

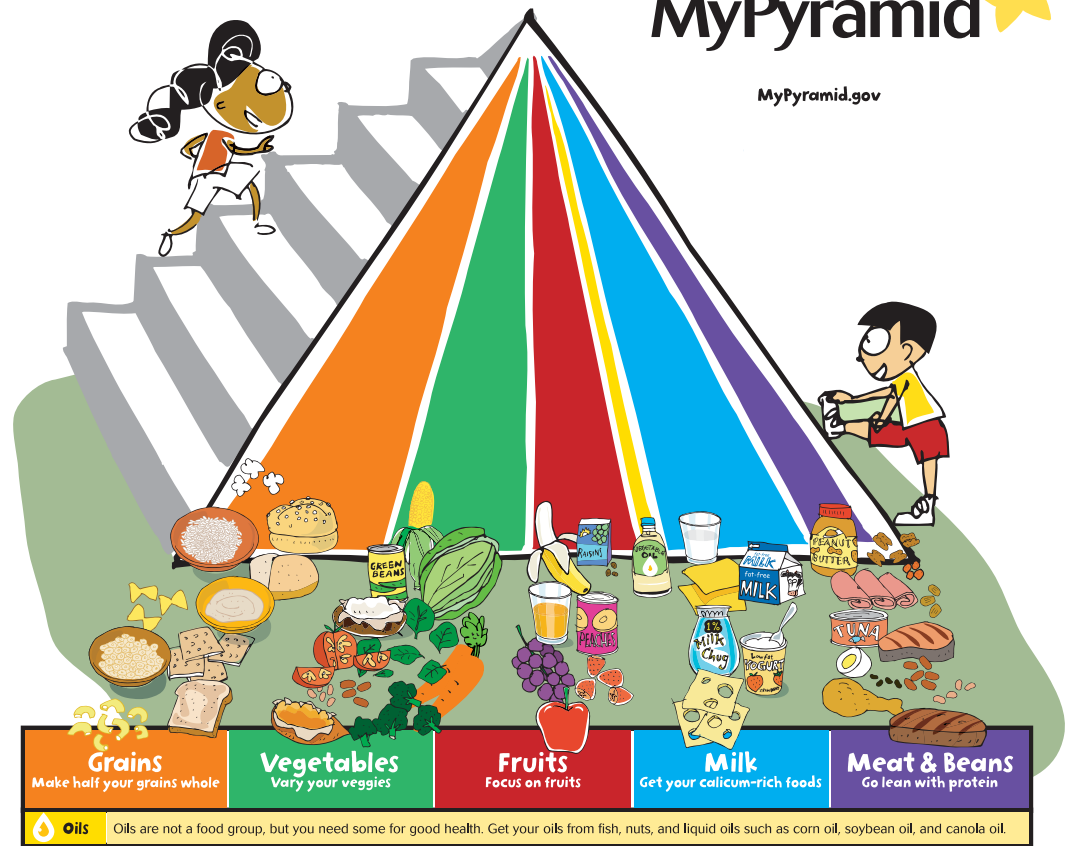
## Pyramid Go Fish Instructions

### Getting Ready

Print copies of the Pyramid Go Fish food cards. At least two sets of cards are needed for a class of 25 students; one set is adequate for a class of 10 – 12 students. Cut out the cards along the dotted lines. To make the cards sturdier, print onto card stock, laminate the cards, or paste the printed cards onto index cards or playing cards.

### Playing Pyramid Go Fish

- Divide the students into groups of four.
- Give each group 30 cards.
- The dealer shuffles the cards and deals out four cards to each student, and places the rest in the middle.
- The first student (let's call him Michael) asks the student sitting to his left, "Kayla, do you have a fruit?" If Kayla has a fruit she says, "Yes, I do," and hands it to Michael, who then places his pair on the table. Michael is then able to ask the next student a question.
- If Kayla doesn't have a fruit, she replies, "No I don't have a fruit. Go fish," and Michael can take a card from the pile in the middle. It is then Kayla's turn to ask the student on her left for a card. The students continue to ask questions and match cards until all the pairs are found.
- The student with the most pairs wins.

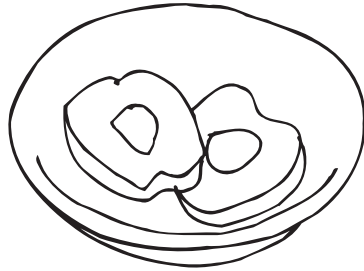


Grains



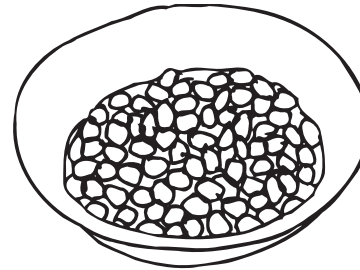
**Bagel**

Fruits



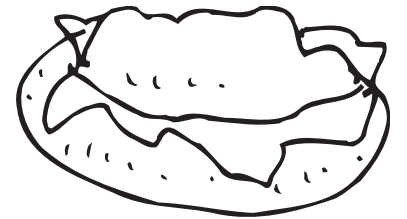
**Baked Apple**

Meat & Beans



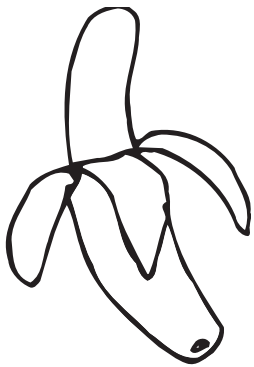
**Baked Beans**

Vegetables



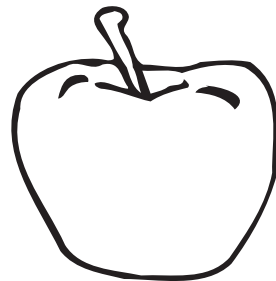
**Baked Potato**

Fruits



**Banana**

Fruits



**Apple**

Meat & Beans



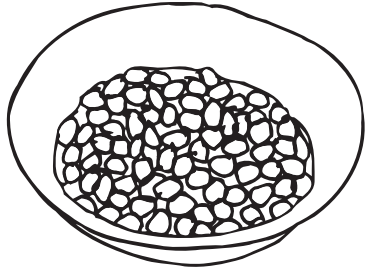
**Beef Jerky**

Grains



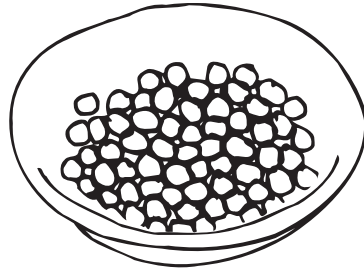
**Biscuit**

Meat & Beans



**Black Bean Soup**

Fruits



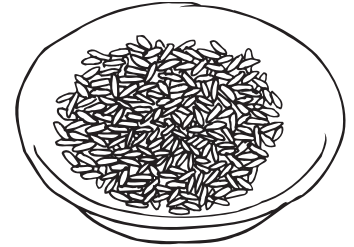
**Blueberries**

Vegetables



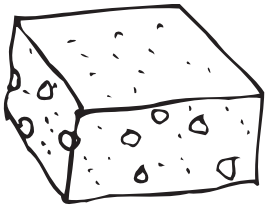
**Broccoli**

Grains



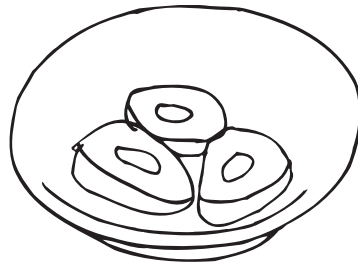
**Brown Rice**

Grains



**Brownie**

Fruits



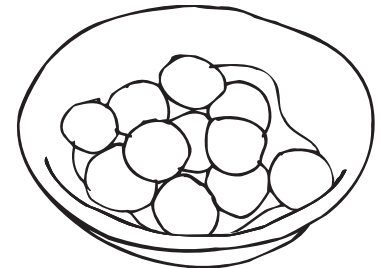
**Pears**

Fruits



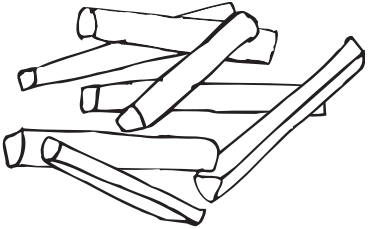
**Pineapple**

Fruits



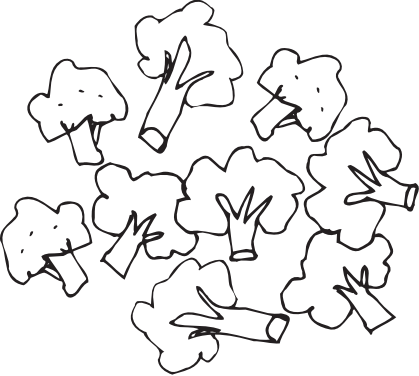
**Cantaloupe**

Vegetables



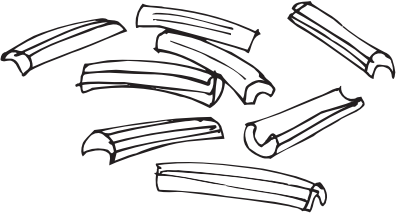
**Carrot Sticks**

Vegetables



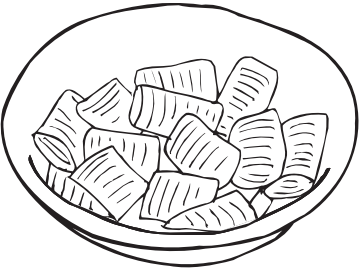
**Cauliflower**

Vegetables



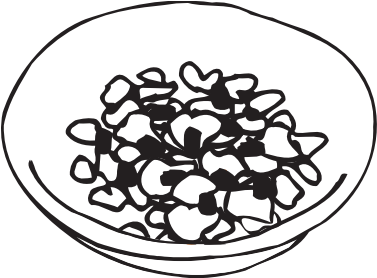
**Celery**

Grains



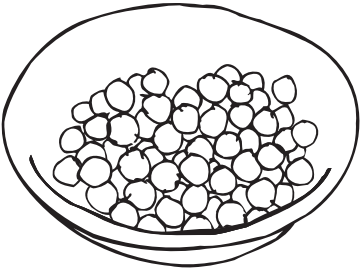
**Cereal**

Grains



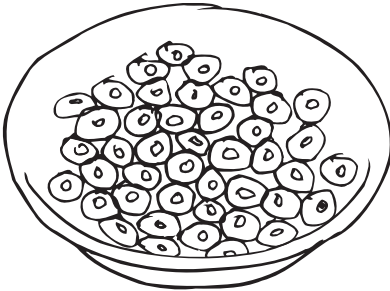
**Cereal**

Grains



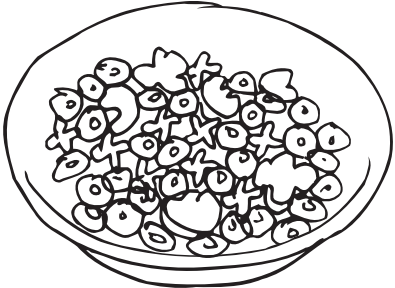
**Cereal**

Grains



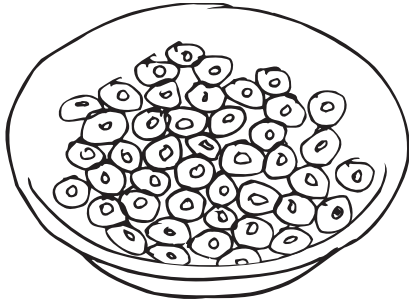
**Cereal**

Grains



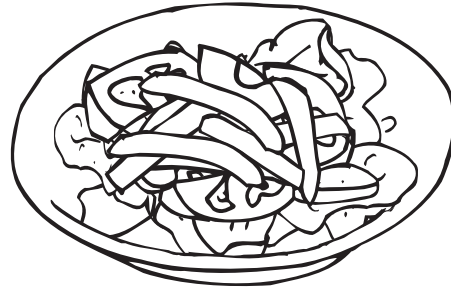
**Cereal**

Grains



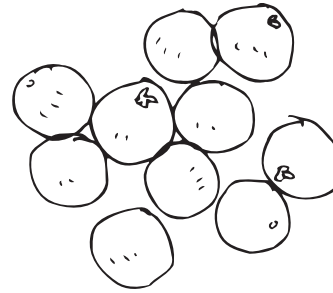
**Cereal**

Vegetables



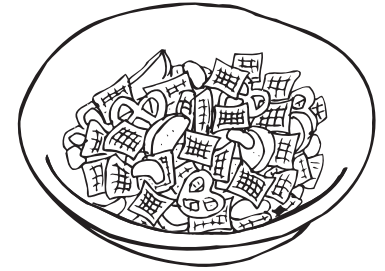
**Chef Salad**

Vegetables



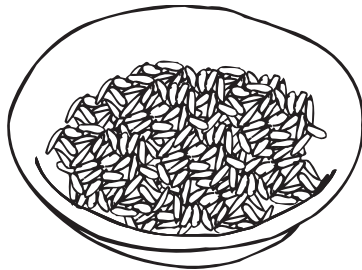
**Cherry Tomatoes**

Grains



**Chex Mix**

Grains



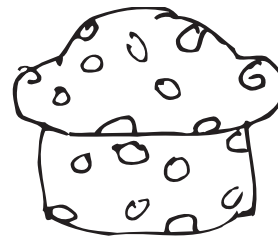
**Wild Rice**

Milk



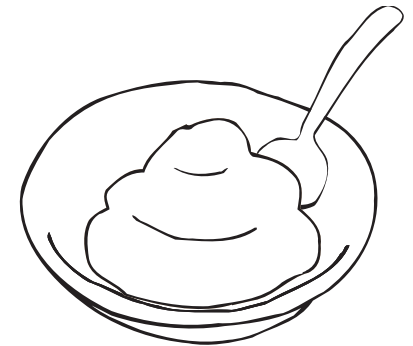
**Yogurt**

Grains



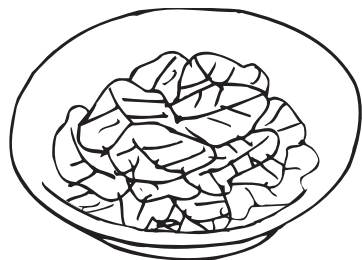
**Chocolate Chip Muffin**

Milk



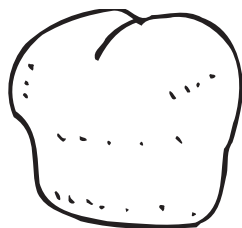
**Chocolate Pudding**

Vegetables



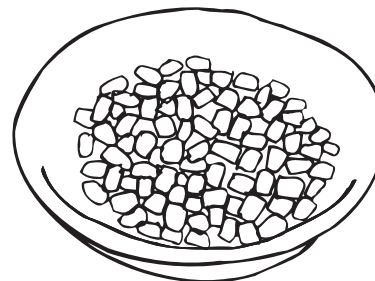
**Collard Greens**

Grains



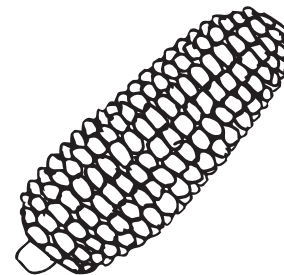
**Whole Wheat  
Dinner Roll**

Vegetables



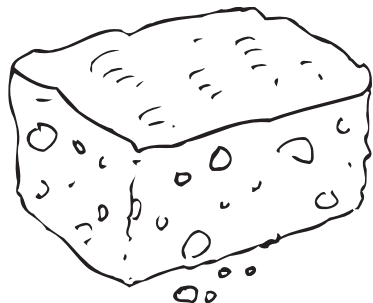
**Corn**

Vegetables



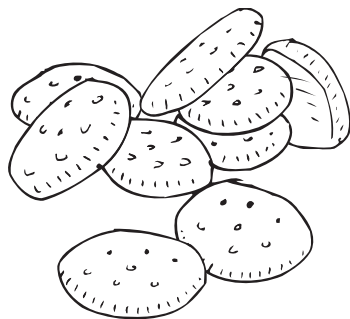
**Corn on the Cob**

Grains



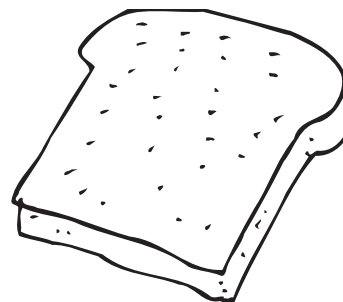
**Cornbread**

Grains



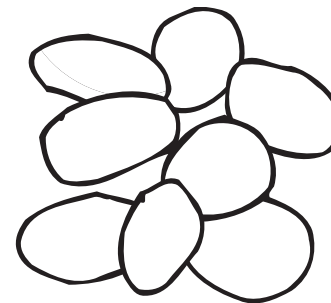
**Crackers**

Grains



**Whole Wheat  
Toast**

Fruits



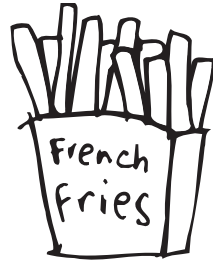
**Dried Apricots**

Grains



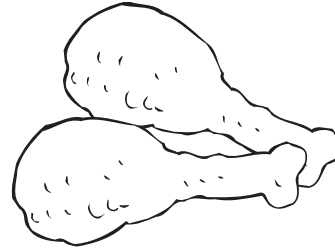
English Muffin

Vegetables



French Fries

Meat & Beans



Fried Chicken

Fruits



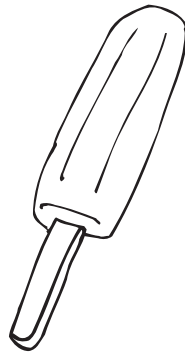
Fried Plantains

Fruits



Applesauce

Fruits



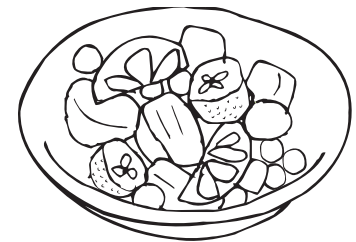
Frozen Fruit  
Juice Bar

Milk



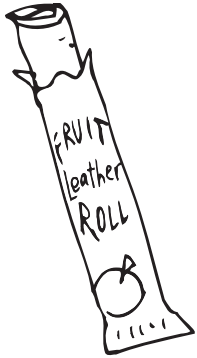
Frozen Yogurt

Fruits



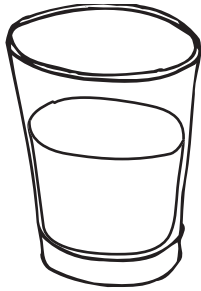
Fruit Salad

Fruits



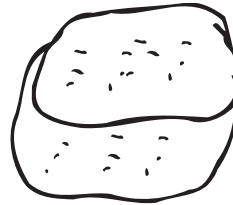
**Fruit Leather**

Fruits



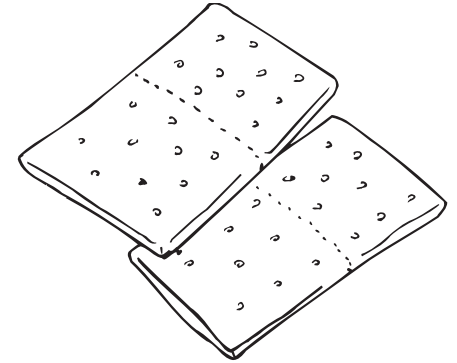
**Apple Juice**

Grains



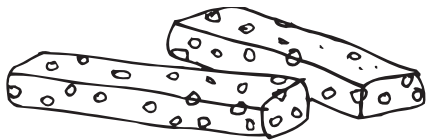
**Garlic Bread**

Grains



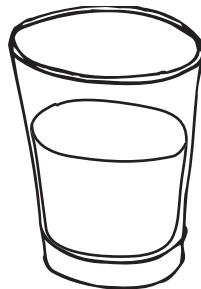
**Graham Crackers**

Grains



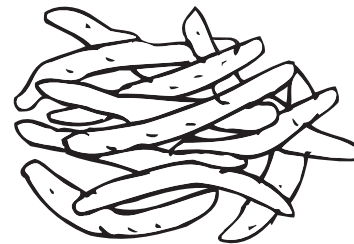
**Granola Bar**

Fruits



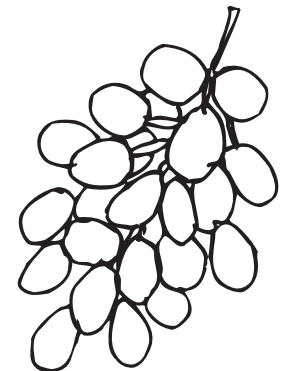
**Grape Juice**

Vegetables



**Green Beans**

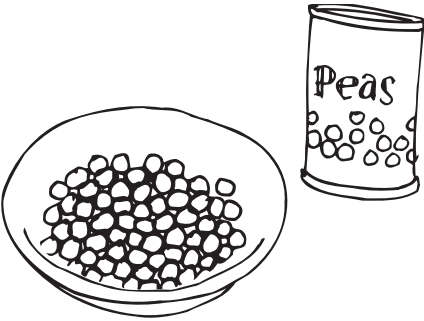
Fruits



**Green Grapes**



Vegetables



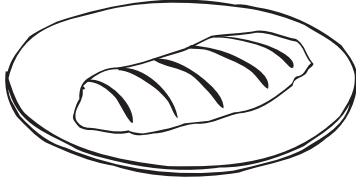
Green Peas

Meat & Beans



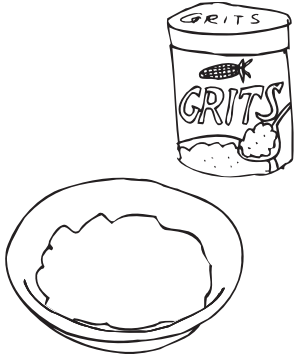
Grilled Chicken

Meat & Beans



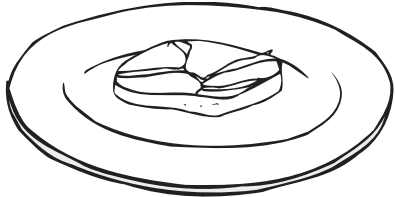
Grilled Fish

Grains



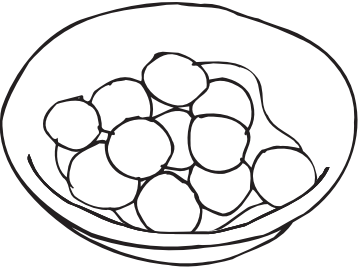
Grits

Meat & Beans



Ham

Fruits



Honeydew

Milk



Ice Cream

Fruits



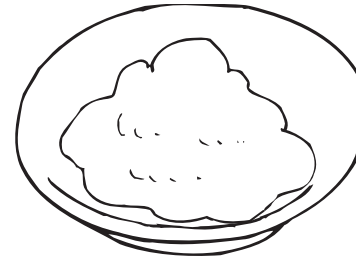
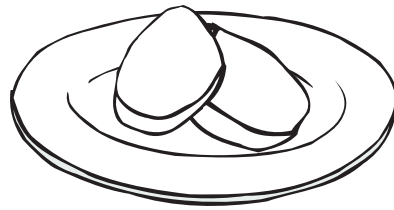
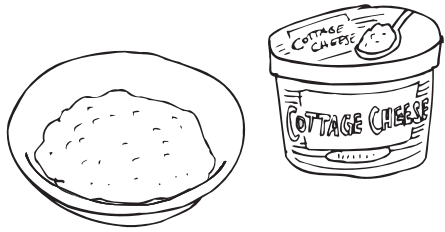
Kiwi

Milk

Fruits

Vegetables

Milk



Cottage Cheese

Mango

Mashed Sweet  
Potatoes

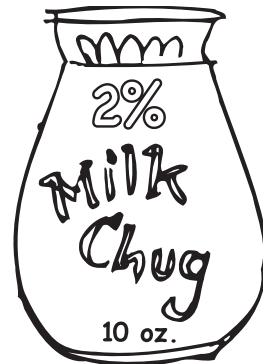
2% Milk

Milk

Milk

Milk

Milk



Chocolate  
Fat Free Milk

2% Milk

Fat Free Milk

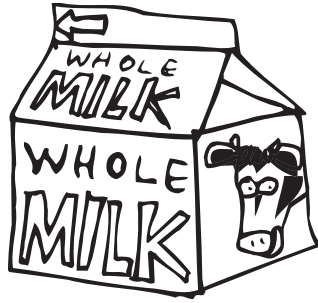
Fat Free Milk

Milk



**Strawberry  
Fat Free Milk**

Milk



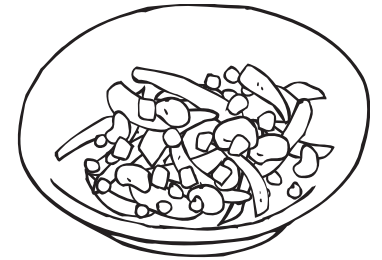
**Whole Milk**

Milk



**Milkshake**

Vegetables



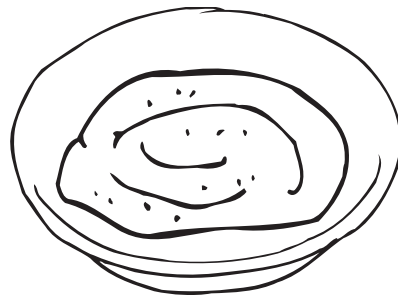
**Mixed Vegetables**

Grains



**Animal Crackers**

Grains



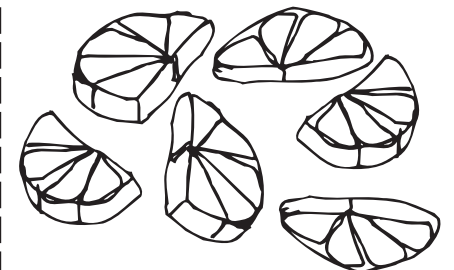
**Oatmeal**

Fruits



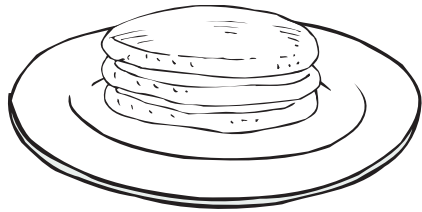
**Orange Juice**

Fruits



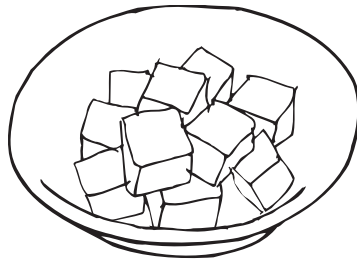
**Orange Slices**

Grains



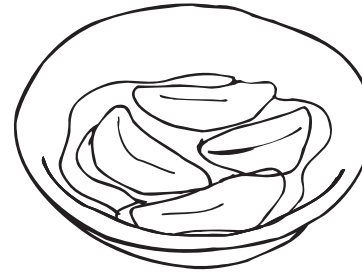
Pancakes

Fruits



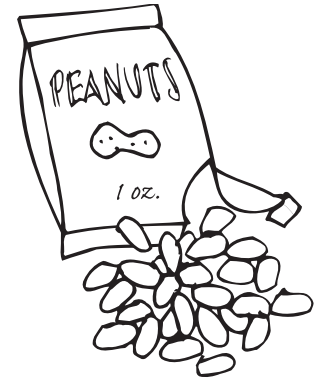
Papaya

Fruits



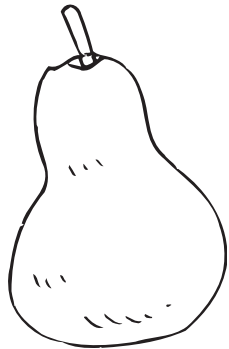
Peaches

Meat & Beans



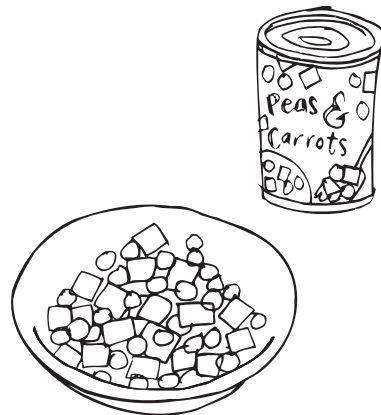
Peanuts

Fruits



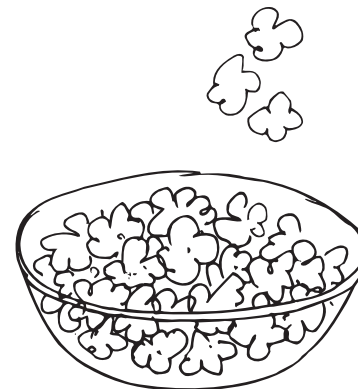
Pear

Vegetables



Peas & Carrots

Grains



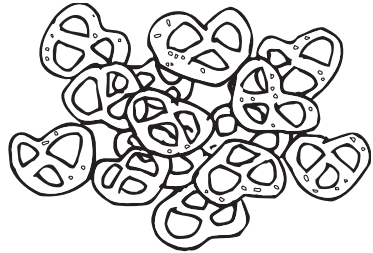
Popcorn

Meat & Beans



Pork Chop

Grains



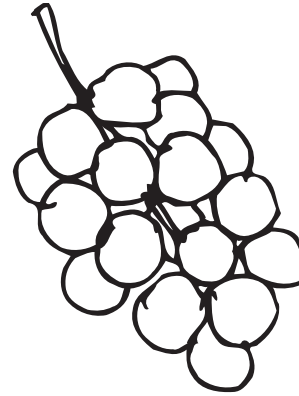
**Pretzels**

Fruits



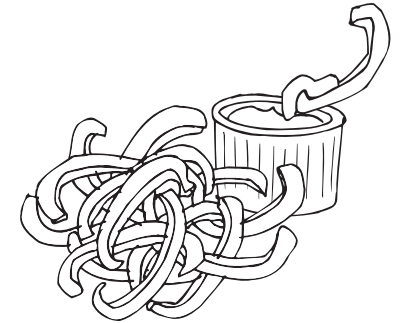
**Raisins**

Fruits



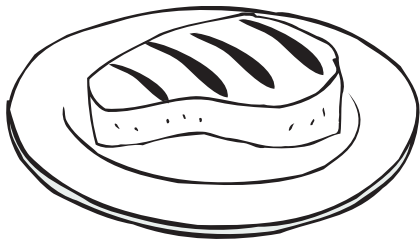
**Red Grapes**

Vegetables



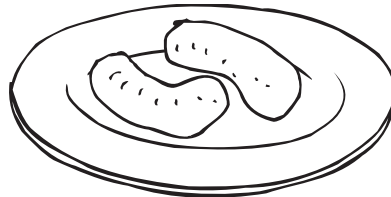
**Red & Green  
Pepper Slices**

Meat & Beans



**Salmon**

Meat & Beans



**Sausage Links**

Meat & Beans



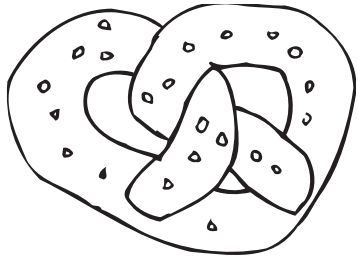
**Scrambled Eggs**

Vegetables



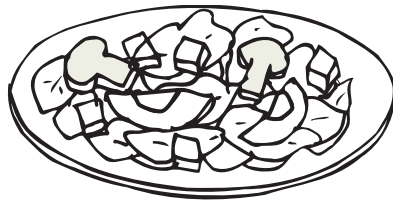
**Side Salad**

Grains



**Soft Pretzel**

Vegetables



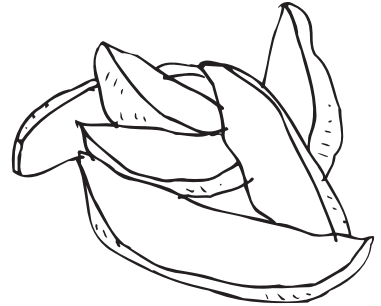
**Spinach Salad**

Meat & Beans



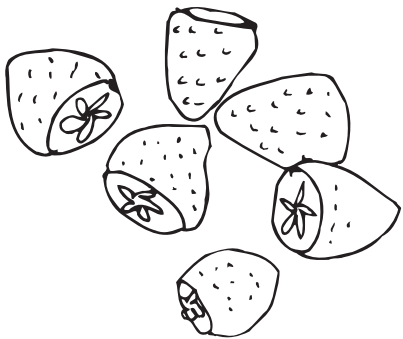
**Steak**

Vegetables



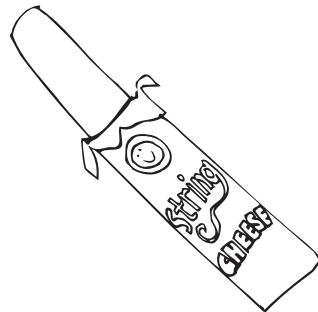
**Steak Fries**

Fruits



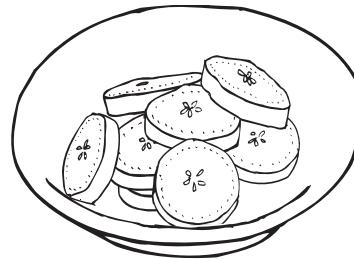
**Strawberries**

Milk



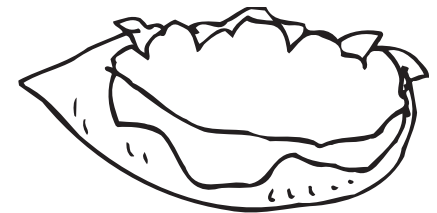
**String Cheese**

Vegetables



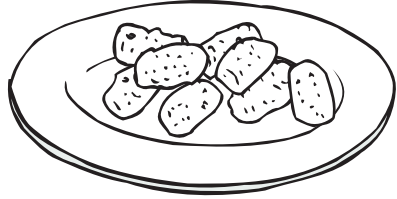
**Summer Squash**

Vegetables



**Baked  
Sweet Potato**

Vegetables



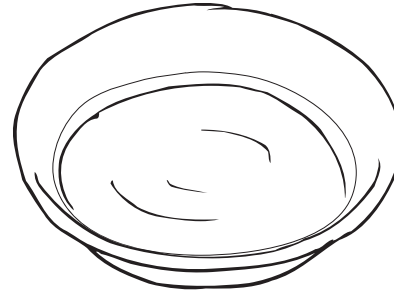
**Tater Tots**

Vegetables



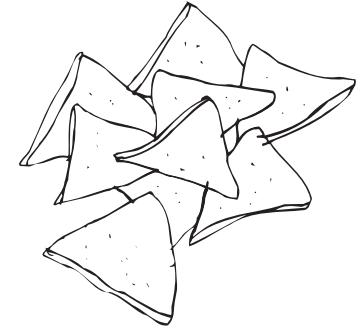
**Tomato Juice**

Vegetables



**Tomato Soup**

Grains



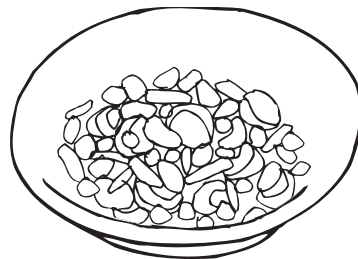
**Tortilla Chips**

Vegetables



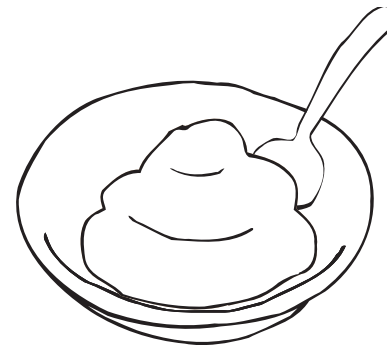
**Tossed Salad**

Meat & Beans



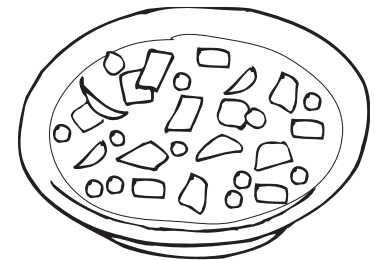
**Trail Mix**

Milk



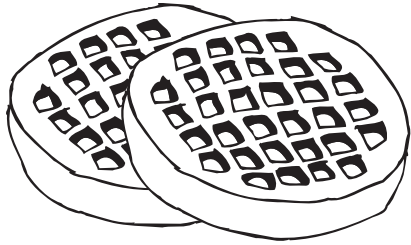
**Vanilla Pudding**

Vegetables



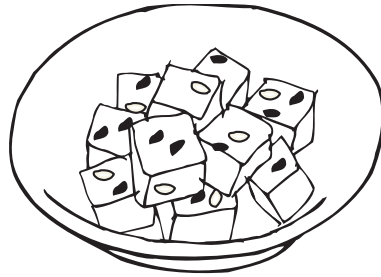
**Vegetable Soup**

Grains



Waffles

Fruits



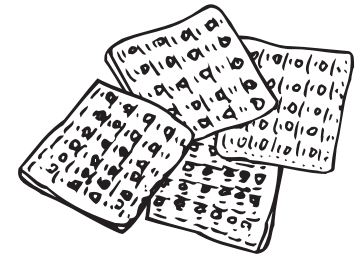
Watermelon

Grains



Whole Wheat  
Bagel

Grains



Whole Wheat  
Crackers

