

## Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, September 1999<sup>1</sup>

AGE-GENDER GROUPS	WEEKLY COST				MONTHLY COST			
	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan
<b>INDIVIDUALS<sup>2</sup></b>								
<b>CHILD:</b>								
1 year	15.50	19.10	22.40	27.30	67.20	82.80	97.10	118.30
2 years	15.50	19.10	22.40	27.30	67.20	82.80	97.10	118.30
3-5 years	16.80	20.90	25.90	31.00	72.80	90.60	112.20	134.30
6-8 years	20.80	27.80	34.60	40.30	90.10	120.50	149.90	174.60
9-11 years	24.80	31.50	40.20	46.70	107.50	136.50	174.20	202.40
<b>MALE:</b>								
12-14 years	25.60	35.60	44.10	51.80	110.90	154.30	191.10	224.40
15-19 years	26.30	36.60	45.60	52.70	114.00	158.60	197.60	228.30
20-50 years	28.20	36.40	45.30	54.90	122.20	157.70	196.30	237.90
51 years and over	25.40	34.60	42.70	51.20	110.10	149.90	185.00	221.80
<b>FEMALE:</b>								
12-19 years	25.60	30.60	37.20	44.90	110.90	132.60	161.20	194.60
20-50 years	25.50	31.70	38.70	49.50	110.50	137.40	167.70	214.50
51 years and over	25.00	30.90	38.40	46.00	108.30	133.90	166.40	199.30
<b>FAMILIES:</b>								
<b>FAMILY of 2<sup>3</sup>:</b>								
20-50 years	59.10	74.90	92.40	114.80	256.00	324.60	400.40	497.60
51 years and over	55.40	72.10	89.20	106.90	240.20	312.20	386.50	463.20
<b>FAMILY OF 4:</b>								
Couple, 20-50 years and children—								
2 and 3-5 years	86.00	108.10	132.30	162.70	372.70	468.50	573.30	705.00
6-8 and 9-11 years	99.30	127.40	158.80	191.40	430.30	552.10	688.10	829.40

<sup>1</sup>Basis is that all meals and snacks are purchased at stores and prepared at home. For specific foods and quantities of foods in the Low-Cost, Moderate-Cost, and Liberal Plans, see *Family Economics Review*, No. 2 (1983); for specific foods and quantities of foods in the Thrifty Food Plan, see *Thrifty Food Plan, 1999, Executive Summary*, CNPP-7A. The Thrifty Food Plan is based on 1989-91 data, and the other three food plans are based on 1977-78 data updated to current dollars using the Consumer Price Index for specific food items.

<sup>2</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person—subtract 10 percent.