we ended up with nine and a
5 half thousand patients, followed for longer periods of
6 time, and I shall explain to you why this happened.

7 The original follow-up was meant to be to
8 follow patients for three years after the first 18
9 months of recruitment so that the mean follow-up was
10 going to be about 3.6 years.

11 However, because of the consistent results
12 from the anti-hypertensive trials and the cholesterol
13 lowering trials, we were concerned that there would be
14 a lag in the manifestations of the effects of ACE
15 inhibitors because we were postulating an anti-
16 atherosclerotic mechanism.

17 So we thought perhaps the first two years
18 we would have no treatment effect, and treatment would
19 only -- the differences would only emerge later. As
20 you will see, we were wrong in this assumption, but
21 nevertheless, this is the assumption that we in with.

22 Furthermore, we had a lower event rate

1 than expected. Instead of five percent, we had 4.2
2 percent.

3 The process by this decision was made was
4 as follows. It was made by the Steering Committee who
5 had absolutely no knowledge of any of the blinded data
6 other than the overall event rate. We then requested
7 and sought funding both from the Medical Research
8 Council of Canada and from the sponsors in two steps,
9 and we eventually managed to get a two year extension
10 so that the mean follow-up would be comparable to that
11 seen in the cholesterol lowering trials.

12 There are certain additional aspects of
13 the study organization that's worth pointing out. In
14 each country there were national coordinators and
15 regional coordinators.

16 In addition to the CCC project office in
17 Hamilton, there were regional coordinating centers in
18 Europe, in Brazil, and in Argentina. These
19 constituted the International Steering Committee.

20 There were three important subcommittees.
21 Two of them were made of members of the Steering
22 Committee and one was independent. This committee,

1 the Events Adjudication Committee, adjudicated all of
2 the primary and prestated secondary endpoints blindly.

3 In addition, the Data and Safety
4 Monitoring Board, consisting of outside experts,
5 independently reviewed the progress of the study.

6 The study was funded through 14 sources.
7 What is listed here are the key sources. The primary
8 peer reviewed funding came from Medical Research
9 Council of Canada and the Heart and Stroke Foundation
10 of Ontario.

11 The primary pharmaceutical funding came
12 from Hoechst Marion Roussel in Canada and
13 internationally. Astra-Zeneca, King Pharmaceuticals
14 were also major funders, as were contributions from
15 the Vitamin E manufacturers.

16 I should, however, stress that the study
17 was independently designed, organized, conducted,
18 analyzed, and reported by the Canadian Cardiovascular
19 Collaboration and the HOPE Steering Committee, and the
20 company only received the database after the
21 publication of the results and the data being sent
22 directly by us to the FDA.

1 As you know, the study was terminated
2 early because of clear evidence of benefit in favor of
3 ramipril. This occurred on March 22nd, when the Data
4 Monitoring Committee recommended early terminations.

5 On April 17th and 24, we presented the
6 results to the investigator, and we had formally
7 stated that all events up to April 15th would be
8 counted. Close-out visits were completed by August
9 1999. Database was closed on November 1999 at which
10 time vital status was ascertained in all but six out
11 of the nine and a half thousand patients.

12 Non-fatal outcomes were ascertained in
13 99.3 percent of patients. Adjudication was completed
14 and possible in 99.9 percent of patients, and out of
15 the 700,000 forms, 99.4 percent were declared clean.

16 The data were first published
17 electronically in the New England Journal on November
18 10th, 1999, and in print version in two papers, in
19 January in the New England Journal and another one in
20 the Lancet in the third week of January.

21 Now, this is the process or screening and
22 run-in. Screening first. Ten thousand seven hundred

1 and ten patients were initially invited to an
2 eligibility visit. However, 134 were found to be
3 ineligible at that time. The vast majority of these
4 were due to proteinuria or the use of ACE inhibitors,
5 and a small number for using Vitamin E.

6 Ten thousand five hundred and seventy-six,
7 or 98.7 percent, were considered to be eligible and
8 entered a run-in phase. The run-in phase consisted
9 initially of seven to ten days of two and a half
10 milligrams of ramipril used in a single blind fashion,
11 at the end of which creatinine and potassium were
12 checked.

13 This was then followed by a ten to 14-day
14 period of placebo, which is also single blind. Ten
15 thousand five hundred and seventy-six patients entered
16 the run-in, and 9,541 were randomized. Approximately
17 1,000 were excluded after run-in. The main reasons
18 were due to nonadherence or the patient changing his
19 or her mind. A few patients had elevations of
20 creatinine, cough, or hypotension or dizziness, and
21 these are not mutually exclusive.

22 Eventually we randomized nine and a half

1 thousand patients to the overall program. However,
2 for the evaluation of ramipril, there was a sub-study,
3 a secure sub-study, of 750 patients in which one third
4 were also randomized to two and a half milligrams of
5 ramipril, and that is this dose.

6 So the main analysis of ramipril that I'll
7 present to you is based on 9,300 patients. However,
8 the data adding this to this slightly strengthened the
9 results and has no material impact on any conclusions
10 we come to.

11 These are the baseline characteristics.
12 There are two things to note: first, that all the
13 baseline characteristics were balanced. The second
14 thing to note are key findings. The mean age was 66.
15 The blood pressure was 139 by 79. The ankle-arm ratio
16 was .98. Heart rate was 69. Body mass index was 28,
17 and serum creatinine and potassium were as follows.

18 This was a well treated group with about
19 three quarters of patients receiving anti-platelet
20 agents, four percent receiving anticoagulants.
21 Fifteen percent received diuretics for hypertension.
22 Forty percent received beta blockers. Forty-six

1 percent received calcium blockers, and about 29
2 percent receive cholesterol lowering agents, and this
3 proportion increased over time as I'll show you in a
4 minute.

5 The key aspects of history as follows.
6 About two and a half thousand patients were women,
7 making this one of the largest trials in
8 cardiovascular disease to include women. Eighty
9 percent had coronary artery disease, out of which
10 about 50 percent of the overall population had a
11 remote myocardial infarction. Eleven percent had
12 cerebrovascular disease, and in 40 percent they either
13 had clinical peripheral arterial disease or an
14 abnormal ankle-arm blood pressure ratio.

15 Forty-seven percent had hypertension, but
16 these people have to have their blood pressures
17 controlled before they enter the trial. We were very
18 much interested in the diabetic component and had a
19 target of 40 percent of diabetics, but recruitment
20 strategies insured that at least one third of the
21 patients would be diabetics, and this is one of the
22 larger trials of diabetes and cardiovascular

1 prevention.

2 These are the data on the change in
3 concomitant drugs over time. As you will see, three
4 quarters of patients were on anti-platelets at the
5 beginning. At the end of the study you will see there
6 is a slightly lower rate in the group receiving
7 ramipril, and this is probably because there were more
8 clinical events in this group compared to this group.

9 Lipid lowering therapy increase in both
10 groups and was nearly half by the end of the study.
11 Beta blocker use remained approximately constant,
12 increasing in the placebo group and decreasing
13 slightly in the ramipril use.

14 Diuretic use increased in both groups, but
15 to a greater extent in the placebo group. Calcium
16 channel blockers decreased in both groups, and that is
17 consistent with the worldwide trend towards lower
18 calcium blocker use.

19 These are the data on adherence to the
20 medications. At one year, 85 percent of the patients
21 receiving ramipril remained on study medications
22 compared to 89 percent. At four years, 68 percent

1 compared to 71 percent.

2 In addition, the proportion taking ACE
3 inhibitors as an open label fashion was low in both
4 groups, both at one year and at four years, but as you
5 can see, it was higher in the placebo group compared
6 to the control groups, compared to the ramipril group.

7 These are the doses once a patient decided
8 to take the medication. These are the people who
9 stopped taking the medication, and you will see in the
10 majority of patients, if they were on the medication,
11 they were tolerating and using the ten milligram dose.

12 So we did achieve the goal that we wanted
13 of getting the dose up to ten milligrams in the vast
14 majority of patients.

15 Now, these are the reasons why either
16 ramipril or placebo was stopped. Cough as a reason
17 for stopping, as expected, was more common with
18 ramipril, as was hypotension and dizziness. There
19 were lower rates of stopping blinded medication for
20 hypertension because a clinical event occurred or for
21 the use of non-study ACE inhibitors.

22 This slide tells you -- summarizes data on

1 the most important side effect that we are all
2 concerned about about this class of agents. During
3 the run-in, there were five cases out of ten and a
4 half thousand patients of angioneurotic edema. All of
5 them were mild and did not require hospitalizations.

6 After randomization, there were 16 cases
7 in the ramipril group compared to seven in the placebo
8 group. One was fatal in the ramipril group. There
9 was no such event in the placebo group. There was one
10 hospitalization here, none here. Nobody required
11 ventilation.

12 We only had 141 patients who were blacks
13 in the study, and they had no events in either the
14 active or the placebo group.

15 These are the primary results of the
16 study. The composite of myocardial infarction,
17 stroke, and cardiovascular death. There were 826
18 events in the placebo group. That is 17.8 percent
19 compared to 651 with ramipril, or 14 percent. This
20 represents a 22 percent relative risk reduction or
21 relative risk, with relatively tight confidence limit,
22 and it's clearly statistically significant.

1 Each component of this primary was
2 reduced, like cardiovascular deaths were reduced by 26
3 percent. Myocardial infarction was reduced by 20
4 percent. Strokes were reduced by 32 percent, and each
5 of these three components was statistically
6 significant.

7 We postulated a neutral effect on non-
8 cardiovascular deaths, and that's exactly what we
9 found. Overall, total mortality was reduced from 12.2
10 percent down to 10.4 percent, a 16 percent relative
11 risk reduction. That is also statistically
12 significant.

13 These are the survival curves for the
14 composite primary endpoint, and you will see the
15 curves diverge early and keep on diverging throughout
16 the study.

17 These are the data on myocardial
18 infarction, and we see the same pattern of divergence
19 and then continued divergence.

20 These are data on strokes. We again see
21 a somewhat larger effect, but the same pattern of
22 divergence within the first year and then continuing

1 to go apart.

2 Now, these are details of several vascular
3 events. These are the total number of strokes based
4 on the previous slides, at 32 percent risk reduction
5 with reasonably tight confidence intervals.

6 In addition, we had a reduction in
7 transient ischemic attacks, and if you take the
8 composite of these two, that, too, is clearly reduced.

9 Fatal strokes were reduced, as were non-
10 fatal strokes.

11 In addition, when you look at the types of
12 strokes, you will see a significant reduction in
13 ischemic strokes, a tendency towards lower hemorrhagic
14 strokes, although these were less common, and strokes
15 where we were not able to classify whether they were
16 ischemic or hemorrhagic, but also tended to be lower
17 with ramipril.

18 These are data on the degree of disability
19 and severity based in those having strokes. You will
20 see strokes that were associated with full recovery on
21 nonlimiting were reduced. Those that left the patient
22 somewhat impaired was also lower, 56 down to 43.

1 Those that left the patient severely incapacitated or
2 needing constant help was also lower, and these are
3 the data that I showed you before on a reduction in
4 fatal strokes.

5 Therefore, the impact on strokes was
6 across different types of strokes and different
7 severities of strokes.

8 These are the data on cardiovascular
9 deaths. Again, a divergence by about a year and
10 continuing divergence throughout. These are similar
11 curves on total mortality, which again shows a
12 slightly more delayed divergence, but then it keeps on
13 diverging throughout the end of the study.

14 Now, these are further details on the
15 causes of death. At the bottom are noncardiovascular
16 deaths that I showed you. At the top are the total
17 cardiovascular deaths, which is where we found the
18 difference, and we found that difference in myocardial
19 infarction, in strokes, in a small trend towards heart
20 failure deaths, little difference in documented
21 arrhythmia, but there was also a clear difference in
22 those with other cardiovascular deaths, and these are

1 mainly periprocedural, either CABG surgery or PTCA or
2 cardiac causes after noncardiac surgery.

3 These data are on the primary composite
4 endpoint stratified by the allocation to Vitamin E on
5 no Vitamin E. You can see in the half of the patients
6 who were randomized to receive placebo for Vitamin E
7 there is a clear benefit. Similarly, in those
8 receiving Vitamin E as the second randomization,
9 there's a 21 percent risk reduction that is clearly
10 significant.

11 What this means is that if you divide the
12 data into two random halves, we have clearly
13 significant results in each of those two random
14 halves.

15 It also means that the randomization to
16 Vitamin E in no way interfered with the evaluation of
17 ramipril compared to placebo, a point that I wish
18 other sponsors would take note of. It's a very
19 efficient way of answering two questions for the price
20 of one.

21 Now, these are data on the subgroup
22 analysis utilizing the primary endpoint. We have pre-

1 specified two sets of subgroup analysis to examine
2 consistency, in those with cardiovascular disease and
3 those without cardiovascular, those with diabetes and
4 those without diabetes.

5 As we only had about 1,100 people without
6 cardiovascular disease, the event rates were lower in
7 this group compared to the placebo group, but the
8 relative risk reductions are consistent with the
9 relative risk reductions seen in the overall study,
10 which is what this dotted line is, although the
11 confidence limits are wide, but nevertheless, they
12 overlap, and the P value for interaction indicates no
13 evidence of heterogeneity.

14 In those with diabetes and those without
15 diabetes, in each of these two subgroups there is
16 clear statistical significance compared to placebo,
17 and again, no evidence of heterogeneity.

18 These are data on other subgroups, and
19 these are mainly being examined for consistency. In
20 those under the age of 65, those over the age of 65,
21 the results were similar. In men and women in both
22 groups, the results were similar, and just to

1 emphasize the point, we had two and a half thousand
2 women, and the results in women by themselves are
3 statistically significant, and because the upper
4 confidence limit does not cross one.

5 Those with hypertension history or those
6 without hypertension history, the results are
7 consistent. Those with coronary artery disease, those
8 without coronary artery disease, the results are
9 consistent.

10 Again, in those with a history of cerebral
11 vascular disease, those without cerebral vascular
12 disease, although we had only 1,000 people, this was
13 a high risk subgroup, and again, the risk reductions
14 are identical and there is no evidence of
15 heterogeneity.

16 In those with evidence of peripheral
17 arterial disease and no peripheral arterial disease,
18 similar results. Those with micro albuminuria or no
19 micro albuminuria at the randomization visit, similar
20 results.

21 So these three slides indicate to you that
22 the results were consistent across many different

1 subgroups and broad populations.

2 These are the data on secondary outcomes.
3 We had a significant reduction in revascularization
4 procedures, 18.4 percent down to 16 percent,
5 representing a relative risk of .85, which is
6 nominally significant.

7 Hospitalizations for unstable angina,
8 there was no impact, even overall or when we looked at
9 the data in those who had ECG changes when they were
10 hospitalized.

11 Hospitalizations for heart failure was
12 numerically lower in the ramipril group compared to
13 the placebo group at 13 percent risk reduction with
14 wide confidence limit, and it's not statistically
15 significant.

16 These are the data on other outcomes that
17 I had shown you in one of my earlier slides.
18 Complications related to diabetes mellitus was
19 significantly lowered, and these data will be
20 elaborated to a greater extent by Dr. Hertzell
21 Gerstein. So I request that you hold any questions on
22 that for him.

1 I will show you more data on heart
2 failure, and heart failure, any manifestation of heart
3 failure, was also significantly reduced by 23 percent
4 with relatively tight confidence limits.

5 Cardiac arrests were lower. These are
6 non-fatal cardiac arrests and are not counted in
7 mortality.

8 Worsening angina based on the patient's
9 report was also lower, and much to our surprise, new
10 diagnosis of diabetes mellitus was also lowered by 34
11 percent.

12 These are the survival curves on
13 revascularization. You will see it took some time for
14 the curves to diverge, and then it diverged throughout
15 the duration of follow-up. These are details on the
16 types of revascularization. You will see that
17 coronary revascularizations were reduced by 17
18 percent, but there was also a similar trend towards
19 reduced non-coronary revascularizations, such as
20 peripheral angioplasty or surgery, limb amputation, or
21 carotid endarterectomy.

22 Now, before I show you further details on

1 heart failure, I want to put the heart failure data in
2 perspective. As you know, heart failure and ACE
3 inhibitors have a long history. The first major trial
4 in heart failure was done in the CONSENSUS 1 trial
5 using an allopriol (phonetic) in Class 4 heart failure
6 some ten to 15 years ago.

7 At that time, since we did not have a
8 clear indication for the use of ACE inhibitors, when
9 patients deteriorated, ACE inhibitors were hardly
10 used, under ten percent of the patients. I was easy,
11 therefore, to show an impact on total mortality.

12 By the time the SOLVD treatment trial was
13 being done, we already had the results of consensus.
14 At that time we included people with low ejection
15 fraction and heart failure, and in this study we saw
16 an impact of mortality being reduced, but the risk
17 reductions were smaller than this, and this may well
18 be because of the lower risk patients, but also
19 because of the higher rate of noncompliance.

20 In addition, we showed an impact on heart
21 failure hospitalization. However, when we did the
22 SOLVD prevention trial, which was being simultaneously

1 run as the treatment trial, when people deteriorated
2 and had signs or symptoms of heart failure, up to 40
3 percent of patients received open label ACE
4 inhibitors, and this was also a lower risk group which
5 had low ejection fraction alone and no heart failure,
6 and in this group we weren't able to show a clear
7 reduction in mortality, but we showed a clear
8 reduction in out-patient manifestations of heart
9 failure and heart failure hospitalization.

10 It is in this context that we should
11 review the HOPE data. The HOPE data included people
12 without low ejection fraction, that is, preserved
13 ejection fraction, and they had no heart failure.

14 When they deteriorated, they were allowed
15 to use ACE inhibitors even if the patient did not
16 reach a primary or second endpoint, and 60 percent of
17 the people, when they developed heart failure as an
18 out patient, received an ACE inhibitor, and we found
19 a clear reduction in all manifestations of heart
20 failure, and I'll show you those data now.

21 These are the data that I've shown you
22 before on heart failure hospitalizations. There is a

1 trend in favor, but it's not statistically
2 significant. These are the data on all manifestations
3 of heart failure, including the ones that I showed you
4 previously.

5 You will see a 23 percent reduction. That
6 is clearly significant and keeps on diverging
7 throughout the study, paralleling what we saw on
8 other endpoints.

9 These are further details. This is the
10 top line. On all manifestations of heart failure,
11 there's a 23 percent risk reduction with tight
12 confidence limits.

13 This was contributed due to a variety of
14 different forms. One is the use of open label ACE
15 inhibitors for heart failure was also reduced by 28
16 percent. When you take most of your manifestations,
17 there's a 13 percent risk reduction, and when you take
18 death, there's a 12 percent risk reduction.

19 If you take the composite of
20 cardiovascular death or all heart failure, there's a
21 24 percent risk reduction. If you take the composite
22 of cardiovascular death plus heart failure

1 hospitalization, there's a 23 percent risk reduction.
2 That is significant, and all of these are consistent.

3 There are two reasons to use the
4 composites in formal statistical evaluation. First,
5 death is a competing event. So when you take a
6 secondary endpoint, it is methodologically more
7 rigorous to use deaths plus heart failure
8 hospitalization, although of course each of them
9 contribute to the difference observed.

10 The second reason is because -- gosh, I
11 can't remember what the second reason is. I'll go on.

12 Now, these are data now on development of
13 heart failure. Sorry. These are data now on the
14 diagnosis of diabetes mellitus. The way this was
15 recorded was on an annual check box in the forms. No
16 tests were required, but I'll show you the data.
17 That's why you get these in steps annually.

18 Remember this is a blinded study, and the
19 total number of people unblinded in the study was
20 under 20; is that right? In five years.

21 So essentially this diagnosis was being
22 made unbiased, and there's a 34 percent risk reduction

1 that is statistically significant.

2 These are further details of what the
3 physician did when he or she diagnosed diabetes. You
4 will see oral agents were described in 53 patients in
5 the ramipril group compared to 101 in the placebo
6 group. Insulin alone or in combination with oral
7 agents, six here and four there. And diet alone as a
8 strategy was used in 43 patients in the ramipril group
9 and 15 in the placebo group.

10 Now, this study did not perform ejection
11 fractions in everybody at baseline. The protocol
12 recommended that if you knew somebody had a low
13 ejection fraction, please exclude them, but it wasn't
14 demanded, given the fact this was an international
15 study, and also the fact this was a cheap study.

16 So, however, in 4,775 patients ejection
17 fraction was available pre-randomization and was
18 normal. The mean ejection fraction was .59 in this
19 group with this standard deviation. The primary
20 outcome was reduced from 18.8 percent to 13.9 percent,
21 a 27 percent risk reduction, which is at least as
22 large as what we saw in the overall population.

1 Again, we see reductions in cardiovascular
2 deaths, reductions in myocardial infarction,
3 reductions in strokes, reductions in all
4 manifestations of heart failure, and reductions in
5 revascularization.

6 So focusing just on the subgroups of
7 patients where we know for sure have a preserve EF,
8 the results are consistent and clear.

9 These are the data on blood pressure
10 because one of the questions that could be asked is:
11 how much of the benefits can be explained due to blood
12 pressure lowering?

13 The first thing to note is that the blood
14 pressure at entry was about 139 systolic by 79
15 diastolic. That would not conventionally be called
16 hypertension. Some may call this borderline elevated
17 blood pressure.

18 You will see that in the middle of the
19 trial, the difference in systolic blood pressure was
20 just over three millimeters or just over -- this is
21 about 1.8 millimeters diastolic. So the difference in
22 blood pressure was modest.

1 Now, based on this and based on external
2 data, we can project what degree of the benefit, what
3 amount of the benefit can be explained by blood
4 pressure lowering.

5 Based upon previous trials of hypertensive
6 patients who all had higher blood pressures coming
7 into those trials, a ten to 15 millimeter difference
8 in systolic blood pressure leads to a 40 percent lower
9 stroke rates and a 15 percent lower myocardial
10 infarction rates.

11 We saw a 3.3 millimeter difference in
12 systolic blood pressure. Using these data, we would
13 expect a 13 percent difference in strokes, but we saw
14 a 32 percent reduction.

15 We would have expected a five percent
16 myocardial infarction reduction solely based on the
17 blood pressure lowering, but we observed a somewhat
18 larger effect.

19 So we would be able to say or we would at
20 least surmise that only a small proportion of the
21 benefits are due to the blood pressure lowering
22 effects of the agent and the rest may be due to other

1 effects.

2 This is further explored in the next few
3 slides. Here we divided people into quartiles by
4 diastolic blood pressure and the next one by systolic.
5 So the quartiles we used were 70, 71 to 79, 80 to 85,
6 and over 86. We, in order to overcome regression to
7 the mean, we calculated usual blood pressures, and
8 interestingly the usual mean blood pressure in this
9 group is higher than the cutoff, and the usual mean
10 blood pressure here is lower than the cutoff. That's
11 just a methodological point.

12 And you will see the relative risk
13 reductions though are consistent across the four
14 quartiles.

15 The same holds true for systolic blood
16 pressure. The lower systolic blood pressure is, the
17 blood pressure of under 124, 125 to 139, 140 to 150,
18 or over 151, and you will see consistent reductions
19 across the whole range, although it may appear
20 visually there's a slightly higher benefit out here at
21 the highest levels.

22 Now, a third way that we looked at the

1 data was to do a time dependent covariate analysis
2 within our trial, adjusting for the observed reduction
3 in blood pressure. These are the unadjusted, crude
4 results, a relative risk of .78. After adjustment it
5 was virtually unchanged.

6 When we look at each of the individual
7 components, you will see for myocardial infarction
8 there is very little difference. If anything, this is
9 slightly more in favor of treatment, but for strokes
10 you will see there is a slight attenuation of the
11 benefit, and for cardiovascular deaths, again, there
12 is only a slight attenuation of the benefit.

13 So these three different approaches to the
14 analysis suggest to us that the benefits are probably
15 independent of blood pressure lowering.

16 In my reserve slides, I have additional
17 slides on atherosclerosis prevention, and if the
18 committee would like to discuss it at a later time,
19 I'd be happy to show them.

20 Now, as a clinician, we were very pleased
21 with the results of the study because as a clinician
22 it meant this would be of great importance to my

1 patients.

2 If we treated 1,000 people for four years,
3 we would prevent 18 deaths, 16 myocardial infarctions,
4 and nine strokes for a total of 43 events, which means
5 the number needed to treat to prevent one event is 23.
6 Since some of these occur in the same patients and to
7 take into account overlapping events, the number of
8 people in whom you'd prevent an event is 36, and the
9 number needed to treat would be 28 people to prevent
10 one event.

11 As you know, there was 20 percent when
12 it's noncompliant, and you can kind of crudely
13 calculate what it might have theoretically looked had
14 everybody taken the drugs. Of course, that's theory.

15 Now, in addition to these three major
16 endpoints, a number of other clinically important
17 endpoints or roles are prevented. Now, if you put all
18 of this into the equation, you will see 128 events
19 were prevented in about 60 people, and the number
20 needed to treat understandably gets smaller.

21 Either analysis, the previous slide or
22 this slide, indicates that clinically important and

1 useful results have emerged.

2 Therefore, ladies and gentlemen, in
3 conclusion, there is convincing evidence that ramipril
4 prevents cardiovascular death, myocardial infarction,
5 and strokes. It prevents the need for
6 revascularization.

7 These benefits are consistently observed
8 in a very broad range of high risk patients and in
9 addition to other effective therapies.

10 In addition to those observations, we
11 found there was significant reductions in any
12 manifestation of heart failure, in new diagnosis of
13 diabetes, which was not prespecified, and in
14 nephropathy, which Dr. Gerstein will devote an entire
15 presentation to.

16 The only major uncommon side effect or
17 only common side effect is a five percent excess of
18 cough.

19 Thank you very much.

20 ACTING CHAIRMAN CALIFF: Okay. What I'd
21 like to suggest is that we focus the questions on the
22 general study design, the organization of the study,

1 and the primary results, and we save questions on
2 diabetes and renal outcomes until those speakers
3 present.

4 And maybe we could just start, Udho, with
5 you at your end and just work our way down and let
6 everyone ask the questions that they have.

7 DR. THADANI: I suppose they purposely
8 didn't allow me to speak into the microphone, no more
9 questions.

10 When I'm reviewing this, one of the issues
11 you said the patients in the exclusion were not on ACE
12 to be in the study, and yet the document I'm provided
13 with from the FDA says they could not be withdrawn
14 from ACE.

15 Which is the truth now? They could have
16 been on ACE and they were withdrawn from the study and
17 put in the study as long as they could be withdrawn?
18 Because --

19 DR. YUSUF: That's right.

20 DR. THADANI: -- there's a major issue
21 there.

22 DR. YUSUF: Yeah, I think they could be

1 withdrawn. Is that right? I mean --

2 DR. THADANI: But that could have
3 important implications. First of all, one of the
4 exclusions you showed was the patients should not have
5 been -- you know, patients in heart failure and ACE
6 were excluded, and I think the assumption could be
7 patients who were on ACE because of their heart
8 failure, and if that is true, I'm not denying the
9 results, but that could skew some of the results.

10 If that is true, then some of the patients
11 in heart failure actually could have been withdrawn
12 from ACE for whatever reason, or for hypertension is
13 possibility, and then that could have pushed the
14 results in your favor because we know some of the
15 patients did have low yields.

16 I'm saying that --

17 DR. YUSUF: Can I answer the question?

18 DR. THADANI: Yeah, sure.

19 DR. YUSUF: I mean, it's a good question.

20 We explicitly said that ACE inhibitors
21 were indicated for two conditions and those patients
22 should not be included: those with heart failure and

1 those with proteinuria.

2 So even if they were not on an ACE
3 inhibitor, if they have heart failure, they can't get
4 into the trial. So that was stated right throughout.
5 In fact, that was an explicit decision by the steering
6 committee.

7 What I don't know is what proportion of
8 the hypertensives were on ACE and were withdrawn and
9 gotten. I don't know the answer because of I don't
10 think we recorded that.

11 DR. THADANI: I think it might have
12 implication because even if your EF data is .5-
13 something plus/minus .11 SD, so that if you allow two
14 standard deviations, some of the patients are going to
15 be below 40.

16 DR. YUSUF: No, no, no.

17 DR. THADANI: But it was .51.

18 DR. YUSUF: We actually -- let me -- let
19 me take you through this. We said anybody with an EF
20 40 percent or under should not be in the trial. That
21 was one. I mean, take that into context.

22 The other thing is .59, two standard

1 deviations of .59 reduced by .11 is about .47. Sure,
2 there's still a tail of two and a half percent of
3 people, but it starts to become increasingly unlikely.

4 Now, let me also tell you we did a sub-
5 study in 700-odd people where echoes were done
6 consecutively, and in that only two percent of people
7 had an EF under 14 percent.

8 So I can't guarantee it is zero percent,
9 but I can tell you it's going to be in that very low
10 order.

11 DR. THADANI: The other important issue is
12 the hypertension, the way JNC-6 guidelines are totally
13 different now because hypertension is defined as 160,
14 now is 140 and below. So that incidence could change.

15 DR. YUSUF: Sure.

16 DR. THADANI: And if you look at the
17 numbers, I think 50 percent of the population was
18 hypertensive in the last slide you showed in the
19 pressures above 140. So there's a large number of
20 patients who were hypertensive in the study.

21 I realize the results are going in the
22 right direction, but it has to be kept in mind.

1 DR. YUSUF: I think, you know, but ten
2 years from now everybody in this trial will be
3 considered to be hypertensive when we get JNC-8.

4 DR. THADANI: And, you know, one data you
5 really do not show which I'm in the review, everybody
6 talks about the aspirin-ACE interaction. That's one
7 of the issues --

8 DR. YUSUF: Sure.

9 DR. THADANI: -- I suppose we could
10 discuss later on, and it seems like you also did not
11 show where the patients came from. A lot of patients
12 came from Canada. There are very few patients from
13 the States, and the benefit is obviously because the
14 sample size is greater there, at least the data I was
15 given.

16 Now, do you think that could be, although
17 the data you do not show it, could be because of the
18 integration rates are so different in the two
19 countries regarding reaspiration (phonetic), et
20 cetera, would have impacted your results more so in
21 Canada where it's, you know, waiting six months or one
22 year for bypass, et cetera?

1 DR. YUSUF: Okay. With the permission of
2 the Chairman, can I show a back-up slide?

3 ACTING CHAIRMAN CALIFF: I think you
4 should address both the --

5 DR. YUSUF: Sure.

6 ACTING CHAIRMAN CALIFF: -- aspirin
7 interaction and the international difference.

8 DR. YUSUF: Can we have from our back-up
9 slides, Angie -- well, just to be in the order that
10 you are, can we have Slide 28 and then 29, please,
11 first from the back-up?

12 Okay. This was an issue we examined, and
13 the event rate was reduced. The relative risk was .85
14 in those people taking aspirin, which is nearly 7,000
15 people. Two and a half thousand people were not on
16 aspirin. In this group it was reduced by -- the
17 relative risk was .59, and the interaction P value is
18 quite significant.

19 Now, two things to note. First, this is
20 significant on its own and for no reason would we say
21 don't give aspirin. Don't give aspirin and ACE
22 inhibitors together. We're going to say use them

1 together so that there's an additive benefit.

2 Now, the issue: is this real or not? We
3 have done over 100 subgroups, and some of them will be
4 real, and some of them may be, you know, due to the
5 play of chance, and some of them may be even in
6 subgroups where we think there is likely to be an
7 effect.

8 So we did two things. If there is an
9 aspirin interaction, it's likely to occur in other
10 trials, and it could also occur on the other events in
11 our trial that you expect treatment to have the
12 benefit of.

13 So we looked at revascularizations, and
14 here, if anything, the effects are slightly greater in
15 those on aspirin compared to those not on aspirin, no
16 interaction P value. On all heart failures the
17 effects are similar, if anything greater here than
18 here, and on nephropathy, which you will hear later,
19 again, the effects are similar, slightly greater here,
20 slightly smaller here, slightly greater there, but,
21 again, there is no interaction on these.

22 And if you take any of these outcomes,

1 because in the end you will give treatment to prevent
2 a number of different outcomes, you will see the
3 relative risk is .83 compared to .74, numerically a
4 bigger effect here, but in each case highly
5 statistically significant benefit there, as well as
6 there, and there is no interaction for between these
7 events.

8 We then did another thing because, as you
9 know, I've been involved in coordinating a worldwide
10 meta analysis of ACE inhibitor trials, and so we got
11 data from not only HOPE, from SOLVD, SAVE, TRACE, and
12 AIRE, and what we got was the individual data points.

13 So we now have individual data points on
14 22,000 people on 7,000 events. So this is now getting
15 to be reasonable numbers to look at subgroups.

16 On non-DETS (phonetic), you will see
17 there's a 14 percent relative risk reduction here
18 compared to 26 percent, nominally significant P value
19 for interaction.

20 Myocardial infarction, again, a somewhat
21 greater effect there compared to here. Again,
22 significant, but note in no case does the confidence

1 limits cross one. So you would use it in those
2 circumstances.

3 But for strokes we don't see that. For
4 revascularizations, we don't see that. For heart
5 failure hospitalizations we don't see that, and when
6 you take all of these together, you get a 20 percent
7 risk reduction for those receiving aspirin for the
8 effects of ramipril or for the effects of an ACE
9 inhibitor, and those not receiving aspirin, there's a
10 30 percent effect, which is nominally significant.

11 So there may be a weak quantitative
12 interaction, but there is no qualitative interaction,
13 and clearly based on these data, you would not
14 withhold aspirin or ACE inhibitors should there be an
15 indication to use it.

16 ACTING CHAIRMAN CALIFF: Can you address
17 the international differences in outcome if there are
18 any?

19 DR. YUSUF: Sure, I'd be happy to do that.
20 Can we have Slide 16, please, of the back-
21 ups?

22 Okay. This is the recruitment from

1 different parts of the world. You were right, Udho,
2 that we had more people from Canada in the trial, and
3 if you look at it, you'll think Canada is the most
4 populous country in the world, but that would be a
5 mistake.

6 Five thousand seven hundred patients from
7 Canada, 2,000 from Europe, 800 from the U.S., 730 from
8 South America, and 300 from Mexico. So this is about
9 1,000; this is 800; that's 2,000. So there are
10 reasonable numbers in each of these categories.

11 What I'm showing you now is North America,
12 and you will see in North America there's a clear
13 reduction on the primary and the composite secondary.
14 In Europe there's a trend in favor, and remember
15 European intervention rates are lower than North
16 American intervention rates, and when you add the
17 secondary endpoint, it's almost an identical effect.

18 And Latin America, again, these are the
19 results. There is no evidence of heterogeneity by
20 these categories.

21 We also did it another way, and each of
22 these ways are data dredging. So just be cautious.

1 This is Canada, USA, Europe, Latin America, but
2 remember the numbers in each now start to get small,
3 and you will see the rates of interventions between
4 USA and Canada were closer. I won't say they were
5 identical. They were closer. The lowest was here,
6 and you will see these are the relative risk
7 reductions for the primary, for the secondary, and the
8 confidence limits overlap, and the interaction P
9 values are certainly not significant.

10 Now, remember these are data dredge.
11 We've been doing so many of them. So at the very
12 least we can say directionally the benefits are
13 similar in different countries. Of course, this trial
14 was never set out to prove they were similar in each
15 individual country.

16 DR. THADANI: I think you can probably
17 come back to some more because one of the criteria for
18 inclusion --

19 DR. YUSUF: Can we switch that off,
20 please? Thank you.

21 DR. THADANI: One of the criteria for
22 inclusion is patients who did not have a previous MI

1 could be entered in the trial provided they had a
2 positive stress test or two SOCAD (phonetic), not one
3 vessel, and it's possible that the intervention rate
4 in the two countries are different because at least in
5 our center they have got estimated depression of two
6 millimeters. With Italian (phonetic) positive, they
7 are going to have some intervention. So it might have
8 some relevance.

9 I'm not saying the totality of the result.
10 You have to keep that in mind.

11 My last question before you go is how you
12 define heart failure in this population when your
13 secondary endpoint of hospitalization due to heart
14 failure is not different because when the EFs are
15 relatively preserved, I won't say normal, heart
16 failure is not easy to diagnose. So what was your
17 definition of heart failure?

18 DR. YUSUF: Well, heart failure is tough
19 to -- equally tough or equally easy to diagnose
20 whether you have EF or not.

21 DR. THADANI: I realize.

22 DR. YUSUF: So it's not an EF criterion.

1 I think the hospitalization, there was a set of
2 criteria. I don't remember them offhand. There was
3 an adjudication. There was a specific --

4 DR. THADANI: But it makes no difference
5 in hospitalization due to heart failure?

6 DR. YUSUF: Well, there was a trend.

7 DR. THADANI: Yeah.

8 DR. YUSUF: Okay? There was a trend.
9 Okay. I think no difference does not accurately
10 reflect the data.

11 DR. THADANI: It's a trend.

12 DR. YUSUF: And if you look at other forms
13 of heart failure, that was a check box. In the
14 opinion of the investigator, based on a blinded --
15 remember there's a truly double blind trial with very
16 few unblinding. So there were check boxes for heart
17 failure, and then they said whether an ACE inhibitor
18 was used or not. That's all there was.

19 DR. THADANI: My last question is the use
20 of lipid lowering drugs.

21 DR. YUSUF: Right.

22 DR. THADANI: Especially the statens are

1 fairly low. These are high risk patients given the
2 scenario of LDL cholesterol not required less than 100
3 probably.

4 You think your results would be valid if
5 everybody was given the risk reduction of stroke,
6 given the risk reduction of revascularization and MIs
7 with the lipid lowering recent trials? Would it still
8 hold or you need another trial to prove that this will
9 be additive if the lipid reduction was more
10 aggressive?

11 DR. YUSUF: Can I have my back-up Slide
12 32, please? Actually 31 first and then we'll go to
13 32.

14 This is 31. We looked at these two
15 therapies in addition to aspirin. You're absolutely
16 right. It's a good question. We know beta blockers
17 save lives. Lipid lowering also save lives. So this
18 is the results on the primary endpoint. This is on
19 the secondary endpoint.

20 If they were taking beta blockers or no
21 beta blockers, similar relative risk reduction, both
22 for the primary and the secondary. If they were

1 taking lipid lowering medications, similar risk
2 reductions both on the primary and the secondary.

3 We also did a further analysis, and let's
4 look at the next slide, and this is any of the above.
5 These are the three drugs that save lives, and
6 remember aspirin, there was a nominal interaction.

7 But if you take any one of these three,
8 there is benefit in those, taking any of the above, 19
9 percent risk reduction, and here there's a 14 percent
10 risk reduction if they weren't taking any, but I think
11 that the entire thing is be contributed by aspirin.

12 And you will see here on the secondary
13 endpoint, which is more numerous, the relative risk
14 reductions are identical or if you go to the subgroup
15 taking all of the three. So you've got a patient on
16 a beta blocker or an aspirin and a lipid lowering.
17 You will see the relative risk reductions are similar,
18 and there's no evidence of interaction.

19 So I think although one could say that the
20 benefits of ramipril are on top of the three other
21 therapies we know that saves lives.

22 DR. THADANI: Thanks.

1 DR. YUSUF: Thank you.

2 Could you switch that off?

3 ACTING CHAIRMAN CALIFF: Okay. Thanks,
4 Dr. Thadani.

5 Now, Dr. Fleming, do you have questions?

6 DR. FLEMING: Salim, I'd like to thank you
7 for your terrific efforts in such a very informative
8 and well conducted study.

9 Some of the questions that I've had we've
10 certainly got into. I was interested in your subgroup
11 analyses and some of the ones I was particularly
12 interested in I didn't see, although you've begun to
13 address them: the issue of potential interaction by
14 baseline aspirin use and by region. You've begun to
15 try to explain this.

16 It's interesting to me. You've
17 interpreted the results on aspirin use after you went
18 back and looked at the meta analysis as there may be
19 a weak quantitative interaction. Even with your study
20 alone the significance level is 002, and I realize
21 this is in the context of many subgroup analyses.

22 And you're right. That has to be taken

1 into account, but the meta analysis seems to strongly
2 confirm there is absolutely a quantitative
3 interaction. Is it qualitative, i.e., is there still
4 adequate evidence that there is benefit in those that
5 are on aspirin?

6 One of the ways that I'd be interested in
7 getting additional insight beyond what you've
8 presented there comes back to one of your earlier
9 comments about competing risks. And you had noted
10 earlier that when you leave out, for example, certain
11 events that are censored, that can create some
12 difficulties, and in fact, it absolutely can
13 statistically if we're looking at the primary
14 endpoint, for example, of events that are death,
15 stroke, and cardiovascular related deaths.

16 By leaving out other deaths --

17 DR. YUSUF: Sure.

18 DR. FLEMING: -- those people who die for
19 other causes aren't left out of the analysis. They
20 are, in fact, censored, and their future outcome is,
21 in essence, in a Kaplan-Meier self-consistency
22 approach estimated by other people who didn't die.

1 So essentially if the two of us are moving
2 along and we're matched in certain ways and I die and
3 you don't, if I die from a non-CV related cause, I'm
4 censored, and my subsequent risk of these events is
5 represented by you, and it always leaves me completely
6 uncomfortable to say what it is we're really
7 estimating.

8 DR. YUSUF: Sure.

9 DR. FLEMING: So having said that, it is
10 reassuring to see when you look at all cause mortality
11 in the global analysis that results are so strong that
12 even though you have, as you expected, essentially no
13 difference in the non-CV related deaths, the results
14 are still robust and positive.

15 Where I begin to wonder a bit more though
16 is when we start looking at these two important
17 interactions, and the first of these interactions is
18 baseline aspirin use, yes versus no.

19 Could you give us two analyses? Could you
20 show us the mortality data in those people who were on
21 aspirin at baseline, and could you show us the
22 endpoint I would have preferred, which is the

1 composite endpoint of MI, stroke, and all cause
2 mortality?

3 Those two analyses --

4 DR. YUSUF: I don't have it. I don't
5 think we did it. So --

6 DR. FLEMING: Could you -- these are
7 really critical to interpreting the aspirin subgroup.
8 Could they be generated for us and presented before
9 the votes?

10 DR. YUSUF: No, it's not possible to do
11 that.

12 DR. FLEMING: Because it is interesting
13 that in your analysis in those people who started on
14 aspirin, and your point was you still have evidence to
15 say there's benefit there.

16 DR. YUSUF: Un-huh.

17 DR. FLEMING: The relative risk estimate,
18 I think, was .89, but the upper limit of the
19 confidence interval was approaching one, and if you
20 put the deaths in that were non-CV related --

21 DR. YUSUF: But, Tom, you know that's
22 methodologically invalid for subgroup analysis. I'm

1 not talking of competing risk. I accept your concept.

2 DR. FLEMING: Well, I'm talking competing
3 risks here. That's --

4 DR. YUSUF: Yeah, well, let me tell you
5 the problem with subgroup analysis because you want to
6 take your biggest delta, your most sensitive endpoint,
7 and then do a subgroup analysis because, you know, you
8 could say why didn't you add in cancers. The reason
9 we're not adding cancers is we don't expect an effect
10 on cancers. So it's meaningless to do a subgroup
11 analysis on cancers.

12 So my approach, for which I've written for
13 15 years on subgroup analysis, is take your most
14 sensitive endpoint and then look for interactions in
15 that, and that's what we've done.

16 DR. FLEMING: So if, in fact, the most
17 sensitive endpoint is truly a statistically valid
18 endpoint, the problem is censoring the deaths does not
19 protect the --

20 DR. YUSUF: But, Tom, I think we could
21 spend a lot of time on cost specific mortality.

22 DR. FLEMING: -- a statistically valid

1 endpoint. That's the problem.

2 DR. YUSUF: Well --

3 DR. FLEMING: And so it is fortunate in
4 your composite analysis where you do show it to us,
5 you do show us the analysis when you look at all cause
6 mortality that it's significant.

7 The concern that I have is when you see
8 considerable evidence that there is, in fact, at least
9 a qualitative or quantitative interaction, that it
10 would be at least of interest to look at mortality in
11 that group.

12 DR. YUSUF: Let me say one thing. First,
13 there is absolutely no indication of a qualitative
14 interaction. So we shouldn't use that term.

15 There is a --

16 DR. FLEMING: Quantitative interaction.

17 DR. YUSUF: Quantitative, yes.

18 DR. FLEMING: There's clearly a
19 quantitative interaction.

20 DR. YUSUF: Sure.

21 DR. FLEMING: The question is: is it
22 qualitative? That's the question.

1 DR. YUSUF: Well --

2 DR. FLEMING: Let me move on because this
3 is an analysis that unfortunately should have been
4 done because it's certainly of interest to know
5 whether or not when you include all cause -- you do
6 include all cause mortality in your global analysis.
7 So it certainly would have been of interest --

8 DR. YUSUF: Actually I don't. Nowhere do
9 I include that.

10 DR. FLEMING: Well, you present us all
11 cause mortality.

12 DR. YUSUF: As a curve.

13 DR. FLEMING: A global analysis.

14 DR. YUSUF: As a single curve.

15 DR. FLEMING: Right.

16 DR. YUSUF: Yeah.

17 DR. FLEMING: The second issue, and you've
18 addressed the Canadian issue, and the tests for
19 interactions that you showed us, actually you didn't
20 show us the test for interaction on Canada versus non-
21 Canada. The non-Canadian sites seem to have
22 consistently far less evidence of benefit. The

1 relative risk estimate in Canada of .71, in the U.S.
2 .91, and in all non-Canadian sites is .89.

3 So there is here, again -- there are
4 issues of attempt to dissect noise from signal, but
5 it's very interesting to see a fairly consistent
6 evidence of much less effect outside of Canada.

7 What is your best sense of what could be
8 causing what would be maybe a threefold higher effect
9 in Canada?

10 DR. YUSUF: I think I -- first, I do not
11 accept there is a higher effect in Canada compared to
12 the rest of the thing. First, it's an extremely data
13 derived analysis, and let us give you a scenario.

14 The overall results were nonsignificant,
15 and in Canada there was a striking result. I don't
16 think any of us could come to the conclusion that it
17 works in Canada and doesn't work in the rest of the
18 world. We would base --

19 DR. FLEMING: So you're arguing that
20 basically there really is no difference --

21 DR. YUSUF: Yes.

22 DR. FLEMING: -- in any factors in Canada

1 versus, for example, delivery of care of supportive
2 measures in the U.S.

3 DR. YUSUF: No, no. What we're saying is
4 there is no strong evidence that the treatment varies
5 to a considerable extent by region. I mean we can
6 keep on dissecting this out, and I'm sure we'll find
7 50 centers where actually the treatment would go
8 slightly the wrong way.

9 DR. FLEMING: Well, we're not looking for
10 50 centers. We're looking for major groupings, and --

11 DR. YUSUF: But, Tom, I've already
12 presented about 50 subgroup analyses. Some things are
13 going -- there was no hypothesis around this. There
14 is no pre-specified hypothesis.

15 If you really wanted to address that
16 question, I would say let's take the meta analysis of
17 all the trials, 22,000 patients, and then look at it
18 by region. That would be interesting.

19 DR. FLEMING: And what did that show?

20 DR. YUSUF: We haven't done it.

21 DR. FLEMING: Okay.

22 DR. YUSUF: We haven't done it, but I can

1 tell you what it's likely to show because the SOLVD
2 trial was predominantly U.S. The SAVE trial was
3 substantially U.S. The likelihood is that it will
4 show that Canada and the rest of the world would be
5 very similar results.

6 ACTING CHAIRMAN CALIFF: Just an editorial
7 note here. We're going to come back to this
8 discussion later because certainly when it comes to
9 the U.S. FDA, there are a host of international trials
10 now with results that look sort of like this, and so
11 we'll come back to the generalizable issue later.

12 DR. FLEMING: Let's do that. Let me move
13 on to the next -- the last of the separate issues:
14 race. Could you show us the race? You didn't show us
15 the race subgroups, and give us any comments you have
16 on those.

17 DR. YUSUF: I mean the race subgroups have
18 even bigger problems because of the small numbers.
19 I'll show you the data, but just be very careful in
20 interpreting them.

21 Can we have Slide No. 20, please, back-up?

22 Okay. The commonest race in the study is

1 white, Caucasian. There was no hypothesis related to
2 race when we went into the study, no attempt at
3 sampling by race, and you will see if you look at that
4 the relative risks overlap and the confidence limits
5 overlap, and if you take the secondary endpoint, which
6 in a sense is twice the number of events, this is
7 primary plus secondary, not secondary alone. You will
8 see the relative risks are identical.

9 Now, if you further subdivide, which is --
10 the first one itself I would say is methodologically
11 problematic. If you further subdivide, you're
12 starting to get tiny numbers in many of the races, and
13 it's all noise. You know, it's all over the place.

14 You will see for one endpoint it seems
15 there's no effect. Another endpoint, there is an
16 effect, and vice versa out here.

17 So I think, you know, really the totality
18 of the data on the whole thing is what you really must
19 emphasize, and all of these are interesting to look
20 at, but they are so problematic with lack of power and
21 the play of chance.

22 DR. FLEMING: It's absolutely true that

1 one has to be cautious in interpreting subgroups
2 because of the multiplicity of testing. At the same
3 time, to basically ignore what they say because of the
4 multiplicity of testing is also a dissatisfying
5 conclusion.

6 DR. YUSUF: Sure.

7 DR. FLEMING: I guess there are two things
8 that are evident there. One is how strikingly
9 unrepresented the blacks were in this study, and the
10 second is the relative risk estimate, granted in small
11 numbers, is in the wrong direction.

12 DR. YUSUF: On one endpoint, not the other
13 endpoint.

14 DR. FLEMING: Is there any -- are you
15 suggesting that there's no other data from other
16 related studies that would also suggest lack of
17 benefit in blacks?

18 DR. YUSUF: It's very hard to get the
19 data. I'll tell you why. We tried to do this before
20 this because we have a meta analysis of the ACE
21 inhibitor paper in press in the Lancet prior to this,
22 and at the last minute this was an issue that came up.

1 We tried to get it.

2 There are only 200 or 300 such patients in
3 the SAVE trial. There it seemed to be consistent out
4 of 2,000, and in the SOLVD trials, on some endpoint
5 the results were the same; other endpoints it wasn't.
6 The AIRE trial and the TRACE trial were done in Europe
7 so that there are no blacks.

8 So that if you take the world literature
9 in blacks, it'll be about 600 or 700 people in
10 randomized trials, long term treatment.

11 DR. FLEMING: And the overall conclusion
12 there about relative risks in the meta analysis?

13 DR. YUSUF: I don't really know because I
14 haven't done a meta analysis of HOPE plus the other
15 ones. I've done one with the other ones separately,
16 and there is absolutely no hint of heterogeneity.

17 DR. FLEMING: Last question. Why did you
18 do the secure sub-study? Obviously one answer is to
19 look at the lower dose. You did. What was your
20 intention in doing that when you designed the trial?

21 DR. YUSUF: Okay. There were two things
22 that happened. First, the secure sub-study in our

1 mind was primarily done to look at the effects on
2 atherosclerosis. We as investigators only wanted to
3 study in the whole study one dose, ten milligrams.

4 There was a very strong push from the
5 marketing people to study two and a half milligrams.
6 In fact, they wanted the whole study at two and a half
7 milligrams.

8 We came to an impasse. Secure the three
9 dose thing was a compromise whereby we said, "Okay.
10 Let's test two and a half, as well, in a sub-study.
11 It won't hurt the main study."

12 The argument was very simple. You know,
13 if you need 10,000 people to show an effect, you'd
14 better go with your best dose, especially when you
15 know the --

16 DR. FLEMING: So essentially to obtain at
17 least some evidence as to whether there is a dose
18 response.

19 DR. YUSUF: And would you like to see the
20 secure data? It's actually interesting.

21 DR. FLEMING: Well, you did show it to us.
22 You can show it again, sure.

1 DR. YUSUF: No, I haven't actually.

2 DR. FLEMING: You showed us in the book.

3 DR. YUSUF: Have we? Okay.

4 DR. FLEMING: And it looked as though the
5 effect was there in the lower dose.

6 DR. YUSUF: Yes, there is a trend, but
7 there are some more interesting data actually worth
8 looking at.

9 Can we go to 39 on the back-up?

10 Okay. Now, this is the randomization and
11 secure where a third went to ten milligrams, a third
12 went to two and a half milligrams, a third went to
13 placebo, and then there was the further randomization
14 to Y2ME (phonetic). I won't show you any data.

15 Primary endpoint in this was progression
16 of atherosclerosis using the carotid evaluation, and
17 the next slide will show you the blood pressure
18 changes.

19 First, you would be interested. The mean
20 blood pressure was 131 systolic by 76 diastolic, even
21 more normal. The degree of blood pressure drop was
22 small for both ramipril arms, but interestingly

1 identical for both ramipril arms. So although we used
2 two different doses, the blood pressure lowering was
3 the same.

4 Now, these are the data on atherosclerosis
5 progression. You will see there was a dose dependent
6 reduction of atherosclerosis progression, and this P
7 value is one for trend, and this is showing that
8 that's different from that.

9 So using a trend analysis that's
10 significant. Using just this, this is significant.

11 So we have this interesting observation
12 that the low dose had the same effect on blood
13 pressure as the full dose, yet had visually less of an
14 effect on atherosclerosis progression. So this
15 actually helps us in thinking about the dissociation
16 of the blood pressure effect with this atherosclerosis
17 progression further.

18 And the clinical events were very few.
19 Oh, sorry. They switched that off. Is there one more
20 slide?

21 DR. FLEMING: That's the most important
22 slide.

1 DR. YUSUF: Okay. Actually there must be
2 another slide.

3 Here are the clinical -- well, it isn't
4 the most important slide. It's the least common
5 event, and --

6 DR. FLEMING: That's the most important
7 event.

8 DR. YUSUF: Yeah, that's why we did HOPE,
9 Tom, you know,, and you will see the primary outcome,
10 there's a trend towards a lower effect. Again, it
11 seems to be -- I mean, I don't know what you'd make of
12 it. It fits in, but it's in between this and this,
13 and it would be too much if I made anything of this.

14 I mean these are the data.

15 DR. FLEMING: Well, then essentially I
16 come back. What was your intention, again? It
17 shouldn't have been to be establishing blood pressure.
18 You have given appropriate arguments that blood
19 pressure is not the mechanism through which the
20 effects are mediated.

21 DR. YUSUF: Actually the primary endpoint
22 was carotid atherosclerosis. So we were interested in

1 the clinical outcomes, not -- sorry. We were
2 interested in the atherosclerosis outcome and LV
3 hypertrophy. We haven't yet analyzed the LV
4 hypertrophy data.

5 So I hope I've answered your question
6 clearly. It was the B mode ultrasound, and we powered
7 the study for that, which is going back as I -- it's
8 not working backwards anyway.

9 ACTING CHAIRMAN CALIFF: Okay. Tom,
10 anymore questions?

11 DR. FLEMING: Not at this point.

12 ACTING CHAIRMAN CALIFF: Okay. Dr.
13 Armstrong.

14 DR. ARMSTRONG: Salim, could I just return
15 to a couple of points and then raise a couple of
16 others that my colleagues have identified?

17 There is historic evidence for biologic
18 plausibility about less of a blood pressure lowering
19 effect in blacks and a higher frequency of angioedema.
20 As I understand it, none of the angioedema in the
21 ramipril group occurred in blacks. Please confirm.

22 DR. YUSUF: That's true.

1 DR. ARMSTRONG: And, secondly, do you have
2 information on the blood pressure lowering in the
3 black population in HOPE as it relates to the general
4 population?

5 DR. YUSUF: Actually we haven't looked at
6 it, Paul. I don't know the answer to that.

7 DR. ARMSTRONG: The second point was that
8 there is, as you know, biologic plausibility
9 concerning the attenuation of the hemodynamic
10 effects of ACE inhibitors with concurrent aspirin, and
11 in relationship to the difference in the treatment
12 effect, while still significant in the aspirin
13 ramipril group, do you have information on the blood
14 pressure in those patients as opposed to those not
15 receiving aspirin in ramipril?

16 DR. YUSUF: Did we look at that?

17 I don't think we've looked at that. So
18 I'm sorry. We can't answer.

19 But one little point that's worth noting.
20 I mean, yes, there was that interaction on the
21 primary, but the event that is most closely linked to
22 blood pressure and also most closely at least in my

1 mind linked to hemodynamic changes is heart failure,
2 and on heart failure it was the other way around.

3 You know, we had a bigger effect on those
4 who were on aspirin.

5 DR. ARMSTRONG: My third question relates
6 to the issue of cigarette smoking, which is in the
7 label for secondary rationale, and just to inquire as
8 to the definition. In other words, was any cigarette
9 consumption perceived to be cigarette smoking since
10 that's relevant to the label?

11 DR. YUSUF: What was the answer, Jackie?

12 I don't know the answer.

13 DR. ARMSTRONG: So one or two cigarettes
14 would qualify for this label.

15 DR. YUSUF: I think it was current
16 smokers.

17 DR. ARMSTRONG: Okay. The other question
18 relates to the echo sub-study, and I recognize that
19 you've taken care to try and address the issue of
20 ejection fraction. I continue to be surprised that in
21 excess of half of the overall population in HOPE had
22 a prior myocardial infarction, and yet the ejection

1 fraction as reported is, you know, well up into the
2 normal range, which raises in my mind the question as
3 to whether the distribution of prior infarction in the
4 sub-study that received echo cardiography was similar
5 to the overall population.

6 DR. YUSUF: Do you have the baseline
7 secure data, the secure paper with you?

8 All I can say, I haven't looked at this
9 specifically, but we wrote the paper, and it didn't
10 seem to us there was any major differences in baseline
11 characteristics in the secure because the secure was
12 done in five centers, every consecutive patient. So
13 I --

14 DR. ARMSTRONG: I'm sorry. I'm confused.

15 DR. YUSUF: I don't have the numbers with
16 me. So sorry.

17 Is it 50 percent? So it's the same.

18 DR. ARMSTRONG: Are you surprised that
19 despite a population in excess of 50 percent with
20 prior infarction that there would be normal ejection
21 fractions?

22 DR. YUSUF: No, we deliberately excluded

1 people, you see. If they had a low EF, they would be
2 excluded. So obviously whatever value we have in EF
3 is -- is sort of an artificial value.

4 DR. ARMSTRONG: I'm just a little
5 surprised that with over half of the population with
6 prior infarction their injection fractions are normal
7 and wondered if the other half who hadn't had echo
8 cardiography also had normal ejection fractions.

9 There are two issues around dichotomy for
10 unstable angina and heart failure that have been
11 previously raised, and it would be helpful to me if
12 you would just address them again, and that is since,
13 again, revascularization is perceived as a secondary
14 component of the label, yet unstable angina and
15 unstable angina with electrocardiographic changes were
16 not affects, could you comment on the reconciliation
17 of those phenomena?

18 DR. YUSUF: I don't have a good
19 explanation why unstable angina was not changed, and
20 like you I'm puzzled actually. We had a reduction in
21 MI. We had a reduction worsening angina, and we had
22 a reduction revascularization. So I don't understand

1 that.

2 DR. ARMSTRONG: And I believe in SOLVD you
3 had a reduction.

4 DR. YUSUF: That's right, but SAVE did
5 not. You know, it's -- you know, maybe it's not a
6 good endpoint. I don't know.

7 DR. ARMSTRONG: Okay. Ordinarily
8 hospitalization for heart failure tracks heart failure
9 fairly well, but in this study it did not. Comments?

10 DR. YUSUF: Well, it did, except that as
11 soon as somebody got mild heart failure, they were
12 given an ACE inhibitor, and the protocol allows it.
13 So directionally it tracks it. Magnitude-wise it
14 doesn't.

15 So, for instance, we found a 27 percent
16 impact on the earliest manifestation of heart failure.
17 Then if you take hospitalization as being more severe
18 but a later manifestation, we only had a 13 or 14
19 percent effect.

20 And if you take death, it was a smaller
21 effect, and I think it is partly due to the fact at
22 least because of the noncompliance. Sixty percent

1 were given ACE inhibitors when they got heart failure,
2 and the protocol allowed that.

3 DR. ARMSTRONG: My final question, which
4 may be a function of my imperfect memory, as I recall
5 in SOLVD there was a statistically significant
6 increase in the incidence of carcinoma, which was
7 thought to be a chance finding in I thought it was
8 colorectal, but I can't remember.

9 And I understand that there's a similar
10 trend in this study which is under observation. Could
11 you comment on --

12 DR. YUSUF: No.

13 DR. ARMSTRONG: -- this tricky issue
14 associated with cancer and all cause mortality? I'm
15 having a little trouble understanding it.

16 DR. YUSUF: I think in this trial it will
17 be fair to say there was a ten percent nonsignificant
18 lower rate of cancers with ramipril compared to
19 placebo, but it's nowhere near significant, and I
20 don't recall us ever doing an analysis by site for
21 ramipril. No, we haven't even looked at it by site
22 for ramipril.

1 DR. ARMSTRONG: Did you say lower or
2 higher?

3 DR. YUSUF: I don't know where they got
4 those numbers.

5 DR. ARMSTRONG: Nine colorectal cancers in
6 ramipril and one in placebo?

7 DR. YUSUF: Can I see that?

8 DR. THADANI: It was the other way around.

9 DR. YUSUF: No, no, no. I'm talking about
10 overall cancers. Okay?

11 DR. ARMSTRONG: And I was talking about
12 the incidence of colorectal cancer in SOLVD and the
13 incidence in --

14 DR. YUSUF: Actually in SOLVD there was a
15 numerical excess, but it wasn't significant, and when
16 you looked at the data in SOLVD, and it's there in the
17 paper, we said it was unlikely to be real because it
18 was from mouth down to rectum, and obviously mouth
19 etiology is very different from rectum.

20 The second thing is all those excesses in
21 SOLVD occurred in the first two years, and cancer
22 takes time to develop. So we felt it was implausible.

1 I can speak to SOLVD because I wrote the
2 paper. This one we actually -- "we," CCC -- didn't do
3 any analysis beyond overall cancer. So what you're
4 seeing is what the FDA statistician has done. We
5 haven't done those analyses.

6 DR. ARMSTRONG: Thank you.

7 ACTING CHAIRMAN CALIFF: Dr. Lindenfeld.

8 DR. YUSUF: Okay. That's worth pointing
9 out, Paul. It's based on AE reporting. Now cancers
10 weren't required to be reported. So actually most of
11 the cancers that occurred in the study weren't part of
12 the AE file. We know this because we -- for another
13 part of the study this is an issue, and so we looked
14 at cancers and pulled our cancers from every source.

15 So I think that's an incomplete part of
16 the data.

17 DR. LINDENFELD: Okay. It's been a
18 pleasure to listen to this data. I want to go to a
19 different issue for a minute. One of the entry
20 criteria was to be diabetics with a single risk
21 factor, and yet the data is presented as all
22 diabetics.

1 DR. YUSUF: Sure.

2 DR. LINDENFELD: I wonder if in the
3 interest of people who may be using ramipril for this
4 indication, could you show us the results in diabetics
5 with no vascular disease?

6 DR. YUSUF: I don't have the slide, but
7 Hertzfel will address that issue.

8 DR. LINDENFELD: Okay.

9 DR. YUSUF: Dr. Gerstein in the next
10 presentation.

11 DR. LINDENFELD: And then I guess at the
12 same time maybe we could see what risk factors were in
13 those diabetics, how many had, in fact, just a single
14 risk factor and how many had multiple.

15 DR. YUSUF: Actually we don't know that,
16 Joann. I can't recall. Did we ever do that analysis?
17 No, I don't think we've done that.

18 DR. LINDENFELD: Because I think that will
19 be an important group to see, just in terms of
20 indications.

21 Again, in terms of entry, patients were
22 entered for one of four reasons: coronary disease,

1 vascular disease, stroke, and then the diabetes
2 indication.

3 Do you have those divided by how many --
4 I recognize that many of these patients had one or
5 more of the vascular complications, but was there a
6 specific reason for entry?

7 In other words, what I'm getting back at
8 is in a patient who's had a stroke and no other
9 evidence of disease, do you know how many patients
10 like that were entered for that reason or for the
11 reason of peripheral vascular disease?

12 DR. YUSUF: What we have done is to look
13 at the primary reason for entry. I don't -- I'm
14 afraid we didn't bring any slides on it, but the
15 results are consistent. What we have not done is how
16 many people had stroke only or coronary artery disease
17 only. I don't think we ever did that analysis.

18 DR. LINDENFELD: I understand that this is
19 a large group of patients, and we think of vascular
20 disease similarly, but there have been studies where
21 there appeared to be differences in benefits by --
22 such as Capri, for instance, in which there may have

1 been differences in the --

2 DR. YUSUF: But here we have, you know,
3 the same kind of Capri analysis I've actually shown
4 you.

5 DR. LINDENFELD: Right.

6 DR. YUSUF: And there there's consistent
7 benefit in all the groups.

8 DR. LINDENFELD: Okay, and then in terms
9 of the blood pressure, I'd like to get back to that
10 for just a minute. Do you have the blood pressure
11 draft? You said that two years was three millimeters
12 systolic and two diastolic approximately.

13 DR. YUSUF: Yeah, about 3.3 and 1.8.

14 DR. LINDENFELD: And then at the end of
15 the study?

16 DR. YUSUF: It's about the same delta. I
17 just focused on the middle for presentation. It was
18 there on the slide. It's actually slightly less
19 towards the end because of noncompliance.

20 DR. LINDENFELD: And then in the ramipril
21 2.5 dose, do we know what the blood pressure drop was?

22 DR. YUSUF: It was on that curve. It

1 paralleled what ten did. So it's about the same order
2 of magnitude.

3 DR. LINDENFELD: About the same.

4 DR. YUSUF: About the same. It may be off
5 by a second decimal point, but it's about the same.

6 DR. LINDENFELD: Okay, but perhaps --
7 again, I know this is getting down to analysis that's
8 difficult, but perhaps an intermediate effect with a
9 similar --

10 DR. YUSUF: No, no. Actually it was
11 numerically slightly greater than the ten.

12 DR. LINDENFELD: I see.

13 DR. YUSUF: Although not significantly
14 greater, but numerically in one case it was 3.5 at the
15 lower dose and 3.3 at the higher dose. So it was
16 opposite to what you might have expected.

17 DR. LINDENFELD: And then just as a
18 clarification, in our FDA booklet, the primary outcome
19 events were adjudicated; is that correct?

20 DR. YUSUF: Yes, all the primary,
21 secondary, heart failure, hospitalization,
22 revascularizations, nephropathy, and unstable angina

1 were also adjudicated.

2 DR. LINDENFELD: And then just as a
3 comment, I think as we talk about race here, there is
4 some data, albeit in small numbers, to suggest there
5 might be differential effects.

6 DR. YUSUF: Yes.

7 DR. LINDENFELD: For instance, in VHEFT
8 (phonetic) there may have been a differential effect
9 in blacks and heart failure, and I think the best
10 study will show potentially a similar one.

11 DR. YUSUF: We actually -- Jay Kohn
12 (phonetic) rang me when he had that analysis, and we
13 redid the SOLVD analysis, and we couldn't find it the
14 way he did. Then he asked for all kinds of
15 combinations to try to get something close, and one
16 out of seven or eight analyses hinted at it, but
17 overall in SOLVD it's an analysis we've done.

18 One of the problems with analyses like
19 RACE, which is not a prespecified hypothesis in
20 trials, is if you did many trials, in one or two of
21 them there'll be an interesting trend, and if only the
22 people who have the interesting trend reported, you

1 have a biased impression of the literature because the
2 others didn't report it because it was uninteresting.

3 And I can tell you for SOLVD we've looked
4 at it, and the reason we've never presented it is
5 there was nothing interesting in it.

6 DR. LINDENFELD: Okay.

7 ACTING CHAIRMAN CALIFF: Dr. Borer.

8 DR. BORER: One of the very good things
9 about sitting in the middle of the table with such a
10 sharp group here is that by the time you get to me
11 there's not much to ask, but I have a couple of
12 questions anyway.

13 First of all, you indicated a reduction in
14 heart failure by whatever definition, heart failure
15 development at any point during the study on ramipril.
16 I didn't see in any of the materials we received the
17 definition used to identify heart failure. I
18 understood heart failure hospitalizations, and you
19 showed a category of new use of angiotensin converting
20 enzyme inhibitors as supportive evidence that heart
21 failure was present, but how did you define new onset
22 heart failure that didn't require hospitalization?

1 DR. YUSUF: I mean, it was basically at
2 the discretion of the clinical investigator. So he or
3 she thought there was heart failure. There was a
4 check box. So to be fair we didn't even ask was JVP
5 elevated. We said it was, and then we asked did you
6 use ACE inhibitor or not, and you know, 60-odd percent
7 used an ACE, initiated ACE inhibitors.

8 So that's all the data we have, Jeff, and
9 that's it. That's what we have.

10 DR. BORER: Okay. Similarly, with regard
11 to peripheral arterial disease, the plan was to enter
12 about ten percent of the patients, I guess, with
13 peripheral arterial disease?

14 DR. YUSUF: No, we didn't have a quota for
15 it.

16 DR. BORER: Well, there was some
17 discussion for that, but it doesn't matter. That's
18 not important here.

19 DR. YUSUF: Yeah.

20 DR. BORER: The point is that there was
21 the expectation that a certain percentage of patients
22 might have or some proportion of patients might be

1 entered with PAD.

2 As I looked at the data, in fact, about
3 half the patients had PAD, which was comforting to me
4 to see, but I didn't understand the criterion because
5 -- the criterion by which the diagnosis was made.

6 The entry criteria included in addition to
7 critical limb ischemia evidence, an ABI of less than
8 .8, and I would assume that you didn't have an ABI of
9 less than .8 or claudication or both in 50 percent of
10 the patients, or did you?

11 DR. YUSUF: Okay. There are two different
12 things, and then I can show you some data as well.
13 The first is if they had clinical evidence of PAD,
14 either symptoms or surgery or something else, then
15 they're in. Okay? And if it's only symptoms they
16 need the low ABI as well, so that it was both.

17 Then we have data on ABI and everybody.
18 Okay? So I can show you the data both ways, clinical
19 symptoms and just by ABI if you'd like.

20 And can we see, yes, 33, Angie, please.
21 Thank you.

22 Okay. These are the data. This is

1 clinical PAD. Okay. So we had 1,700 people with some
2 evidence of PAD clinically, and that's the risk
3 reduction on the primary and the secondary.

4 Then we took everybody, including these
5 people, okay, and divided them into quartiles. What's
6 not included here are the people that we couldn't
7 record ABI because they couldn't palpate the
8 dosalisbeaters (phonetic) or the posterior tibial, but
9 leaving that out, which is about 800 people, this is
10 the rest of the people by quartiles.

11 And you will see, you know, the relative
12 risk is there right through our -- there's no evidence
13 of interaction.

14 DR. BORER: Okay. So the point is that
15 about a quarter of the population had either an ABI
16 that was relatively low plus --

17 DR. YUSUF: Can we switch the light off,
18 please?

19 DR. BORER: -- plus or minus claudication,
20 or they had had surgery, or they had angiography
21 showing significant obstruction?

22 DR. YUSUF: Right, right.

1 DR. BORER: Okay. Finally, I don't want
2 to beat a horse that's already been riding for a great
3 deal of time here, but I would like to get back to the
4 race issue as well because I was concerned by it, too,
5 for the same reasons that Tom indicated initially.

6 It's true you didn't power the study to
7 look at the impact of race, and it's true that the
8 sample size of blacks particularly was very small.
9 Nonetheless, I too think that there is a potential
10 biological basis for hypothesizing that there might be
11 a difference in blacks and in others, and the labeling
12 consideration here would be potentially important.

13 Despite the very compelling
14 pathophysiologic construct of Dr. Zow, we don't really
15 know how ACE inhibitors cause their apparent clinical
16 benefit in this setting, but we do know that renin
17 levels vary within the population, and that by and
18 large black people have lower renins than non-black
19 people.

20 And I wonder. Do you have any information
21 at all about renin levels in any part of the
22 population, in any subpopulation, and can you look at

1 the impact of this drug on the endpoints that are of
2 interest here with regard -- as a function of that
3 parameter?

4 DR. YUSUF: Jeff, that's a good question.
5 It's one of the many analyses we intended to do with
6 stored bloods. In three and a half thousand people we
7 have stored bloods. Now, the unfortunate part -- not
8 the unfortunate part -- the reality is that those
9 bloods are all collected in Canada. So we wouldn't
10 have many blacks in it.

11 But we could look at it by measured renin
12 levels, high, low, intermediate, and try to explore
13 those questions, but it's one of those things that we
14 intend to write a grant and raise money to do.

15 One little point just worth noting. You
16 know, yes, on the primary endpoint in blacks.
17 Numerically the odds ratio was 1.59 with white
18 confidence limits from .66 to 3.79.

19 But if you look at the secondary endpoint,
20 you get a relative risk of .70 with confidence limits
21 that go from .38 to 1.3. It's exactly the opposite.
22 It just emphasizes the unreliability of small numbers.

1 It will be incorrect for me to use the secondary
2 endpoint to claim we have proof that it works in
3 blacks.

4 I mean, I'm glad Tom's nodding his head in
5 agreement. I think the point is we don't have many
6 people there, and we shouldn't try to make too much of
7 that subgroup.

8 ACTING CHAIRMAN CALIFF: Okay. I'm going
9 to reserve my questions until the end.

10 John Di Marco.

11 Bad luck with the microphones here.

12 DR. Di MARCO: Salim, a very nice
13 presentation. Can I ask you just a couple of
14 questions? Most of your events are myocardial
15 infarction, and can you review for me how the
16 diagnosis of myocardial infarction was made in this
17 study which is carried out across the world and what
18 your criteria were and what your events committee, you
19 know, required for the diagnosis?

20 DR. YUSUF: Would you mind? We have the
21 -- we'll do two things. One is I can give you what
22 the events committee's criteria is, but the chairman

1 of the events committee is Dr. Dagenais, and maybe,
2 Giles, you'd like to come up to the microphone.

3 I mean, we had very detailed criteria.

4 DR. Di MARCO: Part of the reason that
5 comes up, because if you look at your deaths, the vast
6 majority of your deaths are related to myocardial
7 infarction, and you have very few sudden deaths. You
8 have a bunch of resuscitated cardiac arrests, but did
9 you classify a sudden death as a myocardial
10 infarction?

11 DR. DAGENAIS: No. What we did was to use
12 unexpected death, which was 24 hour. It was at the 60
13 minute. So it was unexpected cardiovascular death as
14 a definition. So we cannot say that this was really
15 the death within one hour. We didn't make that
16 difference.

17 DR. Di MARCO: But what I'm just saying,
18 were they classified --

19 DR. YUSUF: I've got the criteria here.
20 I can help you. Unexpected deaths within 24 hours
21 were classified as cardiovascular presumed MI. Then
22 we have fatal MI. Then we have heart failure deaths.