











City and beyond...

Some Key Contact Information



City of Winnipeg's Water and Waste Department

(204) 986-5858



City of Winnipeg's 24-hour recorded information line

(204) 986-8888

- 9810 Tips for using your autobin
- 9811 How to get rid of your household hazardous waste
- 9812 How to get rid of your bulky items
- **9813** Yard waste, composting, grasscycling and Christmas tree recycling (seasonal)
- 9814 Brady Road Landfill
- 9815 How to get a blue box
- 9816 What happens to recyclables
- 9817 Blue box recycling
- 9818 Apartment recycling
- 9819 Recycling depots
- 9820 Garbage cans and stands
- 9821 Cost of garbage collection and recycling services



City of Winnipeg's Transit information line

(204) 986-5700 - Route, Schedule, and Fare Information



City of Winnipeg's Naturalist Services

(204) 986-7233 - Discover Winnipeg's Natural Areas

The Kidney Foundation of Canada's Home Appliance Retirement Program (HARP) for Winnipeggers

(204) 257-1212



(204) 480-5900 or 1-888-624-9376 - Energy and Power Smart enquiries

Resource Conservation Manitoba

(204) 925-3775 or 1 (866) 394-8880 – Compost Action Projects and Waste Reduction Week



MARRC (Manitoba Association for Resource Recovery Corp.)

(204) 632-5255 or 1-888-410-1440 - Used oil enquiries



Green Manitoba

(204) 945-3268 or 1-866-460-3118 – A-Z reference list for proper disposal of everyday things (www.greenmanitoba.ca)



Miller Environmental Corporation

(204) 925-9600 - Household hazardous waste enquiries



City of Thompson's Public Works Department for Garbage & Recycling information

(204) 677-7970



City of Brandon's Sanitation Department for Garbage & Recycling information

(204) 729-2285

Brandon Neighbourhood Renewal Corporation (BNRC)

(204) 729-2496



For related enquiries, please contact your local municipal office http://www.gov.mb.ca/cgi-bin/iaf/municipalities.pl

Four Reasons For Not Idling

Save Money. 10 seconds of idling uses more fuel than restarting your engine. Every 10 minutes of idling costs about 1/5 of a litre in fuel. If every light car and truck driver in Canada reduced idling by 5 minutes a day, we would save 1.8 million litres of fuel!



Help the Planet. Car emissions create smog, acid rain, climate change, and air pollution. In Canada, 50% of our greenhouse gas emissions are from vehicles.



Improve Health. The health effects of car emissions are serious and diverse, including cardio-respiratory illness and asthma. Children and senior citizens are most affected by car emissions in this way.



Less Maintenance. An idling engine delivers zero kms per litre! Too much idling is hard on the engine, because it isn't working at high efficiency. Fuel doesn't get completely combusted, leaving dirty spark plugs and contaminated engine oil.



Sign of the Times!

Climate Change Connection provides Healthy Communities Don't Idle traffic signs free of charge (a donation is requested) to encourage the reduction of unnecessary greenhouse gas emissions.

Climate Change Connection

3 - 303 Portage Ave Winnipeg, MB R3B 2B4 Tel: (204) 943-4836 • Fax: (204) 989-8476 www.climatechangeconnection.org





Sunday	Monday	Tuesday	Wednesday		7	ΓHU	RSDA	Υ		FRII	DAY		S	ATUI	RDAY	(
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	ull bathtubs! Plus th nnoying. Fix it and s	e sound of that drip),	7	8	9	10	11	12	13	8	9	10	11	12	13	14
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Let's Chip In!

The holidays have come and gone. Time to turn that tree into something really valuable. Recycle it at one of nine Let's Chip In depots and pick up your free wood chips. Be sure to bring your own container. Visit winnipeg.ca for depot locations.



Is Your Can Half Full?

Wondering what to do with leftover paints and other household hazardous wastes? The good folks at Miller Environmental Corporation operate a Winnipeg depot that's open every Wednesday and Thursday. Simply book your appointment online at hhwappt.com or call 925-9600.

Give Your Home a Heat Hug

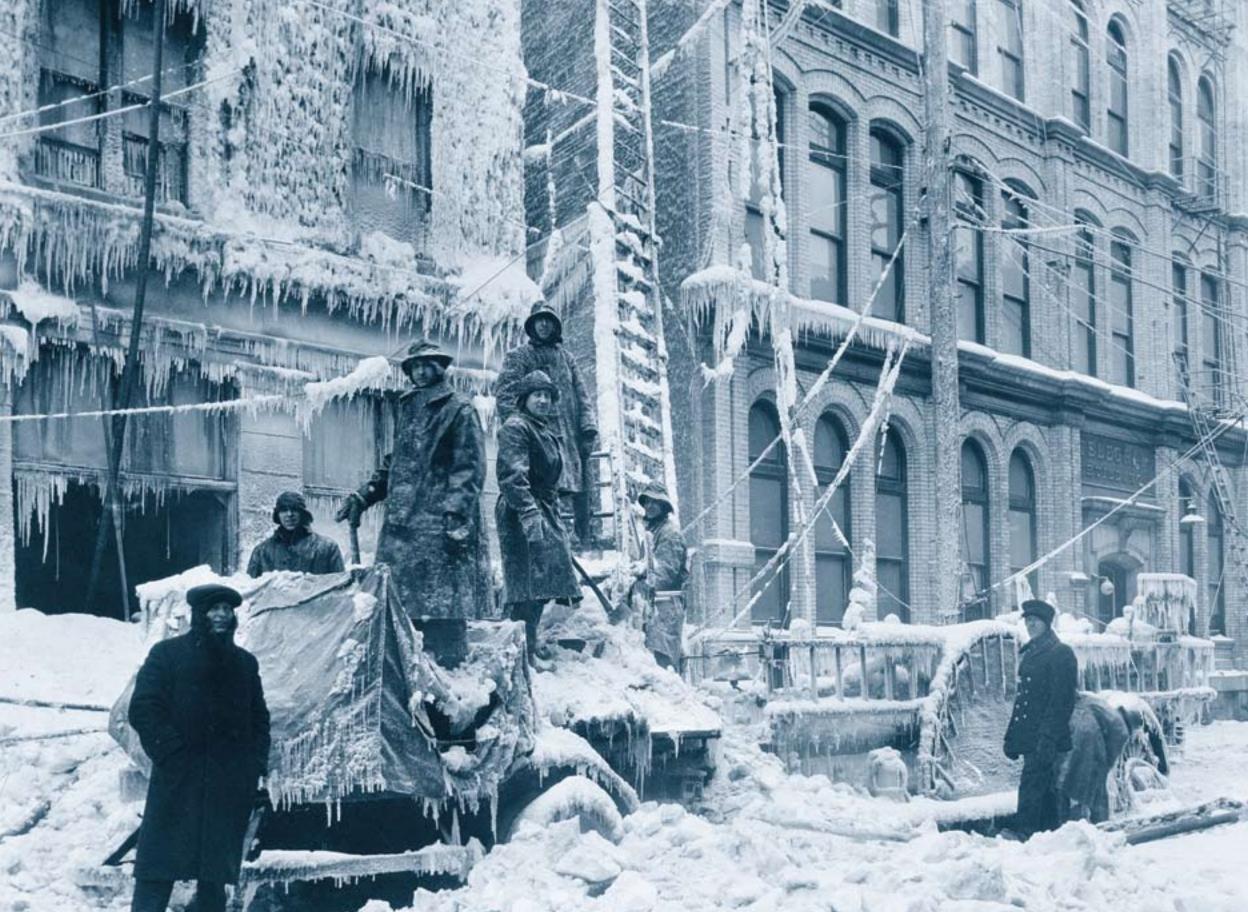
When giving your home an insulation update, don't forget the laundry and furnace room. Even a tiny room that's not insulated can lose

22 23 24 25 26 27 28



a significant amount of heat, sending your energy saving out the wall.

JANUARY 2009



On February 3, 1921, firefighters made a valiant effort to save the Dingwall Building at 62 Albert Street in Winnipeg. The building proudly stands today in the Exchange District. (Archives of Manitoba N1823)

Sunday	Monday	Tuesday	Wednesday	Thursday	FRIDAY	Saturday
1	Groundhog Day and World Wetlands Day 2	3	4	5	6	7
8	9	10	11	12	13	Valentine's Day 14
15			18	19	20	21
22		24	25	26	27	28



Drafty Outlets

Electrical outlet insulators and child plug protectors will stop that chilly air from seeping into your room. Best of all, insulators are inexpensive and take just a minute or two to install.

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18	19	20	21	22	23	24	22	23	24	25	26	27	28	

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The chart below shows common appliances and their approximate energy consumption per month.



Appliance	Wattage (W)	Use (Hours)	Energy (kWh)
Air Conditioner (6000 BTU)* *Annual, not monthly	750 avg	400-1000	300-750
Block Heater	500	120-480	60-240
Clock	5	720	4-4
Clothes Dryer	5,000	18-21	85-100
Clothes Washer	700	11-40	8-28
Coffee Maker	1,000	4-8	4-8
Dehumidifier	450	120-750	54-338
Dishwasher	1,300	8-24	11-32
Freezer (15 cu. ft.)	335	100-300	34-101
Furnace Fan (continuous)	350	750	263
Kettle	1,500	6-10	9-15
Lamp (60W bulb)	60	17-200	1-12
Lawn Mower	1,500	2-4	3-6
Microwave	1,250	8-24	10-30
Personal Computer	225	75-150	17-34
Pool Filter & Pump	1,500	720	1080
(on timer)		360	540
Portable Hair Dryer	1,300	4-6	5-8
Refrigerator	600	142-167	85-100
Stove	12,500	10-50	125-625
Television (19" CRT)	80	60-440	5-35
Water Heater: Family of 4	3,000	125-175	375-525
Fami l y of 2		83-117	250-350

NOTE: These numbers are based on average household usage and that individual usage may vary

Courtesy: Manitoba Hydro

FEBRUARY 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	FRIDAY	Saturday	
1	2	3	4	5	6	7	7
Daylight Savings Begins 8	9	10	11	12	13	14	4
Degins 0		10	11	12	10	1-	_
15	16	St. Patrick's Day 17	18	19	First Day of Spring 20	21	1
World Water Day 22	23	24	25	26	27	Earth Hour 28	8
-							
29	30	31					



No Broken Glass Please

Broken glass is a serious risk for waste collectors. Please be mindful of the proper handling procedures for this material. Never put broken glass of any kind into the blue box. Bundle it up in a puncture-proof container and put it in the garbage.

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15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	19	20	21	22	23	24	25
							26	27	28	29	30		



An energy saving shower head can reduce your water consumption by as much as one-third. Keep your morning dip short and you'll save even more.



Drink Up!

Keep a few refillable bottles in the refrigerator for thirst quenching on the go. Grab a few before hockey practice. It beats that wasteful habit of running the tap until the water is cold.

Hidden Energy Thieves

Your television and DVD player are using energy even when they are in standby mode. To save energy, plug all your electronics into a single power bar that you can switch off in between movie times.





Sunday		Monday	Tuesday	Wednesday	Thursday	FRIDAY	Saturday
				1	2	3	4
	5	6	7	8	9	Good Friday 10	11
	12	13	14	15	16	17	18
	19	20	21	Earth Day 22	23	24	25
	26	27	20	20	20		
	26	27	28	29	30		

All Charged Up

Even after your cellphone or handheld game gets the green light, chargers continue to draw energy. Be sure to pull the plug once it's all charged up.

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M	ARCH	1 200)9				MA	Y 20	09					
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8	9	10	11	12	13	14		3	4	5	6	7	8	9
15	16	17	18	19	20	21		10	11	12	13	14	15	16
22	23	24	25	26	27	28		17	18	19	20	21	22	23
29	30	31					24	1/31	25	26	27	28	29	30

About one

third of your household garbage can be composted. Not only will



you reduce the amount that goes to the landfill, you'll end up with clean and nutrient-rich compost for your garden. Fruit and vegetable scraps, tea bags, coffee grounds and filters, nutshells, eggshells, flower clippings, leaves and grass clippings can all go into your bin. For more information call 925-3777 or visit resourceconservation.mb.ca

Making the Most of Compost

Grab a Sponge

When washing the car, fill a bucket with water and use a sponge instead of running the hose continuously. This can save about 300 litres per wash!



Bright Idea

Replacing just five bulbs with **ENERGY STAR®** qualified compact fluorescent lights can reduce your electricity bill by at least \$30 a year. Plus compact fluorescent lights can last up to eight times longer than incandescent bulbs. That means fewer trips up the stepladder to change that bulb in a high ceiling.





Sunday	Monday	Tuesday	Wednesd	DAY	٦	ΓΗυΙ	RSDA	Y		FRIE	DAY		S	ATUI	RDAY	r	
Did You Know? Plastic bags have to 20 years when	a hard time deco exposed to air o	mposing. Estimates r r up to 1,000 years ir	range from 10 n a landfill.									1				2	
International Compost Awareness Week Starts 3		4	5	6				7				8				9	
Mother's Day 10		11 Manitoba Day 1	2	13				14				15				7	499
17	Victoria Day	18 1	9	20				21				22			N.	23	
24		25 2	6	27				28				29				30	
		er Wisdom	0		RIL 2	2009		20			Jui	NE 2	009			30	
	Mos wate need your	t lawns only need 2 for per week. Think your states watering? Try this for grass. If it springs become foot, it doesn't not the springs our foot, it doesn't not springs our foot springs	our lawn test. Step on ack when you	5 5 12 19	M 6 13 20	T 7 14 21	1 8 15	2 9 16	F 3 10 17 24	S 4 11 18 25		M 1 8 15		3 10 17	4 11 18	5 12 19	S 6 13 20 27

26 27 28 29 30

Green, Green Grass of Home

It's the hottest thing in greening your lawn. Grasscycle! Simply take the bag off your mower and leave the clippings



on the lawn. They act just like a slow release fertilizer, releasing nutrients back into the soil. You won't need to pack up your clippings in garbage bags anymore and you'll have a lawn that's the envy of the neighbourhood.

Wash Wisely

It takes over 1,500 kilowatt hours of energy a year to wash your clothes in hot water. Switch to a cold water wash and you'll use a meager 100 kilowatt hours. Save even more by doing full loads and hanging your clothes outside to dry (plus they will smell great!).

Be an ENERGY STAR®

That hand-me-down refrigerator in the garage may not be such a bargain. A new ENERGY STAR® refrigerator will use up to 50 per cent less energy than a 10 year-old model. For more energy saving tips visit manitobapowersmart.ca

28 29 30







Members of the Winnipeg Police Department Motorcycle Corps pose with their bikes in 1912. It would be years before patrol cars became the preferred mode of transportation. (Archives of Manitoba N2643)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Environment Week and Commuter Challenge Begin May 31	1	2	Clean Air Day 3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	₹.	20
First Day of Summer Father's Day 21	22	23	24	25	26	27
28	29	30				

Don't Become a Door Prize

Cycling around parked cars? Keep your distance. Don't weave in and out. Cycle in a consistent, straight line, at least one metre out from parked vehicles. That way, you'll be clear of opening car doors, and your movements will be predictable to traffic coming from behind.

MA	Y 20	09		July 2009												
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17	18	19	20	21	22	23		19	20	21	22	23	24	25		
24/31	25	26	27	28	29	30		26	27	28	29	30	31			





Think Small

When days get warm, it's a good idea to think twice about using your stove for small jobs. Use an electric kettle, toaster oven, electric frying pan or microwave whenever possible.

Hot, Hot, Hot

It's time to sweep off the outside condensing unit of your air conditioner. Make sure your cooling system is in good working



order for the scorching days ahead. Regular servicing will help it run at peak performance.

A Slippery Situation

Pouring cooking grease down your drain can clog the sewer in your home and cause backup in your neighbourhood. Put your cooking oils and grease into a container and once they harden, add them to the regular garbage. Better yet, store your fats in the freezer and make suet for winter bird feeding.

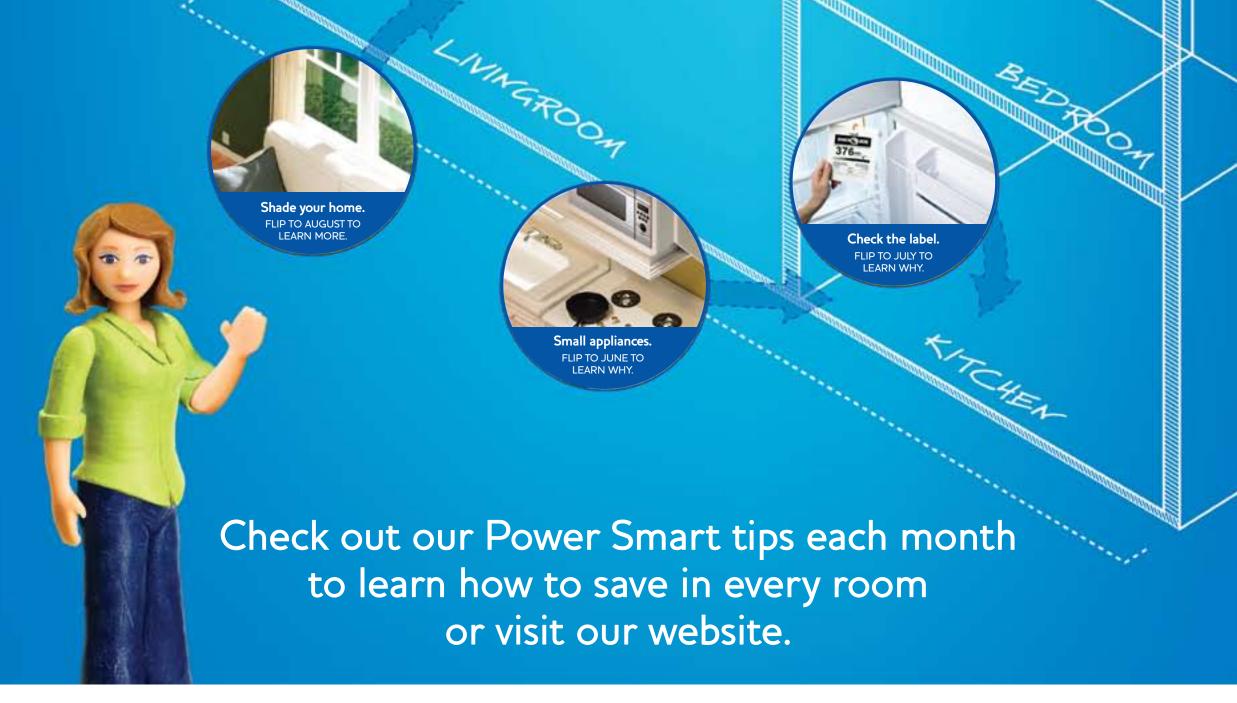


On collection day, leave some space between your recyclables and your garbage. This helps both the recycling and garbage crews identity what they should collect from your home.



Making small changes can save energy any time of year.





Small changes add up.

For more energy saving solutions, visit: manitobapowersmart.ca





Sunday	Monday	Tuesday	Wednesda	AY		ГНИІ	RSDA	Y		FRII	DAY		S	ATUI	RDAY			
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_ (*	A leisure	A leisurely stroll to the grocery stor will get you moving and do wonde				2	3	4	F 5	5 6	S	М	Т	W	I	F	S 1	
* Chun	for your	you moving and do vostate of mind. Don't	wonders forget to	7	8	9	10	11	12	13	2	3	4	5	6	7	8	
	take along your reusable grocery bag!				15	16	17	18	19	20	9		11	12	13		15	
				21	22	23	24	25	26	27	16	17	18	19	20	21	22	

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Stocking Your Blue Box

Save space and keep your recyclables from blowing in the wind!

- Crush your large plastic bottles and beverage cartons.
- Flatten small boxboard boxes and place them in one larger box.
- On windy days, put your recycling boxes out for collection in the morning, not the night before.
- Put heavier items on top of lighter items.

Give It a Whirl

A ceiling fan can enhance or replace your air conditioning. Fans are practical, stylish and economical.

Check the Label and Go For Low

In the market for a new appliance?

The EnerGuide label shows you how much electricity the appliance consumes compared to other similar size units.



The lower the

23/30 24/31 25 26 27 28 29

number, the more efficient the appliance. Remember that a low purchase price is not always the best deal in the long run.





It was just the basics at Hudson's Bay Company trading posts across the west. Shopkeep Frank Henderson took care of things at the Lac Brochet location on Manitoba's northern reaches. (Hudson Bay Company Archives N9001)

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	Civic Holiday 3	4	5	6	7	8		
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Water Meter Watchdog

If you read your meter regularly, you'll be able to spot any unusual increases in the amount of water you use, which could be a result of plumbing leaks. A silent leak in your toilet can waste more than 800 litres of water a day. This may result in needless waste of hundreds of dollars per year.

A Shady Deal

They shade your home from the scorching sun in summer, and help protect against chilly winds in winter. Shrubs and trees are a great investment plus they help make your property look fantastic.



Don't Leave a Paper Trail

Paper makes up about 40% of our garbage. Keep it out of the landfill and place it in the blue box instead. Say no to unwanted flyers and reuse anything you can. Imagine that recycling one tonne of paper will save 17 trees.

The Scoop on Poop

Don't put your pet waste in the recycling or compost. Double bag it and place it in the garbage instead.

July 2009										September 2009									
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	19	20	21	22	23	24	25		20	21	22	23	24	25	26				
	26	27	28	29	30	31			27	28	29	30							

AUGUST 2009



Sunday	Monday	TUESDAY	Wednesday	Thursday	Friday	Saturday		
		1	2	3	4	5		
6	Labour Day 7	8	9	10	11	12		
13	14	15	16	17	18	19		
20	First Day of Autumn 21	Car Free Day 22	23	24	25	26		
27	28	29	30					
	First Day of	Car Free Day 22	23	24	25	26		



Set the Mood

Full light for homework at the dining room table or soft lights for an intimate dinner party? You set the mood by installing dimmer switches on the lights you use most often. Remember that dimming the lights will also save energy. Tip: Only use compact fluorescent lights designed for dimmer switches.

AUGUST	2009

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23/30	24/31	25	26	27	28	29	25	26	27	28	29	30	31

OCTOBER 2009

SEPTEMBER 2009

The Heat Is On

It's time to power up the heating system. Have your furnace checked at least once a year to ensure it's running



at peak performance. Change your furnace filter regularly during the heating season.

Closed for the Season

When it's time to close up for the year, drain the water from your swimming pool, wading pool, hot



tub or spa into your home sewer or onto your lawn. It's against the law to drain the water into the catch basin or onto the street, lane, sidewalk or neighbouring properties. Visit winnipeg.ca for more information.

Litterless Lunches for Back to School

- find a fun and reusable lunch bag or container
- buy snacks, veggies and yogurt in bulk and use a smaller reusable container
- use stainless steel forks and spoons instead of disposable cutlery





It was a time when 35 cents would buy admission to an eight-act Vaudeville show and Winnipeg was the centre of it all. The Victoria Theatre, later renamed the National Theatre, enjoyed packed houses night after night. (Archives of Manitoba N2718)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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4	5	6	7	8	9	10
11	Thanksgiving Day 12	13	14	15	16	17
Waste Reduction						
Week 18	19	20	21	22	23	24
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1	Jack ir	the Bin	SE	PTEMBER 2009	Noven	ABER 2009
	When p pumpki	oor old Jack the n starts to decay aft	er s	M T W T 1 2 3 7 8 9 10	F S S M 4 5 1 2	T W T F S 3 4 5 6 7



rest in the compost bin.

He'll go to a better place and

live again . . . as compost!

Halloween, remember to lay him to

Leaf It With Us

Your autumn leaves don't belong in a garbage can. Recycle them! Simply drop your bagged leaves at one of the 10 Leaf It With Us depots in Winnipeg. They'll



be transformed into a reusable soil-like material. The depots will be open from October 1 to November 15. Visit winnipeg.ca for the locations.

Savings By Degrees

There's no use keeping your home overly warm when no one is home. Invest in a programmable thermostat and start saving energy. You can save 3 to 4 per cent on your bill by lowering the thermostat for at least 8 hours every day.

It's Walk to School Month!

Join millions of families in over 40 countries. Walk to School Month is a great way to get active, share some quality time, reduce vehicle



pollution and raise concern for the environment. For information on how to get involved, visit iwalktoschool.org or resourceconservation.mb.ca



Famous Winnipeg photographer L.B. Foote stands front and centre among workers who were building a tunnel under the Red River between Winnipeg and St. Boniface in 1918. (Archives of Manitoba N2378)

Sunday	Monday	TUESDAY	Wednesday	Thursday	Friday	Saturday
Daylight Savings Time Ends 1	2	3	4	5	6	7
8	9	10	Remembrance Day 11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					2000





During the time it takes you to read this sentence, 50,000 12-ounce aluminum cans are made. An aluminum can that is thrown away will still be a can 500 years from now! But if recycled, it can be reused within 6 weeks.

OCTOBER 2009

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11	12	13	14	15	16	17	13	14	15	16	17	18	19	
18	19	20	21	22	23	24	20	21	22	23	24	25	26	
25	26	27	28	29	30	31	27	28	29	30	31			

DECEMBER 2009

It's the Season to Save

Can't bear the thought of untangling that ball of holiday lights? Consider using LED lights for your display this year. They use 90 per cent less energy and can last up to 10 times longer than those old strings.

Consider Your Alternatives

There's energy for the taking out there. Check out some of the new wind and solar power gathering options at your local hardware store. It starts with something as simple as opening your south-facing blinds in winter to take advantage of the sun's warmth.

Think Before You Flush

Allergy pills
that expired in
2006? Unused
prescriptions?
They don't belong
in our water
system. Trace
amounts of drugs



have been found in our rivers and that's bad news for the environment. Take unused or expired prescription drugs and over-the-counter medications to a pharmacy where they can dispose of them safely.

NOVEMBER 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	FRIDAY	Saturday		
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		1	2	3	4		5	
6		7 8	9	10	11	1	2	
13	1	4 15	16	17	18	1	9	
	3				6			
20	First Day of Winter 2	1 22	23	24	Christmas Day 25	Boxing Day 2	6	
				4				
27	2	8 29	30	New Year's Eve 31				
Reminder			N	ovember 2009	Janua	RY 2010		

29 30

Reminder

Now that you've enjoyed a year's worth of tips and ideas on green living, please don't forget to recycle this calendar.

NOVEMBER 2007									JANUARI 2010								
S	Μ	Т	W	T	F	S		S	Μ	T	W	T	F	S			
1	2	3	4	5	6	7							1	2			
8	9	10	11	12	13	14		3	4	5	6	7	8	9			
15	16	17	18	19	20	21		10	11	12	13	14	15	16			
22	23	24	25	26	27	28		17	18	19	20	21	22	23			

24/31 25 26 27 28 29 30

DECEMBER 2009

Have the Greenest Christmas Ever

Be sure to recycle wrapping paper, tissue paper, greeting cards and paper tubes as well as eggnog containers and cardboard packaging. Unfortunately, ribbon, bows, laminated cards and foil wrap are not recyclable.

Blue Boxes for Sale

In Winnipeg, you need at least one standard size (57 litres)



blue box to recycle. If yours has gone missing, pick up one at any Canadian Tire store for only \$5 plus taxes. If your box is overflowing, put the rest in any container that is no larger than a standard size blue box.

Three Hours Well Spent

Use a timer on your block heater to reduce energy and save you



money. Even on our coldest nights, a block heater only needs three hours before you start the car. Any longer and you're wasting energy.

Why Save Water?

Global water consumption has risen almost tenfold since 1900. UNESCO has predicted that by 2020, water shortage will be a serious worldwide problem.

The hidden uses of water

Everything we use has some amount of embodied water in it – the amount of water used directly or indirectly in producing the item.

It takes:

140 litres of fresh water to produce 1 cup of coffee

1,000 litres of fresh water to produce 1 litre of milk

1,350 litres of fresh water to produce 1 kg of wheat

3,000 litres of fresh water to produce 1 kg of rice, and

16,000 litres of fresh water to produce 1 kg of beef

We each share responsibility for the sustainable management of our water resources, which means using less water at home, in the workplace, and at school.



Interesting Water Facts:

If all the earth's water were stored in a 5-litre container, available fresh water would not quite fill a teaspoon.

Source: Environment Canada.

Approximately 300 litres of water is required to produce 1 kilogram of paper.

Source: Environment Canada.

It takes 39,090 gallons (about 148,000 litres) of fresh water to manufacture a new car, including new tires. Source: USEPA

It takes 9.3 gallons (about 35 litres) of fresh water to process one can of fruit or vegetables.

Source: USEPA

Twenty percent of all municipal drinking water is lost to leaks.

Source: Federation of Canadian Municipalities

Approximately 60% of Canada's fresh water drains to the north, while 85% of the population lives along the southern border with the United States.

Source: Environment Canada.

1.5 litres is the amount of water the average adult drinks daily, including water used in drinks such as coffee, tea and juice.

Source: Health Canada

Making every drop count.





Manitoba's Used Oil Recycling Program

Recycle your used oil, filters and containers.

One litre of used oil can contaminate up to one million litres of fresh water. That's the equivalent of 17 swimming pools.

For a recycle centre near you:

- call 1-888-410-1440
- visit www.usedoilrecycling.com

Miller Environmental Corporation

Proud to be part of Manitoba's Household Hazardous Waste Program

Bring your household hazardous waste to one of our Saturday events in Winnipeg.

WHERE:

1803 Hekla Avenue **WHEN:**

January 3 February 7 March 7 April 4 and 25 May 2 and 30

June 6 and 27 July 4 and 25

August 1 and 29

September 5 and 26 October 3 November 7

December 5

Rural Manitoba

THE

MILLER

GROUP

Steinbach, May 10 Brandon, May 24 Morden, June 14 Selkirk, June 21 Portage, Sept. 6 Brandon, Sept. 20 Dauphin, Sept. 22 Swan River, Sept. 23

The Pas, Sept. 24 Flin Flon, Sept. 25

Thompson, Sept. 27

For more information on dates, time and suitable items, please contact Miller Environmental Corporation at:

(204) 925-9600 or sales@millerenvironmental.mb.ca

Mr. Oil Drop

Green Manitoba Message

Green Manitoba wishes to acknowledge and thank its partners whose support and contributions made this calendar possible.

The practical information provided is intended to encourage all Manitobans to protect the environment and help affect positive change in their communities. Collectively, small actions can help ensure a prosperous province where people and nature thrive.

This calendar has been printed on FSC certified paper, using vegetable based ink.

We thank Manitoba Lotteries Corporation for their support and contribution toward making this calendar sustainable.



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www.jackfishmedia.com

