

FOOD AND DRUG ADMINISTRATION

NINETY-SEVENTH MEETING OF THE  
CARDIOVASCULAR AND RENAL DRUG ADVISORY COMMITTEE

8:01 a.m.

Thursday, July 18, 2002

Versailles Ballroom  
Holiday Inn - Bethesda  
8120 Wisconsin Avenue  
Bethesda, Maryland

## ATTENDEES

## COMMITTEE MEMBERS:

JEFFREY BORER, M.D., Chairman  
Director, Division of Pathophysiology  
Weill Medical College  
Cornell University  
525 East 68th Street, Room F467  
New York, New York 10021

JAYNE E. PETERSON, R.P.H., J.D., Acting Executive Secretary  
Advisors and Consultants Staff  
Center for Drug Evaluation and Research  
Food and Drug Administration  
5630 Fishers Lane, Room 1093  
Rockville, Maryland 20857

PAUL ARMSTRONG, M.D.  
Professor, Department of Medicine  
University of Alberta  
251 Medical Science Building  
Edmonton, Alberta, Canada T6C37

MICHAEL F. ARTMAN, M.D.  
Professor of Pediatrics  
Pediatric Cardiology  
New York University Medical Center  
530 First Avenue, FPO Suite 9-V  
New York, New York 10016

BLASE A. CARABELLO, M.D.  
Professor of Medicine  
Houston Veterans Affairs Medical Center  
Medical Service (111)  
2002 Holcombe Boulevard  
Houston, Texas 77030

SUSANNA L. CUNNINGHAM, PH.D.  
Consumer Representative  
Professor, Department of Biobehavioral Nursing  
School of Nursing, Box 357266  
Seattle, Washington 98195-7266

## ATTENDEES (Continued)

## COMMITTEE MEMBERS: (Continued)

THOMAS FLEMING, PH.D.  
Professor and Chair  
Department of Biostatistics  
University of Washington  
Box 357232  
Seattle, Washington 98195-7232

JOANN LINDENFELD, M.D.  
Professor of Medicine  
Division of Cardiology  
University of Colorado Health Science Center  
4200 East Ninth Avenue, B-130  
Denver, Colorado 80262

BEVERLY H. LORELL, M.D.  
Professor of Medicine  
Cardiovascular Division  
Beth Israel Deaconess Medical Center  
330 Brookline Avenue  
Boston, Massachusetts 02215

STEVEN NISSEN, M.D., F.A.C.C.  
Vice Chairman, Department of Cardiology  
Professor of Medicine  
Ohio State University  
The Cleveland Clinic Foundation  
9500 Euclid Avenue, F15  
Cleveland, Ohio 44195

## MEETING GUEST (NONVOTING):

THOMAS G. PICKERING, M.D., D.PHIL.  
Professor of Medicine  
Director, Integrative and Behavioral  
Cardiovascular Health Program and  
Hypertension Section  
Michael and Zena A. Wiener Cardiovascular Institute  
Mount Sinai School of Medicine  
One Gustave L. Levy Place  
New York, New York, 10029-6574

## ATTENDEES (Continued)

## FOOD AND DRUG ADMINISTRATION STAFF:

ROBERT TEMPLE, M.D.  
DOUGLAS THROCKMORTON, M.D.

## ASTRAZENECA REPRESENTATIVES:

WILLIAM B. KANNEL, M.D., F.A.C.C.  
CINDY M. LANCASTER, M.S., M.B.A., J.D.  
ERIC MICHELSON, M.D., F.A.C.C.  
VASILIOS PAPADEMETRIOU, M.D., D.SC., F.A.C.C.

## BRISTOL-MYERS SQUIBB REPRESENTATIVES:

JEROME L. AVORN, M.D.  
TODD BAUMGARTNER, M.D.  
RENE BELDER, M.D.  
BERNARD R. CHAITMAN, M.D.  
LAWRENCE J. DACEY, M.D.  
FRED FIEDOREK, M.D.  
CHARLES H. HENNEKENS, M.D., DR.PH.  
THOMAS A. PEARSON, M.D., PH.D., M.P.H.  
ERIC J. TOPOL, M.D.

## C O N T E N T S

## MORNING SESSION

\* \* \*

NDA 20-838/S015, Atacand (candesartan cilexetil) Tablets,  
AstraZeneca LP,  
For a Proposed Claim of Comparative Efficacy of  
Candesartan Cilexetil and Losartan in Hypertension

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## C O N T E N T S

## AFTERNOON SESSION

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NDA 21-387, Pravastatin/Aspirin Combination Product,  
 Bristol-Myers Squibb Company,  
 Proposed for Long-term Management to Reduce the Risk  
 of Cardiovascular Events (death, nonfatal myocardial  
 infarction, myocardial revascularization procedures,  
 and ischemic stroke) in Patients with Clinically  
 Evident Coronary Heart Disease

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## P R O C E E D I N G S

(8:01 a.m.)

1  
2  
3 DR. BORER: It's 8:01 and 57 seconds, so we're  
4 already a minute and 57 seconds late. I'd like to call  
5 this meeting to order so we can catch up.

6 We'll begin by introducing the committee  
7 members, and we'll start over on the left side with our  
8 guest committee member, Tom Pickering, who is a nonvoting  
9 member for this particular meeting. Tom, why don't you  
10 give your name, your affiliation, and we'll go around the  
11 table.

12 DR. PICKERING: I'm Dr. Tom Pickering and I'm  
13 Professor of Medicine and Director of the Integrative and  
14 Behavioral Cardiovascular Health Program and Hypertension  
15 Section at Mount Sinai School of Medicine in New York.

16 DR. CARABELLO: I'm Blase Carabello from the  
17 Houston VA and from the Baylor College of Medicine.

18 DR. NISSEN: I'm Steve Nissen and I'm Vice  
19 Chairman of the Department of Cardiovascular Medicine at  
20 the Cleveland Clinic School of Medicine.

21 DR. ARMSTRONG: Paul Armstrong, cardiologist,  
22 professor of medicine, University of Alberta.

23 DR. BORER: I'm Jeff Borer from Cornell Medical  
24 College.

25 MS. PETERSON: I'm Jayne Peterson. I'm the

1 acting Executive Secretary of the Advisory Committee.

2 DR. FLEMING: Tom Fleming, University of  
3 Washington, Seattle.

4 DR. LINDENFELD: JoAnn Lindenfeld, University  
5 of Colorado.

6 DR. ARTMAN: Mike Artman. I'm at New York  
7 University School of Medicine.

8 DR. LORELL: I'm Beverly Lorell from Harvard  
9 Medical School and Beth Israel Deaconess Medical Center.

10 DR. THROCKMORTON: Doug Throckmorton. I'm the  
11 Director of the Cardio-Renal Division at the FDA.

12 DR. BORER: Alan Hirsch, a regular member of  
13 this committee, will not be here today. I believe that  
14 Susanna will be here, but she's not here yet.

15 This seems a good time to remind everybody that  
16 if you want to say something, please press your button so I  
17 can see the light and everybody can hear you.

18 We'll have the conflict of interest statement  
19 from Jayne Peterson, the acting Executive Secretary of the  
20 committee.

21 MS. PETERSON: Thank you.

22 The following announcement addresses conflict  
23 of interest with regard to this meeting and is made a part  
24 of the record to preclude even the appearance of such at  
25 this meeting.



1           Based on the submitted agenda for the meeting  
2 and all financial interests reported by the committee  
3 participants, it has been determined that all interests in  
4 firms regulated by the Center for Drug Evaluation and  
5 Research which have been reported by the participants  
6 present no potential for an appearance of a conflict of  
7 interest at this meeting with the following exceptions.

8           Dr. Jeffrey Borer has been granted a waiver  
9 under 18 U.S.C. 208(b)(3) for his potential consulting for  
10 a competitor to Atacand on unrelated matters. Potentially  
11 he could receive less than \$10,001 a year.

12           Dr. Susanna Cunningham has been granted waivers  
13 under 18 U.S.C. 208(b)(3) and 21 U.S.C. 355(n)(4),  
14 amendment of section 505 of the Food and Drug  
15 Administration Modernization Act, for ownership of stock in  
16 a competitor to Atacand. The stock is valued between  
17 \$25,000 and \$50,000.

18           Dr. JoAnn Lindenfeld has been granted a waiver  
19 under 18 U.S.C. 208(b)(3) for her potential consulting for  
20 the sponsor and competitors to Atacand on unrelated  
21 matters. Potentially she could receive less than \$10,001  
22 from each firm per year and for her speaking for the  
23 sponsor and competitor to Atacand on unrelated matters for  
24 which she receives greater than \$10,000 per year.

25           Dr. Thomas Fleming has been granted a waiver

1 under 18 U.S.C. 208(b)(3) for his participation on a data  
2 safety monitoring board for a competitor to Atacand on a  
3 related matter. He receives less than \$10,000 per year.

4 A copy of these waiver statements may be  
5 obtained by submitting a written request to the agency's  
6 Freedom of Information Office, room 12A-30 of the Parklawn  
7 Building.

8 In the event that the discussions involve any  
9 other products or firms not already on the agenda for which  
10 an FDA participant has a financial interest, the  
11 participants are aware of the need to exclude themselves  
12 from such involvement and their exclusion will be noted for  
13 the record.

14 With respect to all other participants, we ask  
15 in the interest of fairness that they address any current  
16 or previous financial involvement with any firm whose  
17 products they may wish to comment upon.

18 Thank you.

19 DR. BORER: Thank you.

20 We'll begin then with the presentation by the  
21 sponsor of the proposed amendment to the NDA for  
22 candesartan cilexetil tablets. We'll begin with Dr.  
23 Lancaster.

24 MS. LANCASTER: Good morning, Mr. Chairman,  
25 members of the committee, members of FDA, and ladies and

1 gentlemen. My name is Cindy Lancaster from the Department  
2 of Regulatory Affairs at AstraZeneca. On behalf of  
3 AstraZeneca, I would like to thank the division and the  
4 committee for giving us the opportunity to present the  
5 results of our clinical program about the antihypertensive  
6 efficacy of candesartan cilexetil compared to losartan.

7 I'm presenting a brief regulatory overview this  
8 morning. Following the regulatory overview, Dr.  
9 Papademetriou will present the results of our clinical  
10 program on the antihypertensive efficacy of candesartan  
11 cilexetil compared with losartan. Dr. Kannel will then  
12 present the epidemiologic and the clinical significance of  
13 incremental changes in blood pressure. Following Dr.  
14 Kannel's presentation, I will provide a brief summary.

15 In addition to Drs. Kannel and Papademetriou,  
16 Dr. Donald Vidt is also a consultant for AstraZeneca on the  
17 CLAIM program. Dr. Vidt was the principal investigator for  
18 study 230 and the primary author of the publication  
19 describing this study. Other members of the AstraZeneca  
20 team who are identified on this slide are also available to  
21 address specific questions that the committee or FDA may  
22 have this morning.

23 Atacand is a selective AT1 subtype angiotensin  
24 II receptor antagonist. This product belongs to the class  
25 known as the angiotensin receptor blockers and this class

1 is commonly referred to as ARBs.

2           Atacand was approved in June 1998 by FDA for  
3 the treatment of hypertension. Atacand can be used alone  
4 or in combination with other antihypertensive agents for  
5 the treatment of hypertension. The usual recommended  
6 starting dose is 16 milligrams once daily, and this product  
7 can be administered once or twice daily with total daily  
8 doses ranging from 8 to 32 milligrams.

9           Study 01, the first comparator trial, is one of  
10 the 14 placebo-controlled trials included in the original  
11 NDA database that formed the basis of FDA's approval of  
12 Atacand for the treatment of hypertension in 1998. Study  
13 01 was a randomized, double-blind, multicenter, placebo-  
14 controlled, parallel group, 8-week comparator study of 8  
15 and 16 milligrams of candesartan cilexetil, 50 milligrams  
16 of losartan, another product in the ARB class, and a  
17 placebo given once daily. A total of 337 patients with a  
18 mean sitting diastolic blood pressure of 95 to 114  
19 millimeters of mercury were randomized to one of four  
20 parallel treatment groups.

21           With only a single study of a comparison at the  
22 starting dose available at the time of the FDA's review of  
23 the NDA database, AstraZeneca did not propose any  
24 comparator text in the labeling based on the positive  
25 results of this trial at that time.

1                   However, a second study was ongoing at the time  
2 of FDA's review of the original NDA. Results of the second  
3 positive study became available later in 1998. This was a  
4 trial conducted in the U.S. It was a randomized, double-  
5 blind, multicenter titration-to-effect, 8-week study with  
6 parallel treatment groups of candesartan cilexetil  
7 initiated at 16 milligrams once daily compared with  
8 losartan initiated at 50 milligrams once daily.

9                   There were 332 patients with a mean sitting  
10 diastolic blood pressure of 95 to 114 millimeters of  
11 mercury randomized to two parallel treatment groups.

12                   Since this study was a titration-to-effect  
13 design, patients with a mean sitting diastolic blood  
14 pressure of greater than or equal to 90 millimeters of  
15 mercury after 4 weeks of initial treatment were titrated to  
16 either 32 milligrams of candesartan cilexetil or 100  
17 milligrams losartan once daily.

18                   Because the results of study 175 were available  
19 in August 1998, AstraZeneca met with representatives from  
20 the Division of Cardio-Renal Drug Products, the Office of  
21 Drug Evaluation I, and DDMAC to discuss the possibilities  
22 of study 01 and 175 supporting a comparator claim of  
23 Atacand versus losartan. Although each study met its  
24 primary endpoint, the agency commented that study 01 did  
25 not provide a meaningful comparison because the starting

1 dose is an arbitrary point in the dosing regimen and it  
2 does not reflect how the drugs being compared would  
3 actually perform over their dose ranges.

4           In addition, the agency noted that the design  
5 of study 175 was not a forced titration study.  
6 Consequently the agency expressed some concern that in a  
7 titration-to-effect study only the poor responders would be  
8 titrated to the highest dose of the drugs.

9           Following this meeting and in subsequent  
10 discussions, the agency asked AstraZeneca to establish the  
11 bioequivalence of the overencapsulated losartan tablet to  
12 the commercial product. The overencapsulation was done for  
13 blinding purposes. In response to this request,  
14 AstraZeneca designed and conducted a bioequivalence study.

15       The study established the bioequivalence of the test drug,  
16 losartan, used for the comparator studies conducted by  
17 AstraZeneca.

18           AstraZeneca was also asked to focus on the  
19 maximum approved of the comparator drugs, demonstrate the  
20 statistical significance with two adequate and well-  
21 controlled trials, and if only once-daily dosing is  
22 studied, then the limitations should be clearly stated in  
23 promotional claims, as well as the study design needed to  
24 be either a parallel dose-response or a forced-titration.

25           Now, based on these requirements, AstraZeneca

1 designed and conducted the CLAIM program entirely in the  
2 U.S. The results of a specific dosing regimen of once-  
3 daily administration that was used in the CLAIM program is  
4 described in our proposed labeling. AstraZeneca selected  
5 the once-daily dosing regimen for candesartan cilexetil and  
6 losartan because both drugs are prescribed for use once  
7 daily, and once-daily administration is the dosing regimen  
8 primarily used in completed and ongoing studies.

9           Statistically greater blood pressure reduction  
10 was demonstrated with candesartan cilexetil compared with  
11 losartan at the maximum approved dose when administered  
12 once daily.

13           The proposed labeling is specific to effects on  
14 blood pressure reduction.

15           Now, based on the results of the CLAIM program,  
16 AstraZeneca proposes the following text be added to the  
17 labeling in the clinical pharmacology section within the  
18 clinical trials subsection of labeling after the first  
19 paragraph within our approved labeling.

20           "Two identically designed, concurrently  
21 conducted, 8-week, multicenter, double-blind, randomized,  
22 forced-titration studies were performed to compare the  
23 antihypertensive efficacy of candesartan cilexetil and  
24 losartan at their once-daily maximum doses. Candesartan  
25 cilexetil initiated at 16 milligrams once daily and forced-

1     titrated at 2 weeks to 32 milligrams once daily was  
2     statistically significantly more effective than losartan 50  
3     milligrams once daily forced-titrated at 2 weeks to 100  
4     milligrams once daily in reducing systolic and diastolic  
5     blood pressure at 8 weeks. In these studies, both agents  
6     were well tolerated."

7                     This proposed text would be included in the  
8     clinical trials section in the context of our approved  
9     indication and usage section of labeling which states:  
10    "Atacand is indicated for the treatment of hypertension.  
11    It may be used alone or in combination with other  
12    antihypertensive agents."

13                    Now, during the course of the review of our  
14    supplement, the FDA also asked us about precedents for  
15    comparator and superiority labeling in other  
16    antihypertensive products. We provided several, which are  
17    described in the background information document, and many  
18    of these labels make the claim of similar efficacy. I will  
19    review the example of this comparator information found in  
20    labeling for you this morning, at least one example that we  
21    have, which is lisinopril which is marketed under the trade  
22    names of Zestril and Prinivil, and it has a superiority  
23    claim within the clinical pharmacology section of its  
24    labeling. It states that 20 to 80 milligrams of lisinopril  
25    was superior to hydrochlorothiazide in the effect on



1 systolic and diastolic blood pressure and it was equivalent  
2 to atenolol and metoprolol in effects on diastolic blood  
3 pressure.

4           In summary, AstraZeneca's proposed labeling is  
5 consistent with the general requirements of the content and  
6 format for human prescription drugs. This proposal is also  
7 consistent with the guidance from FDA on how these studies  
8 should be described in the labeling, and a review of other  
9 approved antihypertensive products confirms that our  
10 proposed labeling is consistent with the content and  
11 placement of comparator information in labeling. More  
12 specifically, our proposed labeling is consistent with the  
13 labeling for lisinopril and losartan, as well as other  
14 antihypertensive products such as the ACE inhibitors,  
15 Accupril, and Altace, and the other ARBs, Diovan and  
16 Teveten. Consequently, AstraZeneca proposes that this  
17 information be included in the labeling for Atacand.

18           At this time, please allow me to introduce Dr.  
19 Papademetriou who will present the results of our clinical  
20 program on the antihypertensive efficacy of candesartan  
21 cilexetil compared to losartan.

22           DR. BORER: Are there any specific substantive  
23 questions for Dr. Lancaster, or can we move right ahead?

24           (No response.)

25           DR. BORER: Okay, thank you very much.

1 DR. PAPADEMETRIOU: Good morning, everyone. It  
2 is a pleasure to be here and I appreciate this opportunity  
3 to present to you the comparative data of two angiotensin  
4 receptor blockers, candesartan cilexetil and losartan.

5 This morning I would like to present data from  
6 the CLAIM program which consists of two identical, well-  
7 controlled clinical trials, studies 230 and 231.

8 First, let me begin with this slide just to  
9 refresh everyone's memory of the cascade of the renin-  
10 angiotensin system that lists the production of angiotensin  
11 II. As we all know, angiotensin I is produced by  
12 angiotensinogen through the activity of renin, and  
13 angiotensin I is transformed into angiotensin II through  
14 the activity of the angiotensin-converting enzyme. The  
15 same enzyme is responsible for the breakdown of bradykinin  
16 through inactive ingredients. This is the site where ACE  
17 inhibitors exert their activity and decrease the production  
18 of angiotensin II. At the same time, levels of bradykinin  
19 increase and this has been implicated as the cause of some  
20 of the side effects of ACE inhibitors such as cough and  
21 angioneurotic edema.

22 Angiotensin II can also be produced by pathways  
23 that do not use the angiotensin-converting enzyme. This is  
24 why sometimes angiotensin II can return to its baseline  
25 after administration of ACE inhibitors. By stimulating the

1 AT1 receptor, angiotensin II produces all the effects of  
2 the activated renin-angiotensin system such as  
3 vasoconstriction, fluid and sodium retention, sympathetic  
4 activation, and in the long-term self-proliferation and  
5 vascular hypertrophy, all of which lead to the development  
6 of hypertension.

7           Angiotensin receptor blockers accept their  
8 activity directly at the receptor site and prevent  
9 activation by angiotensin II.

10           Because previously published experimental data  
11 suggested that the binding properties of candesartan were  
12 different than losartan, studies were designed to assess  
13 whether this observation translates into clinical  
14 differences in blood pressure lowering.

15           Here we present data from two of these studies,  
16 001 and 175. Both were randomized, double-blind,  
17 multicenter, controlled, parallel group studies. Both  
18 clinical trials were of 8-week durations and were conducted  
19 in patients with diastolic pressures of 95 to 114.

20           In study 001, 337 patients were randomized to  
21 four treatment groups: candesartan cilexetil 8 milligrams;  
22 candesartan 16 milligrams; losartan 50 milligrams; or  
23 placebo.

24           In study 175, 332 patients were randomized to  
25 receive candesartan cilexetil 16 milligrams or losartan 50

1 milligrams.

2                   If after 4 weeks, the diastolic blood pressure  
3 was not below 90 millimeters of mercury, the dose of  
4 candesartan cilexetil was increased to 32 milligrams and  
5 that of losartan was increased to 100 milligrams.

6                   Here are the results of studies 001 and 175.  
7 As you can see, in study 001, the placebo-corrected  
8 reduction in blood pressure was approximately 10.3  
9 millimeters of mercury with candesartan cilexetil 16  
10 milligrams, and approximately 6.6 millimeters of mercury  
11 with losartan 50 milligrams. That resulted in a difference  
12 of 3.7 millimeters of mercury which was statistically  
13 significant.

14                   In study 175, there was a reduction of  
15 approximately 11 millimeters of mercury with candesartan  
16 and 8.9 millimeters of mercury with losartan, a mean  
17 difference of 2.2 millimeters between the two treatment  
18 groups which was also statistically significant.

19                   The CLAIM program was specifically designed to  
20 assess the effect of two angiotensin receptor blockers,  
21 candesartan cilexetil and losartan, in blood pressure  
22 lowering in hypertensive patients. The program included  
23 two identically designed studies, studies 230 and 231. In  
24 these trials the maximum recommended dose of each agent  
25 administered once daily, as described in the respective

1 approved labeling of each drug, was used in a forced-  
2 titration design. This means that the higher dose was  
3 administered to patients even though their diastolic  
4 pressure might have been a target with the lower dose  
5 administered.

6 Eligible patients entered in a placebo run-in  
7 period for 4 to 5 weeks and were then randomized to receive  
8 either candesartan 16 milligrams or losartan 50 for 2  
9 weeks. Subsequently the dose was increased to candesartan  
10 32 milligrams or losartan 100 milligrams for an additional  
11 6 weeks. The total treatment period, therefore, was 8  
12 weeks, at the end of which blood pressure measurements were  
13 taken 24 hours after the last dose. To simulate the  
14 possibility of a missed dose, measurements were also taken  
15 48 hours after the last dose was administered.

16 Eligible patients for these trials were between  
17 the ages of 18 and 80. They were male patients or females  
18 without child-bearing potential or using appropriate birth  
19 control measures. They had to have essential hypertension  
20 as patients with secondary causes were excluded, and a mean  
21 diastolic pressure between 95 and 114 on two consecutive  
22 visits at the end of the placebo run-in period. Patients  
23 were excluded from the study if they had one or more of the  
24 exclusion criteria listed on this slide. These are the  
25 common exclusion criteria used in most hypertension trials.

1                   The primary endpoint was the change from  
2 baseline to week 8 in trough sitting diastolic blood  
3 pressure. A number of predefined secondary endpoints were  
4 also assessed and these included change from baseline to  
5 week 8 in trough sitting systolic pressure, change in peak  
6 diastolic and systolic pressure, the trough-to-peak ratio,  
7 the proportion of patients considered controlled or  
8 responders, and the change in systolic and diastolic  
9 pressure at 48 hours post the last dose.

10                   Now, let me clarify some of the terms used in  
11 the CLAIM program. Trough and peak drug effects, as stated  
12 in the approved label of both drugs, were defined as  
13 follows. The trough effect was considered the effect at 24  
14 hours post dose, and the peak drug effect was considered  
15 the effect at 6 hours post dose. Patients with a trough  
16 diastolic pressure below 90 were considered controlled, and  
17 patients were considered responders if they either had  
18 diastolic pressure below 90 or at least they had  
19 demonstrated a 10 millimeters of mercury reduction from  
20 their baseline diastolic blood pressure.

21                   The primary statistical analysis was performed  
22 using an analysis of covariance, ANCOVA, for the change  
23 from baseline to week 8 in trough sitting diastolic blood  
24 pressure. The primary patient population was an intent-to-  
25 treat population where patients had to have a baseline and

1 at least one post-baseline blood pressure measurement. An  
2 analysis using the last observation of treatment carried  
3 forward, or LOCF, was also performed to account for missing  
4 values.

5 The ANCOVA model included a treatment, center,  
6 and center-by-treatment interaction, and baseline diastolic  
7 pressure was a covariate to account for potential baseline  
8 differences.

9 The differences between treatments are  
10 presented as least squares means.

11 The sample size calculation was based on  
12 detecting a difference of 2 millimeters of mercury between  
13 treatment groups, a standard deviation of 7.5 millimeters  
14 of mercury, a significance level of 0.05 for a two-tailed  
15 test, and a power of 95 percent. This resulted in a sample  
16 size calculation of 735 patients for each study. However,  
17 613 patients and 655 patients were randomized to study 230  
18 and 231, respectively.

19 In study 230, a total of 926 patients were  
20 screened, of which 613 patients qualified for the study.  
21 Of those, 309 patients were randomized to receive  
22 candesartan cilexetil and 304 were randomized to receive  
23 losartan. Of the 309, patients 2 patients were  
24 discontinued without post-baseline contact and 307 patients  
25 formed the intention-to-treat population for candesartan

1 cilexetil. In the losartan group, 304 patients were  
2 randomized. All of these patients had post-baseline  
3 contact and formed the intention-to-treat population.  
4 Approximately 12 percent of patients were discontinued from  
5 each treatment group.

6           Similarly, in study 231, out of 921 patients  
7 screened, 655 were randomized: 332 to candesartan and 323  
8 to losartan. All patients randomized to candesartan  
9 cilexetil had post-baseline contact and were considered the  
10 intention-to-treat population. In the losartan group, of  
11 the 323 patients, 1 patient had no post-baseline contact  
12 and was discontinued from the study. 322, therefore,  
13 formed the intention-to-treat population. In this study, 4  
14 to 6 percent of patients were discontinued from each  
15 treatment group for various reasons.

16           The baseline characteristics were similar  
17 between the candesartan cilexetil and the losartan  
18 treatment groups in both studies. Patients were similar in  
19 age, weight, duration of hypertension, sex distribution,  
20 and race. Approximately 18 to 20 percent of patients in  
21 each study were African Americans.

22           Baseline blood pressure was also similar for  
23 both treatment groups and diastolic pressure averaged  
24 around 100 millimeters of mercury and systolic blood  
25 pressure ranged between 152 and 153 for all groups



1 randomized in the two trials.

2           The primary endpoint, that is, the change in  
3 diastolic blood pressure at week 8, is shown on the left  
4 for study 230. In this study, patients receiving  
5 candesartan cilexetil had a mean diastolic blood pressure  
6 reduction of 10.5 millimeters of mercury, whereas patients  
7 receiving losartan had a 9.1 millimeters of mercury  
8 reduction in trough diastolic blood pressure. This  
9 resulted in a statistically significant difference of 1.5  
10 millimeters of mercury between the two treatment groups.

11           In study 231, shown on the right, candesartan  
12 cilexetil therapy resulted in an average diastolic pressure  
13 reduction of 10.9 millimeters of mercury. Treatment with  
14 losartan resulted in an average pressure reduction of 8.7  
15 millimeters of mercury. The difference between the two  
16 treatment groups was 2.2 millimeters, and this was also  
17 statistically significant.

18           The primary endpoint is shown here, together  
19 with a number of secondary endpoints, for study 230. As  
20 you can see, there is a 3.4 millimeters of mercury greater  
21 reduction in trough systolic blood pressure, a 3.4  
22 millimeters greater reduction in peak diastolic blood  
23 pressure, and a 3.5 millimeters greater reduction in peak  
24 systolic blood pressure. At 48 hours after the last dose,  
25 the difference between the two groups was maintained and

1 was 2.8 for diastolic and 4.6 millimeters of mercury for  
2 systolic blood pressure. For all primary and secondary  
3 endpoints, differences between candesartan cilexetil and  
4 losartan were statistically significant.

5                   Similarly in study 231, statistically  
6 significant differences were noted: 2.2 millimeters of  
7 mercury change in the trough diastolic pressure, 3.5  
8 millimeters for trough systolic blood pressure, 1.5 and 2.6  
9 for the peak diastolic and systolic blood pressure,  
10 respectively. And at 48 hours, the differences were again  
11 statistically significant in favor of candesartan with a  
12 mean change of 4.3 and 5.9 millimeters of mercury in  
13 diastolic and systolic blood pressure, respectively.

14                   This slide shows the trough diastolic blood  
15 pressure reduction during therapy by visit for studies 230  
16 and 231.

17                   In study 230, there was a substantial decrease  
18 in diastolic blood pressure with both agents after 2 weeks  
19 of therapy, but the reduction was greater with candesartan  
20 cilexetil. After up-titrating the dose, further blood  
21 pressure reduction was noted with both drugs, but the  
22 difference between candesartan cilexetil and losartan was  
23 maintained for the duration of the study.

24                   Similarly in study 231, there was an initial  
25 substantial reduction of diastolic blood pressure with both

1 agents, but the blood pressure reduction was greater with  
2 candesartan cilexetil at 2 weeks of therapy. After up-  
3 titrating the dose, a further blood pressure reduction was  
4 noted and the difference was again maintained for the  
5 duration of the study.

6                 Similar results were obtained for systolic  
7 blood pressure in both studies, 230 and 231. Differences  
8 between candesartan cilexetil and losartan were observed  
9 after 2 weeks of therapy and were maintained after up-  
10 titration for 8 weeks. In study 230, although the mean  
11 baseline systolic pressure was slightly higher in the  
12 candesartan group, the blood pressure reduction was greater  
13 and was maintained for the duration of the study.

14                 The trough-to-peak ratio is an important  
15 measure because it indicates the duration of blood pressure  
16 lowering action of the medication used. The trough-to-peak  
17 ratio was a prespecified secondary endpoint in these  
18 studies. As you can see here, in both studies 230 and 231,  
19 the trough-to-peak ratio for candesartan cilexetil and  
20 losartan was close to 0.9. This indicates that the blood  
21 pressure lowering effect of both drugs is well maintained  
22 over a 24-hour period with once-daily dosing.

23                 This slide shows the percent of patients that  
24 were considered either controlled or responders in the two  
25 studies. As you can see, numerically the numbers of

1 controlled patients or responders for each therapy was  
2 greater with candesartan cilexetil in both studies. The  
3 differences achieved statistical significance in study 231.

4           This slide shows the blood pressure differences  
5 between the two therapies in the overall population and in  
6 prespecified subpopulations of studies 230 and 231, as well  
7 as the pooled data. Although these studies were not  
8 powered to assess the effects in subpopulations, the  
9 results are consistent with the overall effect.

10           Here are the results for systolic blood  
11 pressure reduction in the same subpopulations and  
12 reductions in systolic pressure were also consistent with  
13 the overall outcomes in both studies 230 and 231 and the  
14 pooled data.

15           The summary of adverse events reported in the  
16 CLAIM program is consistent with adverse events reported in  
17 most hypertension trials. Most events were mild and  
18 transient in nature. The number of patients that reported  
19 at least one adverse event was similar between treatment  
20 groups. About 46 percent of the patients in the pooled  
21 data reported at least one adverse event. Serious adverse  
22 events and events requiring discontinuation from the study  
23 were infrequent.

24           Adverse events reported in more than 2 percent  
25 of patients are shown here. In general, these events were

1 similar between the two treatment groups, were transient  
2 and rarely led to discontinuation from the study.

3 In summary, the efficacy data from the two  
4 CLAIM studies indicate that the reduction in blood pressure  
5 was consistently in favor of candesartan in both studies.  
6 Differences in trough diastolic and systolic blood pressure  
7 and peak diastolic and systolic pressures were consistently  
8 greater for candesartan compared to losartan.

9 If we add to these studies the primary endpoint  
10 data for studies 175 and 001, again we can see that  
11 reductions in trough diastolic pressure were consistently  
12 in favor of candesartan.

13 In summary, the CLAIM program, which included  
14 two adequate and well-controlled studies, provides  
15 substantial evidence that treatment with candesartan  
16 cilexetil results in greater blood pressure reduction  
17 compared with losartan at the maximum recommended doses  
18 administered once daily.

19 Furthermore, candesartan cilexetil 32  
20 milligrams once daily consistently lowered trough, peak,  
21 and 48-hour post-dose diastolic blood pressure and systolic  
22 blood pressure more effectively than losartan 100  
23 milligrams daily.

24 Both drugs were well tolerated and demonstrated  
25 a tolerability and safety profile consistent with current

1     prescribing information.

2                     In conclusion, the greater blood pressure  
3     lowering effect of candesartan cilexetil compared with  
4     losartan in the two CLAIM studies is consistent with other  
5     studies that were conducted previously. This information  
6     is clinically relevant and important for prescribing health  
7     care professionals.

8                     Thank you very much.

9                     DR. BORER: Thank you, Dr. Papademetriou.

10                    I'm sure there are a number of questions from  
11     the committee about substantive issues. We'll get into the  
12     interpretation issues later, but I'd like to begin with  
13     just a few questions about the conduct of the trials, and  
14     these aren't meant as criticisms in any way. I just want  
15     to understand how the data were collected.

16                    First of all, do we have any idea within the  
17     primary study populations, or any subpopulation within  
18     them, of the distribution of renin sodium profile data for  
19     these patients?

20                    One of the reasons I ask the question is that  
21     in 230 the very small subpopulation of black patients  
22     showed no effect of treatment; in 231 they did. I don't  
23     want to belabor small subset analyses that weren't  
24     primarily hypothesized to be done in the first place, but  
25     the fact is that one might expect that black patients would

1 be less likely to respond to ARBs or ACE inhibitors than  
2 white people would. And that raises the issue of renin  
3 sodium profile. So, just for my information, do we have  
4 any data about that?

5 DR. PAPADEMETRIOU: No, unfortunately, these  
6 data were not collected in these studies.

7 DR. BORER: Okay.

8 How about the time at which the blood pressure  
9 measurements were made? I understand they were done at  
10 trough and at peak, and that that pretty well sets a window  
11 around the timing of the determination of blood pressure.  
12 But were they predominantly or solely done in the morning  
13 for the trough, or were they done some in the morning, some  
14 in the afternoon for patient convenience?

15 DR. PAPADEMETRIOU: Almost all patients had  
16 their measurements in the morning time.

17 DR. BORER: Let's see. A couple of other  
18 little questions. Oh, yes. The weight of the patients.  
19 These were pretty heavy patients on average. The women, as  
20 I recall, in all the study populations averaged somewhere  
21 around 185 pounds per person. I know there was a wide  
22 distribution of weights, but can you comment, first of all,  
23 on the distribution of weights in the general hypertensive  
24 population so that we can know whether this is really a  
25 reasonable microcosm and on what the impact of weight may

1 have been here?

2 DR. PAPADEMETRIOU: This is a very good point,  
3 and the body mass index turned out to be over 30 in about  
4 half of the patients in these study populations. But from  
5 what I know from epidemiology data, that reflects pretty  
6 much what happens around the country.

7 DR. BORER: The other issues that I would raise  
8 are actually qualitative or more appropriate for Dr.  
9 Kannel. Let's go on to Paul as the committee reviewer. Do  
10 you have some specific issues you want to raise?

11 DR. ARMSTRONG: Thank you. I do. I will come  
12 to a specific table in the briefing document in a moment  
13 that I would like your advice on. But I really have three  
14 questions to begin with, actually based on the chairman's  
15 question, perhaps a fourth, which I'll just put up front.

16 Given the spectrum of weight, do we have any  
17 information about efficacy when you correct for weight? In  
18 other words, was there more of an effect in patients with a  
19 low body weight than those with a high body weight? Do we  
20 know that?

21 DR. PAPADEMETRIOU: We do have the response in  
22 the obese compared to non-obese, and I can show that to you  
23 if you like. As you can see here, the blood pressure  
24 reduction of diastolic blood pressure overall in the obese  
25 and non-obese was pretty similar. The obese patients



1 pretty much had the same response in diastolic pressure and  
2 similarly in the systolic blood pressure too.

3 DR. ARMSTRONG: Thank you.

4 There are really three issues then that I think  
5 we'll come back to. One is the evidence to support  
6 incremental effect at doses of candesartan above 16 and  
7 losartan above 50. So, I'd like your comments about the  
8 evidence supporting increased efficacy above those doses.

9 The second is the time course to stable effect  
10 when you begin with once-a-day dosing as one looks at the  
11 time course and when a steady state is reached and the  
12 evidence to support a difference in the time course with  
13 candesartan versus losartan, given the comments about the  
14 difference in the duration in receptor activity of the two  
15 drugs.

16 And the third is the evidence to support b.i.d.  
17 dosing versus once-a-day dosing enhancing effect in one  
18 versus the other compound.

19 Those three issues to me come through  
20 repetitively. Can you comment on those? And then I'd like  
21 to direct your attention to a specific table in the  
22 briefing document.

23 DR. PAPADEMETRIOU: These data are available.  
24 We didn't have time to present them here, but Dr. Michelson  
25 probably would be more appropriate to answer these

1 questions.

2 DR. MICHELSON: Hi. Good morning. Dr. Eric  
3 Michelson, AstraZeneca. Let me just help with a few of  
4 these, if I can.

5 Dr. Armstrong, if I understood correctly, the  
6 first question had to do with the time course of perhaps  
7 stabilization with respect to once-a-day dosing.

8 DR. ARMSTRONG: Yes, and if you like, we can  
9 work with that and the table in the briefing document that  
10 I think addresses that also, but please go ahead.

11 DR. MICHELSON: I think when we designed these  
12 studies, we were, to the best of our ability, trying to be  
13 as consistent with the prescribing information for the  
14 label of both drugs, and for each of the drugs, it's stated  
15 that these drugs reach their maximum effect within either 2  
16 to 4 weeks or 4 to 6 weeks. In fact, for losartan it's 2  
17 to 4 weeks, and we state in our label 4 to 6 weeks. So,  
18 the studies were designed with the idea in mind that a  
19 6-week at a stable dose would be sufficient.

20 DR. ARMSTRONG: Well, to that point, on page 6  
21 of the briefing document which addresses the CANDLE study,  
22 there is a table which then partitions the patients who  
23 were up-titrated in the lower part of that panel and not  
24 up-titrated in the upper panel. It looks to me as though,  
25 as one looks at the patients who were not up-titrated, that

1 indeed there is a further effect, as you have implied,  
2 between week 2 and week 4; that is to say it does appear,  
3 though, by week 4 that the blood pressure lowering effect  
4 stabilizes.

5                   That being the case, then the patients who were  
6 then up-titrated based on measurements at 2 weeks, it's  
7 impossible for me to discern the notion that at 4 weeks  
8 that effect relates to an increment in the dose as opposed  
9 to an elapsing of the time. That obviously is a key point.

10 I wonder if you can shed light on that.

11                   DR. MICHELSON: Yes. Let me try to help  
12 clarify. The way it's depicted in the briefing document  
13 may not add clarity. The design of the study, the CANDLE  
14 study 175, was actually titration to effect where the  
15 titration was at week 4. The way it's presented in the  
16 briefing document, the review by Dr. Fred, suggests that  
17 it's at week 2, but it was actually done at week 4. So,  
18 there were incidental blood pressure measurements  
19 collected, merely incidental, at weeks 2, 4, 6, just to  
20 watch the traffic as it was going by. But the only  
21 decision about up-titration was made at week 4.

22                   DR. ARMSTRONG: So, the week 4 measures here --

23                   DR. MICHELSON: Were the sole basis for up-  
24 titration.

25                   DR. ARMSTRONG: So, in the patients who were

1 up-titrated, the week 4 measurements were before the  
2 up-titration. Is that correct? I'm a little confused.

3 Can you comment then on the issue of evidence  
4 for incremental effect beyond 16 milligrams and why  
5 starting at 16, given that there's substantial evidence  
6 that 8 in some of the other material is effective? Why  
7 start at 16?

8 DR. MICHELSON: Let me just comment first that  
9 175, in part, reflects as clinicians what we would probably  
10 routinely do. The usual recommended starting dose for each  
11 of these drugs is respectively 50 milligrams and 16  
12 milligrams, and in the population being study,  
13 nonhepatically impaired, whatever, this would be the  
14 appropriate starting dose. In fact, that's the way the  
15 study was designed and then it was titration to effect.

16 In this study, the question that was being  
17 directly asked for us was to address the maximum doses.  
18 When we discussed this with Dr. Temple, our understanding  
19 was it would have been completely acceptable in this study,  
20 the way this experiment would have been designed, we could  
21 have just started with 32 milligrams and started with 100  
22 milligrams. And that would have satisfied the question  
23 whether or not at the maximum recommended doses  
24 administered once daily was there a difference.

25 And in designing the study, we suggested that

1 perhaps just to make it a little bit more comfortable for  
2 the clinicians doing the study for them to have the  
3 opportunity to then put in an opportunity to start at a  
4 lower dose. There wasn't even a question about how long  
5 that could have been. Dr. Temple even said it could have  
6 been 2 days if we wanted, but we decided to make it, again,  
7 just more in tune with clinical practice, 2 weeks.

8 We would never be recommending on a routine  
9 basis that 2 weeks would be an adequate time necessarily to  
10 fully evaluate the effect of any dose, whether it's 8, 16,  
11 or 32. In fact, the whole analysis was really concentrated  
12 on what happened at week 8. This was just an instrument to  
13 be able to get the patients up to 32 and 100.

14 DR. ARMSTRONG: Thank you.

15 Then the final question I have at this point  
16 relates to whether there is evidence to support b.i.d.  
17 dosing is indeed more effective than once-a-day dosing with  
18 candesartan as opposed to the implication for losartan.

19 DR. MICHELSON: Yes. Let me see if I can help  
20 you here. There is a slide. I believe it's CS-34. Why  
21 don't you take a look and see if that's it. But it's a  
22 study by Zuschke, study 116. Let me share this with you.

23 By the way, the slide we never got to discuss a  
24 moment ago in fact addressed whether or not there was  
25 evidence for a dose response above 16 milligrams. So, if

1 you wanted to get back to that, they know where they slide  
2 is. I'll be happy to discuss it with you. Okay?

3 But if you're asking whether there's any  
4 evidence at all, a study was done, placebo-controlled  
5 trial, looking at 8 milligrams twice daily versus 16  
6 milligrams once daily, and at these doses you can see that  
7 the study had 90 patients per arm. It wasn't powered to  
8 look for relatively smaller differences, but as you can  
9 see, there are differences of the order of about 1.7, 1.8  
10 millimeters of mercury for systolic blood pressure and  
11 differences of the order of about 1 millimeter of mercury  
12 for diastolic blood pressure.

13 DR. ARMSTRONG: But coming back to your request  
14 for a label change and the issue of whether losartan  
15 administered twice daily would be as effective or more  
16 effective than candesartan once daily, would you say that  
17 the evidence for losartan b.i.d. is better in terms of  
18 efficacy than the b.i.d. data that you're showing us for  
19 candesartan?

20 DR. MICHELSON: If I can, let me address  
21 something which is a similar type of piece of information  
22 which we have for losartan. It's a study that actually Dr.  
23 Weber did. Let me see if I can help you out here.  
24 Actually Dr. Weber did this for Merck, not for us.

25 This is a small piece of a more elaborate study

1 that he did. I apologize to Dr. Weber, without his  
2 permission, for taking this out of context, but just to  
3 address your specific question, when losartan was looked at  
4 -- and all this is now, again, this is sitting diastolic  
5 blood pressure at the end of a 4-week period. That was the  
6 way Merck designed the study looking at 100 milligrams once  
7 daily versus losartan 50 milligrams b.i.d., and it's the  
8 only information I could find on the use of 50 b.i.d.  
9 There's no other information I could find in the  
10 literature. In this study, you can see again the  
11 difference between those two in diastolic blood pressure is  
12 a very, very similar order of magnitude.

13 DR. THROCKMORTON: Paul, just to remember, that  
14 was commented on in the FDA briefing document too I think  
15 on page 14. Dr. Fred had looked at some other materials as  
16 well.

17 DR. MICHELSON: And about the doses, there's  
18 one other slide I wouldn't mind showing if we can get it.  
19 Would you like to look at the dose response for either  
20 candesartan or losartan? Would that be of interest or not?

21 Could we go back to the Rife slide?

22 DR. BORER: Before you begin speaking about it,  
23 Eric, Bob, you had a comment?

24 DR. TEMPLE: Just a comment. As a matter of  
25 general policy, if the b.i.d. versus o.d. comparisons that

1 we usually see at least a little data for even sort of lean  
2 towards suggesting that b.i.d. might be better, we say  
3 maybe b.i.d. will be better. One doesn't want to treat  
4 those rigorously. Obviously, to validate the kinds of  
5 differences we're talking about, you need studies of the  
6 same size that were done here, and that is quite unusual.  
7 So, like many dose response things, we look at the numbers  
8 and write down the descriptive data. These are not  
9 rigorously statistically meaningful differences. The  
10 impression we had was that there might be some small  
11 advantage to going b.i.d. if you didn't get where you  
12 wanted, and you could try it.

13 DR. BORER: I'd like to interject one minor  
14 point here as well. I think that Paul's question is very  
15 important. We'd like to know the optimal dosing regimen  
16 for any of these drugs. They probably should appear in the  
17 label or what we know about them should.

18 Even though our decisions aren't based on  
19 medical economics, I think it's important to recognize that  
20 it's very useful to have the q.d. information nonetheless  
21 because third party payors are now, in many cases, refusing  
22 to pay for drugs for their clients if a prescription is  
23 written for b.i.d. dosing for a drug, the label of which  
24 says it can be given q.d. And that specifically I know has  
25 happened with losartan, so that although that shouldn't



1 prevent any doctor from doing what he thinks is right and  
2 patients taking what they have to take and all, nonetheless  
3 it would be useful to know what the effects of q.d. dosing  
4 are. And we'll get to the issue of whether it's useful to  
5 know what the relative effects of two drugs in q.d. dosing  
6 are, but I think it's important to recognize that this is a  
7 practical issue and this is useful information.

8           Go ahead, Eric.

9           DR. MICHELSON: This was a study done --

10          DR. BORER: Eric, excuse me just one second.  
11          Tom?

12          DR. FLEMING: Before we leave this point --  
13 this is such an important point -- I'd like to understand  
14 what Bob Temple's comments were just a moment ago. On page  
15 14 in the FDA briefing document, we have presented to us  
16 data on losartan at 25 q.d. against b.i.d. at week 12, and  
17 differences were a drop of 5.8 versus a drop of 8, which is  
18 2.2 millimeters of mercury. Bob, you had referred to these  
19 earlier as trivial differences. So, basically a 2.2 is a  
20 trivial difference?

21          DR. TEMPLE: I don't think they're trivial. I  
22 think they rarely -- I can't tell you whether in this case  
23 they did. They often don't reach statistical significance,  
24 and indeed, when we draw the dose-response curve for most  
25 of these things, the difference between the very highest

1 dose and the next dose often doesn't reach it either. We  
2 sort of look at the whole curve, and you do the best you  
3 can because you'd need 1,000 patients to distinguish  
4 between the very highest dose and the lowest dose, just as  
5 you just saw. So, we think it serves people better to  
6 write the description and the general idea of what the dose  
7 response looks like than to not say anything.

8           But if you ask how rigorous is that, first of  
9 all, it's usually based on data pooled across multiple  
10 studies which is of different durations, different  
11 populations. You could criticize it if you wanted to treat  
12 this rigorously. We're trying to give an impression, and  
13 in some ways that's the best you can do with realistic  
14 numbers.

15           Similarly, although this varies from one case  
16 to another depending on how well people look -- and that is  
17 very variable -- the b.i.d. versus o.d. comparisons are  
18 often treated somewhat qualitatively. It wouldn't surprise  
19 you that when the half-life of the drug is relatively  
20 short, we're more inclined to think maybe that's true that  
21 b.i.d. works better than once a day than when the half-life  
22 is 24 hours. So, I'm just saying there's a certain  
23 qualitative aspect to those aspects of it. That's not the  
24 fundamental efficacy data which we wouldn't treat  
25 qualitatively, but the descriptive aspects of dose response

1 are just inevitable when you're looking at multiple doses  
2 with relatively modest differences as you get to the higher  
3 doses or b.i.d. versus o.d.

4 DR. FLEMING: So, if have data that suggests a  
5 2.2 millimeter difference, then you consider that  
6 irrelevant.

7 DR. TEMPLE: Absolutely. You'd say you might  
8 try b.i.d. if the patient doesn't give you an adequate  
9 trough response to o.d. If the half-life is 36 hours,  
10 we're less inclined to put that in because it's sort of  
11 implausible.

12 DR. BORER: Eric.

13 DR. MICHELSON: Dr. Armstrong, would you like  
14 to readdress that question just quickly?

15 DR. ARMSTRONG: Yes.

16 DR. MICHELSON: You saw the dose response for  
17 and can I address --

18 DR. BORER: Paul, did you have any other  
19 issues?

20 DR. ARMSTRONG: No.

21 DR. BORER: Let me just ask Tom as our reigning  
22 hypertension expert sitting at the table here, do you have  
23 any specific issues you want answered here?

24 DR. PICKERING: Thank you, yes. I'd like to  
25 hear more information about exactly how the peak and trough

1 blood pressures were measured. And related to that, you're  
2 inferring that because both showed a significant difference  
3 of a sustained effect over 24 hours, but I didn't hear  
4 whether you have any actual data using 24-hour recording to  
5 show the difference is sustained.

6 DR. PAPADEMETRIOU: Yes. The peak blood  
7 pressure was measured at 6 hours after dosing, and the  
8 patients followed all the usual procedures we follow in  
9 these studies. They were seated in a quiet room with a  
10 pressure cuff placed appropriately and the pressure was  
11 measured three times and it was averaged. Then it was  
12 again measured the next day prior to getting their pill of  
13 that day. That was the trough 24-hour pressure  
14 measurement.

15 DR. PICKERING: And any 24-hour readings?

16 DR. PAPADEMETRIOU: In this study there were no  
17 24-hour readings, but there are some data from a previous  
18 study that compared losartan to candesartan that did 24-  
19 hour readings, and if you like those data, we can show them  
20 to you.

21 DR. PICKERING: Yes, please.

22 DR. PAPADEMETRIOU: Here is a study that was  
23 done in 106 patients that received candesartan and 100  
24 patients that received losartan. The candesartan was 16  
25 milligrams, losartan was 100 milligrams. And all these

1 patients had 24-hour readings. They had a baseline  
2 monitoring and then they had it at the end of the treatment  
3 period. In fact, the monitoring was for 36 hours. And you  
4 can see the average diastolic pressure for losartan, the  
5 change from the baseline here and the change of diastolic  
6 pressure with candesartan of the same time period.

7 We also have these data for the systolic blood  
8 pressure, and again in the same patient population, you can  
9 see the systolic blood pressure reduction with losartan and  
10 the systolic blood pressure reduction with candesartan.  
11 And you can see that pretty much the lowest values were  
12 obtained around this time.

13 Maybe it's important to note that these studies  
14 compared 16 milligrams of candesartan to 100 milligrams of  
15 losartan.

16 DR. LINDENFELD: Could I just ask a question  
17 about this slide? On page 10 of the briefing booklet, I  
18 was impressed by the blood pressure values at 48 hours and  
19 2 weeks after withdrawal of your drugs. In fact, at least  
20 in the diastolic blood pressure, there was almost no  
21 difference. So, that's very different than this. In other  
22 words, it says here that after 2 weeks of withdrawal they  
23 were still low. Is that correct? 48 hours?

24 VOICE: Two days.

25 DR. LINDENFELD: Okay, two days, but even so at

1 48 hours after withdrawal, the diastolics were exactly the  
2 same with both drugs. That's very different data than  
3 this.

4 DR. PAPADEMETRIOU: For this study?

5 DR. LINDENFELD: Right, on page 10. Isn't that  
6 48-hour withdrawal data from the CLAIM trials? Just help  
7 me understand this because I was impressed that at 48 hours  
8 a withdrawal of --

9 DR. PAPADEMETRIOU: We do have the 48-hour data  
10 from the CLAIM program that showed that difference is  
11 maintained.

12 DR. LINDENFELD: Right. That's 48 hours of  
13 withdrawal.

14 DR. PAPADEMETRIOU: Right, after the last dose,  
15 yes.

16 DR. LINDENFELD: That's my question because  
17 that's very different from this data that looks like at 36  
18 hours the blood pressures come up again.

19 DR. NISSEN: I think I can help you clarify  
20 this. It's two different studies.

21 DR. LINDENFELD: No, I understand that. But I  
22 mean why in one study does the blood pressure start to  
23 climb again and in the other, when you withdraw the drug,  
24 it doesn't?

25 DR. PAPADEMETRIOU: These are the data we have

1 for 48 hours after the last dose in study 230, and you can  
2 see here that the difference is maintained. It's 2.8 and  
3 4.6 at least 48 hours after the last dose.

4 DR. BORER: Those aren't quite as impressive as  
5 the trough at 48 hours before, which is the left-hand side  
6 of that slide I guess, but that's okay. What you showed us  
7 were data up to 36 hours after withdrawal. And I'm not  
8 suggesting you should have, but there is no information  
9 about the normal diurnal variation of blood pressure  
10 superimposed there. At 48 hours the numbers of both might  
11 have been a little bit lower than they were at 36.

12 Are you satisfied with what you got?

13 Blase and then Steve.

14 DR. CARABELLO: Obviously, the whole study  
15 rests upon the ability to measure blood pressure  
16 accurately. What do we know about site-to-site differences  
17 in the way in which blood pressures were measured? Was the  
18 same sort of device used? What was the actual mechanism of  
19 measuring the blood pressure?

20 DR. PAPADEMETRIOU: Well, the blood pressures  
21 were measured in a standardized way. All the centers were  
22 instructed to follow the same directions, to ask the  
23 patients to be seated in a quiet room for at least 5  
24 minutes and relax without bright lights and any  
25 distractions.

1                   Well, these are the instructions that were  
2 given to our centers of how to measure the blood pressure.

3     The patients were seated for 5 minutes, a sphygmomanometer  
4 was used with a column and the appropriate cuff for the  
5 patients was used, and the right arm was used almost in all  
6 patients unless there was a reason not to. And the  
7 Korotkoff signs were read, Korotkoff I for systolic and  
8 Korotkoff V for diastolic. Their determination was based  
9 on three sequential readings at 2 minutes apart, and they  
10 had to have less than 5 millimeters of mercury difference.

11     Qualifying blood pressure was a diastolic between 95 and  
12 114 at week 3 or 4 or occasionally 4 or 5. There was a  
13 discrepancy of the placebo run-in period. So, these  
14 instructions were given to all the centers and they were  
15 followed.

16                   DR. CARABELLO: So, these were all manual  
17 cuffs?

18                   DR. PAPADEMETRIOU: Right.

19                   DR. CARABELLO: Thank you.

20                   DR. BORER: Steve.

21                   DR. NISSEN: Yes. I had a couple of questions.

22                   In all four of the studies that we heard about,  
23 the range of entry blood pressures was 95 to 114. And I'd  
24 be interested in knowing if in the development program  
25 there is any comparative data for patients outside of that



1 range. Many of us see patients with relatively mild  
2 hypertension, and of course, there are individuals with  
3 very severe hypertension. So, this speaks a little bit to  
4 labeling issues here. I understand why that range was  
5 chosen, but I'm interested in whether there's any data for  
6 people outside of that range.

7 DR. PAPADEMETRIOU: I haven't seen those data,  
8 but Eric may know.

9 DR. MICHELSON: Dr. Nissen, we did studies  
10 looking at people with more severe hypertension, and those  
11 studies were included in the original label. There's one  
12 study called 117. We have patients with and without  
13 diuretic. We have no studies done that are active  
14 comparator studies directly looking at people with severe  
15 hypertension.

16 DR. NISSEN: And mild hypertension? There is  
17 data or not?

18 DR. MICHELSON: I'm sorry?

19 DR. NISSEN: People that are, say, in the 85 to  
20 95 range and that sort of thing.

21 DR. MICHELSON: No, we have no direct  
22 comparative data in that population directly. We have done  
23 studies in populations that include diabetics, for example,  
24 where the ranges are a little bit lower, but no direct  
25 data.

1 DR. PAPADEMETRIOU: There is an ongoing study,  
2 a trough study, utilizing patients with high normal  
3 pressures.

4 DR. NISSEN: I'm interested in that data, but  
5 it's not available.

6 DR. PAPADEMETRIOU: There is no data yet.

7 DR. NISSEN: All right.

8 And then my second question was related to the  
9 diabetes issue. Given the high body mass index of these  
10 patients, I would have guessed that many of them were  
11 diabetic, and I would be very interested. These are tough  
12 patients to treat, and a little bit of improvement in  
13 efficacy, as I think everybody in the room knows, in the  
14 diabetic patient is particularly important at reducing  
15 events. So, I'd love to see that data.

16 DR. PAPADEMETRIOU: The percent of diabetics  
17 included in the study was rather small. It was about 9  
18 percent, but here we have 107 patients with diabetes, and  
19 compared to the rest of the group, they did have pretty  
20 much the same response in systolic and diastolic.

21 DR. NISSEN: And the point estimates are very  
22 similar.

23 DR. PAPADEMETRIOU: Yes, right.

24 DR. NISSEN: How could you manage to enroll  
25 patients with that body mass index and not have a third of

1 them diabetic?

2 DR. MICHELSON: These are patients who admitted  
3 to being diabetic by virtue of the medications that they  
4 were taking. So, you might think that in that pool of 50  
5 percent of our patients -- 45 percent who had body mass  
6 indexes greater or equal to 30, one would suspect there are  
7 many hidden diabetics there.

8 DR. NISSEN: Or metabolic syndrome patients.

9 But this actually is helpful because it looks  
10 like the point estimates are about the same. Obviously,  
11 the confidence intervals are much bigger because it's a  
12 small subgroup.

13 DR. BORER: Are there any other questions of  
14 fact? JoAnn.

15 DR. LINDENFELD: Just two questions. You said  
16 at the beginning the study was planned to enter 735  
17 patients and yet 230 and 231 both entered about 100 less  
18 than that. Can you tell me why that is?

19 DR. PAPADEMETRIOU: Right. These were  
20 comparative studies and investigators are more likely and  
21 more enthusiastic in entering patients in comparative  
22 studies because there's no long placebo treatment for any  
23 group of the patients. And the recruitment went very fast,  
24 so it was estimated that with 925 patients or so that were  
25 screened, that they would provide adequate numbers to

1 randomize 735. It turned out, however, that when the  
2 screened patients reached that number, the enrollment was  
3 closed. However, as they were progressing in the  
4 assessment for randomization, a greater number than  
5 expected did not qualify primarily for blood pressure, and  
6 it just turned out that the randomized patients were less.  
7 However, the number randomized gave enough power to  
8 provide a statistically significant result.

9 DR. LINDENFELD: These were concurrently run  
10 studies?

11 DR. PAPADEMETRIOU: Right, they were  
12 concurrently run.

13 DR. LINDENFELD: And another question. Were  
14 patients who entered these trials withdrawn from  
15 antihypertensive medications?

16 DR. PAPADEMETRIOU: Yes, about two-thirds of  
17 them were on medication. They were withdrawn from that.

18 DR. LINDENFELD: Can you give us some idea if  
19 the drugs that they were taking prior to randomization  
20 ended up to be the same in both groups? In other words,  
21 just by classification, ACE inhibitors, ARBs, beta  
22 blockers. Were the two groups equivalent in the drugs that  
23 were withdrawn?

24 DR. PAPADEMETRIOU: Right. I think we have  
25 that data available. Here, between the two groups,

1 candesartan and losartan, ACE inhibitors, about the same,  
2 22 to 23; ARBs about 12-14 percent; diuretics, calcium  
3 blockers combination, and beta-blockers. Just about the  
4 same percentages.

5 DR. BORER: Bob?

6 DR. TEMPLE: I'm going to say something. You  
7 tell me whether you agree or not. Because there was no  
8 placebo here, the absolute falls from baseline are really  
9 unreliable. You don't know how much of those changes are  
10 just a part of the study. It's usually 3 to 5 millimeters  
11 of mercury in a typical trial. So, the absolute numbers  
12 are not reliable, but the differences are or could be.

13 DR. PAPADEMETRIOU: Right. I totally agree  
14 with that. We cannot say what was the absolute effect of  
15 either therapy.

16 DR. LORELL: One question that I wanted to  
17 address that's raised by your least squares analysis is the  
18 response in comparison of the black subset population.

19 DR. PAPADEMETRIOU: I'm sorry. I can't hear  
20 you.

21 DR. LORELL: In your least squares analysis,  
22 I'd like your comments regarding the comparative data in  
23 the black population subset.

24 DR. PAPADEMETRIOU: Yes. The black population  
25 was small, as you saw. The numbers were small, and the

1 data were not designed to assess statistical significance  
2 in these subgroups. We just showed them for the interest  
3 of everybody, but because of the many subpopulations and  
4 the issue of repeated measures and the small number of  
5 patients, statistics were not done in these patients.

6           But you can see the reductions in pressures in  
7 the subpopulations. We have them here, and we know that  
8 African Americans don't respond usually as well as the  
9 caucasian patients to ARBs or to ACE inhibitors, and this  
10 was true for these studies also. But they demonstrated a  
11 6.4, 7.7, 8.2, and 6.6 reduction in diastolic pressure, and  
12 that is consistent with previous data that we have seen.

13           DR. LORELL: I think my question is a little  
14 bit of a different one. Today you're seeking labeling for  
15 a comparative analysis, so it's not addressing the overall  
16 issue of choice of an antihypertensive in a black patient.

17       So, I guess my specific question is in the least squares  
18 analysis that you presented, it at least raises the  
19 possibility or the hypothesis that the comparative better  
20 efficacy claim might not apply to the black patient.

21           DR. PAPADEMETRIOU: Certainly that appears to  
22 be true from the data, but we can't say one way or the  
23 other because the population was underpowered to determine  
24 that. I think if we want the answer to this, we should  
25 design a prospective study in African Americans, which I

1 would support.

2 DR. BORER: Mike.

3 DR. ARTMAN: If we define control of  
4 hypertension as a sitting diastolic blood pressure of 90 or  
5 less -- I'm just trying to sort out. It's probably in here  
6 somewhere, but it's hard for me to figure out what  
7 percentage of patients were controlled. I think that's  
8 what a lot of clinicians are going to want to know.

9 DR. PAPADEMETRIOU: We do have that slide for  
10 both studies 230 and 231. You can see here the controlled  
11 patients with diastolic below 90. The number was a little  
12 higher for candesartan compared to losartan. It didn't  
13 reach statistical significance in this study, but here with  
14 a little bigger difference in the average pressures, the  
15 difference was statistically significant. So, there were  
16 about 9 percent greater patients controlled with  
17 candesartan in the second study.

18 DR. NISSEN: Michael, can I follow up on that  
19 and just ask is there data on systolic pressure? Many of  
20 us are much more interested since that's the metric that  
21 has the most relationship to outcome.

22 DR. PAPADEMETRIOU: The controlled patients by  
23 diastolic and systolic pressure are here. Again, the same  
24 trends were noted. The controlled were 36 versus 31, and  
25 this is true for most of the studies we do. We know

1 systolic pressure is more difficult to bring below 140, and  
2 it's easier for diastolic to bring below 90, and that's why  
3 the percentages are lower. But again, the trends are  
4 consistent.

5 DR. NISSEN: Actually the relevant one is the  
6 third pair of bars over there, which is the systolic  
7 pressure.

8 DR. PAPADEMETRIOU: Yes.

9 DR. NISSEN: So, it looks like it's 48 percent  
10 versus 46 percent.

11 DR. PAPADEMETRIOU: Right.

12 DR. BORER: Not to belabor the point -- and you  
13 may not have these data -- but the importance of systolic  
14 pressure seems to be age-related. So, I wonder if you  
15 looked, since you had an age range up to 80, at people over  
16 55 for whom a systolic pressure really does seem to be the  
17 most predictive measure. You may not have this.

18 DR. PAPADEMETRIOU: There is a breakdown of the  
19 population below 65 and above 65.

20 DR. BORER: That would be fine.

21 DR. PAPADEMETRIOU: Here are the data for the  
22 patients over the age of 65, and the point estimates are  
23 pretty much the same.

24 DR. BORER: Okay, that's great.

25 I think Paul will have some questions about



1 drug-drug interactions, safety here, because we're not  
2 going to get into it in any other portion of your  
3 presentation.

4 But just before he does, can you just explain  
5 to me -- I'm sure this is some anomaly, but how did 100.5  
6 and 100.3 percent of people in the study comply with the  
7 drug regimen? That was in the CANDLE study, not in 230 and  
8 231. But just for our information.

9 DR. MICHELSON: We apologize for our  
10 implausible compliance numbers. Those are based on tablet  
11 counts, and so what's happened is for 2-week visits enough  
12 tablets are dispensed, for example, 20 days, and then  
13 someone comes back and tablet counts are done. So, it's  
14 conceivable that the tablet counts could be greater than  
15 100 percent depending on what day they might come back.

16 Well, let me just give you something that's a  
17 little bit more relevant. If you ask me, for example, what  
18 percentage of patients took at least 90 percent of their  
19 tablets, as best we can tell by those tablet counts, I can  
20 tell you that in each of the studies for each of the  
21 treatments overall it might be about 93 percent of patients  
22 took at least 90 percent of the tablets they were supposed  
23 to have taken in any 2-week interval.

24 DR. BORER: It sounds pretty good.

25 Paul.

1 DR. ARMSTRONG: A few questions on safety. In  
2 the label that exists, there's some discussion of drug  
3 interactions that do not occur. Is there now information  
4 on, for example, spironolactone, amiodarone, other drugs  
5 that these patients would commonly be on which are not  
6 currently articulated in the label but for which you have  
7 new information that would be relevant to ACE inhibitors?

8 DR. PAPADEMETRIOU: I don't believe any of the  
9 patients entered in the trials were on these medications.  
10 I don't believe these data are available.

11 DR. ARMSTRONG: The second question. In table  
12 12, page 44 of your briefing document, could you just  
13 reassure me? The dizziness appears twice as common in the  
14 candesartan versus the losartan group. Was that clinically  
15 meaningful? What are we to make of this? Was it related  
16 to blood pressure decline or other things?

17 DR. PAPADEMETRIOU: The dizziness was reported  
18 in a good number of patients, as you said, but it was not  
19 temporally related to any excessive lowering of blood  
20 pressure. And when patients complained of dizziness in the  
21 clinic and the pressure was measured, it wasn't found to be  
22 low. And it was kind of a sporadic reporting of dizziness.  
23 It was reported in the baseline run-in period. It was  
24 reported during the treatment period and afterwards. And  
25 it didn't seem to be related to any excessive blood

1 pressure lowering.

2 DR. ARMSTRONG: And the final question, on page  
3 58, there's an interesting discussion about the difference  
4 in the two agents related to uric acid. Since many of  
5 these patients that presumably these drugs will be used in,  
6 of course, will have gout or a tendency towards gout and  
7 your label will speak to comparative superiority or  
8 efficacy relating to lowering of blood pressure, would you  
9 also be wishing to warn physicians about its use in  
10 patients who were susceptible to gout or had gout from the  
11 standpoint of the disadvantage of candesartan versus  
12 losartan?

13 DR. PAPADEMETRIOU: These are the data on uric  
14 acid here. Yes, it is true that losartan has slightly  
15 better uric acid than candesartan. In fact, candesartan  
16 had no effect one way or the other. But this is debatable  
17 what kind of clinical importance it has, and I think Dr.  
18 Kannel would be more appropriate to discuss his data from  
19 his large cohort in Framingham. As you know, this issue  
20 has been debated one way or the other, but at the current  
21 point, there is no certainty that it plays any significant  
22 role as a risk factor.

23 DR. ARMSTRONG: So, has no patient had an  
24 exacerbation of gout or the development of de novo gout  
25 treated with candesartan?

1 DR. PAPADEMETRIOU: No patient had exacerbation  
2 of gout or a new onset of gout.

3 DR. ARMSTRONG: Thank you.

4 DR. BORER: If there are no other substantive  
5 questions from the committee, maybe we can move on to Dr.  
6 Kannel.

7 Oh, I'm sorry. Tom.

8 DR. FLEMING: Just a very quick additional  
9 because JoAnn had asked a question that I was interested in  
10 too. I'm troubled a bit by the substantial discrepancy  
11 between your intention of 735 patients. For example, in  
12 the 230 trial where you had 611, at what point did you  
13 discover that you were well short of your target relative  
14 to the unblinding?

15 DR. PAPADEMETRIOU: That was certainly after  
16 the enrollment was closed and after the baseline placebo  
17 run-in period was completed. And the sponsor decided that  
18 it was too late to go back and reopen the screening phase.

19 DR. FLEMING: And at that point, of course, all  
20 outcome data were still blinded.

21 DR. PAPADEMETRIOU: Yes.

22 DR. BORER: Okay.

23 DR. PAPADEMETRIOU: Dr. Kannel.

24 DR. KANNEL: Good morning. I'm pleased to have  
25 the opportunity to review with you some of the data that

1 are available to us on the epidemiological and clinical  
2 significance of incremental changes in blood pressure based  
3 on some of our data from Framingham and based on large data  
4 sets from epidemiological studies that are prospective and  
5 also on clinical trial data.

6 I think we would all agree that hypertension is  
7 a major treatable risk factor for cardiovascular disease.  
8 It is a powerful independent risk factor for coronary  
9 disease, for stroke, for peripheral artery disease, and  
10 heart failure. I hope to convince you that the  
11 relationship is continuous and graded, that there are  
12 benefits of blood pressure reduction with pharmacological  
13 treatment that are also incremental and continuous.

14 Framingham data on coronary disease and also on  
15 cardiovascular disease in general indicate that  
16 hypertension is a major risk factor in the occurrence of  
17 these atherosclerotic cardiovascular events, and it  
18 certainly compares with elevated cholesterol and smoking  
19 probably in terms of the absolute risk having a greater  
20 impact, and only for diabetes in women does it seem to not  
21 be dominant. This is true also for the risk ratios  
22 comparing those with and without the abnormality. Risk  
23 ratios for hypertension are more impressive than for the  
24 other outcomes.

25 If one looks at the risk for a cardiovascular

1 event by, in this case, diastolic blood pressure, you note,  
2 of course, that for the individual, as the blood pressure  
3 increases, so does the risk of having a cardiovascular  
4 event, and this is incremental throughout most of the range  
5 for diastolic pressure. It's also interesting to note that  
6 if one looks at the occurrence of disease in the  
7 population, as indicated by the bars, at specified  
8 intervals of diastolic blood pressure, that most of the  
9 events are coming from those with high normal or stage I  
10 hypertension.

11           Looking at the same relationship for systolic  
12 blood pressure, over 38 years of follow-up in the  
13 Framingham study for subjects aged 35 to 64, we see an even  
14 greater influence of the systolic blood pressure than the  
15 diastolic, again an incremental increase in risk from the  
16 very lowest to the very highest systolic blood pressures.  
17 This indicates that certainly for the individual the risk  
18 increases, the higher the blood pressure. But once again,  
19 we see that for the population most of the events are  
20 coming from people who have high normal or grade I  
21 hypertension.

22           We have an even more impressive data set, which  
23 includes the Framingham study, from MacMahon published in  
24 Lancet in which they looked at the data from seven  
25 prospective studies involved with stroke and nine

1 prospective observational studies with coronary disease  
2 from which there evolved 843 stroke events and almost 5,000  
3 coronary events. In all, we're looking at databases of  
4 more than 400,000 people. This gives a very, I think,  
5 compelling indication that there is a graded influence of  
6 blood pressure on the risk of events, going down well into  
7 what we might consider the normal range, for both stroke  
8 and for coronary heart disease. The confidence intervals  
9 are very tight, so these estimates are, I think, very  
10 secure from a statistical standpoint.

11           Now, based on these, MacMahon has estimated  
12 what sort of reduction in risk one could see with specified  
13 reductions in diastolic blood pressure between the range of  
14 5 and 10 millimeters of mercury, and he shows that the more  
15 the blood pressure is reduced, the greater the benefit,  
16 that this is true both for coronary disease and for stroke,  
17 and the reductions are substantial. And there is an  
18 incremental benefit the more the blood pressure is reduced  
19 both for stroke and coronary disease, more impressively for  
20 stroke than for coronary heart disease.

21           Now, these observational studies show rather  
22 similar risk reductions with changes in blood pressure  
23 achieved. The estimates from the observational studies,  
24 when applied to the drug treatment trials for stroke,  
25 indicate very, very similar outcomes. We see almost

1 identical results. For coronary disease, the observational  
2 studies seem to overestimate the benefit a bit, but it's  
3 important to recognize that both databases show the more  
4 the blood pressure is reduced, the greater the benefit and  
5 that there is a distinct incremental benefit to further  
6 reduction in blood pressure.

7           Another way to evaluate the importance or  
8 advantage of additional blood pressure reduction is to look  
9 at the number needed to treat to prevent an event, and the  
10 event that's most feared in hypertensive patients is  
11 stroke. Here we've indicated the Framingham average risk  
12 over 10 years for having a stroke for average-risk and for  
13 high-risk individuals. The high-risk individual is the one  
14 who is a smoker, has a blood pressure of 100 millimeters of  
15 mercury, already has some indication of cardiovascular  
16 disease, a reduced HDL, high cholesterol. I think several  
17 points are noteworthy.

18           First is that looking within this category,  
19 let's say, of a 5 to 6 millimeter of mercury reduction in  
20 diastolic blood pressure, one sees that the number needed  
21 to treat to prevent an event is about 28. On the other  
22 hand, if you're applying this to high-risk individuals, the  
23 number needed to treat is substantially lower. But if you  
24 look and see if you can reduce the blood pressure by an  
25 additional 2 or 2.5 millimeters of mercury, in the average



1 patient you get a substantial reduction in the number  
2 needed to treat, and also in the high-risk individual, you  
3 see a substantial reduction in the number needed to treat  
4 to prevent an event.

5           Looking at this for systolic blood pressure, I  
6 think the SHEP and Syst-Eur trials are the two that give us  
7 a pretty good idea for isolated systolic hypertension as to  
8 the benefit of lowering systolic blood pressure within  
9 these ranges with achievable blood pressure reductions as  
10 indicated here. We see a very impressive reduction in  
11 stroke in both trials, total cardiac events, and total CVD,  
12 combining both.

13           Now, given this demonstration of the benefits  
14 of antihypertensive treatment, it's rather disappointing to  
15 see that we still have only 68 percent of hypertensive  
16 patients aware that they have the thing, that only 54  
17 percent are treated, and that only 27 percent are  
18 controlled.

19           Also somewhat discouraging are these surveys of  
20 general practice and how physician practices look in the  
21 treatment of hypertension, one by Coppola in the Journal of  
22 Human Hypertension, one by Berlowitz, et al. in the New  
23 England Journal of Medicine very recently. And we find  
24 that hypertension, particularly isolated systolic  
25 hypertension, is seldom treated to the recommended goal,

1 that if you look at patients who have hypertension who come  
2 back to see their physician on a return visit, that they  
3 receive no increase in medication 75 percent of the time  
4 despite their having a continued blood pressure elevation.

5 We also see that the drugs are rarely up-titrated, that  
6 there's a reluctance to include additional drugs.

7 Therefore, we would conclude that therefore more effective  
8 monotherapy drugs could facilitate attaining recommended  
9 treatment goals.

10 So, the conclusion seems to me justified to  
11 reflect on the importance of incremental blood pressure  
12 reduction, that hypertension is in fact a major treatable  
13 risk factor for cardiovascular disease, including coronary  
14 disease, stroke, peripheral artery disease, and heart  
15 failure; that incremental blood pressure reduction is  
16 meaningful from a public health standpoint and also in  
17 clinical practice; that the benefits of blood pressure  
18 reduction with pharmacological treatment are incremental  
19 and continuous; and that there is a compelling need for  
20 clinicians to use the more effective blood pressure  
21 reducing drugs to achieve recommended goals in individual  
22 patients.

23 Thank you.

24 DR. BORER: Thank you very much, Dr. Kannel.  
25 These are, of course, very useful data.

1                   Are there any specific substantive questions  
2 for Dr. Kannel? Steve.

3                   DR. NISSEN: I'm going to try to articulate  
4 this and I hope I'm able to do it. In trials where blood  
5 pressure is lowered, there are two issues. One is the  
6 magnitude of blood pressure reduction, and the other is the  
7 class of agent used to lower blood pressure. So, I have  
8 two questions, and maybe we don't know the answer to any of  
9 this, but I'd be interested in your perspective.

10                   One is, if you have a drug in the same class --  
11 so, intraclass differences -- and one drug in that class  
12 lowers blood pressure by more than another, what might we  
13 anticipate about lowering events versus two drugs in two  
14 different classes? In other words, if you lower blood  
15 pressure by 12 millimeters with a diuretic and by 10  
16 millimeters with an ACE inhibitor, you expect that the  
17 diuretic will lower events by more than the ACE inhibitor.

18                   Now, that's somewhat of a rhetorical question, but I'm  
19 interested in your perspective on the issue of intraclass  
20 versus interclass differences in event rates when looking  
21 at blood pressure reductions.

22                   DR. KANNEL: The first point is that we have no  
23 data which have compared rigorously individualized therapy  
24 for hypertension versus across-the-board therapy using a  
25 single agent. So, we really don't know. I don't think

1 that trial is even ever likely to be done.

2 Now, there is some indication from various  
3 studies that there may be unique effects of some  
4 antihypertensive agents aside from their blood pressure  
5 lowering effect. That's not to say, however, that given  
6 this unique effect within that class of drugs, the more you  
7 lower the blood pressure, the better off you are. And I  
8 think the indications are that that's the case.

9 Now, if one looks at trials, let's say, such as  
10 those trying to reverse left ventricular hypertrophy with  
11 different agents, you find that no matter which agent you  
12 use, if you lower the pressure enough and keep it low, you  
13 will reverse LVH. On the other hand, some agents seem to  
14 do it quicker and to a greater degree than others. For  
15 example, I think there's some evidence that ACE inhibitors  
16 will get you more reversal faster. So, I think it's clear  
17 that there's an impact of the class of drugs as well as the  
18 amount you change the blood pressure.

19 DR. BORER: Bob.

20 DR. TEMPLE: Well, there have been attempts to  
21 look at that. There are these massive meta-analyses, and  
22 they compete with each other based on the bias of the  
23 people going in.

24 (Laughter.)

25 DR. TEMPLE: But my dominant reaction to them

1 is that the results are more alike than different. You can  
2 argue about whether one does stroke a little better than  
3 the other or one does this a little better, but what  
4 impresses me most is how little difference there is even if  
5 there might be some small difference.

6                   And these are massive numbers of patients. You  
7 know, you get over 25,000 in some of these things, and of  
8 course, we also have ALLHAT, which is to some extent  
9 attempting to answer the same question. They found one  
10 difference with doxazosin, but the study is still going, as  
11 far as we know.

12                   DR. NISSEN: I guess I was really maybe trying  
13 to get the point on the floor that we may need to view  
14 intraclass differences and interclass differences  
15 differently in terms of the potential here.

16                   DR. TEMPLE: Yes. I would say our thinking on  
17 that is that across classes there are many things to think  
18 about. I mean, what a diuretic does and what an ACE  
19 inhibitor does is different in a lot of ways, and they're  
20 not purely interchangeable although someone might say, oh,  
21 well, I think this one should be used first or that one  
22 should be used first for various reasons. But within a  
23 class, you generally think other things are mostly equal,  
24 so it might be that a difference in effectiveness is a more  
25 pure determination.

1 DR. NISSEN: That was really the point I was  
2 trying to drive at. For example, diuretics increase  
3 insulin resistance and that may yield other results that  
4 would be less desirable. So, I have a lot of trouble  
5 interpreting small differences in blood pressure between  
6 drugs in two different classes. I have less trouble in  
7 interpreting them within a class.

8 DR. BORER: The question I was going to ask  
9 you, which you answered several times, but I'll restate  
10 just to hear a yes or a no or anything else you want to  
11 say. My inference in reviewing the epidemiological data  
12 before this meeting specifically for the meeting was that  
13 the issue of control that was raised in several questions  
14 is based on a consensus construct about the importance of  
15 reducing events at least to where an inflection point, an  
16 event rate, occurs which is somewhere around 90 to 95  
17 diastolic and somewhere around 140 systolic, but that the  
18 risk associated with a blood pressure continues to be lower  
19 the lower you go even below that level of control, which  
20 may be important in interpreting the results of these  
21 trials we've seen. I assume that's correct.

22 DR. KANNEL: I think the overwhelming evidence,  
23 at least as I see it, is that there's a continuous, graded  
24 influence that goes down into what's considered the normal  
25 value. If you follow the recommendations for hypertension

1 over decades, you can see in the old days they said 100  
2 plus your age is normal, and the pressures that were  
3 considered worthy of treatment were really spanking high  
4 blood pressures. And some felt that to lower blood  
5 pressure was a foolish thing to do, particularly in the  
6 elderly. We're now down at the point where we're  
7 considering the fact that perhaps even real modest  
8 elevations of blood pressure carry a substantial risk.

9           Now, over the years in Framingham, we've been  
10 tracking the level of blood pressure at which events are  
11 occurring, and every decade the average level at which  
12 events are occurring goes down and they are now down to  
13 levels which are quite modest. So, I think we're going to  
14 be focusing increasingly on treatment of real modest levels  
15 of pressure. That's where the incremental benefit of  
16 lowering blood pressure becomes very important because I  
17 indicated that most of the events are coming from these  
18 modest blood pressure elevations.

19           Now, to control really severe hypertension, you  
20 need more than monotherapy. You have to use two or three  
21 drugs. But if you get down to these levels, to push them  
22 down to some goal that JNC VI or VII is going to recommend,  
23 you can maybe achieve it with monotherapy if you have a  
24 stronger drug.

25           DR. BORER: Thank you very much.

1                   If there are no specific questions -- oh, I'm  
2                   sorry. Paul.

3                   DR. ARMSTRONG: Dr. Kannel, there's a lot of  
4                   discussion in the physiology literature, as you know, about  
5                   pulse pressure and about the number of times the blood  
6                   pressure is elevated with an individual's stroke volume per  
7                   minute. Do you have data? Are there data? There  
8                   obviously are data out there. What are your views about  
9                   targets apart from the conventional ones?

10                  DR. KANNEL: Well, I think the field is in  
11                  evolution, and I think we're going to see more  
12                  recommendations that focus on systolic pressure and pulse  
13                  pressure and arterial compliance. Some of the data your  
14                  quoting, which actually come from Framingham and were done  
15                  by Stan Franklin, would seem to indicate that in an earlier  
16                  stage of life in the 30s, one sees a dominant effect  
17                  perhaps of diastolic pressure. Then it moves on to  
18                  systolic and finally to pulse pressure as you get older and  
19                  older. And as one looks at control, you saw that there was  
20                  only about 50 percent control to the recommended levels.  
21                  But if you look at that in some detail, you find that most  
22                  of the lapses or inability to achieve control is occurring  
23                  in failure to control systolic pressure. We found this in  
24                  Framingham. Others have found it in NHANES that this  
25                  applies to African Americans, to Hispanics, as well as to



1 caucasians and even diabetics. So, the chief problem seems  
2 nowadays to be in failure to pay enough attention to  
3 systolic pressure and to controlling the systolic component  
4 of the blood pressure.

5 DR. BORER: Thank you very much again.

6 Dr. Lancaster, do you want to sum up?

7 DR. KANNEL: Yes, I would like to ask Cindy  
8 Lancaster to come up.

9 MS. LANCASTER: I'm coming. I'm coming.

10 (Laughter.)

11 MS. LANCASTER: Thank you, Dr. Kannel.

12 As previously mentioned, AstraZeneca met with  
13 representatives from the Division of Cardio-Renal Drug  
14 Products, the Office of Drug Evaluation I, and DDMAC to  
15 obtain guidance about how to develop a program to support  
16 comparator labeling. Based on this guidance and labeling  
17 precedents of other antihypertensive products, AstraZeneca  
18 developed this comparator text to supplement the  
19 information already described in the approved labeling for  
20 Atacand within the context of its approved indication,  
21 which is for the treatment of hypertension. This is  
22 important information for health care providers, and  
23 therefore AstraZeneca has proposed its inclusion in the  
24 labeling.

25 In summary, the proposed labeling describes the

1 statistically significant results from two trials comparing  
2 the blood pressure lowering effects of candesartan  
3 cilexetil and losartan in hypertensive patients. The  
4 labeling is specific to effects on blood pressure  
5 reduction.

6 AstraZeneca will continue to work with the  
7 division to finalize labeling, and we thank you very much  
8 for this opportunity this morning to present the  
9 information to you today.

10 DR. BORER: Thank you very much.

11 Before you go away or we take a break or  
12 anything, I'd like to ask you a question to which there  
13 really, I think, is no absolute answer and I think maybe  
14 we've gotten the best answer from Dr. Kannel's  
15 presentation. But we're talking here about amending a  
16 label with regard to lowering blood pressure and the  
17 relative efficacy of a drug in lowering blood pressure  
18 compared with another drug.

19 One might question the strength of data to  
20 support the clinical implications of changing that  
21 surrogate. Now, I'm not suggesting this is bad, good, or  
22 indifferent. I just want to understand what your thinking  
23 is in summary about the clinical implications of changing  
24 the surrogate that we measure in this particular  
25 circumstance.

1                   This is an issue that was raised by the FDA  
2 medical reviewer in his review. I don't know that I would  
3 completely agree with the statements that were made there,  
4 but it doesn't matter. I'd just like to have a summary  
5 statement about what you think about what this blood  
6 pressure lowering means clinically since all we're  
7 measuring is blood pressure lowering.

8                   MS. LANCASTER: I'd like to invite Dr.  
9 Papademetriou to come up and comment on clinical  
10 significance.

11                   DR. PAPADEMETRIOU: We believe when we treat  
12 patients with hypertension, that the best blood pressure  
13 reduction we get, the better the patient will be in the  
14 long run. The lower the blood pressure, the better it is  
15 for the patient in preventing complications.

16                   The physicians I think will benefit by having  
17 all the data available to them when they are trying to make  
18 a decision what will benefit their patients most and what  
19 is more likely to bring them to target and get their  
20 pressure to the level they want. I think this is the  
21 implication I see.

22                   DR. BORER: And I certainly couldn't disagree  
23 with that. What I was really sort of driving at here,  
24 though, was that this was not an outcome trial, and you  
25 can't be held to a standard that isn't the standard we use.

1 But if you look at the events here, there was one  
2 myocardial infarction in a patient who was on candesartan  
3 and none in the losartan group. Does that mean anything at  
4 all? Are we using the right surrogate?

5 DR. PAPADEMETRIOU: Well, this is a fairly  
6 large study with 1,100 patients and these are patients that  
7 have a lot of other risk factors. They have  
8 hypercholesterolemia, previous history of coronary disease,  
9 vascular disease, and events happen unfortunately, even  
10 when we treat those patients adequately. I think these  
11 events are incidental and they are not drug-related and  
12 they're not attributed to an excessive lowering of blood  
13 pressure for one thing. We have many, many data sets from  
14 many, many studies indicating that lowering the blood  
15 pressure to lower levels is beneficial.

16 DR. BORER: Tom.

17 DR. FLEMING: Well, since you've gotten into  
18 this, maybe we'll talk more about this after the break.  
19 I've always been troubled by use of surrogate endpoints,  
20 and there is more of an argument in a blood pressure  
21 setting for having more reliance on this as a marker. I  
22 view these as very small studies.

23 Clearly there's a lot that's not known about  
24 what the actual true relative efficacy is. The differences  
25 in blood pressure are not efficacy differences. They're

1 differences in markers. And the data that we've seen  
2 certainly indicates that there is a correlation between  
3 reduction in blood pressure and reduction in stroke and  
4 other clinically important events.

5           Many things are uncertain to me. One is we're  
6 looking at this at 8 weeks. What is the necessary time  
7 frame and what's the magnitude that we would have to see in  
8 order to know that we have a certain clinical benefit?

9           Steve got at a very important issue before and  
10 that was different interventions can have many mechanisms  
11 by which they achieve clinical benefit. Patients should  
12 choose those interventions that yield the overall global  
13 optimal benefit-to-risk profile. Blood pressure is one  
14 mechanism by which adverse events occur, and there is  
15 certainly evidence that an agent that has a lower blood  
16 pressure, if it's adequately lower for an adequate duration  
17 of time, will in fact favorably impact one of the  
18 mechanisms by which adverse events occur, but we don't know  
19 about the other mechanisms. This was on a clinical  
20 endpoint study.

21           Safety issues are also relevant here, and I'm  
22 perplexed about knowing how much safety data we would need  
23 to have. The questions that are going to be posed here  
24 indicate up front that we really need to understand that if  
25 we achieve "superiority" in benefit that it's not coming at

1 the expense of safety. These studies are not really  
2 powered to be able to look at relative serious safety  
3 events. There are more safety issues in the candesartan  
4 group, I think twice as many SAEs and one-and-a-half to two  
5 times as many people withdrew for AEs.

6           So, I'm a bit perplexed about what is an  
7 adequate amount of information in understanding benefit to  
8 risk because presumably, if one is going to label an  
9 intervention as being superior, that's conveying a sense  
10 that it's better to use that agent, which ought to mean  
11 more than just through one of the intended mechanisms.

12           Another issue that we'll get into -- and maybe  
13 I shouldn't even raise it because it's, in a sense, a  
14 separate issue is the issue of what is the right dose and  
15 schedule to assess. I'm a bit troubled, when we need two  
16 adequate and well-controlled studies, to be doing two  
17 studies that are both very small and essentially identical.

18       It's really one study. Would it have made sense that we  
19 would have had two studies and a second study would have  
20 looked at a different schedule, specifically b.i.d. instead  
21 of q.d.? But that's really a separate second issue from  
22 the first.

23           DR. BORER: Okay. If there are no other  
24 questions or discussion at this point, we will have other  
25 discussion in the context of the FDA questions.

1                   It's now 9:55. We'll take exactly a 14-and-a-  
2 half minute break and come back here at 10:09 and 30  
3 seconds.

4                   (Recess.)

5                   DR. BORER: Okay. Let's get together again, if  
6 we can, and complete this morning's session.

7                   We have a series of questions from the FDA, and  
8 we'll orient our discussion around the questions. Now,  
9 Doug Throckmorton, if you're here yet, we need to know  
10 which questions you want a specific vote and reason from  
11 each member about.

12                   The Cardio-Renal Advisory Committee is asked to  
13 provide an opinion on the relative antihypertensive  
14 efficacy of a regimen containing candesartan and a regimen  
15 containing losartan. Specific guidance is sought on how to  
16 describe any relevant differences in labeling and on the  
17 adequacy of the advice that we've given sponsors to guide  
18 future development programs. There is little published  
19 experience or relevant guidance, but this issue is briefly  
20 addressed in ICH guidance E-10. And for the record, it  
21 should be noted that everybody on the committee received a  
22 copy of that quite a while ago to read and review for this  
23 meeting.

24                   In the past the agency has told sponsors that  
25 demonstrating superiority to another antihypertensive

1 medication on blood pressure lowering, when both were  
2 appropriately dosed, was a relevant clinical benefit and  
3 that such a claim required the following data:

4           First, evaluation of the antihypertensive  
5 effects of the respective drugs at the highest approved  
6 doses. If the comparison was not done with the approved  
7 product, bioequivalence of the study formulation and the  
8 approved product must be demonstrated. Our recommendation  
9 has been that this evaluation should include at least two  
10 forced-titration trials to adequately assess the drug's  
11 relative antihypertensive effects. We have also said that  
12 unless a placebo group is included in the trials, no  
13 information about absolute antihypertensive efficacy can be  
14 inferred, only comparative antihypertensive effect.

15           Two, data comparing the safety of the two  
16 agents, providing evidence that the superior agent is not  
17 inferior with respect to safety.

18           The present sponsor has provided data from  
19 three randomized trials, including two forced-titration  
20 trials. These were conducted comparing candesartan force-  
21 titrated to a dose of 32 milligrams per day and losartan  
22 force-titrated to a dose of 100 milligrams per day. The  
23 agency and the sponsor agree on the numerical results of  
24 the efficacy analyses for the three trials. At the end of  
25 8 weeks, candesartan 32 milligrams reduced blood pressure



1 by about 3 and 2 millimeters of mercury systolic and  
2 diastolic more at trough than did losartan 100 milligrams,  
3 when both were given once per day.

4 So, we have our questions.

5 Which of the following are necessary or  
6 sufficient to establish a claim of relative superiority for  
7 an antihypertensive?

8 We'll have our committee reviewer, Paul  
9 Armstrong, provide an answer and then have anybody else  
10 comment or disagree if they want to. I'd like particularly  
11 to have comments on each of the questions from Tom  
12 Pickering, our guest committee member, and of course, from  
13 Tom Fleming, the committee statistician. Paul, go ahead.  
14 Number 1.

15 DR. ARMSTRONG: So, in response to question 1  
16 -- I guess there are six subquestions there -- I would say  
17 yes to 1.1, 1.2, 1.3, and 1.4. I would say no, but  
18 desirable to 1.5, and I would raise the issues in 1.6  
19 around pulse pressure and, of course, issues related to  
20 target organ that we have not discussed. That's how I'd  
21 deal with those.

22 DR. BORER: Tom, do you have any thoughts about  
23 this?

24 DR. PICKERING: I would agree that you need  
25 both diastolic and systolic significant differences not

1 only at trough but throughout the 24-hour period. I'm sort  
2 of somewhat surprised that the original discussion didn't  
3 include a request for 24-hour data on this, but I can't  
4 fault the sponsor for that. The mean pressure obviously  
5 would be redundant if both systolic and diastolic are  
6 reduced.

7                   In terms of reduction of pulse pressure, my own  
8 view is that I think it would be premature to require that  
9 since I think it's difficult to show that individual drugs  
10 have significantly different effects on pulse pressure.  
11 And also, we really don't know in therapeutic terms what  
12 the implications are. So, I think for the present, it  
13 would be appropriate to stick to systolic and diastolic  
14 pressure.

15                   DR. BORER: What about the issue of other  
16 measures of effectiveness, blood pressure being a  
17 surrogate? Do we need to have other measures of  
18 effectiveness besides blood pressure alone?

19                   DR. PICKERING: Well, I think if the claim is  
20 merely one of superior reduction of blood pressure, then  
21 that's sufficient.

22                   DR. BORER: Are there any comments from  
23 committee members that would differ? I'm sorry. Bob, you  
24 had a concern?

25                   DR. TEMPLE: Actually I just wanted to ask Dr.

1 Pickering a question. There are two possible reasons that  
2 one member of a class could perform better than another.  
3 One could be that the absolute effect is different. The  
4 other could be is that one is more truly a once-a-day drug  
5 than the other. In that case, you might see similar  
6 effects at peak but different effects later because one of  
7 them is sort of forced into a once-a-day therapy when it  
8 really would be better twice a day. Would that not be  
9 okay? Wouldn't it be okay if it came out that way too?  
10 Not that that's a problem in this case, but it could be  
11 some other time.

12 DR. PICKERING: I think we really don't know.  
13 There is some data that when you're looking at regression  
14 of target organ damage, the average 24-hour blood pressure  
15 is the best predictor of the regression of increased left  
16 ventricular mass. Other than that, I don't think really  
17 one can say in terms of interpreting the blood pressure  
18 changes in either outcome or changes in target organ  
19 damage.

20 DR. TEMPLE: So, maybe if it weren't different  
21 at both peak, and trough, it would need to be buttressed  
22 with some 24-hour data showing an overall difference.

23 DR. PICKERING: Right.

24 DR. BORER: Steve.

25 DR. NISSEN: I think this is actually a really

1 important question. I want to say that I think we need to  
2 shift our thinking here. We were recently fooled into  
3 believing in a trial like HOPE that there was an  
4 independent-of-blood-pressure effect by the drug ramipril  
5 because we didn't really understand what actually happened.

6 I think that we have to avoid that kind of confusion. It  
7 turns out that it was only a 3 millimeter difference in  
8 blood pressure reported, but it turns out, unbeknownst to  
9 any of us, it was a trough pressure measured long after the  
10 drug was administered, and when an ambulatory blood  
11 pressure study was done, the average 24-hour difference was  
12 10 millimeters of mercury which actually more than  
13 explained the event reduction.

14 So, I guess what I'm trying to emphasize is  
15 what Tom said. To characterize blood pressure, we need to  
16 know much more than just trough pressure. We'd like to  
17 know really kind of what the area under the curve is. I  
18 think that in future development programs -- not this one,  
19 but in future ones -- we really probably want to see the  
20 peak and trough numbers but a substudy at least with some  
21 ambulatory blood pressure data to help us understand so we  
22 don't make the mistake that we made with the HOPE trial in  
23 actually taking a single trough reading and expecting that  
24 that was reflective of what the 24-hour blood pressure  
25 effect was.

1 DR. BORER: I'd like some comment from Tom and  
2 from Doug and Bob. But my understanding is that to this  
3 time there are no data that relate any parameter measured  
4 on a 24-hour ambulatory blood pressure and mortality and  
5 cardiovascular events or cardiovascular events. That  
6 doesn't mean it's not important to know, but what I'm  
7 suggesting is that this is an area where a great deal more  
8 information is needed so we know what to measure, but it's  
9 maybe hard to suggest that we should change the surrogate  
10 now.

11 Bob.

12 DR. TEMPLE: Well, the trouble is most of the  
13 drugs that have been studied for outcomes either have very  
14 long effects like diuretics, so peak and trough aren't that  
15 different, you know, reserpine and things like that. And  
16 almost all of these have effects on both peak and trough,  
17 and if you do that, it's hard to imagine that the overall  
18 isn't also affected because you wouldn't expect square wave  
19 changes or something. So, it's very hard to tease those  
20 things out. Therefore, no one has yet.

21 It may be with ever-huger studies, people could  
22 look at something that has a big early effect and a small  
23 late effect and see if there's any difference. But I'm not  
24 aware of anything like that either.

25 It would also help us to see where that HOPE

1 data are because 10 millimeters of mercury is bigger than  
2 the effect of those drugs that we've ever seen in  
3 hypertensives. So, that's a surprising result.

4 DR. NISSEN: It was driven largely by the fact  
5 that the nighttime difference was 17 millimeters of  
6 mercury. So, it turned out there was a very big early  
7 effect that tailed off very quickly. And until the  
8 ambulatory blood pressure data were published a few months  
9 ago, everybody was citing the 3 millimeter difference and  
10 saying it couldn't have been blood pressure, and now I  
11 think we realize that that was wrong. I think that kind of  
12 mistake is going to get made in the future if we're not  
13 careful about understanding the full 24-hour effect of an  
14 antihypertensive drug.

15 DR. TEMPLE: For what it's worth, essentially  
16 all antihypertensives now have ABPM data.

17 DR. BORER: Tom, do you have any other comment  
18 about that?

19 DR. PICKERING: No, but I would agree that  
20 while the new drug applications do, many of the large  
21 outcome studies have not included substudies. I mean, a  
22 particular example was the CONVINCENCE study where they were  
23 interested in different chronotherapy where it would have  
24 been very helpful to have 24-hour data. And HOPE is a  
25 classic example.

1 DR. THROCKMORTON: Steve, I want to press just  
2 a little bit. The question here sort of was layered. One  
3 part of it was what advice should we give sponsors as far  
4 as adequate evidence, and to date we've relied on trough  
5 data for the reasons that Bob pointed out. Obviously, we  
6 have those data as far as outcome. So, trough is where  
7 we've focused our energies.

8 What I'm hearing, though, is that there might  
9 be a couple of reasons why you might like other data. One,  
10 you might imagine that the drugs have different  
11 pharmacologic properties so that there's a big peak that  
12 wanes in one of them that maybe doesn't wane in the other.

13 I don't know. Hard to imagine. But maybe you'd want to  
14 have that information.

15 Alternatively, you might imagine that you  
16 believe that those other measurements might, in fact, be a  
17 better way to look at benefit.

18 Can you help me sort of which way actually  
19 other people on the committee too are sort of thinking  
20 about that?

21 DR. NISSEN: What I was thinking I guess is  
22 this, that obviously you have to have a primary efficacy  
23 endpoint. I think the trough pressure is, in fact, the  
24 right one to have. But when we review an application like  
25 this, to me the presence of data showing differential

1 effects at peak as well as trough, on systolic as well  
2 diastolic help me define the effect as a robust one.  
3 Again, without necessarily proving to you that that kind of  
4 robustness will make it more likely to have a difference in  
5 events, which I know Tom is concerned about, it sure makes  
6 me a lot more comfortable if I have such data available as  
7 secondary efficacy parameters.

8           And of those data, the most, I think, robust is  
9 to see those 24-hour curves. I thought the 24-hour curves  
10 we saw on ambulatory blood pressure where the candesartan  
11 curve was always beneath the losartan curve makes me feel a  
12 little bit better about whether the effect is real.

13           Having said that, I think we might want to  
14 think about asking that the primary efficacy parameter  
15 shift from diastolic pressure at trough to systolic  
16 pressure at trough as we have new data that now suggests  
17 that it's a better predictor. So, that would be one shift  
18 I would suggest.

19           DR. TEMPLE: Yes, I should tell you we've been  
20 talking among ourselves about that. In fact, you should  
21 have an effect on both. It's not too much to ask. It's  
22 not that hard to show. They always do, by the way.

23           DR. BORER: Paul.

24           DR. ARMSTRONG: Well, having put the target  
25 organ issue out, let me come back, Mr. Chairman, and ask,



1 just to be the devil's advocate, whether the measurement of  
2 blood pressure has anything to do with the disease called  
3 hypertension and the consequences of stroke and myocardial  
4 infarction that Dr. Kannel and others have pointed out. It  
5 seems to me when we look at interclass differences, this  
6 issue sharpens.

7                   So, I for one, as a doctor treating a patient,  
8 would like to be reassured that if the blood pressure is  
9 lowered, that there might be surrogates between the blood  
10 pressure measurement at one end and the stroke at the other  
11 that might reliably guide me as to the likelihood ratio of  
12 impacting long term on some of those phenomenon that I'd  
13 like to change.

14                   So, what might be alternatives? Renal function  
15 or microalbuminuria as we've discussed around this table  
16 before. Left ventricular hypertrophy, quantitative  
17 retinopathy. There are a variety of measures that are  
18 intermediate that reflect the health of the target organ  
19 with this disease that I think should be debated and  
20 discussed.

21                   DR. BORER: Let me try and sum up, if I can,  
22 because this is not one of the questions you wanted a vote  
23 on.

24                   DR. TEMPLE: But if we had an extra 4 or 5  
25 days, we --

1 (Laughter.)

2 DR. BORER: I think what the general sense of  
3 the comments is is that 1.1 through 1.4 are essential. One  
4 might want to get there by using 1.5, but I suppose there  
5 are other ways you could do it. And it would be nice if  
6 there were some information suggesting that the  
7 pathophysiology of the processes that are putatively caused  
8 by hypertension are beneficially affected, but I think  
9 we're going to have a hard time without a workshop to come  
10 up with a guidance about how you would do that. Of course,  
11 nobody else has yet either.

12 So, let's go on to number 2. The sponsor  
13 compared once-daily dosing for both products, although both  
14 products are labeled for once- or twice-daily dosing. Is a  
15 once-daily comparison a legitimate basis for a superiority  
16 claim? Paul?

17 DR. ARMSTRONG: I would say yes, and I would  
18 add but the caveat is that it, of course, does not extend  
19 to b.i.d. dosing if a product has been marketed and  
20 suggested that it might be more efficacious if one moved  
21 from once to twice a day. But on the basis of the data  
22 we've seen and the way it's usually prescribed, the answer  
23 is yes.

24 DR. BORER: I think the issue was not so much  
25 for this drug, which we're going to get to in a later

1 question, but in general. I assume your comment is  
2 generalizable.

3 Does anybody on the committee have a different  
4 opinion about that? Tom?

5 DR. FLEMING: Well, I think this gets to this  
6 ICH E-10 guideline here indicating that it may be necessary  
7 to look at different doses of the control either through  
8 separate studies or through multi arms in the same trial.

9 If one conditions and says that in clinical  
10 practice, there's a strong preference for q.d. dosing and  
11 conditions this conclusion based on the assumption that  
12 we're restricting to q.d. dosing, then this is a legitimate  
13 comparison.

14 But if in fact there's evidence to suggest the  
15 control arm could, in fact, yield better efficacy with  
16 b.i.d. dosing than q.d. dosing, then I think one has to be  
17 very careful that one doesn't infer from your statements  
18 that, in fact, you have superiority relative to what the  
19 optimal schedule for the comparator regimen would be.

20 I think there's limited data in really  
21 understanding the efficacy of b.i.d. versus q.d. losartan.

22 I had referred earlier to what was in the briefing  
23 document from the FDA on page 14. The magnitude of  
24 differences at 25 for b.i.d. and q.d. were at least as  
25 large as what we're focusing on as the difference between

1 candesartan and losartan.

2                   So, my sense is if one were trying to infer  
3 from these data a relative efficacy against an optimal  
4 schedule, I think there are a lot of uncertainties about  
5 that. But if one says clinical practice is really  
6 interested in q.d. dosing, so we're going to condition on  
7 only that as a restriction, then these data are adequate.

8                   DR. BORER: Steve.

9                   DR. NISSEN: This one is potentially pretty  
10 treacherous. Imagine a drug for a moment that has a  
11 relatively short half-life but is very efficacious that,  
12 when given b.i.d., produces substantially better blood  
13 pressure reductions. And now imagine that such a drug is  
14 compared to another drug which is overall, when given once  
15 a day, actually less efficacious. You don't want to give a  
16 claim to a drug that's long-acting compared to a drug  
17 that's short-acting without giving the shorter-acting drug  
18 in a more fair way, which is b.i.d.

19                   Now, clinicians may decide that the once-a-day  
20 drug, even though it's less effective at lowering blood  
21 pressure, is preferable on compliance basis, and that's  
22 fine.

23                   But in terms of sticking by the rules, we were  
24 helped here by the fact that the peak-to-trough ratios for  
25 these two compounds are both in the .8 to .9 range. So,

1 it's kind of a fair comparison, but I could imagine another  
2 comparison where it wouldn't have been fair to use the  
3 primary efficacy parameter of trough pressure and compare  
4 once a day to twice a day. So, we ought to be careful here  
5 how we generalize this.

6 DR. BORER: Beverly.

7 DR. LORELL: Yes. I agree very strongly with  
8 that point. I think for the specific comparison that we're  
9 being asked to address today, for the reasons that Steve  
10 mentioned, the once-a-day comparison is very legitimate.  
11 But I too would have concern if this were used as a generic  
12 recommendation for potential present or future comparisons.

13 DR. BORER: Bob.

14 DR. TEMPLE: Let me try a distinction and see  
15 if this is what you have in mind. If one drug were labeled  
16 for b.i.d. use because that's the only way it works, and  
17 then someone said, okay, I'm going to compare my drug once  
18 a day because I'm a once-a-day drug with your drug once a  
19 day to show that it really doesn't work very well that way,  
20 we would probably have a lot of trouble with that because  
21 that's really sort of irrelevant. I think that's what  
22 you're saying.

23 DR. LORELL: Yes.

24 DR. NISSEN: I guess I'm saying a little more  
25 than that. Let me see if I can articulate it.

1                   Some drugs which are labeled for once or twice  
2 a day that can be given either way have peak-to-trough  
3 ratios which are bigger, and so yes, it's true the drugs  
4 could both be given once a day, but where one drug perhaps  
5 is a bit more optimal when given twice a day, and so you're  
6 not clearly comparing a drug given in a way that's not in  
7 the label and saying you're superior to it. That's off the  
8 table.

9                   But what about a drug that has a peak-to-trough  
10 ratio of .5 and comparing that to a drug that has a peak-  
11 to-trough ratio of .9, both of which in their label are  
12 allowed to be given once a day? I don't know that that's a  
13 fair comparison.

14                   DR. TEMPLE: The reason we started asking a  
15 long time ago for peak-to-trough ratios -- I'll tell you a  
16 little bit of history, which you probably don't really care  
17 about. But we got a proposal to use hydralazine in a once-  
18 a-day treatment many, many years ago. And they measured  
19 only peak. Well, it worked very well at peak. But we  
20 said, does it still work when you look at 24 hours, and we  
21 found no. That was a revelation to us. We had never  
22 thought about that before, or much of anything else  
23 actually.

24                   (Laughter.)

25                   DR. TEMPLE: So, ever after that, we began

1 asking are you just taking a short-acting drug and giving a  
2 lot, maybe getting extra symptoms at peak just so you'll  
3 have a little bit of effect later and trying to get by.  
4 So, we don't like that. But as you pointed out, some drugs  
5 do lose some of their effect by 24 hours.

6           Now, one thought we've had is if that's what  
7 you're doing, if you're sort of stretching a short-acting  
8 drug and aren't going to the trouble to make a controlled-  
9 release product or something like that, maybe someone  
10 should be able to beat up on you by showing that you don't  
11 really work very well once a day. Now, that's not what  
12 this case is. These drugs do work once a day. But we  
13 hadn't necessarily thought that that was an unfair thing to  
14 do if they were both labeled for that. Now, if they're not  
15 labeled, as you said, off the table, but if they are, maybe  
16 that's not such a bad thing. I don't know. A good thing  
17 to discuss.

18           DR. BORER: This isn't one of those questions  
19 you require a vote about, but I'm going to provide one  
20 final comment, if I may. I think the answer to this is  
21 absolutely yes, it is legitimate to use the once-daily  
22 comparison as the basis for a superiority claim when both  
23 drugs are labeled for once-a-day use. That information is  
24 useful to the clinician who's going to use the drug that  
25 way. It doesn't preclude using either or both drugs

1 b.i.d., if one chooses to do that, because on the basis of  
2 observations made in an individual, one gets greater  
3 efficacy with the product using it in a different way.

4           But if the drugs are labeled for once-a-day  
5 use, which we know means they can't have a peak-to-trough  
6 ratio greater than a certain value -- I think it's .5 so  
7 that safety doesn't become an issue -- I think it's not  
8 only legitimate but useful to know what the relative  
9 efficacy of the drugs are when used in that way. So, I  
10 think it's legitimate.

11           Let's go on to number 3. Which of the  
12 following are necessary or sufficient to establish a claim  
13 of relative superiority for a once-daily antihypertensive?

14 Paul?

15           DR. ARMSTRONG: So, 3.1, beating the  
16 comparator's highest approved once-daily dose? Yes.

17           Beating the comparator's most effective  
18 approved regimen? I would say no.

19           Beating the comparator when it is dosed to  
20 maximum, perhaps outside the approved dose range? I would  
21 say no.

22           Beating the comparator when used with other  
23 approved agents, such as diuretics and beta-blockers? A  
24 tricky question, but I would have said no, given the  
25 potential drug-drug synergism in one circumstance and not



1 another. So, I would say establish with monotherapy, and  
2 that's a separate, potentially related issue. So, I would  
3 say no for those reasons.

4 And beating the comparator in special  
5 populations? Again, I would say no; that is, that it would  
6 be the broad cross section of populations, but that clearly  
7 for orphan or special populations, a boutique drug, that  
8 might be relevant. So, that's the way I'd answer that.

9 DR. BORER: Does everybody agree with that?  
10 Are there any modifications? Doug.

11 DR. THROCKMORTON: Sorry. Paul, I just want to  
12 make sure I understand. Part of this had to do with sort  
13 of potential claims. What is it possible to get? And you  
14 can sort of think of some of these as being more  
15 significant. Say I was able to show you convincingly that  
16 I could beat not only a comparator, but a comparator plus  
17 another drug. Is that a more robust claim than just  
18 beating the comparator agent at one dose or however you  
19 arranged that?

20 The other 3.5 had another intent and that had  
21 to do with you could argue, some might argue, that this is  
22 a restricted population that was studied in this trial.  
23 That is, these trials were in mild to moderate  
24 hypertension. We've had some discussion this morning that  
25 there are other people out there, obviously, that have to

1 take these drugs monotherapy as opposed to combination  
2 therapy.

3 Are there other populations that a sponsor  
4 might, for whatever reason, choose to investigate and if  
5 done convincingly, the standard that you guys are talking  
6 about today that we've provided to sponsors in the past and  
7 brought that in, that that would be sufficient to get a  
8 claim that we are superior in Norwegians? You know, choose  
9 your population. If done well enough, are there  
10 populations you could identify that would be relevant for  
11 that kind of a claim? Norwegians, my apologies.

12 DR. ARMSTRONG: So, 3.4 and 3.5. Just to  
13 clarify then. Entirely reasonable against a background of  
14 a diuretic therapy that one agent might well be superior to  
15 another and that would be enough to establish a claim,  
16 absolutely, and clearly entirely reasonable to select an  
17 elderly population with renal dysfunction and suggest that  
18 under those circumstances, but not in the broad cross  
19 section, there would be evidence for superiority. So,  
20 absolutely yes.

21 DR. BORER: What about 3.3, Paul? I think that  
22 everybody probably would agree that 3.1, 3.2, 3.4, and 3.5  
23 could give a basis for a superiority claim. But what about  
24 3.3?

25 DR. ARMSTRONG: Sorry. I thought no.

1 DR. THROCKMORTON: I heard no.

2 DR. ARMSTRONG: I said no to that because I  
3 don't think you want to mess outside the approved dose  
4 range given a safety issue potential and other issues.

5 DR. THROCKMORTON: But I also heard, Paul, no  
6 for 3.4 and 3.5. Did I misunderstand?

7 DR. ARMSTRONG: Now that you've broadened the  
8 question and I've appropriately broadened my thinking, I  
9 have tried to reflect the answer.

10 DR. LORELL: I think that 3.5 is a very  
11 important question and not for consideration for the  
12 specific labeling that we're required to address today, but  
13 for the FDA in the future. We've already talked about an  
14 extremely important population that wasn't addressed in the  
15 study at all, and that's isolated systolic hypertension of  
16 the older patient, a very, very large group.

17 I think the concerns about non-white, non-  
18 caucasian populations, whether they be black or Hispanic  
19 Americans, remain a very major concern as a public health  
20 and as a labeling issue.

21 DR. CARABELLO: But for 3.5, we're only talking  
22 about studies which were specifically targeted to those  
23 populations, a study that proved that the drug was better  
24 in Sicilians, for instance, not where the subgroup analysis  
25 happened to show that Sicilians did better.

1 DR. BORER: I think the issue here is that Doug  
2 is asking us on what basis could one come forward and  
3 request a superiority claim and not what is absolutely  
4 necessary to have in every package in which a superiority  
5 claim is being made.

6 Bob.

7 DR. TEMPLE: This would more relate to cross-  
8 class comparisons, but it's completely obvious from data we  
9 already know about that it would not be difficult to show  
10 that certain drug classes work better in a black population  
11 than ACE inhibitors or AII blockers. In fact, there  
12 already are published trials saying just exactly that.

13 I hear you thinking that that might be useful  
14 information and would be legitimate to put into labeling if  
15 it was properly done and appropriately qualified?

16 DR. BORER: To put into labeling? I think if  
17 we had the information, it would be reasonable.

18 DR. TEMPLE: What we have now is labeling that  
19 says this drug works equally well in whites and blacks.  
20 You have that. You have other labeling that says this  
21 doesn't work very well in a black population. There isn't  
22 anything that I know about that says I work better than  
23 they do in a particular population. I may just not  
24 remember, but I don't think so.

25 DR. THROCKMORTON: It's all pretty general