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# Family Caregiver Support

## State Facts at a Glance



# FAMILY CAREGIVER SUPPORT

## STATE FACTS AT A GLANCE

By  
Greg Link  
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with  
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NASUA

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NATIONAL CONFERENCE  
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- To promote policy innovation and communication among state legislatures.
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The National Association of State Units on Aging, founded in 1964, is a national nonprofit membership organization comprised of 56 state and territorial government agencies on aging designated by the governors and state legislatures as the focal point for aging issues within the state. NASUA is the articulating force at the national level through which the state agencies on aging join together to promote social policy in the public and private sectors responsive to the challenges and opportunities of an aging America.

### **The Center for the Advancement of State Community Service Programs**

The Center for the Advancement of State Community Service Programs brings together NASUA's efforts to support the development of state home and community-based service programs and to end the institutional bias of the current long-term care system. The mission of the Center is to promote the development of comprehensive state systems of services that respond to the preferences of long-term care consumers and their caregivers; offer genuine alternatives to institutional care for older people and other adults with disabilities; and facilitate connection between home and community-based services and acute, primary and institutional care.

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# CONTENTS

About the Authors .....	iv
Introduction .....	v
Alabama .....	1
Alaska .....	3
Arizona .....	5
Arkansas .....	7
California .....	9
Colorado .....	12
Connecticut .....	14
Delaware.....	17
Florida .....	19
Georgia.....	22
Hawaii .....	24
Idaho .....	26
Illinois .....	28
Indiana .....	31
Iowa.....	33
Kansas .....	35
Kentucky .....	37
Louisiana .....	39
Maine .....	41
Maryland.....	44
Massachusetts .....	47
Michigan .....	49
Minnesota .....	51
Mississippi .....	53
Missouri .....	55
Montana.....	57
Nebraska.....	59
Nevada .....	61
New Hampshire .....	63
New Jersey .....	66
New Mexico .....	69
New York.....	71
North Carolina .....	73
North Dakota.....	75
Ohio.....	77
Oklahoma.....	79
Oregon .....	81
Pennsylvania .....	83
Rhode Island .....	86
South Carolina .....	88
South Dakota .....	90
Tennessee.....	92
Texas.....	94
Utah .....	96
Vermont .....	98
Virginia .....	100
Washington .....	103
West Virginia.....	105
Wisconsin.....	107
Wyoming.....	109
District of Columbia .....	111



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# INTRODUCTION

*Family Caregiver Support: State Facts at a Glance* provides a compendium of information about family caregivers of older Americans and the state-level programs that serve them. Family and friends, not public or private service programs, provide the bulk of long-term care services for older Americans. An estimated 44.4 million family caregivers provide help to adult relatives and friends who need assistance with basic daily activities such as meal preparation, bathing and household chores.

The caregiving services that family and friends provide in the informal market are valuable to recipients and to the nation as a whole. Because 75 percent of all people who receive long-term care at home rely exclusively on family members or friends for that care, supporting caregivers is essential to ensure delivery of home and community-based services.

States have a variety of programs in place to support family caregivers of older people. The National Family Caregiver Support Program (NFCSP) was created within the Older Americans' Act in 2000. The program, modeled on previous state endeavors, provides a range of services to caregivers. Among the services are information about and assistance to access support services, counseling, training and respite care. Each state receives NFCSP funds under a formula allocation.

Most states use Medicaid funds to support home and community-based care for older people. Some of the services provided through Medicaid home and community-based services waivers support family caregivers. The services provided in each state are outlined in this report.

Some states have designed their own state-funded programs to complement NFSCP or Medicaid programs. This report describes services offered through state programs. It also identifies state legislative initiatives offered through state programs and identifies state legislative initiatives that have shaped state programs for family caregivers.

This report provides information about state demographics and programs related to caregiving. The state profiles offer a snapshot of each state's or jurisdiction's policies on caregiver support. The information can be used to learn about programs that are available to constituents and to gain an understanding of similar programs in other states.



# Alabama

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	ALABAMA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	769,000	45,797,200
• Population age 65+	579,800	34,991,800
• Population age 85+	67,300	4,239,600
• Proportion age 65+ (National rank)	21 <sup>st</sup>	N/A
• Proportion age 85+ (National rank)	26 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	23.2%	19.2%
• Percent of population age 65+ with a disability	49.5%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	56,369	2.4 million
• Number of children being raised by grandparents	92,648 (8.2 % of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.4 million	27.2 million
• Caregiving hours per year	465.2 million	29 billion
• Market value of informal care	\$30 billion	\$257 billion

### ALABAMA'S SUPPORT NETWORK

- **Alabama Cares**

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, capped at \$500-\$1,200 per year; other services include counseling, education and training, information and assistance, support groups, care management, transportation, assistive technology, and home modification/repairs.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Alabama Department of Senior Services and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 or older unable to perform two instrumental activities of daily living.

- **Elderly and Disabled Waiver**

**Offers:** In-home respite capped at 720 hours per year; other services include care management, counseling, assistive technology, and home modification/repairs.

**Funded by:** Medicaid home and community-based services waiver; administered by Alabama Medicaid Agency and locally by area agencies on aging, departments of public health or departments of social services.

**Eligibility:** No minimum age for caregivers or recipients; care recipients must meet nursing home level of care criteria.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Alabama programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Alabama Department of Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Both of Alabama's caregiver support programs offer some level of consumer direction:

- **Alabama Cares** offers a menu of services from which caregivers may choose, a voucher or budget for respite and/or supplemental services, and a choice of respite providers.
- **Elderly and Disabled Waiver** permits family members to be paid to provide homemaker, chore, and personal care services.

### LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver*

*Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	ALASKA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	53,000	45,797,200
• Population age 65+	5,700	34,991,800
• Population age 85+	2,600	4,239,600
• Proportion age 65+ (National rank)	51 <sup>st</sup>	N/A
• Proportion age 85+ (National rank)	51 <sup>st</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	15.6%	19.2%
• Percent of population age 65+ with a disability	46.2%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	5,412	2.4 million
• Number of children being raised by grandparents	8,188 (4.3 % of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	60.6 million	29 billion
• Market value of informal care	\$533.8 million	\$257 billion

### ALASKA'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day and in-home respite options, with no cap on services; other services include information and assistance, education, case management, counseling/support groups, caregiver training, and legal/financial consultation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Alaska Department of Health and Social Services, Division of Senior and Disabilities Service, and locally by its grantees.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Senior In-Home Services**

**Offers:** Respite and extended respite services; other services include case management and chore.

**Funded by:** State general funds; administered by the Alaska Department of Health and Social Services, Division of Senior and Disabilities, and locally by its grantees.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 or older.

- **ADRD Education and Support**

**Offers:** Educational materials, referrals and support groups for anyone needing information and education about Alzheimer's disease and related disorders.

**Funded by:** State general funds; administered by the Alaska Department of Health and Social Services, Division of Seniors and Disabilities Services and locally by the Alzheimer's Disease Resource Agency in four locations throughout the state.

**Eligibility:** No minimum age for caregivers or care receivers.

- **Adult Day Services Program**

**Offers:** Adult day respite care; other services include meals and personal care.

**Funded by:** State general funds; administered by the Alaska Department of Health and Social Services, Division of Senior and Disabilities Services and locally by providers in 12 communities throughout the state.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older and be at risk of institutionalization, need assistance with at least two activities of daily living, have a diagnosis of Alzheimer's disease or related disorder, and benefit from adult day services.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offer:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Alaska programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Alaska Department of Health and Social Services, Division of Senior and Disabilities Services and locally by its grantees.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. One Alaska caregiver support program offers some level of consumer direction:

- **Family Caregiver Support Program** gives family members the choice of respite providers.

## LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	ARIZONA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	871,500	45,797,200
• Population age 65+	70,000	34,991,800
• Population age 85+	68,500	4,239,600
• Proportion age 65+ (National rank)	22 <sup>nd</sup>	N/A
• Proportion age 85+ (National rank)	38 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	19.4%	19.2%
• Percent of population age 65+ with a disability	39.7%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	52,210	2.4 million
• Number of children being raised by grandparents	96,062 (8.2 % of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.5 million	27.2 million
• Caregiving hours per year	523 million	29 billion
• Market value of informal care	\$4.6 billion	\$257 billion

### ARIZONA'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options for an average of eight hours per week, and not more than three days for emergency services; other services include information, education and assistance, care management, counseling and support groups, assistive technology, supplies, home modification/repair; and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Arizona Department of Economic Security/Aging and Adult Administration, locally by area agencies on aging and the Inter-Tribal Council of Arizona Inc. (ITCA) for the 19 in the state.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 and older and unable to perform two activities of daily living or instrumental activities of daily

living and/or have a diagnosis of dementia or related disorder and/or require supervision.

#### • Arizona Long-Term Care System

**Offers:** Adult day, in-home, and overnight respite options, capped at 720 hours per year; other services include assistive technologies, care management, supplies, counseling, home modification/repairs, information and assistance, and transportation services.

**Funded by:** Medicaid home and community based services waiver; administered by the Arizona Health Care Cost Containment System, the state's Medicaid program, and locally through contracts with health plans and other contractors.

**Eligibility:** Caregivers must be age 18 or older; care recipients must meet a nursing home level of care.



- **Non-Medical Home and Community- Based Services**

**Offers:** Adult day, in-home, and overnight respite options; other services include assistive technologies, care management, supplies, counseling, home modification/repairs, information and assistance, transportation, education and training, family consultation, and support group services.

**Funded by:** Older Americans Act, state general funds and Title XX funds; administered by the Arizona Department of Economic Security/Aging and Adult Administration and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 or older and impaired in two activities of daily living or two instrumental activities of daily living

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Arizona programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Arizona Department of Economic Security and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. In Arizona, two programs offer some level of consumer direction.

- **The Family Caregiver Support Program** offers vouchers for respite services, and family members have a choice of service providers where available.
- **Arizona Long-Term Care System** permits family members to be paid to provide respite and personal care services.

## LEGISLATION

No recent caregiver legislation.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, *Census 2000*.

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FACTS IN BRIEF	ARKANSAS	UNITED STATES
<b>Older Population</b>		
• Population age 60+	491,400	45,797,200
• Population age 65+	374,000	34,991,800
• Population age 85+	46,500	4,239,600
• Proportion age 65+ (National rank)	9 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	16 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	23.4%	19.2%
• Percent of population age 65+ with a disability	48.9%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	33,618	2.4 million
• Number of children being raised by grandparents	50,286 (7.4% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.3 million	27.2 million
• Caregiving hours per year	279 million	29 billion
• Market value of informal care	\$2.5 billion	\$257 billion

### ARKANSAS' SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day or in-home respite options, capped at \$1,000 per year; other services include assistive technology, care management, consumer health applications, counseling, education and training, home modification /repairs, support groups, homemaker/chore/personal care, information and assistance, legal and/or financial consultation, and transportation services.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Arkansas Department of Human Services/Division of Aging and Adult Services and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older. Care receivers must be age 60 or older and have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **ElderChoices Medicaid Waiver**

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, capped at 600 hours per year.

**Funded by:** Medicaid home and community-based services waiver; administered by the Arkansas Department of Human Services/Division of Aging Services and locally by Division of Aging registered nurses.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be age 65 or older and meet nursing home level of care criteria

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Arkansas programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Arkansas Department of Human Services/Division of Aging Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use.

- **The Family Caregiver Support Program** offers cash grants, vouchers, or budgets for respite and/or supplemental services. In addition, families have a choice of respite providers and can be paid to provide personal care, homemaker, chore, and respite services.

## LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State Uni-

versity, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	CALIFORNIA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	4,742,500	45,797,200
• Population age 65+	3,595,700	34,991,800
• Population age 85+	425,700	4,239,600
• Proportion age 65+ (National rank)	46 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	43 <sup>rd</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	20%	19.2%
• Percent of population age 65+ with a disability	42.2%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	294,969	2.4 million
• Number of children being raised by grandparents	625,934 (8.2% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	3.2 million	27.2 million
• Caregiving hours per year	3.4 billion	29 billion
• Market value of informal care	\$30 billion	\$257 billion

### CALIFORNIA'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, institutional respite options; counseling, education and training, information and assistance, support groups, comprehensive assessment, care management, transportation, and “supplemental services” such as: respite registry referrals, peer counseling, family consultation and meetings, friendly visiting, legal and/or financial consultation, transportation, assistive devices, minor home modifications/repairs, homemaker services, translation/interpretation, material aid, money management, and (when needed) extended care facility placement assistance.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E, local/county funds and voluntary contributions; administered by California Department of Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older. Care recipient must be age 60 or older and unable to perform two activities

of daily living or have a significant cognitive impairment to receive respite or supplemental services.

- **Multipurpose Senior Services Program**

**Offers:** Adult day, in-home, and institutional respite options.

**Funded by:** Medicaid home and community-based services waiver; administered by California Department of Aging and locally by area agencies on aging, county health departments, nonprofits, or other local government agencies.

**Eligibility:** No minimum age for caregivers; recipients must be a minimum of age 65 and meet nursing home level of care criteria.

- **Linkages**

**Offers:** Adult day, in-home, and institutional respite options.

**Funded by:** State general funds, client share of costs and Medicaid targeted case management funds; administered by California Department of Aging and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers. Care recipient must be age 18 or older, at risk of nursing home placement and need assistance with one activity of daily living, two instrumental activities of daily living or unable to manage affairs due to cognitive impairment.

- **Adult Day Health Care Programs**

**Offers:** Adult day respite only.

**Funded by:** Medicaid, state general funds and client contributions; licensed by the California Department of Health Services and certified by the California Department of Aging for Medicaid reimbursement. Both departments monitor for compliance.

**Eligibility:** No minimum age for caregivers. Recipients must be a minimum of age 18 and meet the following criteria: have a medical condition requiring services (but not 24-hour care) prescribed by a physician; impairments in activities of daily living; a “reasonable expectation” that services will maintain or improve functioning; and high potential for placement in a nursing home if Adult Day Health Care is not available.

- **Alzheimer’s Day Care Resource Centers**

**Offers:** Adult day respite care; counseling; education and training; information and assistance; and support groups.

**Funded by:** State general funds, local/county sources and client share of cost; administered by California Department of Aging and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers. Recipients must be a minimum of age 18, have a diagnosis of Alzheimer’s disease or other dementia and require supervision.

- **Caregiver Resource Centers**

**Offers:** Adult day, in-home, institutional respite options, capped at \$3,600 annually; weekends at respite camps for care receivers; weekend caregiver retreats; counseling; education and training; outreach, information and assistance; support groups; Internet support services; comprehensive assessment; care management; family consultation and meetings; legal and/or financial consultation; and transportation to caregivers.

**Funded by:** State general funds and client share of costs; administered by the California Department of Mental Health through a statewide resources consultant contract.

**Eligibility:** No minimum age for caregivers. Recipients must be a minimum of age 18 and have a diagnosis of adult-onset

cognitive disorder. Caregiver must live with recipient to receive respite services.

- **Respite Purchase of Services Program**

**Offers:** Respite options include short-term, in-home respite, adult day respite, and 24-hour care in a licensed facility—services are capped at \$450 per year.

**Funded by:** State general funds; administered by the California Department of Aging and locally by 27 of the 33 area agencies on aging.

**Eligibility:** Primary caregivers of frail older persons or adults with functional disabilities who are at risk of institutional placement. The Respite Purchase of Services Program is used only when respite is not available from any other program.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on California programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the California Department of Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people’s needs and preferences by offering them maximum choice and control over services they use. Two California caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers a menu of services to meet the unique needs and preferences of caregivers. Unpaid caregivers may receive emergency cash or service vouchers and hire other family members to provide temporary respite.

- **Caregiver Resource Centers** offer a menu of services, as well as vouchers and/or individual budgets for respite care, and family members have a choice of respite providers. Family members may receive direct payments for the purchase of goods or services and may be paid to provide respite services.

## LEGISLATION

- **SB 739** (Enacted 2001): Required the California Department of Aging to establish guidelines for the use of National Family Caregiver Support Program funds to ensure the quality of services provided with those funds.
- **AB 464 Chapter 105** (Enacted 2003): Prohibits adult day health centers from requiring family members to assist participants with activities of daily living while at the center.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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# Colorado

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	COLORADO	UNITED STATES
<b>Older Population</b>		
• Population age 60+	560,600	45,797,200
• Population age 65+	416,100	34,991,800
• Population age 85+	48,200	4,239,600
• Proportion age 65+ (National rank)	48 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	47 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	15.9%	19.2%
• Percent of population age 65+ with a disability	40%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	28,524	2.4 million
• Number of children being raised by grandparents	51,325 (4.7% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.4 million	27.2 million
• Caregiving hours per year	443.9 million	29 billion
• Market value of informal care	\$4 billion	\$257 billion

### COLORADO'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight, or weekend/camp respite options, capped at an average of \$250 to \$500 per year; other services include information and assistance, case management, counseling/support groups/family consultation, education and training assistive technology, emergency response systems, medical supplies, home modification/repairs, and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered at the state level by the Colorado Department of Human Services and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be age 60 or older and have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

#### • Home and Community Based Services for the Elderly, Blind and Disabled

**Offers:** Adult day, in-home, overnight, or weekend/camp respite options, capped at 30 days per year; other services include information, education, and assistance, case management, counseling/support groups/family consultation, assistive technology, emergency response systems, medical supplies, home modification/repairs, and transportation.

**Funded by:** Medicaid home and community-based services waiver; administered at the state level by the Colorado Department of Health Care Policy and Financing, the state's Medicaid agency and locally by either area agencies on aging, county departments of human or social services, county health departments, private for-profit agencies or private nonprofit case management agencies.

**Eligibility:** Both the caregiver and care receiver must be over age 18. The care receiver must meet the nursing home level of care.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Colorado programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Colorado Department of Human Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Both Colorado caregiver support programs offer some level of consumer direction.

- **The Family Caregiver Support Program** offers a menu of services as well as vouchers or budgets for respite and/or supplemental services. Families also have a choice of respite providers.
- **Home and Community-Based Services for the Elderly, Blind and Disabled** allows family members to be paid to provide personal care services.

## LEGISLATION

- **CO H.B. 1152** (Enacted 2001): Provides for financial assistance to relatives caring for aged and/or ailing family members.
- **CO H.B. 1067** (Enacted 2002): Authorizes the implementation of the family caregiver support program within the Department of Human Services.
- **CO S.B. 29** (Enacted 2004): Stipulates that individualized care plans that include respite care for medical purposes (pursuant to section 27-10.5-104) will ensure that people who are receiving services and supports may continue to receive those supports if the person's family or caregiver is unable to provide care due to an emergency or unforeseen circumstances.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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# Connecticut

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	CONNECTICUT	UNITED STATES
<b>Older Population</b>		
• Population age 60+	601,800	45,797,200
• Population age 65+	470,200	34,991,800
• Population age 85+	64,300	4,239,600
• Proportion age 65+ (National rank)	10 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	9 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	16.8%	19.2%
• Percent of population age 65+ with a disability	37%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	18,898	2.4 million
• Number of children being raised by grandparents	39,797 (4.7% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.3 million	27.2 million
• Caregiving hours per year	361.5 million	29 billion
• Market value of informal care	\$3.185 billion	\$257 billion

### CONNECTICUT'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, capped at \$3,500 per year; other services include assistive technology, care management, supplies, education and training, emergency response, counseling, homemaker/chore/personal care, home modification/repairs, information and assistance, legal and/or financial consultation, support groups and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Connecticut Department of Social Services, Bureau of Aging, Community and Social Work Services, and locally by area agencies on aging.

**Eligibility:** Caregivers of older recipients must be age 18 years or older. Care recipients must be age 60 or older and have impairment in two or more activities of daily living for

respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Home Care Program for Elders**

**Offers:** Adult day, in-home, overnight and weekend/respite options, with no cap on services; other services include care management, counseling, emergency response, homemaker/personal care/chore, home modification/repairs, information and assistance, and transportation.

**Funded by:** Medicaid home and community-based services waiver and state general funds; operated locally by five Access Agencies (two area agencies on aging and three Connecticut Community Care agencies).

**Eligibility:** No minimum age for caregivers; care recipients must be a minimum of age 65, impaired in at least one activity of daily living and/or need nursing home level of care.

- **Statewide Alzheimer’s Respite Care Program**

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, capped at \$3,500 per year; other services include education and training, family consultation, information and assistance, and support groups.

**Funded by:** State general funds and client contributions; operated locally by area agencies on aging in partnership with the Connecticut chapter of the Alzheimer’s Association.

**Eligibility:** No minimum age for caregivers or care receivers. Care recipients must have a diagnosis of dementia or related disorder and require supervision.

- **Personal Care Assistance State-Funded Pilot Program**

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, capped at \$4,067 per month; other services include counseling, emergency response, family meetings, homemaker/chore/personal care, and home modification/repairs.

**Funded by:** Medicaid home and community-based services waiver; operated locally by regional departments of social services.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be age 18 to 64 and have impairment in two activities of daily living.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Connecticut programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Connecticut Department of Social Services Bureau of Aging, Community and Social Work Services, and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people’s needs and preferences by offering them maximum choice and control over services they use. Each of Connecticut’s caregiver support programs offers some level of consumer direction.

- The Family Caregiver Support Program offers a voucher or budget for respite and/or supplemental services, and families have a choice of respite providers.

- **Home Care Program for Elders** offers a menu of services from which caregivers may choose.

- **Statewide Alzheimer’s Respite Care Program** permits family members to be paid to provide personal care services.

- **Personal Care Assistance State-Funded Pilot Program** permits family members to be paid to provide homemaker/chore/personal care.

## LEGISLATION

- **CT H.B. 6909** (Enacted 2001): Required state agencies to include family caregiver support in all programs that provide long-term care supports.

- **CT H.B. 6151** (Enacted 2003): Requires businesses to authorize the use of sick time for family leave.

- **CT H.B. 6438** (Enacted 2005): Restores Husky Plan, Part A benefits to parents and needy caretaker relatives with income not exceeding 150 percent of the federal poverty level.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	DELAWARE	UNITED STATES
<b>Older Population</b>		
• Population age 60+	133,900	45,797,200
• Population age 65+	101,700	34,991,800
• Population age 85+	10,500	4,239,600
• Proportion age 65+ (National rank)	23 <sup>rd</sup>	N/A
• Proportion age 85+ (National rank)	37 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	18%	19.2%
• Percent of population age 65+ with a disability	37%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	8,524	2.4 million
• Number of children being raised by grandparents	13,726 (7.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	82.3 million	29 billion
• Market value of informal care	\$725 million	\$257 billion

### DELAWARE'S SUPPORT NETWORK

#### • CARE Delaware

**Offers:** Adult day, in-home or facility-based respite options, capped at 260 hours per year; other services include information and assistance, case management, counseling/support groups, education and training for caregivers, assistive technology, home modification/repairs, and emergency response.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and state general funds; administered by the Delaware Department of Health and Social Services, Division of Services for Aging and Adults with Physical Disabilities.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/supplemental services or a diagnosis of dementia or related disorder and/or require supervision.

#### • Elderly and Disabled Medicaid Waiver

**Offers:** Adult day, in-home, and overnight respite options, capped at 336 hours per year; other services include case management, personal care, durable medical equipment and supplies, emergency response and transportation.

**Funded by:** Medicaid home and community based services waiver; administered by the Delaware Department of Health and Social Services, Division of Services for Aging and Adults with Physical Disabilities.

**Eligibility:** No minimum age for caregivers; care recipients must be age 18 or older and meet nursing home level of care criteria.

#### • Grandparent and Other Relative Caregiver Support Programs

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregiver-

ers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Delaware programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Delaware Department of Health and Social Services, Division of Services for Aging and Adults with Physical Disabilities.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Currently, no consumer-directed options are available in caregiver programs in Delaware.

### LEGISLATION

- DE H.B. 142 (Signed by the governor on June 14, 2005): Adds "relative caregiver" to the definition of a parent in the School District Enrollment Choice Program legislation to make the definition of "parent" consistent with Delaware Code.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg,

Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	FLORIDA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	3,545,100	45,797,200
• Population age 65+	2,807,600	34,991,800
• Population age 85+	331,300	4,239,600
• Proportion age 65+ (National rank)	1 <sup>st</sup>	N/A
• Proportion age 85+ (National rank)	4 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	21.9%	19.2%
• Percent of population age 65+ with a disability	39.5%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	147,893	2.4 million
• Number of children being raised by grandparents	258,982 (7.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	1.6 million	27.2 million
• Caregiving hours per year	1.7 billion	29 billion
• Market value of informal care	\$15 billion	\$257 billion

### FLORIDA'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight, or weekend/camp respite options, with no cap on services; additional services include assistive technologies, supplies, counseling, education and training, emergency response, home modification/repairs, information and assistance, homemaker/chore/personal care, legal and/or financial consultation and support groups.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and voluntary contributions; administered by the Florida Department of Elder Affairs and locally by area agencies on aging.

**Eligibility:** Caregivers of older recipients must be age 19 or older. Care recipients must be age 60 or older and unable to perform two activities of daily living, have a diagnosis of dementia or related disorder and/or require supervision.

- **Aged and Disabled Adult Medicaid HCBS Waiver**

**Offers:** Adult day, in-home, overnight, or weekend/camp respite options, with no cap on services; additional services include assistive technologies, supplies, counseling, education and training, emergency response, home modification/repairs, information and assistance, homemaker/chore/personal care, and legal and/or financial consultation.

**Funded by:** Medicaid home and community-based services waiver; administered by the Florida Department of Elder Affairs and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; recipients must be age 18 or older and meet nursing home level of care criteria.



- **Respite for Elders Living in Everyday Families (RELIEF)**

**Offers:** In-home respite only, requires the caregiver to reside with the care receiver, capped at four hours per week; additional services include assistive technologies, supplies, counseling, education and training, emergency response, home modification/repairs, information and assistance, homemaker/chore/personal care, and legal and/or financial consultation.

**Funded by:** State general funds and tobacco funds; administered at the state level by the Florida Department of Elder Affairs and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers. Care recipients must be age 60 or older and be homebound.

- **Home Care for the Elderly**

**Offers:** Adult day, in-home, overnight, or weekend/camp respite options, requires the caregiver to reside with the care receiver, no cap on services; additional services include assistive technologies, supplies, counseling, education and training, emergency response, home modification/repairs, information and assistance, homemaker/chore/personal care, and legal and/or financial consultation.

**Funded by:** State general funds; administered by the Florida Department of Elder Affairs and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be age 60 or older and meet nursing home level of care criteria.

- **Community Care for the Elderly**

**Offers:** Adult day, in-home, overnight, or weekend/camp respite options, with no cap on services; additional services include assistive technologies, supplies, counseling, education and training, emergency response, home modification/repairs, information and assistance, homemaker/chore/personal care, and legal and/or financial consultation.

**Funded by:** State general funds, tobacco funds and voluntary contributions; administered by the Florida Department of Elder Affairs and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers. Care receivers must be age 60 or older and meet nursing home level of care criteria.

- **Alzheimer's Disease Initiative**

**Offers:** Adult day, in-home, overnight, or weekend/camp respite options, with no cap on services; additional services include assistive technologies, supplies, counseling, education and training, emergency response, home modification/repairs,

information and assistance, homemaker/chore/personal care, and legal and/or financial consultation.

**Funded by:** State general revenue funds and voluntary contributions; administered by the Florida Department of Elder Affairs and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care recipients must be age 18 or older and have a diagnosis of dementia or related disorder requiring supervision.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Florida programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Florida Department of Elder Affairs and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Three Florida caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers direct payments to families for the purchase of goods and services, vouchers or budgets for respite and/or supplemental services, and a choice of respite providers. Family members may be paid to provide homemaker/chore or respite services.
- **Aged and Disabled Medicaid HCBS Waiver Program** offers direct payments to family members for the purchase of goods and services and permits family members to be paid to provide respite and personal care services.
- **Home Care for the Elderly** offers direct payments to family members for purchase of goods and services, vouchers or budgets for respite and/or supplemental services and a choice of respite providers. Family members may be paid to provide any services needed by the care receiver, including personal care and respite services.

## LEGISLATION

- **FL H.B. 1865** (Enacted 2004): Revises the definition of “stipend” provided to respite care volunteers to mean an allotment based on a maximum hourly rate, and specifies that the stipend must not exceed the federal minimum wage.
- **FL H.B. 1559** (Enacted 2005): Created an intergenerational respite care assisted living facility pilot program.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	GEORGIA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	1,071,000	45,797,200
• Population age 65+	785,300	34,991,800
• Population age 85+	87,900	4,239,600
• Proportion age 65+ (National rank)	49 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	48 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	19.9%	19.2%
• Percent of population age 65+ with a disability	47.5%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	92,265	2.4 million
• Number of children being raised by grandparents	164,423 (7.6% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.8 million	27.2 million
• Caregiving hours per year	834 million	29 billion
• Market value of informal care	\$7.3 billion	\$257 billion

### GEORGIA'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, with no cap on services; other services include care management, homemaker/chore/personal, information and assistance, assistive technologies, supplies, counseling, education and training, home modification/repairs, legal and/or financial consultation and support groups.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and state general funds; administered by the Georgia Department of Human Resources/ Division of Aging Services and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/ supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Community Care Services Program**

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, with no cap on services; other services include care management, homemaker/chore/personal care, information and assistance, and emergency response.

**Funded by:** Medicaid home and community-based services waiver; administered at the state level by the Georgia Department of Human Resources/Division of Aging Services and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers or care receivers; care receivers must meet a nursing home level of care.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregiver.

ers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Georgia programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Georgia Department of Human Resources/Division of Aging Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers of any age and caring for a child age 18 or younger, or caring for functionally impaired, dependent adults over age 18 to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use.

- **Family Caregiver Support Program** offers caregivers a menu of services from which to choose, a voucher or budget for respite and/or supplemental services, direct payments for the purchase of goods or services, and a choice of respite providers. Family members also may be paid to provide personal care and/or respite services.

### LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	HAWAII	UNITED STATES
<b>Older Population</b>		
• Population age 60+	207,000	45,797,200
• Population age 65+	160,600	34,991,800
• Population age 85+	17,600	4,239,600
• Proportion age 65+ (National rank)	16 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	30 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	17.7%	19.2%
• Percent of population age 65+ with a disability	40.6%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	14,029	2.4 million
• Number of children being raised by grandparents	38,051 (12.9% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	128 million	29 billion
• Market value of informal care	\$1.1 billion	\$257 billion

## HAWAII'S SUPPORT NETWORK

### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, with a variable cap by county; other services include care management, homemaker/chore/personal care, transportation, assistive technology, supplies, education and training, emergency response, family consultations and meetings, home modification/repairs, information and assistance, legal and/or financial consultation, support groups and counseling.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E, state funds and voluntary contributions; administered by the Hawaii Executive Office on Aging and locally by area agencies on aging and contracted service providers.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be age 60 and older. Care recipients must have impairment in two or more activities of daily living for respite/

supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

### • Nursing Home Without Walls

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, with no cap on services. Counseling services are also available.

**Funded by:** Medicaid home and community-based services waiver; administered at the state and local levels by the Hawaii Department of Human Services.

**Eligibility:** No minimum age for caregivers or care receivers; care receivers must meet nursing home level of care criteria.

### • Kupuna Care

**Offers:** Adult day and in-home respite options with no cap on services; other services include care management, homemaker/chore/personal care, and transportation.

**Funded by:** State general funds and voluntary contributions; administered at the state level by the Hawaii Executive Office on Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be age 60 or older and have an impairment in at least two (or a combination of two) activities of daily living or instrumental activities of daily living, or have a substantive cognitive impairment.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Hawaii programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Hawaii Executive Office on Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Two Hawaii caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers caregivers a menu of services from which to choose; a voucher or budget for respite and/or supplemental services; direct payments to family members for the purchase of goods or services. Families have the choice of service providers.
- **Nursing Home Without Walls** offers families a choice of respite providers. Family members may be paid to provide personal care.

## LEGISLATION

- **SB 389** (Enacted 2003): Requires an employer who provides sick leave for employees, including the state and its political subdivisions, to permit employees to use accrued and available

sick leave above the amount required under the temporary disability insurance law for family leave purposes.

- **H.C.R. 95** (Adopted 2005): Urges the state to recognize the importance of the contributions of family caregivers and to support them to the extent possible in serving the long-term care needs of the state's residents.
- **H.C.R. 96** Urges the departments of Health and Human Services to develop methods to support family caregivers who provide at-home care to qualified relatives.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	IDAHO	UNITED STATES
<b>Older Population</b>		
• Population age 60+	193,400	45,797,200
• Population age 65+	145,900	34,991,800
• Population age 85+	18,100	4,239,600
• Proportion age 65+ (National rank)	42 <sup>nd</sup>	N/A
• Proportion age 85+ (National rank)	35 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	16.7%	19.2%
• Percent of population age 65+ with a disability	42.5%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	8,110	2.4 million
• Number of children being raised by grandparents	13,636 (3.7% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	128.1 million	29 billion
• Market value of informal care	\$1.1 billion	\$257 billion

### IDAHO'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, and overnight respite options, with no cap on services; other services include information and assistance, case management, education and training, counseling, support groups, family consultation, assistive technology, supplies, home modification/repairs, legal/financial consultation and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Idaho Commission on Aging and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers. Care recipients must be age 60 and older. Recipient must be physically or cognitively impaired to the extent that 24-hour care or supervision is required to receive respite or supplemental services.

- **Senior Services Act Respite Program**

**Offers:** Adult day, in-home, and overnight respite options, with no cap on services; other services include information and assistance, education and training, case management, counseling, support groups, family consultation, assistive technology, supplies, home modification/repairs, legal/financial consultation and transportation.

**Funded by:** State general revenue funds; administered by the Idaho Commission on Aging and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers. Care recipients must be age 60 and older and physically or cognitively impaired to the extent that 24-hour care or supervision is required.

- **Home and Community-Based Services Aged and Disabled Waiver**

**Offers:** Adult day and in-home respite service options, in-home respite is capped at \$52 per day; other services include information and assistance, case management, education and training, counseling, support groups, family consultation, assistive technology, supplies, home modification/repairs, legal/financial consultation and transportation.

**Funded by:** Medicaid home and community-based services waiver; administered by the Idaho Department of Health and Welfare and locally by Regional Medicaid Units.

**Eligibility:** Caregivers must be at least age 18. Recipients must need nursing home level of care.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Idaho programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Idaho Commission on Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All three of Idaho's caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers family members a choice of respite providers, a voucher or budget for respite and/or supplemental services, and direct payments to family members for the purchase of goods or services.
- **Senior Services Act Respite Program** offers family members a choice of respite providers, vouchers or budgets for respite and/or supplemental services, and direct payments to family members for the purchase of goods or services.

- **HCBS Aged and Disabled Waiver** offers family members a choice of respite providers and permits family members to be paid to provide personal care services.

## LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	ILLINOIS	UNITED STATES
<b>Older Population</b>		
• Population age 60+	1,962,900	45,797,200
• Population age 65+	1,500,000	34,991,800
• Population age 85+	192,000	4,239,600
• Proportion age 65+ (National rank)	34 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	25 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	17.1%	19.2%
• Percent of population age 65+ with a disability	40.5%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	103,717	2.4 million
• Number of children being raised by grandparents	213,465 (6.6% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	1.2 million	27.2 million
• Caregiving hours per year	1.3 billion	29 billion
• Market value of informal care	\$11.3 billion	\$257 billion

### ILLINOIS' SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, and overnight respite options, with variable caps based on need; other services include information and assistance, case management, counseling, support groups, family consultation, education and training, legal/financial consultation, assistive technology, supplies, home modification/repairs and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Illinois Department on Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be age 60 or older and have impairment in two activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision for all other services.

#### • Community Care Program

**Offers:** Adult day or in-home respite options, with variable caps based on need; other services include information and assistance, case management, counseling, support groups, family consultation, education and training, legal/financial consultation, assistive technology, supplies, home modification/repairs, and transportation.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered at the state and local levels by the Illinois Department on Aging.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 or older and require assistance in a combination of activities of daily living and instrumental activities of daily living or meet nursing home level of care criteria.

- **Home Services Program**

**Offers:** Adult day or in-home respite options, with variable caps based on need; other services include information and assistance, case management, counseling, support groups, family consultation, education and training for caregivers, legal/financial consultation, assistive technology, supplies, home modification/repairs and transportation services.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered at the state level by the Illinois Department of Human Services and locally by the Medicaid Agency.

**Eligibility:** Caregivers and care recipients must be a minimum of age 18. Care recipients must be physically disabled or have impairment in a combination of activities of daily living and instrumental activities of daily living.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Illinois programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Illinois Department on Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All three Illinois caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers a menu of services, a voucher or budget for respite and/or supplemental services, direct payments to family members for the purchase of goods or services, and a choice of respite providers. One Planning and Service Area permits family members to be paid to provide respite and personal care services.
- **Community Care Program** offers families who choose to receive respite at home a choice of homemaker providers.

- **Home Service Programs** also offers families who choose to receive respite at home a choice of homemaker providers and permits family members to be paid to provide personal care services.

## LEGISLATION

- **IL HB 6706** (Enacted August 2004): Created the Family Caregiver Act to encourage family members to provide care for elderly family members, the Department on Aging to contract with area agencies on aging and other appropriate agencies to provide family caregiver support services to the extent funding is available and included the following services: counseling, training, respite care and emergency respite under certain circumstances.
- **HB 2461/Public Act 094-0336** (Enacted in 2005): Adds family caregivers for adults with disabilities over age 18 to the populations eligible to be served by the state's Family Caregiver Act.
- **SRO 148** urges Congress to amend the federal Older Americans Act to include older caregivers of adult children with developmental disabilities as an eligible population to receive services in the National Family Caregiver Support Program.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, *Census 2000*.

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# Indiana

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	INDIANA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	988,500	45,797,200
• Population age 65+	752,800	34,991,800
• Population age 85+	91,600	4,239,600
• Proportion age 65+ (National rank)	28 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	28 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	18.5%	19.2%
• Percent of population age 65+ with a disability	42.6%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	48,181	2.4 million
• Number of children being raised by grandparents	81,537 (5.2% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.6 million	27.2 million
• Caregiving hours per year	628 million	29 billion
• Market value of informal care	\$5.5 billion	\$257 billion

### INDIANA'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, and weekend/camp respite options; additional services include assistive technology, care management, emergency response, home modification/repairs, transportation, homemaker/chore/personal care, education and training, family consultation, family meetings, and support groups.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered at the state level by the Indiana Division of Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be age 60 or older and have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

#### • Aged and Disabled Medicaid Waiver

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, with variable caps on services; additional services include assistive technology; care management; emergency response; home modification/repairs, transportation, and homemaker/chore/personal care.

**Funded by:** Medicaid home and community-based services waiver; administered at the state level by the Indiana Division of Aging and locally by the Medicaid agency.

**Eligibility:** Caregivers must be age 18 or older. Care recipients may be any age and must have impairment in at least three activities of daily living and/or need nursing home level of care.

- **Community and Home Options to Institutional Care (CHOICE)**

**Offers:** In-home and weekend/camp respite options, with no cap on services; other services include caregiver education and training and legal and/or financial consultation.

**Funded by:** State general funds; administered by the Indiana Division of Aging and locally by area agencies on aging and the Medicaid agency.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be age 60 or older and have impairment in at least two activities of daily living.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Indiana programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Indiana Family and Social Services Administration/Bureau of Aging and In-Home Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All three Indiana caregiver support programs offer some level of consumer direction.

- **The Family Caregiver Support Program** offers a menu of services from which caregivers may choose, a voucher or budget for respite and/or supplemental services, direct payments to family members for the purchase of goods or services, a choice of respite providers, and family members may be paid to provide respite services.
- **Aged and Disabled Medicaid Waiver** permits family members to be paid to provide attendant care.
- **CHOICE** offers consumer-directed attendant care services.

## LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	IOWA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	554,600	45,797,200
• Population age 65+	436,200	34,991,800
• Population age 85+	65,100	4,239,600
• Proportion age 65+ (National rank)	4 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	2 <sup>nd</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	15.2%	19.2%
• Percent of population age 65+ with a disability	37.8%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	12,073	2.4 million
• Number of children being raised by grandparents	22,985 (3.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.3 million	27.2 million
• Caregiving hours per year	306 million	29 billion
• Market value of informal care	\$2.7 billion	\$257 billion

### IOWA'S SUPPORT NETWORK

#### • Iowa Family Caregiver

**Offers:** Adult day, in-home, and overnight respite options, with no cap on services; other services include assistive technology, care management, supplies, counseling, emergency response, family consultation and family meetings, home modification/repairs, homemaker/chore/ personal care, information and assistance, legal and/or financial consultation, support groups and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Iowa Department of Elderly Affairs and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/ supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

#### • Elderly Waiver

**Offers:** Adult day, in-home, overnight, and weekend respite options, with variable caps on services; other services include assistive technology, education and training, attendant care, chore, emergency response, home-delivered meals, home and vehicle modifications, nutrition counseling and transportation.

**Funded by:** Medicaid home and community based services waiver; administered by the Iowa Department of Human Services, the state's Medicaid agency.

**Eligibility:** Caregivers must be a minimum of age 18; care recipients must be over age 65 and have impairment in two or more activities of daily living.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Iowa programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Iowa Department of Elder Affairs and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Both Iowa caregiver support programs offer some level of consumer direction.

- **Iowa Family Caregiver** offers families a choice of respite providers, a menu of services from which to choose, a voucher or budget for respite and/or supplemental services, and direct payments to family members for the purchase of goods or services. Family members also may be paid to provide personal care and respite services.
- **Elderly Waiver** offers family members a choice of respite providers and permits family caregivers to be paid to provide personal care services.

### LEGISLATION

- **HB 386** (Enacted 2003): Includes support for caregivers to sustain older people in their homes.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	KANSAS	UNITED STATES
<b>Older Population</b>		
• Population age 60+	454,800	45,797,200
• Population age 65+	356,200	34,991,800
• Population age 85+	51,800	4,239,600
• Proportion age 65+ (National rank)	17 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	8 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	15.6%	19.2%
• Percent of population age 65+ with a disability	46.2%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	17,873	2.4 million
• Number of children being raised by grandparents	29,026 (4.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.3 million	27.2 million
• Caregiving hours per year	275 million	29 billion
• Market value of informal care	\$2.4 billion	\$257 billion

### KANSAS' SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight and weekend/camp respite options—respite care may not be provided for more than seven consecutive days; other services include counseling, caregiver training, information and assistance, and supplemental services that may include attendant/personal care, bathroom items, chore, homemaker, nutrition counseling, home repair/maintenance/renovation, and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and state general funds; administered by the Kansas Department of Aging and locally by area agencies on aging, which determine the services to be provided in their area.

**Eligibility:** Caregivers must be age 18 or older. Care receivers must be age 60 or older and have impairment in two or more activities of daily living for respite/supplemental services and

a diagnosis of dementia or related disorder and/or require supervision.

#### • Frail Elder Waiver Program

**Offers:** Adult day, in-home, or overnight respite options, capped at 180 hours per year; additional services include assistive technology, attendant care services, nursing evaluation visits, personal emergency response, sleep cycle support, wellness monitoring, and medication reminder.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered by the Kansas Department of Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older caring for people age 65 and older who are impaired in two activities of daily living, three or more instrumental activities of daily living or a combination of the two, or who meet a nursing home level of care.

- **Senior Care Act Program**

**Offers:** Adult day, in-home and weekend/camp respite options, with no cap on service; other services include assistive technologies, care management, emergency response, home modification/repairs, transportation, and homemaker/chore/personal care.

**Funded by:** State general revenues, local/county funds, and client contributions; administered by the Kansas Department of Aging and locally by area agencies on aging.

**Eligibility:** Caregivers and care receivers both must be over age 60; care receivers must be impaired in two activities of daily living, three or more instrumental activities of daily living or a combination of the two.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Kansas programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Kansas Department of Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All Kansas caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers a menu of services from which caregivers may choose. "Flex services" also are available and are designed to provide support to the caregiver when other resources have been researched, are unavailable, and they do not meet any other Title III E service definition.

- **Frail Elder Waiver Program** offers family members a choice of respite providers, and family members may be paid to provide personal care, respite, and other types of service needed by the care recipient.

- **Senior Care Act Program** offers consumer-directed attendant care.

## LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, *Census 2000*.

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FACTS IN BRIEF	KENTUCKY	UNITED STATES
<b>Older Population</b>		
• Population age 60+	672,900	45,797,200
• Population age 65+	504,800	34,991,800
• Population age 85+	58,300	4,239,600
• Proportion age 65+ (National rank)	27 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	31 <sup>st</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	24%	19.2%
• Percent of population age 65+ with a disability	49.3%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	33,818	2.4 million
• Number of children being raised by grandparents	57,141 (5.7% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.4 million	27.2 million
• Caregiving hours per year	425.8 million	29 billion
• Market value of informal care	\$3.8 billion	\$257 billion

### KENTUCKY'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day and in-home respite options, which may be capped; other services include counseling, education and training, information and assistance, support groups, care management, family consultation and meetings, legal and/or financial consultation, transportation, assistive technology, home modification/repairs, homemaker/chore/ personal care, emergency response, and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and state general funds; administered by Kentucky Cabinet for Health and Family Services, Division of Aging Services, and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/

supplemental services or a diagnosis of dementia or related disorder or require supervision.

- **Adult Day Alzheimer's Respite**

**Offers:** Adult day and in-home respite options, with variable caps on services.

**Funded by:** State general funds; administered by Kentucky Cabinet for Health and Family Services, Division of Aging Services, and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; recipients must be a minimum of age 60 and have a diagnosis of dementia or related disorder and require supervision.

- **Homecare**

**Offers:** In-home respite, with variable caps on services; other services include assessment and case management, home management, personal care, home delivered meals, chore, home repair, and home health aide.

**Funded by:** State general funds; administered by Kentucky Cabinet for Health and Family Services, Division of Aging Services, and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care recipients must be a minimum of age 60 and have impairment in two activities of daily living or three instrumental activities of daily living and be at risk of institutionalization or in an institution and unable to return to the community without supportive services.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Kentucky programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Kentucky Cabinet for Health and Family Services, Division of Aging Services, and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Each Kentucky caregiver support program offers consumer direction.

- **The Family Caregiver Support Program** offers a menu of services to meet the unique needs and preferences of caregivers; a choice of respite providers; and a voucher or budget for respite and/or supplemental services. Family members may be paid to provide respite and other types of care.
- **Adult Day Alzheimer's Respite** allows families to determine hours of service within their cap.
- **Homecare** offers a menu of services and permits individuals and families to make decisions regarding service delivery.

## LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	LOUISIANA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	687,200	45,797,200
• Population age 65+	516,900	34,991,800
• Population age 85+	58,700	4,239,600
• Proportion age 65+ (National rank)	40 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	39 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	22.1%	19.2%
• Percent of population age 65+ with a disability	48.1%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	67,058	2.4 million
• Number of children being raised by grandparents	117,859 (9.7% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.4 million	27.2 million
• Caregiving hours per year	452 million	29 billion
• Market value of informal care	\$4 billion	\$257 billion

### LOUISIANA'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** In-home respite options, capped at 96 hours per year; other services include homemaker/chore/personal care, adult day health care, adult day care, group respite, counseling, material aid (medical and other supplies), support groups, information and assistance, and sitter services.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and voluntary contributions; administered by the Louisiana Governor's Office of Elderly Affairs and locally by area agencies on aging and Parish Councils on Aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

#### • Medicaid Home and Community- Based Waiver

**Offers:** A range of services for care receivers from which caregivers may benefit indirectly, including assistive technologies, care management, counseling, education and training, emergency response, family consultation, family meetings, home modification/repairs, homemaker/ chore/personal care, information and assistance, legal and/or financial consultation, support groups, and transportation services.

**Funded by:** Medicaid home and community-based services waiver and Real Choice Systems Change Grant funds; administered at the state and local levels by the Louisiana Department of Health and Hospitals, the state Medicaid agency.

**Eligibility:** Caregivers must be age 21 or older; care recipients must be a minimum of age 65 and physically disabled or meet nursing home level of care criteria.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Louisiana programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Louisiana Governor's Office of Elderly Affairs and locally by area agencies on aging and Parish Councils on Aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Both Louisiana programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers caregivers a menu of services from which they may choose.
- **Medicaid Home and Community-Based Waiver** offers a menu of services, a choice of respite providers, and family members may be paid to provide personal care services.

### LEGISLATION

- **LA S.B. 492** (Enacted 2004): Provides for the development of respite care programs.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	MAINE	UNITED STATES
<b>Older Population</b>		
• Population age 60+	238,100	45,797,200
• Population age 65+	183,400	34,991,800
• Population age 85+	23,300	4,239,600
• Proportion age 65+ (National rank)	7 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	11 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	19.2%	19.2%
• Percent of population age 65+ with a disability	41.1%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	5,074	2.4 million
• Number of children being raised by grandparents	9,276 (3.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	138 million	29 billion
• Market value of informal care	\$1.2 billion	\$257 billion

### MAINE'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, and overnight respite options, capped at \$500 per year; other services include education and training, family consultation, information and assistance, and support groups.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered at the state level by the Maine Department of Health and Human Services/Office of Elder Services and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older; care receivers must be age 60 or older and have impairment in at least two activities of daily living in order to receive respite/supplemental services and have a diagnosis of dementia or related disorder and/or require supervision for all other services.

- **MaineCare**

**Offers:** Adult day, in-home, and overnight respite options, capped at \$4,281 per year; additional services include information and assistance and support groups.

**Funded by:** Medicaid home and community-based services waiver; administered by the Maine Department of Health and Human Services/Office of Elder Services.

**Eligibility:** No minimum age for caregivers; care recipients must be a minimum of age 18 and meet nursing home level of care criteria.

- **Home-Based Care**

**Offers:** Adult day, in-home, and overnight respite options, capped at \$3,800 per year; additional services include information and assistance and support groups.

**Funded by:** State general funds and client contributions; administered by the Maine Department of Health and Human Services/Office of Elder Services.

**Eligibility:** Caregivers and care receivers must be age 18 or older. Care receivers must have impairments in a combination of activities of daily living and instrumental activities of daily living.

- **Partners in Caring**

**Offers:** Adult day, in-home, or up to two weeks of institutionally based respite service—respite care is capped at \$3,800 per year; additional services include care management, education and training, family consultation, home modification/repairs, information and assistance.

**Funded by:** State general funds, federal Alzheimer’s Disease Demonstration grant and client contributions; administered by the Maine Department of Health and Human Services/Office of Elder Services and locally by area agencies on aging

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Maine programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Maine Department of Health and Human Services/Office of Elder Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people’s needs and preferences by offering them maximum choice and control over services they use. All of Maine’s caregiver support programs offer some level of consumer direction.

- **The Family Caregiver Support Program** offers family members a menu of services from which to choose, a choice of respite providers, and a voucher or budget for respite services. Family members may be paid to provide respite care.

- **MaineCare** offers families a menu of services, a choice of respite providers, and permits family members to be paid to provide personal care.

- **Home-Based Care** offers families a menu of services, a choice of respite providers, and direct payments to family members for the purchase of goods and services.

- **Partners in Caring** offers a menu of services, a choice of respite providers, and vouchers or budgets for respite and/or supplemental services.

## LEGISLATION

- **22 MRSA, Section 7308** (Enacted July 2002): Directs the Maine Department of Human Services to administer the Respite Care Fund for the purpose of providing short-term respite care for people with Alzheimer’s disease and other dementias. The respite may include short-term, in-home care, nursing or residential care facility stays, care in hospital or adult day settings, or home modifications. The department also may use the fund to carry out the purposes of the National Family Caregiver Support Program.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, *Census 2000*.

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# Maryland

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	MARYLAND	UNITED STATES
<b>Older Population</b>		
• Population age 60+	801,000	45,797,200
• Population age 65+	599,300	34,991,800
• Population age 85+	66,900	4,239,600
• Proportion age 65+ (National rank)	41 <sup>st</sup>	N/A
• Proportion age 85+ (National rank)	42 <sup>nd</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	17.2%	19.2%
• Percent of population age 65+ with a disability	39.8%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	50,974	2.4 million
• Number of children being raised by grandparents	98,836 (7.3% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.5 million	27.2 million
• Caregiving hours per year	554 million	29 billion
• Market value of informal care	\$4.9 billion	\$257 billion

### MARYLAND'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, capped at \$599 per year; other services include care management, emergency response, family consultation, homemaker/chore/personal care, education and training, counseling, information and assistance, and support groups, assistive technology, supplies, home modification/repairs, transportation and the “Caregiver to Caregiver” message board at [www.mdoa.state.md.us](http://www.mdoa.state.md.us).

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Maryland Department of Aging and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 or older. For respite and supplemental services, care recipients must need assistance in two or more

activities of daily living or have a diagnosis of dementia or related disorder, and/or require supervision.

- **Medicaid Waiver for Older Adults**

**Offers:** Adult day, in-home, and overnight respite options, capped at 168 hours per year; other services include care management, education and training, emergency response, family consultation, homemaker/chore/personal care, supplies and home modification/repairs.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered by the Maryland Department of Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be age 50 or older and meet a nursing home level of care.

- **Respite for Caregivers of Adults with Functional Disabilities**

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, capped at 164 hours per year; other services include case management, education and training, emergency response, family consultation, counseling, information and assistance, and homemaker/ chore/personal care

**Funded by:** State general funds; administered by the Maryland Department of Human Resources.

**Eligibility:** Caregivers and care receivers must be over age 18; care receivers must have impairment in at least three activities of daily living.

- **Respite for Caregivers of Adults or Children with Developmental Disabilities**

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, capped at 164 hours per year; other services include case management, education and training, emergency response, family consultation, and homemaker, chore, and personal care.

**Funded by:** State general funds; administered by the Maryland Department of Human Resources.

**Eligibility:** No minimum age requirements for caregivers or care receivers. Care receivers must be impaired in at least three major life activities, including self-care, receptive and expressive language, learning, mobility, self-direction, capacity of independent living, and economic self-sufficiency.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Maryland programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Maryland Department of Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Two of Maryland's

caregiver support programs offer some level of consumer direction.

- **The Family Caregiver Support Program** offers families a menu of services, a choice of respite providers, cash payments for respite and/or supplemental services, and direct payments for the purchase of goods or services. Family members also may be paid to provide respite care.

- **Medicaid Waiver for Older Adults** offers families a choice of respite providers and family members may be paid to provide respite or personal care services.

## LEGISLATION

- **SB 567 and HB 513** (Enacted 2001): Established the Maryland Family Caregivers Support Coordinating Council within the Department of Human Resources for the purposes of coordinating statewide planning, development and implementation of family caregiver activities.

- **SB 475** (Enacted 2001): Requires state residential centers for the developmentally disabled to provide respite and to reserve beds for that purpose; and requires the governor to provide an appropriation in the state budget bill for purpose of providing in-home respite care for families caring for individuals with mental retardation and developmental disabilities.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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# Massachusetts

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	MASSACHUSETTS	UNITED STATES
<b>Older Population</b>		
• Population age 60+	1,096,600	45,797,200
• Population age 65+	860,200	34,991,800
• Population age 85+	116,700	4,239,600
• Proportion age 65+ (National rank)	12 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	10 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	17.9%	19.2%
• Percent of population age 65+ with a disability	37.8%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	27,915	2.4 million
• Number of children being raised by grandparents	67,781 (4.5% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.6 million	27.2 million
• Caregiving hours per year	678.7 million	29 billion
• Market value of informal care	\$5.9 billion	\$257 billion

### MASSACHUSETTS' SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight and week-end/camp respite options. Other services include counseling; education and training; information and assistance; support groups; care management; family consultation and meetings; legal and/or financial consultation; assistive devices; home modification/repairs, homemaker/chore/personal care; transportation; and supplies.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E, state general funds, foundation funds, private donations and voluntary client contributions; administered by Massachusetts Office of Elder Affairs and locally by area agencies on aging/Aging Services Access Points.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be a minimum of age 60.

#### • Home and Community-Based Waiver

**Offers:** Adult day, in-home, overnight and week-end respite options, with no caps on services; other services include home modification/repairs, homemaker/chore/personal care, and transportation.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered by Massachusetts Office of Elder Affairs and locally by Aging Services Access Points.

**Eligibility:** No minimum age for caregivers; recipients must be a minimum of age 60 and meet nursing home level of care criteria.

#### • Home Care Program

**Offers:** Adult day, in-home, overnight and week-end respite options, with no caps on services; other services include home

modification/repairs, homemaker/chore/personal care, and transportation.

**Funded by:** State general funds and voluntary client contributions; administered by the Massachusetts Office of Elder Affairs and locally by Aging Services Access Points.

**Eligibility:** No minimum age for caregivers. Recipients must be a minimum of age 60 and be impaired in four or more activities of daily living and/or instrumental activities of daily living.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Massachusetts programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Massachusetts Office of Elder Affairs and locally by area agencies on aging/Aging Services Access Points.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. One Massachusetts caregiver support program offers consumer direction.

- **Family Caregiver Support Program** offers a menu of services, including respite and supplemental services from which caregivers choose.
- **Home Care Program** offers a menu of services in some areas of the state.

## LEGISLATION

No legislation related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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# Michigan

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	MICHIGAN	UNITED STATES
<b>Older Population</b>		
• Population age 60+	1,596,200	45,797,200
• Population age 65+	1,219,000	34,991,800
• Population age 85+	142,500	4,239,600
• Proportion age 65+ (National rank)	30 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	32 <sup>nd</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	18.1%	19.2%
• Percent of population age 65+ with a disability	17.1%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	70,044	2.4 million
• Number of children being raised by grandparents	143,523 (5.5% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	1 million	27.2 million
• Caregiving hours per year	1 billion	29 billion
• Market value of informal care	\$9 billion	\$257 billion

### MICHIGAN'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, with no caps on service; other services include assistive technology, supplies, counseling, education and training, family consultation, home modification/repairs, information and assistance, homemaker/chore/ personal care, support groups and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and client contributions; administered by the Michigan Office of Services to the Aging and locally by area agencies on aging.

**Eligibility:** No age limits specified for caregivers; care receivers must be age 60 or older. The care receiver must need assistance with two or more activities of daily living or have a cognitive impairment to receive respite or supplemental services.

#### • MI Choice

**Offers:** Adult day, in-home, and overnight respite options, with no cap on services; other services include counseling and education and training services.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered by the Michigan Department of Community Health and locally by area agencies on aging and individual contractors.

**Eligibility:** Caregivers must be over age 18; no minimum age for care recipients, who must meet nursing home level of care criteria.

#### • State/Escheat Respite

**Offers:** Adult day, in-home, overnight, or weekend/camp respite options, with no cap on services.

**Funded by:** Uncashed Blue Cross/Blue Shield checks returned to the Michigan Department of Treasury; administered



by the Michigan Office of Services to the Aging and locally by area agencies on aging.

**Eligibility:** Either the caregiver or care recipient must be age 60 or older; care recipients must require assistance with two or more activities of daily living or have a cognitive impairment.

- **Caregiver Respite Program**

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, with no cap on services; transportation services also may be provided.

**Funded by:** Tobacco settlement funds; administered by the Michigan Office of Services to the Aging and locally by area agencies on aging and approved Home and Community-Based Services/Elderly and Disabled Medicaid Waiver agents.

**Eligibility:** No minimum age for caregivers. Care recipients must be a minimum of age 18 and have a disability.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Michigan programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Michigan Office of Services to the Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Three Michigan caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers a choice of respite providers and a voucher or budget for respite and/or supplemental services.
- **State/Escheat Program** offers a choice of respite providers and vouchers or budgets for respite services.
- **Caregiver Respite Program** offers a choice of respite providers and vouchers or budgets for respite services.

## LEGISLATION

- **MI H.B. 4476** (Enacted 2004): The Michigan Lifespan Respite Act of 2004 established a lifespan respite services network, administered by the Department of Community Health, to promote information exchange and coordination among community-based nonprofit and for-profit agencies, state and local governments, families and respite care advocates. Encourages efficient and nonduplicative provision of respite services, including development and dissemination of information and establishment of a respite care Web site and a toll-free information hotline.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	MINNESOTA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	772,300	45,797,200
• Population age 65+	594,300	34,991,800
• Population age 85+	85,600	4,239,600
• Proportion age 65+ (National rank)	33 <sup>rd</sup>	N/A
• Proportion age 85+ (National rank)	15 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	14%	19.2%
• Percent of population age 65+ with a disability	36.9%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	17,682	2.4 million
• Number of children being raised by grandparents	33,975 (2.6% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.5 million	27.2 million
• Caregiving hours per year	506.1 million	29 billion
• Market value of informal care	\$4.5 billion	\$257 billion

### MINNESOTA'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** In-home, out-of-home, and facility-based respite options; other services include access assistance, caregiver training and education, caregiver consultation/coaching and supplemental services, such as home modifications and assistive technology.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Minnesota Board on Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older; care receivers must be age 60 or older and have impairment in two or more activities of daily living for respite/supplemental services and/or a cognitive or mental impairment that requires substantial supervision.

#### • Elderly Waiver Program

**Offers:** In-home and adult day respite options; other services include caregiver education, training and consultation, environmental modifications, supplies and equipment. Personal care, meals and transportation also may be provided.

**Funded by:** Medicaid home and community-based services waiver; administered by Minnesota Department of Human Services and locally by managed care organizations and county social service or public health agencies.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be a minimum of age 65 and meet nursing facility level of care criteria.

#### • Alternative Care Program

**Offers:** In-home, out-of-home (e.g., adult foster home, assisted living facility) and adult day respite options; other services include caregiver education, training and consul-

tation, environmental modifications, supplies and equipment. Chore, personal care, meals, and transportation also may be provided.

**Funded by:** State general funds; administered by the Minnesota Department of Human Services and locally by managed care organizations and county social service or public health agencies.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be a minimum of age 65 and meet nursing facility level of care criteria.

- **State Respite/Community Service Grants**

**Offers:** In-home, out-of-home (e.g., adult foster home, assisted living facility), and adult day respite options; other services include education, training and consultation.

**Funded by:** State general funds; administered by the Minnesota Department of Human Services and locally by providers in partnership with area agencies on aging and other stakeholders.

**Eligibility:** Caregivers must be 18 years of age or older; care recipients must be a minimum of 65 years and be at risk for nursing facility placement.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services, including access assistance, designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Minnesota programs.

**Funded by:** Older Americans Act Title III E and other sources. Grandparent and other relative caregiver support services are administered by the Minnesota Board on Aging and locally by the Minnesota Kinship Caregiver Association.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. *You Decide Your Help* is Minnesota's new consumer-directed service initiative under which the state's caregiver support programs offer individual budgets for the purchase of services, including respite, and permits caregivers and care receivers to hire and manage their own workers. Spouses and family members may be paid to provide services.

## LEGISLATION

- **S.F. 456** (Enacted 2001): Medicaid waiver recipients with mental retardation and related conditions may receive respite care in intermediate care facilities for people with mental retardation and related conditions.
- **MN H.F. 376** (Enacted 2002): Expanded the availability of caregiver support services within the state's long-term care delivery system.
- **MN S.F. 433** (Enacted 2003): Expands Alzheimer's disease training for family caregivers.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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# Mississippi

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	MISSISSIPPI	UNITED STATES
<b>Older Population</b>		
• Population age 60+	457,100	45,797,200
• Population age 65+	343,500	34,991,800
• Population age 85+	42,900	4,239,600
• Proportion age 65+ (National rank)	35 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	27 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	15.6%	19.2%
• Percent of population age 65+ with a disability	46.2%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	48,061	2.4 million
• Number of children being raised by grandparents	83,593 (10.8% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.3 million	27.2 million
• Caregiving hours per year	287 million	29 billion
• Market value of informal care	\$2.5 billion	\$257 billion

### MISSISSIPPI'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, capped at 32 hours per month; additional services include homemaker/chore/personal care, supplies, home delivered meals, counseling, education and training, family meetings, home modification/repairs, information and assistance, and support groups.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Mississippi Department of Human Services and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

#### • Elderly and Disabled Waiver

**Offers:** Adult day, in-home, and overnight respite options, capped at 40 hours per month; the caregiver must reside with the care receiver to be eligible for respite services; other services include care management and transportation.

**Funded by:** Medicaid home and community-based services waiver; administered by the Mississippi Governor's Office of Medicaid and locally by area agencies on aging.

**Eligibility:** Caregivers and care receivers both must be over age 21; care receivers must be impaired in three or more activities of daily living or meet nursing home level of care criteria.

#### • Grandparent and Other Relative Caregiver Support Programs

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregiver-

ers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Mississippi programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Mississippi Department of Human Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Both Mississippi caregiver support programs offer some level of consumer direction.

- **The Family Caregiver Support Program** offers caregivers a menu of services from which to choose. In addition, in one area of the state, the AAA provides a voucher or budget for respite and families have a choice of respite providers.
- **The Elderly and Disabled Waiver** offers a menu of services.

### LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	MISSOURI	UNITED STATES
<b>Older Population</b>		
• Population age 60+	983,700	45,797,200
• Population age 65+	755,400	34,991,800
• Population age 85+	98,600	4,239,600
• Proportion age 65+ (National rank)	13 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	13 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	18.2%	19.2%
• Percent of population age 65+ with a disability	42.6%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	43,907	2.4 million
• Number of children being raised by grandparents	77,875 (5.5% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.6 million	27.2 million
• Caregiving hours per year	583 million	29 billion
• Market value of informal care	\$5.1 billion	\$257 billion

### MISSOURI'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home and weekend respite options, capped at 12 to 20 hours per month; other services include assistive technology, care management, supplies, counseling, education and training, emergency response, family consultation and family meetings, home modification/repairs, information and assistance, legal and/or financial consultation, support groups and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and voluntary contributions; administered at the state level by the Missouri Department of Health and Senior Services and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/

supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

#### • Aged and Disabled Waiver

**Offers:** Adult day, in-home, and overnight respite options, with no cap on services; other services include homemaker, chore and home-delivered meals.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered at the state and local levels by the Missouri Department of Health and Senior Services under the supervision of the State Medicaid Agency.

**Eligibility:** Caregivers must be at least age 18, and care receivers must be a minimum of age 63; care receivers also must meet a nursing home level of care

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Missouri programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Missouri Department of Health and Senior Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. In Missouri, one program offers consumer-directed options for service delivery.

- **The Family Caregiver Support Program** offers a voucher or budget for respite and/or supplemental services, direct payments for the purchase of goods or services, a choice of respite providers, and family members may be paid to provide respite services.

### LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	MONTANA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	158,900	45,797,200
• Population age 65+	120,900	34,991,800
• Population age 85+	15,300	4,239,600
• Proportion age 65+ (National rank)	14 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	14 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	16.9%	19.2%
• Percent of population age 65+ with a disability	39.6%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	6,053	2.4 million
• Number of children being raised by grandparents	9,526 (4.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	94 million	29 billion
• Market value of informal care	\$832 million	\$257 billion

### MONTANA'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, or overnight respite options, with no cap on services; other services include education and training, support groups, assistive technology, information and assistance, homemaker/chore/personal care, and transportation

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E, local/county funds, and client contributions; administered at the state level by the Montana Department of Public Health and Human Services/ Office on Aging and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/ supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Home and Community-Based Services Program for Elderly and Physically Disabled**

**Offers:** Adult day, in-home, or overnight respite options, with no cap on services; other services include education and training, support groups, care management, counseling, family consultation, and family meetings.

**Funded by:** Medicaid home and community-based services waiver and Real Choice Systems Change Grant funds; administered at the state level by the Montana Department of Public Health and Human Services and locally by the Medicaid agency.

**Eligibility:** Caregivers must be over age 18; care receivers must meet nursing home level of care criteria



- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Montana programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Montana Department of Public Health and Human Resources/Office on Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Currently, one Montana program offers consumer direction.

- **The Home and Community-Based Services Program for Elderly and Physically Disabled** offers caregivers a menu of services, and family members may be paid to provide personal care or other services needed by the care recipient.

### LEGISLATION

- **MT H.B. 150** (Enacted 2003): Revised respite care wage and hour exemptions for companionship services, unemployment insurance and worker's compensation insurance if the person providing service is employed directly by the family or legal guardian.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	NEBRASKA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	296,100	45,797,200
• Population age 65+	232,200	34,991,800
• Population age 85+	32,000	4,239,600
• Proportion age 65+ (National rank)	11 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	6 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	15.2%	19.2%
• Percent of population age 65+ with a disability	37.1%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	8,454	2.4 million
• Number of children being raised by grandparents	13,796 (3.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.2 million	27.2 million
• Caregiving hours per year	175.5 million	29 billion
• Market value of informal care	\$1.5 billion	\$257 billion

### NEBRASKA'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight or weekend/camp respite options, capped at \$1,000 per year; other services include assistive technology, care management, supplies, education and training, emergency response, home modification/repairs, homemaker/chore/personal care, information and assistance, support groups, and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Nebraska Department of Health and Human Services and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

#### • Aged and Disabled Waiver

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, with no cap on services.

**Funded by:** Medicaid home and community-based services waiver; administered by the Nebraska Department of Health and Human Services and locally by area agencies on aging, independent living centers or the local Medicaid agency.

**Eligibility:** No minimum age for caregivers or care receivers; care receivers must meet a nursing home level of care.

#### • Respite Subsidy Program Across the Lifespan

**Offers:** Adult day, in-home, overnight, or weekend/camp respite options, capped at \$125 per month.

**Funded by:** Tobacco funds; administered by the Nebraska Department of Health and Human Services/Division of Aging Services and locally by the Medicaid agency.

**Eligibility:** No minimum age for caregivers or care receivers.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Nebraska programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Nebraska Department of Health and Human Services/Division of Aging Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All three Nebraska caregiver support programs offer consumer direction.

- **The Family Caregiver Support Program** offers caregivers a menu of services from which to choose, vouchers or budgets for respite and/or supplemental services and a choice of respite providers, and family members may be paid to provide respite care.
- **Aged and Disabled Waiver** offers a voucher or budget for respite, a menu of services, a choice of respite providers, and families may be paid to provide respite services.
- **Respite Subsidy Program Across the Lifespan** offers caregivers a voucher for respite services, direct payments for the purchase of services and a choice of respite providers, and family members may be paid to provide respite services.

## LEGISLATION

- **NE L.B. 692** (Enacted 2001): Authorized and funded the Nebraska Lifespan Respite Services Program.
- **NE L.B. 1062** (Enacted 2002): Required that funding appropriated for the Nebraska Health Care Cash Fund for FY 2001-02 and FY 2002-03 to be used to develop new respite programs or to implement such programs.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, *Census 2000*.

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FACTS IN BRIEF	NEVADA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	304,100	45,797,200
• Population age 65+	218,900	34,991,800
• Population age 85+	17,900	4,239,600
• Proportion age 65+ (National rank)	45 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	50 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	21.8%	19.2%
• Percent of population age 65+ with a disability	40.6%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	18,685	2.4 million
• Number of children being raised by grandparents	30,580 (6.0% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.2 million	27.2 million
• Caregiving hours per year	207.5 million	29 billion
• Market value of informal care	\$1.8 billion	\$257 billion

### NEVADA'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** In-home respite, with no cap on services; other services include information and assistance, education and training, support groups, and counseling.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered at the state and local levels by the Nevada Department of Human Resources/Division for Aging Services.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 or older.

- **Community Home-Based Initiatives Program**

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, with no cap on services; other services include homemaker/ chore/personal care.

**Funded by:** Medicaid home and community-based services waiver, state general funds, tobacco funds, and client

contributions; administered at the state and local levels by the Nevada Department of Human Resources/Division for Aging Services.

**Eligibility:** No minimum age for caregivers; care recipients must be age 65 or older and meet nursing home level of care criteria.

- **Independent Living Grant**

**Offers:** Adult day, in-home, overnight, and weekend camp respite options, with no cap on services; other services include assistive technology, care management, counseling, education and training, home modification/ repairs, information and assistance, homemaker/chore/personal care, legal and/or financial consultation, and transportation.

**Funded by:** Tobacco funds; administered at the state and local levels by the Nevada Department of Human Resources/ Division for Aging Services.

**Eligibility:** No minimum age for caregivers. Care recipients must be age 60 or older.

- **Community-Based Care Caregiving Training**

**Offers:** Education and training services only.

**Funded by:** State general funds; administered at the state and local levels by the Nevada Department of Human Resources/Division for Aging Services.

**Eligibility:** No minimum age or functional status requirements for caregivers or care receivers.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Nevada programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered at the state and local levels by the Nevada Department of Human Resources.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Two Nevada caregiver support programs offer some level of consumer direction.

- **Community Home-Based Initiatives Program** offers families a choice of respite providers and a menu of services from which to choose.

- **Independent Living Grant Program** also offers families a choice of respite providers and a menu of services from which to choose, as well as vouchers or budgets for respite services.

## LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	NEW HAMPSHIRE	UNITED STATES
<b>Older Population</b>		
• Population age 60+	195,000	45,797,200
• Population age 65+	148,000	34,991,800
• Population age 85+	18,200	4,239,600
• Proportion age 65+ (National rank)	37 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	29 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	16.1%	19.2%
• Percent of population age 65+ with a disability	38.5%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	4,534	2.4 million
• Number of children being raised by grandparents	10,119 (3.3% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	130 million	29 billion
• Market value of informal care	\$1.2 billion	\$257 billion

### NEW HAMPSHIRE'S SUPPORT NETWORK

- **New Hampshire Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight and weekend in-facility (assisted living or skilled nursing) respite options, all of which are currently capped at \$1,500 per year; other services include assistive technology, supplies, emergency response, home modification/repairs, information and assistance, transportation homemaker/chore/ personal care, and family consultation, education and support groups.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and state general funds; administered at the state and local levels by the New Hampshire Department of Health and Human Services/Bureau of Elderly and Adult Services.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be age 60 or older and have impairment in two activities of daily living for respite/supplemental services or

a diagnosis of dementia or related disorder and/or require supervision for all other services.

- **Elderly and Chronically Ill Waiver**

**Offers:** Adult day, in-home, overnight and weekend (in-facility) respite options, capped at 480 hours per year; other services include assistive technology, emergency response, home modification, homemaker/personal care, care management and counseling.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered at the state and local levels by the New Hampshire Department of Health and Human Services/Bureau of Elderly and Adult Services.

**Eligibility:** Caregivers and care receivers must be age 18 or older; care receivers must have impairment in at least one activity of daily living.



- **Alzheimer’s Disease and Related Memory Disorders Program**

**Offers:** Adult day, in-home, overnight and weekend in-facility respite options, capped at \$1,200 per year; other services provided include care management and counseling.

**Funded by:** State general funds; administered at the state and local levels by the New Hampshire Department of Health and Human Services/Bureau of Elderly and Adult Services.

**Eligibility:** Caregivers must live with the care recipient. Care receiver must be diagnosed with Alzheimer’s disease or related disorder.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on New Hampshire programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The New Hampshire Department of Health and Human Services/Bureau of Elderly and Adult Services administers the Family Caregiver Support Program.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people’s needs and preferences by offering them maximum choice and control over services they use. The three New Hampshire caregiver support programs offer some level of consumer direction.

- **New Hampshire Family Caregiver Support Program** offers caregivers a menu of services from which to choose, vouchers or budgets for respite and/or supplemental services, and a choice of respite providers.
- **Elderly and Chronically Ill Waiver** provides a voucher or budget for respite and/or supplemental services.

- **Alzheimer’s Disease and Related Memory Disorders Program** provides caregivers a choice of respite services through a home health agency, adult day program or a long-term care facility.

## LEGISLATION

- **NH H.B. 569** (Enacted 2001): Established a committee to study the information, training and support needs of family caregivers in New Hampshire.
- **NH H.B. 635** (Enacted 2001): Requires the Department of Health and Human Services to establish “family mutual support services” to support families in their roles as primary caregivers of adults and children with mental conditions and grants rulemaking authority to the commissioner of the department for the purposes of the bill.
- **NH H.B. 1435** (Enacted 2002): Extends the reporting dates of certain study committees including the Information, Training, and Support Needs of Family Caregivers Study.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	NEW JERSEY	UNITED STATES
<b>Older Population</b>		
• Population age 60+	1,443,800	45,797,200
• Population age 65+	1,113,100	34,991,800
• Population age 85+	136,000	4,239,600
• Proportion age 65+ (National rank)	18 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	22 <sup>nd</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	17.4%	19.2%
• Percent of population age 65+ with a disability	38.6%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	58,789	2.4 million
• Number of children being raised by grandparents	127,263 (6.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.8 million	27.2 million
• Caregiving hours per year	891.2 million	29 billion
• Market value of informal care	\$7.9 billion	\$257 billion

### NEW JERSEY'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day and in-home respite options, with no cap on services; other services include care management, supplies, education and training, emergency response, home modification/repairs, support groups, homemaker/chore/personal care, information and assistance, and legal and/or financial consultation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the New Jersey Department of Health and Senior Services and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 or older.

- **Community Care Program for the Elderly and Disabled**

**Offers:** Adult day, in-home, overnight and weekend respite options, capped at 30 days per year in a skilled nursing facility or 336 hours per year when provided in the home; other services include counseling, education and training, emergency response, family consultation and family meetings, and information and assistance.

**Funded by:** Medicaid home and community-based services waiver; administered by the New Jersey Department of Health and Senior Services and locally by area agencies on aging, boards of social services and the Visiting Nurses Association.

**Eligibility:** No minimum age for caregivers or care receivers; care recipients must meet nursing home level of care criteria.

- **Enhanced Community Options**

**Offers:** Adult day, in-home, overnight, and weekend respite options, capped at \$1,100 per month; other services include counseling, education and training, emergency response, family consultation and family meetings, and information and assistance.

**Funded by:** Medicaid home and community-based services waiver; administered by the New Jersey Department of Health and Senior Services and locally by area agencies on aging or their designees and Adult Family Care Sponsor Agencies.

**Eligibility:** No minimum age for caregivers; care receivers must be age 21 or older and meet a nursing home level of care criteria.

- **New Jersey Statewide Respite Care Program**

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, capped at \$4,500 per year; other services include education and training, emergency response and family support.

**Funded by:** Casino revenues and client contributions; administered by the New Jersey Department of Health and Senior Services and locally by county sponsored agencies, including area agencies on aging, county welfare agencies, hospitals and other nonprofit organizations, including homemaker and home health agencies.

**Eligibility:** Caregiver and care recipient must be age 18 or older. Care recipient must have a chronic physical or mental disability requiring supervision or assistance with daily needs.

- **Adult Day Services Program for Persons with Alzheimer’s Disease or Related Disorders**

**Offers:** Adult day care respite services only, capped at three days per week; other services include education and training, counseling, information and assistance, and support groups.

**Funded by:** State general funds, casino revenues, and client contributions; administered by the New Jersey Department of Health and Senior Services and locally by county health departments, hospitals, independent service providers, nursing homes, private for-profit agencies and Visiting Homemaker Service.

**Eligibility:** Both caregiver and care receiver must be age 18 or older; care receiver must have a diagnosis of dementia or related disorder.

- **Jersey Assistance for Community Caregiving**

**Offers:** Adult day, in home, overnight, or weekend respite options, capped at \$600 per month; other services include counseling, education and training, emergency response, family consultation and family meetings, and information and assistance.

**Funded by:** State general funds; administered by the New Jersey Department of Health and Senior Services and locally by area agencies on aging or their designees.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 or older and meet nursing home level of care criteria.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on New Jersey programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the New Jersey Department of Health and Senior Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people’s needs and preferences by offering them maximum choice and control over services they use. Four New Jersey caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers family members a choice of respite providers.

- **Enhanced Community Options** offers a menu of services from which caregivers may choose, and family members or non-relatives may be paid to provide services as a “client employed provider.”

- **New Jersey Statewide Respite Care Program** offers a menu of services from which caregivers may choose and will offer a caregiver-directed service option statewide beginning in January 2006.

- **Jersey Assistance for Community Caregiving** offers a menu of services from which caregivers may choose and a choice of

respite providers, and family members or non-relatives may be paid to provide services as a “client employed provider.”

### LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	NEW MEXICO	UNITED STATES
<b>Older Population</b>		
• Population age 60+	283,800	45,797,200
• Population age 65+	212,200	34,991,800
• Population age 85+	23,300	4,239,600
• Proportion age 65+ (National rank)	39 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	41 <sup>st</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	21%	19.2%
• Percent of population age 65+ with a disability	44.8%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	54,041	2.4 million
• Number of children being raised by grandparents	41,085 (8.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.2 million	27.2 million
• Caregiving hours per year	183 million	29 billion
• Market value of informal care	\$1.6 billion	\$257 billion

### NEW MEXICO'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, and overnight respite options, with no cap on services; other services include education and training, information and assistance, care management, supplies, counseling, family meetings, home modification/repairs, support groups homemaker/chore/personal care, legal and/or financial consultation and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E, federal Alzheimer's Disease Grant from the U.S. Administration on Aging, state general funds, and client contributions; administered by the New Mexico Aging & Long-Term Services Department and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/

supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Disabled and Elderly Home and Community-Based Services Waiver**

**Offers:** In-home respite services, capped at 336 hours per year; other services include education and training and information and assistance.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered by New Mexico Human Services Department and locally by the Medicaid agency.

**Eligibility:** Caregivers must be age 18 or older; no minimum age requirements for care receivers who must be impaired in at least three activities of daily living and/or meet a nursing home level of care.



- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on New Mexico programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the New Mexico State Agency on Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. In New Mexico, one program offers consumer-directed options.

- **The Family Caregiver Support Program** provides vouchers or budgets for respite and/or supplemental services and gives families a choice of respite providers.

### LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg,

Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	NEW YORK	UNITED STATES
<b>Older Population</b>		
• Population age 60+	3,204,300	45,797,200
• Population age 65+	2,448,400	34,991,800
• Population age 85+	311,500	4,239,600
• Proportion age 65+ (National rank)	24 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	21 <sup>st</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	21%	19.2%
• Percent of population age 65+ with a disability	40.3%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	143,014	2.4 million
• Number of children being raised by grandparents	297,239 (6.3% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	1.9 million	27.2 million
• Caregiving hours per year	2 billion	29 billion
• Market value of informal care	\$17.6 billion	\$257 billion

### NEW YORK'S SUPPORT NETWORK

- **New York Elder Caregiver Support Program**

**Offers:** Social adult day, adult day health, in-home or overnight respite options; other services include emergency response, assistive technology and supplies, transportation, home, repairs/ modifications, information and assistance, counseling, education and training, and support groups. Services vary by area agency on aging.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E, participant contributions, and local funds; administered by the New York Office for the Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be age 60 or older. For respite or supplemental services, the care receiver must have impairment in two or more activities of daily living or require supervision due to cognitive or mental impairment.

- **Respite Program**

**Offers:** Adult day, in-home, or temporary institutional respite options, capped at 100 days per year. Services vary by area agency on aging.

**Funded by:** State general funds; 10 areas of the state offer the program, which is administered locally by community-based organizations, two of which are area agencies on aging.

**Eligibility:** No minimum age for caregivers or care receivers, however priority is given to those age 60 or older.

- **Caregiver Assistance Program**

**Offers:** Training, counseling, support groups, and information and assistance.

**Funded by:** State general funds; administered by the New York Office for the Aging and at the local level by Caregiver Resource Centers located in 17 of the state's area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be a minimum of age 60.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on New York programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the New York Office for the Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use.

In New York, the **Respite Program** in Madison County offers caregivers a choice of respite options.

### LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on

Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	NORTH CAROLINA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	1,292,600	45,797,200
• Population age 65+	969,000	34,991,800
• Population age 85+	105,500	4,239,600
• Proportion age 65+ (National rank)	36 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	40 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	17%	19.2%
• Percent of population age 65+ with a disability	45.7%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	79,810	2.4 million
• Number of children being raised by grandparents	138,158 (6.9% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.8 million	27.2 million
• Caregiving hours per year	848 million	29 billion
• Market value of informal care	\$7.5 billion	\$257 billion

### NORTH CAROLINA'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, and institutional respite options, with variable local caps; other services include counseling, information and assistance, homemaker/personal care, care management, consumable supplies, family consultation, home modification/repairs, legal and/or financial consultation, education and training, emergency response, and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E, state funds and voluntary contributions; administered by the North Carolina Department of Health and Human Services, Division of Aging and Adult Services, and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18. Care receivers must be age 60 or older and have impairment in two or more activities of daily living for respite/supplemental services

and/or a diagnosis of dementia or related disorder and require supervision.

#### • Community Alternatives Program for Disabled Adults

**Offers:** Adult day health, in-home, and institutional respite options, capped at 30 days (or 720 hours) per year if respite is provided in a skilled nursing facility; other services include case management, medical supplies, family consultation, home modification, and emergency response.

**Funded by:** Medicaid home and community-based services waiver; administered by the North Carolina Department of Health and Human Services, Division of Medical Assistance, and locally through county health departments and other government agencies and nonprofit organizations.

**Eligibility:** Minimum age for paid caregivers is 18; care recipients must be age 18 or older and physically disabled,

have a diagnosis of dementia or related disorder and require supervision.

- **Respite Care Program**

**Offers:** Adult day, institutional and in-home respite options, with no cap on services; other services may include support groups and education and training.

**Funded by:** The state's home and community care block grant, local funds, and client contributions; administered by the North Carolina Department of Health and Human Services, Division of Aging and Adult Services, and locally by area agencies on aging under the state's home and community care block grant.

**Eligibility:** Either the family caregiver or the care receiver must be age 60 or older. Care receivers must be age 18 or older and physically disabled, have a diagnosis of dementia or related disorder and/or require supervision.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on North Carolina programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the North Carolina Department of Health and Human Services, Division of Aging and Adult Services, and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All North Carolina caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers families the choice of respite providers or the use of vouchers or budgets for respite and/or supplemental services in some areas of the state. Family members may be paid to provide personal care and respite services.

- **Community Alternatives Program for Disabled Adults** permits family members to be paid to provide personal care, respite and homemaker/chore services if the family member is hired by a licensed home care agency.

- **Respite Care Program** permits family members to be paid to provide personal care, respite and homemaker/chore services.

## LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	NORTH DAKOTA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	119,000	45,797,200
• Population age 65+	94,500	34,991,800
• Population age 85+	14,700	4,239,600
• Proportion age 65+ (National rank)	5 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	1 <sup>st</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	15.4%	19.2%
• Percent of population age 65+ with a disability	38.5%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	2,574	2.4 million
• Number of children being raised by grandparents	3,901 (2.4% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	66.8 million	29 billion
• Market value of informal care	\$588 million	\$257 billion

### NORTH DAKOTA'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, capped at \$1,950 per year; other services include education and training, care management, personal care, information and assistance, legal and/or financial consultation, and support groups.

**Funded by:** National Family Caregiver Support Program under the Older Americans Act Title III E; administered by the North Dakota Department of Human Services/Aging Services Division and locally by regional human service centers.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be a minimum of age 60. Care recipients must have impairment in two or more activities of daily living for respite/supplemental services or a diagnosis of dementia or related disorder.

- **Aged and Disabled Waiver**

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, capped at \$565 per month; education and training also is provided to caregivers.

**Funded by:** Medicaid home and community-based services waiver; administered by the North Dakota Department of Human Services/Aging Services Division and locally by county social services offices.

**Eligibility:** Caregivers must be age 18 or older; no minimum age for care receivers, who must meet nursing home level of care criteria.

- **Family Home Care**

**Offers:** In-home, overnight, and weekend/camp respite options, capped at \$565 per month.

**Funded by:** State and general funds; administered by the North Dakota Department of Human Services/Aging Services



Division and locally by county social services offices.

**Eligibility:** Caregivers and must be age 18 or older; no minimum age for care receivers, who must be impaired in at least four activities of daily living or five instrumental activities of daily living.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on North Dakota programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the North Dakota Department of Human Services/Aging Services Division and locally by regional human service centers.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All three North Dakota caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers families a choice of respite providers, along with a menu of services to meet the unique needs and preferences of caregivers. Family members may be paid to provide respite care.
- **Aged and Disabled Waiver** offers families a choice of respite providers and of budgets for respite services. Family members may be paid to provide personal care and homemaker/chore services.
- **Family Home Care** offers families a choice of respite providers and budgets for respite services, and family members may be paid to provide personal care services.

## LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	OHIO	UNITED STATES
<b>Older Population</b>		
• Population age 60+	1,963,500	45,797,200
• Population age 65+	1,507,800	34,991,800
• Population age 85+	176,800	4,239,600
• Proportion age 65+ (National rank)	15 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	24 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	17.5%	19.2%
• Percent of population age 65+ with a disability	41%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	86,009	2.4 million
• Number of children being raised by grandparents	157,298 (5.4% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	1.1 million	27.2 million
• Caregiving hours per year	1.2 billion	29 billion
• Market value of informal care	\$10.5 billion	\$257 billion

### OHIO'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, with no cap on services; other services include education and training, emergency response, information and assistance, homemaker/chore/personal care, assistive technology, care management, supplies, counseling, family consultations and family meetings, home modification/repairs, legal and/or financial consultation, support groups and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E, state general funds, local/county funds, and client contributions, administered by the Ohio Department of Aging and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/

supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **PASSPORT HCBS Waiver Program**

**Offers:** Adult day and in-home respite options, with no cap on services; other services include education and training, emergency response, homemaker/ chore/personal care, information and assistance, assistive technology, counseling, home modification/repairs, and transportation.

**Funded by:** Medicaid home and community-based services waiver, state general funds, nursing facility franchise fees, and off-track betting/gambling revenues; administered by the Ohio Department of Aging and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 or older and meet nursing home level of care criteria.

- **Alzheimer’s Respite Program**

**Offers:** Adult day, in-home, overnight, or weekend/camp respite options, with no cap on service; other services include education and training, emergency response, information and assistance, homemaker/chore/personal care, care management, counseling, family consultation and family meetings, and support groups.

**Funded by:** State general funds and client contributions; administered by the Ohio Department of Aging and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers or care receivers; care receivers must have a diagnosis of dementia or related disorder and/or require supervision.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Ohio programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Ohio Department of Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people’s needs and preferences by offering them maximum choice and control over services they use. All three Ohio caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers a menu of services from which caregivers may choose, a choice of respite providers, vouchers or budgets for respite and/or supplemental services, and direct payments to family members for the purchase of goods and services. Family members may be paid to provide respite or personal care.

- **PASSPORT HCBS Waiver Program** offers a consumer-directed option called “Choices,” in which family members (excluding spouses and parents) may be paid to provide care.

- **The Alzheimer’s Respite Program** offers a menu of services, a choice of respite providers and budgets or vouchers for respite services. Family members may be paid to provide respite care.

## LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research–Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, *Census 2000*.

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FACTS IN BRIEF	OKLAHOMA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	599,100	45,797,200
• Population age 65+	456,000	34,991,800
• Population age 85+	57,200	4,239,600
• Proportion age 65+ (National rank)	19 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	19 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	21.5%	19.2%
• Percent of population age 65+ with a disability	46.7%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	39,279	2.4 million
• Number of children being raised by grandparents	57,601 (6.5% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.3 million	27.2 million
• Caregiving hours per year	357 million	29 billion
• Market value of informal care	\$3.1 billion	\$257 billion

### OKLAHOMA'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, and overnight respite options, capped at \$200 to \$400 per quarter; other services may include information and assistance, counseling, education and training, and support groups.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E, state general revenues, and local/county funds; administered by the Oklahoma Department of Human Services/Aging Services Division and locally by area agencies on aging.

**Eligibility:** No minimum age requirement for caregivers. Care receivers must be age 60 and older and have impairment in two or more activities of daily living, have a diagnosis of dementia or related disorder, and/or require supervision to receive respite or supplemental services.

#### • Advantage Program

**Offers:** In-home and nursing facility respite options.

**Funded by:** Medicaid home and community-based services waiver; administered by the Oklahoma Department of Human Services/Aging Services Division and the Oklahoma Health Care Authority, the state Medicaid agency.

**Eligibility:** No minimum age for caregivers; care recipients must be a minimum of age 18 and meet nursing home level of care criteria.

#### • Respite Resource Network

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, capped at \$1,600 per year.

**Funded by:** Older Americans Act Title III E, and state general funds; administered by the Oklahoma Department of Human Services/Aging Services Division.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be age 60 and older and have impairment in two or more activities of daily living, a diagnosis of dementia or related disorder and/or require supervision.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Oklahoma programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Oklahoma Department of Human Services/Aging Services Division and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All three Oklahoma caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers vouchers for respite services. Caregivers may hire respite providers according to their needs, choose the person or agency, the time and rate of pay (up to the total value of the vouchers issued). Family members outside the home may be paid to provide respite services.
- **Advantage Program** permits family members outside the home to be paid to provide personal care services.
- **Respite Resource Network** offers vouchers for respite services. Caregivers may hire providers according to their needs, choose the person or agency, the time and rate of pay (up to the total value of the vouchers issued). Family members outside the home may be paid to provide respite services.

## LEGISLATION

- **OK H.B. 2300** (Enacted 2004): Provides assistance to families with a Medicaid-eligible member who requires long-term support services or to Medicaid-eligible individuals who require long-term support services, so they may remain at home or with their families.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	OREGON	UNITED STATES
<b>Older Population</b>		
• Population age 60+	569,600	45,797,200
• Population age 65+	438,200	34,991,800
• Population age 85+	57,400	4,239,600
• Proportion age 65+ (National rank)	25 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	18 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	18%	19.2%
• Percent of population age 65+ with a disability	41.5%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	22,103	2.4 million
• Number of children being raised by grandparents	37,536 (4.4% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.3 million	27.2 million
• Caregiving hours per year	360 million	29 billion
• Market value of informal care	\$3.2 billion	\$257 billion

### OREGON'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, with variable local caps on services; additional services include assistive technology, supplies, education and training, emergency response, family consultation and family meetings, homemaker/chore/personal care, home modification/repairs, information and assistance, legal and/or financial consultation, support groups, and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Oregon Department of Human Services/Seniors and People With Disabilities and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

#### • Medicaid Waiver/In-Home Care

**Offers:** Adult day, in-home, and overnight respite options, with no cap on services; other services include care management, assistive technology, consumable supplies, education and training, emergency response, family consultation and family meetings, homemaker/chore/personal care, home modification/repairs, information and assistance, legal and/or financial consultation, support groups, and transportation.

**Funded by:** Medicaid home and community-based services waiver, state general funds, and client contributions; administered by the Oregon Department of Human Services/Seniors and People With Disabilities and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care recipients must be age 18 or older and have an impairment in a combination of activities of daily living and instrumental activities of daily living.



- **Lifespan Respite Care Network**

**Offers:** Adult day, in-home and overnight respite options, with no cap on service; additional services include counseling, education and training, information and assistance, and support groups.

**Funded by:** State general funds and local/county funds; administered by the Oregon Department of Human Services/Seniors and People With Disabilities and locally by area agencies on aging, county health, mental health or developmental disabilities programs, or university extension programs.

**Eligibility:** No minimum age for caregivers or care receivers. No functional requirements for care receivers.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Oregon programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Oregon Department of Human Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All Oregon's caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers caregivers a menu of services from which to choose and vouchers or budgets for respite and/or supplemental services.
- **Medicaid Waiver/In-Home Care** permits family members to be paid to provide respite, personal care, and other types of services

- **Lifespan Respite Care Network** offers caregivers a menu of services, a choice of respite providers, and vouchers for respite services.

## LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, *Census 2000*.

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FACTS IN BRIEF	PENNSYLVANIA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	2,430,820	45,797,200
• Population age 65+	1,919,200	34,991,800
• Population age 85+	237,600	4,239,600
• Proportion age 65+ (National rank)	2 <sup>nd</sup>	N/A
• Proportion age 85+ (National rank)	7 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	17.5%	19.2%
• Percent of population age 65+ with a disability	39.4%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	80,423	2.4 million
• Number of children being raised by grandparents	164,354 (5.6% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	1.2 million	27.2 million
• Caregiving hours per year	1.3 billion	29 billion
• Market value of informal care	\$11.6 billion	\$257 billion

### PENNSYLVANIA'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight, and weekend respite options, with no cap on services; other services include information and assistance, assistive technology, care management, counseling, and education and training.

**Funded by:** National Family Caregiver Support Program under the Older Americans Act Title III E, Title XX of the Social Security Act, state general revenues, tobacco and lottery funds and client contributions; administered at the state level by the Pennsylvania Department of Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older. Care receivers must be age 60 or older and have impairment in one or more activities of daily living.

- **Pennsylvania Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight, and weekend respite options, with no cap on services; other services include information and assistance, assistive technology, care management, counseling, and education and training.

**Funded by:** State general revenues, tobacco and lottery funds and client contributions; administered at the state level by the Pennsylvania Department of Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older. Care receivers must be age 18 or older. Care recipients have impairment in two or more activities of daily living, a diagnosis of dementia or related disorder and/or require supervision.

- **Pennsylvania Department of Aging 60+ Medicaid Waiver<sup>1</sup>**

**Offers:** Adult day, in-home, overnight and weekend respite options, with no cap on services, and information and assistance.

**Funded by:** Medicaid home and community-based services waiver and tobacco funds; administered at the state level by the Pennsylvania Department of Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be age 60 or older, need nursing home level of care and have a need for supervision.

- **OPTIONS<sup>2</sup>**

**Offers:** Adult day, in-home, overnight, and weekend respite options, with no cap on services; and information and assistance.

**Funded by:** National Family Caregiver Support Program under the Older Americans Act, Title III E, Title XX of the Social Security Act, state general revenues, tobacco and lottery funds and client contributions; administered by the Pennsylvania Department of Aging and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older; care recipients must be age 60 or older.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Pennsylvania programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Pennsylvania Department of Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum

choice and control over services they use. All Pennsylvania caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** will reimburse caregivers up to \$500 per month to cover the costs of respite, durable goods or medical supplies and offers one-time reimbursement of up to \$2,000 for home modification and/or assistive devices.

- **Pennsylvania Family Caregiver Support Program** allows caregivers to choose from a menu of services to meet their needs, and families have a choice of respite providers.

- **PDA Waiver** offers consumer-directed attendant services, permitting care receivers and/or family members to hire an independent worker or agency provider.

- **OPTIONS** offers consumer-directed attendant services, permitting care receivers and/or family members to hire an independent worker or agency provider.

## LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, *Census 2000*.

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1. Pennsylvania presents the NFCSP and Pennsylvania Family Caregiver Support Program to caregivers as a single program with the distinctions between the two visible only to administrators of the programs.

2. The BRIDGE Program, currently being phased out, offers the same package of services for caregivers of care recipients age 60 and older who need nursing home level of care. BRIDGE is funded with tobacco funds and client contributions.

## For More Information

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# Rhode Island

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	RHODE ISLAND	UNITED STATES
<b>Older Population</b>		
• Population age 60+	191,400	45,797,200
• Population age 65+	152,400	34,991,800
• Population age 85+	20,900	4,239,600
• Proportion age 65+ (National rank)	6 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	5 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	19.7%	19.2%
• Percent of population age 65+ with a disability	40.3%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	5,060	2.4 million
• Number of children being raised by grandparents	11,231 (4.5% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	111.6 million	29 billion
• Market value of informal care	\$983 million	\$257 billion

### RHODE ISLAND'S SUPPORT NETWORK

- **Partners in CaRing**

**Offers:** Adult day, in-home, and overnight respite options, capped at 120 hours per year for non-Alzheimer's disease caregivers and at 240 hours per year for caregivers of people with Alzheimer's disease; other services include assistive technology, care management, education and training, family consultation and family meetings, information and assistance, legal and/or financial consultation, and support groups.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E, federal Alzheimer's Disease Demonstration Grants, state general funds, and client contributions; administered by the Rhode Island Department of Elderly Affairs and locally by grantee agencies.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/

supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Home and Community-Based Waiver**

**Offers:** Care management, family consultation, and information and assistance services that may be of benefit to caregivers.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered at the state and local levels by the Rhode Island Department of Elderly Affairs.

**Eligibility:** No minimum age for caregivers; recipients must be a minimum of age 65 and meet nursing home level of care criteria.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Rhode Island programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Rhode Island Department of Elderly Affairs and by local grantees.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. In Rhode Island, one program offers consumer direction.

- **Partners in CaRIng** offers a menu of services from which caregivers may choose, including hiring their own respite care worker. Family members who do not reside with the care recipient may be hired as respite workers.

### LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg,

Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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# South Carolina

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	SOUTH CAROLINA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	651,500	45,797,200
• Population age 65+	485,300	34,991,800
• Population age 85+	50,300	4,239,600
• Proportion age 65+ (National rank)	32 <sup>nd</sup>	N/A
• Proportion age 85+ (National rank)	44 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	22.7%	19.2%
• Percent of population age 65+ with a disability	45.8%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	51,755	2.4 million
• Number of children being raised by grandparents	90,866 (9.0% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.4 million	27.2 million
• Caregiving hours per year	419 million	29 billion
• Market value of informal care	\$3.7 billion	\$257 billion

### SOUTH CAROLINA'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options; other services include access assistance, counseling, education and training, assistive technology, transportation, chore/homemaker, supplies, meals, emergency response and home modification/repair.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and state general funds; administered by the Lieutenant Governor's Office on Aging and locally by area agencies on aging.

**Eligibility:** Caregivers of older recipients must be age 18 or older; care recipients must be unable to perform two activities of daily living to receive respite or supplemental services.

- **Elderly/Disabled Home and Community-Based Waiver**

**Offers:** Adult day and overnight respite options, capped at 21 days per year for respite provided in a residential care facility and 14 days per year if provided in a skilled nursing facility; additional services include care management and family consultation services.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered by the South Carolina Department of Health and Human Services and locally by the Medicaid agency.

**Eligibility:** No minimum age for caregivers; care recipients must be a minimum of age 18 and meet nursing home level of care criteria.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on South Carolina programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Lieutenant Governor's Office on Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Both of South Carolina's caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers a menu of services from which caregivers may choose, a choice of respite providers, and vouchers or budgets for respite and/or supplemental services. Family members may be paid to provide personal care and respite.
- **Elderly/Disabled Home and Community-Based Waiver** offers a menu of services and a choice of respite providers, and family members may be paid to provide personal care services.

### LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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# South Dakota

## Family Caregiver Support Facts at a Glance

FACTS IN BRIEF	SOUTH DAKOTA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	136,900	45,797,200
• Population age 65+	108,100	34,991,800
• Population age 85+	16,100	4,239,600
• Proportion age 65+ (National rank)	8 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	3 <sup>rd</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	15.6%	19.2%
• Percent of population age 65+ with a disability	39.6%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	4,632	2.4 million
• Number of children being raised by grandparents	8,349 (4.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	76.8 million	29 billion
• Market value of informal care	\$677 million	\$257 billion

### South Dakota's Support Network

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight or weekend/camp respite options, capped at \$4,000 per year; other services include supplies, emergency response, assistive technology, homemaker/chore/personal care, care management, education and training, family consultation and family meetings, home modification/repairs, information and assistance, legal and/or financial consultation, support groups and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and client contributions; administered at the state and local levels by the South Dakota Department of Social Services/Office of Adult Services and Aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/

supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Home and Community-Based Elderly Waiver**

**Offers:** Adult day respite, with no cap on services; additional services include supplies, emergency response, and homemaker/chore/ personal care.

**Funded by:** Medicaid home and community based services waiver; administered jointly by the South Dakota Department of Social Services and the state's Medicaid agency.

**Eligibility:** No minimum age for caregivers; care recipients must be a minimum of age 65 and meet nursing home level of care criteria.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on South Dakota programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the South Dakota Department of Social Services/Office of Adult Services and Aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. One South Dakota caregiver support program offers consumer direction.

- **Family Caregiver Support Program** offers caregivers a menu of services, vouchers or budgets for respite and/or supplemental services, gives families a choice of respite providers, and may pay family members to provide respite.

### LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	TENNESSEE	UNITED STATES
<b>Older Population</b>		
• Population age 60+	942,600	45,797,200
• Population age 65+	703,300	34,991,800
• Population age 85+	81,500	4,239,600
• Proportion age 65+ (National rank)	29 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	33 <sup>rd</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	21.9%	19.2%
• Percent of population age 65+ with a disability	47.8%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	61,252	2.4 million
• Number of children being raised by grandparents	101,510 (7.3% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.6 million	27.2 million
• Caregiving hours per year	600.4 million	29 billion
• Market value of informal care	\$5.3 billion	\$257 billion

## TENNESSEE'S SUPPORT NETWORK

### • Family Caregiver Support Program

**Offers:** Adult day, in-home, and institutional respite options, with varied local caps; other services include outreach, counseling, education and training, information and assistance, support groups, case management, assistive technology, home modification/repairs, personal emergency response systems, medical equipment and supplies, and home delivered meals.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by Tennessee Commission on Aging and Disability and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care recipients must be age 60 or older. To receive respite or supplemental services, care recipient must be unable to perform two activities of daily living or have a cognitive or other mental

impairment that requires substantial supervision to prevent harm to self or others.

### • Alzheimer's Demonstration Project

**Offers:** Adult day, in-home, and institutional respite options; other services include family-directed care, capped at \$100 per month, and caregiver skill-building sessions.

**Funded by:** Alzheimer's Disease Demonstration Grant; administered by Tennessee Commission on Aging and Disability and locally by service providers in two areas of the state.

**Eligibility:** No minimum age for caregivers or care receivers. Care receivers must have a diagnosis of dementia or Alzheimer's disease.

### • Family Support Grant Program

**Offers:** Adult day, in-home, institutional and week-end/camp respite options, with no service caps; other services

include family counseling, evaluation and training, home and vehicular modifications, specialized equipment and repair/maintenance, specialized nutrition, personal assistance, and transportation.

**Funded by:** State funds; administered by the Tennessee Division of Mental Retardation Services.

**Eligibility:** No minimum age for caregivers or care receivers. Care receivers must have impairment in at least three activities of daily living.

- **Home and Community-Based Long-Term Care for Non-Medicaid Elderly and Adults with Disabilities**

**Offers:** In-home respite options, with variable caps on services; other services include homemaker, home delivered meals, emergency response, and home modification/repair.

**Funded by:** State general funds; administered by Tennessee Commission on Aging and Disability and locally by area agencies on aging.

**Eligibility:** Caregivers and care recipients must be age 18 or older. Care recipients also must be impaired in one or more activities of daily living.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Tennessee programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Tennessee Commission on Aging and Disability and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. One Tennessee caregiver support program offers consumer direction.

- **Family Caregiver Support Program** offers vouchers or individual budgets for respite care and/or supplemental services in some areas of the state.

## LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	TEXAS	UNITED STATES
<b>Older Population</b>		
• Population age 60+	2,774,200	45,797,200
• Population age 65+	2,072,500	34,991,800
• Population age 85+	237,900	4,239,600
• Proportion age 65+ (National rank)	47 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	46 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	19.9%	19.2%
• Percent of population age 65+ with a disability	44.8%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	257,074	2.4 million
• Number of children being raised by grandparents	448,439 (7.6% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	1.9 million	27.2 million
• Caregiving hours per year	2.1 billion	29 billion
• Market value of informal care	\$18 billion	\$257 billion

### TEXAS' SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home and overnight respite options with no cap on services; other services include care management, supplies, counseling, education and training, family consultation and family meetings, home modification/repairs, emergency response, information and assistance, homemaker/chore/personal care, legal and/or financial consultation, support groups and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and state general funds; administered by the Texas Department of Aging and Disability Services and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

#### • Community Based Alternatives

**Offers:** In-home and overnight respite options, capped at 720 hours per year; other services include nursing, personal assistance, physical, occupational, and speech therapies, adaptive aids, medical supplies, minor home modifications, assisted living, adult foster care, home-delivered meals, and emergency response systems.

**Funded by:** Medicaid home and community-based services waiver and state general funds; administered at the state and local levels by the Texas Department of Aging and Disability Services.

**Eligibility:** No minimum age for caregivers; care recipients must be age 21 or older and meet nursing home level of care criteria.

- **In-Home and Family Support Program**

**Offers:** Service subsidies and capital expenditures, cash grants, capped at \$1,200 per year, including copayments. Funds may be used for adult day, in-home or overnight respite options, goods (including equipment), supplies, or services directly related to the care of a person with a physical disability.

**Funded by:** State general funds; administered at the state and local levels by the Texas Department of Aging and Disability Services.

**Eligibility:** No minimum age for caregivers. Care recipients must be a minimum of age 4 and have impairment in at least one activity of daily living and instrumental activity of daily living.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Texas programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Texas Department of Aging and Disability Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All three Texas caregiver support programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers respite vouchers, which may be used to pay family members to provide respite services.

- **Community-Based Alternatives** offers consumer-directed attendant care and a choice of respite providers. Family members may be paid to provide personal care or respite services. Care recipients who choose the consumer-directed service options may select and manage their care providers within an allotted budget, authorized by a case manager

- **In-Home and Family Support Program** offers cash grants for goods, supplies and services directly related to the care of people with disabilities. Family members may be paid to provide respite and/or personal care services.

## LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	UTAH	UNITED STATES
<b>Older Population</b>		
• Population age 60+	252,700	45,797,200
• Population age 65+	190,200	34,991,800
• Population age 85+	21,800	4,239,600
• Proportion age 65+ (National rank)	50 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	49 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	15.4%	19.2%
• Percent of population age 65+ with a disability	39.9%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	15,989	2.4 million
• Number of children being raised by grandparents	31,099 (4.3% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.2 million	27.2 million
• Caregiving hours per year	205 million	29 billion
• Market value of informal care	\$1.8 billion	\$257 billion

### UTAH'S SUPPORT NETWORK

- **Utah Caregiver Support Program**

**Offers:** Adult day, in-home, overnight and weekend respite options, with a variable yearly cap; other services include care management, education and training, emergency response, homemaker/chore/ personal care, home modification/repairs, information and assistance, support groups, assistive technology, supplies, counseling, family consultation and family meetings, legal and/or financial consultation and transportation

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and state general funds; administered by the Utah Department of Human Services/Division of Aging and Adult Services and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/

supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Medicaid Aging Waiver**

**Offers:** Adult day health, in-home, and overnight respite options, with no cap on services; additional services include care management, education and training, emergency response, homemaker/chore/ personal care, home modification/repairs, assistive technology, medical equipment, supplies, and transportation.

**Funded by:** Medicaid home and community-based services waiver; administered by the Utah Department of Human Services/Division of Aging and Adult Services and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care recipients must be a minimum of age 65 and meet nursing home level of care criteria.

- **Home and Community-Based Alternatives**

**Offers:** Adult day, in-home, overnight, or weekend respite options, capped at \$750 per month; other services include case management, education and training, emergency response, homemaker/chore/ personal care, home modification/repairs, information and referral, and family consultation.

**Funded by:** State general funds; administered by the Utah Department of Human Service/Division of Aging and Adult Services and locally by area agencies on aging.

**Eligibility:** No minimum age for adult caregivers. Recipients must be a minimum of age 18 and have impairments in both activities of daily living and instrumental activities of daily living and meet financial eligibility criteria.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Utah programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Utah Department of Human Services/Division of Aging and Adult Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All three Utah caregiver support programs offer some level of consumer direction.

- **Utah Caregiver Support Program** offers a menu of services and gives families a choice of respite providers.
- **Medicaid Aging Waiver** permits family members to be paid as personal attendants.
- **Home and Community-Based Alternatives** permits relative and other caregivers to be paid to provide services.

## LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	VERMONT	UNITED STATES
<b>Older Population</b>		
• Population age 60+	101,800	45,797,200
• Population age 65+	77,500	34,991,800
• Population age 85+	10,000	4,239,600
• Proportion age 65+ (National rank)	26 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	20 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	16.2%	19.2%
• Percent of population age 65+ with a disability	38.6%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	1,934	2.4 million
• Number of children being raised by grandparents	4,067 (2.8% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	64.8 million	29 billion
• Market value of informal care	\$571 million	\$257 billion

### VERMONT'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight and week-end respite options, capped at \$100 to \$1,500 per year; other services include counseling, education and training, information and assistance, support groups, family meetings, case management, legal and/or financial consultation, and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and voluntary contributions; administered by Vermont Department of Disabilities, Aging and Independent Living and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/ supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Dementia Respite Program**

**Offers:** Adult day, in-home, overnight and weekend respite options, capped at \$100 to \$1,500 per year.

**Funded by:** Alzheimer's Disease Demonstration Grant; administered by Vermont Department of Disabilities, Aging and Independent Living and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; recipients must have a diagnosis of Alzheimer's disease or related disorder.

- **Caregiver Bridges (Pilot Project)**

**Offers:** Linkage between family caregivers and case managers, eldercare clinicians, wellness programs and other supportive services.

**Funded by:** Alzheimer's Disease Demonstration Grant; administered by Vermont Department of Disabilities, Aging and Independent Living and locally by area agencies on aging in Addison, Chittenden and Franklin Counties.



**Eligibility:** No minimum age for caregivers; recipients must have a diagnosis of Alzheimer's disease or related disorder.

- **Choices for Care Program**

**Offers:** Adult day, in-home, overnight and weekend respite options and companion services, capped at 720 hours per year.

**Funded by:** 1115 Long Term Care Medicaid waiver; administered by Vermont Department of Disabilities, Aging and Independent Living.

**Eligibility:** No minimum age for caregivers. Recipients must be a minimum of age 18 and meet nursing home level of care criteria.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Vermont programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Vermont Department of Disabilities, Aging and Independent Living and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Three of Vermont's caregiver support programs currently offer some level of consumer direction.

- **Family Caregiver Support Program** offers a menu of services to meet the unique needs and preferences of caregivers, a voucher or budget for respite and direct payments to family caregivers for the purchase of goods or services; and permits family members to be paid to provide respite care.
- **Dementia Respite Program** offers a choice of respite providers and permits family members to be paid to provide respite care.

- **Choices for Care Program** offers a choice of respite providers and permits family members to be paid to provide respite care and personal care services.

## LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	VIRGINIA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	1,065,500	45,797,200
• Population age 65+	792,300	34,991,800
• Population age 85+	87,300	4,239,600
• Proportion age 65+ (National rank)	44 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	45 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	17.5%	19.2%
• Percent of population age 65+ with a disability	42.1%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	59,464	2.4 million
• Number of children being raised by grandparents	107,464 (6.2% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.7 million	27.2 million
• Caregiving hours per year	746 million	29 billion
• Market value of informal care	\$6.6 billion	\$257 billion

### VIRGINIA'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight and weekend/camp respite options, with no cap on services; other services include assistive technology, care management, supplies, counseling, education and training, emergency response, family consultation, home modification/repairs, support groups, homemaker/chore/personal care, information and assistance, legal and/or financial consultation, and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by the Virginia Department for the Aging and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/ supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Elderly and Disabled Waiver**

**Offers:** Adult day, in-home, overnight, and weekend/camp respite options, capped at 720 hours per year; other services include care management, education and training, and homemaker/chore/personal care.

**Funded by:** Medicaid home and community-based services waiver, Real Choice Systems Change Grant, and state general funds; administered at the state level by the Virginia Department of Medical Assistance Services and locally by county health departments.

**Eligibility:** Caregivers must be a minimum of age 18; no minimum age for care recipients who must meet nursing home level of care.

- **Respite Care Initiative Grant**

**Offers:** Adult day and in-home respite options, capped at 35 hours per month; other services include homemaker/chore/personal care.

**Funded by:** State general revenues and local county funds and client contributions; administered at the state level by the Virginia Department for the Aging and locally by area agencies on aging, Adult Care of Central Virginia, and Commonwealth Catholic Charities.

**Eligibility:** No minimum age for caregivers. Care recipients must be age 60 or older and have a diagnosis of dementia or related disorder and/or require supervision.

- **Respite Care Grant Program 2003**

**Offers:** Adult day respite, with no cap on services, and transportation.

**Funded by:** State general revenues and other public and/or private funds, and client contributions; administered at the state level by the Virginia Department for the Aging and locally by area agencies on aging, the Alzheimer's Family Day Center, and Bedford Hospital.

**Eligibility:** No minimum age for caregivers. Care recipients must meet a nursing home level of care and/or be physically disabled.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Virginia programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Virginia Department for the Aging and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. At the present time, one program offers a consumer-directed option for caregivers.

- **The Elderly and Disabled Waiver** offers consumer-directed attendant care, gives families a choice of respite providers, and permits family members to be paid to provide personal care and/or respite services.

## LEGISLATION

- **VA H.B. 2519** (Enacted 2003): Requires the Department for the Aging to link families that are caring for people with Alzheimer's disease and related disorders with Virginia chapters of the Alzheimer's Disease and Related Disorders Association; provide information and counseling; and make referrals to service programs that may support individuals and families dealing with Alzheimer's disease and related disorders.

- **VA S.B. 935** (Enacted 2005): Extends through December 31, 2010, the period of time for which grants under the Caregivers Grant Program can be provided.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	WASHINGTON	UNITED STATES
<b>Older Population</b>		
• Population age 60+	873,200	45,797,200
• Population age 65+	662,100	34,991,800
• Population age 85+	84,100	4,239,600
• Proportion age 65+ (National rank)	43 <sup>rd</sup>	N/A
• Proportion age 85+ (National rank)	34 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	17.5%	19.2%
• Percent of population age 65+ with a disability	42.3%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	35,341	2.4 million
• Number of children being raised by grandparents	61,905 (4.1% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.6 million	27.2 million
• Caregiving hours per year	611.2 million	29 billion
• Market value of informal care	\$5.4 billion	\$257 billion

### WASHINGTON'S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home and residential respite options, with variable local service caps; other services include counseling, education and training, information and assistance, support groups, family consultation, legal consultation, transportation, assistive technologies, home modifications, homemaker/ chore/ personal care, and medical supplies.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by Washington Department of Social and Health Services, Aging and Disability Services Administration, and locally by area agencies on aging.

**Eligibility:** Caregivers must be age 18 or older; care receivers must be age 60 or older and have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Washington Family Caregiver Support Program**

**Offers:** Adult day, in-home and residential respite options, with variable local service caps; other services include education and training, information and assistance, support groups, family consultation, legal consultation, transportation, assistive technologies, home modifications, homemaker/chore/personal care, and medical supplies.

**Funded by:** State general revenue funds; administered by Washington Department of Social and Health Services, Aging and Disability Services Administration and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers; recipients must be a minimum of age 18, need continuous care or supervision due to functional disability (including dementia) and require placement in a long term care facility in the absence of unpaid care.

### • Respite Care Services

**Offers:** Adult day, in-home and residential respite options, with variable local service caps; other services include education and training, information and assistance, support groups, family consultation, legal consultation, transportation, assistive technologies, home modifications, homemaker/chore/personal care, and medical supplies.

**Funded by:** State general funds and client contributions; administered by Washington Department of Social and Health Services, Aging and Disability Services Administration, and locally by area agencies on aging.

**Eligibility:** No minimum age for caregivers. Recipients must be a minimum of age 18, need continuous care or supervision due to functional disability (including dementia) and require placement in a long-term care facility in the absence of unpaid care.

### • Grandparent and Other Relative Caregiver Support Programs

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Washington programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Washington Department of Social and Health Services, Aging and Disability Services Administration and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. The three Washington caregiver support programs offer a menu of services and a choice of respite providers to meet the unique needs and preferences of caregivers. In addition, **Community Options Program Entry System (COPES) Medicaid Waiver Program** (which does not provide services directly to family caregivers but acknowledges the critical role they play in maintaining the independence of care recipients) permits family members to be paid to provide personal care services.

### LEGISLATION

• **SSB 6426** (Enacted 2002): Required the state to offer family and medical leave benefits beyond the federally prescribed minimum. Employers must allow employees to use sick leave or other paid leave to care for a spouse, parent, child, in-law or grandparent with a health condition.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	WEST VIRGINIA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	362,800	45,797,200
• Population age 65+	276,900	34,991,800
• Population age 85+	31,800	4,239,600
• Proportion age 65+ (National rank)	3 <sup>rd</sup>	N/A
• Proportion age 85+ (National rank)	14 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	23.8%	19.2%
• Percent of population age 65+ with a disability	48.6%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	16,151	2.4 million
• Number of children being raised by grandparents	24,276 (6.0% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	2 million	27.2 million
• Caregiving hours per year	198.1 million	29 billion
• Market value of informal care	\$1.7 billion	\$257 billion

### WEST VIRGINIA'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day and in-home respite options, with no cap on services; other services include education and training, information and assistance, and support groups.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and Alzheimer's Disease demonstration grant; administered by the West Virginia Bureau of Senior Services and locally by area agencies on aging and local aging services providers.

**Eligibility:** No minimum age for caregivers; care recipient must be age 60 or older, have a diagnosis of dementia or related disorder and/or require supervision.

#### • Medicaid Aged and Disabled Waiver

**Offers:** Case management, self-directed case management, homemaker, transportation, registered nurse, and adult medical day care services.

**Funded by:** Medicaid home and community-based services waiver and lottery funds; administered by the West Virginia Bureau of Medical Services; operated statewide by the West Virginia Bureau of Senior Services.

**Eligibility:** No minimum age for caregivers who must be employees of a provider agency; recipients must be a minimum of age 18 and meet nursing home level of care criteria.

#### • Grandparent and Other Relative Caregiver Support Programs

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on West Virginia programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support



Program is administered by the West Virginia Bureau of Senior Services and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. One West Virginia caregiver support programs offer some level of consumer direction.

- **Medicaid Aged and Disabled Waiver** permits care recipients to choose the case management provider and family members (not including spouses) to be paid to provide homemaker services.

### LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other

Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	WISCONSIN	UNITED STATES
<b>Older Population</b>		
• Population age 60+	907,600	45,797,200
• Population age 65+	702,600	34,991,800
• Population age 85+	95,600	4,239,600
• Proportion age 65+ (National rank)	20 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	12 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	14.9%	19.2%
• Percent of population age 65+ with a disability	36.5%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	23,687	2.4 million
• Number of children being raised by grandparents	46,461 (3.4% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.5 million	27.2 million
• Caregiving hours per year	557.6 million	29 billion
• Market value of informal care	\$4.9 billion	\$257 billion

### WISCONSIN'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight and week-end/camp respite options, capped at 116 hours per year; other services include counseling, education and training, information and assistance, support groups, care management, family consultation and meetings, legal and/or financial consultation, transportation, assistive technology, minor home modification/repairs, and homemaker/chore/ personal care.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E; administered by Wisconsin Department of Health and Family Services, Bureau of Aging and Disability Resources and locally by area agencies on aging and county/tribal aging units.

**Eligibility:** Caregivers age 18 or older and live with the care recipient, who must be a minimum of age 60. Care recipients must be impaired in at least two activities of daily living to receive respite or supplemental services.

#### • Community Options Program Waiver

**Offers:** Adult day, in-home, overnight and week-end/camp respite options, with no service cap; other services include information and assistance, education and training, assessments, and care planning.

**Funded by:** Medicaid home and community-based services waiver; administered by Wisconsin Department of Health and Family Services, Bureau of Long-Term Support, and locally by county human services, social services or area agencies on aging.

**Eligibility:** No minimum age for caregivers; recipients must be a minimum of 18 years and meet nursing home level of care criteria.

- **Alzheimer's Family and Caregiver Support Program**

**Offers:** Adult day and in-home or out-of-home respite options, capped at \$4,000 per year; other services include care coordination, home care, home delivered meals, and equipment (e.g., security systems, lift chairs, specialized clothing).

**Funded by:** State general funds; administered by Wisconsin Department of Health and Family Services, Bureau of Aging and Disability Resources, and locally by county human service departments or county offices on aging.

**Eligibility:** No minimum age for caregivers. Care recipients must have a diagnosis of dementia or related disorder, a yearly income of less than \$40,000, and agree to the cost-sharing provisions of the program.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Wisconsin programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Wisconsin Department of Health and Family Services, Bureau of Aging and Disability Resources, and locally by area agencies on aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. All three Wisconsin caregiver support programs offer some level of consumer direction.

- **The Family Caregiver Support Program** offers a menu of services to meet the unique needs and preferences of caregivers, a choice of respite providers, a voucher or budget for respite and/or supplemental services, and direct payments to family members for the purchase of goods or services.
- **Community Options Program Waiver** offers a choice of respite providers and vouchers for respite care.

- **Alzheimer's Family and Caregiver Support Program** offers a choice of service options and respite providers, a voucher or budget for respite and/or supplemental services, and direct payments to family members for the purchase of goods or services.

## LEGISLATION

None related to caregiving.

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	WYOMING	UNITED STATES
<b>Older Population</b>		
• Population age 60+	77,300	45,797,200
• Population age 65+	57,700	34,991,800
• Population age 85+	6,700	4,239,600
• Proportion age 65+ (National rank)	38 <sup>th</sup>	N/A
• Proportion age 85+ (National rank)	36 <sup>th</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	16.8%	19.2%
• Percent of population age 65+ with a disability	39.3%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	3,582	2.4 million
• Number of children being raised by grandparents	5,150 (4.0% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	0	27.2 million
• Caregiving hours per year	51 million	29 billion
• Market value of informal care	\$448.9 million	\$257 billion

### WYOMING'S SUPPORT NETWORK

#### • Family Caregiver Support Program

**Offers:** Adult day, in-home, overnight and week-end/camp respite options, with no cap on services; other services include counseling, education and training, information and assistance, support groups, care management, assistive technology, and home modification/ repairs.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and voluntary contributions; administered by the Wyoming Department of Health, Aging Division.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older and must have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

#### • Home and Community-Based Services Waiver for Elderly and Physically Disabled

**Offers:** Adult day and in-home respite options, capped at \$900 per month.

**Funded by:** Medicaid home and community-based services waiver; administered by the Wyoming Department of Health, Aging Division.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be a minimum of age 19 and meet nursing home level of care criteria.

#### • Community-Based In-Home Services Program

**Offers:** Adult day and in-home respite options, with no caps on services.

**Funded by:** State funds; administered by the Wyoming Department of Health, Aging Division.

**Eligibility:** Caregivers must be age 18 or older. Care recipients must be a minimum of age 18 and have impairment in one activity of daily living.

- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on Wyoming programs.

**Funded by:** Older Americans Act Title III E, state general revenues, and other sources. The Family Caregiver Support Program is administered by the Wyoming Department of Health, Aging Division.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 19 or younger to receive services in the Family Caregiver Support Program.

## CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Two Wyoming programs offer some level of consumer direction.

- **Family Caregiver Support Program** offers a menu of services to meet the unique needs and preferences of caregivers.
- **Home and Community-Based Services Waiver for Elderly and Physically Disabled** offers consumer-directed attendant care services and direct payments to family members for the purchase of goods and services (including respite). The program also permits family members to be paid to provide homemaker/ chore/personal care services.

## LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State University, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, Census 2000.

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FACTS IN BRIEF	DISTRICT OF COLUMBIA	UNITED STATES
<b>Older Population</b>		
• Population age 60+	91,900	45,797,200
• Population age 65+	69,900	34,991,800
• Population age 85+	9,000	4,239,600
• Proportion age 65+ (National rank)	31 <sup>st</sup>	N/A
• Proportion age 85+ (National rank)	23 <sup>rd</sup>	N/A
<b>Adults with Disabilities</b>		
• Percent of population age 21 to 64 with a disability	21.9%	19.2%
• Percent of population age 65+ with a disability	42.5%	41.9%
<b>Children Raised by Grandparents</b>		
• Number of grandparents raising grandchildren	8,183	2.4 million
• Number of children being raised by grandparents	16,723 (14.5% of children under age 18)	4.5 million (6.3% of children under age 18)
<b>Informal Caregiving</b>		
• Number of informal caregivers in the state	.1 million	27.2 million
• Caregiving hours per year	62.8 million	29 billion
• Market value of informal care	\$553.6 million	\$257 billion

### DISTRICT OF COLUMBIA’S SUPPORT NETWORK

- **Family Caregiver Support Program**

**Offers:** Adult day, in-home, overnight and weekend/camp respite options with no cap on services; other services include information and assistance, case management, counseling, support groups, education and training, supplies, emergency response systems, home modification/repairs, and transportation.

**Funded by:** National Family Caregiver Support Program under Older Americans Act Title III E and state general funds; administered by the D.C. Office on Aging.

**Eligibility:** No minimum age for caregivers; care receivers must be age 60 or older. Care recipients must have impairment in two or more activities of daily living for respite/supplemental services and a diagnosis of dementia or related disorder and/or require supervision.

- **Elderly and Physical Disabilities Waiver**

**Offers:** In-home, overnight, and weekend/camp respite options, capped at 6,480 hours per year; other services include information and assistance, case management, education and training, counseling, support groups, supplies, emergency response systems, home modification/repairs, and transportation.

**Funded by:** Medicaid home and community-based services waiver, Real Choice Systems Change Grants and state general funds; administered by the D.C. Department of Health, Medical Assistance Administration.

**Eligibility:** No minimum age for caregivers; care recipients must be age 18 or older and need nursing home level of care (impairment in at least two activities of daily living or three instrumental activities of daily living).



- **Grandparent and Other Relative Caregiver Support Programs**

**Offers:** Respite care and other support services designed to address the needs of grandparent and other relative caregivers of children. See [www.gu.org/factsheets.asp](http://www.gu.org/factsheets.asp) for details on District of Columbia programs.

**Funded by:** Older Americans Act Title III E, district general revenues, and other sources. The Family Caregiver Support Program is administered by the D.C. Office on Aging.

**Eligibility:** Grandparent and other relative caregivers must be a minimum of age 60 and caring for a child age 18 or younger to receive services in the Family Caregiver Support Program.

### CONSUMER DIRECTION

Consumer direction is a philosophy that accommodates people's needs and preferences by offering them maximum choice and control over services they use. Both D.C. programs offer consumer direction.

- **Family Caregiver Support Program** offers direct payments to family members for the purchase of goods and services, and permits family members to be paid to provide personal care or respite services.
- **Elderly and Physical Disabilities Waiver** permits family members to be paid to provide personal care or respite services.

### LEGISLATION

None related to caregiving

**Sources:** National Association of State Units on Aging, e-mail survey of State Family Caregiver Support Program contacts, Washington, D.C., June 2005; National Center on Grandparents Raising Grandchildren at Georgia State Uni-

versity, *Research—Fact Sheets*, Atlanta, Ga., 2005; Feinberg, Lynn Friss, et al., *The State of the States in Family Caregiver Support: A 50-State Study*, Washington, D.C.: Family Caregiver Alliance, National Center on Caregiving, 2004; Generations United, National Center on Grandparents and Other Relatives Raising Children, *State Fact Sheets*, Washington, D.C., October 2003; National Family Caregivers Association, *Prevalence and Economic Value of Family Caregiving: State-by-State Analysis*, Kensington, Md., 2000; U.S. Census Bureau, *Census 2000*.

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## Family Caregiver Support State Facts at a Glance

Family and friends, not public or private service programs, provide the bulk of long-term care services for older Americans. Because an estimated 44.4 million family caregivers help adult relatives and friends who need assistance with basic daily activities such as meal preparation, bathing and household chores, supporting these caregivers is essential to ensure continued delivery of home and community-based services.

States have a variety of programs in place to support family caregivers of older people. The National Family Caregiver Support Program, created within the Older Americans' Act of 2000; Medicaid; and state-funded programs that complement NFCSP and Medicaid are used by states to provide information about and assistance in accessing support services, counseling, training and respite care.

This report provides state-by-state information about services provided by each state and identifies state legislative initiatives that have shaped state programs for family caregivers.



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