

1 are then consistent with what we were looking at in
2 the other measures of chronic pain.

3 [Slide]

4 So, in my conclusions, a responder
5 analysis for pain randomized controlled trials
6 would make sense. I would never suggest that we do
7 it in the absence of data. I would never suggest
8 that we prospectively put it together and then set
9 out to validate it but that, instead, it be
10 developed over time using perhaps a particular
11 product and validating it from Phase II data into
12 Phase III final randomized, controlled trials. Or,
13 perhaps we would be able to work on it as a
14 concerted effort with a bit of help from
15 meta-analyses. Unfortunately, most of these
16 domains have not actually been assessed even in
17 recent clinical trials of pain relievers and that
18 will limit a lot of what we can do post hoc. I
19 think this represents minimum number of required
20 domains. We certainly want to use validated
21 instruments. As I have mentioned before, several
22 different components have to be included.

23 As with other responder analyses, it could
24 be required that the majority of them showed
25 improvement but not that all would be required to

1 show improvement in the domains we are talking
2 about here. As Dr. Simon had proposed, three of
3 those five would be improved. It could be added
4 that there should not be deterioration in the other
5 two, or that could be omitted. The degree of
6 improvement proposed could be based on MCID values
7 at least for those instruments that we have.

8 When we know that these different domains
9 are not closely correlated in responses, then we
10 know that we have both a very robust clinical
11 response when we get a responder analysis that is
12 positive, and that we have additive statistical
13 power which allows our sample sizes to decrease
14 considerably. That certainly has been true in
15 rheumatoid arthritis and, hopefully, it will be
16 true in some of these chronic pain studies.

17 [Slide]

18 At any rate, I would just say that there
19 is a rating scale in the "San Francisco Chronicle"
20 for movies, and so on, which has to do with the
21 little man and whether he is falling out of his
22 chair or whether he is asleep. If he likes the
23 movie he is jumping up and down, and if he hates
24 the movie he is asleep. Perhaps some day, after we
25 make all these evidence-based decisions, we can

1 develop a universal quality of life scale. Thank
2 you very much.

3 DR. FIRESTEIN: Thank you very much,
4 Vibeke. Does anybody have any specific questions
5 about the instruments? Steve?

6 DR. ABRAMSON: Vibeke, a question that I
7 guess that you have dealt with and the FDA has
8 begun to think about, but have you lumped together
9 diseases like RA and OA and these other pain
10 syndromes, particularly in RA where we have
11 mechanism-based therapies? So, if you treat with
12 steroids or anti-TNF blockers you get a very nice
13 response on pain. Obviously, we are going to need
14 to sort out when we look at diseases like RA what
15 it is that we are measuring.

16 I guess the related question to be
17 grappled with is that we will have pain indications
18 for OA that are separate from indications for the
19 treatment of OA. I think those are two separate
20 questions, but I guess I am mostly curious about
21 how rheumatoid arthritis would be included in these
22 kinds of studies.

23 DR. STRAND: Well, for brevity I did not
24 include the COX-2 data in rheumatoid arthritis but,
25 in fact, you can show very nice improvements by

1 ACR-20 responder analyses and also by SF-36 and HAQ
2 even with a medication that we would consider to be
3 largely a pain reliever.

4 Now, the magnitude of those improvements
5 is not as great as we see with our DMARDs or our
6 biologics but, in fact, most of the time patients
7 are on background therapy with those agents. So,
8 there is still some incremental improvement when
9 those patients have been taken off whatever
10 anti-inflammatory they were taking and they flared,
11 and then they would go into these trials.

12 I think the other part of that is that
13 when you see some of the improvement with the
14 COX-2s in terms of morning stiffness, which we
15 consider to be not a good component of responder
16 analysis because it wasn't sensitive to change, and
17 you see that the morning stiffness can be
18 completely abrogated in some of these clinical
19 trials you realize that we are again still looking
20 at multiple dimensions of a multidimensional
21 disease, and that the treatment of the
22 inflammation, either by an ostensibly mild agent or
23 even a much more significant agent, really impacts
24 many of these domains. So, there is a lot of
25 physical function and there is a lot of

1 health-related quality of life that is clearly
2 impacted by pain. Does that get at the question
3 you were asking?

4 DR. ABRAMSON: Yes, I think that is part
5 of it. I guess the other is if a drug has an
6 indication for OA, is it possible then to mine the
7 data on the pain aspects of the studies that allow
8 approval for OA and have a separate pain
9 indication? We need to cross over what we are
10 looking at in some of these clinical trials.

11 DR. STRAND: Well, I would certainly think
12 that we could try that. I mean, I think that it
13 has to do with the risk/benefit profile of the
14 product as to whether you would even argue that a
15 DMARD might be a pain reliever or might be usable
16 just in RA but, say, OA. I think we could consider
17 this the same type of thing and, clearly, when you
18 look at the data in OA that I showed and the data
19 that we just talked about in RA with the COX-2s and
20 the data with the COX-2s in various other pain
21 models, that is true.

22 The other side of it is I can't imagine
23 that if we affect structure significantly either in
24 OA or RA without a lot of other symptom
25 modification that we won't ultimately still see

1 improvement by patient-reported measures.

2 DR. FIRESTEIN: One of the questions that
3 comes up, and you addressed here to an extent, is
4 whether these domains must not be closely
5 correlated if they are going to be useful. This
6 has come up again and again with regard to
7 especially the arthritis clinical trials where the
8 ACR-20 or even pain measurements are very
9 closely--you are going to say no? Well, in early
10 RA the HAQ scores do correlate reasonably well with
11 pain. In late RA it is primarily with erosions and
12 joint damage.

13 So, the issue is whether or not these are
14 independent variables or whether they are dependent
15 variables, and how one takes that into account when
16 trying to set up an instrument for measuring this.

17 DR. STRAND: Our definition is different
18 around close correlations. The ACR criteria, with
19 the exception of tender and swollen joint counts,
20 correlate with each other no better than an 0.4.
21 In all of the x-ray trials physical function HAQ,
22 sed rate, CRP, ACR-20 have not correlated with
23 x-ray any better than an 0.4 and usually less.
24 Even the tender and swollen joint counts that are
25 considered to be obviously appropriately changing

1 together have a correlation of no better than
2 around 0.7. So, I will defer to the statisticians
3 around that, but that is one of the reasons why we
4 have been able to decrease the sample sizes.

5 In terms of x-ray, we don't actually see
6 correlations with HAQ scores until we are looking
7 at very long disease duration, and although HAQ
8 scores correlate very high in early disease
9 patients, they go down very, very quickly when they
10 get their first DMARD. So, I think we are just
11 differing about the correlation coefficients.

12 DR. FARRAR: I want to address Dr.
13 Abramson's question from the following perspective,
14 which is that I think that one of our statistician
15 colleagues indicated that looking at the outliers
16 can be very informative. From that perspective,
17 for a broken femur and intramedullary rod is a pain
18 medicine with a very slow onset but a very
19 long-acting action.

20 I think your point though is well taken in
21 that when we are treating a disease as a primary
22 disease we clearly affect all of the symptoms
23 associated with that disease and, hopefully, with
24 Clifford's help and Mitchell's and others, we will
25 be able to look at it from a mechanistic

1 perspective and know whether we are treating the
2 disease or the pain process primarily. However, I
3 think it would be very reasonable to say that a
4 treatment for RA that improves the disease could
5 say in its labeling that it treats pain. However,
6 it would not then end up meeting the criteria for
7 treatment of a broken bone or treatment of other
8 things where we would also want to be able to use
9 it.

10 So, I think as long as we restrict and are
11 careful about how we label what the drug is
12 treating and, to the extent that we know, how it
13 improves the overall symptomatology, then we won't
14 have that problem.

15 Discussion of Point # 4

16 DR. FIRESTEIN: One of the items that we
17 were asked to comment on is item number 4, to
18 discuss the domains and responder indices, and
19 address whether they adequately address the issues
20 of efficacy or safety. I would open that up for
21 the discussion. Obviously, Vibeke covered quite a
22 bit of this already. Are there other comments?

23 DR. KATZ: Just a question. I wonder what
24 people think the best way is to measure side
25 effects in these trials and how important that is.

1 DR. FIRESTEIN: Any comments? Yes,
2 Vibeke?

3 DR. STRAND: Well, we have our adverse
4 event reporting system which I do not want to
5 change, other than to improve it. But I think we
6 really do need to have some type of a patient
7 assessment, reported assessment of both the
8 positives and negatives of whatever intervention
9 they have undergone and they can weigh that.
10 Perhaps we do it best with a utility measure, but I
11 certainly see subsuming adverse events into that
12 because then it is in the eye of the beholder or
13 the experiencer how these adverse events truly
14 impact and should be weighed in their therapy.

15 DR. FARRAR: I think there are a couple of
16 things I would like to say about that. One is that
17 one person's side effect is another person's
18 effect. Just to make the point, if a drug is very
19 sedating it may be a very good sleeping medicine
20 and, you know, one can even look at nausea and
21 vomiting and say for ipecac that is the effect that
22 we are looking for.

23 So, the point is that the really isn't a
24 difference in looking at side effects and effects.
25 The measures are very often the same. I think

1 though that the point was just made by Dr. Strand,
2 which is that we need to allow patients to tell us
3 what is important to them, and that asking merely
4 how much of this do you have, or how frequently do
5 you have it doesn't get at the issue.

6 In a nice scale that was designed by Russ
7 Portnoid to look at systems, he asks how often, how
8 bad is it, and then how much does it bother you?
9 This is brought out by examples of patients that I
10 have treated for pain for whom the pain is a 10
11 and, yet, as soon as they develop a little bit of
12 constipation they go off the medicine because the
13 constipation is worse to them than the pain was. I
14 think it is important that we give patients the
15 opportunity to indicate whether or not they think
16 that side effect is important to them.

17 At the end of the day, I would have to
18 argue that you need to allow the patients to
19 integrate that information. I think it was said
20 before that we can come up with lots of models, but
21 none of those apply to every patient. A suggestion
22 might be the following, which is that I certainly
23 would want patients to think about all the various
24 pieces that go into how are you doing, like you
25 might ask them in SF-36, and at the end of the

1 SF-36, so you collect all that data and you have
2 all that for subanalysis, but at the end of the
3 SF-36 you say considering all of the above, are you
4 better, the same or worse than before I started the
5 medicine? That allows the patient to integrate all
6 of those different answers. We have assigned
7 values to each of them; we have dictated that pain
8 is a zero to 10 single measure in the SF-36 and
9 that there are three measures of being able to
10 move. So, we have said movement is three times as
11 important as pain by the way we analyze that study.
12 If we allow the patient simply to integrate that
13 for us by saying overall, in terms of your pain,
14 considering all of the above, are you better, worse
15 or the same we are certainly gaining a sense of
16 information that we don't get in any other way.

17 DR. FIRESTEIN: Isn't that essentially
18 what a visual analog scale would provide in
19 addition to these other instruments?

20 DR. FARRAR: You can ask the question any
21 way you like, and a visual analog scale would
22 certainly do it. From a global perspective, there
23 is evidence that a balanced scale is better so you
24 want to allow as many down steps as up steps to
25 really get a balanced view. People tend to look at

1 the middle of a scale and then go one way or the
2 other.

3 The other thing is you don't need to ask
4 globally how are you with regards to the world. I
5 think the issue was brought up before that your
6 food status, your money status and your children
7 status and all those things certainly play into it.
8 You can ask globally is your pain better, much
9 better, very much better or worse, a little worse
10 or much worse and get a global response integrating
11 the things you want.

12 DR. FIRESTEIN: Would that not be the gold
13 standard for an approvable agent? If the other
14 items were all very positive, if you were trying to
15 assess whether something is an analgesic, isn't in
16 the end whether their pain has improved the most
17 important measure?

18 DR. FARRAR: I would agree, and I think
19 you have stated the two important features, which
20 is if you got the full measure of all of these
21 subcomponents and at the end of the day you said,
22 you know, are you better and they said I am
23 spectacularly better but all of their others were
24 saying they were worse, you would have to wonder
25 about whether the questions were constructed

1 correctly. But as long as everything is at least
2 consistent, I think that the gold standard is then
3 overall are you better, worse or the same.

4 DR. STRAND: I would simply second that
5 because we are looking for a robust response,
6 therefore, we want to see it along a variety of
7 components. It could be made so this was the
8 primary outcome provided the others showed
9 improvement or no deterioration.

10 DR. MAX: Vibeke, there is some indirect
11 evidence from pain scores from large groups of
12 patients in pain clinics from Jenssen and MrFarlan,
13 in Seattle, that because of fluctuation in pain
14 from day to day a mean of at least seven
15 measurements over a week is more robust and may, in
16 a clinical trial, theoretically allow half the
17 sample size as a single measurement on the last
18 day. But I haven't seen any such data in clinical
19 trials. Do you want to comment on whether a single
20 pain measurement on the last day or an average is
21 more robust?

22 DR. STRAND: I will actually let Dr.
23 Farrar comment on that in one minute because my
24 experience is very limited with pain trials. But
25 in terms of looking at area under the curve

1 analyses, for instance, in RA trials there are a
2 lot of baseline disease activity changes over time,
3 and that is why we typically get two pretreatment
4 values to give us a baseline, both an over time
5 analysis area under the curve or a landmark
6 analysis where you are looking at responders versus
7 non-responders at the last visit, where all-cause
8 dropouts are considered non-responders, show very
9 robust findings and actually reflect what we are
10 looking at. So, I agree it could be done either
11 way provided there is a value being given to
12 keeping the patient in the trial.

13 DR. FARRAR: I think that there are sort
14 of three ways of looking at that. Mark Jenssen has
15 done some spectacular work looking at the
16 robustness of different measures he looked at. I
17 think that, clearly, if you can reduce the sample
18 size that may be seen as being of importance.
19 Obviously, the talk we had yesterday about how
20 valid the measures are on a day to day basis would
21 be important in that evaluation.

22 But I think the question really gets back
23 to something that Dr. Simon said before, which is
24 that with a sufficient number of patients you can
25 prove anything is statistically significant. I

1 would raise the question of if you find that you
2 can get a smaller difference to be statistically
3 significant, which is really what we are talking
4 about--when you say cut the sample size, what you
5 mean is I can use less patients to find the
6 difference, which is what they have shown. The
7 argument has been made that the VAS is more
8 sensitive than the ten-point scale. There is no
9 question that it is; no question.

10 However, in studies that have been done,
11 as you know, the variance is something like 21 mm.
12 So, if your variance is already 21 mm, who cares if
13 you can find a difference of 5 mm on a 100 mm
14 scale? Because a 5 mm scale, at least in pain
15 management, I would argue is not clinically
16 important difference. If it was in sepsis and you
17 are providing benefit in terms of mortality,
18 improvement in mortality, I would argue five
19 percent is of tremendous importance. But in terms
20 of symptom management, I wonder whether being able
21 to detect a 5 mm change versus a 10 mm is of any
22 particular use.

23 DR. MAX: Let me respond to that. We
24 pointed out that there is essentially no data
25 looking in pain clinical trials chronically to

1 compare the sensitivity of what we are saying is
2 the most important value, reduction in pain. The
3 only data that I have ever seen--thank goodness for
4 the rheumatologists--a couple of years ago Nicholas
5 Belamy published two studies in rheumatoid and
6 osteoarthritis where he gave people 11 different
7 scales and he found that the most sensitive were
8 the VAS, the zero to ten point scale, and scales
9 that had only four points were cruder and had less
10 power.

11 So, I think we are crying out for
12 methodological studies to see if just averaging an
13 area under the curve or taking a single last day
14 measurement is important. John, I would agree with
15 you that to just take a few patients could be
16 misleading, but I think a more efficient, reliable
17 scale is always better because you can take the
18 same number of patients and get more subtle
19 differences, and perhaps prove that mechanistic
20 subsets exist. So, this is the question that I
21 would suggest to you needs to be answered,
22 particularly if it is our first outcome.

23 DR. FIRESTEIN: Dr. Anderson, and then Dr.
24 Goldkind and then Dr. Elashoff.

25 DR. ANDERSON: On this issue of seven

1 measurements allowing you to have the sample size,
2 I think that is likely in most cases to be an
3 exaggeration because area under the curve analyses
4 have been done in rheumatoid arthritis and compared
5 with change during the trial, just looking at the
6 beginning and the end. Although you get some
7 improvement in power, it is not that dramatic. You
8 know, you always want to have, of course, the most
9 precise measure of the outcome that you can, but I
10 wouldn't count on it to halve the sample size.

11 DR. GOLDKIND: I just wanted to note that
12 the term robustness and sensitivity are different
13 terms. I think that we have seen examples in the
14 agency where using end of study, just a landmark
15 analysis in chronic pain, created a p value that
16 wasn't there--I am sorry, that an area under the
17 curve did where a landmark did not.

18 The issue still remains though whether
19 something is overly sensitive, or sensitive to
20 irrelevant changes, or whether they are meaningful.
21 When you are looking at how to best identify a
22 metric that will help mechanistically, I don't
23 think that the kind of data that we are talking
24 about now will help in that regard. You need to
25 see how the model or the endpoint that you are

1 using to assess the mechanism is affected by time.
2 Dr. Lu's presentation yesterday I think pointed out
3 that, in a sense, the two metrics, a landmark
4 versus an area under the curve, give you different
5 ways of looking at the same picture and it really
6 depends on what you are interested in. I think one
7 of her points was that both of them add value. In
8 a chronic condition you want the landmark to show a
9 difference. On the other hand, if it asymptotes
10 out at three months and there is very little up
11 front, it is important to know that as well.

12 DR. ELASHOFF: I wanted to make comments
13 in two different areas. One is that in terms of
14 planning your studies, it is generally better to
15 have a more sensitive measure. The drug works as
16 it is going to work. If you can do more studies
17 because you can do each in a smaller sample size to
18 demonstrate that that drug works, that is a better
19 thing to have from an economic point of and for
20 more science.

21 If you are concerned about the issue of
22 finding statistical significance when you don't
23 believe it is real important, then you have to
24 address that issue in terms of clinically
25 meaningful. It isn't an argument for using a less

1 sensitive measure so you won't find out what is
2 going on.

3 The second point I wanted to make is that
4 it has been stated that responder analyses don't
5 require imputation. That is not true. If somebody
6 quits early you still have to impute something. It
7 is just that people are more ready to agree that
8 you should impute the answer non-responder. It is
9 not that no imputation is required.

10 DR. FIRESTEIN: Any additional comments in
11 this area? Dr. Katz?

12 DR. KATZ: Just one quick comment to just
13 again shore up what I hear as a few people's
14 recommendation of prospectively looking at symptoms
15 and the distress associated with the symptoms from
16 the patient perspective. There are few papers, one
17 written by a guy called Richard Anderson and also
18 Marcia Testa at the Harvard School of Public
19 Health, in Boston, looking at differences between
20 antihypertensive therapy and another set of papers
21 looking at differences between oral hypoglycemics.
22 Where the efficacy of the drugs was the same, the
23 side effects captured in a typical side effects
24 capture way in pharmaceutically sponsored trials
25 were equal between groups. A battery of typical

1 quality of life tests showed no differences between
2 groups but a prospectively administered symptom
3 distress inventory of something like 80 items
4 showed significant differences between groups that
5 then was able to predict dropouts from the trial
6 where none of the other measures predicted
7 dropouts.

8 So, there is evidence from that literature
9 anyway that sensitive methods to detect differences
10 in symptoms distress can actually more readily
11 discriminate outcomes between groups than either
12 primary efficacy AEs captured the usual way or
13 traditionally done quality of life batteries.
14 Maybe we should look at the same thing.

15 DR. STRAND: I think what we were trying
16 to say about domains and all that, and whether it
17 is a responder analysis or whether it is, in fact,
18 what you are suggesting, by indicating there is not
19 deterioration by some of these other instruments
20 would be a very fine way of looking at the
21 responder analysis. I think all we are trying to
22 argue for here is that we assess multiple different
23 aspects of the pain condition in these chronic pain
24 studies.

25 DR. FARRAR: Just a very brief comment,

1 which is that in every academic trial that I know
2 of we tend to prospectively collect side effect
3 data. We ask them at every visit. We give them,
4 you know, a 20-question scale to collect the data.
5 In the pharmaceutical industry the adage is to
6 basically report things that are self-reported.

7 I think that the concern was that in the
8 ask mode you are going to get a lot more side
9 effects, and that is certainly true. However, as
10 has been demonstrated in all of the last labels
11 that I have seen, if you display the side effect
12 rate within your treatment group and your placebo
13 group you can overcome that issue of having an
14 additional number of side effects and get at this
15 issue that Nat Katz was just remarking on, which is
16 that it begins to help us explain why patients
17 respond the way they do, and perhaps even get at
18 some mechanisms that Mitchell was referring to
19 before.

20 DR. FIRESTEIN: In item four it says
21 discuss how the selection of the measurement
22 instruments of metrics may impact the assessment of
23 efficacy. I don't think we can specifically answer
24 that, obviously, without knowing what the metrics
25 are. But I think that has been adequately covered.

1 There are a number of additional optional
2 points, some of which we have actually covered in
3 some detail, including patient global issues,
4 opioid sparing, as well as the time of onset of
5 effect.

6 One of the areas that we haven't talked
7 about, which probably we should touch on very
8 briefly, is the placebo issue and the relative
9 merits of active comparator versus placebo
10 controlled studies. This is a problem that comes
11 up frequently, and with greater frequency in
12 rheumatoid arthritis trials where the ability to do
13 prolonged placebo controlled trials has been
14 markedly attenuated by the fact that we now have
15 effective agents, and the ethics of having placebo
16 controlled studies for longer than, say, three
17 months now has become a significant issue.

18 I was wondering if we could touch on that.
19 We talked a little bit about open-label extensions
20 earlier, but are there any comments on the use of
21 active comparators versus placebo controls for
22 either acute or chronic indications?

23 MS. MCBRAIR: I, for one, would very much
24 like to see reduction in placebo, or maybe not at
25 all, especially in acute surgical pain, also with

1 children, and really all people. I think if we
2 didn't have good comparators, then we would have to
3 look at that differently, but we do. In that case,
4 I think we shouldn't lean toward placebo unless it
5 is absolutely necessary for some reason.

6 DR. FIRESTEIN: Yes, if there are rescue
7 methods when it is clear that placebo--excluding
8 children for obvious reasons, does that still fit--

9 MS. MCBRAIR: I think rescue methods
10 certainly help but if I have waited an hour for any
11 kind of pain medication and now I am being given
12 something that is going to take an hour, those two
13 hours following a surgical case, that is a long
14 time. Two hours is a very long time.

15 DR. FIRESTEIN: I would agree with that,
16 except in rheumatoid arthritis the issues are that
17 delay of therapy can have long-term implications.
18 Whether or not an additional hour of discomfort,
19 and when there is appropriate consent, is a
20 separate issue.

21 MS. MCBRAIR: I agree with rheumatoid
22 arthritis. I was really leaning towards the
23 postsurgical pain.

24 DR. ELASHOFF: I think the biggest issue,
25 as a statistician, to the question of whether you

1 use a placebo or an active comparator is whether
2 you are able, when you are using an active
3 comparator, to do a superiority trial or not
4 because as soon as you get into the non-inferiority
5 trial issues there are some very significant
6 statistical problems with interpreting the results
7 of the study and it may make it very, very
8 difficult to know what is going on, especially
9 since the definitions of what is equivalent or not
10 equivalent tend to be very problematic and you
11 could easily get a situation where, from one study
12 to another to another, you are creeping toward less
13 and less efficacy for what you are approving.
14 Although people worry a lot about not giving the
15 people placebo, it is good to remember that you
16 also are giving them something that is very likely
17 to have fewer side effects when you give them
18 placebo.

19 DR. FIRESTEIN: Go ahead, Dr. Anderson.

20 DR. ANDERSON: I agree with that, and I
21 would also like to say something about post surgery
22 trials because earlier this morning Dr. Babul, from
23 TheraQuest presented some data from a post surgical
24 trial which I scribbled down, I don't know if I got
25 it all correct but it looked as though in the

1 placebo group--you know, it was active versus
2 placebo, and there was a 55 percent response rate
3 in the placebo group and 75 percent in the active
4 group. There was more rescue medication needed in
5 the placebo group. But I would contend that even
6 in a post surgery trial, of course in the two to
7 five days not the first day, there is room for
8 placebo I think.

9 DR. FIRESTEIN: It is important to
10 remember that one of the main issues we have
11 discussed is safety, and for a compound that is in
12 early development we don't know whether we are
13 doing more harm than good and it may be that the
14 placebo is the preferred arm of the study under
15 certain circumstances, but who knows?

16 DR. MAX: First regarding placebo, I think
17 analgesic experts would unanimously agree with
18 Temple and Ellenburg's article defending the
19 importance of placebo in early drug development.
20 And, nowhere is it more important than in fields
21 like analgesia. In my 20 years at NIH we have had
22 thousands of people participate in trials and
23 receive placebos, and they have complained about
24 some things that have occurred during their care
25 but I don't remember anyone complaining about

1 having received placebo given their chance for
2 rescue and their consent process.

3 Regarding active comparators, for the
4 reasons that Temple makes very well, comparisons of
5 the new drug to an old drug without a placebo can
6 be very misleading if you don't establish assay
7 sensitivity. So, it is important in most cases to
8 include a placebo or vary doses of one drug as
9 well.

10 So far, in chronic pain studies it is
11 remarkable that there are almost no published
12 studies comparing within the same population drugs
13 of two different classes. So, when we have sat
14 down, a number of us around the table, to try and
15 write up consensus documents on how to treat
16 patients we have nothing to inform us. We have to
17 go to different trials where one drug is compared
18 to a placebo and then, in a different year and a
19 different group of patients in a different place,
20 another drug is compared to placebo, and because of
21 the conditions of the study there is such a wide
22 confidence interval that you really can't draw any
23 conclusions.

24 So, I would urge the FDA to try to
25 encourage more comparisons of a new drug to a

1 standard. These are hard because some people don't
2 want to be on a standard and it may reduce
3 enrollment. There are a lot of complex issues but
4 it would do an awful lot for prescribing practice
5 to have that information.

6 DR. WOOD: I agree with that. I think it
7 is very important that as far as we possibly can
8 ethically we include placebo. Bob and Susan in
9 their article very eloquently point out that
10 everything that we know about placebo-controlled
11 trials has stood on its head almost statistically
12 when we try to use active comparators. More
13 carelessness in the trial, all the kinds of things
14 that normally discipline us are overturned. So, I
15 think we use active comparators at our peril in
16 particular in an area like this. So, I think we
17 should certainly be using placebo as much as we can
18 with appropriate ethical and safety issues, like
19 using escapements and so on.

20 DR. FIRESTEIN: Yes, Dr. Borenstein?

21 DR. BORENSTEIN: I just want to point out
22 that the difficulty we have is that placebo works
23 so well, and if it didn't work so well life would
24 be much easier for us. The difficulty is placebo,
25 as pointed out, is not necessarily a bad choice,

1 unfortunately. When that happens we have to just
2 wonder what is happening in those individuals. So,
3 I have no trouble when asking patients to be in my
4 trials. It may not be the largest group but I do
5 think placebo is something that should be in these
6 trials, and people are willing to participate in
7 those circumstances.

8 DR. FARRAR: We aren't here to discuss the
9 pros and cons of the placebo effect, which
10 obviously could take a whole day in and of itself.
11 However, just a comment which is that every person
12 every day of their lives uses the "placebo effect"
13 to affect how they feel about what they are doing
14 and whether they go to work because they bumped
15 their leg or not. So, I think that the issue of
16 whether it exists or not and what it means is
17 important to take into consideration. As was just
18 commented, it can work really well in certain kinds
19 of syndromes, not so well in other ones. And, I
20 think that the primary issue is what Mitchell was
21 saying and what Dr. Wood was saying in terms of the
22 need to have a comparison against something that is
23 the least active, and that would be placebo with
24 the appropriate controls. It is rare that you
25 cannot come up with an ethical way to do it. Even

1 in a postop trial, if you are giving somebody a
2 pain medication that is supposed to work and you
3 give half of them a placebo, at the time of the
4 maximum pharmacologic dose you ask them is this
5 enough, and if it is not you give them a rescue.
6 Most patients, as I think was said, are willing to
7 participate in a study where they may have to put
8 up with some pain for a period of an hour or maybe
9 a little bit longer.

10 I think the second thing to mention is
11 that I have heard today or yesterday perhaps a
12 couple of times when people said placebo corrected
13 trials. I don't know what a placebo correction is
14 because the placebo effect is for free. You get
15 the placebo effect. When you give an active drug
16 you get the placebo effect. What we are really
17 looking at, and the advantage of a responder
18 analysis, is whether people reach a level where
19 they are satisfied with the relief in pain, or
20 whatever, and it doesn't matter what the response
21 rate is in the placebo group in terms of trying to
22 ascertain whether or not people are better. Right?
23 The question is better or not better. What then
24 matters is to decide whether the difference in the
25 response in the placebo group is sufficiently

1 are very open and we would like to believe that
2 this kind of meeting reflects how open the division
3 is to discuss with the sponsors and other
4 interested parties the way drugs are developed.
5 So, I think that is the first thing that needs to
6 be said, and can't be said enough.

7 [Slide]

8 We reviewed chronic and acute pain, and we
9 reviewed the concepts of the clinical approaches
10 and the concepts of the mechanistic approaches,
11 recognizing, of course, that the mechanistic
12 approaches are rather nascent in development. We
13 are not yet there and we still have to grapple with
14 those drugs that are presently in front of us and
15 to be soon in front of us, and have clear messages
16 about how these drugs can be approved for their
17 various different indications. Although we would
18 like to believe that the mechanistic approaches are
19 just around the corner, they are not yet there and
20 I don't think any of the protocols, drugs and
21 designs that we have in front of us right now are
22 actually dealing with mechanistic issues.

23 [Slide]

24 I think this sign really summarizes what I
25 mean by being clear. I don't want anybody to feel

1 like our division is giving you mixed messages. I
2 really would like you to believe that we are giving
3 you the real arrow to the right when it really
4 needs to be to the right.

5 [Slide]

6 So, we discussed temporal descriptions of
7 acute versus chronic for example, or intensity
8 differences such as mild, moderate to severe, and
9 we decided I think that they weren't enough to
10 really inform us about where we wanted to go. Some
11 of that is because of the issue of is chronic as
12 broad as it should be, or is it too broad, and
13 those kinds of issues.

14 So, we clearly need further clinical
15 trials to define mechanisms because we can handle
16 mechanisms better, but that is for the future, and
17 it is unknown whether there can be a global
18 analgesic right now for we know there are quite
19 different mechanisms driving the sensation of pain.

20 [Slide]

21 There is clear concern that we need, as an
22 agency, to design claims and consider proposed
23 trial designs fostering new development, new drug
24 development for pain. I actually think that is
25 very true. For the chronic pain proposal, I heard

1 some people thought it had merit. That was again,
2 just to remind everybody in case you have
3 forgotten, three models, three co-primary outcomes
4 of pain function and patient global, and it would
5 be replicated in nature with disparate
6 etiopathogenesis mechanisms or disease states.
7 They were replicated, necessary, when you were
8 doing studies in models with simpler mechanisms or
9 not. We weren't sure whether or not it was going
10 to need to be replicated in that particular
11 circumstance.

12 And, it seemed that in the vote we took,
13 although there was no vote but consensus building
14 that we took, although I am happy to say I
15 understand the camps, I am not entirely sure we got
16 consensus. Most people said yes to pain as a
17 measure; yes to patient global and that is a
18 measure of clinical relevance of the response; and
19 there was a qualified yes to function. We would
20 need to take that into consideration of the model
21 or mechanism or disease state that we were talking
22 about. Obviously, cancer function or a patient
23 with cancer who is functioning, that would be a
24 different issue than some other diseases.

25 There was debate of how many different

1 models are required to get any type of specific
2 claim for chronic pain. Are three different models
3 required? Dr. Verburg suggested four models of one
4 trial in each. Maybe Dr. Firestein resonated with
5 that a little bit. We were suggesting three models
6 with two replicate trials. Dr. Farrar suggested
7 two neuropathic models and two somatic pain models.
8 So, clearly, we will be taking back this
9 information to think more about what we should do.

10 [Slide]

11 In that context, the lumping and splitting
12 context is very important. We had thought we were
13 doing both lumping and splitting because we gave
14 the opportunity to split or lump. Dr. Abramson
15 kind of resonated with the rigor that would be
16 associated with that kind of approval, and it
17 really raised issues about whether it would be
18 iterative. You would get one indication and then
19 perhaps a much broader organ-based indication, and
20 then perhaps a whole disease indication, fully
21 recognizing, however, that the daunting nature of
22 the full, whole thing, the whole kit and caboodle
23 may be just too much and, in fact, companies would
24 opt for something easier, perhaps cheaper, and then
25 off-label use would drive that and that would not

1 be an ideal situation. I think it is really
2 critical for us to remember that we were providing
3 in our proposal that opportunity, for better or for
4 worse.

5 [Slide]

6 We also recognized and heard clearly that
7 acute pain is not similar to thinking about the
8 drugs that would be used to treat it. Thus,
9 actually we are thinking about short-term
10 analgesics rather than drugs for acute pain. The
11 same thing in obverse is true for chronic pain. We
12 are really thinking about drugs to be used for a
13 long period of time and that has issues regarding
14 safety and durability of response in trial design.

15 [Slide]

16 We learned something that I think we have
17 consensus on, that chronic low back pain, if
18 handled correctly, might be an indication to go for
19 independently, or actually may be part and parcel
20 of a much larger package. Although heterogeneous,
21 it consists of many different processes but they
22 can be delineated, and we could select a specific
23 patient population with some similarity in the
24 natural history, perhaps ignoring or removing those
25 patients with reticulopathy or neuropathy, and

1 perhaps we would have a model that we could use or
2 pain disease state that we could use for a clear
3 indication, as well as performance of a broader
4 label. It seemed that there was good consensus
5 about that if we made sure that we subtracted out
6 patients with neuropathic disease and systemic
7 disease.

8 I think we heard clearly that there are
9 two really broad patient populations that we have
10 not dealt with very well. One is the elderly and
11 one is the pediatric population, and we have to
12 recognize that the elderly are quite unique.
13 Polypharmacy is a significant issue with them.
14 Safety issues are particularly important, and some
15 of the elderly who are suffering chronic pain are
16 in unusual care-giving environments. Perhaps as
17 the baby-boomer population gets older it will be a
18 usual care-giving environment, but we have to learn
19 how to use nursing homes for actual study designs
20 and carrying out studies in those areas as the
21 patient population in them grows larger.

22 [Slide]

23 The issue of flair design was debated.
24 Some of us had problems with flair design. It
25 actually has been tried and true but, on the other

1 hand, it preselects those patients who both
2 tolerate the drug as well as respond. A priori
3 they have been on the drug for a period of time so
4 there are issues about that particular problem.

5 We heard about possible ways to do a
6 run-in phase and withdrawal studies, both of which
7 have problems. The run-in phase really doesn't do
8 anything differently than does the flare design.
9 It suggests that you are only taking patients who
10 are having a response and getting rid of all those
11 patients who can't tolerate the drug. So, you have
12 a true bias in the evaluation.

13 The other concept of the withdrawal phase
14 which Dr. Laska asked me to comment on was, in
15 fact, some concern about are the patients who get
16 withdrawn unblinded or not based on the symptoms
17 that emerge? So, that is an issue that I think we
18 are going to have to think about.

19 [Slide]

20 Many of us talked about the issue of
21 opioid sparing, although it is not dissimilar from
22 glucocorticoid sparing, and how important it is for
23 the assessment of outcome. It might be a good
24 response to measure. Would it be a primary
25 measure? Probably not. It might be a useful

1 secondary measure but we would have to debate that,
2 demonstrating that the study drug works and
3 decreases the need for opioids and, presumably, the
4 study drug in the circumstance would have less side
5 effects than the opioids so there would be a
6 warranted reason for the study. The problem, of
7 course, is that the study drug might enhance the
8 effects of the concomitant opioid therapy, thus
9 decreasing the use of opioids or, alternatively,
10 decreasing use of the opioids may be due to the
11 emergence of increasing toxic effects.

12 What I am constantly daunted by, and I am
13 not really that far off in glucocorticoid sparing
14 either, is that I don't know what it means to be
15 sparing because I don't know if 3 mg is better or
16 30 mg is really sparing, and I think we have to
17 debate what that really means. As mentioned by Dr.
18 Wood, there is the issue of the PK change and what
19 that would imply to the whole process.

20 [Slide]

21 We then moved on to the ABCs of acute
22 pain, and there seemed to be--perhaps you could
23 show me with smiles on your faces--less debate
24 about this. This seemed to be something that you
25 all bought into faster for good things.

1 [Slide]

2 Clearly, we want to improve the
3 information in the label by turning from inferences
4 evidence by PK modeling to data derived from
5 clinical trials. That would be the multi-dose
6 assessments. That was informed by the B of the
7 ABCs.

8 We want to improve safety analysis of
9 short-term use by analyzing long-term exposures
10 even for drugs approved only for short-term use.
11 There seemed to be some confusion as to whether or
12 not, if we were going to require some chronic
13 exposure, and maybe even efficacy trials, that that
14 actually might mean two replicate trials or three
15 co-primary outcomes, maybe even three different
16 disease states. That is not really what we were
17 suggesting. It probably would be just one trial,
18 perhaps even just very robust and perhaps just one
19 outcome measure but we would have to debate that
20 and talk about it in an open fashion to determine
21 exactly what we would want. But this was then
22 informed by proposal C of the ABCs.

23 [Slide]

24 We clearly heard that generalizing to
25 postop pain and efficacy from a dysmenorrhea trial

1 or dental pain trials really was a problem and we
2 have been very uncomfortable with that. So, we
3 needed to think about requiring or suggesting that
4 not only does one do an outpatient trial in such a
5 circumstance, but one might want to choose an
6 inpatient model which would give a broader aspect
7 of pain relief, thus, a bunionectomy model as well
8 as a dental pain model.

9 Additional info regarding the dosing
10 interval was needed, and that was clearly defined
11 by B of the ABCs; more optimizing of the dosing
12 schedule in responder versus non-responder
13 inclusion, which I actually found to be a
14 fascinating discussion.

15 [Slide]

16 Dose creep was brought up, and I think
17 that it is very important. and it came up several
18 times from the committee that we need to construct
19 our clinical trials in a real-world way to ensure
20 that we understand how the drugs are going to be
21 used in the real world, and that doesn't imply
22 open-label analysis; that just implies different
23 ways of thinking about trial design than we have
24 done before. Issues of longer time of use requires
25 the chronic studies, as we talked about.

1 [Slide]

2 The discussion went on after the
3 presentations regarding the matrix of clinical
4 trials. Again, I think everybody around the table
5 believed that they should inform us about
6 real-world use and should be labeled as such.

7 Time to rescue should include the
8 non-responders and that implies an
9 intention-to-treat analysis, not just a responder
10 analysis.

11 New designs with preemptive anesthesia
12 raises the question of whether or not we should be
13 thinking about that differently than acute pain,
14 and maybe that is a whole other world of trial
15 design, and all the consultants out there can start
16 to think about that and create new business for
17 yourselves, which is a good thing. Improved GDP
18 and all of that.

19 Short-term studies, pain relief, patient
20 global in terms of level of response for how long
21 and when is the onset; when it separates from
22 placebo; drugs not with onset within an hour but a
23 very good analgesic, do they inform about some
24 acute use? In fact, that came up several times,
25 this idea that there is the acute; there is the

1 chronic; but what about kind of the middle ground?
2 We need to start to think about this subacute use
3 and what that really means.

4 [Slide]

5 Also, going through dose descriptions and
6 minimum time to the next dose is informed by the
7 time to onset. It needs also to be limited by
8 total dose and dose ranges may be better described
9 by quartiles of response. I really like that idea.
10 I think that really gives us a much better handle
11 on what this all means.

12 [Slide]

13 Lastly, but not leastly, we heard about a
14 tiered responder analysis, informing patients and
15 clinicians much more so than present analyses do
16 for pain. One could see that in acute pain you
17 could define a level of pain relief, along with the
18 duration of pain effect within the same construct
19 of explanation or description. And, in chronic
20 pain it would develop an information database
21 including efficacy, kind of encompassing pain and
22 suffering relief; durability of response; time to
23 retreatment or time to treatment failure; as well
24 as function and HRQOL measures; and then also
25 safety. So, this would be a remarkably robust data

1 set to inform patients about what really is going
2 to go on with the therapy.

3 [Slide]

4 I want to close with this, and I don't
5 really show this entirely in jest--entirely. This
6 was actually a real traffic sign in England where
7 they actually advertised and demonstrated the
8 directions to the secret nuclear bunker. We don't
9 really hold any secrets in the agency. People have
10 come over to me and said, well, would you really
11 talk to us? Or, can we come talk to you? Or, we
12 have our stuff already in and we are talking about
13 changing, are we going to be held to a different
14 standard when we have already done all of our
15 trials?

16 Well, one, you need to talk to us. Make
17 an appointment and come in for a meeting. Call
18 your project manager and see what the status is. I
19 would prefer not to hear any complaints that we are
20 not willing to talk to you. I am being very public
21 about this. We are willing to talk to you. There
22 are no secrets here.

23 Number two, we are willing to debate with
24 you as to what might be happening in this
25 particular turbulent time of change because, in

1 fact, we are trying to do, and I think you all are
2 too, what is best for patients and to derive the
3 most information in the most open way. So, I
4 invite you to give us a call. Those of you that
5 have not been in for a while and have been busy
6 developing drugs, I really urge you to take
7 advantage of all the opportunities to have guidance
8 discussions because, in fact, it is much better to
9 come in and talk to us before you come in for your
10 pre-NDA meeting and be surprised.

11 So, in that context, let me suggest that
12 we show you the way to our secret nuclear bunker
13 and give you all the directions up front, and I
14 think everybody will be happy.

15 So, thank you again very much for coming.
16 Thank you to the committee for working so hard in
17 helping us and informing us about your ideas. I
18 don't know what will happen next but we will
19 certainly have another meeting about it.

20 DR. FIRESTEIN: Thank you very much. The
21 meeting is closed.

22 [Whereupon, at 2:30 p.m., the proceedings
23 were adjourned.]

24 - - -