

## Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, July 2000<sup>1</sup>

AGE-GENDER GROUPS	WEEKLY COST				MONTHLY COST			
	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan
<b>INDIVIDUALS<sup>2</sup></b>								
<b>CHILD:</b>								
1 year	15.80	19.40	22.80	27.60	68.50	84.10	98.80	119.60
2 years	15.80	19.40	22.80	27.60	68.50	84.10	98.80	119.60
3-5 years	17.10	21.30	26.30	31.60	74.10	92.30	114.00	136.90
6-8 years	21.20	28.30	35.30	41.00	91.90	122.60	153.00	177.70
9-11 years	25.30	32.10	41.10	47.50	109.60	139.10	178.10	205.80
<b>MALE:</b>								
12-14 years	26.00	36.30	45.10	53.00	112.70	157.30	195.40	229.60
15-19 years	26.80	37.50	46.70	53.90	116.10	162.50	202.40	233.50
20-50 years	28.70	37.20	46.40	56.20	124.40	161.20	201.10	243.50
51 years and over	25.90	35.40	43.60	52.30	112.20	153.40	188.90	226.60
<b>FEMALE:</b>								
12-19 years	26.10	31.30	38.00	45.90	113.10	135.60	164.70	198.90
20-50 years	26.10	32.50	39.60	50.80	113.10	140.80	171.60	220.10
51 years and over	25.50	31.60	39.20	46.90	110.50	136.90	169.90	203.20
<b>FAMILIES:</b>								
<b>FAMILY of 2<sup>3</sup>:</b>								
20-50 years	60.30	76.70	94.60	117.70	261.30	332.20	410.00	510.00
51 years and over	56.50	73.70	91.10	109.10	245.00	319.30	394.70	472.80
<b>FAMILY OF 4:</b>								
Couple, 20-50 years and children—								
2 and 3-5 years	87.70	110.40	135.10	166.20	380.10	478.40	585.50	720.10
6-8 and 9-11 years	101.30	130.10	162.40	195.50	439.00	563.70	703.80	847.10

<sup>1</sup>Basis is that all meals and snacks are purchased at stores and prepared at home. For specific foods and quantities of foods in the Low-Cost, Moderate-Cost, and Liberal Plans, see *Family Economics Review*, No. 2 (1983); for specific foods and quantities of foods in the Thrifty Food Plan, see *Thrifty Food Plan, 1999, Executive Summary*, CNPP-7A. The Thrifty Food Plan is based on 1989-91 data, and the other three food plans are based on 1977-78 data updated to current dollars using the Consumer Price Index for specific food items.

<sup>2</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person—subtract 10 percent.

<sup>3</sup>Ten percent added for family size adjustment.