

## Visiting IFS in Stockholm

**Address:**  
Karlavägen 108, 5<sup>th</sup> floor,  
115 26 Stockholm.  
(near Karlaplan)

**Telephone:**  
545 818 00

### From Arlanda Airport:

Take the train (under the airport terminal) or the bus (outside the airport terminal) to the city - arriving at Central Station or City Bus Terminal respectively. Then follow the information below.

### Getting to IFS from Stockholm's Central Railway Station or City Bus Terminal:

**Walking:**  
A nice walk along the water takes about 45 minutes - see the dotted blue line on the map.

**By Metro:**  
Take the red Metro line in the direction of Ropsten 2 stops from T-Centralen (at Central Station) to Karlaplan. Turn left into Karlavägen as you exit from the Metro, walk about 100 meters to no. 108. Tickets can be bought at the entrance to the platforms. You can buy a card of 20 tickets (called a 'rabatt-häfte') - each journey in the inner city needs 2 tickets.

**By Taxi:**  
There are taxis waiting outside both the bus terminal and Central Station.

**Buses:**  
Bus 4 (blue bus)  
The end station (Radiohuset) is outside the door of IFS. Suitable if you are coming from:  
Gullmarsplan  
Söder  
Fridhemsplan  
Odenplan

Bus 76  
from Segelstorg (near Sida) - get out at Radiohuset





