

## Baked Cod with Cheese *Makes 4 servings, 3 ounces each*

1 lb. cod fillets, fresh or frozen  
4 Tablespoons cheddar cheese

1. Thaw cod according to package directions.
2. Cook cod according to package directions.
3. Sprinkle with cheese and return cod to oven to melt cheese, about 3 to 5 minutes.