

1 set?

2 So, we had no problems with the ethics of that
3 because before we started the study, we had no idea. The
4 angiotensin receptor blocker, even if it was -- and I think
5 it proved to be -- as effective in treating the glomerular
6 disease of type 2 diabetes, as captopril was in type 1, if
7 that effect was going to be offset by these adverse effects
8 of severe hyperkalemia and acute renal failure, then you
9 had an entirely different clinical decision to make. For
10 that reason, there was not an ethical problem in doing our
11 study, but that does not mean that patients with
12 microalbuminuria shouldn't have been treated with ACE
13 inhibitor in the clinic at least because there was data to
14 say that that was the case.

15 DR. BORER: Again, thank you for a very
16 illuminating presentation. Maybe we can go on to the
17 risk/benefit summary and get to our questions.

18 DR. PARVING: It is my great pleasure to
19 introduce Dr. Edmund Lewis who will give the summary with
20 the risk/benefit.

21 DR. EDMUND LEWIS: Thank you. It's a pleasure
22 to be back here.

23 (Laughter.)

24 DR. EDMUND LEWIS: We propose that therapy with
25 the receptor blocker irbesartan alters the continuum of

1 diabetic nephropathy throughout its course, that the IRMA 2
2 study showed that, in fact, going from microalbuminuria to
3 overt proteinuria was significantly affected and that
4 phenomenon diminished by the drug, and that in the IDNT,
5 the events associated with decreasing glomerular filtration
6 rate and end-stage renal disease were significantly
7 diminished.

8 Now, I want to emphasize that the endpoints
9 that we chose were not arbitrary endpoints. The disease is
10 a continuum. I think there's nothing in the literature or
11 anywhere else that would suggest otherwise. However, in
12 designing a clinical trial, you have to identify points in
13 the course where you can try to tell a difference.
14 Therefore, doubling of serum creatinine or a creatinine of
15 more than 6 is not arbitrary. We chose those, I hope that
16 you can see, and we'll present more evidence I guess, to
17 show why that was the case.

18 Now, I don't think that one can underestimate
19 the importance of trying to prevent end-stage renal
20 disease, and I hope that ultimately in the presentation of
21 the data what you saw as cardiologists -- today I'm
22 becoming much more sensitive toward the cardiologists -- is
23 that what we were doing, in terms of the renal system, was
24 not putting the cardiovascular system at greater risk, that
25 the same drugs that one uses to treat cardiovascular

1 disease in these patients would be used, that blood
2 pressure would be managed, and that overall the mortality
3 rate, the endpoints that you saw were not significantly
4 altered. So, we're not saying treat these patients'
5 kidneys at the risk of allowing harm to their heart. That
6 is not the message, and I don't think anything about the
7 data indicate that.

8 Can you put up 1.2? There you go.

9 Now, the reason why we nephrologists are so
10 concerned about that renal endpoint -- we treat the whole
11 patient, which includes the patient's heart actually. The
12 reason we are so concerned about this -- and this is
13 published annually in the U.S. Renal Data Survey. This
14 happens to be a publication which shows exactly the same as
15 the USRDS. In fact, it's showing you USRDS data I guess.

16 Here this orange curve is the survival rate of
17 patients with type 2 diabetes on renal replacement therapy,
18 on dialysis. As I've said, here at 12 months the survival
19 rate is a little under 60 percent. At 24 months, the
20 survival rate is 40 percent, which is very close to
21 pancreatic cancer over that period of time, and it's almost
22 identical to your consensus class IV heart failure. End-
23 stage renal disease is a dreadful thing to happen to a type
24 2 diabetic, and that's why we are trying so hard to prevent
25 it.

1 Up to now, there is no proven therapy. There
2 is no data. I've told many, many doctors to treat with ACE
3 inhibitors until the data become available, but going back
4 8 years, there was no question about captopril being
5 approved for type 2 diabetic nephropathy on the basis of
6 type 1 diabetic nephropathy data. This was the best you
7 could offer. But there is no study that ever said in the
8 overt nephropathy patient that ACE inhibitors were as
9 effective, to this day.

10 So, what we're talking about here is not only
11 the diagnosis that causes the most patients to go on
12 dialysis, 45 percent, but actually the proportion of
13 patients in end-stage renal disease programs in this
14 country with the diagnosis of diabetic nephropathy is
15 increasing every year more than any other diagnosis. So,
16 it's an increasing problem, and certainly in countries
17 where they can't afford \$65,000 a year to try to keep these
18 patients alive on dialysis, it is death. It is death.

19 The IDNT, in terms of benefit, allows us to
20 look at two active comparators. It's not two trials, but
21 it's more than one trial, and we keep seeing irbesartan
22 versus placebo, irbesartan versus amlodipine. And at this
23 stage of the disease where we can measure the functional
24 capacity, the filtration capacity of the kidney, you can
25 see that of course the primary composite endpoint is very

1 positive, but the all-cause mortality part, the cardiac
2 part of the primary composite, does not reveal efficacy for
3 irbesartan. And I don't think we would have expected that
4 in this study. I think we've discussed that at length.
5 It's the renal endpoints of the composite that are the
6 important issue: the doubling of serum creatinine and end-
7 stage renal disease.

8 I think it is clear from our data, both our
9 renal data and our cardiac data, that the calcium channel
10 blocker did not have an adverse effect in this patient
11 population. Amlodipine appears to be a perfectly good drug
12 to control blood pressure in this patient population, and
13 according to our data, you would not get excess either
14 cardiac events or renal events above that using other
15 antihypertensive agents.

16 The doubling of serum creatinine, then, we are
17 putting forward as the event that is early enough in the
18 course of the disease where we could say that this is a
19 very important endpoint. But actually it has still allowed
20 doctors to treat patients afterwards, to try to prevent
21 end-stage renal disease, so that there was an ethical issue
22 there.

23 However, when one looks at the doubling of
24 serum creatinine, you see that the median time to end-stage
25 renal disease was 9. something months, and these patients

1 go on to your hard endpoint of end-stage renal disease.
2 Now, some of them don't because they doubled so late in the
3 study that they don't have time to go on to end-stage renal
4 disease. But it is inexorable. They are going to go on to
5 end-stage renal disease.

6 You can talk about doubling of serum creatinine
7 as a surrogate for that. It is not a surrogate for renal
8 function. It is a measure of renal function. And it's the
9 renal function that is continuously going down.

10 So then, what we show is, relative to placebo,
11 a 33 percent risk reduction -- the pink is placebo -- with
12 a p value of .002, and a 37 percent risk reduction versus
13 amlodipine, .003, and amlodipine versus placebo, there's no
14 difference.

15 Now, I know that members of the panel -- in
16 general people look at these Kaplan-Meier curves in a
17 vertical way. But this is a time-to-event analysis, and
18 from the point of view of the physician and the patient,
19 it's actually the horizontal way that counts because what
20 we can tell our patients, on the basis of this study, is
21 that if they take the irbesartan -- here's the average
22 follow-up of 31 months and here is your point of your event
23 rate for doubling of serum creatinine, for those who have
24 doubled, with either placebo or amlodipine, and here's the
25 shift to the right -- you will not have your doubling event

1 for 11 months.

2 This isn't just a point chosen nonrandomly to
3 show you this phenomenon. If you look at other points
4 along the end of this curve, you see the same, more or
5 less, 11-month delay.

6 And 11 months doesn't sound like much perhaps,
7 but believe me, when you're on dialysis, it's a lot. And
8 if your mortality rate is going to be 25 percent during
9 that 11 months on dialysis, then being off dialysis sounds
10 like a very good thing. So, I think that it is not only
11 the relative risk reductions, it is also this delay in the
12 important event that is very, very important.

13 And this is a very conservative issue because,
14 remember, we're starting with patients who have already
15 lost half their renal function. I don't think that it is
16 overstating the case to say if they had only lost a quarter
17 of their renal function when they started, that delay might
18 be longer. That was certainly the case with the ACE
19 inhibitors, that our most conservative result was in the
20 captopril trial. Once we really started to use these drugs
21 and test more potent ones and higher doses and better blood
22 pressure control and so forth, we got much, much more
23 dramatic results.

24 When you adjust for blood pressure, of course,
25 irbesartan versus amlodipine, there is no difference in

1 terms of your renal endpoints because blood pressure
2 control was identical in those two groups. So, you cannot
3 imagine antihypertensive effect of irbesartan being the
4 reason why we got these risk reductions. We had to adjust
5 against placebo because -- not surprisingly, the
6 hypertension of type 2 diabetic nephropathy is very hard to
7 treat. Anyone who has tried knows that, and when you have
8 to treat their blood pressure without ACE inhibitors,
9 without ARBs, without calcium channel blockers, you have
10 something on your hands. So, the fact that we had a few
11 millimeters difference is not surprising, but it's really
12 heroic that that was all that we had as a difference.
13 Nevertheless, the difference between adjusted and
14 unadjusted for blood pressure is not significantly
15 different.

16 So, in terms of the face of the enemy, please
17 remember that patients entering the IDNT had advanced renal
18 disease when they started, and so our result is in patients
19 who are very far along.

20 In terms of the IRMA 2 study, you have seen
21 this, and our evidence is in these patients they do not
22 enter the definition of overt proteinuria when they're on
23 the irbesartan. You've had the entire discussion of
24 microalbuminuria, but what I want to remind you of is that
25 in type 2 diabetic nephropathy, you do not get to the stage

1 that we saw them in the IDNT without going through a long
2 stage of increasing proteinuria. So, that is a clinical
3 phenomenon. There are no clinical signs and symptoms, but
4 it's a clinical phenomenon that is significant. And when
5 you adjust for blood pressure differences for the two
6 treatment groups, there is no difference in the relative
7 risk reduction of actually going onward to a positive dip
8 stick, which is an important clinical event. And please
9 note with this 300 milligram group, the relative risk is
10 reduced by 70 percent. 7-0 percent.

11 So, in terms of benefit, our conclusion is that
12 irbesartan retards the progression of both early and overt
13 nephropathy in type 2 diabetes mellitus with nephropathy by
14 a mechanism which is independent of blood pressure control.

15 Treating 15 patients with advanced diabetic
16 nephropathy entered into the IDNT trial for 3 years, you
17 save one clinical event. That's in terms of renal outcome.

18 Treating 10 patients in the IRMA 2 trial for 2 years, you
19 save one event which is microalbuminuria going on to the
20 positive dip stick overt nephropathy.

21 I think that it is important to state -- and
22 I'm not presenting this as part of the BMS irbesartan
23 application -- that there are not two clinical trials in
24 the literature to which the medical profession has been
25 exposed to. There are three trials in the medical

1 literature with that exposure, and in the very least what
2 you have to say is that on the basis of that, there will
3 never be an ethical trial looking at ARBs versus placebo in
4 the future or ARBs versus non-renin-angiotensin inhibitor
5 in the future because we've got all of this information.

6 The last trial published by Dr. Brenner one
7 page after mine in the New England Journal --

8 (Laughter.)

9 DR. EDMUND LEWIS: The RENAAL trial was 1,500
10 patients. The design varied very, very little from our
11 trial. The outcome events were identical. The patient
12 population was basically identical. The baseline
13 characteristics of the populations were identical.

14 So, I just want to point out to you, just in
15 terms of the totality of information available as far as
16 the prevention of progression of this horrible disease is
17 concerned, that if you look at the risk reductions of that
18 trial using losartan versus our trial using irbesartan, you
19 see they used the same primary composite endpoint. They
20 got essentially the same reduction with the same variance.
21 If you look at the renal endpoints, basically the same
22 reduction. If you look at doubling of serum creatinine,
23 hardly any difference. If you look at the occurrence of
24 end-stage renal disease, about the same. If you look at
25 all-cause mortality, the same. So, I believe that that

1 trial supports what we are saying with our application,
2 although it's not part of our application.

3 Collectively these results demonstrate that the
4 renoprotective effects and the benefits of irbesartan
5 across the continuum of diabetic renal disease, we hope you
6 agree, has been demonstrated.

7 In terms of risks, you've heard Dr. Cooper
8 address the side effects and the risks. I won't go on
9 about that. Certainly the overall risks of this drug are
10 very well known to you. I don't think it was a problem for
11 your primary reviewer, and the specific risk, in terms of
12 hyperkalemia and so forth, is no different than that which
13 the medical community has a concern about and has to treat
14 with ACE inhibitors. So, the risk/benefit assessment we
15 believe favors the use of irbesartan across the continuum
16 of renal disease.

17 Collectively the data are what they are. We
18 hope you agree, we hope you concur with our statement that
19 this drug should be approved for the treatment of type 2
20 diabetic nephropathy throughout its continuum. Thank you.

21 And with that, I'll stay here for questions.

22 DR. BORER: Actually, I don't think we'll have
23 many questions at this point because we have questions that
24 we have to go through. But I want to thank you very much
25 for, again, a wonderful presentation. To orient everybody,

1 I want to thank the sponsor for the presentation in its
2 totality. I certainly and I think everyone on the
3 committee found it very informative and enlightening.

4 However, at this point, we're going to move on
5 to the questions put to us by the FDA, so there's not going
6 to be any more discussion and no more comments from the
7 sponsor unless we specifically ask for them. So, I'd
8 appreciate it if you keep that in mind.

9 There are a number of questions here. Some of
10 them we may be able to go through quickly, some not. To
11 try to be most efficient about it, what we'll do, after
12 quickly going through the preamble here, is present the
13 questions to our primary committee reviewer and then see if
14 anybody disagrees with the answers that she gives.

15 DR. KOPP: One question.

16 DR. BORER: Yes.

17 DR. KOPP: Dr. Pelayo described the second
18 study IRMA as a non-IND study. What does that mean and
19 does that have any bearing on how we view that data?

20 DR. LIPICKY: No. It has no meaning.

21 DR. BORER: Yes. It is important because this
22 needs to be part of the public record, that as we take a
23 vote, even if we're all agreeing with everything JoAnn
24 says, we have to do that by name verbally into the
25 microphone, and I'll ask everybody to do that as we go

1 along.

2 With that having been said, we're asked to give
3 an opinion about the benefits and risks of irbesartan for
4 the treatment of nephropathy in patients with type 2
5 diabetes. I assume, Ray, you may have meant patients with
6 hypertension and type 2 diabetes, or did you not mean that?

7 DR. LIPICKY: We did not mean that. I may as
8 well start it out. I fail to see the distinction between
9 having hypertension or not having hypertension if they have
10 diabetic nephropathy, but of course there is an empirical
11 difference.

12 DR. BORER: Okay.

13 Reviews of chemistry, pharmacology, toxicology,
14 biopharmaceutics, biometrics, and clinical safety present
15 no apparent barriers to its approval.

16 And we're asked to determine if the strength of
17 evidence for a treatment benefit, relative to the risk,
18 supports approval.

19 The direct evidence comes from the studies
20 listed.

21 Question number 1. There were 411 total
22 endpoint events in the placebo and irbesartan groups, 33
23 fewer in the irbesartan group than on placebo. One of the
24 characteristics of a none-too-small p value is that the
25 result is sensitive to the handling of subjects with

1 earlier, but I'm quite disappointed that the other events
2 were not collected after they reached those endpoints. So,
3 I think that that to me is actually an important issue, and
4 my feeling is that they were not handled as well as they
5 should have been handled.

6 DR. FLEMING: And just a brief added comment.
7 I agree with both my colleagues. I agree with JoAnn that
8 ITT is the proper way to handle the discontinuations, and I
9 agree with Steve that technically speaking, ITT doesn't
10 mean including all randomized people. It also means
11 including the follow-up of all randomized people. So, it
12 does compromise the ability to at least more clearly
13 understand the impact on those endpoints that were censored
14 in follow-up after end-stage renal disease diagnosis.

15 DR. BORER: We'll put a bookmark there.

16 Bob?

17 DR. TEMPLE: Some of them were followed,
18 though, because they have mortality data on all of those
19 people, and there's that slide that shows which people who
20 had an endpoint of doubling went on to end-stage renal
21 disease. So, I was a little foggy on what they did and
22 what they didn't follow. I guess strokes and things like
23 that were not followed.

24 DR. BORER: Maybe we can have a clarification,
25 very quick. Dr. Cooper perhaps can tell us. You followed

1 everyone except the ones who were lost to a mortality
2 endpoint. We know about ESRD because everybody was
3 followed to that event. We just don't know who had a
4 stroke, who had a heart attack after ESRD. Is that
5 correct?

6 DR. COOPER: That's exactly correct. The
7 company made every effort to follow every patient with
8 respect to ESRD and mortality. We have all of the data
9 with respect to mortality for all patients except for 8,
10 and we have all of the data with respect to ESRD in all
11 patients with the exception of 37. So, we have to go back,
12 as indicated earlier in the discussion, to ascertain the
13 dialysis and transplantation status of those patients. But
14 that's correct. The only data we did not systematically
15 collect after ESRD were cardiovascular events that were
16 nonfatal.

17 DR. LIPICKY: Can I ask a question? Because
18 it's my impression it was after doubling of creatinine.

19 DR. BORER: No.

20 DR. COOPER: No.

21 DR. LIPICKY: It was ESRD. So, everyone was
22 followed to ESRD?

23 DR. COOPER: Yes.

24 DR. LIPICKY: Even if they met the doubling of
25 creatinine.

1 DR. COOPER: Yes.

2 DR. LIPICKY: Okay.

3 DR. BORER: 19 subjects, 13 on placebo or
4 irbesartan, were lost to follow-up. Mortal status is known
5 for 11 of 19, 7 of 13 on placebo or irbesartan. How were
6 they handled and how should they have been handled? JoAnn?

7 DR. LINDENFELD: Well, these were included when
8 the outcome was known, and as I understand the analysis,
9 there was a specific sensitivity analysis done to be sure
10 that if one attributed all bad outcomes to the irbesartan
11 group, that this still remained, that the difference was
12 very, very small. So, I'm not too worried about this small
13 number of patients.

14 DR. BORER: Any disagreement here?

15 (No response.)

16 DR. BORER: No, okay.

17 2 placebo group subjects were credited with
18 endpoint events for near doubling of serum creatinine. How
19 were they handled? How should they have been handled? How
20 many other near-doubling events were not counted as events?

21 DR. LINDENFELD: This is an area we didn't
22 cover, and we can see if people think we should. There
23 were 2 placebo patients that actually were credited with a
24 doubling of creatinine who, when they went back and looked
25 at the initial, by strict criteria the first study

1 creatinine did not actually double. The adjudication
2 committee, as I understand from the briefing booklet,
3 decided to include them in the doubling. I don't believe
4 we know how this was handled otherwise.

5 I guess one other question would be of the
6 endpoint events, how many were changed in the endpoints
7 committee? I don't think we've seen that data, and perhaps
8 you could just give us a brief answer to that.

9 DR. EDMUND LEWIS: Yes. With respect to those
10 2 patients, our protocol design was that the central
11 laboratory had to confirm a doubling of serum creatinine
12 event, which then went to our outcome committee for
13 adjudication.

14 And in the 2 patients that you're referring to,
15 what had happened was the geographic lab for that part of
16 the world had not declared a doubling. However, duplicate
17 samples were sent to our central lab and we confirmed a
18 doubling. Now, we're talking about tenths of a milligram.
19 But we confirmed the doubling. We sent that information,
20 along with the information from the local labs, on to the
21 outcomes committee and the adjudication was that those 2
22 patients indeed had doubled according to our predefined
23 protocol determination.

24 DR. LINDENFELD: Maybe you can give us a quick
25 answer to how many times did this happen in the other

1 groups, the irbesartan group and the amlodipine group.

2 DR. EDMUND LEWIS: It didn't. Those were the
3 only two cases.

4 DR. LINDENFELD: They were the only two cases
5 in the entire study.

6 DR. EDMUND LEWIS: Yes.

7 DR. FLEMING: Just one refinement of JoAnn's
8 answer to question number 1.3. If I'm recollecting
9 correctly, Jeff, you had asked this morning a series of
10 questions that related to these issues, and if I'm
11 recollecting correctly, in the 1.3, the 19 subjects lost to
12 follow-up, if one did take a worst case analysis, I think
13 the significance technically, if you believe .05 is a magic
14 number, was crossed. It's hard to know what to make of
15 that because a worst case analysis is incredibly
16 conservative.

17 DR. BORER: Yes. It was .055 something, as I
18 recall.

19 In summary, what effect have the sponsor's
20 rules for handling these situations on the credibility of
21 the principal finding? JoAnn?

22 DR. LINDENFELD: I think they've been handled
23 well, and I don't think it should influence the credibility
24 of the studies.

25 DR. BORER: Steve?

1 DR. NISSEN: Well, I sill am very troubled by
2 the lack of cardiovascular event data after those patients
3 reached the end-stage renal disease time point. And I'm
4 particularly troubled because prior to that point in time,
5 we saw point estimates for MI, cardiovascular death, and
6 stroke that were going rather strongly in the wrong
7 direction. And if those trends were to continue, they were
8 pretty close, as individual endpoints, to statistical
9 significance. So, those additional events that may have
10 occurred later that were censored could well have led to a
11 statistically significant result with respect to having a
12 worse outcome than the amlodipine treated arm. So, I
13 really do think it undermines my comfort level
14 significantly.

15 DR. BORER: Ray?

16 DR. LIPICKY: I think I feel compelled to say,
17 because the question was oriented so that you would, but
18 you didn't, that since there was only a delta of 33 in the
19 two groups, that a difference makes that indeed, depending
20 on what you do with things and one of the conditions did
21 make it happen where you lost the conventional
22 significance, and that that was simply meant to heighten
23 your awareness to where you were.

24 DR. BORER: Our awareness has been heightened.

25 Number 2. Of the 411 primary endpoint events

1 on placebo or irbesartan, 58 percent were creatinine
2 elevation and 42 percent were death or need for dialysis.
3 All of the apparent treatment benefit was the effect on
4 creatinine. And now we need to determine what we think
5 about this.

6 2.1, was this a statistical anomaly, and 2.2,
7 was this because there were just so few clinical outcome
8 events? Was this because effects on clinical outcome would
9 not be expected over 57 months of follow-up? Was this
10 because an effect on serum creatinine is a poor predictor
11 of clinical outcome?

12 Subjects who experienced doubling of serum
13 creatinine could later have end-stage renal disease and
14 die. When these events are counted, the relative risk of
15 death on irbesartan was .92 and the risk of needing
16 dialysis was .80. Are these data supportive of an effect
17 on clinical outcome?

18 Why don't you try and take the whole question
19 as one, JoAnn?

20 DR. LINDENFELD: I don't think this is a
21 statistical anomaly.

22 It's important to say I don't think the study
23 was a 57-month study. The mean duration of study here was
24 closer to 2. something years. So, it wasn't a 57-month
25 study. If it had been, I'd be far more concerned about the

1 lack of cardiovascular events here.

2 I can't explain why there was not an increase
3 in cardiovascular mortality. I think when we relate this
4 to the captopril trial, there are several things that come
5 up. One is that was a different population. Those
6 patients had much less well-controlled diabetes. These
7 patients are likely to have been on far better therapy at
8 this point in time. So, I don't believe it's just a
9 statistical anomaly. I think the follow-up may just have
10 been a little bit too short to see substantial differences
11 in cardiovascular outcome.

12 I think it helps that the relative risk of
13 death is less, but it would be nice if it were significant.
14 So, not strongly supportive.

15 DR. BORER: Can I just ask for an opinion? I
16 think one of the key elements here that one can infer from
17 this question is that we're being asked whether we believe
18 that there's a clear relationship between doubling of serum
19 creatinine and a progression to ESRD within 9.8 months.
20 And we were shown data about this. Can you comment on
21 that, JoAnn?

22 DR. LINDENFELD: I believe that there is a
23 clear correlation between doubling of serum creatinine and
24 end-stage renal disease, based on this data, yes.

25 DR. LIPICKY: Based on this data?

1 DR. LINDENFELD: I think so.

2 DR. LIPICKY: What do you see? What makes you
3 say that?

4 DR. LINDENFELD: Well, we see a substantial
5 difference in end-stage renal disease, if you believe a
6 creatinine greater than 6 as part of end-stage renal
7 disease. We talked about that earlier.

8 DR. BORER: So, the incidence of end-stage
9 renal disease, 22 to 23, doesn't mean anything.

10 DR. LINDENFELD: Well, that's if you only use
11 dialysis or transplant. If you use the creatinine of 6 --
12 and I think what I've heard makes me think that that -- and
13 the other discussion that we heard just about the
14 creatinine of 6 makes me feel that that was probably a
15 reasonable addition.

16 DR. LIPICKY: But that has to be, right,
17 because if you use creatinine as the one thing and you also
18 use creatinine for the other, it's got to be the same?
19 Isn't it? I mean, does that really convince you?

20 DR. LINDENFELD: No, it does not convince me,
21 but I think it's supportive data. Does it absolutely
22 convince me? There are two questions. Does the data
23 absolutely convince me? No, the data doesn't. Do I
24 believe the doubling of creatinine is an important
25 precursor for end-stage renal disease which is important in

1 clinical outcomes? All of this data persuades me that that
2 is true, in addition to other data, yes.

3 DR. BORER: Any disagreement? Dr. Kopp?

4 DR. KOPP: No. I would say not so much
5 disagreement. I think I agree with what you said.

6 But I've puzzled during the day about why the
7 rate of dialysis and transplant was so much higher in the
8 captopril study, given that both were about 3 years and the
9 captopril study involved younger patients. But I realized
10 you mentioned one factor that would favor less renal
11 disease in this group, which is glucose control was worse
12 in the captopril study. Another is that blood pressure I
13 think was not as well controlled. And a third I realized
14 is that some people who doubled creatinine and therefore
15 came off study could have then received an ACE inhibitor
16 and postponed the onset of their ESRD. So, I think that
17 might tend to unlink some of this, particularly over a
18 2.6-year study.

19 DR. LORELL: Yes, I agree very much with that
20 comment. I would support that.

21 DR. BORER: Let's move on to question number 3
22 then.

23 DR. FLEMING: Another comment, Jeff, on 2 if we
24 could.

25 DR. BORER: Oh, I'm sorry. I didn't see you.

1 DR. FLEMING: It might be worth getting into
2 just a little more depth in 2, if I could.

3 When I think of effect -- and it may be a
4 simplification, but in addition to the marker here which is
5 looking at changes of a certain magnitude in creatinine --
6 there are at least maybe three fundamental domains of
7 what's clinically important. One that I might say is a
8 direct obvious renal, which is dialysis/transplantation.
9 Then there's the domain of mortality, which includes renal
10 to an extent, of course renal-related deaths. And then
11 there's the third domain which would be the cardiovascular
12 events. That would include the stroke and the MI,
13 cardiovascular death, heart failure.

14 My sense is what's happening here is when you
15 analyze these data in different ways, you're getting
16 different weightings of these three domains. With the
17 first of those three domains, there's a signal for benefit.
18 The second and third domains, there's essentially an
19 indication of lack of difference or, to put it another way,
20 to obtain evidence that is convincing of small differences
21 that would take a much larger trial.

22 So, if I could just briefly refer to a series
23 of five analyses that become more inclusive as you go
24 through them, when you look at the primary analysis, you
25 see the 411 events that we were asked to look at here. If

1 you look at a breakdown of that, when you look at the first
2 occurrence, what you find is there are 64 deaths in control
3 and irbesartan. So, there's no difference in first
4 occurrence of deaths. There's actually no difference in
5 first occurrence of dialysis. There's no difference in
6 first occurrence of transplant. The entire difference is
7 in first occurrence of the doubling. But it's misleading
8 to look at it that way in the sense that, for example, for
9 dialysis you're truncating the follow-up there at the first
10 occurrence of the primary endpoint. So, we want to follow
11 on beyond that.

12 And that leads to the second analysis which is
13 looking at end-stage renal disease. The first analysis
14 we've seen, there's an excess of 33. There are 33 events
15 prevented. And this is a relative risk of .8 and this has
16 the p value of .023. When you look at the end-stage renal
17 disease, you're getting almost the same relative risk
18 reduction of .77 as the relative risk. You have 19 fewer
19 events, and yet not quite significant. So, if one takes
20 the approach that end-stage renal disease is so proximal to
21 dialysis that it's a reliable surrogate, that there isn't
22 an issue about surrogacy, then for this particular
23 endpoint, we're seeing an estimate of a 23 percent
24 reduction with not quite statistical significance and 19
25 fewer events.

1 It's interesting if you look at dialysis. What
2 we were shown is that translates into 15 fewer events. So,
3 in fact, it's sort of a confirmation, I might say, that
4 end-stage renal disease is close enough to dialysis to
5 basically refer to it as a reliable measure. But dialysis,
6 like end-stage renal disease, showing 15 to 19 fewer
7 events, is around that area that we would consider
8 convincing. It's about a p value of .07 to .1, something
9 in that neighborhood.

10 When you add death, the deaths are essentially
11 comparable. In fact, I think most of the deaths that occur
12 -- there were 87 versus 93 deaths. So, there were 180
13 deaths. Only 36 of those were people who had had a prior
14 dialysis. So, a large fraction of these deaths are
15 occurring to people who had not had a prior dialysis.

16 So, basically it would be called competing
17 risks, which points out that at least for the duration of
18 follow-up that we had in this population, there is a
19 significant myriad of health challenges these patients are
20 facing and the renal complications are obviously one
21 important part, but there are major complications outside
22 of the renal. And it would appear from these data -- and
23 it may be what people would say we would expect -- is that
24 there's no reduction in those particular deaths.

25 So, when you go to the next level of analysis,

1 which is dialysis/death, what you're seeing then is still a
2 numerical 13 fewer events, but now relative risk is .89.
3 So, you're only reducing the relative risk by 11 percent.
4 Obviously, very nonsignificant.

5 And it's interesting that if we compare that,
6 that's the endpoint in captopril that showed a 50 percent
7 reduction. This particular endpoint, we're showing an 11
8 to 13 percent reduction.

9 And personally I find it very acceptable to
10 focus on the renal-related phenomena here, death,
11 transplantation, dialysis. But if you then go one step
12 further and you add in what was at least documented for the
13 cardiovascular events in the secondary endpoints, now
14 you're looking at 209 versus 229 or 20 fewer events,
15 corresponding to a proportion of patients who have events,
16 36 versus 40, so a 4 percent absolute reduction or about a
17 9 percent relative reduction.

18 So, my sense is when you look at this to answer
19 this question, one really needs to break apart these
20 domains. And what, at least my interpretation, these data
21 are telling us is if you focus on end-stage renal disease
22 or, correspondingly, dialysis as the only measures you're
23 looking at, you're seeing something on the order of a 20-23
24 percent reduction, but it's p values of .07. So, it's very
25 close to whether you would say that's convincing evidence.

1 When you then add in death -- so, you're
2 looking at dialysis-free survival -- because you're adding
3 in almost as many additional events that were not impacted
4 at all in terms of their reduction -- that 23 percent
5 reduction is cut in half to an 11 percent relative
6 reduction, very nonsignificant, although I don't worry
7 about it being nonsignificant. I'm looking more at the
8 magnitude. And then it's reduced to 9 percent relative
9 reduction when you bring in the other cardiovascular
10 events.

11 So, it seems as though there is -- this is an
12 issue that we have to decide, is there adequately
13 convincing evidence that you're affecting the clinical
14 renal events because there's clearly a signal toward that.
15 But the other events, even if you just go to death, aren't
16 being influenced nor are the cardiovascular events being
17 influenced.

18 DR. BORER: Well, we'll have to keep all that
19 in mind as we move along here.

20 May I ask you, Tom, just one thing? I think
21 you've really covered the waterfront. The point is made in
22 the questions that we don't see the curves begin to
23 separate until 18 months. And that's true. Of course,
24 we've heard about the natural history of these diseases,
25 and it's not terribly surprising that we might not see an

1 impact for a while. But I'm impressed with the fact that
2 at least until you get out to 42 months, by which time the
3 numbers become so small that the statistical stability of
4 point estimates would have to be of concern, the curves
5 seem to continue to diverge. It appears that we're having
6 an increasing effect over time. Do you accept that or can
7 you comment on that?

8 DR. FLEMING: I think what you're referring to
9 is this is what the primary analysis does show when you
10 look at --

11 DR. BORER: Also the end-stage renal disease
12 analysis.

13 DR. FLEMING: If I go through my hierarchy of
14 five analyses, those are a tier 1 and tier 2. They're
15 fairly close.

16 It's certainly an interesting issue. It's
17 relevant. It's going to mean that statistics such as the
18 log rank test will be pretty sensitive to those kinds of
19 emerging effects. It means that it's possible, plausible
20 that if one had continued this for a number of additional
21 years, then the magnitude of the signal may have been more
22 apparent. It comes back to a comment just before the break
23 I think that Dr. Temple had asked about what ability would
24 there be to follow up these patients in this study to see
25 whether there is more data than what we've had presented to

1 us for effects of the signal on dialysis. It's entirely
2 possible that it would show more signal.

3 DR. BORER: Let's go on to question number 3.
4 Irbesartan reduced the composite event rate compared with
5 amlodipine by 23 percent. Considering the low nominal p
6 value, is this as good as a second study? This p value is
7 smaller than for the comparison between irbesartan and
8 placebo because amlodipine did worse than placebo. How
9 does that confirm a benefit of irbesartan?

10 JoAnn?

11 DR. LINDENFELD: I don't believe that this is
12 as good as a second study. First, when you look at those
13 curves, they were different. Amlodipine was just slightly
14 worse, not statistically significantly so from placebo, so
15 it's not a surprise that this p value is lower than when
16 compared to irbesartan. So, no, I don't think it's as good
17 as a second study.

18 Does it help a little bit? It helps me a
19 little bit in that in the amlodipine group, the blood
20 pressure was well controlled, and I think that's a helpful
21 finding, but certainly not as good as a second study.

22 DR. BORER: I want to ask Tom for a
23 clarification here again. I'm not sure what we can infer
24 from the nominal p values here. The way I would look at
25 it, it's unlikely that the difference between irbesartan

1 and placebo was due to chance alone for the primary
2 analysis, and unlikely that a difference between irbesartan
3 and amlodipine was due to chance alone in the primary
4 analysis. I'm not sure what you can infer about placebo
5 and amlodipine and about the difference in the p values
6 between those two. That seems beyond what we can really
7 draw conclusions about. Am I right about that or am I
8 misinterpreting here?

9 DR. FLEMING: Actually my sense about this is
10 similar I believe to what I understand JoAnn is saying.
11 When I look at this, there is some level of reassurance
12 about the irbesartan effect against placebo when you look
13 at it against amlodipine and you track that same effect.
14 Of course, the extent to which I can draw that reassurance
15 is based on the assumption that amlodipine can really be
16 viewed as a placebo.

17 Where I worry is that I don't know whether we
18 can say that amlodipine is a placebo, at least as it
19 relates to the measures on the primary endpoint. Certainly
20 when we get to the cardiovascular measures, if we're going
21 to pool amlodipine with placebo, then I almost feel like,
22 gee, is that really fair not to pool it where it's going to
23 make irbesartan look worse, which are the cardiovascular
24 endpoints. If we do that pooling relative to other
25 measures such as cerebrovascular events, MIs, neurologic

1 abnormalities, if you pool amlodipine and placebo and
2 compare it to irbesartan, it looks like irbesartan is 30
3 percent worse. Well, I don't believe that either. I think
4 what's happening is amlodipine is better than placebo. So,
5 to then pool amlodipine with placebo in those measures that
6 will make the statistical strength of evidence look better
7 seems to be a little bit, at best, arbitrary. So, there is
8 this clinical issue, can you pool this when you're really
9 having to essentially say, to strengthen your evidence, I'm
10 willing to say amlodipine is a placebo. So, there is that
11 clinical complication.

12 There's also a statistical complication. If I
13 allowed myself to generate a p value by essentially
14 comparing to the placebo and comparing to the placebo with
15 another arm in the trial and view that whichever one of
16 those p values look more impressive and report that p value
17 as being meaningful, you're going to have an inflated risk
18 of false positive conclusions. You can't conditionally
19 pool something from another arm with my control arm if it's
20 going to strengthen my evidence. It would be interesting.

21 Would it have been pooled had it weakened the
22 evidence?

23 Would we still have done the same pooling
24 analysis of amlodipine against control if it would have
25 weakened the strength of evidence because amlodipine itself

1 would have carried some benefit on this endpoint?

2 So, bottom line is I strongly object to anybody
3 sprinkling p values on such ad hoc suspect analyses to, in
4 a sense, strengthen the interpretation of those.

5 On the other hand, coming back to what JoAnn
6 said, I think there is some level of reassurance. It's not
7 remotely what I'd call a second trial reassurance, but
8 there is some level of reassurance by saying that the
9 amlodipine arm was similar to the placebo arm and the
10 irbesartan was better than each of the two.

11 DR. BORER: Steve?

12 DR. NISSEN: I think I'm agreeing with you,
13 Tom. We can't have it both ways. We can't say amlodipine
14 is placebo-like for one set of endpoints, but then ignore
15 the others. The minute we start to do that, we're creating
16 an anomaly. It seems to me that if we look at amlodipine
17 as placebo, then we're forced to compare what happened with
18 irbesartan and amlodipine with all those other endpoints.
19 Clearly, there are several of them that go disturbingly in
20 the wrong direction.

21 So, I think you have to look at the totality of
22 the data here, and in that sense, I don't find it
23 reassuring at all because, for a patient, you really have
24 to ask the question. The patient enters a clinic and you
25 have to decide which drug you're going to give them, and I

1 think if some endpoints go in one direction and some go in
2 the other, the net clinical benefit is very hard to
3 establish and certainly doesn't strengthen the evidence
4 against placebo to lump amlodipine in the same category.

5 DR. BORER: Let's go on to number 4. Comment
6 on other secondary endpoints in IDNT.

7 4.1. There was a prespecified analysis of time
8 to first cardiovascular death, nonfatal MI, CHF
9 hospitalization, disabling stroke, or amputation. There
10 were 416 such events with no significant difference in the
11 distribution among groups. Is this further evidence of a
12 lack of clinical benefit? Is it comforting that there's a
13 lack of apparent harm? Were there simply too few events,
14 et cetera?

15 4.2. We discussed part of that here. There
16 was a prespecified analysis of time to first cardiovascular
17 death, nonfatal MI, coronary revascularization, CHF
18 hospitalization, need for ACE inhibitor or ARB for heart
19 failure, disabling stroke, amputation, or peripheral
20 revascularization. There were 518 such events with no
21 significant difference in the distribution among groups.
22 Is this further evidence of a lack of clinical benefit? Is
23 it comforting that there is a lack of apparent harm? Were
24 there simply too few events to show a meaningful effect?

25 JoAnn?

1 DR. LINDENFELD: Once again, we have to come
2 back. Lack of clinical benefit. I think the primary
3 endpoint here was renal disease and that's where we really
4 want to show the clinical benefit, and we've discussed that
5 data. So, in this study, in this trial, I think we have a
6 lack of a clear-cut clinical benefit in these
7 cardiovascular endpoints, but certainly this doesn't imply
8 a lack of clinical benefit on end-stage renal disease.

9 Now, again, the point has come up over and over
10 again. If we see this doubling of creatinine, why is it
11 not reflected in these other events? But again, we've
12 discussed that, and these are two different things. This
13 lack of clinical benefit for cardiovascular outcomes
14 doesn't dissuade me that there's a clinical benefit in
15 renal disease, which is real.

16 I don't believe there were too few events to
17 show a meaningful event. Perhaps the study needed to go
18 longer. Maybe that says that, yes, there were too few
19 events. But I don't believe there were too few events. I
20 can't explain the lack of cardiovascular outcomes here.

21 DR. BORER: Any other comments here? Tom?

22 DR. FLEMING: A very brief addition to that.
23 The sense in which I might argue there could have been too
24 few events is we're estimating something like an 8 percent
25 reduction, and that's not significant. It's informative in

1 that it's suggestive that the actual effect, if it's real,
2 is very modest. I'm not willing to say that these data
3 prove that there isn't an effect on cardiovascular events,
4 and in that sense it's too small a trial. We probably
5 would have needed a much bigger study. If we would have
6 viewed, for example, that conclusively establishing that
7 the 8 percent is real, that would have taken a huge study.

8 So, this is the third domain that I had
9 referred to in my answer to question 2, and my sense of
10 that is consistent with you, JoAnn, that the first domain
11 is what the intention and the focus was. It's still
12 relevant to know what the third domain showed because these
13 are very clinically relevant endpoints. And what the data
14 show is they suggest that if there is an effect, it's very
15 modest and it would take a much bigger trial to sort out
16 whether there is in fact a very modest effect on
17 cardiovascular events versus no effect.

18 DR. BORER: Now, the next question we actually
19 have to -- I'm sorry. Go ahead.

20 DR. LORELL: I appreciate your insights on
21 that. I think they're very helpful. I think it's also
22 very much worth emphasizing that the treatment design in
23 this appears to have had at least two potent
24 cardioprotective interventions that were seen in all three
25 groups. One was aggressive blood pressure control. A

1 second was that a relatively high number of patients were
2 on profoundly cardioprotective beta blockade. We weren't
3 told about aspirin, but I'll assume, unless I'm corrected
4 otherwise, that aspirin use was comparably distributed.
5 So, I would look at the way these patients were treated as
6 having a very powerful cardioprotective intervention that
7 was done in all three groups, and I think that may have
8 partially blunted the ability to see any difference because
9 of the low event rate.

10 DR. BORER: Bob?

11 DR. TEMPLE: Yes, I think I had much the same
12 comment. We keep saying there was no difference, but there
13 really isn't any hypothesized difference. They're all on
14 appropriate regimens with all kinds of stuff. There's a
15 hypothesized difference in renal events, but there isn't
16 any hypothesized difference in any of the others. I mean,
17 there is some disturbance about the fact that amlodipine
18 looks a little better on some of those. That's certainly
19 something to think about. But you wouldn't really have
20 predicted an advantage in those events in this setting
21 unless somehow the renal events led to fewer of the other
22 events, and it probably wasn't followed long enough to see
23 that.

24 DR. BORER: Steve?

25 DR. NISSEN: Just in response, part of the

1 reason why you might have hypothesized that is if
2 progressing to doubling your creatinine and getting renal
3 failure is a very bad thing, leading to myocardial
4 infarction -- we've all heard that once you get to end-
5 stage renal disease, you've got this terrible
6 cardiovascular morbidity and mortality, and therefore
7 preventing that might be expected to prevent those
8 secondary consequences. So, I guess I think you could
9 hypothesize that. Even though the sponsor didn't
10 necessarily power it for that, I think we wouldn't have
11 been shocked if we saw that.

12 DR. BORER: The next question we have to stand
13 up and be counted on.

14 Are the results of IDNT alone an adequate basis
15 for approval of irbesartan for the treatment of patients
16 with type 2 diabetic nephropathy?

17 JoAnn, why don't we start with you and then
18 we'll go to that side of the table and move around?

19 DR. LINDENFELD: I would say no to this
20 question. I think that the study shows an improvement in
21 the doubling of creatinine, but we've generally required
22 two studies at .05 or one study at a much lower p value
23 than this. In addition, there's a small number of
24 endpoints. So, just as a standalone study with no other
25 data, I would say no.

1 DR. BORER: Dr. Brem?

2 DR. BREM: I would make one comment and it
3 comes to the point you made very early in the discussion
4 and that is, is this for diabetic nephropathy or
5 hypertensive patients with diabetic nephropathy?

6 DR. BORER: I think we can define how we want
7 to interpret that. Why don't you carry through the
8 thought?

9 DR. BREM: I think the way it's written here --
10 Dr. Lipicky, if I'm misquoting you, please interrupt -- I
11 think he's trying to get at an indication for diabetic
12 nephropathy, yes or no, independent of the hypertension.
13 And I'm not sure on one study of this nature that we have
14 enough information to make a blanket approval.

15 DR. LIPICKY: Then to make it easy, make it
16 with hypertension. So, I'll call your bluff.

17 (Laughter.)

18 DR. BREM: I think even with hypertension, I'm
19 not sure this study alone, in the absence of everything
20 else --

21 DR. LIPICKY: You've answered my question.

22 DR. BORER: Dr. Kopp?

23 DR. KOPP: I had a question about those
24 standards. It's two trials each at .05 or one trial at
25 .00125. Where does that second number come from?

1 DR. LIPICKY: Both Tom and Dr. Temple are here
2 to amplify on what I'll say. But basically if you just
3 take the common sense view, that if somebody finds
4 something, well, one has arbitrarily by history defined
5 finding something as a p of .05. Usually you say, well,
6 Tom found that. I'd like to know Harry found that too.
7 Almost everybody says maybe Tom is right, but I want to
8 know someone else found it. So, that's another .05.

9 So, if you now require for your standard of
10 evidence -- and I'm not sure you should; in fact, I am
11 advocating you should, but I'm not sure you should -- two
12 trials of .05, statistically that's .05 squared. So, then
13 you have to divide by 2 because you have to end up in the
14 same distribution of the tails. And that comes out to
15 .00125.

16 So, you have this various grading then of
17 strength of evidence from the convention, 1 chance in 20 of
18 being wrong, to a really very small chance of being wrong.
19 One has to make the decision where you think this strength
20 of evidence is. And I would maintain that you ought to be
21 closer to the two studies at p of .05 than to one study at
22 a p of .05 because one study at a p of .05 is just too
23 shaky.

24 DR. KOPP: Clearly then my answer is, according
25 to those standards, this doesn't make it. I agree that I

1 don't think we can consider this two independent studies so
2 we don't have that criteria met.

3 DR. BORER: Bob?

4 DR. TEMPLE: I just want to comment a little
5 further. We have just been at a workshop on this
6 discussion.

7 Historically the agency always said that you
8 need independent substantiation of a finding, basically in
9 the form of another controlled study. The Food, Drug and
10 Cosmetic Act was altered in 1997 to allow us to reach a
11 conclusion on the basis of a single study with what is
12 "confirmatory evidence," whatever that means because that
13 has never been properly defined.

14 We've written a lengthy document on what
15 constitutes good enough evidence and have generally said a
16 couple of things. First of all, other data from other
17 studies, maybe with a different endpoint, can sometimes
18 help you believe in one study. Obviously, that's a matter
19 of judgment. And we've also said that when really all you
20 have is a single study, it ought to be at a more extreme p
21 value, confidence interval, whatever you care to do.
22 Whether that translates to .00125 or .001 or whatever is
23 again a matter of judgment.

24 But it is fairly clear that we're allowed to
25 think about -- and the document says this -- data from

1 other sources. Now, this is anticipating later. But
2 you're entitled to take into account such things as the
3 other study showing a different endpoint that may or may
4 not be relevant. How to do that is an intense matter of
5 judgment. I wouldn't try to tell you what to do, but
6 you're permitted to reach that sort of conclusion. You
7 even can think about related drugs, if you want to. But
8 how to do those things and what the precedents are is very
9 iffy, and there aren't very many. So, you're in
10 substantially uncharted territories, but you're allowed to
11 think.

12 (Laughter.)

13 DR. LIPICKY: Just to add to the part of you're
14 allowed to think and nobody knows what the right answer is,
15 it isn't just the p value. Right? It's partly, well, yes,
16 you made a p of .05, but if you change one patient, and now
17 you're at a p of .1, well, geez, that's not really a p of
18 .05, just as in this case, it's a p of .02, but if you lose
19 a few patients, it's .07. Now, that's a big difference.
20 So, part of the question is not prior knowledge or is it a
21 p of .05, but how robust is the data. How likely is it
22 that if you take the numbers you're looking at and act on
23 them, you would be making a mistake? So, it's another part
24 of the whole business, and it doesn't come down to p values
25 only.

1 Nor is it really one study/two studies. I
2 mean, you could have one study that has a p of .01, let's
3 say, and is so robust that you wouldn't possibly think that
4 it could turn out any other way. Or as Dr. Temple says,
5 you know so much that you would have predicted that, and
6 indeed this now turns out that way.

7 And so, there's all kinds of this. That's
8 what's being talked about now. Where are you on this
9 continuum of your confidence that what the trial found is
10 real?

11 DR. BORER: So far, to summarize, we're at 3 to
12 0 against, in terms of question number 5, and we'll go to
13 Beverly Lorell.

14 DR. LORELL: Well, picking up on Dr. Temple's
15 comment and on your comment, Dr. Lipicky, I'd welcome some
16 discussion among the committee about their interpretation
17 of the supportive value of the RENAAL study. Admittedly,
18 it's a bit on uncharted ground, but at least to my mind,
19 those data in a very similar design --

20 DR. LIPICKY: You haven't seen it. I think our
21 proceedings here should be related to data you have seen
22 and where you have seen a whole review like you've just
23 seen of this, and there may be things that you know about
24 that haven't had that degree of stuff and I don't think you
25 should count that. Dr. Temple may think differently.

1 DR. TEMPLE: Well, I think we've vetted and the
2 committee has vetted captopril data, so you might think
3 that was relevant.

4 It is hard to take the RENAAL study into
5 account because you haven't had an opportunity to see it,
6 although we have.

7 (Laughter.)

8 DR. LIPICKY: Well, but that is a difference.

9 DR. TEMPLE: Yes.

10 DR. LIPICKY: And we would represent to you
11 that the captopril study is as it was. We couldn't make
12 that representation for the RENAAL.

13 DR. TEMPLE: We tend to be nervous about -- no
14 offense to anybody -- presentations in journals without an
15 opportunity to see the data, even though everybody is
16 trying his or her best.

17 DR. BORER: I think we'll get to the strength
18 of supporting evidence in the subsequent questions, but
19 maybe we can try and deal with this one first, which is
20 specifically, if you look at IDNT alone, is that adequate
21 for approval?

22 DR. LORELL: Well, but in response to that
23 explicit question, I would say no.

24 DR. BORER: Do you want to state a reason?

25 DR. LORELL: For the same reasons that have

1 been discussed, that it is a single study with a modest p
2 value.

3 DR. BORER: Dr. Cunningham?

4 DR. CUNNINGHAM: I would also say no for the
5 same reasons.

6 DR. BORER: Mike?

7 DR. ARTMAN: I would say no. I think there are
8 a lot of confounding issues. We really haven't delved into
9 some of the issues related to polypharmacy and whether that
10 was all controlled for, et cetera. I think that the issues
11 related to gender and ethnicity -- there was some hand-
12 waving.

13 We've talked about the issues related to the
14 black population and we're told that that couldn't account
15 for differences. Then we looked at North American versus
16 European and they said, oh, well, that's because all the
17 black people were on the North American side and that
18 accounts for the difference.

19 You know, I just am underwhelmed. And the
20 mantra that Ray has instilled into us has been does the
21 intervention make you live longer or feel better, and I
22 don't see compelling evidence for either one of those. So,
23 I would say no.

24 DR. BORER: Tom?

25 DR. LIPICKY: You cannot blame it on me.

1 DR. ARTMAN: Oh, I blame everything on you.

2 (Laughter.)

3 DR. BORER: He wasn't blaming it on you. He
4 was giving an explanation.

5 DR. ARTMAN: I'm giving you credit. I'm
6 attributing it to you.

7 DR. BORER: Tom?

8 DR. FLEMING: Well, issues have been discussed,
9 but essentially when I look at data from a single trial and
10 I'm confronted with the question should this study, at
11 least in my own recommendation to the FDA, be viewed as
12 adequately convincing. We lose a little bit with the
13 single study of the replication concept. That is
14 important. It's not just a p of $.025$ squared times 2,
15 which is what $.001$ is. There is that merit to being able
16 to see an independent set of investigators maybe in a
17 somewhat related setting being able to show that the
18 results of positivity could be confirmed.

19 Having said that, though, I do accept that a
20 single trial in settings could be adequate, and I certainly
21 am influenced a bit by what the strength of evidence is
22 when you say $.001$, i.e., the $.025$ squared. There are
23 settings that would move me away from even saying I would
24 need to see that from a single trial, if I'm looking at a
25 mortality endpoint, if I'm looking at secondary measures

1 that are strongly reinforcing primary.

2 So, in this setting, I completely concur with
3 the sponsor's perspective that the first focus of this is
4 the renal components and dialysis. And when I look at
5 that, I see some p values that are in the neighborhood of
6 .025 to .075, something lurking around .05. When I look at
7 the secondary measures, I don't see that they have to be
8 positive in order to make me view this as a single positive
9 trial, but I do think that when the primary is about .05, I
10 do need to see those secondary measures showing positive
11 reinforcement for this study to be judged in its own right
12 as a single convincing trial. And for mortality and for
13 the cardiovascular endpoints, there's not evidence of
14 benefit.

15 My view of that is I think this is just on the
16 edge of what I would consider adequate strength of evidence
17 for this to be called, just barely, a single positive
18 trial, but I don't see it as meeting any of those other
19 factors that would bring me to a much more convincing
20 perspective that this study conclusively establishes
21 benefit at the level that I would wish to have as a
22 standard for strength of evidence from two independent
23 studies.

24 I guess the last point is -- and I don't know
25 what FDA's view about this is -- I would also be persuaded

1 if this was a setting that was a rare setting that would be
2 incredibly difficult to enter patients. This is a setting
3 where this is going to be very widely used, and I think
4 having a standard of being adequately convinced it's
5 effective is particularly compelling in a setting where
6 you've got an intervention that's going to be so widely
7 used.

8 So, I look at it as a study that just does get
9 into the realm of strength of evidence for being called a
10 single positive study, but I couldn't see an approval being
11 justified based on this study alone.

12 DR. BORER: Blase?

13 DR. CARABELLO: I would vote also no. I think
14 it was a single study. I found the amlodipine data helpful
15 in helping me believe that this was not simply an effect of
16 blood pressure lowering, but I was mostly disturbed,
17 despite discussion to the contrary, about its lack of
18 effect in women in North America. I just am bothered by
19 the fact that that subset analysis seemed to be so weak.

20 DR. BORER: Steve?

21 DR. NISSEN: Well, one of the questions I ask
22 is, although it is off-label use, almost all these patients
23 now are getting treated with ACE inhibitors. A
24 recommendation to approve will cause a shift in prescribing
25 practices. So, what level of evidence do we want to have

1 to actually cause that to take place?

2 The p value here is really .035 for the primary
3 endpoint, and if you'll recall, the sponsor's analysis of
4 the blood pressure differences suggested that at least some
5 of the positivity was due to that. So, now we're getting
6 perilously close to even the standard for a single study.

7 You add to that the confounders, as in race,
8 gender, and location, North America versus not, and now
9 there are just too many confounders that could take this on
10 the wrong side of even being adequate as a single study.
11 So, I just think there's just not compelling evidence from
12 IDNT to approve. So, my vote is no.

13 DR. BORER: Alan?

14 DR. HIRSCH: The first time I think I've ever
15 gotten to speak last, and yet I've learned how to use the
16 word opine.

17 (Laughter.)

18 DR. HIRSCH: First, I have to say to my
19 previous instructors, Dr. Brenner and Dr. Lewis, I also
20 heard you and I have absolutely no doubt that ARBs alter
21 the structure and hemodynamics of end-stage renal disease
22 or the kidney proceeding to end-stage renal disease. In
23 other words, the paradigm I understand is important and
24 affects a great number of patients who will ultimately in
25 this country and the world die of their disease. But I

1 opine no as well, and I should justify why.

2 The same issues. I'll repeat a few of them.
3 Single trial, I think, whose statistical significance is
4 borderline. For me the supporting data and the secondary
5 endpoints and the use of IRMA 2, though they support the
6 pathophysiology, in general don't yet convince me that the
7 single has adequate power.

8 Like Dr. Lorell, I certainly am aware of
9 published data from losartan and RENAAL, and that helps me
10 but we're not there yet. So, I can't include that in my
11 analysis.

12 A little bit like you were saying, Dr. Temple,
13 whereas if I were a manuscript reviewer, this is clearly an
14 important trial and significant, our role as advisors to
15 the agency is different. There's a higher standard of
16 evidence because it will change practice. So, I say no
17 now.

18 I'll go a step further to set up the discussion
19 later I think that you wanted, Dr. Lorell. We do change
20 precedent by how we interpret trials, and I fear that when
21 we take a single trial, as you might imply, and permit the
22 global data to change our analysis, that we permit use of
23 surrogates that we're not all quite comfortable with,
24 number one, that we might permit a somewhat low sample size
25 to be used not to understand why there's no efficacy in

1 North America when, in fact, we're regulating North
2 American use -- or I should say American use. And I worry
3 that then we'll also promulgate incomplete follow-up
4 regarding those cardiac events in future trials.

5 So, overall, looking at a large potential use
6 with a very, very important disease, it doesn't quite reach
7 that level of significance. So, I opine no.

8 DR. BORER: Opine is Ray's usage.

9 Just with regard to the strictly stated
10 question number 5, I'm going to vote no as well, but I want
11 to give some explanatory statements.

12 First of all, although I agree with the thrust
13 of Ray's suggestion earlier that diabetic nephropathy is
14 diabetic nephropathy, and the presence or absence of
15 hypertension probably -- probably -- doesn't alter the
16 fundamental nature of the disease. Nonetheless, when we're
17 talking about approval of a drug, we have to consider the
18 efficacy and the safety for its intended use and the
19 balance between the two. And I really have no information
20 at all that would allow me to give an opinion about that
21 with this drug in patients with diabetic nephropathy who
22 don't have hypertension. So, just as Dr. Brem suggested, I
23 would limit my consideration of this drug to patients with
24 type 2 diabetic nephropathy with hypertension. Those are
25 the patients we saw where the risk/benefit relationship may

1 be different than in the other populations.

2 Having said that, I agree that it's a single
3 trial with a level of consistency, indicated by the p value
4 that's relatively close to the margin that nominally we
5 accept, and there are some other issues.

6 However, and perhaps to presage aspects of the
7 discussion that we'll get into, I really don't have any
8 trouble with a creatinine of 6.0. I'm not a nephrologist,
9 but my understanding of the literature and my clinical
10 experience is that when patients have dramatically
11 subnormal creatinine clearance, as people with a creatinine
12 of 6.0 do, they progress, and they progress relatively
13 rapidly. And if they're not dialyzed, then they will die,
14 and before they die, they'll be very uncomfortable people.
15 I don't need a set of data collected by the sponsor about
16 the effects of pericarditis, the effects of anemia, the
17 number of episodes of nausea and vomiting to believe that
18 because I think it's been well documented in the
19 literature, and I think that nephrologists probably know
20 that and people in other subspecialties may not have the
21 same feeling for it. But I do see this patients with some
22 frequency because of my focus on patients with valve
23 disease who have cardiac surgery. So, I have no problem at
24 all with the endpoint of 6.0 or dialysis or transplant. I
25 think the one is a short step from the other.

1 And I have really no particular problem with
2 the doubling of creatinine as a pretty solid predictor of
3 the progression to these bad endpoints that we don't want
4 people to get to.

5 Having said that, I think that I to a lesser
6 extent and the entire committee perhaps to a greater extent
7 would feel more secure. We would have a more secure view
8 of the data and the interpretation of the data if in fact
9 we did have that additional information that Tom had asked
10 for earlier about the progression to dialysis and the
11 progression to transplant beyond the first event ESRD. So,
12 I'd like to see those.

13 I think if at the end of the day we don't come
14 out voting in favor of suggesting to the FDA that they
15 approve this drug for the requested indication, that those
16 data should be obtained and given for review because they
17 might change the opinion of some of the people who are
18 looking at these data, specifically the kinds of things
19 that Tom was asking for.

20 I'm really not terribly concerned about the
21 gender and ethnicity issues. I don't want to get into
22 mechanisms. I'm already on record as telling Tom at an
23 earlier discussion at another meeting that I have no idea
24 how any drug causes its clinical benefits, but I can talk a
25 little bit about pharmacologic effects.

1 I think that there's an analogy here. The
2 gender issue, the ethnicity issue, all the other substudies
3 are indeed substudies. If we're concerned about them, then
4 we could suggest that the FDA say something about that in
5 the label and note the lack of information or the lack of
6 security in certain subpopulations. But they are
7 substudies. They're post hoc assessments. There was no
8 hypothesis being tested there. So, I'm not terribly
9 concerned about that.

10 And I'm also a little sorry that we got into
11 such a detailed -- I'm not sorry that we got into the
12 discussion, but that the issue of the nonfatal cardiac
13 endpoints seems to assume such great importance because I
14 am convinced that when you look at the totality of major
15 events, that there are fewer major events on drug than
16 without, although there does seem to be a different
17 distribution of some of those cardiovascular events than
18 the renal events which causes you to lose a little bit of
19 confidence in the strength of the overall conclusion.

20 So, again, in summary, I believe that IDNT
21 alone isn't an adequate basis for approval of irbesartan
22 for treatment of patients who are hypertensive with type 2
23 diabetic nephropathy, but I'm not as concerned about some
24 of the other issues that have been raised as you've heard
25 from some of the other committee members.

1 DR. TEMPLE: Jeffrey, I think not everybody who
2 voted clearly referred to this study alone. You just did.
3 The question was designed to not have you consider IRMA
4 yet and just go on this study, but it wasn't clear to me
5 everybody was treating it that way.

6 DR. BORER: I think Alan didn't and one or two
7 others didn't, but I think most everybody focused on this
8 alone.

9 DR. TEMPLE: The second observation I want to
10 make is we've been severely criticized for putting a
11 mention of a subset in the labeling, referring to the MERIT
12 trial, where we thought we had better than usual cause.
13 It's just worth observing that here the subsets are
14 extremely small and it would be a miracle if they all went
15 in the same direction. So, we're having some trouble for
16 doing that at all. Just so you know, people are
17 threatening not to include U.S. patients in their trials
18 because we pay so much attention to it, but don't worry
19 about that.

20 (Laughter.)

21 DR. BORER: Well, just for the record,
22 nominally they did go in the same direction. The magnitude
23 of the effect was small, but as you've said, small numbers,
24 post hoc. I don't know what you make of that.

25 DR. FLEMING: Jeff, one other quick

1 clarification. I think there may be more concurrence in
2 what you were saying than you might have suggested in
3 handling the primary analysis. You were saying you were
4 persuaded that end-stage renal disease, which includes in
5 its definition a creatinine at level 6, would be an
6 adequate clinical endpoint, as would dialysis. I didn't
7 hear anybody disagreeing with that.

8 And when you referred to my interest in seeing
9 more data, if one accepts that these end-stage renal
10 disease endpoints are clinical endpoints, one gets a p
11 value of .07. If one uses end-stage renal disease as the
12 primary endpoint, and if you look at dialysis, you get a
13 significance level along that line as well. If you use the
14 primary endpoint, as they had defined it, which is a
15 twofold increase in creatinine, then you slip just on the
16 other side of .05 to .023. So, when you said you would
17 accept that, basically, at least in my own comments, when I
18 say you're on the edge of .05, it's accepting end-stage
19 renal disease as clinical endpoints.

20 DR. BORER: Let's move on then to 6, 7, and 8.
21 IRMA 2 randomized 611 subjects with type 2 diabetes and
22 microalbuminuria to placebo or irbesartan, two doses, for 2
23 years. The primary endpoint was time to progression to
24 overt proteinuria, and the analysis plan compared each
25 active arm to placebo. The results ordered by dose, but

1 only the 300 milligram dose group was statistically
2 significantly different from placebo.

3 Number 6. Comment on the handling and
4 implications of premature withdrawal of 166 patients, 27
5 percent.

6 JoAnn?

7 DR. LINDENFELD: Well, patients who reached the
8 endpoint of overt nephropathy were withdrawn. The
9 implication, of course, is that that makes it difficult for
10 us to see ultimately effects on GFR.

11 DR. BORER: What does that do to your level
12 of --

13 DR. LINDENFELD: That's coming up, I think, in
14 another question. But it makes it difficult on the basis
15 of the data to presume that a reduction in proteinuria
16 reflects a change in creatinine clearance.

17 DR. BORER: Any other comments on that point?

18 (No response.)

19 DR. BORER: No? Then let's go on to number 7.

20 There was a trend toward a greater increase in
21 the rate of change in serum creatinine on irbesartan than
22 on placebo. Comment on the hypothesized relationship
23 between proteinuria and renal function as evidenced by
24 creatinine clearance.

25 DR. LINDENFELD: I think I would make the same

1 comment again. This data just doesn't allow us to make a
2 relationship between proteinuria and creatinine clearance.

3 DR. BORER: That answer certainly stands.

4 I think -- and perhaps you don't think it's
5 worth doing this, but I think the issue that Ray may be
6 getting to us about is that the 300 milligram dose caused a
7 greater fall in creatinine clearance than the 150 milligram
8 dose or than placebo. And we heard that that may be a good
9 thing. What do you think about that?

10 DR. LINDENFELD: Well, as I understand the
11 explanation, that was an early effect and then stabilized
12 after that early effect. I'm not concerned about that
13 effect.

14 DR. BORER: Number 8. A 133-subject subgroup
15 was randomized to have GFR measured at 3 months, at the end
16 of active treatments, and then 4 weeks after the last dose.
17 At 3 months and at the end of active treatment, there were
18 no statistically significant differences in GFR between
19 placebo and either dose of irbesartan. 4 weeks after the
20 last dose, GFR increased in all three treatment groups.
21 Differences from placebo were again statistically non-
22 significant, or perhaps not statistically significant.
23 Comment on the hypothesized relationship between
24 proteinuria and renal function as evidenced by GFR.

25 I think it might be fair, unless Ray doesn't

1 think it's fair, for us to include in that discussion not
2 just the GFR substudy, but the other data that we saw for
3 the entire group.

4 DR. LINDENFELD: I would comment here that
5 we've seen a lot of information suggesting that the changes
6 we would see with angiotensin receptor blockers are likely
7 to be permanent changes, or at least if not reversal of the
8 underlying disease, prevention of advancement of the
9 underlying disease. And when one removes the irbesartan,
10 at least the 150 milligram dose, and sees a return right
11 back up to placebo levels, that makes us think that this
12 was a hemodynamic effect of some sort rather than perhaps a
13 clear-cut change which we would expect to see longer. It
14 can't just be a blood pressure change, the fact that the
15 blood pressure was allowed to go up, because we didn't see
16 that same thing happen in the 300 milligram group. So, on
17 the other hand, the 300 milligram irbesartan group did have
18 a persistent lowering.

19 So, it doesn't help me. It certainly doesn't
20 add to this relationship between proteinuria and GFR, but I
21 don't know that it subtracts from it either.

22 DR. BORER: How about the relationship between
23 irbesartan and ARB and proteinuria? I think one of the
24 thrusts of the question here may be does the delay in any
25 loss of apparent stabilization of proteinuria with a 300

1 milligram dose, after you stop the 300 milligram dose, give
2 you any sense of the action of irbesartan compared to
3 placebo, for example.

4 DR. LINDENFELD: Maybe I'm not quite
5 understanding this question. Why don't you repeat it or
6 rephrase it for me.

7 DR. BORER: My understanding of these data are
8 that they were shown to us to suggest that because
9 proteinuria didn't return even really towards baseline 4
10 weeks after stopping the 300 milligram dose, that in fact
11 there was some protective effect that was maintained after
12 stopping the drug, as compared with placebo or the lower
13 dose where things moved back towards baseline. And should
14 we draw any inferences from that finding about the activity
15 or presence of beneficial activity of irbesartan?

16 DR. LINDENFELD: Well, I think it's marginally
17 helpful. I'm concerned. I would have liked to have not
18 seen the 150 milligram group go right back up to the
19 placebo level. So, the 300 alone -- you know, if we had a
20 250, what would that have done? It's helpful but it's not
21 enormously persuasive.

22 DR. BORER: Dr. Kopp?

23 DR. KOPP: Well, I think the sponsor was
24 careful not to speculate, but I won't be so careful. So,
25 one possibility is that the low dose is operating purely

1 hemodynamically and the higher dose has some additional
2 structural effect, even an antifibrotic, not just a
3 stabilization effect. So, one possibility is that during
4 this time of suppression of angiotensin II activity, TGF-
5 beta, and so forth, there's the possibility for some
6 remodeling to have occurred so that structurally you're
7 better off at 24 months, even without the drug, that you
8 were at the beginning. Obviously, without biopsies, who
9 knows? But it does suggest there's some structural
10 benefit, not just stabilization.

11 Either that, or 4 weeks wasn't long enough and
12 there's some residual effect that is clearly -- in that
13 situation, I'm not saying there are drug levels around but
14 some change in cellular phenotype has been maintained that
15 doesn't reverse. Of course, it would be nice to see the
16 same thing at 3 months. That wasn't done.

17 But I think it is favorable that 300 milligrams
18 had a long-term effect even in the absence of the drug for
19 1 month.

20 DR. LIPICKY: But you have answered the
21 question I think unless you want to discuss it some more.

22 DR. BORER: We do. Bev?

23 DR. LORELL: I think that at first, in hearing
24 the discussion today, there did seem to be some disconnect
25 between the behavior of microalbuminuria and creatinine

1 clearance. But I think, on the other hand, the point was
2 made in the discussion as an hypothesis for which there is
3 support, that the somewhat disparate behavior of creatinine
4 clearance may have been related to hyperfiltration
5 associated with hypertension in removing that component of
6 hyperfiltration.

7 But I actually did find it both interesting and
8 supportive that, in terms of looking at the primary
9 endpoint of microalbuminuria, that that benefit was not
10 only persistent but appeared to even go in the improvement
11 direction with stopping the drug for 4 weeks.

12 DR. BORER: Well, let's go on to number 9 and
13 here's another one where we have to make a statement into
14 the microphone.

15 Are the results of IDNT plus IRMA 2 an adequate
16 basis for approval of irbesartan for the treatment of --
17 however you want to say it -- hypertensive patients, or if
18 you don't want to be hypertensive, then any patients, who
19 have type 2 diabetic nephropathy?

20 JoAnn, why don't you start and we'll go around
21 the table again.

22 DR. LINDENFELD: This is obviously a difficult
23 question. I would answer no to this. I think that the
24 IRMA data is supportive, but it's not quite enough
25 additional data, given the things we discussed in the IDNT

1 study. It's not yet quite enough additional data to make
2 me feel comfortable that all the data we have is
3 convincing.

4 DR. BORER: Why don't we start on the other
5 side this time. Mike?

6 DR. ARTMAN: I actually liked the IRMA 2 trial
7 a lot better. I thought the rationale, I thought the data
8 were compelling. And, yes, there is this disconnect
9 between the early direction of the creatinine clearance.
10 That was at the same time that there was the greatest
11 reduction in microalbuminuria. So, I think those data are
12 compelling. However, I don't believe that they're robust
13 enough for me to support the approval. So, I would agree
14 with JoAnn and say no on this one.

15 DR. BORER: Tom?

16 DR. ARTMAN: One more comment. I do think that
17 if we are going to approve an indication, it has to be for
18 the population from which the data were gathered. So, I
19 agree strongly that it would have to include the word
20 hypertensive patients, and I'm surprised that Ray, who has
21 taught us again not to stray from the study population,
22 would try to sneak that in.

23 DR. BORER: Tom?

24 DR. FLEMING: I think the IRMA 2 trial provides
25 us evidence that there is an effect on progression for

1 microalbuminuria to proteinuria, and there is a lot of
2 evidence. Dr. Lewis gave a very informative presentation
3 about natural history and that this is an important step in
4 the cascade of events that lead to very significant and
5 important clinical consequences.

6 However, we have a myriad of examples and
7 experiences to know that a correlate does not necessarily
8 make a surrogate, that in fact now having a treatment-
9 induced effect on that marker is reliable evidence of a
10 treatment-induced effect on the clinical events that are
11 down the cascade that we're really trying to prevent. We
12 weren't even able to directly assess the next step, which
13 is GFR rates.

14 My sense is IRMA 2 is informative. It
15 establishes an effect on an important early phase marker
16 that I believe does provide enhanced plausibility of
17 efficacy. That type of data, though, typically in my view
18 requires confirmation then in studies that would, in fact,
19 more reliably demonstrate the effect.

20 We have one study which, in my own view, is on
21 the edge of what would be strength of evidence for a single
22 positive study. Now we're talking about a study on a
23 marker. If the first study had been much closer to being
24 convincing, I would have found the two together to be
25 adequate, but a second study that establishes an effect on

1 a marker that does, in fact, provide enhanced plausibility
2 of efficacy, but falls far short of what we would consider
3 as strength of evidence for a single study for establishing
4 benefit, that doesn't add in adequate strength of evidence
5 to the first study to make it a convincing package from my
6 perspective. So, the two studies I believe together
7 wouldn't provide an adequate basis for approval. My vote
8 would be no.

9 DR. BORER: Blase?

10 DR. CARABELLO: Essentially we've been told
11 that this disease is a continuum, a trip from New York to
12 San Francisco. And I think we clearly have the piece from
13 New York to Cincinnati, and I believe IRMA 2. We have the
14 trip from Chicago to Denver. I believe that the drug helps
15 to prevent the doubling in creatinine. It's the Cincinnati
16 to Chicago and Denver to San Francisco pieces that aren't
17 there that I wish we had to complete the whole story that
18 would make this a more convincing argument. So, I also
19 would have to say no.

20 DR. BORER: Steve?

21 DR. NISSEN: We've got lots of examples where a
22 drug may be effective at one phase of a disease process and
23 not so effective in another phase, and that's why it's hard
24 to put the two together because they don't support each
25 other as much as they might if they were looking at a

1 similar population. So, that's the problem I have, is both
2 studies taken separately are useful, but I find that I
3 can't combine them in making any kind of reasonable
4 decision because I'm not convinced that the process is the
5 same early in the disease and late in the disease without
6 more evidence that that's the case. So, my vote is no.

7 DR. BORER: Alan?

8 DR. HIRSCH: It's not often when we all sort of
9 come to similar conclusions.

10 I think the two studies have great beauty and
11 actually do provide great help in advancing future care for
12 patients with renal disease. I'm impressed. And the goal,
13 of course, is to change outcomes, so I will summarize
14 again.

15 One, I do think we have a signal of efficacy in
16 two separate trials. Yes, I think that IRMA 2 is
17 supportive of IDNT in the sense that we've shown a signal
18 that's positive. But again, I find these are different
19 signals in different populations, and therefore I really
20 have a hard time combining them.

21 Again, I would emphasize the natural history
22 continuum. There's been vision in place in these things
23 along the natural history, but I find each of the signals
24 along the continuum to be just weak enough that I can't
25 connect them, making the metaphor to crossing the country

1 by airplane. So, therefore, with two surrogates, an
2 improvement in proteinuria and an improvement in doubling
3 of creatinine, they would need to be linked yet again in my
4 mind to a stronger clinical outcome to achieve
5 approvability on their basis alone.

6 DR. BORER: Dr. Brem?

7 DR. BREM: It's difficult to top the community
8 summation, and I certainly agree with it. Again, what's
9 missing is the difference, the leap between advancement of
10 microalbuminuria and change in renal function, which is
11 what we all believe probably occurs, but hasn't been
12 convincingly shown.

13 Based on just these two studies alone, in the
14 absence of any other information, I would have to agree
15 with my colleagues and vote no.

16 DR. KOPP: I would vote to approve. I think a
17 couple of a points I'd like to make. One is that this is a
18 continuous process histologically so that if you do a
19 kidney biopsy of somebody in the microalbuminuric phase, it
20 looks exactly like that of somebody in the later phase.
21 So, there's no reason to think that the histology is
22 different. In fact, there's reason to think that it's the
23 same. It simply becomes progressively more severe, as you
24 saw this morning, wider glomerular basement membranes, more
25 mesangial matrix expansion. So, I think it is a continuum

1 of one disease.

2 Earlier I spoke against the first study, but I
3 think I focused on the glass being half empty. I take it
4 that the glass for the first study is half full.
5 Admittedly, the p value is only .023. Although I found all
6 elements of the primary composite endpoint to be convincing
7 -- I'll go in the reverse order -- death, dialysis, and a
8 creatinine of 6 I have no problem being very hard clinical
9 endpoints as I think most of us did.

10 For me a doubling in serum creatinine is very
11 worrisome and is, as I think Dr. Lewis was trying to make
12 the case, more than just a surrogate but actually a measure
13 of renal function such that in this disease, in particular,
14 but really in most nephrotic conditions a certain sign that
15 this patient is destined to progress absent further
16 therapy.

17 So, I took the composite endpoint to be quite
18 convincing, and my only limitation was that the p value was
19 .023 with the caveats that if you argue about particular
20 situations, it might drift to a .05.

21 The second study with the higher dose of
22 irbesartan had a p value of less than .001. And I am
23 convinced, as I say, that this is the same disease treated
24 at two different points. I do take the comment over here
25 that because we're studying two different points, they are

1 not exactly in support of one another, but I choose to
2 focus on the other side that it's the same disease process
3 we're treating, and so I vote to approve.

4 DR. BORER: Bev?

5 DR. LORELL: Thank you. I thought that the
6 IRMA 2 study was really a very well-done and very
7 beautifully presented study. I would view it as a
8 supportive study and not as a second study of the same
9 weight as the IDNT trial in terms of changing practice for
10 a very large number of patients in the United States.

11 I would vote no. I think that that is very
12 close. I would like to see additional supportive data for
13 some of the harder endpoints that we discussed earlier
14 around the table.

15 DR. CUNNINGHAM: Well, I think I see the glass
16 as being maybe one-third full. I think it's also
17 supportive and somewhat convincing.

18 But I have to say, as a person who's sitting in
19 the consumer seat, that what I see as the real problem here
20 is the drug that wasn't study, that being the ACE
21 inhibitors. And I think from the consumer perspective,
22 that's really what we'd like to see the data on. So, my
23 vote is no.

24 DR. BORER: Just as a point of clarification,
25 we all would like to see that I think, but we're really

1 being asked to judge this application not what --

2 DR. CUNNINGHAM: I realized that. That's why I
3 said no. But I wanted to put on the record somewhere along
4 the way that that was my view.

5 DR. BORER: Okay.

6 I'm right on the borderline, but not to presage
7 any final comment here, as we go down the question, I'm at
8 this point still on the minimally negative side. I agree
9 with everything that Dr. Kopp said. I believe that IRMA 2
10 deals with the effects of this agent on the same disease at
11 a different point and it's very positive. It would be
12 lovely if we had the GFR data, and as a non-nephrologist,
13 it's probably not appropriate for me to make the jump from
14 proteinuria data to GFR data, although I'd be willing to do
15 it.

16 I'm not concerned that we don't have biopsies
17 because I don't think we could get them. I think Beverly
18 said it before, and I'm convinced by the information we
19 were shown that we have enough information to be reasonably
20 certain what the biopsies would show if we had them.

21 So, I think this study is strongly supportive
22 and I think that it gets me right, just about, to the point
23 where I'd be willing to vote for approval, but not quite.
24 I'd like to see just a little bit more. Maybe those data
25 are available or maybe that little bit more will become

1 clarified as we go down through these questions. So, I'll
2 reluctantly, still at this at point, vote no.

3 With that, let's go on to number 10. A drug
4 with a related mechanism of action, captopril, has an
5 indication for diabetic nephropathy in patients with type 1
6 diabetes. The primary basis of that approval was the
7 demonstration in a 409-subject 2-year study of a 51 percent
8 reduction, p equals .004, in risk of doubling serum
9 creatinine, and a 50 percent reduction, p equals .006, in
10 risk of mortality or end-stage renal disease. Both effects
11 were manifest in the first few months of treatment.
12 Captopril also reduces the progression for microalbuminuria
13 to overt proteinuria.

14 10. Are the results with captopril germane to
15 a discussion of irbesartan? In particular, is nephropathy
16 in type 1 diabetes enough like nephropathy in type 2
17 diabetes? And 10.2, are the pharmacological effects of
18 captopril and irbesartan adequately similar?

19 JoAnn?

20 DR. LINDENFELD: I believe that we've heard
21 enough today and seen in our background booklets that, yes,
22 the nephropathies in these two types of diabetes are quite
23 similar and would be expected to respond similarly.

24 In terms of the second point, of course, the
25 pharmacological effects are not exactly the same. But I

1 believe that we've heard some data today and there's some
2 data that exists that the effect on renal function is at
3 least in great part an angiotensin effect. So, I think
4 there are enough similar mechanisms to make the data with
5 captopril helpful.

6 DR. BORER: Dr. Brem?

7 DR. BREM: I agree. Although there are obvious
8 differences in the first captopril study that have been
9 well described already in terms of age and blood pressure
10 normalization, I believe that the basic progression of
11 disease is probably similar enough in both models or both
12 types of diabetes that it would be expected that both
13 should behave and respond to treatment in a similar
14 fashion. So, I think they are germane.

15 DR. BORER: Okay, that's a yes.

16 Dr. Kopp?

17 DR. KOPP: Yes, I think they are germane.

18 DR. BORER: Beverly?

19 DR. LORELL: I agree.

20 DR. BORER: Dr. Cunningham?

21 DR. CUNNINGHAM: I don't know if I'm convinced
22 that the pharmacological effects are the same, but I think
23 they're certainly useful.

24 DR. BORER: Do we need a more specific yes or
25 no there?

1 DR. CUNNINGHAM: I guess yes then.

2 DR. BORER: Mike?

3 DR. ARTMAN: Well, yes, I think the results
4 with captopril are germane, but I take exception with the
5 pharmacological issues. I do not think we can equate
6 irbesartan with an ACE inhibitor. I think there are
7 differences in the pharmacology. There are certainly
8 differences in the stimulation of AT I versus AT II
9 receptors. Whether or not sort of this unopposed action of
10 AT II receptors is good, bad, or ugly, I don't think we
11 know. So, I don't think we can generalize the pharmacology
12 of ACE inhibitors to that of the AT I receptor blockers.

13 DR. BORER: Tom?

14 DR. FLEMING: I defer to my clinical colleagues
15 in interpreting the biological parallels. The data are
16 confusing when one looks at them head to head, but I think
17 we'll get into that in future questions.

18 DR. BORER: Blase?

19 DR. CARABELLO: Certainly the two drugs have
20 some similarities and also some substantial differences,
21 but I think the similarities probably outweigh the
22 differences, so I would vote yes.

23 DR. BORER: Steve?

24 DR. NISSEN: I'm actually a little surprised by
25 this discussion. It's tough enough to look at effect of a

1 drug when you have other drugs in the class and say, well,
2 an effect is a class effect. Now, we're talking about two
3 different classes of drugs, and so I'd want to have pretty
4 good evidence that the effects are very, very similar
5 before I'd extend that across drug classes, let alone
6 within a class. And we've already seen in many examples
7 where drugs in the same class don't have the same
8 biological effect. So, I think it's a potentially
9 dangerous precedent to say that two drugs that happen work
10 through kind of similar mechanisms would have the same
11 effect from two different classes, and I think we ought to
12 be very careful here. So, my vote is no.

13 DR. BORER: Alan?

14 DR. HIRSCH: You are a strict constructionist.
15 The words are relevant and germane. So, I think they're
16 not identical, but they're certainly kissing cousins and
17 relevant. I would say yes.

18 DR. BORER: I'm going to vote yes too. I've
19 been convinced by the discussion that the nephropathy in
20 type 1 and type 2 diabetes is sufficiently similar so that
21 one should be able to draw inferences from one and apply
22 them to the other.

23 And with regard to the pharmacological effects,
24 I agree with everything Mike and Blase say. Steve, there
25 are a number of differences here between ACE inhibitors and

1 angiotensin receptor blockers. And I'm on record as saying
2 I don't know how drugs cause their clinical benefits.

3 Nonetheless, I think the fact is that both of
4 these types of agents and both of these agents act on the
5 same general system, and I think that, as Alan says,
6 they're germane and relevant, though not identical. And I
7 vote yes.

8 Number 11. If the results with captopril are
9 relevant to irbesartan, are the results on protein
10 excretion similar with respect to direction and magnitude?
11 11.2, are the results on doubling of creatinine similar
12 with respect to direction and magnitude? Are the results
13 on death or ESRD similar with respect to direction and
14 magnitude? And if you say no to any of those or if you say
15 yes, probably we ought to have an explanation of why.

16 JoAnn?

17 DR. LINDENFELD: I guess the key word here is
18 similar, and I would say yes, they're similar. The effects
19 are greater in the captopril trial, at least they were
20 certainly greater on the doubling of creatinine. I think
21 it was a 48 percent reduction as opposed to 33 percent, and
22 greater in proteinuria and end-stage renal disease,
23 somewhat greater. But the direction is very similar in all
24 of these.

25 DR. BORER: Mike?

1 DR. ARTMAN: Yes. I think the directions are
2 similar, but the magnitudes seem to be much greater with
3 captopril than with irbesartan.

4 DR. BORER: Do you draw any inferences from
5 that observation that you'd like to share with us?

6 DR. ARTMAN: No.

7 DR. BORER: Tom?

8 DR. FLEMING: Well, we're comparing results
9 from different studies. That's always hazardous. Yet, I'm
10 not persuaded that they're similar enough that I would say
11 similar. If I chose, as best I could, a comparable
12 endpoint, which would be dialysis, transplantation, and
13 death, we're looking at an 11 or 12 or 13 percent reduction
14 against a 50 percent reduction. That's getting to be an
15 important difference. And the mortality, small numbers, in
16 the captopril setting, but there was a 40-odd percent
17 reduction in mortality and there was more than a 50 percent
18 or about a 50 percent reduction in dialysis, whereas here
19 there's no effect discernible in mortality; dialysis
20 reduction is 20 percent. The setting is different to an
21 extent, but then again, to the extent that the setting is
22 different, it makes me less comfortable to extrapolate
23 results from the other trial.

24 So, I'm not as knowledgeable as my colleagues
25 about whether the biological phenomenon and pathways and

1 mechanisms of action are truly sufficiently parallel that
2 we can really rely on a different trial and a different
3 agent, but at least looking statistically at the evidence,
4 I see a substantive difference in the magnitude of effects
5 that are being estimated.

6 DR. BORER: Blase?

7 DR. CARABELLO: Yes, well, certainly the ACE
8 inhibitors appear more effective, but there's been no head-
9 to-head comparison. It's sort of like saying, well, one
10 team beat another team by 50 points and the other one beat
11 the other team by 20 points, and therefore the difference
12 ought to be 70 points. And that's just not the way it
13 works. So, I don't think I can draw very much from those
14 differences.

15 DR. BORER: Does that mean that you think that
16 they're relevant or not relevant?

17 DR. CARABELLO: I think that they are relevant,
18 but I can't draw any differences between them.

19 DR. NISSEN: Again, I think it's a slippery
20 slope here. You're talking about a disease. One is a
21 disease of insulin deficiency. Another is a disease of
22 insulin resistance. And how that plays out in the vascular
23 system leading to the kinds of events that lead to
24 mortality and morbidity in these patients is probably
25 somewhat different. I think again we've got to be very

1 careful about setting that kind of precedent. I would not
2 want to go on record as saying, well, something that works
3 in type 1 diabetics should be inferred to work in type 2
4 diabetics because I do think the pathophysiology of the
5 disease, not necessarily the kidney, but the disease
6 overall is very different. I think, again, we ought to be
7 very careful about the kind of precedents we set in these
8 discussions because I think it sends potentially the wrong
9 message.

10 DR. BORER: Alan?

11 DR. HIRSCH: Well, let me reemphasize sort of
12 what Steve just said. Whereas I've been stating that I
13 certainly believe they're relevant, we around this table
14 can't ignore the similarities in directional trends. Now
15 I'll go the other direction and say although we've as a
16 group said that the magnitude of benefit in the captopril
17 trial might at that time of history been due to the care
18 given at that time or because less cardioprotective drugs
19 were used or glycemic control was less intense than
20 nowadays, all those things may be true, but I hesitate to
21 make too much of a comparison because it's also possible
22 that the diseases are not identical, that we really do have
23 different molecular entities, we have different potential
24 pharmacodynamic effects. Bradykinin does exist. There are
25 known differences between what ACE inhibitors do and A2

1 antagonists do in tissue and to mRNA expressions.

2 And finally, there's the dose question. It's
3 really hard to know at the end of the day how this dose of
4 captopril in this population compares to this dose of
5 irbesartan in this population. It's very hard to bring
6 these together other than to say, yes, they're similar.

7 Yes, that's a no.

8 DR. BORER: I'm going to vote yes. I think
9 they are relevant. I think the results are directionally
10 generally similar, and the magnitudes obviously are not.
11 But these are different trials in different patients at
12 different times with different protocols, et cetera, and
13 it's very hard for me to get too excited about that. I
14 think that these results have an influence on the way I
15 think about the results of the irbesartan trials, and I'm
16 not going to quantify that.

17 With regard to the fact that they're different
18 diseases, the patients had different diseases, type 1 and
19 type 2 diabetes, they did. But, of course, we've been
20 shown data suggesting that the nephropathy in type 1 and
21 type 2 diabetes seems to be pretty similar, and we also
22 have in our books data from the enalapril study in patients
23 with type 2 diabetic nephropathy, though not hypertensive,
24 so I'm going to be drawing a parallel from a different
25 group. But patients with type 2 diabetic nephropathy

1 improved in at least one measure of their renal performance
2 when they were on enalapril which is also an ACE inhibitor.

3 So, when I put all those facts together, those
4 observations together, I have to say that I am influenced
5 by the captopril data. The question is how much and how
6 much do I have to be, but my answer is yes to 11.

7 Number 12. Did I miss somebody? I'm so sorry.
8 Go ahead.

9 DR. BREM: I guess this half of the table
10 doesn't count. Once the cardiologists have spoken, I guess
11 that's the word.

12 (Laughter.)

13 DR. BREM: Obviously, I'll restate what you
14 said. We're not comparing the true efficacy of the two
15 agents with one another. We're just asked a straight
16 question, are they in the same direction and are they
17 consistent with one another? I think the answer is yes,
18 they are consistent with one another. And I would say, for
19 that reason, they're germane and relevant.

20 DR. KOPP: Yes. Without belaboring it, I would
21 say yes. I think they're relevant and we'll come in a
22 minute to decide are they a quarter of a study, a half of a
23 study, one study.

24 DR. LORELL: I also believe they're relevant,
25 and I'd like to comment on the two reasons why I think they

1 are.

2 I think the data presented today and, in fact,
3 the slides that we were shown this morning which described
4 the effect of placebo in the captopril trial and doubling
5 of serum creatinine and the similar slide that was
6 presented for placebo in the irbesartan data are extremely
7 striking in that the event rate is almost identical at 48
8 months. So, it suggests that although, as you pointed out,
9 one is type 1, the other is type 2 diabetics, that what the
10 kidney is doing and seeing may be remarkably similar.

11 I think the data are also relevant for the
12 point that Steve Nissen brought up earlier and that is
13 although this may be somewhat disturbing and not ideal, I
14 think the reality in the United States in clinical practice
15 across the country is that patients who already have type 2
16 diabetic nephropathy are in large part being treated with
17 off-label use with an ACE inhibitor.

18 So, with those two arguments for relevance, I
19 think it is worrisome that the magnitude of benefit seemed
20 to be so much stronger and more robust in the captopril
21 study, albeit it was type 1 diabetics and non-
22 hypertensives. That influences me perhaps, rightly or
23 wrongly, in wishing to see a more robust data set for
24 irbesartan or any other AT I receptor blocker since I think
25 the impact of approval would be to profoundly change a

1 current, very widespread practice of use of ACE inhibitors.

2 DR. BORER: Was that a yes or a no vote?

3 DR. LORELL: It's a yes for relevance. It's a
4 no that I don't think the results are similar in magnitude.

5 DR. BORER: Dr. Cunningham.

6 DR. CUNNINGHAM: I would agree. I think they
7 are the same in direction, but the magnitude is very
8 troubling.

9 Actually since it's my first time on the
10 committee, I'm going to go back and say I do not really
11 think that they're pharmacology the same, that the
12 angiotensin receptor inhibitors are the same as the
13 blockers. I think we don't know that. That actually was
14 two questions. So, I might say yes to one and no to the
15 other for 10.

16 DR. BORER: Number 12. Now, the key question
17 here. Are the results of IDNT, IRMA 2, and prior
18 expectations derived from the captopril database an
19 adequate basis for approval of irbesartan for the treatment
20 of either hypertensive or not hypertensive patients with
21 type 2 diabetic nephropathy?

22 JoAnn?

23 DR. LINDENFELD: I believe they are. I would
24 vote yes for this. It's close, though. But I'll tell you
25 what. The IDNT trial is not perfect and it's not terribly

1 robust, but the IRMA trial supports it. I'm helped a
2 little bit by the amlodipine data which at least lowered
3 blood pressure, so we know this wasn't only a blood
4 pressure effect in the IDNT trial.

5 And I believe that, while I agree with
6 everything that's been said, that the two drugs, captopril
7 and irbesartan, do not have entirely the same mechanism of
8 action, in fact, could be very different, one of the
9 pertinent mechanisms of action here is through angiotensin,
10 and so they do share an important mechanism of action.

11 So, I am concerned by what Bev said that by
12 approving this drug, we could change the standard of care,
13 and there's a big concern here about the magnitude of
14 benefit. But I'm not sure that can be our concern. If the
15 drug meets the standard of approving, I don't think I can
16 let that change my vote of yes for this.

17 DR. LIPICKY: Can you clarify a little bit?
18 So, what you're saying is that your priors from captopril
19 are enough to say that when you said no-no to the previous
20 questions, that now you mean yes-yes. Did I say that
21 right?

22 DR. LINDENFELD: No, you didn't. I said I
23 still would say no-no for the first two questions, but what
24 you've asked here is whether or not the data from
25 captopril, because of at least some shared mechanisms,

1 would be enough to tip me over and say the totality of the
2 data suggests that this should be approved. Then I would
3 say yes.

4 DR. LIPICKY: But that's because you're
5 convinced from the captopril trial that, in fact, there is
6 class effect on the disease because this is a different
7 class --

8 DR. LINDENFELD: Right.

9 DR. LIPICKY: -- so it's not even the same
10 class. And it's a different disease.

11 So, I'm just trying to make sure I understand
12 what you're saying. So, what you're saying is that
13 although it's a different class, you're willing to buy an
14 ACE inhibitor class effect on the captopril trial. There
15 the delta in clinical events was 18 people I believe. Here
16 it's 0, but in captopril it was 18. So, on that basis,
17 you're willing to buy this also. Is that really what
18 you're saying?

19 DR. BORER: Ray, always does this.

20 (Laughter.)

21 DR. LINDENFELD: I think what I'm saying is I
22 was very, very close. I think there's a lot of really good
23 data here in two good studies, and we've seen a
24 pathophysiologic sequence for which there's a lot of data
25 which I believe, and the fact that we have an awful lot of

1 data with ACE inhibitors that share a common mechanism tips
2 me over to say that that's just enough more to say that
3 this data now becomes in my view enough to say yes.

4 DR. FLEMING: Could I just ask for further
5 clarification of this, following up on Ray? Can you give
6 us some insights, just in a precedent-setting manner, of
7 how we have done this in the past? I find this intriguing.
8 We're looking at two pivotal studies and coming to a
9 conclusion, and then we're searching for other relevant
10 data which is certainly relevant to do so, moving outside
11 of the class, though. Essentially is this then saying any
12 agent within these two classes? How much are we
13 extrapolating? Any agent within these two classes then
14 largely would rely on the studies that had been done here,
15 together with some surrogate endpoint data to then be an
16 approval? I'd just like to have a sense of how this is
17 playing out.

18 DR. TEMPLE: Well, we don't keep good track.
19 First, let's stay within a class. The division pulled
20 together the basis for approval of the various ACE
21 inhibitors in congestive heart failure, and quite
22 consistently we've approved those claims with p values
23 between .05 and .01. Pretty consistently, usually one
24 study. Now, that's because those are all the same
25 pharmacology. So, that's one precedent.

1 Another might be said to be the recent
2 approvable for Valheft, for valsartan. The committee
3 divided closely on it. We reached a somewhat different
4 conclusion. I don't even want to blame anybody else for
5 it. I reached the somewhat different conclusion based on a
6 subset analysis, but clearly influenced, I would say, by
7 the similar pharmacology and a particularly persuasive
8 subset. So, I don't want to over-attribute it.

9 But I think the answer is you are allowed to
10 let these things -- think of them as priors or think of
11 them as mechanistic explanations -- influence you. The
12 reason we bring hard questions like this to advisory
13 committees is that it's very hard to pin down exactly what
14 you're doing when you do it. They surely come into the
15 category of what confirmatory evidence might be under the
16 words that the law uses, although we've certainly never
17 pinned down what that means exactly. What I heard JoAnn
18 say was she was sort of here and she got pushed over by the
19 amlodipine comparison and these data, and I think that's
20 how people actually think. They put it all together.
21 Obviously people can disagree on what the right conclusion
22 is.

23 DR. LIPICKY: If I might contribute to that a
24 little bit because this is really a very difficult issue.
25 For a precedent, we have approved for congestive heart

1 failure captopril on the basis of a single trial for
2 exercise tolerance, a p of .0048 or something like that.
3 So, precedent -- that is, what have you approved things for
4 in the past -- may or may not be useful. I don't think we
5 would do that ever again at this point for that disease
6 because, indeed, there have been things learned.

7 But indeed, nephrologists, as you have heard
8 today in very elegant presentations, would pull all of this
9 stuff together, including captopril, and have it influence
10 their thinking process. Well, are we to say nephrologists
11 are crazy and they don't think right? I'd be happy to say
12 that --

13 DR. BORER: Remember that you were called a
14 nephrologist earlier.

15 (Laughter.)

16 DR. LIPICKY: So, this is all a matter of
17 judgment and I think it is not necessary to ask the
18 question what are the precedents because I think the
19 precedents only say what have you done and you may have
20 done wrong things. So, there's the logic of it.

21 DR. FLEMING: One does struggle, though, to see
22 if there is a logical consistency. Severe sepsis, a major
23 FDA recent issue in December where this issue went in the
24 other direction. A study that looked pretty good, but
25 everything else had been negative, and FDA went ahead and

1 approved, more or less, saying it's this study even if
2 everything else had been negative.

3 Now we're hearing -- well, we don't know what
4 we're hearing yet, but I guess what we're being asked to
5 discuss is if there is a study that's out there that's
6 positive that shows a considerably different effect,
7 actually more positive, which actually could pull us in the
8 right direction, but it looks very different and it's a
9 different class, that we should be persuaded by that. One
10 would like to be scientifically consistent when one thinks
11 through the strength of evidence you would have to see to
12 approve an agent.

13 DR. TEMPLE: Sometimes a very strong result in
14 a single study, even in the face of past failures, is
15 convincing. And in the sepsis case you describe, I think
16 that was the basis for it there and the others were not
17 persuasively negative. They were persuasively --

18 DR. FLEMING: The committee was 10 to 10 in the
19 vote on that one study.

20 DR. TEMPLE: Well, I mean, obviously they're
21 going to be close. The p was .005. That's either strong
22 or weak, depending on your attitude.

23 DR. LINDENFELD: One other thing here is we
24 haven't seen any data, I don't think, that suggests to us
25 that this doesn't work. It may not be strong in any single

1 study or any single area, but we haven't seen anything that
2 suggests that it's unlikely to work. And that influences
3 me a bit.

4 DR. BORER: Steve, a final comment and we'll go
5 on.

6 DR. NISSEN: Yes. I guess, JoAnn, the problem
7 with that is that if we make a decision to approve, it has
8 consequences, and I think I know what those consequences
9 are and I think we better face that. And that is, that
10 some of the patients currently treated on ACE inhibitors
11 are going to be switched over to irbesartan. Do we think
12 that's a good thing or a bad thing? Do we think there's
13 enough evidence here to tell physicians that we're now
14 going to approve this agent, the first agent to be approved
15 for this purpose, and the standard of care, whether it's
16 right or wrong -- I know it's off-label. But this drug is
17 going to get detailed and people are going to be told,
18 listen, don't give your patient lisinopril. Give your
19 patient irbesartan because we have FDA approval for this
20 indication. Do we really want to do that? And if we do,
21 let's vote for it, but I don't think I want to do that.

22 DR. LINDENFELD: That's a really important
23 issue, but that issue wouldn't change if we had larger
24 numbers with the same reduction in creatinine doubling and
25 the p value were stronger.

1 DR. NISSEN: Right.

2 DR. LINDENFELD: That wouldn't change that.
3 The fact that you think that an ACE inhibitor is better
4 than this drug -- if we just had even stronger data for
5 this drug but it still appeared that it was less effective
6 than captopril, you'd still be in the same bind.

7 DR. NISSEN: No, but in the presence of weak
8 evidence, then do we really want to change the standard of
9 practice, which is one of the things -- that's one of the
10 effects of what we do, fortunately or unfortunately.

11 DR. BORER: In fact, the FDA doesn't define
12 standard of practice. Guidelines committees do. And my
13 guess is that the impact will not be quite so great as that
14 on patients who are being treated one way or another way
15 because there are biases in the minds of every nephrologist
16 I would guess. I think all we're being asked to say here
17 is do we believe this stuff works or do we not, as JoAnn
18 says.

19 Having said that unless, Dr. Temple, you had
20 another comment --

21 DR. TEMPLE: Well, if there were mountains of
22 evidence that all the other ACE inhibitors did what you
23 want, you could wonder about that. But in fact, what
24 you've got is captopril and everybody uses something else,
25 I'll bet, because they want a once-a-day drug.

1 DR. BORER: Dr. Brem? We've had one vote yes
2 for approval based on these three separate sources.

3 DR. BREM: Well, I've heard these three
4 separate sources, but I've also heard references to outside
5 sources, including the enalapril study. So, if one is
6 going to be consistent and use outside sources like the
7 enalapril study, then I suppose we can say we can use the
8 outside source that was the losartan study which is the
9 same class of agent as this, showing virtually the same
10 findings as what was presented all through today. So, I
11 would say if you're going to be fair, you're fair for
12 everybody on both sides. And it would be supportive
13 evidence, albeit it we haven't gone through the same detail
14 as what was discussed today, but it's certainly consistent
15 both in magnitude and direction. And it is further
16 supportive data for approval in my opinion.

17 DR. BORER: So, is that a yes?

18 DR. BREM: Yes. It would be a vote for
19 approval.

20 DR. KOPP: Well, not surprisingly, I say yes
21 again, and I'll stop there.

22 DR. LORELL: I'm going to address question 12
23 very narrowly, exactly as stated, and I view that the prior
24 expectations from the captopril database in fact are not an
25 adequate basis for approval. And I'll restate briefly what

1 I said a few minutes earlier, that I think using the
2 terminology that Dr. Pfeffer raised earlier that
3 observations are hypothesis-generating, I think the
4 remarkable difference in the magnitude of effect, as well
5 as the time of appearance of effect, in the captopril
6 studies, the benefit, the curves diverge much earlier. I
7 think it's hypothesis-generating that in fact the two drugs
8 may not be identical and may have quite different magnitude
9 of effects. We don't know that because that study has not
10 been done. So, strictly answering question number 12, the
11 prior expectations derived from the captopril data for me
12 do not push over toward an adequate basis for approval.

13 DR. CUNNINGHAM: My answer would be no too. I
14 think from the consumer perspective, I really worry that if
15 the standard of practice currently is using angiotensin
16 inhibitors, approval of this could actually move people to
17 use a drug which might be less effective for which we don't
18 have enough data. Unfortunately again, the issue is we
19 don't have the data we need really to help the people who
20 have this. I think having renal failure is a dreadful
21 problem and dialysis is obviously a terrible thing to have
22 to endure. Just we don't have the information we need.
23 But no.

24 DR. ARTMAN: I'm kind of surprised at this
25 whole discussion, and I wouldn't say no. I'd say, hell,

1 no.

2 (Laughter.)

3 DR. ARTMAN: I think that we're talking now
4 about a different study population with the captopril,
5 we're talking about a different class of drug. It's hard
6 for me to weigh that in, in any sense, to strengthen my
7 decision about irbesartan.

8 So, if we follow this to its logical
9 conclusion, I guess we could begin to argue that maybe we
10 should be recommending approval of captopril for type 2
11 diabetic nephropathy. I don't know. It just seems over
12 the top to me, so I would say no.

13 DR. BORER: Tom?

14 DR. FLEMING: No. And I share your sense
15 exactly. I do believe that it's relevant, when you're
16 making a judgment about the effect of an intervention, to
17 be aware of and take into account what is available on
18 efficacy of interventions that are studied in related
19 settings. Though, to be giving that substantial weight
20 here, I would have wanted to have had a much more careful
21 discussion about the captopril data, what the studies were,
22 what any other studies were that would be relevant to this
23 decision.

24 Appropriately we gave a great amount of
25 attention to these two studies, and I believe with that

1 tremendous information we've been provided and in an
2 intensive day of discussion, we have absorbed an awful lot
3 of understanding. And even at that, there are a lot of
4 complexities that are still difficult to fully understand.

5 To now be reaching out and asking this
6 committee -- boy, in 15 years of being on innumerable
7 advisory committees I can never remember being asked to
8 essentially say if it's no, but now look at external data
9 from other agents studied in other trials with all the
10 complexities of understanding differences that you see
11 across studies, across specific disease areas and classes
12 of agents, that you would actually, without having any
13 direct presentation and discussion of those other data, be
14 asked to revise or reassess your assessment. It's very
15 troubling to me. But I do appreciate the need for FDA to
16 think about this, but it's troubling to me the process,
17 that we're being asked to think about it after having
18 focused almost exclusively on these two trials.

19 Based on that, I'd say no.

20 DR. BORER: Blase?

21 DR. CARABELLO: We are going to get to question
22 13, I assume.

23 DR. BORER: Yes, we will.

24 DR. CARABELLO: Okay. Having said that, then I
25 will vote no on 12. I don't think that ACE inhibitors --

1 although I think their results are germane, I think there
2 are still enough differences between the two classes that
3 they don't persuade me enough on top of my previous
4 arguments about why I thought the data wasn't strong enough
5 and compelling. So, I'll vote no.

6 DR. BORER: Steve?

7 DR. NISSEN: I also will say no. I want to
8 bring up one more time the fact that it's not like all the
9 endpoints are all going in the same direction here. I've
10 got to remind this committee that many patients that come
11 into this process of nephropathy have cardiovascular
12 disease and they tend to die of cardiovascular disease.
13 When I see point estimates for cardiovascular death,
14 myocardial infarction, and stroke, in comparison to
15 amlodipine, go substantially in the wrong direction, I'm
16 troubled. So, that takes away.

17 We talked about this external study kind of
18 adding to our confidence. Well, there are things that take
19 away from my confidence, and that substantially undermines
20 my confidence in the benefit of irbesartan here.

21 So, I want more data before I'm willing to
22 stick my neck that far out and say that this is good for
23 people when I know the cardiovascular endpoints are such a
24 prominent problem in this patient population.

25 DR. BORER: Alan?

1 DR. HIRSCH: I'll start off with my no, but
2 I'll try to add something new as we as a panel face these
3 decisions in the future.

4 I think we're all feeling uncomfortable because
5 there are three things we're weighing. We're weighing this
6 intrinsic data set for this particular ARB. You've heard
7 our opinions about that. We're obviously weighing this
8 need to consider precedent-setting if we want or don't want
9 to do that. And then the third thing is how we think it
10 will affect the market.

11 So, I'll just add, though I care a lot about
12 how standards are set for clinical practice, I very well
13 trust the renal community to make its guidelines. I think
14 guideline committees are where the market and the practice
15 standards will be set. That's not our role, though I care
16 a lot.

17 Vis-a-vis precedent, I actually do care very
18 much. I think Tom was getting to this, that we think as a
19 group how we look at data and how we set precedent. Ray,
20 we can ignore some bad past ones and maybe make better
21 current ones.

22 So, with those two things in mind, looking at
23 the first thing we usually do, which is this data set, I'll
24 stay with no.

25 DR. BORER: I'm going to vote yes. I want to

1 point out to everybody that there's nothing in the label of
2 this drug as it now exists, because it's an approved drug,
3 that would preclude anyone from using it in a patient with
4 hypertension who happens to have diabetic nephropathy.
5 It's a drug for people with high blood pressure.

6 The issue of whether it actually is beneficial
7 for the kidney disease, over and above that, is what we're
8 talking about here. I'm convinced that it probably is, and
9 I'm sufficiently convinced both by the two trials that we
10 saw, taken in tandem, plus what inferences I'm going to
11 draw from drugs of a different class, it's true. So that I
12 think that in total these data are sufficient to allow me
13 to believe that it's reasonable to treat patients for
14 prevention of progression of their diabetic nephropathy, as
15 well as for their hypertension. So, I'm going to vote yes.

16 I think that if, at the end of the day, because
17 we have a couple more votes here, we still have a net no,
18 as we do right at this moment, perhaps it would be useful
19 to cite what other kinds of information we might want to
20 see so the FDA could think about that. Maybe some of those
21 data can be drawn from the existing database.

22 Having said that, let's go on to number 13. It
23 doesn't require a stated vote for everyone. Are there
24 results from other development programs that impact on
25 approval of irbesartan for the treatment of type 2 diabetic

1 nephropathy?

2 JoAnn?

3 DR. LINDENFELD: Well, the RENAAL study
4 certainly, although we've said that it's difficult for us
5 to talk about that too much because we have not actually
6 seen the data and what's published sometimes, it's been
7 brought up, is not always the data, once we see an FDA
8 analysis.

9 But again, there are other enalapril trials,
10 other ACE inhibitor trials. While, again, these are
11 different mechanisms, I think that there's a weight of data
12 from a number of other things that there are shared
13 mechanisms of benefit here in other trials. So, this would
14 push me a little bit more, but I'm probably not the one to
15 say too much here because I said yes already.

16 DR. BORER: Does anyone else want to add to
17 that? Blase?

18 DR. CARABELLO: Yes. I think the RENAAL trial
19 is compelling. I remember reading it in the New England
20 Journal and saying, gee, isn't this interesting. A sartan
21 works in type 2 diabetes, and thinking, gee, if I saw a
22 second study that said that sartans worked, that I would
23 probably be convinced. I realize the depth of plumbing of
24 the data is different, but I do think it has an impact here
25 and it has an impact on me.

1 DR. BORER: Steve?

2 DR. NISSEN: I really have to take exception to
3 that. Again, I'm worried about precedent, and I'm worried
4 about the slippery slope. We don't have the RENAAL data in
5 front of us. One of the things I've learned in the last
6 year or so on this committee is the data isn't always what
7 it seems to be, and until you get a real look up close and
8 personal at the data, you ought to be very careful. I
9 don't know if that trial will ever be presented to this
10 committee, but when it is, we ought to look at it with the
11 same scrutiny and the same microscope we looked at the IDNT
12 and the IRMA 2 data. In the absence of that kind of
13 scrutiny, we ought to be very, very careful about the
14 precedent of making decisions regarding data that is not on
15 the table.

16 DR. FLEMING: One more comment? One more
17 question?

18 DR. BORER: Tom?

19 DR. FLEMING: A question for Bob and Ray. You
20 have said you've seen this data. We haven't had the data
21 presented to us. Do you really want to go around the table
22 and get our vote? You're certainly at liberty, since
23 you've seen the data, to factor it in however you choose.
24 Do you really want to go around the table and get our views
25 on data that you didn't share with us?