

## Turkey Patties *Makes 4 servings*

- 1 1/4 pounds ground turkey
- 1 cup bread crumbs
- 1 egg
- 1/4 cup chopped green onion
- 1 Tablespoon prepared mustard
- 4 sandwich rolls



1. Mix ground turkey, bread crumbs, egg, onion, and mustard in a large bowl.
  2. Shape into 4 patties, about 1/2 inch thick.
  3. Spray a large skillet with cooking spray. Add patties and cook, turning once to brown other side. Cook thoroughly until golden brown outside, about 10 minutes. Remove.
  4. Serve on sandwich rolls.
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